

State Health Department Website:

Summary

Key Findings

Food Insecurity

18%▲

from 5.7% to 6.7% of adults age 60 and older between 2022 and 2023.

Early Death

6%▼

from 1,979 to 1,861 deaths per 100,000 adults ages 65-74 between 2022 and 2024.

Pneumonia Vaccination

6%▼

from 76.3% to 72.0% of adults age 65 and older between 2018 and 2024.

Strengths

- Low prevalence of avoiding care due to cost
- Low risk of social isolation

Challenges

- High prevalence of obesity
- Low number of geriatric clinicians per 100,000 older adults

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		25	0.057	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	3	9.8	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	26	14.2	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	24	\$45	\$53
	Food Insecurity (% of adults age 60+)	14	6.7%	9.2%
	Poverty (% of adults age 65+)	4	8.3%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	39	476	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	39	85.0%	88.2%
	Low-Care Nursing Home Residents (% of residents)	44	15.2%	9.0%
	Risk of Social Isolation (Index from 1-100)	6	32	–
	Volunteerism (% of adults age 65+)	20	31.1%	26.3%
Physical Environment		8	0.960	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	5	25.1%	33.3%
Clinical Care		21	0.185	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	4	2.2%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	44	25.0	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	31	39	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	29	75.7%	76.8%
	Flu Vaccination (% of adults age 65+)	16	64.9%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	15	72.0%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	42	93.8%	96.0%
	Hospice Care (% of Medicare decedents)	5	54.2%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	17	37.5%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	10	1,154	1,477
Behaviors		33	-0.182	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	39	24.9%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	31	5.9%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	32	27.8%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	6	22.5%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	32	9.2%	8.3%
Health Outcomes		22	-0.077	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	2	6.5	13.7
	Excessive Drinking (% of adults age 65+)	39	8.5%	7.6%
	Frequent Mental Distress (% of adults age 65+)	6	7.4%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	17	16.7	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	32	1,861	1,773
Physical Health	Falls (% of adults age 65+)	30	29.6%	27.8%
	Frequent Physical Distress (% of adults age 65+)	16	16.3%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	21	51%	53%
	Obesity (% of adults age 65+)	44	34.8%	29.5%
	Teeth Extractions (% of adults age 65+)	18	10.1%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	18.9%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	42.9%	24.1%
	Functional Disability (% of adults age 65+)*	–	29.4%	32.5%
Overall		26	0.046	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.