

Alabama

State Health Department Website: alabamapublichealth.gov

Summary

Strengths:

- Low prevalence of excessive drinking
- High rate of high school graduation
- High prevalence of colorectal cancer screening

Challenges:

- High prevalence of multiple chronic conditions
- High percentage of households with food insecurity
- High prevalence of insufficient sleep

Highlights:

FREQUENT PHYSICAL DISTRESS

▼ **26%**

from 16.0% to 11.8% of adults between 2019 and 2020

OBESITY

▲ **16%**

from 33.5% to 39.0% of adults between 2014 and 2020

PUBLIC HEALTH FUNDING

▲ **12%**

from \$115 to \$129 per person between 2017-2018 and 2019-2020

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--------|------------|---------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | ++ | 38 | 6.1 | 4.2 |
| Public Health Funding (dollars per person) | ++++ | 20 | \$129 | \$116 |
| Violent Crime (offenses per 100,000 population) | + | 44 | 511 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | + | 43 | 70 | — |
| Food Insecurity (% of households) | + | 46 | 14.0% | 10.7% |
| Income Inequality (80-20 ratio) | + | 45 | 5.15 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | +++++ | 1 | 91.7% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | +++++ | 2 | 3.0 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | +++ | 30 | 16.3% | 14.8% |
| High-speed Internet (% of households) | + | 46 | 85.1% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | ++++ | 14 | 57 | 62 |
| Volunteerism (% ages 16+) | ++ | 39 | 28.7% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | + | 42 | 55.6% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | ++ | 33 | 7.8 | 8.3 |
| Drinking Water Violations (% of community water systems) | +++ | 30 | 0.3% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | ++ | 40 | 8,593,189 | — |
| Water Fluoridation (% of population served) | +++ | 23 | 78.0% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | + | 50 | 85.2% | 75.9% |
| Housing With Lead Risk (% of housing stock) | ++++ | 13 | 11.7% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | ++++ | 15 | 13.7% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | + | 45 | 13.1% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | + | 49 | 42.6 | 62.3 |
| Mental Health | + | 50 | 120.8 | 284.3 |
| Primary Care | + | 46 | 213.5 | 252.3 |
| Uninsured (% of population) | ++ | 33 | 9.7% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | ++++ | 12 | 76.9% | 74.3% |
| Dental Visit (% ages 18+) | ++ | 38 | 61.4% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | ++++ | 13 | 79.9% | 75.4% |
| Flu Vaccination (% ages 18+) | + | 42 | 42.2% | 47.0% |
| HPV Vaccination (% ages 13-17) | ++ | 39 | 52.9% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | +++ | 22 | 78.5% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | + | 46 | 4,912 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | + | 45 | 17.6% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | + | 45 | 5.9% | 8.0% |
| Physical Inactivity (% ages 18+) | + | 45 | 28.8% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | + | 41 | 636.9 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | +++ | 30 | 5.7% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | + | 46 | 25.6 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | + | 47 | 38.3% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | + | 41 | 18.5% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | +++++ | 5 | 14.3% | 17.6% |
| Frequent Mental Distress (% ages 18+) | + | 42 | 15.8% | 13.2% |
| Non-medical Drug Use (% ages 18+) | ++ | 38 | 13.1% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | + | 48 | 10,380 | 7,337 |
| Premature Death Racial Disparity (ratio) | +++++ | 9 | 1.2 | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | + | 43 | 11.8% | 9.9% |
| Low Birthweight (% of live births) | + | 48 | 10.5% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | ++ | 35 | 2.1 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | + | 48 | 14.3% | 9.1% |
| Obesity (% ages 18+) | + | 48 | 39.0% | 31.9% |
| OVERALL | | | -0.601 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Alaska

