

State Health Department Website:

Summary

Key Findings

Motor Vehicle Deaths

34%▼

from 9.5 to 6.3 deaths per 100,000 adults age 65 and older between 2022 and 2023.

SNAP Reach

20%▼

from 100.0 to 80.3 participants per 100 adults age 60 and older in poverty between 2019 and 2023.

Home Health Care Workers

13%▼

from 23 to 20 aides per 1,000 adults age 65 and older between 2023 and 2024.

Strengths

- Low prevalence of obesity
- Low prevalence of full-mouth teeth extractions

Challenges

- Low pneumonia vaccination rate
- Low prevalence of older adults with a dedicated health care provider

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		8	0.620	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	28	16.2	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	2	6.3	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	23	\$46	\$53
	Food Insecurity (% of adults age 60+)	13	6.6%	9.2%
	Poverty (% of adults age 65+)	12	9.3%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	19	80.3	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	13	89.9%	88.2%
	Low-Care Nursing Home Residents (% of residents)	1	2.5%	9.0%
	Risk of Social Isolation (Index from 1-100)	18	41	–
	Volunteerism (% of adults age 65+)	32	25.2%	26.3%
Physical Environment		2	1.470	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	2	4.7	8.8
	Drinking Water Violations (Average violations per community water system)	1	0.0	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	30	31.2%	33.3%
Clinical Care		34	-0.180	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	31	3.8%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	13	46.7	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	49	20	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	41	74.2%	76.8%
	Flu Vaccination (% of adults age 65+)	28	62.7%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	49	63.2%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	33	95.8%	96.0%
	Hospice Care (% of Medicare decedents)	39	43.8%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	13	38.9%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	3	813	1,477
Behaviors		35	-0.188	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	24	29.4%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	28	6.4%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	12	23.5%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	50	42.8%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	10	7.0%	8.3%
Health Outcomes		1	0.795	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	32	14.9	13.7
	Excessive Drinking (% of adults age 65+)	47	9.3%	7.6%
	Frequent Mental Distress (% of adults age 65+)	22	8.5%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	8	13.3	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	7	1,477	1,773
Physical Health	Falls (% of adults age 65+)	2	23.8%	27.8%
	Frequent Physical Distress (% of adults age 65+)	11	15.6%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	14	48%	53%
	Obesity (% of adults age 65+)	1	19.5%	29.5%
	Teeth Extractions (% of adults age 65+)	1	5.4%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	21.5%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	15.4%	24.1%
Functional Disability (% of adults age 65+)*		–	32.3%	32.5%
Overall		10	0.385	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.