

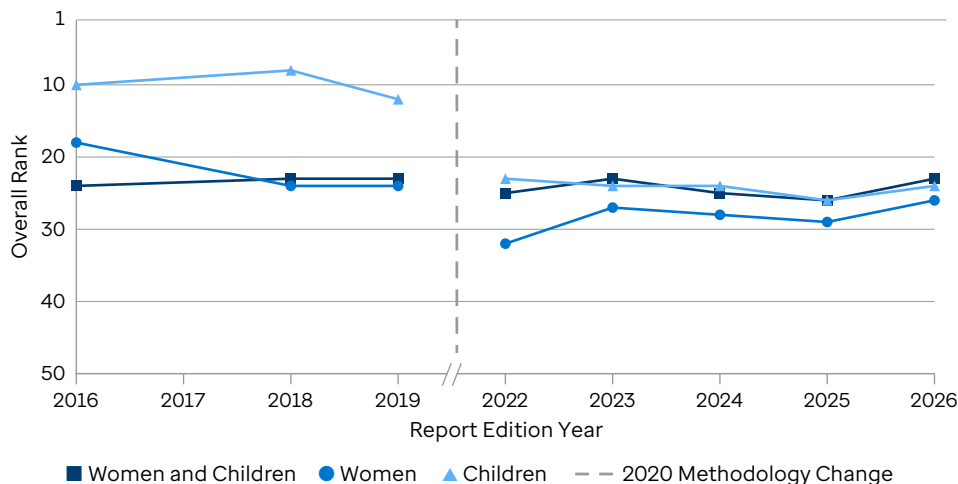
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low child mortality rate
- Low foster care placement instability
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of multiple chronic conditions among women
- High prevalence of asthma among children
- High prevalence of cigarette smoking among women

Key Findings

Neonatal Abstinence Syndrome

45%▼

from 15.0 to 8.2 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Uninsured Children

23%▲

from 4.4% to 5.4% of children ages 0-18 between 2017 and 2024.

High Health Status

20%▼

from 59.8% to 48.1% of women ages 18-44 between 2013-2014 and 2023-2024.

Housing Cost Burden - Households With Children

19%▼

from 28.0% to 22.8% of households with children between 2014 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	46	-0.318	
Air and Water Quality			
Air Pollution	49	11.0	8.8
Drinking Water Violations	13	1.6	2.5
Household Smoke	34	13.1%	10.3%
Water Fluoridation	39	55.3%	72.3%
Climate and Health			
Climate Policies	22	2	—
Transportation Energy Use*	5	6.4	8.3
Housing and Transportation			
Drive Alone to Work - Women	14	66.1%	67.4%
Housing Cost Burden - Households With Children	20	22.8%	27.7%
Housing With Lead Risk	47	276%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		20	0.343	
Community and Family Safety	Firearm Deaths*	12	5.1	5.9
	Injury Deaths	27	51.0	47.0
	Intimate Partner Violence Before Pregnancy*	5	1.7%	—
Economic Resources	Concentrated Disadvantage	25	22.6%	25.8%
	Food Insecurity	12	10.9%	13.3%
	Gender Pay Gap*	26	82.1%	83.0%
	Poverty	24	14.2%	14.4%
	Unemployment	16	3.2%	3.9%
Education	College Graduate	10	44.4%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	44	73	—
	Voter Participation	13	65.5%	60.0%
Clinical Care		19	0.413	
Access to Care	Adequate Prenatal Care	35	74.8%	75.0%
	Avoided Care Due to Cost	5	13.6%	18.5%
	Maternity Care Desert*	18	1.0	3.5
	Uninsured	14	7.8%	11.2%
	Women's Health Providers	19	51.4	48.1
Preventive Clinical Care	Cervical Cancer Screening	44	66.4%	69.7%
	Dental Visit	15	69.0%	65.6%
	Flu Vaccination	19	37.5%	33.9%
	Postpartum Visit*	26	91.2%	90.3%
	Well-Woman Visit	12	76.3%	73.4%
Quality of Care	Breastfeeding Initiation	35	83.4%	85.4%
	Dedicated Health Care Provider	9	84.7%	77.9%
	Low-Risk Cesarean Delivery	24	25.5%	26.6%
	Maternity Practices Score	21	83	82
Behaviors		22	0.023	
Nutrition and Physical Activity	Exercise	—	—	27.6%
	Fruit and Vegetable Consumption	21	9.8%	9.8%
	Physical Inactivity	9	17.0%	22.0%
Sexual Health	Chlamydia	18	1,338.0	1,481.2
	High-Risk HIV Behaviors	3	6.3%	8.5%
	Unintended Pregnancy*	11	20.1%	—
Sleep Health	Insufficient Sleep	43	39.7%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	34	11.1%	8.4%
	Cigarette Smoking During Pregnancy	34	4.0%	2.4%
	E-Cigarette Use	20	12.4%	11.7%
Health Outcomes		19	-0.010	
Behavioral Health	Drug Deaths*	37	32.8	25.0
	Excessive Drinking	12	16.9%	18.1%
	Frequent Mental Distress	34	25.2%	23.2%
	Illicit Drug Use	21	10.4%	10.5%
	Postpartum Anxiety*	21	20.9%	20.3%
	Postpartum Depression*	12	10.7%	11.9%
Mortality	Maternal Mortality*	7	15.9	23.1
	Mortality Rate	18	91.9	98.0
Physical Health	Depression*	28	34.8%	30.6%
	Diabetes*	34	4.1%	3.6%
	Frequent Physical Distress	10	9.0%	10.1%
	High Blood Pressure	—	—	11.8%
	High Health Status*	39	48.1%	49.4%
	Multiple Chronic Conditions	40	6.4%	4.5%
	Obesity	20	32.6%	32.6%
	Severe Maternal Morbidity*	24	99.0	97.8
Overall - Women		26	0.077	