State Health Department Website: dhss.alaska.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | ++ | 36 | -0.162 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | + | 45 | 7.9 | 4.2 |
| | Public Health Funding (dollars per person) | +++++ | 1 | \$449 | \$116 |
| | Violent Crime (offenses per 100,000 population) | + | 50 | 867 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++++ | 19 | 40 | — |
| | Food Insecurity (% of households) | +++ | 28 | 10.6% | 10.7% |
| | Income Inequality (80-20 ratio) | +++++ | 10 | 4.29 | 4.85 |
| Education | High School Graduation (% of students) | + | 46 | 80.4% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | ++ | 35 | 17.7 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | + | 44 | 18.9% | 14.8% |
| | High-speed Internet (% of households) | +++++ | 16 | 90.7% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | +++++ | 10 | 53 | 62 |
| | Volunteerism (% ages 16+) | ++++ | 12 | 38.2% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++ | 33 | 58.3% | 60.1% |
| PHYSICAL ENVIRONMENT* | | ++ | 33 | -0.016 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 16 | 6.8 | 8.3 |
| | Drinking Water Violations (% of community water systems) | + | 47 | 4.8% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++++ | 2 | 11,929 | — |
| | Water Fluoridation (% of population served) | + | 43 | 49.6% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++++ | 4 | 70.0% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++++ | 3 | 7.7% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | + | 46 | 20.8% | 17.3% |
| CLINICAL CARE* | | ++ | 37 | -0.328 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++ | 31 | 10.5% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | +++++ | 1 | 92.0 | 62.3 |
| | Mental Health | +++++ | 2 | 625.9 | 284.3 |
| | Primary Care | +++++ | 4 | 332.2 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | + | 44 | 12.2% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++ | 39 | 70.3% | 74.3% |
| | Dental Visit (% ages 18+) | ++ | 37 | 62.5% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | + | 50 | 64.6% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | + | 48 | 39.6% | 47.0% |
| | HPV Vaccination (% ages 13-17) | +++ | 30 | 54.9% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | + | 50 | 65.6% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++++ | 5 | 2,236 | 3,770 |
| BEHAVIORS* | | +++ | 26 | -0.009 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++++ | 9 | 25.6% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++ | 24 | 8.1% | 8.0% |
| | Physical Inactivity (% ages 18+) | ++++ | 19 | 21.3% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | + | 50 | 854.9 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | +++++ | 2 | 4.3% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | +++ | 30 | 18.3 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++ | 22 | 31.8% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++ | 37 | 18.0% | 15.5% |
| HEALTH OUTCOMES* | | +++ | 27 | 0.059 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | + | 41 | 19.7% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | +++++ | 2 | 9.9% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | + | 42 | 14.1% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++ | 37 | 8,405 | 7,337 |
| | Premature Death Racial Disparity (ratio) | + | 43 | 2.5 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++++ | 14 | 8.8% | 9.9% |
| | Low Birthweight (% of live births) | +++++ | 1 | 6.3% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | +++ | 27 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | +++++ | 3 | 7.2% | 9.1% |
| | Obesity (% ages 18+) | +++ | 25 | 31.9% | 31.9% |
| OVERALL | | | — | -0.086 | — |

* Values derived from individual measure data. Higher values are considered healthier.
— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of frequent mental distress
- High per capita public health funding
- Low prevalence of high-risk HIV behaviors

Challenges:

- High racial disparity in premature death rates
- High occupational fatality rate
- Low prevalence of having a dedicated health care provider

Highlights:

DEPRESSION

▼ **21%**

from 20.2% to 15.9% of adults between 2018 and 2020

FLU VACCINATION

▲ **17%**

from 33.8% to 39.6% of adults between 2018 and 2020

ANNUAL DENTAL VISITS

▼ **10%**

from 69.3% to 62.5% of adults between 2018 and 2020

Arizona

State Health Department Website: azdhs.gov

Summary

Strengths:

- High voter participation
- Low prevalence of cigarette smoking
- Low preventable hospitalization rate

Challenges:

- High economic hardship index score
- Low rate of high school graduation
- Low prevalence of having a dedicated health care provider

Highlights:

