

State Health Department Website:

Summary

Key Findings

Drug Deaths

78%▲

from 6.7 to 11.9 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Flu Vaccination

44%▲

from 48.5% to 69.9% of adults age 65 and older between 2018 and 2024.

SNAP Reach

13%▲

from 87.0 to 98.7 participants per 100 adults age 60 and older in poverty between 2022 and 2023.

Strengths

- Low rate of motor vehicle deaths
- Low prevalence of food insecurity

Challenges

- High prevalence of frequent mental distress
- High prevalence of excessive drinking

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		7	0.640	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	18	13.9	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	6	9.0	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	34	\$36	\$53
	Food Insecurity (% of adults age 60+)	5	4.9%	9.2%
	Poverty (% of adults age 65+)	15	9.5%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	9	98.7	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	20	88.4%	88.2%
	Low-Care Nursing Home Residents (% of residents)	2	2.7%	9.0%
	Risk of Social Isolation (Index from 1-100)	10	34	–
	Volunteerism (% of adults age 65+)	34	24.2%	26.3%
Physical Environment		4	1.143	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	20	28.5%	33.3%
Clinical Care		3	0.950	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	3	2.0%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	14	46.6	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	14	55	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	7	80.9%	76.8%
	Flu Vaccination (% of adults age 65+)	6	69.9%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	6	74.4%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	9	97.4%	96.0%
	Hospice Care (% of Medicare decedents)	14	50.6%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	2	44.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	11	1,194	1,477
Behaviors		25	0.018	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	20	30.2%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	29	6.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	22	25.5%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	24	27.0%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	28	8.8%	8.3%
Health Outcomes		34	-0.291	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	17	11.9	13.7
	Excessive Drinking (% of adults age 65+)	33	8.2%	7.6%
	Frequent Mental Distress (% of adults age 65+)	42	9.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	31	21.0	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	24	1,738	1,773
Physical Health	Falls (% of adults age 65+)	38	31.3%	27.8%
	Frequent Physical Distress (% of adults age 65+)	29	17.9%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	9	44%	53%
	Obesity (% of adults age 65+)	22	30.4%	29.5%
	Teeth Extractions (% of adults age 65+)	35	13.6%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	23.5%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	63.5%	24.1%
Functional Disability (% of adults age 65+)*		–	30.8%	32.5%
Overall		12	0.370	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.