

Summary

Key Findings

E-Cigarette Use

121%▲

from 5.3% to 11.7% of women
ages 18-44 between 2018
and 2023-2024.

Frequent Mental Distress

62%▲

from 14.3% to 23.2% of women
ages 18-44 between 2013-2014
and 2023-2024.

Cigarette Smoking

52%▼

from 17.4% to 8.4% of women
ages 18-44 between 2013-2014
and 2023-2024.

Teen Births

48%▼

from 24.2 to 12.6 births per
1,000 females ages 15-19
between 2014 and 2024.

Injury Deaths

47%▲

from 31.9 to 47.0 deaths per
100,000 women ages 20-44
between 2012-2014 and 2022-2024.

Severe Maternal Morbidity

36%▲

from 72.1 to 97.8 complications
per 10,000 delivery hospitalizations
between 2016 and 2023.

Children in Poverty

29%▼

from 21.7% to 15.5% of children
ages 0-17 between 2014 and 2024.

Flourishing

28%▼

from 92.8% to 66.7% of children
ages 6 months to 17 years between
2016-2017 and 2023-2024.

Neonatal Abstinence Syndrome

25%▼

from 6.8 to 5.1 diagnoses per
1,000 birth hospitalizations
between 2016 and 2023.

Measures

Women and Children

U.S. Value

Physical Environment		
Air and Water Quality	Air Pollution	8.8
	Drinking Water Violations	2.5
	Household Smoke	10.3%
	Water Fluoridation	72.3%
Climate and Health	Climate Policies	—
	Transportation Energy Use*	8.3
Housing and Transportation	Drive Alone to Work – Women	67.4%
	Housing Cost Burden – Households With Children	27.7%
	Housing With Lead Risk	16.1%

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Measures (cont.)

Women		U.S. Value
Social and Economic Factors		
Community and Family Safety	Firearm Deaths*	5.9
	Injury Deaths	47.0
	Intimate Partner Violence Before Pregnancy*	–
Economic Resources	Concentrated Disadvantage	25.8%
	Food Insecurity	13.3%
	Gender Pay Gap*	83.0%
	Poverty	14.4%
	Unemployment	3.9%
Education	College Graduate	39.0%
Social Support and Engagement	Infant Child Care Affordability*	12%
	Residential Segregation – Black/White	–
	Voter Participation	60.0%
Clinical Care		
Access to Care	Adequate Prenatal Care	75.0%
	Avoided Care Due to Cost	18.5%
	Maternity Care Desert*	3.5
	Uninsured	11.2%
	Women's Health Providers	48.1
Preventive Clinical Care	Cervical Cancer Screening	69.7%
	Dental Visit	65.6%
	Flu Vaccination	33.9%
	Postpartum Visit*	90.3%
	Well-Woman Visit	73.4%
Quality of Care	Breastfeeding Initiation	85.4%
	Dedicated Health Care Provider	77.9%
	Low-Risk Cesarean Delivery	26.6%
	Maternity Practices Score	82
Behaviors		
Nutrition and Physical Activity	Exercise	27.6%
	Fruit and Vegetable Consumption	9.8%
	Physical Inactivity	22.0%
Sexual Health	Chlamydia	1,481.2
	High-Risk HIV Behaviors	8.5%
	Unintended Pregnancy*	–
Sleep Health	Insufficient Sleep	36.5%
Smoking and Tobacco Use	Cigarette Smoking	8.4%
	Cigarette Smoking During Pregnancy	2.4%
	E-Cigarette Use	11.7%
Health Outcomes		
Behavioral Health	Drug Deaths*	25.0
	Excessive Drinking	18.1%
	Frequent Mental Distress	23.2%
	Illicit Drug Use	10.5%
	Postpartum Anxiety*	20.3%
	Postpartum Depression*	11.9%
Mortality	Maternal Mortality*	23.1
	Mortality Rate	98.0
Physical Health	Depression*	30.6%
	Diabetes*	3.6%
	Frequent Physical Distress	10.1%
	High Blood Pressure	11.8%
	High Health Status*	49.4%
	Multiple Chronic Conditions	4.5%
	Obesity	32.6%
	Severe Maternal Morbidity*	97.8

*Unweighted measure that does not contribute to a state's overall rank.
– Data not available, missing or suppressed.

Children		U.S. Value
Social and Economic Factors		
Community and Family Safety	Child Victimization*	7.2
	Firearm Deaths*	5.5
	Injury Deaths	17.8
Economic Resources	Children in Poverty	15.5%
	Children in Poverty – Racial Disparity	3.0
	Food Sufficiency	66.6%
	Students Experiencing Homelessness	3.2%
	WIC Coverage	54.5%
Education	Early Childhood Education	49.3%
	Fourth Grade Reading Proficiency	30.5%
	High School Completion	89.9%
Social Support and Engagement	Adult Mentor*	88.0%
	Adverse Childhood Experiences	14.1%
	Foster Care Instability	18.7%
	High-Speed Internet	96.6%
	Neighborhood Amenities	38.2%
	Reading, Singing or Storytelling*	59.7%
Clinical Care		
Access to Care	ADD/ADHD Treatment	3.4%
	Mental Health Treatment*	83.3%
	Pediatricians	118.2
	Uninsured	6.0%
Preventive Clinical Care	Childhood Immunizations	68.0%
	HPV Vaccination	62.9%
	Preventive Dental Visit	80.2%
	Well-Child Visit	79.6%
Quality of Care	Adequate Insurance	64.6%
	Developmental Screening	36.5%
	Medical Home	45.5%
Behaviors		
Nutrition and Physical Activity	Breastfed	27.9%
	Physical Activity	19.7%
	Soda Consumption*	7.5%
Sexual Health	Dual Contraceptive Nonuse*	85.6%
	Teen Births	12.6
Sleep Health	Adequate Sleep	65.3%
	Sleep Position*	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	16.8%
	Tobacco Use	1.9%
Health Outcomes		
Behavioral Health	Alcohol Use	6.8%
	Flourishing	66.7%
	Illicit Drug Use	7.4%
	Mental Health Conditions	20.5%
	Teen Suicide*	9.7
Mortality	Child Mortality	28.7
	Infant Mortality	5.6
	Neonatal Mortality*	3.6
Physical Health	Asthma	6.8%
	Congenital Syphilis*	105.8
	High Health Status*	89.9%
	Low Birth Weight	8.5%
	Low Birth Weight – Racial Disparity	2.1
	Neonatal Abstinence Syndrome*	5.1
	Overweight or Obesity	31.3%