

State Health Department Website:

Summary

Key Findings

SNAP Reach

23%▲

from 70.9 to 86.9 participants per 100 adults age 60 and older in poverty between 2018 and 2023.

Flu Vaccination

16%▼

from 74.6% to 62.9% of adults age 65 and older between 2022 and 2024.

Low-Care Nursing Home Residents

15%▲

from 10.4% to 12.0% of residents between 2021 and 2023.

Strengths

- Low suicide rate
- High prevalence of cancer screenings

Challenges

- High early death rate
- High prevalence of excessive drinking

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		27	-0.008	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	9	11.8	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	25	13.8	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	31	\$39	\$53
	Food Insecurity (% of adults age 60+)	29	8.4%	9.2%
	Poverty (% of adults age 65+)	30	10.8%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	15	86.9	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	22	87.8%	88.2%
	Low-Care Nursing Home Residents (% of residents)	35	12.0%	9.0%
	Risk of Social Isolation (Index from 1-100)	30	52	-
	Volunteerism (% of adults age 65+)	25	30.1%	26.3%
Physical Environment		32	0.317	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	48	10.4	8.8
	Drinking Water Violations (Average violations per community water system)	6	1.4	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	22	28.9%	33.3%
Clinical Care		24	0.106	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	34	4.0%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	15	44.5	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	27	42	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	8	80.8%	76.8%
	Flu Vaccination (% of adults age 65+)	27	62.9%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	27	70.9%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	16	96.9%	96.0%
	Hospice Care (% of Medicare decedents)	15	49.7%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	20	37.1%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	46	1,845	1,477
Behaviors		23	0.034	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	15	31.0%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	9	8.7%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	34	28.1%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	17	25.6%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	39	10.5%	8.3%
Health Outcomes		29	-0.192	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	30	14.2	13.7
	Excessive Drinking (% of adults age 65+)	39	8.5%	7.6%
	Frequent Mental Distress (% of adults age 65+)	33	8.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	13	15.3	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	34	1,865	1,773
Physical Health	Falls (% of adults age 65+)	11	26.7%	27.8%
	Frequent Physical Distress (% of adults age 65+)	27	17.6%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	29	55%	53%
	Obesity (% of adults age 65+)	37	33.1%	29.5%
	Teeth Extractions (% of adults age 65+)	28	11.7%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	-	19.6%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	-	31.0%	24.1%
	Functional Disability (% of adults age 65+)*	-	31.3%	32.5%
Overall		27	-0.007	

* Additional measure that does not contribute to a state's Overall rank.
 - Data not available, missing or suppressed.