



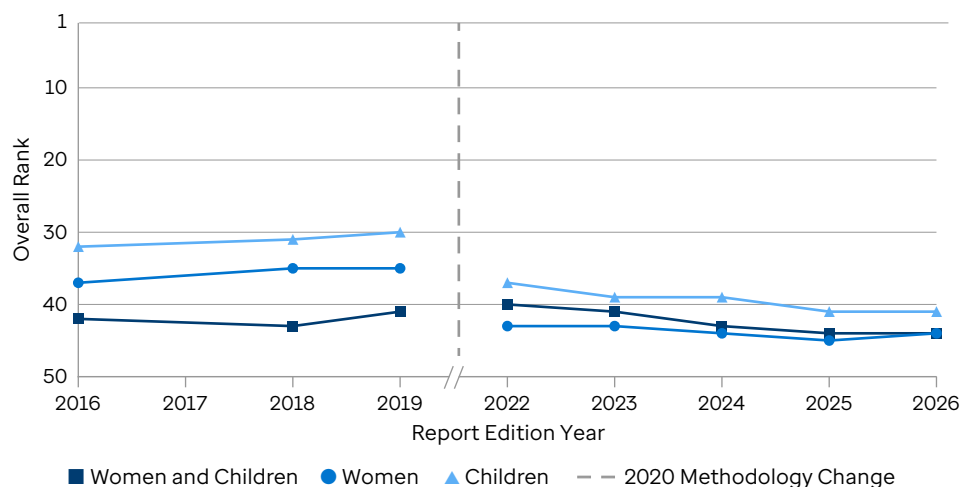
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- High prevalence of youth who are flourishing
- Low prevalence of unemployment among women
- High prevalence of developmental screenings

Challenges

- High prevalence of multiple chronic conditions among women
- Low prevalence of neighborhood amenities
- High prevalence of tobacco use among adolescents

Key Findings

Neonatal Abstinence Syndrome

58%▼

from 18.0 to 7.6 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Severe Maternal Morbidity

28%▲

from 73.8 to 94.2 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Child Mortality

31%▲

from 30.0 to 39.3 deaths per 100,000 children ages 1-19 between 2012-2014 and 2022-2024.

Housing Cost Burden - Households With Children

15%▼

from 29.3% to 24.8% of households with children between 2014 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	31	0.030	
Air and Water Quality			
Air Pollution	23	7.8	8.8
Drinking Water Violations	15	1.8	2.5
Household Smoke	36	13.4%	10.3%
Water Fluoridation	16	88.3%	72.3%
Climate and Health			
Climate Policies	38	0	—
Transportation Energy Use*	32	9.1	8.3
Housing and Transportation			
Drive Alone to Work - Women	33	73.1%	67.4%
Housing Cost Burden - Households With Children	30	24.8%	27.7%
Housing With Lead Risk	17	11.2%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		37	-0.309	
Community and Family Safety	Firearm Deaths*	37	9.4	5.9
	Injury Deaths	46	75.0	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	26	23.1%	25.8%
	Food Insecurity	31	13.3%	13.3%
	Gender Pay Gap*	18	82.9%	83.0%
	Poverty	38	15.9%	14.4%
	Unemployment	12	3.0%	3.9%
Education	College Graduate	38	34.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	23	12%	12%
	Residential Segregation - Black/White	34	67	—
	Voter Participation	41	55.4%	60.0%
Clinical Care		42	-0.487	
Access to Care	Adequate Prenatal Care	36	74.3%	75.0%
	Avoided Care Due to Cost	43	22.0%	18.5%
	Maternity Care Desert*	35	6.7	3.5
	Uninsured	40	13.6%	11.2%
	Women's Health Providers	33	43.2	48.1
Preventive Clinical Care	Cervical Cancer Screening	—	—	69.7%
	Dental Visit	—	—	65.6%
	Flu Vaccination	48	26.5%	33.9%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	32	73.1%	73.4%
Quality of Care	Breastfeeding Initiation	33	84.1%	85.4%
	Dedicated Health Care Provider	32	78.7%	77.9%
	Low-Risk Cesarean Delivery	31	26.5%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		45	-0.841	
Nutrition and Physical Activity	Exercise	40	25.3%	27.6%
	Fruit and Vegetable Consumption	13	10.6%	9.8%
	Physical Inactivity	42	24.7%	22.0%
Sexual Health	Chlamydia	21	1,375.3	1,481.2
	High-Risk HIV Behaviors	—	—	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	41	39.6%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	49	14.2%	8.4%
	Cigarette Smoking During Pregnancy	38	4.5%	2.4%
	E-Cigarette Use	41	15.9%	11.7%
Health Outcomes		50	-1.390	
Behavioral Health	Drug Deaths*	46	45.8	25.0
	Excessive Drinking	23	18.3%	18.1%
	Frequent Mental Distress	48	30.2%	23.2%
	Illicit Drug Use	35	11.8%	10.5%
	Postpartum Anxiety*	10	18.1%	20.3%
	Postpartum Depression*	28	12.5%	11.9%
Mortality	Maternal Mortality*	47	41.8	23.1
	Mortality Rate	46	140.8	98.0
Physical Health	Depression*	45	40.8%	30.6%
	Diabetes*	46	5.2%	3.6%
	Frequent Physical Distress	47	13.0%	10.1%
	High Blood Pressure	42	15.1%	11.8%
	High Health Status*	40	47.3%	49.4%
	Multiple Chronic Conditions	50	9.9%	4.5%
	Obesity	46	41.3%	32.6%
	Severe Maternal Morbidity*	22	94.2	97.8
Overall - Women		44	-0.629	

