

State Health Department Website:

Summary

Key Findings

Physical Inactivity

24%▼

from 29.9% to 22.7% of adults age 65 and older in fair or better health between 2023 and 2024.

Low-Care Nursing Home Residents

19%▼

from 13.0% to 10.5% of residents between 2021 and 2023.

Flu Vaccination

9%▼

from 76.6% to 69.5% of adults age 65 and older between 2022 and 2024.

Strengths

- Low early death rate
- High prevalence of cancer screenings

Challenges

- High housing cost burden
- Low level of community support expenditures

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		11	0.469	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	15	12.5	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	4	7.4	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	35	\$35	\$53
	Food Insecurity (% of adults age 60+)	27	8.3%	9.2%
	Poverty (% of adults age 65+)	12	9.3%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	1	100.0	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	15	89.5%	88.2%
	Low-Care Nursing Home Residents (% of residents)	29	10.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	25	47	–
	Volunteerism (% of adults age 65+)	15	32.5%	26.3%
Physical Environment		39	0.147	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	27	8.1	8.8
	Drinking Water Violations (Average violations per community water system)	6	1.4	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	47	39.1%	33.3%
Clinical Care		6	0.675	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	14	2.8%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	5	59.8	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	12	59	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	3	83.2%	76.8%
	Flu Vaccination (% of adults age 65+)	7	69.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	22	71.6%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	3	98.0%	96.0%
	Hospice Care (% of Medicare decedents)	36	44.6%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	29	33.8%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	21	1,335	1,477
Behaviors		12	0.400	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	9	31.6%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	5	10.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	9	22.7%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	42	30.5%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	26	8.6%	8.3%
Health Outcomes		11	0.467	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	40	17.2	13.7
	Excessive Drinking (% of adults age 65+)	32	8.1%	7.6%
	Frequent Mental Distress (% of adults age 65+)	23	8.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	6	11.7	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	2	1,398	1,773
Physical Health	Falls (% of adults age 65+)	11	26.7%	27.8%
	Frequent Physical Distress (% of adults age 65+)	18	16.7%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	23	53%	53%
	Obesity (% of adults age 65+)	15	29.1%	29.5%
	Teeth Extractions (% of adults age 65+)	3	71%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	19.4%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	16.2%	24.1%
Functional Disability (% of adults age 65+)*		–	28.8%	32.5%
Overall		8	0.480	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.