

State Health Department Website:

# Summary

## Key Findings

### Teeth Extractions

44%▼

from 16.9% to 9.5% of adults age 65 and older between 2014 and 2024.

### Nursing Home Quality

39%▼

from 41.9% to 25.7% of certified nursing home beds between Sept. 2024-Nov. 2024 and Sept. 2025-Nov. 2025.

### Food Insecurity

29%▲

from 6.3% to 8.1% of adults age 60 and older between 2022 and 2023.

## Strengths

- Low poverty rate
- Low prevalence of avoiding care due to cost

## Challenges

- High suicide rate
- High housing cost burden

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

## Measures

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>2</b>	<b>0.830</b>	
<b>Community and Family Safety</b>	Internet Crime (Complaints per 10,000 adults age 60+)*	14	12.4	17.4
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	28	15.3	13.3
<b>Economic Resources</b>	Community Support Expenditures (Dollars per adult age 60+)	8	\$101	\$53
	Food Insecurity (% of adults age 60+)	25	8.1%	9.2%
	Poverty (% of adults age 65+)	3	8.2%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	11	976	86.8
<b>Social Support and Engagement</b>	High-Speed Internet (% of households with adults age 65+)	18	88.9%	88.2%
	Low-Care Nursing Home Residents (% of residents)	11	5.7%	9.0%
	Risk of Social Isolation (Index from 1-100)	10	34	–
	Volunteerism (% of adults age 65+)	3	42.9%	26.3%
<b>Physical Environment</b>		<b>12</b>	<b>0.857</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	8	6.0	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
<b>Housing</b>	Housing Cost Burden (% of households with adults age 65+)	37	33.1%	33.3%
<b>Clinical Care</b>		<b>14</b>	<b>0.347</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults age 65+)	1	1.6%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	29	34.5	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	18	49	65
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	12	78.4%	76.8%
	Flu Vaccination (% of adults age 65+)	1	73.1%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	25	71.4%	69.8%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults age 65+)	9	97.4%	96.0%
	Hospice Care (% of Medicare decedents)	40	43.4%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	45	25.7%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	12	1,210	1,477
<b>Behaviors</b>		<b>1</b>	<b>1.366</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults age 65+)	2	36.3%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	1	13.3%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	3	19.9%	26.5%
<b>Sleep Health</b>	Insufficient Sleep (% of adults age 65+)	13	24.9%	28.1%
<b>Tobacco Use</b>	Cigarette Smoking (% of adults age 65+)	4	6.5%	8.3%
<b>Health Outcomes</b>		<b>13</b>	<b>0.406</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 adults age 65+)*	12	10.2	13.7
	Excessive Drinking (% of adults age 65+)	37	8.4%	7.6%
	Frequent Mental Distress (% of adults age 65+)	2	6.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	39	23.0	17.6
<b>Mortality</b>	Early Death (Deaths per 100,000 adults ages 65-74)	9	1,510	1,773
<b>Physical Health</b>	Falls (% of adults age 65+)	39	31.9%	27.8%
	Frequent Physical Distress (% of adults age 65+)	7	14.8%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	2	38%	53%
	Obesity (% of adults age 65+)	9	27.8%	29.5%
	Teeth Extractions (% of adults age 65+)	13	9.5%	11.4%
<b>Demographics</b>				
Population - Age 65+ (% of population)*		–	22.8%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	68.5%	24.1%
Functional Disability (% of adults age 65+)*		–	28.6%	32.5%
<b>Overall</b>		<b>1</b>	<b>0.736</b>	

\* Additional measure that does not contribute to a state's Overall rank.  
 – Data not available, missing or suppressed.