

State Health Department Website:

# Summary

## Key Findings

### Internet Crime

58%▲

from 10.6 to 16.8 complaints per 10,000 adults age 60 and older between 2023 and 2024.

### Physical Inactivity

19%▼

from 35.3% to 28.5% of adults age 65 and older in fair or better health between 2019 and 2024.

### Cancer Screenings

11%▲

from 74.2% to 82.2% of older adults receiving recommended screenings between 2022 and 2024.

## Strengths

- Low risk of social isolation
- High hospice care use

## Challenges

- High prevalence of obesity
- High prevalence of low-care nursing home residents

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

## Measures

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>6</b>	<b>0.660</b>	
<b>Community and Family Safety</b>	Internet Crime (Complaints per 10,000 adults age 60+)*	30	16.8	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	22	12.8	13.3
<b>Economic Resources</b>	Community Support Expenditures (Dollars per adult age 60+)	11	\$84	\$53
	Food Insecurity (% of adults age 60+)	9	5.6%	9.2%
	Poverty (% of adults age 65+)	20	9.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	20	79.4	86.8
<b>Social Support and Engagement</b>	High-Speed Internet (% of households with adults age 65+)	7	91.0%	88.2%
	Low-Care Nursing Home Residents (% of residents)	32	11.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	4	24	–
	Volunteerism (% of adults age 65+)	8	35.7%	26.3%
<b>Physical Environment</b>		<b>24</b>	<b>0.577</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	45	9.7	8.8
	Drinking Water Violations (Average violations per community water system)	2	1.0	2.5
<b>Housing</b>	Housing Cost Burden (% of households with adults age 65+)	24	29.3%	33.3%
<b>Clinical Care</b>		<b>7</b>	<b>0.601</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults age 65+)	14	2.8%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	23	39.3	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	25	43	65
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	4	82.2%	76.8%
	Flu Vaccination (% of adults age 65+)	8	69.0%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	4	75.0%	69.8%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults age 65+)	24	96.3%	96.0%
	Hospice Care (% of Medicare decedents)	7	54.0%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	21	37.0%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	31	1,542	1,477
<b>Behaviors</b>		<b>29</b>	<b>-0.086</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults age 65+)	35	25.4%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	16	7.6%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	37	28.5%	26.5%
<b>Sleep Health</b>	Insufficient Sleep (% of adults age 65+)	20	26.5%	28.1%
<b>Tobacco Use</b>	Cigarette Smoking (% of adults age 65+)	18	7.7%	8.3%
<b>Health Outcomes</b>		<b>19</b>	<b>0.144</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 adults age 65+)*	37	16.5	13.7
	Excessive Drinking (% of adults age 65+)	21	7.5%	7.6%
	Frequent Mental Distress (% of adults age 65+)	10	7.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	15	15.9	17.6
<b>Mortality</b>	Early Death (Deaths per 100,000 adults ages 65-74)	15	1,604	1,773
<b>Physical Health</b>	Falls (% of adults age 65+)	9	26.4%	27.8%
	Frequent Physical Distress (% of adults age 65+)	15	16.0%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	49	62%	53%
	Obesity (% of adults age 65+)	41	34.2%	29.5%
	Teeth Extractions (% of adults age 65+)	9	8.4%	11.4%
<b>Demographics</b>				
Population - Age 65+ (% of population)*		–	21.8%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	20.8%	24.1%
Functional Disability (% of adults age 65+)*		–	30.4%	32.5%
<b>Overall</b>		<b>13</b>	<b>0.366</b>	

\* Additional measure that does not contribute to a state's Overall rank.  
 – Data not available, missing or suppressed.