

State Health Department Website:

# Summary

## Key Findings

### Drug Deaths

116%▲

from 9.8 to 21.2 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

### Physical Inactivity

22%▼

from 29.7% to 23.3% of adults age 65 and older in fair or better health between 2022 and 2024.

### Flu Vaccination

15%▼

from 61.1% to 52.0% of adults age 65 and older between 2022 and 2024.

## Strengths

- High level of community support expenditures
- Low rate of motor vehicle deaths

## Challenges

- High suicide rate
- High prevalence of cigarette smoking

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

## Measures

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>3</b>	<b>0.824</b>	
<b>Community and Family Safety</b>	Internet Crime (Complaints per 10,000 adults age 60+)*	48	30.5	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	5	8.5	13.3
<b>Economic Resources</b>	Community Support Expenditures (Dollars per adult age 60+)	3	\$144	\$53
	Food Insecurity (% of adults age 60+)	19	75%	9.2%
	Poverty (% of adults age 65+)	5	8.4%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	36	49.9	86.8
<b>Social Support and Engagement</b>	High-Speed Internet (% of households with adults age 65+)	2	92.1%	88.2%
	Low-Care Nursing Home Residents (% of residents)	–	–	9.0%
	Risk of Social Isolation (Index from 1-100)	15	40	–
	Volunteerism (% of adults age 65+)	4	37.1%	26.3%
<b>Physical Environment</b>		<b>6</b>	<b>1.093</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	41	2.6	2.5
<b>Housing</b>	Housing Cost Burden (% of households with adults age 65+)	7	25.6%	33.3%
<b>Clinical Care</b>		<b>50</b>	<b>-1.119</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults age 65+)	45	5.2%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	42	25.6	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	13	57	65
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	47	69.0%	76.8%
	Flu Vaccination (% of adults age 65+)	49	52.0%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	48	63.9%	69.8%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults age 65+)	48	90.7%	96.0%
	Hospice Care (% of Medicare decedents)	49	30.3%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	10	41.1%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	16	1,287	1,477
<b>Behaviors</b>		<b>22</b>	<b>0.036</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults age 65+)	16	30.8%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	7	9.0%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	10	23.3%	26.5%
<b>Sleep Health</b>	Insufficient Sleep (% of adults age 65+)	23	26.9%	28.1%
<b>Tobacco Use</b>	Cigarette Smoking (% of adults age 65+)	49	13.1%	8.3%
<b>Health Outcomes</b>		<b>43</b>	<b>-0.734</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 adults age 65+)*	46	21.2	13.7
	Excessive Drinking (% of adults age 65+)	49	11.1%	7.6%
	Frequent Mental Distress (% of adults age 65+)	44	10.5%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	47	29.1	17.6
<b>Mortality</b>	Early Death (Deaths per 100,000 adults ages 65-74)	28	1,798	1,773
<b>Physical Health</b>	Falls (% of adults age 65+)	42	32.3%	27.8%
	Frequent Physical Distress (% of adults age 65+)	46	21.4%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	3	39%	53%
	Obesity (% of adults age 65+)	26	30.8%	29.5%
	Teeth Extractions (% of adults age 65+)	22	10.8%	11.4%
<b>Demographics</b>				
Population - Age 65+ (% of population)*		–	14.8%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	38.7%	24.1%
Functional Disability (% of adults age 65+)*		–	37.1%	32.5%
<b>Overall</b>		<b>31</b>	<b>-0.098</b>	

\* Additional measure that does not contribute to a state's Overall rank.  
 – Data not available, missing or suppressed.