

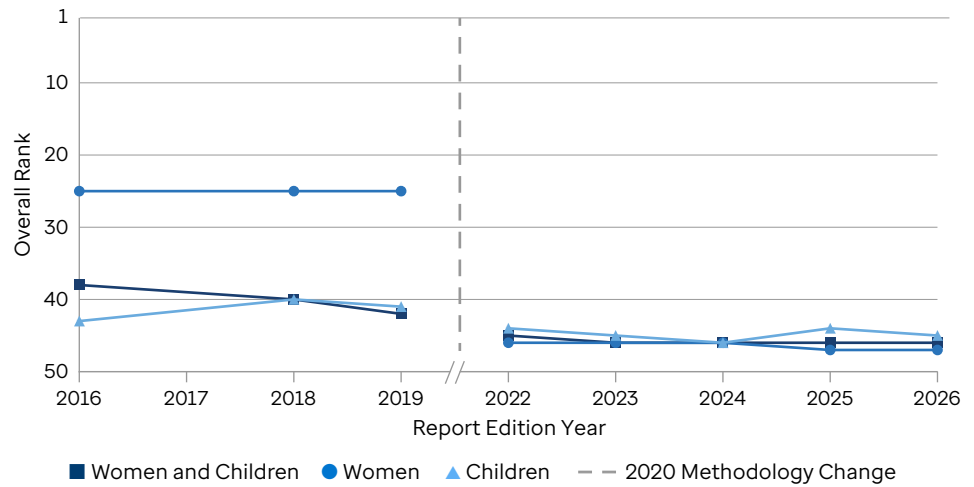
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of unemployment among women
- High prevalence of physical activity among children
- Low prevalence of uninsured children

Challenges

- High prevalence of obesity among women
- High prevalence of children in poverty
- High prevalence of e-cigarette use among women

Key Findings

Students Experiencing Homelessness

82%▲

from 3.4% to 6.2% of public school students between the 2015-2016 and 2023-2024 school years.

Neonatal Abstinence Syndrome

45%▼

from 46.2 to 25.3 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Cigarette Smoking During Pregnancy

61%▼

from 27.1% to 10.5% of women with a recent live birth between 2014 and 2024.

Depression

38%▲

from 34.3% to 47.4% of women ages 18-44 between 2017-2018 and 2023-2024.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		45	-0.279	
Air and Water Quality	Air Pollution	19	7.7	8.8
	Drinking Water Violations	44	3.0	2.5
	Household Smoke	50	21.9%	10.3%
	Water Fluoridation	13	90.5%	72.3%
Climate and Health	Climate Policies	38	0	—
	Transportation Energy Use*	38	10.2	8.3
Housing and Transportation	Drive Alone to Work - Women	45	75.3%	67.4%
	Housing Cost Burden - Households With Children	1	18.0%	27.7%
	Housing With Lead Risk	35	19.7%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		47	-0.798	
Community and Family Safety	Firearm Deaths*	26	74	5.9
	Injury Deaths	49	103.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	32	25.7%	25.8%
	Food Insecurity	38	14.1%	13.3%
	Gender Pay Gap*	47	76.2%	83.0%
	Poverty	48	21.0%	14.4%
	Unemployment	4	2.7%	3.9%
Education	College Graduate	50	26.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	4	9%	12%
	Residential Segregation - Black/White	23	63	—
	Voter Participation	49	49.6%	60.0%
Clinical Care		37	-0.154	
Access to Care	Adequate Prenatal Care	10	81.8%	75.0%
	Avoided Care Due to Cost	33	19.2%	18.5%
	Maternity Care Desert*	49	170	3.5
	Uninsured	20	8.8%	11.2%
	Women's Health Providers	41	40.9	48.1
Preventive Clinical Care	Cervical Cancer Screening	18	71.0%	69.7%
	Dental Visit	43	63.0%	65.6%
	Flu Vaccination	37	30.0%	33.9%
	Postpartum Visit*	30	90.0%	90.3%
	Well-Woman Visit	24	74.5%	73.4%
Quality of Care	Breastfeeding Initiation	45	74.8%	85.4%
	Dedicated Health Care Provider	13	83.1%	77.9%
	Low-Risk Cesarean Delivery	44	29.2%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		46	-0.843	
Nutrition and Physical Activity	Exercise	47	22.1%	27.6%
	Fruit and Vegetable Consumption	41	7.2%	9.8%
	Physical Inactivity	37	24.0%	22.0%
Sexual Health	Chlamydia	6	915.1	1,481.2
	High-Risk HIV Behaviors	1	5.3%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	47	41.5%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	50	22.7%	8.4%
	Cigarette Smoking During Pregnancy	50	10.5%	2.4%
	E-Cigarette Use	50	19.5%	11.7%
Health Outcomes		47	-1.306	
Behavioral Health	Drug Deaths*	50	75.2	25.0
	Excessive Drinking	2	13.7%	18.1%
	Frequent Mental Distress	49	30.4%	23.2%
	Illicit Drug Use	38	11.9%	10.5%
	Postpartum Anxiety*	19	19.7%	20.3%
	Postpartum Depression*	29	12.7%	11.9%
Mortality	Maternal Mortality*	27	24.7	23.1
	Mortality Rate	48	173.2	98.0
Physical Health	Depression*	50	47.4%	30.6%
	Diabetes*	50	6.7%	3.6%
	Frequent Physical Distress	47	13.0%	10.1%
	High Blood Pressure	44	15.3%	11.8%
	High Health Status*	49	44.6%	49.4%
	Multiple Chronic Conditions	49	9.5%	4.5%
	Obesity	50	43.4%	32.6%
	Severe Maternal Morbidity*	25	99.5	97.8
Overall - Women		47	-0.721	

