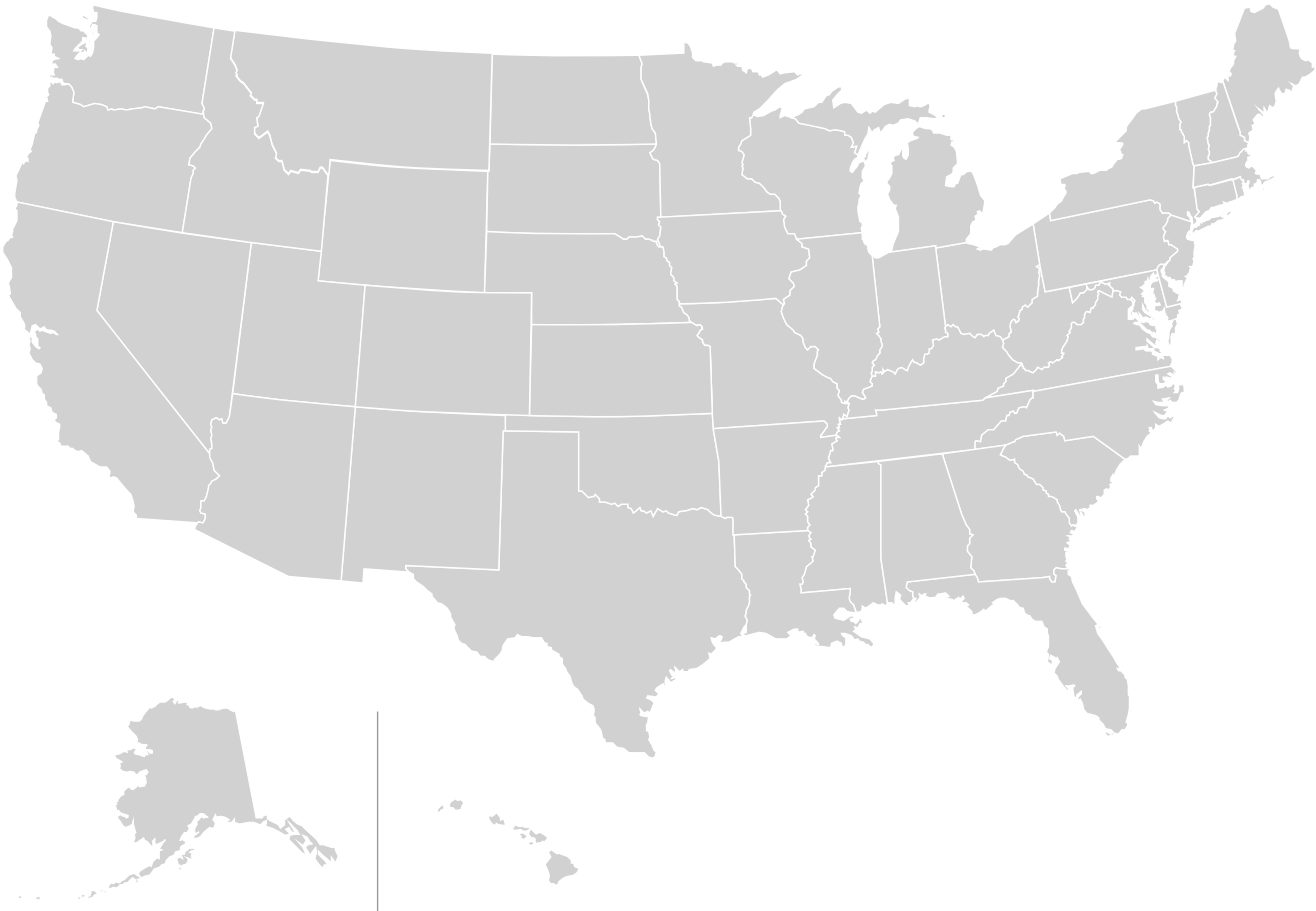


2026 Senior Report

State Summaries

Click below to jump to a State Summary



Health Department Website:

Summary

Key Findings

Internet Crime

55%▲

from 11.2 to 17.4 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Drug Deaths

38%▲

from 9.9 to 13.7 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Physical Inactivity

16%▼

from 31.7% to 26.5% of adults age 65 and older in fair or better health between 2023 and 2024.

Food Insecurity

6%▲

from 8.7% to 9.2% of adults age 60 and older between 2022 and 2023.

Home Health Care Workers

5%▲

from 62 to 65 aides per 1,000 adults age 65 and older between 2023 and 2024.

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		U.S. Value
Social and Economic Factors		
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	\$53
	Food Insecurity (% of adults age 60+)	9.2%
	Poverty (% of adults age 65+)	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	88.2%
	Low-Care Nursing Home Residents (% of residents)	9.0%
	Risk of Social Isolation (Index from 1-100)	-
	Volunteerism (% of adults age 65+)	26.3%
Physical Environment		
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8.8
	Drinking Water Violations (Average violations per community water system)	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	33.3%
Clinical Care		
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	76.8%
	Flu Vaccination (% of adults age 65+)	62.5%
	Pneumonia Vaccination (% of adults age 65+)	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	96.0%
	Hospice Care (% of Medicare decedents)	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	1,477
Behaviors		
Nutrition and Physical Activity	Exercise (% of adults age 65+)	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	8.3%
Health Outcomes		
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	13.7
	Excessive Drinking (% of adults age 65+)	7.6%
	Frequent Mental Distress (% of adults age 65+)	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	1,773
Physical Health	Falls (% of adults age 65+)	27.8%
	Frequent Physical Distress (% of adults age 65+)	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	53%
	Obesity (% of adults age 65+)	29.5%
	Teeth Extractions (% of adults age 65+)	11.4%
Demographics		
Population - Age 65+ (% of population)*		18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		24.1%
Functional Disability (% of adults age 65+)*		32.5%

* Additional measure that does not contribute to a state's Overall rank.
 - Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Physical Inactivity

28%▼

from 41.0% to 29.7% of adults age 65 and older in fair or better health between 2023 and 2024.

Food Insecurity

12%▼

from 9.2% to 8.1% of adults age 60 and older between 2022 and 2023.

Flu Vaccination

11%▼

from 67.0% to 59.5% of adults age 65 and older between 2021 and 2024.

Strengths

- Low prevalence of excessive drinking
- High level of community support expenditures

Challenges

- High prevalence of frequent physical distress
- High poverty rate

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		43	-0.522	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	11	12.1	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	39	17.3	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	5	\$133	\$53
	Food Insecurity (% of adults age 60+)	25	8.1%	9.2%
	Poverty (% of adults age 65+)	45	13.0%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	24	75.1	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	41	84.8%	88.2%
	Low-Care Nursing Home Residents (% of residents)	42	14.4%	9.0%
	Risk of Social Isolation (Index from 1-100)	45	78	–
	Volunteerism (% of adults age 65+)	46	20.1%	26.3%
Physical Environment		14	0.793	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	34	2.2	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	12	26.3%	33.3%
Clinical Care		41	-0.486	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	39	4.3%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	21	40.5	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	48	22	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	25	76.7%	76.8%
	Flu Vaccination (% of adults age 65+)	40	59.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	44	66.8%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	16	96.9%	96.0%
	Hospice Care (% of Medicare decedents)	20	48.6%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	33	32.2%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	49	2,054	1,477
Behaviors		45	-1.084	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	46	18.8%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	37	5.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	40	29.7%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	43	30.6%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	40	10.6%	8.3%
Health Outcomes		46	-0.958	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	5	8.0	13.7
	Excessive Drinking (% of adults age 65+)	2	4.3%	7.6%
	Frequent Mental Distress (% of adults age 65+)	26	8.7%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	30	19.8	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	45	2,355	1,773
Physical Health	Falls (% of adults age 65+)	46	33.7%	27.8%
	Frequent Physical Distress (% of adults age 65+)	47	22.1%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	50	65%	53%
	Obesity (% of adults age 65+)	34	32.8%	29.5%
	Teeth Extractions (% of adults age 65+)	45	17.3%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	18.5%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	45.6%	24.1%
Functional Disability (% of adults age 65+)*		–	37.4%	32.5%
Overall		44	-0.670	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths

116%▲

from 9.8 to 21.2 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Physical Inactivity

22%▼

from 29.7% to 23.3% of adults age 65 and older in fair or better health between 2022 and 2024.

Flu Vaccination

15%▼

from 61.1% to 52.0% of adults age 65 and older between 2022 and 2024.

Strengths

- High level of community support expenditures
- Low rate of motor vehicle deaths

Challenges

- High suicide rate
- High prevalence of cigarette smoking

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		3	0.824	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	48	30.5	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	5	8.5	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	3	\$144	\$53
	Food Insecurity (% of adults age 60+)	19	75%	9.2%
	Poverty (% of adults age 65+)	5	8.4%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	36	49.9	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	2	92.1%	88.2%
	Low-Care Nursing Home Residents (% of residents)	–	–	9.0%
	Risk of Social Isolation (Index from 1-100)	15	40	–
	Volunteerism (% of adults age 65+)	4	37.1%	26.3%
Physical Environment		6	1.093	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	41	2.6	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	7	25.6%	33.3%
Clinical Care		50	-1.119	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	45	5.2%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	42	25.6	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	13	57	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	47	69.0%	76.8%
	Flu Vaccination (% of adults age 65+)	49	52.0%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	48	63.9%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	48	90.7%	96.0%
	Hospice Care (% of Medicare decedents)	49	30.3%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	10	41.1%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	16	1,287	1,477
Behaviors		22	0.036	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	16	30.8%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	7	9.0%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	10	23.3%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	23	26.9%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	49	13.1%	8.3%
Health Outcomes		43	-0.734	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	46	21.2	13.7
	Excessive Drinking (% of adults age 65+)	49	11.1%	7.6%
	Frequent Mental Distress (% of adults age 65+)	44	10.5%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	47	29.1	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	28	1,798	1,773
Physical Health	Falls (% of adults age 65+)	42	32.3%	27.8%
	Frequent Physical Distress (% of adults age 65+)	46	21.4%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	3	39%	53%
	Obesity (% of adults age 65+)	26	30.8%	29.5%
	Teeth Extractions (% of adults age 65+)	22	10.8%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	14.8%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	38.7%	24.1%
Functional Disability (% of adults age 65+)*		–	37.1%	32.5%
Overall		31	-0.098	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths

52%▲

from 10.5 to 16.0 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Physical Inactivity

18%▼

from 29.7% to 24.3% of adults age 65 and older in fair or better health between 2022 and 2024.

Early Death

12%▼

from 1,947 to 1,714 deaths per 100,000 adults ages 65-74 between 2022 and 2024.

Strengths

- High hospice care use
- Low risk of social isolation

Challenges

- Low level of community support expenditures
- High suicide rate

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		33	-0.046	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	50	34.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	42	18.4	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	49	\$25	\$53
	Food Insecurity (% of adults age 60+)	42	10.5%	9.2%
	Poverty (% of adults age 65+)	27	10.5%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	30	62.5	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	11	90.4%	88.2%
	Low-Care Nursing Home Residents (% of residents)	21	8.8%	9.0%
	Risk of Social Isolation (Index from 1-100)	9	33	-
	Volunteerism (% of adults age 65+)	21	30.9%	26.3%
Physical Environment		33	0.300	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	40	8.7	8.8
	Drinking Water Violations (Average violations per community water system)	31	2.1	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	29	31.1%	33.3%
Clinical Care		22	0.150	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	22	31%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	35	30.8	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	22	46	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	34	75.1%	76.8%
	Flu Vaccination (% of adults age 65+)	39	59.6%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	15	72.0%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	43	93.7%	96.0%
	Hospice Care (% of Medicare decedents)	6	54.1%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	5	42.1%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	7	1,023	1,477
Behaviors		16	0.224	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	4	33.3%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	40	4.6%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	17	24.3%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	14	25.3%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	20	8.0%	8.3%
Health Outcomes		21	-0.050	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	36	16.0	13.7
	Excessive Drinking (% of adults age 65+)	42	8.6%	7.6%
	Frequent Mental Distress (% of adults age 65+)	26	8.7%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	44	26.7	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	21	1,714	1,773
Physical Health	Falls (% of adults age 65+)	8	26.1%	27.8%
	Frequent Physical Distress (% of adults age 65+)	21	17.0%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	21	51%	53%
	Obesity (% of adults age 65+)	12	28.6%	29.5%
	Teeth Extractions (% of adults age 65+)	21	10.5%	11.4%
Demographics				
Population - Age 65+ (% of population)*		-	19.6%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		-	13.8%	24.1%
Functional Disability (% of adults age 65+)*		-	31.7%	32.5%
Overall		25	0.064	

* Additional measure that does not contribute to a state's Overall rank.
 - Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Depression
31%▲

from 14.2% to 18.6% of adults age 65 and older between 2023 and 2024.

Home Health Care Workers
13%▲

from 31 to 35 aides per 1,000 adults age 65 and older between 2023 and 2024.

SNAP Reach
7%▼

from 36.9 to 34.5 participants per 100 adults age 60 and older in poverty between 2022 and 2023.

Strengths

- Low housing cost burden
- High prevalence of older adults with a dedicated health care provider

Challenges

- High prevalence of frequent physical distress
- High prevalence of food insecurity

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		49	-1.212	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	21	14.0	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	46	20.7	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	21	\$49	\$53
	Food Insecurity (% of adults age 60+)	49	13.2%	9.2%
	Poverty (% of adults age 65+)	41	12.2%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	48	34.5	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	40	84.9%	88.2%
	Low-Care Nursing Home Residents (% of residents)	45	16.4%	9.0%
	Risk of Social Isolation (Index from 1-100)	43	76	–
	Volunteerism (% of adults age 65+)	48	16.2%	26.3%
Physical Environment		43	-0.043	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	37	8.5	8.8
	Drinking Water Violations (Average violations per community water system)	49	5.1	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	4	24.7%	33.3%
Clinical Care		29	-0.044	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	39	4.3%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	7	52.2	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	33	35	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	42	73.6%	76.8%
	Flu Vaccination (% of adults age 65+)	31	62.0%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	31	70.2%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	4	97.9%	96.0%
	Hospice Care (% of Medicare decedents)	27	47.1%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	9	41.4%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	44	1,825	1,477
Behaviors		44	-1.046	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	40	24.7%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	19	7.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	47	35.2%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	38	29.3%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	46	12.5%	8.3%
Health Outcomes		49	-1.137	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	2	6.5	13.7
	Excessive Drinking (% of adults age 65+)	10	6.4%	7.6%
	Frequent Mental Distress (% of adults age 65+)	46	10.7%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	37	22.0	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	47	2,457	1,773
Physical Health	Falls (% of adults age 65+)	40	32.1%	27.8%
	Frequent Physical Distress (% of adults age 65+)	49	24.1%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	36	57%	53%
	Obesity (% of adults age 65+)	25	30.7%	29.5%
	Teeth Extractions (% of adults age 65+)	47	19.7%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	18.2%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	50.7%	24.1%
Functional Disability (% of adults age 65+)*		–	40.3%	32.5%
Overall		47	-0.868	

* Additional measure that does not contribute to a state's Overall rank.
– Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Internet Crime

52%▲

from 13.4 to 20.4 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Flu Vaccination

19%▲

from 54.9% to 65.5% of adults age 65 and older between 2018 and 2024.

Early Death

4%▼

from 1,520 to 1,462 deaths per 100,000 adults ages 65-74 between 2023 and 2024.

