

Health Department Website:

Summary

Key Findings

Internet Crime

55%▲

from 11.2 to 17.4 complaints per 10,000 adults age 60 and older between 2023 and 2024.

Drug Deaths

38%▲

from 9.9 to 13.7 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Physical Inactivity

16%▼

from 31.7% to 26.5% of adults age 65 and older in fair or better health between 2023 and 2024.

Food Insecurity

6%▲

from 8.7% to 9.2% of adults age 60 and older between 2022 and 2023.

Home Health Care Workers

5%▲

from 62 to 65 aides per 1,000 adults age 65 and older between 2023 and 2024.

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		U.S. Value
Social and Economic Factors		
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	\$53
	Food Insecurity (% of adults age 60+)	9.2%
	Poverty (% of adults age 65+)	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	88.2%
	Low-Care Nursing Home Residents (% of residents)	9.0%
	Risk of Social Isolation (Index from 1-100)	-
	Volunteerism (% of adults age 65+)	26.3%
Physical Environment		
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8.8
	Drinking Water Violations (Average violations per community water system)	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	33.3%
Clinical Care		
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	76.8%
	Flu Vaccination (% of adults age 65+)	62.5%
	Pneumonia Vaccination (% of adults age 65+)	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	96.0%
	Hospice Care (% of Medicare decedents)	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	1,477
Behaviors		
Nutrition and Physical Activity	Exercise (% of adults age 65+)	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	8.3%
Health Outcomes		
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	13.7
	Excessive Drinking (% of adults age 65+)	7.6%
	Frequent Mental Distress (% of adults age 65+)	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	1,773
Physical Health	Falls (% of adults age 65+)	27.8%
	Frequent Physical Distress (% of adults age 65+)	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	53%
	Obesity (% of adults age 65+)	29.5%
	Teeth Extractions (% of adults age 65+)	11.4%
Demographics		
Population - Age 65+ (% of population)*		18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		24.1%
Functional Disability (% of adults age 65+)*		32.5%

* Additional measure that does not contribute to a state's Overall rank.
 - Data not available, missing or suppressed.