

State Health Department Website:

Summary

Key Findings

Drug Deaths

26%▲

from 10.3 to 13.0 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Food Insecurity

19%▲

from 7.4% to 8.8% of adults age 60 and older between 2022 and 2023.

Home Health Care Workers

13%▲

from 55 to 62 aides per 1,000 adults age 65 and older between 2022 and 2024.

Strengths

- Low early death rate
- Low suicide rate

Challenges

- High prevalence of excessive drinking
- High prevalence of low-care nursing home residents

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		28	-0.009	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	16	12.5	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	7	9.9	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	21	\$49	\$53
	Food Insecurity (% of adults age 60+)	33	8.8%	9.2%
	Poverty (% of adults age 65+)	17	9.7%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	32	59.1	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	10	90.5%	88.2%
	Low-Care Nursing Home Residents (% of residents)	41	13.9%	9.0%
	Risk of Social Isolation (Index from 1-100)	23	46	–
	Volunteerism (% of adults age 65+)	47	20.0%	26.3%
Physical Environment		41	0.027	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	25	79	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	49	41.1%	33.3%
Clinical Care		19	0.237	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	31	3.8%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	4	65.9	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	11	62	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	10	79.8%	76.8%
	Flu Vaccination (% of adults age 65+)	24	63.4%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	40	67.8%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	19	96.5%	96.0%
	Hospice Care (% of Medicare decedents)	37	44.0%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	12	39.5%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	33	1,571	1,477
Behaviors		9	0.580	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	9	31.6%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	2	12.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	19	24.6%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	44	31.5%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	8	6.9%	8.3%
Health Outcomes		2	0.725	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	20	13.0	13.7
	Excessive Drinking (% of adults age 65+)	43	8.7%	7.6%
	Frequent Mental Distress (% of adults age 65+)	15	8.1%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	2	10.0	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	1	1,389	1,773
Physical Health	Falls (% of adults age 65+)	1	22.0%	27.8%
	Frequent Physical Distress (% of adults age 65+)	9	15.1%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	43	58%	53%
	Obesity (% of adults age 65+)	7	25.8%	29.5%
	Teeth Extractions (% of adults age 65+)	8	8.3%	11.4%
Demographics				
	Population - Age 65+ (% of population)*	–	18.0%	18.0%
	Population - Age 65+ - Rural (% of adults age 65+)*	–	7.3%	24.1%
	Functional Disability (% of adults age 65+)*	–	29.1%	32.5%
Overall		14	0.343	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.