Strengths

- High number of home health care workers per 1,000 older adults
- Low prevalence of cigarette smoking

Challenges

- High housing cost burden
- Low prevalence of cancer screenings

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		26	0.001	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	42	20.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	9	10.2	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	35	\$35	\$53
	Food Insecurity (% of adults age 60+)	33	8.8%	9.2%
	Poverty (% of adults age 65+)	38	11.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	1	100.0	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	4	91.4%	88.2%
	Low-Care Nursing Home Residents (% of residents)	29	10.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	36	59	–
	Volunteerism (% of adults age 65+)	44	20.6%	26.3%
Physical Environment		50	-1.150	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	50	11.7	8.8
	Drinking Water Violations (Average violations per community water system)	37	2.3	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	50	42.4%	33.3%
Clinical Care		32	-0.121	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	34	4.0%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	37	30.2	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	2	134	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	45	72.4%	76.8%
	Flu Vaccination (% of adults age 65+)	15	65.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	42	67.4%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	44	93.5%	96.0%
	Hospice Care (% of Medicare decedents)	37	44.0%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	18	37.4%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	23	1,346	1,477
Behaviors		7	0.586	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	13	31.1%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	9	8.7%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	8	22.3%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	36	28.9%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	3	6.2%	8.3%
Health Outcomes		9	0.513	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	41	177	13.7
	Excessive Drinking (% of adults age 65+)	24	7.6%	7.6%
	Frequent Mental Distress (% of adults age 65+)	36	9.0%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	14	15.4	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	5	1,462	1,773
Physical Health	Falls (% of adults age 65+)	19	27.5%	27.8%
	Frequent Physical Distress (% of adults age 65+)	24	17.2%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	16	49%	53%
	Obesity (% of adults age 65+)	3	24.5%	29.5%
	Teeth Extractions (% of adults age 65+)	4	7.3%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	16.5%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	7.7%	24.1%
Functional Disability (% of adults age 65+)*		–	33.0%	32.5%
Overall		20	0.164	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Frequent Mental Distress

57%▲

from 5.3% to 8.3% of adults age 65 and older between 2015 and 2024.

Flu Vaccination

11%▼

from 75.0% to 67.1% of adults age 65 and older between 2022 and 2024.

SNAP Reach

11%▲

from 68.5 to 76.2 participants per 100 adults age 60 and older in poverty between 2017 and 2023.

Strengths

- Low prevalence of physical inactivity
- Low prevalence of obesity

Challenges

- High suicide rate
- High housing cost burden

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		12	0.426	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	45	23.7	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	23	13.6	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	29	\$43	\$53
	Food Insecurity (% of adults age 60+)	29	8.4%	9.2%
	Poverty (% of adults age 65+)	6	8.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	23	76.2	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	9	90.7%	88.2%
	Low-Care Nursing Home Residents (% of residents)	38	13.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	5	26	–
	Volunteerism (% of adults age 65+)	6	36.1%	26.3%
Physical Environment		27	0.493	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8	6.0	8.8
	Drinking Water Violations (Average violations per community water system)	34	2.2	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	41	36.6%	33.3%
Clinical Care		8	0.554	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	28	3.7%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	9	48.6	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	28	41	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	27	76.3%	76.8%
	Flu Vaccination (% of adults age 65+)	12	67.1%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	3	75.3%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	25	96.2%	96.0%
	Hospice Care (% of Medicare decedents)	18	49.0%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	14	38.7%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	1	766	1,477
Behaviors		2	1.116	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	1	36.7%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	19	7.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	1	17.8%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	5	22.1%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	15	7.4%	8.3%
Health Outcomes		7	0.517	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	35	15.9	13.7
	Excessive Drinking (% of adults age 65+)	26	7.7%	7.6%
	Frequent Mental Distress (% of adults age 65+)	17	8.3%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	42	24.6	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	6	1,474	1,773
Physical Health	Falls (% of adults age 65+)	28	29.4%	27.8%
	Frequent Physical Distress (% of adults age 65+)	13	15.9%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	5	41%	53%
	Obesity (% of adults age 65+)	2	22.0%	29.5%
	Teeth Extractions (% of adults age 65+)	12	9.0%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	16.4%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	19.7%	24.1%
	Functional Disability (% of adults age 65+)*	–	30.0%	32.5%
Overall		5	0.616	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Physical Inactivity

24%▼

from 29.9% to 22.7% of adults age 65 and older in fair or better health between 2023 and 2024.

Low-Care Nursing Home Residents

19%▼

from 13.0% to 10.5% of residents between 2021 and 2023.

Flu Vaccination

9%▼

from 76.6% to 69.5% of adults age 65 and older between 2022 and 2024.

Strengths

- Low early death rate
- High prevalence of cancer screenings

Challenges

- High housing cost burden
- Low level of community support expenditures

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		11	0.469	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	15	12.5	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	4	7.4	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	35	\$35	\$53
	Food Insecurity (% of adults age 60+)	27	8.3%	9.2%
	Poverty (% of adults age 65+)	12	9.3%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	1	100.0	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	15	89.5%	88.2%
	Low-Care Nursing Home Residents (% of residents)	29	10.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	25	47	–
	Volunteerism (% of adults age 65+)	15	32.5%	26.3%
Physical Environment		39	0.147	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	27	8.1	8.8
	Drinking Water Violations (Average violations per community water system)	6	1.4	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	47	39.1%	33.3%
Clinical Care		6	0.675	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	14	2.8%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	5	59.8	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	12	59	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	3	83.2%	76.8%
	Flu Vaccination (% of adults age 65+)	7	69.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	22	71.6%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	3	98.0%	96.0%
	Hospice Care (% of Medicare decedents)	36	44.6%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	29	33.8%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	21	1,335	1,477
Behaviors		12	0.400	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	9	31.6%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	5	10.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	9	22.7%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	42	30.5%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	26	8.6%	8.3%
Health Outcomes		11	0.467	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	40	17.2	13.7
	Excessive Drinking (% of adults age 65+)	32	8.1%	7.6%
	Frequent Mental Distress (% of adults age 65+)	23	8.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	6	11.7	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	2	1,398	1,773
Physical Health	Falls (% of adults age 65+)	11	26.7%	27.8%
	Frequent Physical Distress (% of adults age 65+)	18	16.7%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	23	53%	53%
	Obesity (% of adults age 65+)	15	29.1%	29.5%
	Teeth Extractions (% of adults age 65+)	3	71%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	19.4%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	16.2%	24.1%
Functional Disability (% of adults age 65+)*		–	28.8%	32.5%
Overall		8	0.480	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Internet Crime

58%▲

from 10.6 to 16.8 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Physical Inactivity

19%▼

from 35.3% to 28.5% of adults age 65 and older in fair or better health between 2019 and 2024.

Cancer Screenings

11%▲

from 74.2% to 82.2% of older adults receiving recommended screenings between 2022 and 2024.

Strengths

- Low risk of social isolation
- High hospice care use

Challenges

- High prevalence of obesity
- High prevalence of low-care nursing home residents

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		6	0.660	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	30	16.8	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	22	12.8	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	11	\$84	\$53
	Food Insecurity (% of adults age 60+)	9	5.6%	9.2%
	Poverty (% of adults age 65+)	20	9.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	20	79.4	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	7	91.0%	88.2%
	Low-Care Nursing Home Residents (% of residents)	32	11.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	4	24	–
	Volunteerism (% of adults age 65+)	8	35.7%	26.3%
Physical Environment		24	0.577	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	45	9.7	8.8
	Drinking Water Violations (Average violations per community water system)	2	1.0	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	24	29.3%	33.3%
Clinical Care		7	0.601	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	14	2.8%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	23	39.3	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	25	43	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	4	82.2%	76.8%
	Flu Vaccination (% of adults age 65+)	8	69.0%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	4	75.0%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	24	96.3%	96.0%
	Hospice Care (% of Medicare decedents)	7	54.0%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	21	37.0%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	31	1,542	1,477
Behaviors		29	-0.086	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	35	25.4%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	16	7.6%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	37	28.5%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	20	26.5%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	18	7.7%	8.3%
Health Outcomes		19	0.144	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	37	16.5	13.7
	Excessive Drinking (% of adults age 65+)	21	7.5%	7.6%
	Frequent Mental Distress (% of adults age 65+)	10	7.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	15	15.9	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	15	1,604	1,773
	Physical Health	Falls (% of adults age 65+)	9	26.4%
Frequent Physical Distress (% of adults age 65+)		15	16.0%	17.6%
Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)		49	62%	53%
Obesity (% of adults age 65+)		41	34.2%	29.5%
	Teeth Extractions (% of adults age 65+)	9	8.4%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	21.8%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	20.8%	24.1%
	Functional Disability (% of adults age 65+)*	–	30.4%	32.5%
Overall		13	0.366	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Cigarette Smoking

83%▲

from 6.5% to 11.9% of adults age 65 and older between 2022 and 2024.

Flu Vaccination

18%▲

from 59.8% to 70.5% of adults age 65 and older between 2017 and 2024.

Early Death

17%▼

from 2,401 to 1,999 deaths per 100,000 adults ages 65-74 between 2022 and 2024.

Strengths

- Low suicide rate
- Low prevalence of physical inactivity

Challenges

- High rate of motor vehicle deaths
- High prevalence of excessive drinking

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		D.C. Value	U.S. Value
Social and Economic Factors			
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	21.8	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	4.5	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	\$289	\$53
	Food Insecurity (% of adults age 60+)	12.8%	9.2%
	Poverty (% of adults age 65+)	18.2%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	100.0	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	84.1%	88.2%
	Low-Care Nursing Home Residents (% of residents)	–	9.0%
	Risk of Social Isolation (Index from 1-100)	–	–
	Volunteerism (% of adults age 65+)	35.4%	26.3%
Physical Environment			
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	9.4	8.8
	Drinking Water Violations (Average violations per community water system)	2.0	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	42.8%	33.3%
Clinical Care			
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	4.7%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	94.5	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	126	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	78.6%	76.8%
	Flu Vaccination (% of adults age 65+)	70.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	71.4%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	96.3%	96.0%
	Hospice Care (% of Medicare decedents)	27.2%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	18.4%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	2,121	1,477
Behaviors			
Nutrition and Physical Activity	Exercise (% of adults age 65+)	36.0%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	13.9%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	20.5%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	29.1%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	11.9%	8.3%
Health Outcomes			
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	86.5	13.7
	Excessive Drinking (% of adults age 65+)	10.4%	7.6%
	Frequent Mental Distress (% of adults age 65+)	8.8%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	75	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	1,999	1,773
Physical Health	Falls (% of adults age 65+)	24.5%	27.8%
	Frequent Physical Distress (% of adults age 65+)	16.1%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	46%	53%
	Obesity (% of adults age 65+)	24.6%	29.5%
	Teeth Extractions (% of adults age 65+)	8.7%	11.4%
Demographics			
Population - Age 65+ (% of population)*		13.0%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		0.0%	24.1%
Functional Disability (% of adults age 65+)*		33.5%	32.5%

* Additional measure that does not contribute to a state's Overall rank.
– Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

High-Speed Internet Access

13%▲

from 80.7% to 90.9% of households with adults age 65 and older between 2018 and 2024.

Housing Cost Burden

12%▲

from 33.4% to 37.4% of households with one or more adults age 65 and older between 2018 and 2024.

Nursing Home Quality

12%▲

from 37.3% to 41.9% of certified nursing home beds between Sept. 2024-Nov. 2024 and Sept. 2025-Nov. 2025.

Strengths

- Low prevalence of obesity
- High hospice care use

Challenges

- High prevalence of frequent mental distress
- High poverty rate

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		37	-0.112	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	34	178	174
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	28	15.3	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	24	\$45	\$53
	Food Insecurity (% of adults age 60+)	43	10.7%	9.2%
	Poverty (% of adults age 65+)	40	12.0%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	12	92.6	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	8	90.9%	88.2%
	Low-Care Nursing Home Residents (% of residents)	26	9.3%	9.0%
	Risk of Social Isolation (Index from 1-100)	23	46	–
	Volunteerism (% of adults age 65+)	39	22.6%	26.3%
Physical Environment		37	0.163	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	16	76	8.8
	Drinking Water Violations (Average violations per community water system)	29	2.0	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	43	37.4%	33.3%
Clinical Care		31	-0.103	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	37	4.1%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	17	44.2	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	50	17	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	17	77.9%	76.8%
	Flu Vaccination (% of adults age 65+)	44	55.7%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	46	66.6%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	13	97.2%	96.0%
	Hospice Care (% of Medicare decedents)	2	56.0%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	6	41.9%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	36	1,624	1,477
Behaviors		30	-0.092	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	19	30.3%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	–	–	73%
	Physical Inactivity (% of adults age 65+ in fair or better health)	38	28.7%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	29	27.9%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	16	76%	8.3%
Health Outcomes		23	-0.094	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	13	10.6	13.7
	Excessive Drinking (% of adults age 65+)	29	7.8%	7.6%
	Frequent Mental Distress (% of adults age 65+)	41	9.7%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	32	21.2	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	16	1,629	1,773
Physical Health	Falls (% of adults age 65+)	5	25.5%	27.8%
	Frequent Physical Distress (% of adults age 65+)	34	18.5%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	44	59%	53%
	Obesity (% of adults age 65+)	8	27.0%	29.5%
	Teeth Extractions (% of adults age 65+)	29	11.9%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	21.8%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	9.4%	24.1%
Functional Disability (% of adults age 65+)*		–	31.1%	32.5%
Overall		30	-0.088	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths

31%▲

from 7.4 to 9.7 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Motor Vehicle Deaths

19%▼

from 18.9 to 15.3 deaths per 100,000 adults age 65 and older between 2021 and 2023.

Flu Vaccination

12%▼

from 66.9% to 58.9% of adults age 65 and older between 2022 and 2024.

Strengths

- Low prevalence of cigarette smoking
- High prevalence of older adults with a dedicated health care provider

Challenges

- Low level of community support expenditures
- Low number of home health care workers per 1,000 older adults

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		41	-0.410	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	23	14.9	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	28	15.3	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	49	\$25	\$53
	Food Insecurity (% of adults age 60+)	41	10.4%	9.2%
	Poverty (% of adults age 65+)	42	12.3%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	18	81.7	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	21	88.3%	88.2%
	Low-Care Nursing Home Residents (% of residents)	23	9.1%	9.0%
	Risk of Social Isolation (Index from 1-100)	35	58	–
	Volunteerism (% of adults age 65+)	45	20.4%	26.3%
Physical Environment		40	0.083	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	42	9.2	8.8
	Drinking Water Violations (Average violations per community water system)	37	2.3	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	32	31.7%	33.3%
Clinical Care		37	-0.332	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	43	4.9%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	27	36.5	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	46	26	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	19	77.5%	76.8%
	Flu Vaccination (% of adults age 65+)	41	58.9%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	18	71.9%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	14	97.0%	96.0%
	Hospice Care (% of Medicare decedents)	19	48.7%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	42	27.3%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	37	1,637	1,477
Behaviors		21	0.054	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	30	27.5%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	15	7.7%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	27	26.6%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	34	28.5%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	12	72%	8.3%
Health Outcomes		36	-0.304	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	10	9.7	13.7
	Excessive Drinking (% of adults age 65+)	16	72%	76%
	Frequent Mental Distress (% of adults age 65+)	39	9.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	20	171	176
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	38	1,992	1,773
Physical Health	Falls (% of adults age 65+)	6	25.7%	27.8%
	Frequent Physical Distress (% of adults age 65+)	41	19.9%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	32	56%	53%
	Obesity (% of adults age 65+)	22	30.4%	29.5%
	Teeth Extractions (% of adults age 65+)	37	13.8%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	15.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	33.0%	24.1%
Functional Disability (% of adults age 65+)*		–	33.0%	32.5%
Overall		39	-0.250	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Motor Vehicle Deaths

34%▼

from 9.5 to 6.3 deaths per 100,000 adults age 65 and older between 2022 and 2023.

