

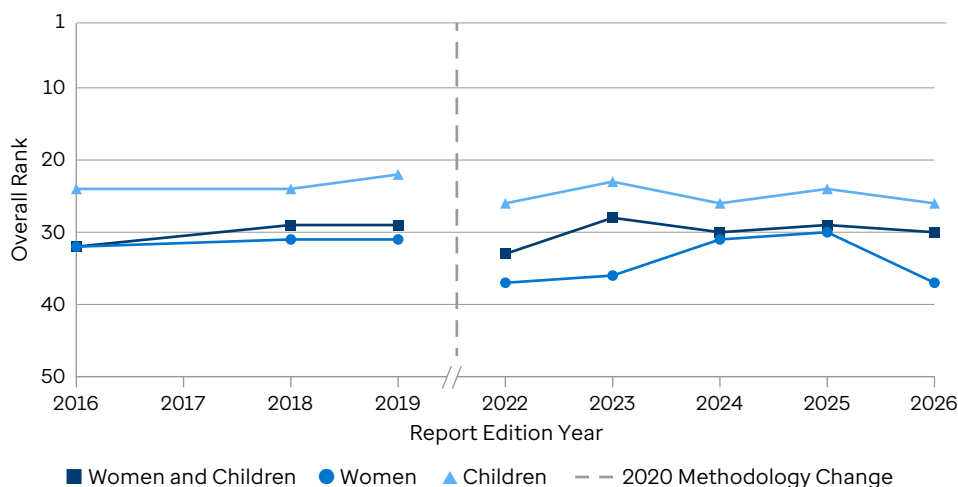
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- High WIC coverage among eligible children ages 0-4
- Low foster care placement instability
- Low uninsured rate among women

Challenges

- High prevalence of multiple chronic conditions among women
- High poverty rate among children
- High prevalence of cigarette smoking among women

Key Findings

Household Smoke

40%▼

from 19.6% to 11.8% of children ages 0-17 between 2016-2017 and 2023-2024.

Obesity

38%▲

from 26.6% to 36.8% of women ages 18-44 between 2013-2014 and 2023-2024.

Flourishing

30%▼

from 91.5% to 64.3% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Well-Woman Visit

10%▲

from 68.8% to 75.9% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	29	0.044	
Air and Water Quality			
Air Pollution	48	10.4	8.8
Drinking Water Violations	6	1.4	2.5
Household Smoke	27	11.8%	10.3%
Water Fluoridation	12	90.8%	72.3%
Climate and Health			
Climate Policies	13	3	—
Transportation Energy Use*	8	70	8.3
Housing and Transportation			
Drive Alone to Work - Women	38	73.7%	67.4%
Housing Cost Burden - Households With Children	16	22.0%	27.7%
Housing With Lead Risk	40	21.6%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		34	-0.112	
Community and Family Safety	Firearm Deaths*	22	6.6	5.9
	Injury Deaths	20	479	470
	Intimate Partner Violence Before Pregnancy*	12	25%	—
Economic Resources	Concentrated Disadvantage	26	23.1%	25.8%
	Food Insecurity	42	14.7%	13.3%
	Gender Pay Gap*	43	79.1%	83.0%
	Poverty	42	16.8%	14.4%
	Unemployment	29	3.7%	3.9%
Education	College Graduate	25	379%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	44	73	—
	Voter Participation	3	69.5%	60.0%
Clinical Care		17	0.430	
Access to Care	Adequate Prenatal Care	27	77.3%	75.0%
	Avoided Care Due to Cost	16	15.6%	18.5%
	Maternity Care Desert*	20	2.0	3.5
	Uninsured	6	6.6%	11.2%
	Women's Health Providers	14	58.0	48.1
Preventive Clinical Care	Cervical Cancer Screening	11	72.0%	69.7%
	Dental Visit	27	67.3%	65.6%
	Flu Vaccination	33	31.8%	33.9%
	Postpartum Visit*	31	89.5%	90.3%
	Well-Woman Visit	14	75.9%	73.4%
Quality of Care	Breastfeeding Initiation	27	86.1%	85.4%
	Dedicated Health Care Provider	10	84.2%	77.9%
	Low-Risk Cesarean Delivery	43	28.4%	26.6%
	Maternity Practices Score	31	79	82
Behaviors		40	-0.507	
Nutrition and Physical Activity	Exercise	28	27.0%	27.6%
	Fruit and Vegetable Consumption	18	10.4%	9.8%
	Physical Inactivity	16	18.9%	22.0%
Sexual Health	Chlamydia	23	1,405.6	1,481.2
	High-Risk HIV Behaviors	43	10.8%	8.5%
	Unintended Pregnancy*	16	21.4%	—
Sleep Health	Insufficient Sleep	33	37.9%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	40	12.3%	8.4%
	Cigarette Smoking During Pregnancy	36	4.4%	2.4%
	E-Cigarette Use	36	15.0%	11.7%
Health Outcomes		40	-0.716	
Behavioral Health	Drug Deaths*	22	25.3	25.0
	Excessive Drinking	29	19.0%	18.1%
	Frequent Mental Distress	40	27.0%	23.2%
	Illicit Drug Use	39	12.3%	10.5%
	Postpartum Anxiety*	40	25.9%	20.3%
	Postpartum Depression*	22	11.6%	11.9%
Mortality	Maternal Mortality*	13	18.8	23.1
	Mortality Rate	24	101.2	98.0
Physical Health	Depression*	44	40.3%	30.6%
	Diabetes*	37	4.2%	3.6%
	Frequent Physical Distress	39	11.8%	10.1%
	High Blood Pressure	30	12.4%	11.8%
	High Health Status*	41	47.0%	49.4%
	Multiple Chronic Conditions	41	6.7%	4.5%
	Obesity	35	36.8%	32.6%
	Severe Maternal Morbidity*	27	99.7	97.8
Overall - Women		37	-0.223	