TN Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		41	-0.564	
Community and Family Safety	Child Victimization*	21	5.9	7.2
	Firearm Deaths*	40	9.3	5.5
	Injury Deaths	42	26.0	17.8
Economic Resources	Children in Poverty	43	19.1%	15.5%
	Children in Poverty - Racial Disparity	18	3.1	3.0
	Food Sufficiency	39	62.6%	66.6%
	Students Experiencing Homelessness	22	2.5%	3.2%
	WIC Coverage	37	44.6%	54.5%
Education	Early Childhood Education	39	40.8%	49.3%
	Fourth Grade Reading Proficiency	20	31.8%	30.5%
	High School Completion	32	90.6%	89.9%
Social Support and Engagement	Adult Mentor*	12	92.7%	88.0%
	Adverse Childhood Experiences	36	175%	14.1%
	Foster Care Instability	26	18.7%	18.7%
	High-Speed Internet	35	96.2%	96.6%
	Neighborhood Amenities	42	21.1%	38.2%
	Reading, Singing or Storytelling*	24	62.0%	59.7%
Clinical Care		32	0.026	
Access to Care	ADD/ADHD Treatment	34	3.4%	3.4%
	Mental Health Treatment*	32	84.0%	83.3%
	Pediatricians	24	108.0	118.2
	Uninsured	34	6.5%	6.0%
Preventive Clinical Care	Childhood Immunizations	44	64.0%	68.0%
	HPV Vaccination	44	54.3%	62.9%
	Preventive Dental Visit	44	78.0%	80.2%
	Well-Child Visit	22	80.7%	79.6%
Quality of Care	Adequate Insurance	16	66.5%	64.6%
	Developmental Screening	3	52.6%	36.5%
	Medical Home	21	49.3%	45.5%
Behaviors		47	-1.040	
Nutrition and Physical Activity	Breastfed	31	26.9%	27.9%
	Physical Activity	39	18.1%	19.7%
	Soda Consumption*	21	15.5%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	46	19.9	12.6
Sleep Health	Adequate Sleep	43	60.0%	65.3%
	Sleep Position*	18	74.1%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	24	21.6%	16.8%
	Tobacco Use	47	2.7%	1.9%
Health Outcomes		33	-0.259	
Behavioral Health	Alcohol Use	10	6.0%	6.8%
	Flourishing	4	69.3%	66.7%
	Illicit Drug Use	22	7.3%	7.4%
	Mental Health Conditions	21	21.3%	20.5%
	Teen Suicide*	22	10.9	9.7
Mortality	Child Mortality	43	39.3	28.7
	Infant Mortality	37	6.6	5.6
	Neonatal Mortality*	22	3.6	3.6
Physical Health	Asthma	35	7.4%	6.8%
	Congenital Syphilis*	37	107.0	105.8
	High Health Status*	32	90.3%	89.9%
	Low Birth Weight	30	8.8%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	34	76	5.1
	Overweight or Obesity	41	34.0%	31.3%
Overall - Children		41	-0.376	

44 -0.550