SNAP Reach

20%▼

from 100.0 to 80.3 participants per 100 adults age 60 and older in poverty between 2019 and 2023.

Home Health Care Workers

13%▼

from 23 to 20 aides per 1,000 adults age 65 and older between 2023 and 2024.

Strengths

- Low prevalence of obesity
- Low prevalence of full-mouth teeth extractions

Challenges

- Low pneumonia vaccination rate
- Low prevalence of older adults with a dedicated health care provider

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		8	0.620	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	28	16.2	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	2	6.3	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	23	\$46	\$53
	Food Insecurity (% of adults age 60+)	13	6.6%	9.2%
	Poverty (% of adults age 65+)	12	9.3%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	19	80.3	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	13	89.9%	88.2%
	Low-Care Nursing Home Residents (% of residents)	1	2.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	18	41	–
	Volunteerism (% of adults age 65+)	32	25.2%	26.3%
Physical Environment		2	1.470	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	2	4.7	8.8
	Drinking Water Violations (Average violations per community water system)	1	0.0	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	30	31.2%	33.3%
Clinical Care		34	-0.180	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	31	3.8%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	13	46.7	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	49	20	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	41	74.2%	76.8%
	Flu Vaccination (% of adults age 65+)	28	62.7%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	49	63.2%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	33	95.8%	96.0%
	Hospice Care (% of Medicare decedents)	39	43.8%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	13	38.9%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	3	813	1,477
Behaviors		35	-0.188	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	24	29.4%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	28	6.4%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	12	23.5%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	50	42.8%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	10	7.0%	8.3%
Health Outcomes		1	0.795	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	32	14.9	13.7
	Excessive Drinking (% of adults age 65+)	47	9.3%	7.6%
	Frequent Mental Distress (% of adults age 65+)	22	8.5%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	8	13.3	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	7	1,477	1,773
Physical Health	Falls (% of adults age 65+)	2	23.8%	27.8%
	Frequent Physical Distress (% of adults age 65+)	11	15.6%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	14	48%	53%
	Obesity (% of adults age 65+)	1	19.5%	29.5%
	Teeth Extractions (% of adults age 65+)	1	5.4%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	21.5%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	15.4%	24.1%
Functional Disability (% of adults age 65+)*		–	32.3%	32.5%
Overall		10	0.385	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Depression
48%▲

from 10.3% to 15.2% of adults age 65 and older between 2016 and 2024.

Physical Inactivity

24%▼

from 30.9% to 23.6% of adults age 65 and older in fair or better health between 2019 and 2024.

Home Health Care Workers

13%▼

from 55 to 48 aides per 1,000 adults age 65 and older between 2022 and 2024.

Strengths

- Low risk of social isolation
- Low prevalence of avoiding care due to cost

Challenges

- Low number of geriatric clinicians per 100,000 older adults
- Low SNAP participation among older adults in poverty

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		17	0.218	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	29	16.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	34	15.8	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	44	\$28	\$53
	Food Insecurity (% of adults age 60+)	23	7.8%	9.2%
	Poverty (% of adults age 65+)	6	8.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	44	40.6	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	16	89.1%	88.2%
	Low-Care Nursing Home Residents (% of residents)	24	9.2%	9.0%
	Risk of Social Isolation (Index from 1-100)	2	20	–
	Volunteerism (% of adults age 65+)	16	32.3%	26.3%
Physical Environment		21	0.663	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	16	76	8.8
	Drinking Water Violations (Average violations per community water system)	41	2.6	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	14	26.6%	33.3%
Clinical Care		33	-0.123	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	17	2.9%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	48	21.4	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	19	48	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	36	74.8%	76.8%
	Flu Vaccination (% of adults age 65+)	44	55.7%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	43	67.1%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	45	93.4%	96.0%
	Hospice Care (% of Medicare decedents)	11	51.8%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	4	42.7%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	2	808	1,477
Behaviors		32	-0.176	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	41	24.5%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	41	4.5%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	13	23.6%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	16	25.5%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	23	8.3%	8.3%
Health Outcomes		33	-0.247	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	15	11.2	13.7
	Excessive Drinking (% of adults age 65+)	19	7.3%	7.6%
	Frequent Mental Distress (% of adults age 65+)	38	9.1%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	45	28.3	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	14	1,580	1,773
Physical Health	Falls (% of adults age 65+)	37	31.0%	27.8%
	Frequent Physical Distress (% of adults age 65+)	39	18.8%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	7	43%	53%
	Obesity (% of adults age 65+)	32	32.0%	29.5%
	Teeth Extractions (% of adults age 65+)	32	12.7%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	17.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	37.8%	24.1%
Functional Disability (% of adults age 65+)*		–	33.3%	32.5%
Overall		28	-0.023	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Physical Inactivity

25%▼

from 36.0% to 27.0% of adults age 65 and older in fair or better health between 2021 and 2024.

Early Death

12%▼

from 1,975 to 1,739 deaths per 100,000 adults ages 65-74 between 2022 and 2024.

Flu Vaccination

9%▼

from 68.2% to 61.9% of adults age 65 and older between 2023 and 2024.

Strengths

- Low suicide rate
- Low prevalence of frequent mental distress

Challenges

- Low prevalence of older adults with a dedicated health care provider
- High prevalence of excessive drinking

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		23	0.106	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	38	19.8	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	15	11.9	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	16	\$59	\$53
	Food Insecurity (% of adults age 60+)	37	9.9%	9.2%
	Poverty (% of adults age 65+)	34	11.1%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	1	100.0	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	26	87.4%	88.2%
	Low-Care Nursing Home Residents (% of residents)	22	8.9%	9.0%
	Risk of Social Isolation (Index from 1-100)	38	62	–
	Volunteerism (% of adults age 65+)	10	33.6%	26.3%
Physical Environment		45	-0.093	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	47	10.3	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	36	32.9%	33.3%
Clinical Care		42	-0.526	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	33	3.9%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	30	34.0	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	15	53	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	37	74.5%	76.8%
	Flu Vaccination (% of adults age 65+)	32	61.9%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	36	69.7%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	41	94.3%	96.0%
	Hospice Care (% of Medicare decedents)	28	46.6%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	48	22.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	41	1,766	1,477
Behaviors		33	-0.182	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	11	31.3%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	42	4.4%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	29	27.0%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	30	28.0%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	24	8.4%	8.3%
Health Outcomes		20	0.027	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	28	14.0	13.7
	Excessive Drinking (% of adults age 65+)	44	9.0%	7.6%
	Frequent Mental Distress (% of adults age 65+)	14	7.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	7	13.0	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	25	1,739	1,773
Physical Health	Falls (% of adults age 65+)	23	28.2%	27.8%
	Frequent Physical Distress (% of adults age 65+)	20	16.9%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	23	53%	53%
	Obesity (% of adults age 65+)	35	32.9%	29.5%
	Teeth Extractions (% of adults age 65+)	15	9.6%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	17.9%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	16.4%	24.1%
Functional Disability (% of adults age 65+)*		–	31.0%	32.5%
Overall		33	-0.108	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Internet Crime

315%▲

from 7.8 to 32.4 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Early Death

10%▼

from 2,338 to 2,102 deaths per 100,000 adults ages 65-74 between 2022 and 2024.

Flu Vaccination

8%▼

from 67.7% to 62.5% of adults age 65 and older between 2022 and 2024.

Strengths

- Low prevalence of low-care nursing home residents
- Low prevalence of excessive drinking

Challenges

- High prevalence of obesity
- Low SNAP participation among older adults in poverty

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		29	-0.019	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	49	32.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	31	15.4	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	31	\$39	\$53
	Food Insecurity (% of adults age 60+)	31	8.5%	9.2%
	Poverty (% of adults age 65+)	17	9.7%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	47	35.5	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	34	86.0%	88.2%
	Low-Care Nursing Home Residents (% of residents)	4	3.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	27	49	–
	Volunteerism (% of adults age 65+)	23	30.7%	26.3%
Physical Environment		29	0.417	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	44	9.5	8.8
	Drinking Water Violations (Average violations per community water system)	29	2.0	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	15	27.2%	33.3%
Clinical Care		20	0.198	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	22	31%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	12	471	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	24	45	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	27	76.3%	76.8%
	Flu Vaccination (% of adults age 65+)	29	62.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	22	71.6%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	7	97.7%	96.0%
	Hospice Care (% of Medicare decedents)	16	49.5%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	19	37.3%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	38	1,695	1,477
Behaviors		36	-0.324	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	28	28.1%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	13	8.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	42	30.4%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	28	27.6%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	38	10.3%	8.3%
Health Outcomes		39	-0.456	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	16	11.5	13.7
	Excessive Drinking (% of adults age 65+)	7	6.2%	7.6%
	Frequent Mental Distress (% of adults age 65+)	31	8.8%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	29	19.2	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	42	2,102	1,773
Physical Health	Falls (% of adults age 65+)	17	27.3%	27.8%
	Frequent Physical Distress (% of adults age 65+)	37	18.7%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	32	56%	53%
	Obesity (% of adults age 65+)	49	35.7%	29.5%
	Teeth Extractions (% of adults age 65+)	41	15.5%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	17.5%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	33.1%	24.1%
Functional Disability (% of adults age 65+)*		–	32.6%	32.5%
Overall		35	-0.124	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Food Insecurity

18%▲

from 5.7% to 6.7% of adults age 60 and older between 2022 and 2023.

Early Death

6%▼

from 1,979 to 1,861 deaths per 100,000 adults ages 65-74 between 2022 and 2024.

Pneumonia Vaccination

6%▼

from 76.3% to 72.0% of adults age 65 and older between 2018 and 2024.

Strengths

- Low prevalence of avoiding care due to cost
- Low risk of social isolation

Challenges

- High prevalence of obesity
- Low number of geriatric clinicians per 100,000 older adults

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		25	0.057	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	3	9.8	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	26	14.2	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	24	\$45	\$53
	Food Insecurity (% of adults age 60+)	14	6.7%	9.2%
	Poverty (% of adults age 65+)	4	8.3%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	39	476	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	39	85.0%	88.2%
	Low-Care Nursing Home Residents (% of residents)	44	15.2%	9.0%
	Risk of Social Isolation (Index from 1-100)	6	32	–
	Volunteerism (% of adults age 65+)	20	31.1%	26.3%
Physical Environment		8	0.960	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	5	25.1%	33.3%
Clinical Care		21	0.185	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	4	2.2%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	44	25.0	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	31	39	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	29	75.7%	76.8%
	Flu Vaccination (% of adults age 65+)	16	64.9%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	15	72.0%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	42	93.8%	96.0%
	Hospice Care (% of Medicare decedents)	5	54.2%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	17	37.5%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	10	1,154	1,477
Behaviors		33	-0.182	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	39	24.9%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	31	5.9%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	32	27.8%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	6	22.5%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	32	9.2%	8.3%
Health Outcomes		22	-0.077	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	2	6.5	13.7
	Excessive Drinking (% of adults age 65+)	39	8.5%	7.6%
	Frequent Mental Distress (% of adults age 65+)	6	7.4%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	17	16.7	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	32	1,861	1,773
Physical Health	Falls (% of adults age 65+)	30	29.6%	27.8%
	Frequent Physical Distress (% of adults age 65+)	16	16.3%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	21	51%	53%
	Obesity (% of adults age 65+)	44	34.8%	29.5%
	Teeth Extractions (% of adults age 65+)	18	10.1%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	18.9%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	42.9%	24.1%
	Functional Disability (% of adults age 65+)*	–	29.4%	32.5%
Overall		26	0.046	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Internet Crime

94%▲

from 8.2 to 15.9 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Early Death

11%▼

from 2,201 to 1,960 deaths per 100,000 adults ages 65-74 between 2022 and 2024.

Flu Vaccination

10%▼

from 70.0% to 63.3% of adults age 65 and older between 2022 and 2024.

Strengths

- Low poverty rate
- High pneumonia vaccination rate

Challenges

- High prevalence of low-care nursing home residents
- Low SNAP participation among older adults in poverty

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		36	-0.088	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	27	15.9	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	37	16.5	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	24	\$45	\$53
	Food Insecurity (% of adults age 60+)	19	75%	9.2%
	Poverty (% of adults age 65+)	8	9.0%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	45	38.1	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	27	87.2%	88.2%
	Low-Care Nursing Home Residents (% of residents)	46	178%	9.0%
	Risk of Social Isolation (Index from 1-100)	18	41	–
	Volunteerism (% of adults age 65+)	9	35.1%	26.3%
Physical Environment		28	0.477	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	40	8.7	8.8
	Drinking Water Violations (Average violations per community water system)	31	2.1	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	19	28.4%	33.3%
Clinical Care		26	0.020	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	26	3.5%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	39	28.4	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	21	47	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	40	74.3%	76.8%
	Flu Vaccination (% of adults age 65+)	25	63.3%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	8	74.0%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	37	94.8%	96.0%
	Hospice Care (% of Medicare decedents)	11	51.8%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	31	33.3%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	17	1,290	1,477
Behaviors		39	-0.476	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	38	25.1%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	34	5.7%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	36	28.2%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	11	23.9%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	41	11.2%	8.3%
Health Outcomes		38	-0.328	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	19	12.4	13.7
	Excessive Drinking (% of adults age 65+)	16	7.2%	7.6%
	Frequent Mental Distress (% of adults age 65+)	20	8.4%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	24	175	176
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	37	1,960	1,773
Physical Health	Falls (% of adults age 65+)	43	32.9%	27.8%
	Frequent Physical Distress (% of adults age 65+)	17	16.6%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	23	53%	53%
	Obesity (% of adults age 65+)	39	33.6%	29.5%
	Teeth Extractions (% of adults age 65+)	33	12.8%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	17.8%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	34.5%	24.1%
	Functional Disability (% of adults age 65+)*	–	32.3%	32.5%
Overall		37	-0.176	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Food Insecurity

56%▲

from 7.7% to 12.0% of adults age 60 and older between 2022 and 2023.

Motor Vehicle Deaths

11%▲

from 20.9 to 23.1 deaths per 100,000 adults age 65 and older between 2022 and 2023.

Flu Vaccination

9%▲

from 59.4% to 64.9% of adults age 65 and older between 2016 and 2024.