MI Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		27	-0.021	
Community and Family Safety	Child Victimization*	33	10.7	7.2
	Firearm Deaths*	20	5.2	5.5
	Injury Deaths	14	15.5	17.8
Economic Resources	Children in Poverty	40	18.0%	15.5%
	Children in Poverty - Racial Disparity	16	3.0	3.0
	Food Sufficiency	26	67.0%	66.6%
	Students Experiencing Homelessness	22	2.5%	3.2%
	WIC Coverage	7	62.3%	54.5%
Education	Early Childhood Education	18	48.6%	49.3%
	Fourth Grade Reading Proficiency	46	24.6%	30.5%
	High School Completion	20	92.2%	89.9%
Social Support and Engagement	Adult Mentor*	16	92.0%	88.0%
	Adverse Childhood Experiences	34	172%	14.1%
	Foster Care Instability	4	10.8%	18.7%
	High-Speed Internet	21	96.9%	96.6%
	Neighborhood Amenities	27	34.7%	38.2%
	Reading, Singing or Storytelling*	20	63.1%	59.7%
Clinical Care		15	0.471	
Access to Care	ADD/ADHD Treatment	11	4.3%	3.4%
	Mental Health Treatment*	14	86.8%	83.3%
	Pediatricians	19	117.0	118.2
	Uninsured	10	3.5%	6.0%
Preventive Clinical Care	Childhood Immunizations	9	73.6%	68.0%
	HPV Vaccination	25	65.6%	62.9%
	Preventive Dental Visit	39	78.8%	80.2%
	Well-Child Visit	18	81.2%	79.6%
Quality of Care	Adequate Insurance	24	64.8%	64.6%
	Developmental Screening	21	41.8%	36.5%
	Medical Home	30	47.1%	45.5%
Behaviors		21	0.272	
Nutrition and Physical Activity	Breastfed	24	29.3%	27.9%
	Physical Activity	15	22.6%	19.7%
	Soda Consumption*	7	7.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	6	81.2%	85.6%
	Teen Births	17	10.3	12.6
Sleep Health	Adequate Sleep	24	67.1%	65.3%
	Sleep Position*	5	79.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	8	15.4%	16.8%
	Tobacco Use	30	2.2%	1.9%
Health Outcomes		36	-0.285	
Behavioral Health	Alcohol Use	14	6.2%	6.8%
	Flourishing	42	64.3%	66.7%
	Illicit Drug Use	36	8.3%	7.4%
	Mental Health Conditions	24	22.3%	20.5%
	Teen Suicide*	18	10.5	9.7
Mortality	Child Mortality	15	26.3	28.7
	Infant Mortality	34	6.3	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	27	6.9%	6.8%
	Congenital Syphilis*	21	53.8	105.8
	High Health Status*	47	87.7%	89.9%
	Low Birth Weight	35	9.0%	8.5%
	Low Birth Weight - Racial Disparity	42	2.2	2.1
	Neonatal Abstinence Syndrome*	15	4.7	5.1
	Overweight or Obesity	21	31.1%	31.3%
Overall - Children		26	0.024	

30 -0.108