FOOD INSECURITY

 **29%**

from 15.4% to 11.0% of households between 2012-2014 and 2018-2020

ADULTS WHO AVOIDED CARE DUE TO COST

 **17%**

from 14.1% to 11.7% between 2017 and 2020

DRUG DEATHS

 **12%**

from 23.9 to 26.8 deaths per 100,000 population between 2018 and 2019

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|-------------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| ++ 40 -0.277 — | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++ | 21 | 4.5 |
| | Public Health Funding (dollars per person) | + | 43 | \$79 |
| | Violent Crime (offenses per 100,000 population) | + | 41 | 455 |
| Economic Resources | Economic Hardship Index (index from 1-100) | + | 45 | 71 |
| | Food Insecurity (% of households) | +++ | 29 | 11.0% |
| | Income Inequality (80-20 ratio) | ++++ | 19 | 4.41 |
| Education | High School Graduation (% of students) | + | 49 | 77.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++ | 30 | 15.6 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++ | 35 | 17.3% |
| | High-speed Internet (% of households) | +++ | 28 | 88.9% |
| | Residential Segregation — Black/White (index from 0-100) | ++++ | 8 | 52 |
| | Volunteerism (% ages 16+) | ++ | 40 | 28.6% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++++ | 8 | 65.4% |
| | | | | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| +++ 29 0.084 — | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | + | 46 | 9.1 |
| | Drinking Water Violations (% of community water systems) | ++ | 34 | 0.5% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++++ | 20 | 2,557,937 |
| | Water Fluoridation (% of population served) | ++ | 37 | 58.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++++ | 13 | 75.6% |
| | Housing With Lead Risk (% of housing stock) | ++++ | 2 | 6.8% |
| | Severe Housing Problems (% of occupied housing units) | + | 41 | 17.7% |
| CLINICAL CARE* | | | | |
| ++ 39 -0.437 — | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++ | 40 | 11.7% |
| | Providers (per 100,000 population) | | | |
| | Dental Care | ++ | 33 | 55.3 |
| | Mental Health | + | 47 | 154.8 |
| | Primary Care | + | 41 | 221.2 |
| | Uninsured (% of population) | + | 41 | 11.3% |
| Preventive Clinical Services | Colorectal Cancer Screening (% ages 50-75) | + | 42 | 69.5% |
| | Dental Visit (% ages 18+) | ++ | 39 | 61.2% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | +++ | 22 | 78.0% |
| | Flu Vaccination (% ages 18+) | + | 42 | 42.2% |
| | HPV Vaccination (% ages 13-17) | + | 42 | 51.4% |
| Quality of Care | Dedicated Health Care Provider (% ages 18+) | + | 44 | 71.2% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++++ | 7 | 2,482 |
| | | | | 3,770 |
| BEHAVIORS* | | | | |
| +++ 22 0.189 — | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++++ | 10 | 25.5% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++++ | 5 | 10.2% |
| | Physical Inactivity (% ages 18+) | +++ | 23 | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++ | 35 | 591.6 |
| | High-risk HIV Behaviors (% ages 18+) | ++ | 37 | 6.1% |
| | Teen Births (births per 1,000 females ages 15-19) | ++ | 31 | 18.5 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++ | 27 | 32.7% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++++ | 12 | 13.1% |
| | | | | 15.5% |
| HEALTH OUTCOMES* | | | | |
| +++ 26 0.062 — | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++++ | 17 | 16.3% |
| | Frequent Mental Distress (% ages 18+) | ++ | 28 | 13.5% |
| | Non-medical Drug Use (% ages 18+) | ++ | 38 | 13.1% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++ | 24 | 7,523 |
| | Premature Death Racial Disparity (ratio) | ++ | 39 | 2.1 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++ | 27 | 10.1% |
| | Low Birthweight (% of live births) | ++++ | 13 | 7.4% |
| | Low Birthweight Racial Disparity (ratio) | ++++ | 10 | 1.8 |
| | Multiple Chronic Conditions (% ages 18+) | +++ | 24 | 9.1% |
| | Obesity (% ages 18+) | ++++ | 19 | 30.9% |
| | | | | 31.9% |
| OVERALL | | | — -0.087 — | |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| | 41-50 |

