

State Health Department Website:

# Summary

## Key Findings

**High-Speed Internet**  
**38%**▲

from 63.0% to 87.1% of households with adults age 65 and older between 2015 and 2024.

**Low-Care Nursing Home Residents**

**16%**▲

from 6.8% to 7.9% of residents between 2021 and 2023.

**Food Insecurity**

**12%**▼

from 9.8% to 8.6% of adults age 60 and older between 2022 and 2023.

## Strengths

- Low prevalence of frequent mental distress
- High prevalence of older adults with a dedicated health care provider

## Challenges

- High early death rate
- High rate of motor vehicle deaths

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

## Measures

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>38</b>	<b>-0.142</b>	
<b>Community and Family Safety</b>	Internet Crime (Complaints per 10,000 adults age 60+)*	26	15.9	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	44	18.7	13.3
<b>Economic Resources</b>	Community Support Expenditures (Dollars per adult age 60+)	41	\$30	\$53
	Food Insecurity (% of adults age 60+)	32	8.6%	9.2%
	Poverty (% of adults age 65+)	34	11.1%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	31	60.6	86.8
<b>Social Support and Engagement</b>	High-Speed Internet (% of households with adults age 65+)	29	87.1%	88.2%
	Low-Care Nursing Home Residents (% of residents)	18	79%	9.0%
	Risk of Social Isolation (Index from 1-100)	22	45	–
	Volunteerism (% of adults age 65+)	12	33.3%	26.3%
<b>Physical Environment</b>		<b>22</b>	<b>0.627</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
<b>Housing</b>	Housing Cost Burden (% of households with adults age 65+)	17	28.1%	33.3%
<b>Clinical Care</b>		<b>28</b>	<b>-0.021</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults age 65+)	28	3.7%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	32	33.7	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	36	33	65
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	13	78.3%	76.8%
	Flu Vaccination (% of adults age 65+)	38	59.7%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	28	70.7%	69.8%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults age 65+)	11	97.3%	96.0%
	Hospice Care (% of Medicare decedents)	11	51.8%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	39	29.4%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	18	1,292	1,477
<b>Behaviors</b>		<b>24</b>	<b>0.022</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults age 65+)	13	31.1%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	16	7.6%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	30	27.3%	26.5%
<b>Sleep Health</b>	Insufficient Sleep (% of adults age 65+)	22	26.6%	28.1%
<b>Tobacco Use</b>	Cigarette Smoking (% of adults age 65+)	37	9.6%	8.3%
<b>Health Outcomes</b>		<b>30</b>	<b>-0.215</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 adults age 65+)*	34	15.2	13.7
	Excessive Drinking (% of adults age 65+)	21	7.5%	7.6%
	Frequent Mental Distress (% of adults age 65+)	9	7.5%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	28	19.1	17.6
<b>Mortality</b>	Early Death (Deaths per 100,000 adults ages 65-74)	39	1,999	1,773
<b>Physical Health</b>	Falls (% of adults age 65+)	16	27.0%	27.8%
	Frequent Physical Distress (% of adults age 65+)	32	18.1%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	36	57%	53%
	Obesity (% of adults age 65+)	29	31.1%	29.5%
	Teeth Extractions (% of adults age 65+)	38	14.6%	11.4%
<b>Demographics</b>				
Population - Age 65+ (% of population)*		–	19.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	34.8%	24.1%
Functional Disability (% of adults age 65+)*		–	32.1%	32.5%
<b>Overall</b>		<b>29</b>	<b>-0.065</b>	

\* Additional measure that does not contribute to a state's Overall rank.  
 – Data not available, missing or suppressed.