

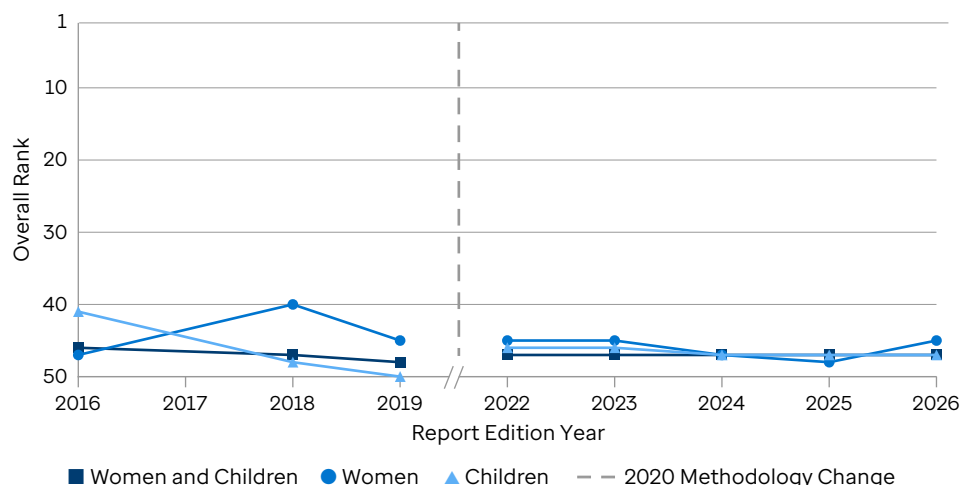
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of excessive drinking among women
- High prevalence of women receiving early and adequate prenatal care
- High prevalence of developmental screenings

Challenges

- High mortality rate among women
- High prevalence of e-cigarette use among women
- High teen birth rate

Key Findings

Flourishing

30%▼

from 92.5% to 64.6% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Obesity

27%▲

from 30.8% to 39.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Well-Woman Visit

23%▲

from 58.5% to 71.8% of women ages 18-44 between 2013-2014 and 2023-2024.

Children in Poverty

16%▼

from 22.4% to 18.9% of children ages 0-17 between 2014 and 2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		49	-0.466	
Air and Water Quality	Air Pollution	37	8.5	8.8
	Drinking Water Violations	45	3.5	2.5
	Household Smoke	39	14.4%	10.3%
	Water Fluoridation	34	63.5%	72.3%
Climate and Health	Climate Policies	38	0	—
	Transportation Energy Use*	45	11.3	8.3
Housing and Transportation	Drive Alone to Work - Women	42	75.0%	67.4%
	Housing Cost Burden - Households With Children	23	23.6%	27.7%
	Housing With Lead Risk	21	13.3%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		46	-0.681	
Community and Family Safety	Firearm Deaths*	38	9.7	5.9
	Injury Deaths	37	60.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	39	29.6%	25.8%
	Food Insecurity	45	16.9%	13.3%
	Gender Pay Gap*	39	80.3%	83.0%
	Poverty	43	17.4%	14.4%
	Unemployment	28	3.6%	3.9%
Education	College Graduate	48	275%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	10	58	—
	Voter Participation	44	54.2%	60.0%
Clinical Care		40	-0.391	
Access to Care	Adequate Prenatal Care	19	78.9%	75.0%
	Avoided Care Due to Cost	45	22.8%	18.5%
	Maternity Care Desert*	41	10.0	3.5
	Uninsured	47	15.6%	11.2%
	Women's Health Providers	46	35.5	48.1
Preventive Clinical Care	Cervical Cancer Screening	21	70.3%	69.7%
	Dental Visit	38	64.6%	65.6%
	Flu Vaccination	42	27.8%	33.9%
	Postpartum Visit*	42	86.9%	90.3%
	Well-Woman Visit	38	71.8%	73.4%
Quality of Care	Breastfeeding Initiation	31	84.5%	85.4%
	Dedicated Health Care Provider	36	77.3%	77.9%
	Low-Risk Cesarean Delivery	26	25.7%	26.6%
	Maternity Practices Score	31	79	82
Behaviors		47	-0.910	
Nutrition and Physical Activity	Exercise	46	22.2%	27.6%
	Fruit and Vegetable Consumption	48	5.3%	9.8%
	Physical Inactivity	48	26.4%	22.0%
Sexual Health	Chlamydia	34	1,547.3	1,481.2
	High-Risk HIV Behaviors	35	9.2%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	19	35.0%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	38	11.6%	8.4%
	Cigarette Smoking During Pregnancy	35	4.3%	2.4%
	E-Cigarette Use	43	16.0%	11.7%
Health Outcomes		42	-0.771	
Behavioral Health	Drug Deaths*	32	28.5	25.0
	Excessive Drinking	3	15.0%	18.1%
	Frequent Mental Distress	36	26.5%	23.2%
	Illicit Drug Use	17	10.1%	10.5%
	Postpartum Anxiety*	29	23.1%	20.3%
	Postpartum Depression*	25	11.9%	11.9%
	Maternal Mortality*	35	28.7	23.1
Mortality	Mortality Rate	43	136.4	98.0
Physical Health	Depression*	37	38.2%	30.6%
	Diabetes*	33	4.0%	3.6%
	Frequent Physical Distress	42	12.0%	10.1%
	High Blood Pressure	43	15.2%	11.8%
	High Health Status*	41	47.0%	49.4%
	Multiple Chronic Conditions	38	6.3%	4.5%
	Obesity	42	39.0%	32.6%
	Severe Maternal Morbidity*	8	72.8	97.8
Overall - Women		45	-0.670	