Strengths

- Low housing cost burden
- Low prevalence of excessive drinking

Challenges

- High early death rate
- High prevalence of cigarette smoking

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		47	-1.009	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	10	11.9	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	48	23.1	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	27	\$44	\$53
	Food Insecurity (% of adults age 60+)	46	12.0%	9.2%
	Poverty (% of adults age 65+)	45	13.0%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	35	51.2	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	47	83.1%	88.2%
	Low-Care Nursing Home Residents (% of residents)	11	5.7%	9.0%
	Risk of Social Isolation (Index from 1-100)	47	84	–
	Volunteerism (% of adults age 65+)	36	23.1%	26.3%
Physical Environment		18	0.697	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	27	8.1	8.8
	Drinking Water Violations (Average violations per community water system)	37	2.3	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	9	25.9%	33.3%
Clinical Care		38	-0.427	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	41	4.7%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	34	31.1	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	36	33	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	31	75.6%	76.8%
	Flu Vaccination (% of adults age 65+)	16	64.9%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	26	71.1%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	14	97.0%	96.0%
	Hospice Care (% of Medicare decedents)	44	41.4%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	36	31.0%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	47	1,908	1,477
Behaviors		49	-1.374	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	–	–	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	11	8.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	48	35.4%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	49	33.9%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	45	12.1%	8.3%
Health Outcomes		50	-1.197	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	25	13.6	13.7
	Excessive Drinking (% of adults age 65+)	10	6.4%	7.6%
	Frequent Mental Distress (% of adults age 65+)	45	10.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	36	21.9	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	46	2,421	1,773
Physical Health	Falls (% of adults age 65+)	–	–	27.8%
	Frequent Physical Distress (% of adults age 65+)	48	23.6%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	44	59%	53%
	Obesity (% of adults age 65+)	38	33.3%	29.5%
	Teeth Extractions (% of adults age 65+)	49	21.4%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	18.0%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	45.3%	24.1%
Functional Disability (% of adults age 65+)*		–	38.8%	32.5%
Overall		48	-0.927	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths
47%▲

from 10.3 to 15.1 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

SNAP Reach
40%▲

from 55.4 to 77.5 participants per 100 adults age 60 and older in poverty between 2019 and 2023.

Flu Vaccination
17%▼

from 64.4% to 53.7% of adults age 65 and older between 2020 and 2024.

Strengths

- Low suicide rate
- High level of community support expenditures

Challenges

- High prevalence of frequent mental distress
- High poverty rate

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		48	-1.022	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	13	12.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	38	171	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	13	\$69	\$53
	Food Insecurity (% of adults age 60+)	48	13.0%	9.2%
	Poverty (% of adults age 65+)	50	14.9%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	22	77.5	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	46	83.4%	88.2%
	Low-Care Nursing Home Residents (% of residents)	24	9.2%	9.0%
	Risk of Social Isolation (Index from 1-100)	49	97	–
	Volunteerism (% of adults age 65+)	43	20.7%	26.3%
Physical Environment		45	-0.093	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	47	4.0	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	18	28.2%	33.3%
Clinical Care		49	-1.013	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	48	6.0%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	46	22.1	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	16	52	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	33	75.3%	76.8%
	Flu Vaccination (% of adults age 65+)	47	53.7%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	44	66.8%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	30	96.0%	96.0%
	Hospice Care (% of Medicare decedents)	23	48.2%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	50	18.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	48	1,943	1,477
Behaviors		47	-1.218	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	42	22.7%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	44	4.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	42	30.4%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	46	32.0%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	43	11.3%	8.3%
Health Outcomes		48	-1.084	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	33	15.1	13.7
	Excessive Drinking (% of adults age 65+)	37	8.4%	7.6%
	Frequent Mental Distress (% of adults age 65+)	48	11.5%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	18	16.8	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	43	2,280	1,773
Physical Health	Falls (% of adults age 65+)	31	30.0%	27.8%
	Frequent Physical Distress (% of adults age 65+)	45	21.0%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	46	60%	53%
	Obesity (% of adults age 65+)	35	32.9%	29.5%
	Teeth Extractions (% of adults age 65+)	44	16.7%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	17.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	30.5%	24.1%
Functional Disability (% of adults age 65+)*		–	37.0%	32.5%
Overall		50	-1.029	

* Additional measure that does not contribute to a state's Overall rank.
– Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths

78%▲

from 6.7 to 11.9 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Flu Vaccination

44%▲

from 48.5% to 69.9% of adults age 65 and older between 2018 and 2024.

SNAP Reach

13%▲

from 87.0 to 98.7 participants per 100 adults age 60 and older in poverty between 2022 and 2023.

Strengths

- Low rate of motor vehicle deaths
- Low prevalence of food insecurity

Challenges

- High prevalence of frequent mental distress
- High prevalence of excessive drinking

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		7	0.640	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	18	13.9	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	6	9.0	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	34	\$36	\$53
	Food Insecurity (% of adults age 60+)	5	4.9%	9.2%
	Poverty (% of adults age 65+)	15	9.5%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	9	98.7	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	20	88.4%	88.2%
	Low-Care Nursing Home Residents (% of residents)	2	2.7%	9.0%
	Risk of Social Isolation (Index from 1-100)	10	34	–
	Volunteerism (% of adults age 65+)	34	24.2%	26.3%
Physical Environment		4	1.143	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	20	28.5%	33.3%
Clinical Care		3	0.950	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	3	2.0%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	14	46.6	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	14	55	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	7	80.9%	76.8%
	Flu Vaccination (% of adults age 65+)	6	69.9%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	6	74.4%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	9	97.4%	96.0%
	Hospice Care (% of Medicare decedents)	14	50.6%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	2	44.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	11	1,194	1,477
Behaviors		25	0.018	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	20	30.2%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	29	6.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	22	25.5%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	24	27.0%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	28	8.8%	8.3%
Health Outcomes		34	-0.291	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	17	11.9	13.7
	Excessive Drinking (% of adults age 65+)	33	8.2%	7.6%
	Frequent Mental Distress (% of adults age 65+)	42	9.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	31	21.0	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	24	1,738	1,773
Physical Health	Falls (% of adults age 65+)	38	31.3%	27.8%
	Frequent Physical Distress (% of adults age 65+)	29	17.9%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	9	44%	53%
	Obesity (% of adults age 65+)	22	30.4%	29.5%
	Teeth Extractions (% of adults age 65+)	35	13.6%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	23.5%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	63.5%	24.1%
Functional Disability (% of adults age 65+)*		–	30.8%	32.5%
Overall		12	0.370	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Internet Crime

60%▲

from 13.4 to 21.4 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Home Health Care Workers

46%▲

from 24 to 35 aides per 1,000 adults age 65 and older between 2022 and 2024.

Poverty

37%▲

from 7.3% to 10.0% of adults age 65 and older between 2018 and 2024.

Strengths

- Low prevalence of frequent physical distress
- Low suicide rate

Challenges

- Low level of community support expenditures
- Low hospice care use

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		10	0.474	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	44	21.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	10	10.3	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	39	\$32	\$53
	Food Insecurity (% of adults age 60+)	16	6.9%	9.2%
	Poverty (% of adults age 65+)	24	10.0%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	17	82.7	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	14	89.8%	88.2%
	Low-Care Nursing Home Residents (% of residents)	5	3.9%	9.0%
	Risk of Social Isolation (Index from 1-100)	27	49	–
	Volunteerism (% of adults age 65+)	14	32.8%	26.3%
Physical Environment		26	0.517	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	14	7.4	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	38	33.7%	33.3%
Clinical Care		10	0.442	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	24	3.2%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	6	53.9	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	33	35	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	13	78.3%	76.8%
	Flu Vaccination (% of adults age 65+)	4	70.8%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	6	74.4%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	1	98.1%	96.0%
	Hospice Care (% of Medicare decedents)	35	44.9%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	28	33.9%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	33	1,571	1,477
Behaviors		13	0.370	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	16	30.8%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	14	7.8%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	10	23.3%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	37	29.0%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	8	6.9%	8.3%
Health Outcomes		5	0.560	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	45	20.2	13.7
	Excessive Drinking (% of adults age 65+)	8	6.3%	7.6%
	Frequent Mental Distress (% of adults age 65+)	23	8.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	5	11.4	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	22	1,715	1,773
Physical Health	Falls (% of adults age 65+)	4	25.0%	27.8%
	Frequent Physical Distress (% of adults age 65+)	1	13.4%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	36	57%	53%
	Obesity (% of adults age 65+)	19	29.7%	29.5%
	Teeth Extractions (% of adults age 65+)	9	8.4%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	17.6%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	17.1%	24.1%
Functional Disability (% of adults age 65+)*		–	29.4%	32.5%
Overall		9	0.470	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Motor Vehicle Deaths

38%▼

from 9.4 to 5.8 deaths per 100,000 adults age 65 and older between 2022 and 2023.

Flu Vaccination

33%▲

from 54.5% to 72.5% of adults age 65 and older between 2018 and 2024.

Food Insecurity

10%▲

from 7.1% to 7.8% of adults age 60 and older between 2022 and 2023.

Strengths

- Low early death rate
- High level of community support expenditures

Challenges

- High poverty rate
- Low hospice care use

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		9	0.561	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	33	178	174
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	1	5.8	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	1	\$222	\$53
	Food Insecurity (% of adults age 60+)	23	7.8%	9.2%
	Poverty (% of adults age 65+)	30	10.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	1	100.0	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	17	89.0%	88.2%
	Low-Care Nursing Home Residents (% of residents)	20	8.4%	9.0%
	Risk of Social Isolation (Index from 1-100)	34	57	–
	Volunteerism (% of adults age 65+)	30	27.7%	26.3%
Physical Environment		35	0.213	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	46	38.9%	33.3%
Clinical Care		5	0.715	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	28	3.7%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	2	674	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	6	81	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	2	83.3%	76.8%
	Flu Vaccination (% of adults age 65+)	2	72.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	11	73.3%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	11	97.3%	96.0%
	Hospice Care (% of Medicare decedents)	30	46.1%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	26	34.3%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	42	1,772	1,477
Behaviors		10	0.574	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	7	31.7%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	21	7.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	4	20.1%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	32	28.3%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	6	6.6%	8.3%
Health Outcomes		4	0.686	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	23	13.1	13.7
	Excessive Drinking (% of adults age 65+)	26	7.7%	7.6%
	Frequent Mental Distress (% of adults age 65+)	10	7.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	3	10.2	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	3	1,413	1,773
Physical Health	Falls (% of adults age 65+)	24	28.4%	27.8%
	Frequent Physical Distress (% of adults age 65+)	10	15.2%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	23	53%	53%
	Obesity (% of adults age 65+)	5	24.9%	29.5%
	Teeth Extractions (% of adults age 65+)	11	8.8%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	18.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	10.4%	24.1%
Functional Disability (% of adults age 65+)*		–	29.1%	32.5%
Overall		6	0.608	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

SNAP Reach

23%▲

from 70.9 to 86.9 participants per 100 adults age 60 and older in poverty between 2018 and 2023.

Flu Vaccination

16%▼

from 74.6% to 62.9% of adults age 65 and older between 2022 and 2024.

Low-Care Nursing Home Residents

15%▲

from 10.4% to 12.0% of residents between 2021 and 2023.

Strengths

- Low suicide rate
- High prevalence of cancer screenings

Challenges

- High early death rate
- High prevalence of excessive drinking

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		27	-0.008	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	9	11.8	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	25	13.8	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	31	\$39	\$53
	Food Insecurity (% of adults age 60+)	29	8.4%	9.2%
	Poverty (% of adults age 65+)	30	10.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	15	86.9	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	22	87.8%	88.2%
	Low-Care Nursing Home Residents (% of residents)	35	12.0%	9.0%
	Risk of Social Isolation (Index from 1-100)	30	52	-
	Volunteerism (% of adults age 65+)	25	30.1%	26.3%
Physical Environment		32	0.317	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	48	10.4	8.8
	Drinking Water Violations (Average violations per community water system)	6	1.4	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	22	28.9%	33.3%
Clinical Care		24	0.106	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	34	4.0%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	15	44.5	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	27	42	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	8	80.8%	76.8%
	Flu Vaccination (% of adults age 65+)	27	62.9%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	27	70.9%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	16	96.9%	96.0%
	Hospice Care (% of Medicare decedents)	15	49.7%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	20	37.1%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	46	1,845	1,477
Behaviors		23	0.034	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	15	31.0%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	9	8.7%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	34	28.1%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	17	25.6%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	39	10.5%	8.3%
Health Outcomes		29	-0.192	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	30	14.2	13.7
	Excessive Drinking (% of adults age 65+)	39	8.5%	7.6%
	Frequent Mental Distress (% of adults age 65+)	33	8.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	13	15.3	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	34	1,865	1,773
Physical Health	Falls (% of adults age 65+)	11	26.7%	27.8%
	Frequent Physical Distress (% of adults age 65+)	27	17.6%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	29	55%	53%
	Obesity (% of adults age 65+)	37	33.1%	29.5%
	Teeth Extractions (% of adults age 65+)	28	11.7%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	-	19.6%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	-	31.0%	24.1%
	Functional Disability (% of adults age 65+)*	-	31.3%	32.5%
Overall		27	-0.007	

* Additional measure that does not contribute to a state's Overall rank.
 - Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths
36%▲

from 6.4 to 8.7 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Depression
26%▲

from 13.2% to 16.6% of adults age 65 and older between 2021 and 2024.

Cancer Screenings
5%▲

from 78.1% to 82.2% of older adults receiving recommended screenings between 2022 and 2024.

Strengths

- Low early death rate
- High number of geriatric clinicians per 100,000 older adults

Challenges

- High prevalence of excessive drinking
- High prevalence of obesity

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		15	0.355	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	17	12.8	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	8	10.1	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	48	\$27	\$53
	Food Insecurity (% of adults age 60+)	6	5.0%	9.2%
	Poverty (% of adults age 65+)	10	9.1%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	33	56.6	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	27	87.2%	88.2%
	Low-Care Nursing Home Residents (% of residents)	38	13.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	6	32	–
	Volunteerism (% of adults age 65+)	4	37.1%	26.3%
Physical Environment		34	0.217	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	40	2.4	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	34	31.8%	33.3%
Clinical Care		1	1.138	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	5	2.3%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	3	66.3	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	3	114	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	4	82.2%	76.8%
	Flu Vaccination (% of adults age 65+)	10	67.7%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	14	72.4%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	25	96.2%	96.0%
	Hospice Care (% of Medicare decedents)	10	52.1%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	3	43.5%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	14	1,241	1,477
Behaviors		5	0.788	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	18	30.5%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	22	7.0%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	5	20.7%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	3	20.8%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	11	7.1%	8.3%
Health Outcomes		8	0.514	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	7	8.7	13.7
	Excessive Drinking (% of adults age 65+)	31	7.9%	7.6%
	Frequent Mental Distress (% of adults age 65+)	3	7.0%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	12	14.8	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	8	1,492	1,773
Physical Health	Falls (% of adults age 65+)	33	30.3%	27.8%
	Frequent Physical Distress (% of adults age 65+)	6	14.7%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	11	45%	53%
	Obesity (% of adults age 65+)	30	31.4%	29.5%
	Teeth Extractions (% of adults age 65+)	6	7.8%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	18.2%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	34.4%	24.1%
Functional Disability (% of adults age 65+)*		–	27.9%	32.5%
Overall		4	0.631	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Teeth Extractions

39%▼

from 26.1% to 16.0% of adults age 65 and older between 2016 and 2024.

Internet Crime

38%▲

from 6.1 to 8.4 complaints per 10,000 adults age 60 and older between 2023 and 2024.

SNAP Reach

26%▼

from 61.8 to 45.8 participants per 100 adults age 60 and older in poverty between 2016 and 2023.

