

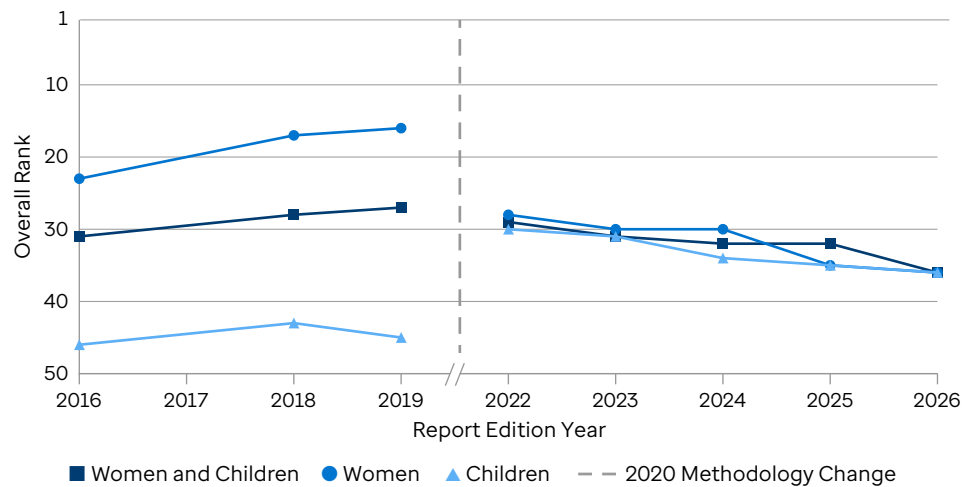
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of children in poverty
- Low prevalence of physical inactivity among women
- High prevalence of breastfeeding initiation

Challenges

- High child mortality rate
- High prevalence of excessive drinking among women
- High prevalence of e-cigarette use among women

Key Findings

Frequent Mental Distress

145%▲

from 12.1% to 29.7% of women ages 18-44 between 2013-2014 and 2023-2024.

Teen Births

58%▼

from 26.4 to 11.1 births per 1,000 females ages 15-19 between 2014 and 2024.

Flourishing

30%▼

from 93.0% to 65.1% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Well-Woman Visit

11%▲

from 61.1% to 68.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		35	-0.115	
Air and Water Quality	Air Pollution	10	6.5	8.8
	Drinking Water Violations	23	1.9	2.5
	Household Smoke	40	14.5%	10.3%
	Water Fluoridation	46	32.8%	72.3%
Climate and Health	Climate Policies	27	1	—
	Transportation Energy Use*	37	10.1	8.3
Housing and Transportation	Drive Alone to Work - Women	22	69.6%	67.4%
	Housing Cost Burden - Households With Children	22	23.5%	27.7%
	Housing With Lead Risk	27	15.8%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		23	0.302	
Community and Family Safety	Firearm Deaths*	30	7.9	5.9
	Injury Deaths	30	53.7	47.0
	Intimate Partner Violence Before Pregnancy*	8	2.2%	—
Economic Resources	Concentrated Disadvantage	8	8.0%	25.8%
	Food Insecurity	16	11.7%	13.3%
	Gender Pay Gap*	23	82.5%	83.0%
	Poverty	5	11.3%	14.4%
	Unemployment	4	2.7%	3.9%
Education	College Graduate	30	37.0%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	30	13%	12%
	Residential Segregation - Black/White	50	80	—
	Voter Participation	17	63.2%	60.0%
Clinical Care		31	0.149	
Access to Care	Adequate Prenatal Care	25	78.1%	75.0%
	Avoided Care Due to Cost	35	19.7%	18.5%
	Maternity Care Desert*	34	6.0	3.5
	Uninsured	41	14.2%	11.2%
	Women's Health Providers	16	572	48.1
Preventive Clinical Care	Cervical Cancer Screening	34	69.2%	69.7%
	Dental Visit	9	70.4%	65.6%
	Flu Vaccination	35	31.0%	33.9%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	46	68.0%	73.4%
Quality of Care	Breastfeeding Initiation	8	90.4%	85.4%
	Dedicated Health Care Provider	34	77.8%	77.9%
	Low-Risk Cesarean Delivery	6	21.5%	26.6%
	Maternity Practices Score	17	84	82
Behaviors		29	-0.212	
Nutrition and Physical Activity	Exercise	1	34.2%	27.6%
	Fruit and Vegetable Consumption	35	7.7%	9.8%
	Physical Inactivity	3	14.6%	22.0%
Sexual Health	Chlamydia	10	1,086.5	1,481.2
	High-Risk HIV Behaviors	44	11.3%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	14	33.9%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	42	12.6%	8.4%
	Cigarette Smoking During Pregnancy	48	6.3%	2.4%
	E-Cigarette Use	47	16.7%	11.7%
Health Outcomes		44	-1.025	
Behavioral Health	Drug Deaths*	10	19.1	25.0
	Excessive Drinking	50	25.3%	18.1%
	Frequent Mental Distress	46	29.7%	23.2%
	Illicit Drug Use	47	15.5%	10.5%
	Postpartum Anxiety*	28	22.9%	20.3%
	Postpartum Depression*	17	11.3%	11.9%
Mortality	Maternal Mortality*	36	28.8	23.1
	Mortality Rate	37	121.1	98.0
Physical Health	Depression*	42	38.8%	30.6%
	Diabetes*	16	2.9%	3.6%
	Frequent Physical Distress	39	11.8%	10.1%
	High Blood Pressure	13	10.4%	11.8%
	High Health Status*	9	53.4%	49.4%
	Multiple Chronic Conditions	46	71%	4.5%
	Obesity	11	29.8%	32.6%
	Severe Maternal Morbidity*	5	70.1	97.8
Overall - Women		36	-0.206	