Arkansas

State Health Department Website: healthy.arkansas.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | + | 48 | -0.773 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | + | 44 | 7.5 | 4.2 |
| | Public Health Funding (dollars per person) | +++ | 21 | \$128 | \$116 |
| | Violent Crime (offenses per 100,000 population) | + | 47 | 585 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | + | 46 | 80 | — |
| | Food Insecurity (% of households) | + | 42 | 12.6% | 10.7% |
| | Income Inequality (80-20 ratio) | ++ | 32 | 4.73 | 4.85 |
| Education | High School Graduation (% of students) | ++++ | 16 | 87.6% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | ++++ | 12 | 10.6 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | + | 48 | 22.5% | 14.8% |
| | High-speed Internet (% of households) | + | 48 | 84.1% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | +++ | 28 | 65 | 62 |
| | Volunteerism (% ages 16+) | +++ | 27 | 34.4% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | + | 50 | 48.3% | 60.1% |
| PHYSICAL ENVIRONMENT* | | ++++ | 12 | 0.303 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++ | 23 | 7.2 | 8.3 |
| | Drinking Water Violations (% of community water systems) | +++ | 24 | 0.2% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++ | 31 | 5,878,808 | — |
| | Water Fluoridation (% of population served) | ++++ | 20 | 85.4% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | + | 44 | 82.4% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++++ | 9 | 10.9% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | ++++ | 19 | 14.0% | 17.3% |
| CLINICAL CARE* | | + | 43 | -0.586 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | + | 44 | 12.9% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | + | 48 | 42.7 | 62.3 |
| | Mental Health | +++ | 30 | 254.3 | 284.3 |
| | Primary Care | + | 44 | 216.1 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | ++ | 31 | 9.1% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++ | 35 | 71.4% | 74.3% |
| | Dental Visit (% ages 18+) | + | 50 | 57.0% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | ++ | 38 | 73.6% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++ | 22 | 47.8% | 47.0% |
| | HPV Vaccination (% ages 13-17) | + | 44 | 49.6% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | ++ | 32 | 76.3% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++ | 35 | 4,198 | 3,770 |
| BEHAVIORS* | | + | 46 | -1.097 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | + | 44 | 19.3% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++ | 25 | 8.0% | 8.0% |
| | Physical Inactivity (% ages 18+) | + | 47 | 29.7% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++ | 32 | 569.8 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | + | 43 | 6.3% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | + | 50 | 30.0 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++ | 40 | 35.0% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | + | 48 | 20.5% | 15.5% |
| HEALTH OUTCOMES* | | + | 46 | -0.798 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++++ | 15 | 16.1% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | + | 50 | 17.8% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | +++ | 26 | 11.2% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | + | 44 | 9,796 | 7,337 |
| | Premature Death Racial Disparity (ratio) | ++++ | 16 | 1.3 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | + | 48 | 14.2% | 9.9% |
| | Low Birthweight (% of live births) | ++ | 38 | 9.2% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | +++ | 27 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | + | 46 | 13.8% | 9.1% |
| | Obesity (% ages 18+) | + | 41 | 36.4% | 31.9% |
| OVERALL | | | — | -0.708 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of excessive drinking
- High rate of high school graduation
- Low percentage of housing with lead risk

Challenges:

- High prevalence of multiple chronic conditions
- High prevalence of two or more adverse childhood experiences
- High prevalence of cigarette smoking

Highlights:

FOOD INSECURITY

▼41%

from 21.2% to 12.6% of households between 2011-2013 and 2018-2020

FLU VACCINATION

▲14%

from 42.1% to 47.8% of adults between 2019 and 2020

ADULTS WITH A DEDICATED HEALTH CARE PROVIDER

▼6%

from 81.3% to 76.3% between 2018 and 2020

California

State Health Department Website: cdph.ca.gov

Summary

Strengths:

- Low premature death rate
- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking

Challenges:

- Low prevalence of colorectal cancer screening
- Low supply of primary care providers
- High levels of air pollution

Highlights:

ADULTS WHO AVOIDED CARE DUE TO COST

 **28%**

from 11.9% to 8.6%
between 2019 and 2020

VOTER PARTICIPATION

 **24%**

from 47.3% to 58.5% of
U.S. citizens age 18 and
older between 2014/2016
and 2018/2020