Strengths

- Low prevalence of excessive drinking
- Low prevalence of frequent mental distress

Challenges

- High rate of motor vehicle deaths
- High prevalence of food insecurity

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		50	-1.505	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	1	8.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	49	23.8	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	29	\$43	\$53
	Food Insecurity (% of adults age 60+)	47	12.2%	9.2%
	Poverty (% of adults age 65+)	49	14.4%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	41	45.8	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	50	80.3%	88.2%
	Low-Care Nursing Home Residents (% of residents)	38	13.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	50	100	–
	Volunteerism (% of adults age 65+)	49	16.1%	26.3%
Physical Environment		11	0.867	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	30	8.3	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	6	25.3%	33.3%
Clinical Care		48	-0.900	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	44	5.0%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	33	32.0	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	32	36	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	35	74.9%	76.8%
	Flu Vaccination (% of adults age 65+)	37	59.8%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	47	66.0%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	37	94.8%	96.0%
	Hospice Care (% of Medicare decedents)	42	42.6%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	47	23.9%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	45	1,838	1,477
Behaviors		46	-1.212	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	48	16.9%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	44	4.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	46	34.7%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	39	29.6%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	31	9.1%	8.3%
Health Outcomes		42	-0.556	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	6	8.6	13.7
	Excessive Drinking (% of adults age 65+)	3	5.1%	7.6%
	Frequent Mental Distress (% of adults age 65+)	15	8.1%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	27	18.8	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	50	2,613	1,773
Physical Health	Falls (% of adults age 65+)	15	26.8%	27.8%
	Frequent Physical Distress (% of adults age 65+)	43	20.4%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	46	60%	53%
	Obesity (% of adults age 65+)	45	34.9%	29.5%
	Teeth Extractions (% of adults age 65+)	42	16.0%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	18.0%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	57.7%	24.1%
Functional Disability (% of adults age 65+)*		–	40.5%	32.5%
Overall		49	-0.970	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Geriatric Clinicians

55%▲

from 28.7 to 44.5 per 100,000 adults age 65 and older between Sept. 2019 and Sept. 2025.

Suicide

21%▲

from 18.0 to 21.8 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

SNAP Reach

13%▼

from 61.4 to 53.5 participants per 100 adults age 60 and older in poverty between 2018 and 2023.

Strengths

- Low prevalence of food insecurity
- High number of home health care workers per 1,000 older adults

Challenges

- High early death rate
- High prevalence of low-care nursing home residents

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		40	-0.363	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	20	13.9	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	41	176	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	15	\$61	\$53
	Food Insecurity (% of adults age 60+)	11	6.3%	9.2%
	Poverty (% of adults age 65+)	33	11.0%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	34	53.5	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	38	85.6%	88.2%
	Low-Care Nursing Home Residents (% of residents)	48	22.4%	9.0%
	Risk of Social Isolation (Index from 1-100)	36	59	–
	Volunteerism (% of adults age 65+)	21	30.9%	26.3%
Physical Environment		15	0.767	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	16	76	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	23	29.2%	33.3%
Clinical Care		25	0.068	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	17	2.9%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	15	44.5	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	7	78	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	39	74.4%	76.8%
	Flu Vaccination (% of adults age 65+)	20	64.2%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	11	73.3%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	21	96.4%	96.0%
	Hospice Care (% of Medicare decedents)	24	47.8%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	46	24.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	39	1,705	1,477
Behaviors		43	-0.996	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	44	21.0%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	48	3.8%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	44	30.7%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	35	28.6%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	35	9.5%	8.3%
Health Outcomes		41	-0.551	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	20	13.0	13.7
	Excessive Drinking (% of adults age 65+)	44	9.0%	7.6%
	Frequent Mental Distress (% of adults age 65+)	17	8.3%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	35	21.8	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	41	2,097	1,773
Physical Health	Falls (% of adults age 65+)	27	29.2%	27.8%
	Frequent Physical Distress (% of adults age 65+)	25	17.3%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	29	55%	53%
	Obesity (% of adults age 65+)	28	31.0%	29.5%
	Teeth Extractions (% of adults age 65+)	43	16.1%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	18.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	34.6%	24.1%
Functional Disability (% of adults age 65+)*		–	34.4%	32.5%
Overall		41	-0.394	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Geriatric Clinicians

66%▲

from 14.1 to 23.4 per 100,000 adults age 65 and older between Sept. 2019 and Sept. 2025.

Obesity

20%▲

from 24.1% to 28.9% of adults age 65 and older between 2018 and 2024.

Flu Vaccination

9%▼

from 63.8% to 58.3% of adults age 65 and older between 2022 and 2024.

Strengths

- Low early death rate
- High level of community support expenditures

Challenges

- High suicide rate
- High prevalence of excessive drinking

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		32	-0.038	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	19	13.9	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	36	16.4	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	7	\$104	\$53
	Food Insecurity (% of adults age 60+)	22	7.6%	9.2%
	Poverty (% of adults age 65+)	16	9.6%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	37	48.1	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	33	86.1%	88.2%
	Low-Care Nursing Home Residents (% of residents)	47	18.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	12	37	–
	Volunteerism (% of adults age 65+)	18	31.8%	26.3%
Physical Environment		7	1.063	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	10	6.5	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	16	27.7%	33.3%
Clinical Care		44	-0.588	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	27	3.6%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	45	23.4	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	36	33	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	43	73.4%	76.8%
	Flu Vaccination (% of adults age 65+)	42	58.3%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	35	69.8%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	46	92.7%	96.0%
	Hospice Care (% of Medicare decedents)	46	39.4%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	37	30.3%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	6	956	1,477
Behaviors		15	0.256	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	21	30.1%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	31	5.9%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	15	23.8%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	9	23.3%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	26	8.6%	8.3%
Health Outcomes		35	-0.293	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	4	73	13.7
	Excessive Drinking (% of adults age 65+)	46	9.2%	7.6%
	Frequent Mental Distress (% of adults age 65+)	26	8.7%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	50	31.6	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	19	1,671	1,773
	Physical Health	Falls (% of adults age 65+)	48	35.3%
Frequent Physical Distress (% of adults age 65+)		31	18.0%	17.6%
Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)		3	39%	53%
Obesity (% of adults age 65+)		13	28.9%	29.5%
	Teeth Extractions (% of adults age 65+)	26	11.4%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	21.0%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	55.2%	24.1%
	Functional Disability (% of adults age 65+)*	–	32.1%	32.5%
Overall		31	-0.098	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Suicide

49%▲

from 9.7 to 14.5 deaths per 100,000 adults age 65 and older between 2014-2016 and 2022-2024.

Poverty

36%▲

from 7.2% to 9.8% of adults age 65 and older between 2017 and 2024.

Physical Inactivity

23%▼

from 33.4% to 25.6% of adults age 65 and older in fair or better health between 2021 and 2024.

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of food insecurity

Challenges

- High prevalence of obesity
- Low SNAP participation among older adults in poverty

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		20	0.112	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	8	11.7	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	18	12.4	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	16	\$59	\$53
	Food Insecurity (% of adults age 60+)	3	4.2%	9.2%
	Poverty (% of adults age 65+)	20	9.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	41	45.8	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	44	84.5%	88.2%
	Low-Care Nursing Home Residents (% of residents)	33	11.6%	9.0%
	Risk of Social Isolation (Index from 1-100)	14	39	–
	Volunteerism (% of adults age 65+)	24	30.4%	26.3%
Physical Environment		13	0.823	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	11	6.6	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	31	31.6%	33.3%
Clinical Care		23	0.144	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	8	2.5%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	41	26.9	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	36	33	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	19	77.5%	76.8%
	Flu Vaccination (% of adults age 65+)	16	64.9%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	13	73.1%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	36	95.1%	96.0%
	Hospice Care (% of Medicare decedents)	22	48.4%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	24	35.2%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	13	1,238	1,477
Behaviors		19	0.154	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	32	26.8%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	22	7.0%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	23	25.6%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	4	21.8%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	29	9.0%	8.3%
Health Outcomes		18	0.170	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	1	5.4	13.7
	Excessive Drinking (% of adults age 65+)	21	7.5%	7.6%
	Frequent Mental Distress (% of adults age 65+)	6	7.4%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	10	14.5	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	23	1,723	1,773
Physical Health	Falls (% of adults age 65+)	26	29.1%	27.8%
	Frequent Physical Distress (% of adults age 65+)	13	15.9%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	19	50%	53%
	Obesity (% of adults age 65+)	42	34.4%	29.5%
	Teeth Extractions (% of adults age 65+)	16	10.0%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	17.4%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	34.9%	24.1%
Functional Disability (% of adults age 65+)*		–	31.4%	32.5%
Overall		17	0.177	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Cigarette Smoking

46%▼

from 15.1% to 8.2% of adults age 65 and older between 2017 and 2024.

Food Insecurity

34%▲

from 7.1% to 9.5% of adults age 60 and older between 2022 and 2023.

Geriatric Clinicians

32%▲

from 28.6 to 37.8 per 100,000 adults age 65 and older between Sept. 2020 and Sept. 2025.

Strengths

- Low prevalence of excessive drinking
- High SNAP participation among older adults in poverty

Challenges

- High suicide rate
- Low level of community support expenditures

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		35	-0.062	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	46	29.6	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	18	12.4	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	39	\$32	\$53
	Food Insecurity (% of adults age 60+)	36	9.5%	9.2%
	Poverty (% of adults age 65+)	28	10.6%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	13	91.4	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	1	92.6%	88.2%
	Low-Care Nursing Home Residents (% of residents)	28	10.1%	9.0%
	Risk of Social Isolation (Index from 1-100)	31	55	–
	Volunteerism (% of adults age 65+)	50	12.9%	26.3%
Physical Environment		49	-0.813	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	48	4.2	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	44	38.2%	33.3%
Clinical Care		46	-0.703	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	–	–	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	25	378	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	44	28	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	37	74.5%	76.8%
	Flu Vaccination (% of adults age 65+)	48	52.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	36	69.7%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	40	94.4%	96.0%
	Hospice Care (% of Medicare decedents)	29	46.3%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	49	22.5%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	28	1,472	1,477
Behaviors		37	-0.356	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	26	28.8%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	39	4.7%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	21	24.9%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	47	32.4%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	22	8.2%	8.3%
Health Outcomes		32	-0.240	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	48	24.9	13.7
	Excessive Drinking (% of adults age 65+)	16	72%	76%
	Frequent Mental Distress (% of adults age 65+)	23	8.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	49	31.1	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	35	1,892	1,773
Physical Health	Falls (% of adults age 65+)	21	28.1%	27.8%
	Frequent Physical Distress (% of adults age 65+)	37	18.7%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	16	49%	53%
	Obesity (% of adults age 65+)	21	30.0%	29.5%
	Teeth Extractions (% of adults age 65+)	26	11.4%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	17.6%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	8.5%	24.1%
Functional Disability (% of adults age 65+)*		–	34.2%	32.5%
Overall		40	-0.331	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Food Insecurity

49%▲

from 3.5% to 5.2% of adults age 60 and older between 2022 and 2023.

Flu Vaccination

41%▲

from 50.7% to 71.5% of adults age 65 and older between 2018 and 2024.

Nursing Home Quality

29%▲

from 31.6% to 40.7% of certified nursing home beds between Sept. 2022-Nov. 2022 and Sept. 2025-Nov. 2025.

Strengths

- Low prevalence of frequent mental distress
- Low risk of social isolation

Challenges

- High prevalence of excessive drinking
- Low SNAP participation among older adults in poverty

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		5	0.667	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	24	15.3	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	20	12.7	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	10	\$90	\$53
	Food Insecurity (% of adults age 60+)	7	5.2%	9.2%
	Poverty (% of adults age 65+)	2	7.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	43	41.1	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	3	91.6%	88.2%
	Low-Care Nursing Home Residents (% of residents)	27	9.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	2	20	–
	Volunteerism (% of adults age 65+)	28	28.1%	26.3%
Physical Environment		10	0.890	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	3	5.0	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	39	35.1%	33.3%
Clinical Care		4	0.746	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	8	2.5%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	19	42.2	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	45	27	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	6	81.1%	76.8%
	Flu Vaccination (% of adults age 65+)	3	71.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	1	76.4%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	6	97.8%	96.0%
	Hospice Care (% of Medicare decedents)	26	47.2%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	11	40.7%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	15	1,245	1,477
Behaviors		6	0.714	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	7	31.7%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	4	11.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	16	23.9%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	24	27.0%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	16	7.6%	8.3%
Health Outcomes		10	0.510	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	8	8.9	13.7
	Excessive Drinking (% of adults age 65+)	36	8.3%	7.6%
	Frequent Mental Distress (% of adults age 65+)	5	7.3%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	25	18.1	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	12	1,540	1,773
Physical Health	Falls (% of adults age 65+)	18	27.4%	27.8%
	Frequent Physical Distress (% of adults age 65+)	2	14.1%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	11	45%	53%
	Obesity (% of adults age 65+)	14	29.0%	29.5%
	Teeth Extractions (% of adults age 65+)	16	10.0%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	21.5%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	46.4%	24.1%
	Functional Disability (% of adults age 65+)*	–	29.1%	32.5%
Overall		3	0.664	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths

26%▲

from 10.3 to 13.0 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Food Insecurity

19%▲

from 7.4% to 8.8% of adults age 60 and older between 2022 and 2023.

Home Health Care Workers

13%▲

from 55 to 62 aides per 1,000 adults age 65 and older between 2022 and 2024.

Strengths

- Low early death rate
- Low suicide rate

Challenges

- High prevalence of excessive drinking
- High prevalence of low-care nursing home residents

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value	
Social and Economic Factors		28	-0.009		
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	16	12.5	17.4	
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	7	9.9	13.3	
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	21	\$49	\$53	
	Food Insecurity (% of adults age 60+)	33	8.8%	9.2%	
	Poverty (% of adults age 65+)	17	9.7%	11.2%	
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	32	59.1	86.8	
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	10	90.5%	88.2%	
	Low-Care Nursing Home Residents (% of residents)	41	13.9%	9.0%	
	Risk of Social Isolation (Index from 1-100)	23	46	–	
	Volunteerism (% of adults age 65+)	47	20.0%	26.3%	
Physical Environment		41	0.027		
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	25	79	8.8	
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5	
Housing	Housing Cost Burden (% of households with adults age 65+)	49	41.1%	33.3%	
Clinical Care		19	0.237		
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	31	3.8%	3.8%	
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	4	65.9	41.5	
	Home Health Care Workers (Workers per 1,000 adults age 65+)	11	62	65	
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	10	79.8%	76.8%	
	Flu Vaccination (% of adults age 65+)	24	63.4%	62.5%	
	Pneumonia Vaccination (% of adults age 65+)	40	67.8%	69.8%	
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	19	96.5%	96.0%	
	Hospice Care (% of Medicare decedents)	37	44.0%	46.9%	
	Nursing Home Quality (% of beds rated four or five stars)	12	39.5%	34.0%	
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	33	1,571	1,477	
Behaviors		9	0.580		
Nutrition and Physical Activity	Exercise (% of adults age 65+)	9	31.6%	29.0%	
	Fruit and Vegetable Consumption (% of adults age 65+)	2	12.2%	7.3%	
	Physical Inactivity (% of adults age 65+ in fair or better health)	19	24.6%	26.5%	
Sleep Health	Insufficient Sleep (% of adults age 65+)	44	31.5%	28.1%	
Tobacco Use	Cigarette Smoking (% of adults age 65+)	8	6.9%	8.3%	
Health Outcomes		2	0.725		
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	20	13.0	13.7	
	Excessive Drinking (% of adults age 65+)	43	8.7%	7.6%	
	Frequent Mental Distress (% of adults age 65+)	15	8.1%	8.7%	
	Suicide (Deaths per 100,000 adults age 65+)	2	10.0	17.6	
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	1	1,389	1,773	
	Physical Health	Falls (% of adults age 65+)	1	22.0%	27.8%
		Frequent Physical Distress (% of adults age 65+)	9	15.1%	17.6%
		Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	43	58%	53%
		Obesity (% of adults age 65+)	7	25.8%	29.5%
	Teeth Extractions (% of adults age 65+)	8	8.3%	11.4%	
Demographics					
	Population - Age 65+ (% of population)*	–	18.0%	18.0%	
	Population - Age 65+ - Rural (% of adults age 65+)*	–	7.3%	24.1%	
	Functional Disability (% of adults age 65+)*	–	29.1%	32.5%	
Overall		14	0.343		

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths
39%▲

from 13.7 to 19.0 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

SNAP Reach
30%▲

from 60.0 to 77.8 participants per 100 adults age 60 and older in poverty between 2019 and 2023.

