

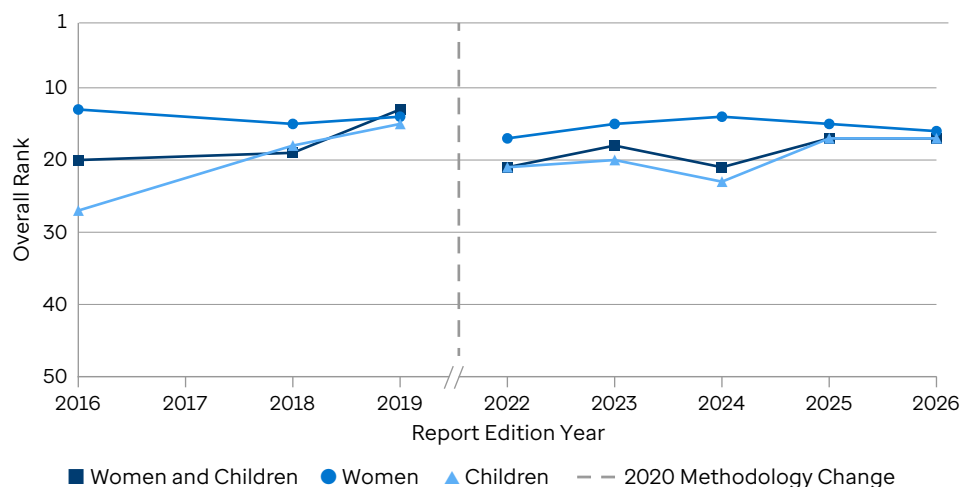
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low child mortality rate
- Low prevalence of frequent mental distress among women
- Low prevalence of uninsured children

Challenges

- High prevalence of low-risk cesarean deliveries
- Low prevalence of developmental screenings
- High housing cost burden among households with children

Key Findings

Severe Maternal Morbidity

68%▲

from 80.0 to 134.2 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Teen Births

50%▼

from 16.1 to 8.0 births per 1,000 females ages 15-19 between 2014 and 2024.

Students Experiencing Homelessness

42%▲

from 5.2% to 7.4% of public school students between the 2015-2016 and 2023-2024 school years.

Excessive Drinking

6%▼

from 19.0% to 17.8% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		16	0.258	
Air and Water Quality	Air Pollution	23	78	8.8
	Drinking Water Violations	23	1.9	2.5
	Household Smoke	15	9.3%	10.3%
	Water Fluoridation	29	71.7%	72.3%
Climate and Health	Climate Policies	1	4	—
	Transportation Energy Use*	2	5.8	8.3
Housing and Transportation	Drive Alone to Work - Women	1	46.1%	67.4%
	Housing Cost Burden - Households With Children	45	31.6%	27.7%
	Housing With Lead Risk	50	31.7%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		38	-0.313	
Community and Family Safety	Firearm Deaths*	2	1.4	5.9
	Injury Deaths	5	32.4	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	42	32.0%	25.8%
	Food Insecurity	37	14.0%	13.3%
	Gender Pay Gap*	1	91.4%	83.0%
	Poverty	34	15.1%	14.4%
	Unemployment	34	3.9%	3.9%
Education	College Graduate	11	42.9%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	36	14%	12%
	Residential Segregation - Black/White	48	77	—
	Voter Participation	40	55.7%	60.0%
Clinical Care		15	0.453	
Access to Care	Adequate Prenatal Care	34	75.2%	75.0%
	Avoided Care Due to Cost	8	14.6%	18.5%
	Maternity Care Desert*	12	0.4	3.5
	Uninsured	5	6.1%	11.2%
	Women's Health Providers	17	56.2	48.1
Preventive Clinical Care	Cervical Cancer Screening	35	69.1%	69.7%
	Dental Visit	27	67.3%	65.6%
	Flu Vaccination	21	37.0%	33.9%
	Postpartum Visit*	24	91.3%	90.3%
	Well-Woman Visit	7	77.7%	73.4%
Quality of Care	Breastfeeding Initiation	25	86.6%	85.4%
	Dedicated Health Care Provider	18	81.7%	77.9%
	Low-Risk Cesarean Delivery	45	29.6%	26.6%
	Maternity Practices Score	17	84	82
Behaviors		14	0.308	
Nutrition and Physical Activity	Exercise	26	27.6%	27.6%
	Fruit and Vegetable Consumption	2	13.7%	9.8%
	Physical Inactivity	44	25.2%	22.0%
Sexual Health	Chlamydia	31	1,521.9	1,481.2
	High-Risk HIV Behaviors	10	7.6%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	23	35.8%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	6	6.4%	8.4%
	Cigarette Smoking During Pregnancy	10	1.7%	2.4%
	E-Cigarette Use	4	9.3%	11.7%
Health Outcomes		6	0.521	
Behavioral Health	Drug Deaths*	13	20.9	25.0
	Excessive Drinking	19	17.8%	18.1%
	Frequent Mental Distress	4	20.0%	23.2%
	Illicit Drug Use	29	10.9%	10.5%
	Postpartum Anxiety*	9	17.8%	20.3%
	Postpartum Depression*	14	11.0%	11.9%
Mortality	Maternal Mortality*	21	21.7	23.1
	Mortality Rate	3	73.1	98.0
Physical Health	Depression*	4	24.2%	30.6%
	Diabetes*	10	2.8%	3.6%
	Frequent Physical Distress	28	10.2%	10.1%
	High Blood Pressure	16	10.7%	11.8%
	High Health Status*	22	50.5%	49.4%
	Multiple Chronic Conditions	5	3.3%	4.5%
	Obesity	7	27.6%	32.6%
	Severe Maternal Morbidity*	44	134.2	97.8
Overall - Women		16	0.237	