DRUG DEATHS

 **16%**

from 13.5 to 15.7 deaths
per 100,000 population
between 2018 and 2019

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | +++ | 28 | -0.042 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++++ | 3 | 3.1 | 4.2 |
| | Public Health Funding (dollars per person) | +++++ | 17 | \$138 | \$116 |
| | Violent Crime (offenses per 100,000 population) | ++ | 39 | 441 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | + | 41 | 67 | — |
| | Food Insecurity (% of households) | ++++ | 18 | 9.8% | 10.7% |
| | Income Inequality (80-20 ratio) | + | 43 | 5.07 | 4.85 |
| Education | High School Graduation (% of students) | ++ | 31 | 84.5% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++ | 21 | 13.4 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++++ | 9 | 13.1% | 14.8% |
| | High-speed Internet (% of households) | +++++ | 5 | 92.1% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | +++ | 22 | 62 | 62 |
| | Volunteerism (% ages 16+) | + | 45 | 27.5% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++ | 32 | 58.5% | 60.1% |
| PHYSICAL ENVIRONMENT* | | + | 49 | -0.580 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | + | 50 | 13.3 | 8.3 |
| | Drinking Water Violations (% of community water systems) | +++++ | 1 | 0.0% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++ | 36 | 7,184,517 | — |
| | Water Fluoridation (% of population served) | ++ | 36 | 59.3% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++++ | 9 | 73.5% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++ | 28 | 17.6% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | + | 49 | 26.2% | 17.3% |
| CLINICAL CARE* | | +++ | 29 | 0.051 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++++ | 13 | 8.6% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | +++++ | 4 | 77.5 | 62.3 |
| | Mental Health | ++++ | 11 | 409.7 | 284.3 |
| | Primary Care | + | 48 | 197.8 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | +++ | 22 | 7.7% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | + | 50 | 62.4% | 74.3% |
| | Dental Visit (% ages 18+) | ++ | 31 | 64.6% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | ++ | 39 | 73.1% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++ | 31 | 46.3% | 47.0% |
| | HPV Vaccination (% ages 13-17) | ++++ | 18 | 62.3% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | ++ | 35 | 75.7% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++++ | 13 | 3,045 | 3,770 |
| BEHAVIORS* | | ++++ | 15 | 0.420 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++ | 27 | 22.6% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++++ | 16 | 8.7% | 8.0% |
| | Physical Inactivity (% ages 18+) | ++++ | 18 | 21.2% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++ | 37 | 599.1 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++ | 37 | 6.1% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++++ | 12 | 12.4 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++++ | 19 | 31.2% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++++ | 2 | 8.9% | 15.5% |
| HEALTH OUTCOMES* | | ++++ | 13 | 0.365 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++ | 30 | 18.0% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | ++++ | 17 | 12.7% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | ++ | 35 | 12.7% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++++ | 1 | 5,703 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++ | 27 | 1.5 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++ | 25 | 9.9% | 9.9% |
| | Low Birthweight (% of live births) | ++++ | 11 | 7.1% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | ++ | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | +++++ | 4 | 7.3% | 9.1% |
| | Obesity (% ages 18+) | ++++ | 16 | 30.3% | 31.9% |
| OVERALL | | | — | 0.112 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Colorado

