

State Health Department Website:

# Summary

## Key Findings

**Drug Deaths**  
47%▲

from 10.3 to 15.1 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

**SNAP Reach**  
40%▲

from 55.4 to 77.5 participants per 100 adults age 60 and older in poverty between 2019 and 2023.

**Flu Vaccination**  
17%▼

from 64.4% to 53.7% of adults age 65 and older between 2020 and 2024.

## Strengths

- Low suicide rate
- High level of community support expenditures

## Challenges

- High prevalence of frequent mental distress
- High poverty rate

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

## Measures

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>48</b>	<b>-1.022</b>	
<b>Community and Family Safety</b>	Internet Crime (Complaints per 10,000 adults age 60+)*	13	12.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	38	171	13.3
<b>Economic Resources</b>	Community Support Expenditures (Dollars per adult age 60+)	13	\$69	\$53
	Food Insecurity (% of adults age 60+)	48	13.0%	9.2%
	Poverty (% of adults age 65+)	50	14.9%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	22	77.5	86.8
<b>Social Support and Engagement</b>	High-Speed Internet (% of households with adults age 65+)	46	83.4%	88.2%
	Low-Care Nursing Home Residents (% of residents)	24	9.2%	9.0%
	Risk of Social Isolation (Index from 1-100)	49	97	—
	Volunteerism (% of adults age 65+)	43	20.7%	26.3%
<b>Physical Environment</b>		<b>45</b>	<b>-0.093</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	47	4.0	2.5
<b>Housing</b>	Housing Cost Burden (% of households with adults age 65+)	18	28.2%	33.3%
<b>Clinical Care</b>		<b>49</b>	<b>-1.013</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults age 65+)	48	6.0%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	46	22.1	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	16	52	65
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	33	75.3%	76.8%
	Flu Vaccination (% of adults age 65+)	47	53.7%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	44	66.8%	69.8%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults age 65+)	30	96.0%	96.0%
	Hospice Care (% of Medicare decedents)	23	48.2%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	50	18.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	48	1,943	1,477
<b>Behaviors</b>		<b>47</b>	<b>-1.218</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults age 65+)	42	22.7%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	44	4.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	42	30.4%	26.5%
<b>Sleep Health</b>	Insufficient Sleep (% of adults age 65+)	46	32.0%	28.1%
<b>Tobacco Use</b>	Cigarette Smoking (% of adults age 65+)	43	11.3%	8.3%
<b>Health Outcomes</b>		<b>48</b>	<b>-1.084</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 adults age 65+)*	33	15.1	13.7
	Excessive Drinking (% of adults age 65+)	37	8.4%	7.6%
	Frequent Mental Distress (% of adults age 65+)	48	11.5%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	18	16.8	17.6
<b>Mortality</b>	Early Death (Deaths per 100,000 adults ages 65-74)	43	2,280	1,773
<b>Physical Health</b>	Falls (% of adults age 65+)	31	30.0%	27.8%
	Frequent Physical Distress (% of adults age 65+)	45	21.0%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	46	60%	53%
	Obesity (% of adults age 65+)	35	32.9%	29.5%
	Teeth Extractions (% of adults age 65+)	44	16.7%	11.4%
<b>Demographics</b>				
Population - Age 65+ (% of population)*		—	17.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		—	30.5%	24.1%
Functional Disability (% of adults age 65+)*		—	37.0%	32.5%
<b>Overall</b>		<b>50</b>	<b>-1.029</b>	

\* Additional measure that does not contribute to a state's Overall rank.  
 — Data not available, missing or suppressed.