

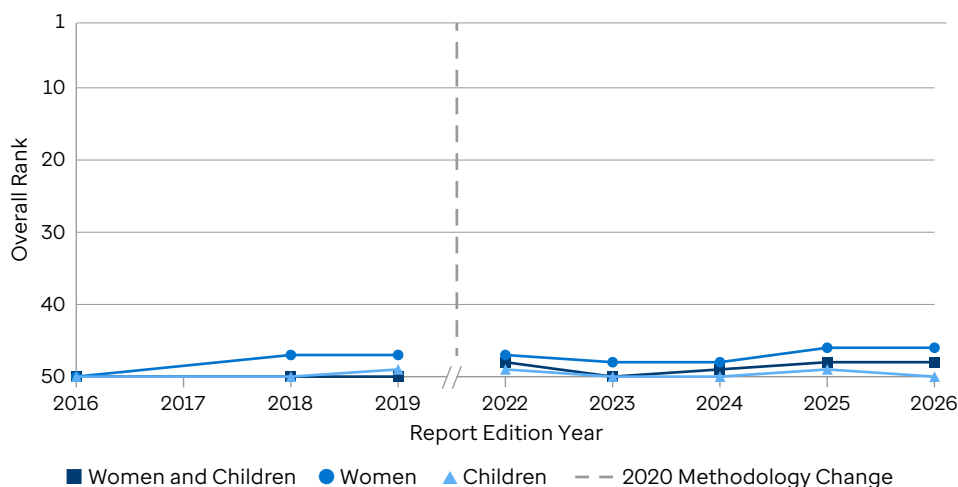
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of frequent mental distress among women
- High enrollment in early childhood education
- Low prevalence of public school students experiencing homelessness

Challenges

- High child mortality rate
- High prevalence of children in poverty
- High prevalence of physical inactivity among women

Key Findings

Severe Maternal Morbidity

31%

from 63.1 to 82.4 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Flourishing

28%

from 91.2% to 65.5% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

High School Graduation

18%

from 75.5% to 89.4% of students between the 2012-2013 and 2022-2023 school years.

Well-Woman Visit

10%

from 70.8% to 78.2% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	48	-0.356	
Air and Water Quality	Air Pollution	8.3	8.8
	Drinking Water Violations	1.8	2.5
	Household Smoke	15.3%	10.3%
	Water Fluoridation	47.3%	72.3%
Climate and Health	Climate Policies	0	—
	Transportation Energy Use*	11.9	8.3
Housing and Transportation	Drive Alone to Work - Women	79.0%	67.4%
	Housing Cost Burden - Households With Children	23.2%	27.7%
	Housing With Lead Risk	9.5%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		44	-0.591	
Community and Family Safety	Firearm Deaths*	44	12.7	5.9
	Injury Deaths	42	63.6	47.0
	Intimate Partner Violence Before Pregnancy*	18	4.6%	—
Economic Resources	Concentrated Disadvantage	48	42.3%	25.8%
	Food Insecurity	46	17.3%	13.3%
	Gender Pay Gap*	30	81.9%	83.0%
	Poverty	50	22.2%	14.4%
	Unemployment	10	2.9%	3.9%
Education	College Graduate	48	275%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	1	6%	12%
	Residential Segregation - Black/White	3	52	—
	Voter Participation	30	59.8%	60.0%
Clinical Care		43	-0.502	
Access to Care	Adequate Prenatal Care	16	79.3%	75.0%
	Avoided Care Due to Cost	41	21.7%	18.5%
	Maternity Care Desert*	50	18.1	3.5
	Uninsured	44	15.0%	11.2%
	Women's Health Providers	48	32.4	48.1
Preventive Clinical Care	Cervical Cancer Screening	49	63.2%	69.7%
	Dental Visit	7	70.7%	65.6%
	Flu Vaccination	49	23.9%	33.9%
	Postpartum Visit*	39	88.1%	90.3%
	Well-Woman Visit	4	78.2%	73.4%
Quality of Care	Breastfeeding Initiation	49	68.3%	85.4%
	Dedicated Health Care Provider	40	76.2%	77.9%
	Low-Risk Cesarean Delivery	49	30.1%	26.6%
	Maternity Practices Score	8	87	82
Behaviors		50	-1.537	
Nutrition and Physical Activity	Exercise	48	21.5%	27.6%
	Fruit and Vegetable Consumption	49	3.8%	9.8%
	Physical Inactivity	50	30.8%	22.0%
Sexual Health	Chlamydia	49	2,473.6	1,481.2
	High-Risk HIV Behaviors	45	11.5%	8.5%
	Unintended Pregnancy*	22	36.6%	—
Sleep Health	Insufficient Sleep	38	39.2%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	43	12.8%	8.4%
	Cigarette Smoking During Pregnancy	30	3.4%	2.4%
	E-Cigarette Use	39	15.7%	11.7%
Health Outcomes		32	-0.386	
Behavioral Health	Drug Deaths*	17	22.4	25.0
	Excessive Drinking	6	15.9%	18.1%
	Frequent Mental Distress	2	19.3%	23.2%
	Illicit Drug Use	12	9.6%	10.5%
	Postpartum Anxiety*	46	31.6%	20.3%
	Postpartum Depression*	46	17.1%	11.9%
Mortality	Maternal Mortality*	45	37.5	23.1
	Mortality Rate	47	157.5	98.0
Physical Health	Depression*	9	28.1%	30.6%
	Diabetes*	34	4.1%	3.6%
	Frequent Physical Distress	3	7.8%	10.1%
	High Blood Pressure	47	18.4%	11.8%
	High Health Status*	33	49.2%	49.4%
	Multiple Chronic Conditions	26	5.0%	4.5%
	Obesity	48	42.3%	32.6%
	Severe Maternal Morbidity*	10	82.4	97.8
Overall - Women		46	-0.716	

