

State Health Department Website:

# Summary

## Key Findings

**Drug Deaths**  
**39%**▲

from 13.7 to 19.0 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

**SNAP Reach**  
**30%**▲

from 60.0 to 77.8 participants per 100 adults age 60 and older in poverty between 2019 and 2023.

**Flu Vaccination**  
**21%**▲

from 53.2% to 64.5% of adults age 65 and older between 2018 and 2024.

## Strengths

- Low prevalence of excessive drinking
- High level of community support expenditures

## Challenges

- High suicide rate
- High poverty rate

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

## Measures

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>45</b>	<b>-0.874</b>	
<b>Community and Family Safety</b>	Internet Crime (Complaints per 10,000 adults age 60+)*	41	20.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	40	17.4	13.3
<b>Economic Resources</b>	Community Support Expenditures (Dollars per adult age 60+)	11	\$84	\$53
	Food Insecurity (% of adults age 60+)	43	10.7%	9.2%
	Poverty (% of adults age 65+)	47	14.0%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	21	77.8	86.8
<b>Social Support and Engagement</b>	High-Speed Internet (% of households with adults age 65+)	43	84.6%	88.2%
	Low-Care Nursing Home Residents (% of residents)	43	15.0%	9.0%
	Risk of Social Isolation (Index from 1-100)	48	86	-
	Volunteerism (% of adults age 65+)	41	21.6%	26.3%
<b>Physical Environment</b>		<b>17</b>	<b>0.713</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	46	3.6	2.5
<b>Housing</b>	Housing Cost Burden (% of households with adults age 65+)	10	26.2%	33.3%
<b>Clinical Care</b>		<b>39</b>	<b>-0.463</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults age 65+)	41	4.7%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	36	30.5	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	5	87	65
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	48	68.7%	76.8%
	Flu Vaccination (% of adults age 65+)	19	64.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	31	70.2%	69.8%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults age 65+)	49	88.0%	96.0%
	Hospice Care (% of Medicare decedents)	34	45.1%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	41	27.6%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	9	1,110	1,477
<b>Behaviors</b>		<b>39</b>	<b>-0.476</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults age 65+)	36	25.2%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	44	4.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	18	24.5%	26.5%
<b>Sleep Health</b>	Insufficient Sleep (% of adults age 65+)	7	22.6%	28.1%
<b>Tobacco Use</b>	Cigarette Smoking (% of adults age 65+)	48	12.9%	8.3%
<b>Health Outcomes</b>		<b>25</b>	<b>-0.118</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 adults age 65+)*	43	19.0	13.7
	Excessive Drinking (% of adults age 65+)	8	6.3%	7.6%
	Frequent Mental Distress (% of adults age 65+)	49	11.6%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	40	23.7	17.6
<b>Mortality</b>	Early Death (Deaths per 100,000 adults ages 65-74)	30	1,804	1,773
<b>Physical Health</b>	Falls (% of adults age 65+)	20	27.7%	27.8%
	Frequent Physical Distress (% of adults age 65+)	42	20.3%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	9	44%	53%
	Obesity (% of adults age 65+)	4	24.7%	29.5%
	Teeth Extractions (% of adults age 65+)	34	12.9%	11.4%
<b>Demographics</b>				
Population - Age 65+ (% of population)*		-	20.2%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		-	28.8%	24.1%
Functional Disability (% of adults age 65+)*		-	38.0%	32.5%
<b>Overall</b>		<b>42</b>	<b>-0.444</b>	

\* Additional measure that does not contribute to a state's Overall rank.  
 - Data not available, missing or suppressed.