Flu Vaccination
21%▲

from 53.2% to 64.5% of adults age 65 and older between 2018 and 2024.

Strengths

- Low prevalence of excessive drinking
- High level of community support expenditures

Challenges

- High suicide rate
- High poverty rate

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Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		45	-0.874	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	41	20.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	40	17.4	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	11	\$84	\$53
	Food Insecurity (% of adults age 60+)	43	10.7%	9.2%
	Poverty (% of adults age 65+)	47	14.0%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	21	77.8	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	43	84.6%	88.2%
	Low-Care Nursing Home Residents (% of residents)	43	15.0%	9.0%
	Risk of Social Isolation (Index from 1-100)	48	86	–
	Volunteerism (% of adults age 65+)	41	21.6%	26.3%
Physical Environment		17	0.713	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	46	3.6	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	10	26.2%	33.3%
Clinical Care		39	-0.463	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	41	4.7%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	36	30.5	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	5	87	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	48	68.7%	76.8%
	Flu Vaccination (% of adults age 65+)	19	64.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	31	70.2%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	49	88.0%	96.0%
	Hospice Care (% of Medicare decedents)	34	45.1%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	41	27.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	9	1,110	1,477
Behaviors		39	-0.476	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	36	25.2%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	44	4.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	18	24.5%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	7	22.6%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	48	12.9%	8.3%
Health Outcomes		25	-0.118	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	43	19.0	13.7
	Excessive Drinking (% of adults age 65+)	8	6.3%	7.6%
	Frequent Mental Distress (% of adults age 65+)	49	11.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	40	23.7	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	30	1,804	1,773
Physical Health	Falls (% of adults age 65+)	20	27.7%	27.8%
	Frequent Physical Distress (% of adults age 65+)	42	20.3%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	9	44%	53%
	Obesity (% of adults age 65+)	4	24.7%	29.5%
	Teeth Extractions (% of adults age 65+)	34	12.9%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	20.2%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	28.8%	24.1%
Functional Disability (% of adults age 65+)*		–	38.0%	32.5%
Overall		42	-0.444	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Food Insecurity

21%▲

from 8.2% to 9.9% of adults age 60 and older between 2022 and 2023.

Physical Inactivity

21%▼

from 32.5% to 25.7% of adults age 65 and older in fair or better health between 2019 and 2024.

Home Health Care Workers

18%▲

from 141 to 166 aides per 1,000 adults age 65 and older between 2022 and 2024.

Strengths

- Low suicide rate
- High level of community support expenditures

Challenges

- High poverty rate
- Low pneumonia vaccination rate

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		30	-0.022	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	12	12.3	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	3	6.6	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	6	\$131	\$53
	Food Insecurity (% of adults age 60+)	37	9.9%	9.2%
	Poverty (% of adults age 65+)	47	14.0%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	1	100.0	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	22	87.8%	88.2%
	Low-Care Nursing Home Residents (% of residents)	6	4.0%	9.0%
	Risk of Social Isolation (Index from 1-100)	46	83	–
	Volunteerism (% of adults age 65+)	42	20.8%	26.3%
Physical Environment		44	-0.073	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	23	7.8	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	48	40.9%	33.3%
Clinical Care		30	-0.070	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	46	5.4%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	22	39.6	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	1	166	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	24	76.9%	76.8%
	Flu Vaccination (% of adults age 65+)	21	63.6%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	41	67.7%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	21	96.4%	96.0%
	Hospice Care (% of Medicare decedents)	50	26.3%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	7	41.8%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	27	1,451	1,477
Behaviors		14	0.298	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	12	31.2%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	3	12.0%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	24	25.7%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	48	33.4%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	21	8.1%	8.3%
Health Outcomes		6	0.523	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	37	16.5	13.7
	Excessive Drinking (% of adults age 65+)	19	7.3%	7.6%
	Frequent Mental Distress (% of adults age 65+)	26	8.7%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	1	9.8	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	4	1,440	1,773
Physical Health	Falls (% of adults age 65+)	7	25.9%	27.8%
	Frequent Physical Distress (% of adults age 65+)	23	17.1%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	32	56%	53%
	Obesity (% of adults age 65+)	6	25.4%	29.5%
	Teeth Extractions (% of adults age 65+)	19	10.2%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	18.9%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	15.2%	24.1%
Functional Disability (% of adults age 65+)*		–	32.6%	32.5%
Overall		18	0.166	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths
40%▲

from 7.2 to 10.1 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Geriatric Clinicians

36%▲

from 32.0 to 43.5 per 100,000 adults age 65 and older between Sept. 2021 and Sept. 2025.

Suicide

16%▲

from 15.7 to 18.2 deaths per 100,000 adults age 65 and older between 2018-2020 and 2022-2024.

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of food insecurity

Challenges

- High early death rate
- Low level of community support expenditures

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		20	0.112	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	37	18.8	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	24	13.7	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	33	\$38	\$53
	Food Insecurity (% of adults age 60+)	16	6.9%	9.2%
	Poverty (% of adults age 65+)	34	11.1%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	14	872	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	24	87.7%	88.2%
	Low-Care Nursing Home Residents (% of residents)	7	4.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	26	48	–
	Volunteerism (% of adults age 65+)	36	23.1%	26.3%
Physical Environment		23	0.623	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	25	79	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	25	29.8%	33.3%
Clinical Care		18	0.251	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	8	2.5%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	18	43.5	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	40	30	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	9	80.7%	76.8%
	Flu Vaccination (% of adults age 65+)	13	66.9%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	15	72.0%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	18	96.6%	96.0%
	Hospice Care (% of Medicare decedents)	20	48.6%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	40	28.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	29	1,485	1,477
Behaviors		38	-0.406	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	43	21.5%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	43	4.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	20	24.7%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	18	25.7%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	25	8.5%	8.3%
Health Outcomes		16	0.202	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	11	10.1	13.7
	Excessive Drinking (% of adults age 65+)	12	6.6%	7.6%
	Frequent Mental Distress (% of adults age 65+)	4	72%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	26	18.2	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	36	1,932	1,773
Physical Health	Falls (% of adults age 65+)	11	26.7%	27.8%
	Frequent Physical Distress (% of adults age 65+)	4	14.6%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	29	55%	53%
	Obesity (% of adults age 65+)	18	29.6%	29.5%
	Teeth Extractions (% of adults age 65+)	35	13.6%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	17.9%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	39.2%	24.1%
Functional Disability (% of adults age 65+)*		–	32.4%	32.5%
Overall		24	0.084	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Geriatric Clinicians

136%▲

from 11.7 to 27.6 per 100,000 adults age 65 and older between Sept. 2020 and Sept. 2025.

Physical Inactivity

21%▼

from 34.5% to 27.3% of adults age 65 and older in fair or better health between 2017 and 2024.

Flu Vaccination

12%▼

from 69.5% to 61.2% of adults age 65 and older between 2021 and 2024.

Strengths

- Low prevalence of frequent mental distress
- High level of community support expenditures

Challenges

- High prevalence of obesity
- Low SNAP participation among older adults in poverty

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		19	0.114	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	2	9.5	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	32	15.7	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	4	\$142	\$53
	Food Insecurity (% of adults age 60+)	1	3.8%	9.2%
	Poverty (% of adults age 65+)	22	9.9%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	49	34.2	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	48	82.5%	88.2%
	Low-Care Nursing Home Residents (% of residents)	34	11.9%	9.0%
	Risk of Social Isolation (Index from 1-100)	21	44	–
	Volunteerism (% of adults age 65+)	19	31.6%	26.3%
Physical Environment		5	1.117	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	30	8.3	8.8
	Drinking Water Violations (Average violations per community water system)	4	1.2	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	3	24.6%	33.3%
Clinical Care		27	0.011	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	5	2.3%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	40	276	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	17	51	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	17	77.9%	76.8%
	Flu Vaccination (% of adults age 65+)	33	61.2%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	31	70.2%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	35	95.3%	96.0%
	Hospice Care (% of Medicare decedents)	48	36.2%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	1	49.1%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	26	1,437	1,477
Behaviors		18	0.164	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	27	28.6%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	22	7.0%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	30	27.3%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	2	20.7%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	33	9.4%	8.3%
Health Outcomes		14	0.360	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	–	–	13.7
	Excessive Drinking (% of adults age 65+)	29	7.8%	7.6%
	Frequent Mental Distress (% of adults age 65+)	1	5.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	11	14.7	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	20	1,703	1,773
Physical Health	Falls (% of adults age 65+)	10	26.6%	27.8%
	Frequent Physical Distress (% of adults age 65+)	3	14.3%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	19	50%	53%
	Obesity (% of adults age 65+)	46	35.2%	29.5%
	Teeth Extractions (% of adults age 65+)	24	11.1%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	17.3%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	45.3%	24.1%
Functional Disability (% of adults age 65+)*		–	30.7%	32.5%
Overall		15	0.215	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths
34%▲

from 10.5 to 14.1 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Poverty
21%▲

from 8.6% to 10.4% of adults age 65 and older between 2018 and 2024.

Physical Inactivity
17%▼

from 36.4% to 30.1% of adults age 65 and older in fair or better health between 2023 and 2024.

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of low-care nursing home residents

Challenges

- High early death rate
- High prevalence of obesity

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		31	-0.034	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	32	177	174
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	17	12.0	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	38	\$34	\$53
	Food Insecurity (% of adults age 60+)	27	8.3%	9.2%
	Poverty (% of adults age 65+)	26	10.4%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	27	72.4	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	32	86.2%	88.2%
	Low-Care Nursing Home Residents (% of residents)	15	6.8%	9.0%
	Risk of Social Isolation (Index from 1-100)	38	62	–
	Volunteerism (% of adults age 65+)	28	28.1%	26.3%
Physical Environment		30	0.413	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	46	9.8	8.8
	Drinking Water Violations (Average violations per community water system)	5	1.3	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	26	29.9%	33.3%
Clinical Care		17	0.314	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	13	2.7%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	10	48.2	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	25	43	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	25	76.7%	76.8%
	Flu Vaccination (% of adults age 65+)	30	62.3%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	18	71.9%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	4	97.9%	96.0%
	Hospice Care (% of Medicare decedents)	8	52.9%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	16	37.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	40	1,736	1,477
Behaviors		41	-0.630	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	23	29.9%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	38	5.0%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	41	30.1%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	31	28.1%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	43	11.3%	8.3%
Health Outcomes		37	-0.320	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	29	14.1	13.7
	Excessive Drinking (% of adults age 65+)	26	7.7%	7.6%
	Frequent Mental Distress (% of adults age 65+)	17	8.3%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	16	16.6	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	40	2,035	1,773
Physical Health	Falls (% of adults age 65+)	11	26.7%	27.8%
	Frequent Physical Distress (% of adults age 65+)	21	17.0%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	32	56%	53%
	Obesity (% of adults age 65+)	43	34.6%	29.5%
	Teeth Extractions (% of adults age 65+)	40	15.4%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	19.1%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	25.9%	24.1%
	Functional Disability (% of adults age 65+)*	–	31.7%	32.5%
Overall		36	-0.133	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Poverty
37%▲

from 8.7% to 11.9% of adults age 65 and older between 2018 and 2024.

High Health Status

18%▲

from 32.3% to 38.0% of adults age 65 and older between 2015 and 2024.

Physical Inactivity

17%▼

from 39.2% to 32.5% of adults age 65 and older in fair or better health between 2022 and 2024.

Strengths

- High pneumonia vaccination rate
- Low prevalence of excessive drinking

Challenges

- High early death rate
- High prevalence of low-care nursing home residents

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		46	-0.927	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	39	19.8	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	47	22.1	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	44	\$28	\$53
	Food Insecurity (% of adults age 60+)	37	9.9%	9.2%
	Poverty (% of adults age 65+)	39	11.9%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	29	63.7	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	34	86.0%	88.2%
	Low-Care Nursing Home Residents (% of residents)	49	22.9%	9.0%
	Risk of Social Isolation (Index from 1-100)	42	75	–
	Volunteerism (% of adults age 65+)	39	22.6%	26.3%
Physical Environment		36	0.167	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	37	8.5	8.8
	Drinking Water Violations (Average violations per community water system)	45	3.5	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	13	26.5%	33.3%
Clinical Care		43	-0.546	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	38	4.2%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	43	25.1	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	40	30	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	44	72.6%	76.8%
	Flu Vaccination (% of adults age 65+)	35	60.3%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	22	71.6%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	28	96.1%	96.0%
	Hospice Care (% of Medicare decedents)	24	47.8%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	42	27.3%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	43	1,784	1,477
Behaviors		48	-1.222	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	45	20.5%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	49	3.0%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	45	32.5%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	19	26.1%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	41	11.2%	8.3%
Health Outcomes		44	-0.841	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	27	13.9	13.7
	Excessive Drinking (% of adults age 65+)	5	5.6%	7.6%
	Frequent Mental Distress (% of adults age 65+)	43	10.2%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	43	25.7	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	48	2,466	1,773
Physical Health	Falls (% of adults age 65+)	33	30.3%	27.8%
	Frequent Physical Distress (% of adults age 65+)	36	18.6%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	36	57%	53%
	Obesity (% of adults age 65+)	27	30.9%	29.5%
	Teeth Extractions (% of adults age 65+)	46	17.7%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	16.9%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	41.3%	24.1%
Functional Disability (% of adults age 65+)*		–	40.3%	32.5%
Overall		45	-0.834	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths
68%▲

from 11.2 to 18.8 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Poverty
37%▲

from 7.9% to 10.8% of adults age 65 and older between 2018 and 2024.

Home Health Care Workers
18%▲

from 39 to 46 aides per 1,000 adults age 65 and older between 2022 and 2024.

Strengths

- Low prevalence of food insecurity
- High pneumonia vaccination rate

Challenges

- High suicide rate
- High rate of motor vehicle deaths

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		14	0.366	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	43	20.7	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	35	16.2	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	27	\$44	\$53
	Food Insecurity (% of adults age 60+)	18	7.0%	9.2%
	Poverty (% of adults age 65+)	30	10.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	1	100.0	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	12	90.1%	88.2%
	Low-Care Nursing Home Residents (% of residents)	16	71%	9.0%
	Risk of Social Isolation (Index from 1-100)	27	49	–
	Volunteerism (% of adults age 65+)	7	36.0%	26.3%
Physical Environment		38	0.157	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	29	8.2	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	41	36.6%	33.3%
Clinical Care		13	0.387	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	24	3.2%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	28	35.4	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	22	46	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	13	78.3%	76.8%
	Flu Vaccination (% of adults age 65+)	14	66.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	2	76.2%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	30	96.0%	96.0%
	Hospice Care (% of Medicare decedents)	17	49.3%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	35	31.3%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	8	1,033	1,477
Behaviors		8	0.582	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	5	33.0%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	36	5.5%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	6	21.4%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	10	23.7%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	12	72%	8.3%
Health Outcomes		40	-0.468	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	42	18.8	13.7
	Excessive Drinking (% of adults age 65+)	15	71%	76%
	Frequent Mental Distress (% of adults age 65+)	47	11.3%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	46	28.6	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	29	1,799	1,773
Physical Health	Falls (% of adults age 65+)	43	32.9%	27.8%
	Frequent Physical Distress (% of adults age 65+)	39	18.8%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	7	43%	53%
	Obesity (% of adults age 65+)	20	29.8%	29.5%
	Teeth Extractions (% of adults age 65+)	23	10.9%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	19.9%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	25.9%	24.1%
	Functional Disability (% of adults age 65+)*	–	33.5%	32.5%
Overall		16	0.194	

* Additional measure that does not contribute to a state's Overall rank.
– Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Internet Crime

108%▲

from 8.6 to 179 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Drug Deaths

33%▲

from 10.3 to 13.7 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Home Health Care Workers

20%▲

from 76 to 91 aides per 1,000 adults age 65 and older between 2022 and 2024.

