

State Health Department Website:

Summary

Key Findings

Drug Deaths
43%▲

from 8.3 to 11.9 deaths per 100,000 adults age 65 and older between 2019-2021 and 2022-2024.

Unpaid Older Adult Care
39%▲

from 13.5% to 18.7% between 2021-2022 and 2023-2024.

Physical Inactivity
23%▼

from 33.8% to 26.0% of adults age 65 and older in fair or better health between 2023 and 2024.

Strengths

- Low prevalence of full-mouth teeth extractions
- Low risk of social isolation

Challenges

- High prevalence of excessive drinking
- High prevalence of obesity

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social and Economic Factors | | 13 | 0.383 | |
| Community and Family Safety | Internet Crime (Complaints per 10,000 adults age 60+)* | 6 | 11.3 | 17.4 |
| | Motor Vehicle Deaths (Deaths per 100,000 adults age 65+) | 11 | 10.4 | 13.3 |
| Economic Resources | Community Support Expenditures (Dollars per adult age 60+) | 20 | \$51 | \$53 |
| | Food Insecurity (% of adults age 60+) | 11 | 6.3% | 9.2% |
| | Poverty (% of adults age 65+) | 22 | 9.9% | 11.2% |
| | SNAP Reach (Participants per 100 adults age 60+ living in poverty) | 25 | 74.3 | 86.8 |
| Social Support and Engagement | High-Speed Internet (% of households with adults age 65+) | 34 | 86.0% | 88.2% |
| | Low-Care Nursing Home Residents (% of residents) | 19 | 8.1% | 9.0% |
| | Risk of Social Isolation (Index from 1-100) | 6 | 32 | – |
| | Volunteerism (% of adults age 65+) | 11 | 33.4% | 26.3% |
| Physical Environment | | 25 | 0.520 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 39 | 8.6 | 8.8 |
| | Drinking Water Violations (Average violations per community water system) | 6 | 1.4 | 2.5 |
| Housing | Housing Cost Burden (% of households with adults age 65+) | 32 | 31.7% | 33.3% |
| Clinical Care | | 11 | 0.404 | |
| Access to Care | Avoided Care Due to Cost (% of adults age 65+) | 8 | 2.5% | 3.8% |
| | Geriatric Clinicians (Clinicians per 100,000 adults age 65+) | 31 | 33.9 | 41.5 |
| | Home Health Care Workers (Workers per 1,000 adults age 65+) | 10 | 68 | 65 |
| Preventive Clinical Services | Cancer Screenings (% of adults ages 65-75) | 11 | 78.8% | 76.8% |
| | Flu Vaccination (% of adults age 65+) | 21 | 63.6% | 62.5% |
| | Pneumonia Vaccination (% of adults age 65+) | 21 | 71.7% | 69.8% |
| Quality of Care | Dedicated Health Care Provider (% of adults age 65+) | 34 | 95.5% | 96.0% |
| | Hospice Care (% of Medicare decedents) | 4 | 54.3% | 46.9% |
| | Nursing Home Quality (% of beds rated four or five stars) | 22 | 36.8% | 34.0% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74) | 19 | 1,295 | 1,477 |
| Behaviors | | 28 | -0.080 | |
| Nutrition and Physical Activity | Exercise (% of adults age 65+) | 34 | 26.5% | 29.0% |
| | Fruit and Vegetable Consumption (% of adults age 65+) | 29 | 6.3% | 7.3% |
| | Physical Inactivity (% of adults age 65+ in fair or better health) | 25 | 26.0% | 26.5% |
| Sleep Health | Insufficient Sleep (% of adults age 65+) | 11 | 23.9% | 28.1% |
| Tobacco Use | Cigarette Smoking (% of adults age 65+) | 33 | 9.4% | 8.3% |
| Health Outcomes | | 31 | -0.216 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 adults age 65+)* | 17 | 11.9 | 13.7 |
| | Excessive Drinking (% of adults age 65+) | 48 | 9.6% | 7.6% |
| | Frequent Mental Distress (% of adults age 65+) | 26 | 8.7% | 8.7% |
| | Suicide (Deaths per 100,000 adults age 65+) | 19 | 170 | 17.6 |
| Mortality | Early Death (Deaths per 100,000 adults ages 65-74) | 18 | 1,631 | 1,773 |
| Physical Health | Falls (% of adults age 65+) | 36 | 30.6% | 27.8% |
| | Frequent Physical Distress (% of adults age 65+) | 28 | 17.7% | 17.6% |
| | Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74) | 13 | 47% | 53% |
| | Obesity (% of adults age 65+) | 47 | 35.5% | 29.5% |
| | Teeth Extractions (% of adults age 65+) | 13 | 9.5% | 11.4% |
| Demographics | | | | |
| | Population - Age 65+ (% of population)* | – | 19.6% | 18.0% |
| | Population - Age 65+ - Rural (% of adults age 65+)* | – | 39.2% | 24.1% |
| | Functional Disability (% of adults age 65+)* | – | 28.5% | 32.5% |
| Overall | | 21 | 0.152 | |

* Additional measure that does not contribute to a state's Overall rank.
– Data not available, missing or suppressed.