

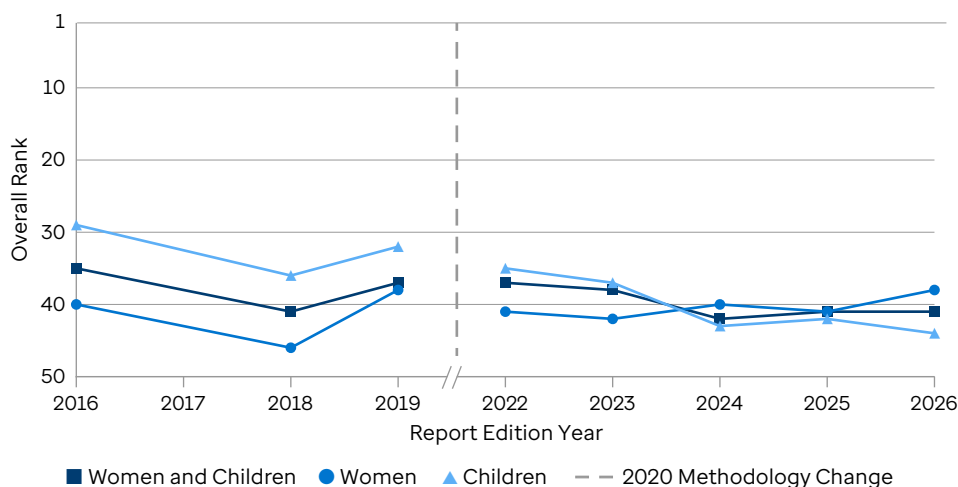
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- High prevalence of cervical cancer screening
- High number of pediatricians per 100,000 children ages 0-21
- Low housing cost burden among households with children

Challenges

- High child mortality rate
- Low WIC coverage among eligible children ages 0-4
- High prevalence of cigarette smoking among women

Key Findings

Drug Deaths

36%▲

from 22.5 to 30.6 deaths per 100,000 women ages 20-44 between 2014-2016 and 2022-2024.

Uninsured Children

29%▲

from 5.1% to 6.6% of children ages 0-18 between 2017 and 2024.

Children in Poverty

27%▼

from 21.1% to 15.4% of children ages 0-17 between 2014 and 2024.

Well-Woman Visit

18%▲

from 63.3% to 74.9% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		40	-0.161	
Air and Water Quality	Air Pollution	16	76	8.8
	Drinking Water Violations	15	1.8	2.5
	Household Smoke	48	16.7%	10.3%
	Water Fluoridation	25	76.5%	72.3%
Climate and Health	Climate Policies	38	0	—
	Transportation Energy Use*	31	8.8	8.3
Housing and Transportation	Drive Alone to Work - Women	32	73.0%	67.4%
	Housing Cost Burden - Households With Children	11	21.0%	27.7%
	Housing With Lead Risk	31	176%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		30	-0.028	
Community and Family Safety	Firearm Deaths*	40	10.4	5.9
	Injury Deaths	38	61.0	47.0
	Intimate Partner Violence Before Pregnancy*	19	4.9%	—
Economic Resources	Concentrated Disadvantage	18	174%	25.8%
	Food Insecurity	31	13.3%	13.3%
	Gender Pay Gap*	26	82.1%	83.0%
	Poverty	32	14.9%	14.4%
	Unemployment	17	3.3%	3.9%
Education	College Graduate	29	371%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	30	13%	12%
	Residential Segregation - Black/White	41	71	—
	Voter Participation	18	63.1%	60.0%
Clinical Care		28	0.173	
Access to Care	Adequate Prenatal Care	23	78.7%	75.0%
	Avoided Care Due to Cost	31	18.6%	18.5%
	Maternity Care Desert*	42	11.4	3.5
	Uninsured	29	10.8%	11.2%
	Women's Health Providers	31	44.2	48.1
Preventive Clinical Care	Cervical Cancer Screening	8	72.3%	69.7%
	Dental Visit	21	67.9%	65.6%
	Flu Vaccination	32	32.5%	33.9%
	Postpartum Visit*	35	89.1%	90.3%
	Well-Woman Visit	21	74.9%	73.4%
Quality of Care	Breastfeeding Initiation	37	82.8%	85.4%
	Dedicated Health Care Provider	25	80.3%	77.9%
	Low-Risk Cesarean Delivery	15	24.0%	26.6%
	Maternity Practices Score	38	77	82
Behaviors		37	-0.454	
Nutrition and Physical Activity	Exercise	31	26.6%	27.6%
	Fruit and Vegetable Consumption	35	7.7%	9.8%
	Physical Inactivity	26	20.7%	22.0%
Sexual Health	Chlamydia	37	1,613.0	1,481.2
	High-Risk HIV Behaviors	15	8.0%	8.5%
	Unintended Pregnancy*	18	22.4%	—
Sleep Health	Insufficient Sleep	24	36.1%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	45	13.4%	8.4%
	Cigarette Smoking During Pregnancy	44	5.4%	2.4%
	E-Cigarette Use	25	12.9%	11.7%
Health Outcomes		41	-0.741	
Behavioral Health	Drug Deaths*	36	30.6	25.0
	Excessive Drinking	42	20.7%	18.1%
	Frequent Mental Distress	39	26.9%	23.2%
	Illicit Drug Use	17	10.1%	10.5%
	Postpartum Anxiety*	35	24.6%	20.3%
	Postpartum Depression*	37	13.9%	11.9%
	Maternal Mortality*	30	27.7	23.1
Mortality	Mortality Rate	36	121.0	98.0
Physical Health	Depression*	30	35.8%	30.6%
	Diabetes*	20	3.0%	3.6%
	Frequent Physical Distress	41	11.9%	10.1%
	High Blood Pressure	26	11.9%	11.8%
	High Health Status*	31	49.3%	49.4%
	Multiple Chronic Conditions	43	6.9%	4.5%
	Obesity	28	34.0%	32.6%
	Severe Maternal Morbidity*	15	86.4	97.8
Overall - Women		38	-0.276	