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of food insecurity

Challenges

- High prevalence of obesity
- High risk of social isolation

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		16	0.264	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	35	179	174
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	15	11.9	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	16	\$59	\$53
	Food Insecurity (% of adults age 60+)	14	6.7%	9.2%
	Poverty (% of adults age 65+)	25	10.2%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	1	100.0	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	37	85.8%	88.2%
	Low-Care Nursing Home Residents (% of residents)	11	5.7%	9.0%
	Risk of Social Isolation (Index from 1-100)	32	56	–
	Volunteerism (% of adults age 65+)	31	26.7%	26.3%
Physical Environment		42	0.017	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	49	11.0	8.8
	Drinking Water Violations (Average violations per community water system)	13	1.6	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	28	30.5%	33.3%
Clinical Care		16	0.320	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	17	2.9%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	8	51.2	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	4	91	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	13	78.3%	76.8%
	Flu Vaccination (% of adults age 65+)	26	63.1%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	29	70.6%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	8	97.5%	96.0%
	Hospice Care (% of Medicare decedents)	33	45.4%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	32	32.8%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	35	1,623	1,477
Behaviors		26	-0.048	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	–	–	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	25	6.9%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	32	27.8%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	39	29.6%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	4	6.5%	8.3%
Health Outcomes		28	-0.184	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	26	13.7	13.7
	Excessive Drinking (% of adults age 65+)	39	8.5%	7.6%
	Frequent Mental Distress (% of adults age 65+)	13	7.8%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	20	171	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	26	1,772	1,773
Physical Health	Falls (% of adults age 65+)	–	–	27.8%
	Frequent Physical Distress (% of adults age 65+)	34	18.5%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	36	57%	53%
	Obesity (% of adults age 65+)	33	32.5%	29.5%
	Teeth Extractions (% of adults age 65+)	25	11.2%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	20.4%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	26.9%	24.1%
Functional Disability (% of adults age 65+)*		–	31.1%	32.5%
Overall		23	0.088	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Motor Vehicle Deaths

179%▲

from 3.9 to 10.9 deaths per 100,000 adults age 65 and older between 2022 and 2023.

Geriatric Clinicians

30%▲

from 57.0 to 74.1 per 100,000 adults age 65 and older between Sept. 2018 and Sept. 2025.

Nursing Home Quality

25%▲

from 28.1% to 35.0% of certified nursing home beds between Sept. 2023-Nov. 2023 and Sept. 2025-Nov. 2025.

Strengths

- Low prevalence of full-mouth teeth extractions
- Low prevalence of food insecurity

Challenges

- Low level of community support expenditures
- Low number of home health care workers per 1,000 older adults

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		24	0.081	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	4	11.0	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	14	10.9	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	44	\$28	\$53
	Food Insecurity (% of adults age 60+)	4	4.5%	9.2%
	Poverty (% of adults age 65+)	37	11.2%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	1	100.0	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	24	87.7%	88.2%
	Low-Care Nursing Home Residents (% of residents)	31	10.6%	9.0%
	Risk of Social Isolation (Index from 1-100)	40	64	–
	Volunteerism (% of adults age 65+)	38	23.0%	26.3%
Physical Environment		48	-0.557	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	12	6.7	8.8
	Drinking Water Violations (Average violations per community water system)	50	5.5	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	45	38.6%	33.3%
Clinical Care		2	0.976	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	17	2.9%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	1	74.1	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	29	40	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	1	85.0%	76.8%
	Flu Vaccination (% of adults age 65+)	5	70.6%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	10	73.4%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	1	98.1%	96.0%
	Hospice Care (% of Medicare decedents)	3	55.1%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	25	35.0%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	20	1,304	1,477
Behaviors		20	0.096	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	21	30.1%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	11	8.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	34	28.1%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	39	29.6%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	12	72%	8.3%
Health Outcomes		3	0.687	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	39	16.8	13.7
	Excessive Drinking (% of adults age 65+)	33	8.2%	7.6%
	Frequent Mental Distress (% of adults age 65+)	6	7.4%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	3	10.2	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	11	1,522	1,773
Physical Health	Falls (% of adults age 65+)	3	24.5%	27.8%
	Frequent Physical Distress (% of adults age 65+)	4	14.6%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	36	57%	53%
	Obesity (% of adults age 65+)	10	28.3%	29.5%
	Teeth Extractions (% of adults age 65+)	2	6.4%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	19.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	10.3%	24.1%
Functional Disability (% of adults age 65+)*		–	31.8%	32.5%
Overall		11	0.383	

* Additional measure that does not contribute to a state's Overall rank.
– Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

High-Speed Internet
38%▲

from 63.0% to 87.1% of households with adults age 65 and older between 2015 and 2024.

Low-Care Nursing Home Residents

16%▲

from 6.8% to 7.9% of residents between 2021 and 2023.

Food Insecurity

12%▼

from 9.8% to 8.6% of adults age 60 and older between 2022 and 2023.

Strengths

- Low prevalence of frequent mental distress
- High prevalence of older adults with a dedicated health care provider

Challenges

- High early death rate
- High rate of motor vehicle deaths

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		38	-0.142	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	26	15.9	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	44	18.7	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	41	\$30	\$53
	Food Insecurity (% of adults age 60+)	32	8.6%	9.2%
	Poverty (% of adults age 65+)	34	11.1%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	31	60.6	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	29	87.1%	88.2%
	Low-Care Nursing Home Residents (% of residents)	18	7.9%	9.0%
	Risk of Social Isolation (Index from 1-100)	22	45	-
	Volunteerism (% of adults age 65+)	12	33.3%	26.3%
Physical Environment		22	0.627	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	17	28.1%	33.3%
Clinical Care		28	-0.021	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	28	3.7%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	32	33.7	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	36	33	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	13	78.3%	76.8%
	Flu Vaccination (% of adults age 65+)	38	59.7%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	28	70.7%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	11	97.3%	96.0%
	Hospice Care (% of Medicare decedents)	11	51.8%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	39	29.4%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	18	1,292	1,477
Behaviors		24	0.022	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	13	31.1%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	16	7.6%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	30	27.3%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	22	26.6%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	37	9.6%	8.3%
Health Outcomes		30	-0.215	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	34	15.2	13.7
	Excessive Drinking (% of adults age 65+)	21	7.5%	7.6%
	Frequent Mental Distress (% of adults age 65+)	9	7.5%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	28	19.1	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	39	1,999	1,773
Physical Health	Falls (% of adults age 65+)	16	27.0%	27.8%
	Frequent Physical Distress (% of adults age 65+)	32	18.1%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	36	57%	53%
	Obesity (% of adults age 65+)	29	31.1%	29.5%
	Teeth Extractions (% of adults age 65+)	38	14.6%	11.4%
Demographics				
Population - Age 65+ (% of population)*		-	19.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		-	34.8%	24.1%
Functional Disability (% of adults age 65+)*		-	32.1%	32.5%
Overall		29	-0.065	

* Additional measure that does not contribute to a state's Overall rank.
 - Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Frequent Mental Distress

113%▲

from 4.5% to 9.6% of adults age 65 and older between 2019 and 2024.

Internet Crime

32%▼

from 16.2 to 11.0 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Nursing Home Quality

32%▼

from 46.6% to 31.5% of certified nursing home beds between Sept. 2023-Nov. 2023 and Sept. 2025-Nov. 2025.

Strengths

- Low prevalence of food insecurity
- Low prevalence of avoiding care due to cost

Challenges

- High rate of motor vehicle deaths
- High prevalence of obesity

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		18	0.183	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	5	11.0	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	42	18.4	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	9	\$96	\$53
	Food Insecurity (% of adults age 60+)	2	4.1%	9.2%
	Poverty (% of adults age 65+)	17	9.7%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	40	45.9	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	45	84.0%	88.2%
	Low-Care Nursing Home Residents (% of residents)	37	12.9%	9.0%
	Risk of Social Isolation (Index from 1-100)	15	40	–
	Volunteerism (% of adults age 65+)	2	44.3%	26.3%
Physical Environment		1	1.727	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	4	5.7	8.8
	Drinking Water Violations (Average violations per community water system)	3	1.1	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	2	24.3%	33.3%
Clinical Care		35	-0.263	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	2	1.8%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	50	173	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	47	24	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	46	72.1%	76.8%
	Flu Vaccination (% of adults age 65+)	21	63.6%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	30	70.3%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	19	96.5%	96.0%
	Hospice Care (% of Medicare decedents)	41	42.9%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	34	31.5%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	24	1,353	1,477
Behaviors		11	0.406	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	31	27.4%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	33	5.8%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	28	26.8%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	1	17.4%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	2	6.1%	8.3%
Health Outcomes		24	-0.104	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	–	–	13.7
	Excessive Drinking (% of adults age 65+)	14	6.8%	7.6%
	Frequent Mental Distress (% of adults age 65+)	39	9.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	9	14.2	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	13	1,578	1,773
Physical Health	Falls (% of adults age 65+)	31	30.0%	27.8%
	Frequent Physical Distress (% of adults age 65+)	18	16.7%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	14	48%	53%
	Obesity (% of adults age 65+)	48	35.6%	29.5%
	Teeth Extractions (% of adults age 65+)	39	14.8%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	18.8%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	49.3%	24.1%
	Functional Disability (% of adults age 65+)*	–	31.7%	32.5%
Overall		22	0.144	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths

40%

from 10.6 to 14.8 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Nursing Home Quality

33%

from 25.1% to 33.5% of certified nursing home beds between Sept. 2024-Nov. 2024 and Sept. 2025-Nov. 2025.

Food Insecurity

11%

from 8.4% to 7.5% of adults age 60 and older between 2022 and 2023.

Strengths

- Low prevalence of low-care nursing home residents
- High number of geriatric clinicians per 100,000 older adults

Challenges

- High early death rate
- Low SNAP participation among older adults in poverty

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		39	-0.221	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	22	14.6	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	45	19.2	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	44	\$28	\$53
	Food Insecurity (% of adults age 60+)	19	75%	9.2%
	Poverty (% of adults age 65+)	29	10.7%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	38	479	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	31	86.3%	88.2%
	Low-Care Nursing Home Residents (% of residents)	8	5.0%	9.0%
	Risk of Social Isolation (Index from 1-100)	41	65	-
	Volunteerism (% of adults age 65+)	17	32.1%	26.3%
Physical Environment		9	0.950	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	23	78	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	8	25.7%	33.3%
Clinical Care		40	-0.485	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	-	-	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	20	42.1	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	42	29	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	-	-	76.8%
	Flu Vaccination (% of adults age 65+)	-	-	62.5%
	Pneumonia Vaccination (% of adults age 65+)	-	-	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	-	-	96.0%
	Hospice Care (% of Medicare decedents)	30	46.1%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	30	33.5%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	32	1,570	1,477
Behaviors		42	-0.816	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	36	25.2%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	34	5.7%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	-	-	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	20	26.5%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	-	-	8.3%
Health Outcomes		45	-0.922	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	31	14.8	13.7
	Excessive Drinking (% of adults age 65+)	-	-	76%
	Frequent Mental Distress (% of adults age 65+)	-	-	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	34	21.7	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	44	2,304	1,773
Physical Health	Falls (% of adults age 65+)	45	33.2%	27.8%
	Frequent Physical Distress (% of adults age 65+)	-	-	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	36	57%	53%
	Obesity (% of adults age 65+)	-	-	29.5%
	Teeth Extractions (% of adults age 65+)	-	-	11.4%
Demographics				
Population - Age 65+ (% of population)*		-	17.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		-	39.7%	24.1%
Functional Disability (% of adults age 65+)*		-	35.5%	32.5%
Overall		43	-0.509	

* Additional measure that does not contribute to a state's Overall rank.
 - Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths

35%▲

from 7.9 to 10.7 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Nursing Home Quality

28%▲

from 23.2% to 29.6% of certified nursing home beds between Sept. 2023-Nov. 2023 and Sept. 2025-Nov. 2025.

Home Health Care Workers

5%▼

from 76 to 72 aides per 1,000 adults age 65 and older between 2022 and 2024.

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of low-care nursing home residents

Challenges

- High prevalence of food insecurity
- High prevalence of avoiding care due to cost

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		42	-0.441	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	25	15.7	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	32	15.7	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	43	\$29	\$53
	Food Insecurity (% of adults age 60+)	50	13.6%	9.2%
	Poverty (% of adults age 65+)	42	12.3%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	26	73.4	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	19	88.6%	88.2%
	Low-Care Nursing Home Residents (% of residents)	10	5.4%	9.0%
	Risk of Social Isolation (Index from 1-100)	32	56	–
	Volunteerism (% of adults age 65+)	35	23.2%	26.3%
Physical Environment		45	-0.093	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	43	9.4	8.8
	Drinking Water Violations (Average violations per community water system)	41	2.6	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	35	32.2%	33.3%
Clinical Care		36	-0.295	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	47	5.5%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	11	475	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	9	72	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	31	75.6%	76.8%
	Flu Vaccination (% of adults age 65+)	43	57.8%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	38	69.3%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	39	94.7%	96.0%
	Hospice Care (% of Medicare decedents)	9	52.2%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	38	29.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	30	1,537	1,477
Behaviors		31	-0.098	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	29	28.0%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	6	9.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	39	29.6%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	32	28.3%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	29	9.0%	8.3%
Health Outcomes		26	-0.119	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	14	10.7	13.7
	Excessive Drinking (% of adults age 65+)	24	7.6%	7.6%
	Frequent Mental Distress (% of adults age 65+)	20	8.4%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	23	17.4	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	32	1,861	1,773
Physical Health	Falls (% of adults age 65+)	21	28.1%	27.8%
	Frequent Physical Distress (% of adults age 65+)	33	18.2%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	28	54%	53%
	Obesity (% of adults age 65+)	24	30.5%	29.5%
	Teeth Extractions (% of adults age 65+)	31	12.3%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	13.9%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	22.3%	24.1%
	Functional Disability (% of adults age 65+)*	–	35.2%	32.5%
Overall		38	-0.245	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Internet Crime

81%▲

from 16.5 to 29.9 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Teeth Extractions

31%▼

from 11.2% to 7.7% of adults age 65 and older between 2014 and 2024.

Nursing Home Quality

15%▼

from 45.6% to 38.6% of certified nursing home beds between Sept. 2022-Nov. 2022 and Sept. 2025-Nov. 2025.