MS Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		46	-0.829	
Community and Family Safety	Child Victimization*	48	14.9	7.2
	Firearm Deaths*	46	14.6	5.5
	Injury Deaths	50	34.9	17.8
Economic Resources	Children in Poverty	49	25.2%	15.5%
	Children in Poverty - Racial Disparity	22	3.2	3.0
	Food Sufficiency	50	49.7%	66.6%
	Students Experiencing Homelessness	6	1.5%	3.2%
	WIC Coverage	39	44.3%	54.5%
Education	Early Childhood Education	5	58.2%	49.3%
	Fourth Grade Reading Proficiency	16	32.0%	30.5%
	High School Completion	45	88.0%	89.9%
Social Support and Engagement	Adult Mentor*	17	91.8%	88.0%
	Adverse Childhood Experiences	31	16.1%	14.1%
	Foster Care Instability	34	23.0%	18.7%
	High-Speed Internet	49	94.3%	96.6%
	Neighborhood Amenities	50	14.0%	38.2%
	Reading, Singing or Storytelling*	50	47.8%	59.7%
Clinical Care		48	-0.580	
Access to Care	ADD/ADHD Treatment	1	6.3%	3.4%
	Mental Health Treatment*	40	81.3%	83.3%
	Pediatricians	46	69.8	118.2
	Uninsured	28	5.8%	6.0%
Preventive Clinical Care	Childhood Immunizations	42	64.4%	68.0%
	HPV Vaccination	50	39.1%	62.9%
	Preventive Dental Visit	47	74.9%	80.2%
	Well-Child Visit	49	72.2%	79.6%
Quality of Care	Adequate Insurance	21	65.7%	64.6%
	Developmental Screening	45	29.7%	36.5%
	Medical Home	44	44.0%	45.5%
Behaviors		49	-1.114	
Nutrition and Physical Activity	Breastfed	44	24.0%	27.9%
	Physical Activity	21	21.2%	19.7%
	Soda Consumption*	20	15.3%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	21	94.1%	85.6%
	Teen Births	50	22.8	12.6
Sleep Health	Adequate Sleep	50	50.3%	65.3%
	Sleep Position*	43	61.7%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	15	17.9%	16.8%
	Tobacco Use	38	2.4%	1.9%
Health Outcomes		49	-1.049	
Behavioral Health	Alcohol Use	3	5.4%	6.8%
	Flourishing	31	65.5%	66.7%
	Illicit Drug Use	13	6.4%	7.4%
	Mental Health Conditions	44	25.4%	20.5%
	Teen Suicide*	11	9.6	9.7
Mortality	Child Mortality	50	49.9	28.7
	Infant Mortality	50	9.0	5.6
	Neonatal Mortality*	50	5.3	3.6
Physical Health	Asthma	44	8.4%	6.8%
	Congenital Syphilis*	48	37.7%	105.8
	High Health Status*	42	88.6%	89.9%
	Low Birth Weight	50	12.7%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	7	3.0	5.1
	Overweight or Obesity	50	41.8%	31.3%
Overall - Children		50	-0.806	

MS Overall - Women and Children