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		48	-1.022	
Community and Family Safety	Child Victimization*	47	14.7	7.2
	Firearm Deaths*	9	3.7	5.5
	Injury Deaths	21	170	17.8
Economic Resources	Children in Poverty	47	21.6%	15.5%
	Children in Poverty - Racial Disparity	3	2.5	3.0
	Food Sufficiency	48	54.8%	66.6%
	Students Experiencing Homelessness	49	6.2%	3.2%
	WIC Coverage	10	60.5%	54.5%
Education	Early Childhood Education	48	37.3%	49.3%
	Fourth Grade Reading Proficiency	46	24.6%	30.5%
	High School Completion	38	90.1%	89.9%
Social Support and Engagement	Adult Mentor*	5	94.4%	88.0%
	Adverse Childhood Experiences	48	22.5%	14.1%
	Foster Care Instability	37	24.3%	18.7%
	High-Speed Internet	30	96.6%	96.6%
	Neighborhood Amenities	47	19.1%	38.2%
	Reading, Singing or Storytelling*	36	58.0%	59.7%
Clinical Care		11	0.590	
Access to Care	ADD/ADHD Treatment	23	3.8%	3.4%
	Mental Health Treatment*	29	84.5%	83.3%
	Pediatricians	34	92.2	118.2
	Uninsured	7	2.8%	6.0%
Preventive Clinical Care	Childhood Immunizations	18	71.4%	68.0%
	HPV Vaccination	43	55.6%	62.9%
	Preventive Dental Visit	28	80.5%	80.2%
	Well-Child Visit	6	84.3%	79.6%
Quality of Care	Adequate Insurance	10	68.2%	64.6%
	Developmental Screening	7	47.9%	36.5%
	Medical Home	10	51.6%	45.5%
Behaviors		45	-0.838	
Nutrition and Physical Activity	Breastfed	49	19.6%	27.9%
	Physical Activity	6	24.3%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	41	178	12.6
Sleep Health	Adequate Sleep	42	61.4%	65.3%
	Sleep Position*	39	66.2%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	50	3.2%	1.9%
Health Outcomes		38	-0.319	
Behavioral Health	Alcohol Use	2	4.7%	6.8%
	Flourishing	35	65.0%	66.7%
	Illicit Drug Use	7	5.9%	7.4%
	Mental Health Conditions	48	26.8%	20.5%
	Teen Suicide*	14	10.1	9.7
Mortality	Child Mortality	29	30.3	28.7
	Infant Mortality	35	6.5	5.6
	Neonatal Mortality*	40	4.2	3.6
Physical Health	Asthma	31	7.1%	6.8%
	Congenital Syphilis*	35	106.3	105.8
	High Health Status*	44	88.2%	89.9%
	Low Birth Weight	46	10.0%	8.5%
	Low Birth Weight - Racial Disparity	8	1.7	2.1
	Neonatal Abstinence Syndrome*	45	25.3	5.1
	Overweight or Obesity	48	39.7%	31.3%
Overall - Children		45	-0.502	

WV Overall - Women and Children

46 -0.640

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.