Strengths

- Low prevalence of excessive drinking
- Low poverty rate

Challenges

- High suicide rate
- Low SNAP participation among older adults in poverty

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		1	0.976	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	47	29.9	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	12	10.5	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	19	\$57	\$53
	Food Insecurity (% of adults age 60+)	10	5.7%	9.2%
	Poverty (% of adults age 65+)	1	7.7%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	46	37.7	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	6	91.2%	88.2%
	Low-Care Nursing Home Residents (% of residents)	3	3.1%	9.0%
	Risk of Social Isolation (Index from 1-100)	1	1	–
	Volunteerism (% of adults age 65+)	1	44.6%	26.3%
Physical Environment		18	0.697	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	15	7.5	8.8
	Drinking Water Violations (Average violations per community water system)	34	2.2	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	20	28.5%	33.3%
Clinical Care		12	0.390	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	12	2.6%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	38	28.6	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	33	35	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	23	77.1%	76.8%
	Flu Vaccination (% of adults age 65+)	36	60.0%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	18	71.9%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	28	96.1%	96.0%
	Hospice Care (% of Medicare decedents)	1	59.6%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	15	38.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	4	869	1,477
Behaviors		4	0.834	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	6	32.7%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	16	7.6%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	7	21.6%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	26	27.4%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	1	4.5%	8.3%
Health Outcomes		12	0.454	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	20	13.0	13.7
	Excessive Drinking (% of adults age 65+)	1	4.1%	7.6%
	Frequent Mental Distress (% of adults age 65+)	10	7.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	38	22.2	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	10	1,514	1,773
Physical Health	Falls (% of adults age 65+)	29	29.5%	27.8%
	Frequent Physical Distress (% of adults age 65+)	26	17.5%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	16	49%	53%
	Obesity (% of adults age 65+)	17	29.5%	29.5%
	Teeth Extractions (% of adults age 65+)	5	7.7%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	12.4%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	15.4%	24.1%
Functional Disability (% of adults age 65+)*		–	30.3%	32.5%
Overall		2	0.686	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Teeth Extractions

44%▼

from 16.9% to 9.5% of adults age 65 and older between 2014 and 2024.

Nursing Home Quality

39%▼

from 41.9% to 25.7% of certified nursing home beds between Sept. 2024-Nov. 2024 and Sept. 2025-Nov. 2025.

Food Insecurity

29%▲

from 6.3% to 8.1% of adults age 60 and older between 2022 and 2023.

Strengths

- Low poverty rate
- Low prevalence of avoiding care due to cost

Challenges

- High suicide rate
- High housing cost burden

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		2	0.830	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	14	12.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	28	15.3	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	8	\$101	\$53
	Food Insecurity (% of adults age 60+)	25	8.1%	9.2%
	Poverty (% of adults age 65+)	3	8.2%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	11	976	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	18	88.9%	88.2%
	Low-Care Nursing Home Residents (% of residents)	11	5.7%	9.0%
	Risk of Social Isolation (Index from 1-100)	10	34	–
	Volunteerism (% of adults age 65+)	3	42.9%	26.3%
Physical Environment		12	0.857	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8	6.0	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	37	33.1%	33.3%
Clinical Care		14	0.347	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	1	1.6%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	29	34.5	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	18	49	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	12	78.4%	76.8%
	Flu Vaccination (% of adults age 65+)	1	73.1%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	25	71.4%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	9	97.4%	96.0%
	Hospice Care (% of Medicare decedents)	40	43.4%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	45	25.7%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	12	1,210	1,477
Behaviors		1	1.366	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	2	36.3%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	1	13.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	3	19.9%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	13	24.9%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	4	6.5%	8.3%
Health Outcomes		13	0.406	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	12	10.2	13.7
	Excessive Drinking (% of adults age 65+)	37	8.4%	7.6%
	Frequent Mental Distress (% of adults age 65+)	2	6.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	39	23.0	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	9	1,510	1,773
Physical Health	Falls (% of adults age 65+)	39	31.9%	27.8%
	Frequent Physical Distress (% of adults age 65+)	7	14.8%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	2	38%	53%
	Obesity (% of adults age 65+)	9	27.8%	29.5%
	Teeth Extractions (% of adults age 65+)	13	9.5%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	22.8%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	68.5%	24.1%
Functional Disability (% of adults age 65+)*		–	28.6%	32.5%
Overall		1	0.736	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Nursing Home Quality
40%▲

from 24.2% to 34.0% of certified nursing home beds between Sept. 2022-Nov. 2022 and Sept. 2025-Nov. 2025.

Teeth Extractions
32%▼

from 14.9% to 10.2% of adults age 65 and older between 2016 and 2024.

Food Insecurity
21%▲

from 8.2% to 9.9% of adults age 60 and older between 2022 and 2023.

Strengths

- Low prevalence of frequent physical distress
- Low poverty rate

Challenges

- High prevalence of obesity
- Low SNAP participation among older adults in poverty

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		22	0.111	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	36	18.3	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	20	12.7	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	35	\$35	\$53
	Food Insecurity (% of adults age 60+)	37	9.9%	9.2%
	Poverty (% of adults age 65+)	14	9.4%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	28	72.1	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	30	87.0%	88.2%
	Low-Care Nursing Home Residents (% of residents)	14	6.7%	9.0%
	Risk of Social Isolation (Index from 1-100)	18	41	–
	Volunteerism (% of adults age 65+)	27	28.2%	26.3%
Physical Environment		20	0.673	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	13	72	8.8
	Drinking Water Violations (Average violations per community water system)	31	2.1	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	27	30.3%	33.3%
Clinical Care		15	0.337	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	7	2.4%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	26	377	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	29	40	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	21	77.3%	76.8%
	Flu Vaccination (% of adults age 65+)	9	68.4%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	4	75.0%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	30	96.0%	96.0%
	Hospice Care (% of Medicare decedents)	32	45.7%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	27	34.0%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	22	1,345	1,477
Behaviors		27	-0.074	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	32	26.8%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	27	6.6%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	26	26.4%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	27	27.5%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	19	7.8%	8.3%
Health Outcomes		17	0.181	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	9	9.4	13.7
	Excessive Drinking (% of adults age 65+)	6	6.0%	7.6%
	Frequent Mental Distress (% of adults age 65+)	31	8.8%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	22	17.2	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	27	1,787	1,773
Physical Health	Falls (% of adults age 65+)	25	28.7%	27.8%
	Frequent Physical Distress (% of adults age 65+)	8	15.0%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	23	53%	53%
	Obesity (% of adults age 65+)	30	31.4%	29.5%
	Teeth Extractions (% of adults age 65+)	19	10.2%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	17.6%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	32.5%	24.1%
	Functional Disability (% of adults age 65+)*	–	30.8%	32.5%
Overall		19	0.165	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths

87%▲

from 11.7 to 21.9 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Home Health Care Workers

24%▲

from 59 to 73 aides per 1,000 adults age 65 and older between 2023 and 2024.

Nursing Home Quality

24%▲

from 33.6% to 41.6% of certified nursing home beds between Sept. 2024-Nov. 2024 and Sept. 2025-Nov. 2025.

Strengths

- Low poverty rate
- High pneumonia vaccination rate

Challenges

- High suicide rate
- Low level of community support expenditures

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		4	0.695	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	40	20.0	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	12	10.5	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	41	\$30	\$53
	Food Insecurity (% of adults age 60+)	8	5.5%	9.2%
	Poverty (% of adults age 65+)	10	9.1%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	10	977	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	4	91.4%	88.2%
	Low-Care Nursing Home Residents (% of residents)	9	5.2%	9.0%
	Risk of Social Isolation (Index from 1-100)	15	40	–
	Volunteerism (% of adults age 65+)	26	29.4%	26.3%
Physical Environment		31	0.353	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	19	77	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	40	35.2%	33.3%
Clinical Care		9	0.528	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	14	2.8%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	24	39.1	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	8	73	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	21	77.3%	76.8%
	Flu Vaccination (% of adults age 65+)	11	67.2%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	9	73.8%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	25	96.2%	96.0%
	Hospice Care (% of Medicare decedents)	45	41.0%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	8	41.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	5	932	1,477
Behaviors		3	1.062	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	3	34.9%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	7	9.0%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	2	18.9%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	14	25.3%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	7	6.7%	8.3%
Health Outcomes		15	0.220	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	47	21.9	13.7
	Excessive Drinking (% of adults age 65+)	33	8.2%	7.6%
	Frequent Mental Distress (% of adults age 65+)	33	8.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	32	21.2	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	17	1,630	1,773
Physical Health	Falls (% of adults age 65+)	33	30.3%	27.8%
	Frequent Physical Distress (% of adults age 65+)	12	15.7%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	6	42%	53%
	Obesity (% of adults age 65+)	11	28.4%	29.5%
	Teeth Extractions (% of adults age 65+)	7	8.2%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	17.3%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	22.5%	24.1%
	Functional Disability (% of adults age 65+)*	–	32.4%	32.5%
Overall		7	0.599	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Internet Crime

52%▲

from 7.7 to 11.7 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Nursing Home Quality

45%▲

from 18.5% to 26.9% of certified nursing home beds between Sept. 2024-Nov. 2024 and Sept. 2025-Nov. 2025.

Teeth Extractions

41%▼

from 33.6% to 19.8% of adults age 65 and older between 2014 and 2024.

Strengths

- Low prevalence of excessive drinking
- Low housing cost burden

Challenges

- High early death rate
- High poverty rate

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		44	-0.545	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	7	11.7	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	27	14.7	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	14	\$68	\$53
	Food Insecurity (% of adults age 60+)	43	10.7%	9.2%
	Poverty (% of adults age 65+)	44	12.9%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	16	84.6	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	49	81.3%	88.2%
	Low-Care Nursing Home Residents (% of residents)	16	71%	9.0%
	Risk of Social Isolation (Index from 1-100)	44	77	-
	Volunteerism (% of adults age 65+)	33	24.8%	26.3%
Physical Environment		16	0.733	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	44	3.0	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	1	20.6%	33.3%
Clinical Care		45	-0.638	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	34	4.0%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	47	21.9	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	19	48	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	29	75.7%	76.8%
	Flu Vaccination (% of adults age 65+)	34	61.1%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	34	70.1%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	21	96.4%	96.0%
	Hospice Care (% of Medicare decedents)	43	42.2%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	44	26.9%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	50	2,470	1,477
Behaviors		50	-1.670	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	47	17.1%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	47	4.0%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	48	35.4%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	45	31.9%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	47	12.6%	8.3%
Health Outcomes		47	-1.048	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	44	19.1	13.7
	Excessive Drinking (% of adults age 65+)	4	5.2%	7.6%
	Frequent Mental Distress (% of adults age 65+)	36	9.0%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	41	23.9	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	49	2,484	1,773
Physical Health	Falls (% of adults age 65+)	47	34.1%	27.8%
	Frequent Physical Distress (% of adults age 65+)	44	20.7%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	46	60%	53%
	Obesity (% of adults age 65+)	40	33.8%	29.5%
	Teeth Extractions (% of adults age 65+)	48	19.8%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	-	21.9%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	-	58.6%	24.1%
	Functional Disability (% of adults age 65+)*	-	38.8%	32.5%
Overall		46	-0.850	

* Additional measure that does not contribute to a state's Overall rank.
 - Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Drug Deaths
43%▲

from 8.3 to 11.9 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Unpaid Older Adult Care
39%▲

from 13.5% to 18.7% between 2021-2022 and 2023-2024.

Physical Inactivity
23%▼

from 33.8% to 26.0% of adults age 65 and older in fair or better health between 2023 and 2024.

Strengths

- Low prevalence of full-mouth teeth extractions
- Low risk of social isolation

Challenges

- High prevalence of excessive drinking
- High prevalence of obesity

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		13	0.383	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	6	11.3	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	11	10.4	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	20	\$51	\$53
	Food Insecurity (% of adults age 60+)	11	6.3%	9.2%
	Poverty (% of adults age 65+)	22	9.9%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	25	74.3	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	34	86.0%	88.2%
	Low-Care Nursing Home Residents (% of residents)	19	8.1%	9.0%
	Risk of Social Isolation (Index from 1-100)	6	32	–
	Volunteerism (% of adults age 65+)	11	33.4%	26.3%
Physical Environment		25	0.520	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	39	8.6	8.8
	Drinking Water Violations (Average violations per community water system)	6	1.4	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	32	31.7%	33.3%
Clinical Care		11	0.404	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	8	2.5%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	31	33.9	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	10	68	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	11	78.8%	76.8%
	Flu Vaccination (% of adults age 65+)	21	63.6%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	21	71.7%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	34	95.5%	96.0%
	Hospice Care (% of Medicare decedents)	4	54.3%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	22	36.8%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	19	1,295	1,477
Behaviors		28	-0.080	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	34	26.5%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	29	6.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	25	26.0%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	11	23.9%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	33	9.4%	8.3%
Health Outcomes		31	-0.216	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	17	11.9	13.7
	Excessive Drinking (% of adults age 65+)	48	9.6%	7.6%
	Frequent Mental Distress (% of adults age 65+)	26	8.7%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	19	170	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	18	1,631	1,773
Physical Health	Falls (% of adults age 65+)	36	30.6%	27.8%
	Frequent Physical Distress (% of adults age 65+)	28	17.7%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	13	47%	53%
	Obesity (% of adults age 65+)	47	35.5%	29.5%
	Teeth Extractions (% of adults age 65+)	13	9.5%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	19.6%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	39.2%	24.1%
	Functional Disability (% of adults age 65+)*	–	28.5%	32.5%
Overall		21	0.152	

* Additional measure that does not contribute to a state's Overall rank.
– Data not available, missing or suppressed.

State Health Department Website:

Summary

Key Findings

Motor Vehicle Deaths

62%▲

from 19.3 to 31.2 deaths per 100,000 adults age 65 and older between 2021 and 2023.

Frequent Mental Distress

48%▲

from 6.0% to 8.9% of adults age 65 and older between 2017 and 2024.

Early Death

20%▼

from 2,299 to 1,847 deaths per 100,000 adults ages 65-74 between 2021 and 2024.

Strengths

- High level of community support expenditures
- Low prevalence of physical inactivity

Challenges

- Low SNAP participation among older adults in poverty
- High suicide rate

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		34	-0.053	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	31	173	174
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	50	31.2	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	2	\$157	\$53
	Food Insecurity (% of adults age 60+)	35	9.4%	9.2%
	Poverty (% of adults age 65+)	8	9.0%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	50	14.8	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	42	84.7%	88.2%
	Low-Care Nursing Home Residents (% of residents)	36	12.1%	9.0%
	Risk of Social Isolation (Index from 1-100)	12	37	–
	Volunteerism (% of adults age 65+)	12	33.3%	26.3%
Physical Environment		3	1.400	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	1	4.1	8.8
	Drinking Water Violations (Average violations per community water system)	14	1.7	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	10	26.2%	33.3%
Clinical Care		47	-0.870	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	17	2.9%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	49	19.9	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	42	29	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	49	65.0%	76.8%
	Flu Vaccination (% of adults age 65+)	46	54.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	39	69.0%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	47	90.8%	96.0%
	Hospice Care (% of Medicare decedents)	47	37.7%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	23	36.5%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	25	1,390	1,477
Behaviors		16	0.224	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	25	29.1%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	25	6.9%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	14	23.7%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	8	23.1%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	35	9.5%	8.3%
Health Outcomes		27	-0.157	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	23	13.1	13.7
	Excessive Drinking (% of adults age 65+)	13	6.7%	7.6%
	Frequent Mental Distress (% of adults age 65+)	33	8.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	48	30.1	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	31	1,847	1,773
Physical Health	Falls (% of adults age 65+)	41	32.2%	27.8%
	Frequent Physical Distress (% of adults age 65+)	29	17.9%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	1	36%	53%
	Obesity (% of adults age 65+)	15	29.1%	29.5%
	Teeth Extractions (% of adults age 65+)	29	11.9%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	19.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	46.5%	24.1%
Functional Disability (% of adults age 65+)*		–	34.2%	32.5%
Overall		34	-0.114	

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