

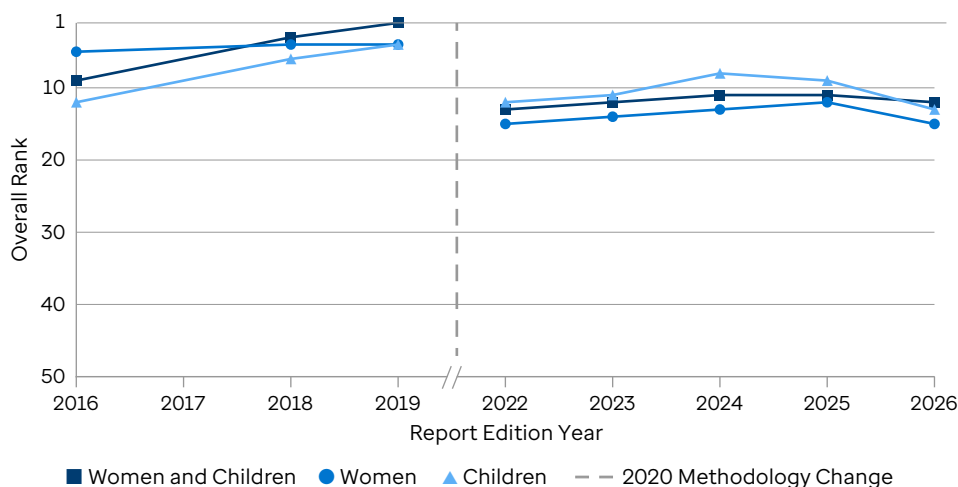
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low injury death rate among children
- High prevalence of food sufficiency among children
- Low prevalence of uninsured women

Challenges

- Low prevalence of infants exclusively breastfed for six months
- High prevalence of physical inactivity among women
- High housing cost burden among households with children

Key Findings

Students Experiencing Homelessness

100%▲

from 0.7% to 1.4% of public school students between the 2015-2016 and 2023-2024 school years.

Obesity

50%▲

from 22.2% to 33.2% of women ages 18-44 between 2015-2016 and 2023-2024.

Cigarette Smoking During Pregnancy

85%▼

from 7.5% to 1.1% of women with a recent live birth between 2015 and 2024.

Teen Births

48%▼

from 14.3 to 7.5 births per 1,000 females ages 15-19 between 2015 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	44	-0.250	
Air and Water Quality			
Air Pollution	12	6.7	8.8
Drinking Water Violations	50	5.5	2.5
Household Smoke	11	9.0%	10.3%
Water Fluoridation	20	84.3%	72.3%
Climate and Health			
Climate Policies	1	4	—
Transportation Energy Use*	1	5.6	8.3
Housing and Transportation			
Drive Alone to Work - Women	28	71.3%	67.4%
Housing Cost Burden - Households With Children	47	32.8%	27.7%
Housing With Lead Risk	48	28.6%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		17	0.406	
Community and Family Safety	Firearm Deaths*	—	—	5.9
	Injury Deaths	13	41.0	47.0
	Intimate Partner Violence Before Pregnancy*	1	1.2%	—
Economic Resources	Concentrated Disadvantage	38	28.3%	25.8%
	Food Insecurity	8	10.6%	13.3%
	Gender Pay Gap*	9	85.1%	83.0%
	Poverty	29	14.8%	14.4%
	Unemployment	29	3.7%	3.9%
Education	College Graduate	12	42.7%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	30	13%	12%
	Residential Segregation - Black/White	19	61	—
	Voter Participation	14	64.4%	60.0%
Clinical Care		5	0.915	
Access to Care	Adequate Prenatal Care	1	87.6%	75.0%
	Avoided Care Due to Cost	5	13.6%	18.5%
	Maternity Care Desert*	1	0.0	3.5
	Uninsured	4	5.9%	11.2%
	Women's Health Providers	9	62.6	48.1
Preventive Clinical Care	Cervical Cancer Screening	26	70.0%	69.7%
	Dental Visit	25	67.5%	65.6%
	Flu Vaccination	3	44.9%	33.9%
	Postpartum Visit*	1	97.1%	90.3%
	Well-Woman Visit	3	78.6%	73.4%
Quality of Care	Breastfeeding Initiation	28	85.0%	85.4%
	Dedicated Health Care Provider	13	83.1%	77.9%
	Low-Risk Cesarean Delivery	39	28.0%	26.6%
	Maternity Practices Score	8	87	82
Behaviors		15	0.295	
Nutrition and Physical Activity	Exercise	22	28.2%	27.6%
	Fruit and Vegetable Consumption	5	12.3%	9.8%
	Physical Inactivity	42	24.7%	22.0%
Sexual Health	Chlamydia	27	1,453.5	1,481.2
	High-Risk HIV Behaviors	8	7.3%	8.5%
	Unintended Pregnancy*	9	19.6%	—
Sleep Health	Insufficient Sleep	24	36.1%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	7	6.6%	8.4%
	Cigarette Smoking During Pregnancy	5	1.1%	2.4%
	E-Cigarette Use	11	11.0%	11.7%
Health Outcomes		18	0.007	
Behavioral Health	Drug Deaths*	31	28.0	25.0
	Excessive Drinking	25	18.4%	18.1%
	Frequent Mental Distress	20	23.2%	23.2%
	Illicit Drug Use	46	15.1%	10.5%
	Postpartum Anxiety*	17	19.3%	20.3%
	Postpartum Depression*	24	11.8%	11.9%
Mortality	Maternal Mortality*	29	25.7	23.1
	Mortality Rate	10	84.4	98.0
Physical Health	Depression*	26	34.2%	30.6%
	Diabetes*	5	2.6%	3.6%
	Frequent Physical Distress	29	10.5%	10.1%
	High Blood Pressure	4	9.1%	11.8%
	High Health Status*	34	49.0%	49.4%
	Multiple Chronic Conditions	10	3.8%	4.5%
	Obesity	22	33.2%	32.6%
	Severe Maternal Morbidity*	32	103.2	97.8
Overall - Women		15	0.248	