PA Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		21	0.080	
Community and Family Safety	Child Victimization*	2	1.7	7.2
	Firearm Deaths*	19	5.0	5.5
	Injury Deaths	11	15.1	17.8
Economic Resources	Children in Poverty	30	15.3%	15.5%
	Children in Poverty - Racial Disparity	29	3.5	3.0
	Food Sufficiency	25	67.1%	66.6%
	Students Experiencing Homelessness	27	2.6%	3.2%
	WIC Coverage	46	42.4%	54.5%
Education	Early Childhood Education	15	50.0%	49.3%
	Fourth Grade Reading Proficiency	11	32.9%	30.5%
	High School Completion	17	92.4%	89.9%
Social Support and Engagement	Adult Mentor*	37	88.1%	88.0%
	Adverse Childhood Experiences	21	14.6%	14.1%
	Foster Care Instability	1	6.7%	18.7%
	High-Speed Internet	40	95.8%	96.6%
	Neighborhood Amenities	24	37.1%	38.2%
	Reading, Singing or Storytelling*	15	64.1%	59.7%
Clinical Care		16	0.434	
Access to Care	ADD/ADHD Treatment	34	3.4%	3.4%
	Mental Health Treatment*	37	82.3%	83.3%
	Pediatricians	8	154.4	118.2
	Uninsured	25	5.4%	6.0%
Preventive Clinical Care	Childhood Immunizations	14	72.2%	68.0%
	HPV Vaccination	29	63.3%	62.9%
	Preventive Dental Visit	16	83.1%	80.2%
	Well-Child Visit	7	83.9%	79.6%
Quality of Care	Adequate Insurance	28	63.7%	64.6%
	Developmental Screening	31	37.2%	36.5%
	Medical Home	27	47.8%	45.5%
Behaviors		24	0.200	
Nutrition and Physical Activity	Breastfed	37	26.0%	27.9%
	Physical Activity	17	22.1%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	8	81.9%	85.6%
	Teen Births	14	9.7	12.6
Sleep Health	Adequate Sleep	29	65.4%	65.3%
	Sleep Position*	24	72.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	10	16.0%	16.8%
	Tobacco Use	19	1.9%	1.9%
Health Outcomes		19	0.031	
Behavioral Health	Alcohol Use	16	6.3%	6.8%
	Flourishing	14	67.0%	66.7%
	Illicit Drug Use	20	7.1%	7.4%
	Mental Health Conditions	12	20.0%	20.5%
	Teen Suicide*	7	7.6	9.7
Mortality	Child Mortality	9	24.7	28.7
	Infant Mortality	23	5.6	5.6
	Neonatal Mortality*	27	3.8	3.6
Physical Health	Asthma	48	8.7%	6.8%
	Congenital Syphilis*	10	28.4	105.8
	High Health Status*	25	90.7%	89.9%
	Low Birth Weight	24	8.3%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	35	8.2	5.1
	Overweight or Obesity	20	30.9%	31.3%
Overall - Children		24	0.057	

23 0.105