MO Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		42	-0.594	
Community and Family Safety	Child Victimization*	8	3.3	7.2
	Firearm Deaths*	41	9.6	5.5
	Injury Deaths	43	26.5	17.8
Economic Resources	Children in Poverty	31	15.4%	15.5%
	Children in Poverty - Racial Disparity	12	2.9	3.0
	Food Sufficiency	34	64.4%	66.6%
	Students Experiencing Homelessness	45	4.0%	3.2%
	WIC Coverage	49	40.4%	54.5%
Education	Early Childhood Education	28	45.7%	49.3%
	Fourth Grade Reading Proficiency	41	27.2%	30.5%
	High School Completion	22	92.0%	89.9%
Social Support and Engagement	Adult Mentor*	7	93.9%	88.0%
	Adverse Childhood Experiences	37	178%	14.1%
	Foster Care Instability	46	28.0%	18.7%
	High-Speed Internet	42	95.6%	96.6%
	Neighborhood Amenities	28	34.4%	38.2%
	Reading, Singing or Storytelling*	13	64.2%	59.7%
Clinical Care		37	-0.118	
Access to Care	ADD/ADHD Treatment	36	3.3%	3.4%
	Mental Health Treatment*	5	89.6%	83.3%
	Pediatricians	7	158.8	118.2
	Uninsured	35	6.6%	6.0%
Preventive Clinical Care	Childhood Immunizations	22	69.8%	68.0%
	HPV Vaccination	45	52.7%	62.9%
	Preventive Dental Visit	47	74.9%	80.2%
	Well-Child Visit	8	82.7%	79.6%
Quality of Care	Adequate Insurance	32	63.3%	64.6%
	Developmental Screening	47	27.9%	36.5%
	Medical Home	20	49.4%	45.5%
Behaviors		37	-0.242	
Nutrition and Physical Activity	Breastfed	32	26.6%	27.9%
	Physical Activity	24	20.8%	19.7%
	Soda Consumption*	17	12.4%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	38	15.9	12.6
Sleep Health	Adequate Sleep	23	67.3%	65.3%
	Sleep Position*	21	72.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	22	21.3%	16.8%
	Tobacco Use	31	2.3%	1.9%
Health Outcomes		47	-0.746	
Behavioral Health	Alcohol Use	18	6.4%	6.8%
	Flourishing	41	64.4%	66.7%
	Illicit Drug Use	33	8.2%	7.4%
	Mental Health Conditions	41	24.8%	20.5%
	Teen Suicide*	30	12.0	9.7
Mortality	Child Mortality	40	37.4	28.7
	Infant Mortality	35	6.5	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	50	9.1%	6.8%
	Congenital Syphilis*	40	136.3	105.8
	High Health Status*	49	87.1%	89.9%
	Low Birth Weight	30	8.8%	8.5%
	Low Birth Weight - Racial Disparity	42	2.2	2.1
	Neonatal Abstinence Syndrome*	20	5.3	5.1
	Overweight or Obesity	32	31.8%	31.3%
Overall - Children		44	-0.451	

41 -0.388