MT Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		39	-0.430	
Community and Family Safety	Child Victimization*	33	10.7	7.2
	Firearm Deaths*	37	8.8	5.5
	Injury Deaths	46	28.8	17.8
Economic Resources	Children in Poverty	7	11.0%	15.5%
	Children in Poverty - Racial Disparity	40	4.2	3.0
	Food Sufficiency	17	68.6%	66.6%
	Students Experiencing Homelessness	41	3.8%	3.2%
	WIC Coverage	47	41.5%	54.5%
Education	Early Childhood Education	38	42.5%	49.3%
	Fourth Grade Reading Proficiency	18	31.9%	30.5%
	High School Completion	4	94.6%	89.9%
Social Support and Engagement	Adult Mentor*	7	93.9%	88.0%
	Adverse Childhood Experiences	49	22.6%	14.1%
	Foster Care Instability	16	14.2%	18.7%
	High-Speed Internet	47	94.9%	96.6%
	Neighborhood Amenities	39	26.8%	38.2%
	Reading, Singing or Storytelling*	9	65.8%	59.7%
Clinical Care		29	0.111	
Access to Care	ADD/ADHD Treatment	5	5.4%	3.4%
	Mental Health Treatment*	45	78.3%	83.3%
	Pediatricians	45	72.3	118.2
	Uninsured	39	7.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	33	67.1%	68.0%
	HPV Vaccination	33	59.8%	62.9%
	Preventive Dental Visit	12	84.6%	80.2%
	Well-Child Visit	35	78.3%	79.6%
Quality of Care	Adequate Insurance	41	61.3%	64.6%
	Developmental Screening	14	44.6%	36.5%
	Medical Home	16	50.3%	45.5%
Behaviors		8	0.672	
Nutrition and Physical Activity	Breastfed	9	33.9%	27.9%
	Physical Activity	7	24.2%	19.7%
	Soda Consumption*	9	8.0%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	3	75.6%	85.6%
	Teen Births	22	11.1	12.6
Sleep Health	Adequate Sleep	9	71.6%	65.3%
	Sleep Position*	8	77.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	27	24.3%	16.8%
	Tobacco Use	31	2.3%	1.9%
Health Outcomes		43	-0.557	
Behavioral Health	Alcohol Use	39	8.0%	6.8%
	Flourishing	34	65.1%	66.7%
	Illicit Drug Use	45	9.2%	7.4%
	Mental Health Conditions	47	26.4%	20.5%
	Teen Suicide*	46	28.1	9.7
Mortality	Child Mortality	46	39.9	28.7
	Infant Mortality	16	5.1	5.6
	Neonatal Mortality*	18	3.3	3.6
Physical Health	Asthma	27	6.9%	6.8%
	Congenital Syphilis*	42	170.0	105.8
	High Health Status*	27	90.6%	89.9%
	Low Birth Weight	14	7.6%	8.5%
	Low Birth Weight - Racial Disparity	47	2.3	2.1
	Neonatal Abstinence Syndrome*	26	5.9	5.1
	Overweight or Obesity	16	29.9%	31.3%
Overall - Children		36	-0.198	

36 -0.210