

State Health Department Website:

Summary

Key Findings

Geriatric Clinicians

136%▲

from 11.7 to 27.6 per 100,000 adults age 65 and older between Sept. 2020 and Sept. 2025.

Physical Inactivity

21%▼

from 34.5% to 27.3% of adults age 65 and older in fair or better health between 2017 and 2024.

Flu Vaccination

12%▼

from 69.5% to 61.2% of adults age 65 and older between 2021 and 2024.

Strengths

- Low prevalence of frequent mental distress
- High level of community support expenditures

Challenges

- High prevalence of obesity
- Low SNAP participation among older adults in poverty

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		19	0.114	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	2	9.5	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	32	15.7	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	4	\$142	\$53
	Food Insecurity (% of adults age 60+)	1	3.8%	9.2%
	Poverty (% of adults age 65+)	22	9.9%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	49	34.2	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	48	82.5%	88.2%
	Low-Care Nursing Home Residents (% of residents)	34	11.9%	9.0%
	Risk of Social Isolation (Index from 1-100)	21	44	–
	Volunteerism (% of adults age 65+)	19	31.6%	26.3%
Physical Environment		5	1.117	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	30	8.3	8.8
	Drinking Water Violations (Average violations per community water system)	4	1.2	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	3	24.6%	33.3%
Clinical Care		27	0.011	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	5	2.3%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	40	276	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	17	51	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	17	77.9%	76.8%
	Flu Vaccination (% of adults age 65+)	33	61.2%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	31	70.2%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	35	95.3%	96.0%
	Hospice Care (% of Medicare decedents)	48	36.2%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	1	49.1%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	26	1,437	1,477
Behaviors		18	0.164	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	27	28.6%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	22	7.0%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	30	27.3%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	2	20.7%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	33	9.4%	8.3%
Health Outcomes		14	0.360	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	–	–	13.7
	Excessive Drinking (% of adults age 65+)	29	7.8%	7.6%
	Frequent Mental Distress (% of adults age 65+)	1	5.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	11	14.7	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	20	1,703	1,773
Physical Health	Falls (% of adults age 65+)	10	26.6%	27.8%
	Frequent Physical Distress (% of adults age 65+)	3	14.3%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	19	50%	53%
	Obesity (% of adults age 65+)	46	35.2%	29.5%
	Teeth Extractions (% of adults age 65+)	24	11.1%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	17.3%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	45.3%	24.1%
Functional Disability (% of adults age 65+)*		–	30.7%	32.5%
Overall		15	0.215	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.