NY Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		22	0.065	
Community and Family Safety	Child Victimization*	38	11.5	7.2
	Firearm Deaths*	3	1.8	5.5
	Injury Deaths	4	9.7	17.8
Economic Resources	Children in Poverty	38	17.9%	15.5%
	Children in Poverty - Racial Disparity	4	2.6	3.0
	Food Sufficiency	18	68.1%	66.6%
	Students Experiencing Homelessness	50	7.4%	3.2%
	WIC Coverage	8	62.1%	54.5%
Education	Early Childhood Education	3	63.8%	49.3%
	Fourth Grade Reading Proficiency	24	30.9%	30.5%
	High School Completion	45	88.0%	89.9%
Social Support and Engagement	Adult Mentor*	30	89.2%	88.0%
	Adverse Childhood Experiences	4	11.5%	14.1%
	Foster Care Instability	14	13.8%	18.7%
	High-Speed Internet	50	93.9%	96.6%
	Neighborhood Amenities	8	47.9%	38.2%
	Reading, Singing or Storytelling*	41	55.5%	59.7%
Clinical Care		17	0.404	
Access to Care	ADD/ADHD Treatment	31	3.5%	3.4%
	Mental Health Treatment*	39	81.6%	83.3%
	Pediatricians	4	170.2	118.2
	Uninsured	5	2.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	39	65.3%	68.0%
	HPV Vaccination	8	70.4%	62.9%
	Preventive Dental Visit	29	79.6%	80.2%
	Well-Child Visit	29	80.0%	79.6%
Quality of Care	Adequate Insurance	4	71.4%	64.6%
	Developmental Screening	46	28.4%	36.5%
	Medical Home	40	45.2%	45.5%
Behaviors		29	0.112	
Nutrition and Physical Activity	Breastfed	33	26.4%	27.9%
	Physical Activity	35	18.6%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	9	8.0	12.6
Sleep Health	Adequate Sleep	37	62.9%	65.3%
	Sleep Position*	33	68.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	5	1.6%	1.9%
Health Outcomes		12	0.354	
Behavioral Health	Alcohol Use	27	6.9%	6.8%
	Flourishing	27	65.8%	66.7%
	Illicit Drug Use	20	7.1%	7.4%
	Mental Health Conditions	10	19.7%	20.5%
	Teen Suicide*	4	5.3	9.7
Mortality	Child Mortality	6	20.2	28.7
	Infant Mortality	4	4.1	5.6
	Neonatal Mortality*	5	2.6	3.6
Physical Health	Asthma	13	6.1%	6.8%
	Congenital Syphilis*	11	32.2	105.8
	High Health Status*	45	88.0%	89.9%
	Low Birth Weight	25	8.4%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	7	3.0	5.1
	Overweight or Obesity	25	31.3%	31.3%
Overall - Children		17	0.216	

NY Overall - Women and Children