

State Health Department Website:

Summary

Key Findings

Motor Vehicle Deaths

62%▲

from 19.3 to 31.2 deaths per 100,000 adults age 65 and older between 2021 and 2023.

Frequent Mental Distress

48%▲

from 6.0% to 8.9% of adults age 65 and older between 2017 and 2024.

Early Death

20%▼

from 2,299 to 1,847 deaths per 100,000 adults ages 65-74 between 2021 and 2024.

Strengths

- High level of community support expenditures
- Low prevalence of physical inactivity

Challenges

- Low SNAP participation among older adults in poverty
- High suicide rate

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Measures

		State Rank	State Value	U.S. Value
Social and Economic Factors		34	-0.053	
Community and Family Safety	Internet Crime (Complaints per 10,000 adults age 60+)*	31	173	174
	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	50	31.2	13.3
Economic Resources	Community Support Expenditures (Dollars per adult age 60+)	2	\$157	\$53
	Food Insecurity (% of adults age 60+)	35	9.4%	9.2%
	Poverty (% of adults age 65+)	8	9.0%	11.2%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	50	14.8	86.8
Social Support and Engagement	High-Speed Internet (% of households with adults age 65+)	42	84.7%	88.2%
	Low-Care Nursing Home Residents (% of residents)	36	12.1%	9.0%
	Risk of Social Isolation (Index from 1-100)	12	37	–
	Volunteerism (% of adults age 65+)	12	33.3%	26.3%
Physical Environment		3	1.400	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	1	4.1	8.8
	Drinking Water Violations (Average violations per community water system)	14	1.7	2.5
Housing	Housing Cost Burden (% of households with adults age 65+)	10	26.2%	33.3%
Clinical Care		47	-0.870	
Access to Care	Avoided Care Due to Cost (% of adults age 65+)	17	2.9%	3.8%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	49	19.9	41.5
	Home Health Care Workers (Workers per 1,000 adults age 65+)	42	29	65
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	49	65.0%	76.8%
	Flu Vaccination (% of adults age 65+)	46	54.5%	62.5%
	Pneumonia Vaccination (% of adults age 65+)	39	69.0%	69.8%
Quality of Care	Dedicated Health Care Provider (% of adults age 65+)	47	90.8%	96.0%
	Hospice Care (% of Medicare decedents)	47	37.7%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	23	36.5%	34.0%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	25	1,390	1,477
Behaviors		16	0.224	
Nutrition and Physical Activity	Exercise (% of adults age 65+)	25	29.1%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	25	6.9%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	14	23.7%	26.5%
Sleep Health	Insufficient Sleep (% of adults age 65+)	8	23.1%	28.1%
Tobacco Use	Cigarette Smoking (% of adults age 65+)	35	9.5%	8.3%
Health Outcomes		27	-0.157	
Behavioral Health	Drug Deaths (Deaths per 100,000 adults age 65+)*	23	13.1	13.7
	Excessive Drinking (% of adults age 65+)	13	6.7%	7.6%
	Frequent Mental Distress (% of adults age 65+)	33	8.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	48	30.1	17.6
Mortality	Early Death (Deaths per 100,000 adults ages 65-74)	31	1,847	1,773
Physical Health	Falls (% of adults age 65+)	41	32.2%	27.8%
	Frequent Physical Distress (% of adults age 65+)	29	17.9%	17.6%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	1	36%	53%
	Obesity (% of adults age 65+)	15	29.1%	29.5%
	Teeth Extractions (% of adults age 65+)	29	11.9%	11.4%
Demographics				
Population - Age 65+ (% of population)*		–	19.7%	18.0%
Population - Age 65+ - Rural (% of adults age 65+)*		–	46.5%	24.1%
Functional Disability (% of adults age 65+)*		–	34.2%	32.5%
Overall		34	-0.114	

* Additional measure that does not contribute to a state's Overall rank.
 – Data not available, missing or suppressed.