RI Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		10	0.493	
Community and Family Safety	Child Victimization*	37	11.1	7.2
	Firearm Deaths*	—	—	5.5
	Injury Deaths	1	7.9	17.8
Economic Resources	Children in Poverty	33	16.3%	15.5%
	Children in Poverty - Racial Disparity	48	5.7	3.0
	Food Sufficiency	5	72.5%	66.6%
	Students Experiencing Homelessness	3	1.4%	3.2%
	WIC Coverage	15	59.0%	54.5%
Education	Early Childhood Education	16	49.7%	49.3%
	Fourth Grade Reading Proficiency	13	32.6%	30.5%
	High School Completion	34	90.4%	89.9%
Social Support and Engagement	Adult Mentor*	46	85.4%	88.0%
	Adverse Childhood Experiences	6	12.3%	14.1%
	Foster Care Instability	2	9.8%	18.7%
	High-Speed Internet	16	97.2%	96.6%
	Neighborhood Amenities	9	46.5%	38.2%
	Reading, Singing or Storytelling*	21	63.0%	59.7%
Clinical Care		3	1.320	
Access to Care	ADD/ADHD Treatment	6	5.1%	3.4%
	Mental Health Treatment*	33	83.6%	83.3%
	Pediatricians	2	189.2	118.2
	Uninsured	12	3.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	4	80.2%	68.0%
	HPV Vaccination	2	76.1%	62.9%
	Preventive Dental Visit	11	84.8%	80.2%
	Well-Child Visit	13	82.2%	79.6%
Quality of Care	Adequate Insurance	6	70.0%	64.6%
	Developmental Screening	19	41.9%	36.5%
	Medical Home	18	49.7%	45.5%
Behaviors		25	0.178	
Nutrition and Physical Activity	Breastfed	40	25.3%	27.9%
	Physical Activity	44	17.2%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	7	7.5	12.6
Sleep Health	Adequate Sleep	13	70.4%	65.3%
	Sleep Position*	29	70.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		15	0.105	
Behavioral Health	Alcohol Use	47	8.9%	6.8%
	Flourishing	25	66.0%	66.7%
	Illicit Drug Use	41	8.9%	7.4%
	Mental Health Conditions	28	22.6%	20.5%
	Teen Suicide*	—	—	9.7
Mortality	Child Mortality	4	18.4	28.7
	Infant Mortality	7	4.3	5.6
	Neonatal Mortality*	6	2.8	3.6
Physical Health	Asthma	39	7.6%	6.8%
	Congenital Syphilis*	6	19.5	105.8
	High Health Status*	36	90.2%	89.9%
	Low Birth Weight	16	7.8%	8.5%
	Low Birth Weight - Racial Disparity	8	1.7	2.1
	Neonatal Abstinence Syndrome*	32	6.6	5.1
	Overweight or Obesity	28	31.6%	31.3%
Overall - Children		13	0.330	

12 0.345