OK Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		45	-0.786	
Community and Family Safety	Child Victimization*	44	13.7	7.2
	Firearm Deaths*	31	6.9	5.5
	Injury Deaths	36	22.5	17.8
Economic Resources	Children in Poverty	42	18.9%	15.5%
	Children in Poverty - Racial Disparity	2	2.4	3.0
	Food Sufficiency	44	60.2%	66.6%
	Students Experiencing Homelessness	39	3.7%	3.2%
	WIC Coverage	25	52.1%	54.5%
Education	Early Childhood Education	41	39.6%	49.3%
	Fourth Grade Reading Proficiency	48	22.7%	30.5%
	High School Completion	37	90.2%	89.9%
Social Support and Engagement	Adult Mentor*	25	90.7%	88.0%
	Adverse Childhood Experiences	39	18.2%	14.1%
	Foster Care Instability	23	18.0%	18.7%
	High-Speed Internet	33	96.4%	96.6%
	Neighborhood Amenities	49	16.3%	38.2%
	Reading, Singing or Storytelling*	43	54.6%	59.7%
Clinical Care		43	-0.403	
Access to Care	ADD/ADHD Treatment	8	4.6%	3.4%
	Mental Health Treatment*	49	74.6%	83.3%
	Pediatricians	43	81.2	118.2
	Uninsured	45	8.5%	6.0%
Preventive Clinical Care	Childhood Immunizations	47	61.7%	68.0%
	HPV Vaccination	48	49.7%	62.9%
	Preventive Dental Visit	43	78.4%	80.2%
	Well-Child Visit	42	77.0%	79.6%
Quality of Care	Adequate Insurance	25	64.5%	64.6%
	Developmental Screening	12	45.5%	36.5%
	Medical Home	34	46.7%	45.5%
Behaviors		40	-0.570	
Nutrition and Physical Activity	Breastfed	28	28.0%	27.9%
	Physical Activity	29	20.1%	19.7%
	Soda Consumption*	19	15.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	12	85.6%	85.6%
	Teen Births	45	19.6	12.6
Sleep Health	Adequate Sleep	34	63.6%	65.3%
	Sleep Position*	36	67.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	25	21.8%	16.8%
	Tobacco Use	38	2.4%	1.9%
Health Outcomes		41	-0.528	
Behavioral Health	Alcohol Use	5	5.5%	6.8%
	Flourishing	40	64.6%	66.7%
	Illicit Drug Use	31	8.0%	7.4%
	Mental Health Conditions	35	24.0%	20.5%
	Teen Suicide*	36	14.1	9.7
Mortality	Child Mortality	41	37.6	28.7
	Infant Mortality	43	7.0	5.6
	Neonatal Mortality*	42	4.4	3.6
Physical Health	Asthma	42	8.2%	6.8%
	Congenital Syphilis*	41	163.5	105.8
	High Health Status*	39	89.5%	89.9%
	Low Birth Weight	23	8.2%	8.5%
	Low Birth Weight - Racial Disparity	20	2.0	2.1
	Neonatal Abstinence Syndrome*	30	6.2	5.1
	Overweight or Obesity	38	32.8%	31.3%
Overall - Children		47	-0.593	

47 -0.647