

State Health Department Website:

Summary

Key Findings

Motor Vehicle Deaths

38%▼

from 9.4 to 5.8 deaths per 100,000 adults age 65 and older between 2022 and 2023.

Flu Vaccination

33%▲

from 54.5% to 72.5% of adults age 65 and older between 2018 and 2024.

Food Insecurity

10%▲

from 7.1% to 7.8% of adults age 60 and older between 2022 and 2023.

Strengths

- Low early death rate
- High level of community support expenditures

Challenges

- High poverty rate
- Low hospice care use

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		9	0.561	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	33	178	174
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	1	5.8	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	1	\$222	\$53
	Food Insecurity (% of adults age 60+)	23	7.8%	9.2%
	Poverty (% of adults age 65+)	30	10.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	1	100.0	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	17	89.0%	88.2%
	Low-Care Nursing Home Residents (% of residents)	20	8.4%	9.0%
	Risk of Social Isolation (Index from 1-100)	34	57	–
	Volunteerism (% of adults age 65+)	30	27.7%	26.3%
Physical Environment		35	0.213	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	46	38.9%	33.3%
Clinical Care		5	0.715	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	28	3.7%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	2	674	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	6	81	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	2	83.3%	76.8%
	Flu Vaccination (% of adults age 65+)	2	72.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	11	73.3%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	11	97.3%	96.0%
	Hospice Care (% of Medicare decedents)	30	46.1%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	26	34.3%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	42	1,772	1,477
Behaviors		10	0.574	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	7	31.7%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	21	7.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	4	20.1%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	32	28.3%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	6	6.6%	8.3%
Health Outcomes		4	0.686	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	23	13.1	13.7
	Excessive Drinking (% of adults age 65+)	26	7.7%	7.6%
	Frequent Mental Distress (% of adults age 65+)	10	7.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	3	10.2	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	3	1,413	1,773
Physical Health	Falls (% of adults age 65+)	24	28.4%	27.8%
	Frequent Physical Distress (% of adults age 65+)	10	15.2%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	23	53%	53%
	Obesity (% of adults age 65+)	5	24.9%	29.5%
	Teeth Extractions (% of adults age 65+)	11	8.8%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	18.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	10.4%	24.1%
Functional Disability (% of adults age 65+)*		–	29.1%	32.5%
Overall		6	0.608	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.