

State Health Department Website:

Summary

Key Findings

Internet Crime
315%▲

from 7.8 to 32.4 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Early Death
10%▼

from 2,338 to 2,102 deaths per 100,000 adults ages 65-74 between 2022 and 2024.

Flu Vaccination
8%▼

from 67.7% to 62.5% of adults age 65 and older between 2022 and 2024.

Strengths

- Low prevalence of low-care nursing home residents
- Low prevalence of excessive drinking

Challenges

- High prevalence of obesity
- Low SNAP participation among older adults in poverty

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

| | | State Rank | State Value | U.S. Value |
|---|---|------------|---------------|------------|
| Social and Economic Factors | | 29 | -0.019 | |
| Community and Family Safety | Internet Crime (Complaints per 10,000 adults age 60+)* | 49 | 32.4 | 17.4 |
| | Motor Vehicle Deaths (Deaths per 100,000 adults age 65+) | 31 | 15.4 | 13.3 |
| Economic Resources | Community Support Expenditures (Dollars per adult age 60+) | 31 | \$39 | \$53 |
| | Food Insecurity (% of adults age 60+) | 31 | 8.5% | 9.2% |
| | Poverty (% of adults age 65+) | 17 | 9.7% | 11.2% |
| | SNAP Reach (Participants per 100 adults age 60+ living in poverty) | 47 | 35.5 | 86.8 |
| Social Support and Engagement | High-Speed Internet (% of households with adults age 65+) | 34 | 86.0% | 88.2% |
| | Low-Care Nursing Home Residents (% of residents) | 4 | 3.5% | 9.0% |
| | Risk of Social Isolation (Index from 1-100) | 27 | 49 | - |
| | Volunteerism (% of adults age 65+) | 23 | 30.7% | 26.3% |
| Physical Environment | | 29 | 0.417 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 44 | 9.5 | 8.8 |
| | Drinking Water Violations (Average violations per community water system) | 29 | 2.0 | 2.5 |
| Housing | Housing Cost Burden (% of households with adults age 65+) | 15 | 27.2% | 33.3% |
| Clinical Care | | 20 | 0.198 | |
| Access to Care | Avoided Care Due to Cost (% of adults age 65+) | 22 | 31% | 3.8% |
| | Geriatric Clinicians (Clinicians per 100,000 adults age 65+) | 12 | 471 | 41.5 |
| | Home Health Care Workers (Workers per 1,000 adults age 65+) | 24 | 45 | 65 |
| Preventive Clinical Services | Cancer Screenings (% of adults ages 65-75) | 27 | 76.3% | 76.8% |
| | Flu Vaccination (% of adults age 65+) | 29 | 62.5% | 62.5% |
| | Pneumonia Vaccination (% of adults age 65+) | 22 | 71.6% | 69.8% |
| Quality of Care | Dedicated Health Care Provider (% of adults age 65+) | 7 | 97.7% | 96.0% |
| | Hospice Care (% of Medicare decedents) | 16 | 49.5% | 46.9% |
| | Nursing Home Quality (% of beds rated four or five stars) | 19 | 37.3% | 34.0% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74) | 38 | 1,695 | 1,477 |
| Behaviors | | 36 | -0.324 | |
| Nutrition and Physical Activity | Exercise (% of adults age 65+) | 28 | 28.1% | 29.0% |
| | Fruit and Vegetable Consumption (% of adults age 65+) | 13 | 8.2% | 7.3% |
| | Physical Inactivity (% of adults age 65+ in fair or better health) | 42 | 30.4% | 26.5% |
| Sleep Health | Insufficient Sleep (% of adults age 65+) | 28 | 27.6% | 28.1% |
| Tobacco Use | Cigarette Smoking (% of adults age 65+) | 38 | 10.3% | 8.3% |
| Health Outcomes | | 39 | -0.456 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 adults age 65+)* | 16 | 11.5 | 13.7 |
| | Excessive Drinking (% of adults age 65+) | 7 | 6.2% | 7.6% |
| | Frequent Mental Distress (% of adults age 65+) | 31 | 8.8% | 8.7% |
| | Suicide (Deaths per 100,000 adults age 65+) | 29 | 19.2 | 17.6 |
| Mortality | Early Death (Deaths per 100,000 adults ages 65-74) | 42 | 2,102 | 1,773 |
| Physical Health | Falls (% of adults age 65+) | 17 | 27.3% | 27.8% |
| | Frequent Physical Distress (% of adults age 65+) | 37 | 18.7% | 17.6% |
| | Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74) | 32 | 56% | 53% |
| | Obesity (% of adults age 65+) | 49 | 35.7% | 29.5% |
| | Teeth Extractions (% of adults age 65+) | 41 | 15.5% | 11.4% |
| Demographics | | | | |
| Population - Age 65+ (% of population)* | | - | 17.5% | 18.0% |
| Population - Age 65+ - Rural (% of adults age 65+)* | | - | 33.1% | 24.1% |
| Functional Disability (% of adults age 65+)* | | - | 32.6% | 32.5% |
| Overall | | 35 | -0.124 | |

* Additional measure that does not contribute to a state's Overall rank.
 - Data not available, missing or suppressed.