State Health Department Website: cdphe.colorado.gov

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++++ | 7 | 3.4 |
| | Public Health Funding (dollars per person) | +++ | 22 | \$127 |
| | Violent Crime (offenses per 100,000 population) | +++ | 30 | 381 |
| Economic Resources | Economic Hardship Index (index from 1-100) | +++++ | 3 | 10 |
| | Food Insecurity (% of households) | +++ | 23 | 10.1% |
| | Income Inequality (80-20 ratio) | ++++ | 11 | 4.30 |
| Education | High School Graduation (% of students) | + | 42 | 81.1% |
| | High School Graduation Racial Disparity (percentage point difference) | + | 42 | 20.9 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++ | 31 | 16.7% |
| | High-speed Internet (% of households) | +++++ | 2 | 93.4% |
| | Residential Segregation — Black/White (index from 0-100) | +++ | 26 | 64 |
| | Volunteerism (% ages 16+) | +++++ | 4 | 44.6% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++++ | 15 | 62.9% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 18 | 6.9 |
| | Drinking Water Violations (% of community water systems) | ++++ | 14 | 0.1% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++++ | 15 | 1,147,930 |
| | Water Fluoridation (% of population served) | +++ | 28 | 74.9% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++++ | 11 | 74.2% |
| | Housing With Lead Risk (% of housing stock) | ++++ | 14 | 12.2% |
| | Severe Housing Problems (% of occupied housing units) | ++ | 33 | 16.1% |
| CLINICAL CARE* | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++ | 33 | 10.6% |
| | Providers (per 100,000 population) | | | |
| | Dental Care | +++++ | 10 | 71.7 |
| | Mental Health | ++++ | 12 | 407.2 |
| | Primary Care | +++ | 26 | 266.2 |
| Preventive Clinical Services | Uninsured (% of population) | +++ | 25 | 8.0% |
| | Colorectal Cancer Screening (% ages 50-75) | +++ | 27 | 73.5% |
| | Dental Visit (% ages 18+) | +++ | 23 | 67.2% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | ++ | 34 | 74.8% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++++ | 17 | 49.5% |
| | HPV Vaccination (% ages 13-17) | ++++ | 13 | 66.4% |
| | Dedicated Health Care Provider (% ages 18+) | + | 41 | 72.7% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++++ | 4 | 2,160 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++++ | 3 | 27.4% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++++ | 11 | 9.0% |
| | Physical Inactivity (% ages 18+) | +++++ | 2 | 16.6% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++ | 25 | 517.8 |
| | High-risk HIV Behaviors (% ages 18+) | ++ | 35 | 6.0% |
| | Teen Births (births per 1,000 females ages 15-19) | ++++ | 17 | 13.9 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++++ | 1 | 26.8% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++++ | 10 | 12.4% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | + | 41 | 19.7% |
| | Frequent Mental Distress (% ages 18+) | ++++ | 20 | 12.8% |
| | Non-medical Drug Use (% ages 18+) | + | 46 | 16.2% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++++ | 11 | 6,354 |
| | Premature Death Racial Disparity (ratio) | ++ | 32 | 1.6 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++++ | 10 | 8.3% |
| | Low Birthweight (% of live births) | + | 42 | 9.4% |
| | Low Birthweight Racial Disparity (ratio) | +++++ | 6 | 1.6 |
| | Multiple Chronic Conditions (% ages 18+) | +++++ | 2 | 6.9% |
| | Obesity (% ages 18+) | +++++ | 1 | 24.2% |
| OVERALL | | | 0.445 | |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low prevalence of insufficient sleep
- Low preventable hospitalization rate

Challenges:

- High prevalence of non-medical drug use
- Low rate of high school graduation
- Low prevalence of having a dedicated health care provider

Highlights:

FREQUENT MENTAL DISTRESS

▲15%

from 11.1% to 12.8% of adults between 2018 and 2020

SMOKING

▼14%

from 14.5% to 12.4% of adults between 2018 and 2020

MENTAL HEALTH PROVIDERS

▲14%

from 356.4 to 407.2 per 100,000 population between 2019 and 2021

Connecticut

State Health Department Website: ct.gov/dph

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low prevalence of two or more adverse childhood experiences
- Low percentage of adults who avoided care due to cost

Challenges:

- High income inequality
- High prevalence of high-risk HIV behaviors
- High percentage of housing with lead risk

Highlights:

PUBLIC HEALTH FUNDING

 **47%**

from \$86 to \$126 per person between 2017-2018 and 2019-2020

ADULTS WHO AVOIDED CARE DUE TO COST

 **23%**

from 9.9% to 7.6% between 2019 and 2020

DRUG DEATHS

 **14%**

from 29.9 to 34.0 deaths per 100,000 population between 2018 and 2019

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--------|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | +++++ | 6 | 3.3 | 4.2 |
| Public Health Funding (dollars per person) | +++ | 23 | \$126 | \$116 |
| Violent Crime (offenses per 100,000 population) | +++++ | 3 | 184 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | +++++ | 9 | 25 | — |
| Food Insecurity (% of households) | ++ | 37 | 11.8% | 10.7% |
| Income Inequality (80-20 ratio) | + | 46 | 5.26 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | ++++ | 11 | 88.5% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | +++ | 21 | 13.4 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | +++++ | 5 | 12.1% | 14.8% |
| High-speed Internet (% of households) | +++++ | 7 | 91.9% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | ++ | 35 | 67 | 62 |
| Volunteerism (% ages 16+) | +++ | 23 | 35.3% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | +++ | 27 | 60.3% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | +++ | 27 | 7.3 | 8.3 |
| Drinking Water Violations (% of community water systems) | +++++ | 14 | 0.1% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | ++ | 35 | 6686.972 | — |
| Water Fluoridation (% of population served) | ++++ | 14 | 89.5% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | +++ | 22 | 78.3% | 75.9% |
| Housing With Lead Risk (% of housing stock) | + | 46 | 26.6% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | + | 41 | 17.7% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | +++++ | 4 | 7.6% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | +++++ | 8 | 72.9 | 62.3 |
| Mental Health | +++++ | 7 | 449.3 | 284.3 |
| Primary Care | ++++ | 15 | 287.5 | 252.3 |
| Uninsured (% of population) | ++++ | 11 | 5.9% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | +++++ | 8 | 77.3% | 74.3% |
| Dental Visit (% ages 18+) | +++++ | 4 | 73.2% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | +++++ | 4 | 84.0% | 75.4% |
| Flu Vaccination (% ages 18+) | +++++ | 4 | 54.0% | 47.0% |
| HPV Vaccination (% ages 13-17) | ++++ | 11 | 66.9% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | +++++ | 10 | 83.5% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 26 | 3,726 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | +++++ | 6 | 26.1% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | +++++ | 2 | 11.3% | 8.0% |
| Physical Inactivity (% ages 18+) | ++++ | 13 | 20.6% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | +++++ | 9 | 428.9 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | + | 47 | 6.5% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | +++++ | 4 | 7.7 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | +++ | 24 | 32.1% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | +++++ | 8 | 11.8% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | ++++ | 17 | 16.3% | 17.6% |
| Frequent Mental Distress (% ages 18+) | ++++ | 15 | 12.6% | 13.2% |
| Non-medical Drug Use (% ages 18+) | ++++ | 11 | 8.9% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | +++++ | 7 | 6,151 | 7,337 |
| Premature Death Racial Disparity (ratio) | +++++ | 9 | 1.2 | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | ++++ | 12 | 8.4% | 9.9% |
| Low Birthweight (% of live births) | ++++ | 20 | 7.8% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | ++++ | 17 | 1.9 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | +++++ | 6 | 7.6% | 9.1% |
| Obesity (% ages 18+) | ++++ | 13 | 29.2% | 31.9% |
| OVERALL | | — | 0.591 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Delaware

State Health Department Website: dhss.delaware.gov

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--------|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | +++ | 23 | 4.6 | 4.2 |
| Public Health Funding (dollars per person) | ++++ | 15 | \$152 | \$116 |
| Violent Crime (offenses per 100,000 population) | ++ | 36 | 423 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | +++ | 25 | 45 | — |
| Food Insecurity (% of households) | ++++ | 19 | 9.9% | 10.7% |
| Income Inequality (80-20 ratio) | ++++ | 19 | 4.41 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | +++++ | 10 | 89.0% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | +++++ | 6 | 7.6 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | +++ | 23 | 15.5% | 14.8% |
| High-speed Internet (% of households) | ++++ | 17 | 90.6% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | +++++ | 1 | 45 | 62 |
| Volunteerism (% ages 16+) | +++ | 28 | 34.2% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | +++ | 28 | 59.8% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | ++ | 39 | 8.2 | 8.3 |
| Drinking Water Violations (% of community water systems) | +++++ | 1 | 0.0% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | ++++ | 17 | 1,513.402 | — |
| Water Fluoridation (% of population served) | ++++ | 19 | 85.9% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | ++ | 32 | 80.7% | 75.9% |
| Housing With Lead Risk (% of housing stock) | +++ | 22 | 15.1% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | +++ | 27 | 14.6% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | ++++ | 20 | 9.3% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | + | 50 | 39.6 | 62.3 |
| Mental Health | ++++ | 20 | 299.0 | 284.3 |
| Primary Care | +++++ | 10 | 296.2 | 252.3 |
| Uninsured (% of population) | ++++ | 15 | 6.6% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | +++++ | 9 | 77.2% | 74.3% |
| Dental Visit (% ages 18+) | ++ | 32 | 64.5% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | +++++ | 2 | 86.0% | 75.4% |
| Flu Vaccination (% ages 18+) | ++++ | 20 | 48.7% | 47.0% |
| HPV Vaccination (% ages 13-17) | ++++ | 16 | 63.2% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | ++++ | 11 | 83.0% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | + | 43 | 4,378 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | +++ | 22 | 23.8% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | +++ | 21 | 8.4% | 8.0% |
| Physical Inactivity (% ages 18+) | ++ | 34 | 24.7% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | ++ | 39 | 602.2 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | + | 45 | 6.4% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | +++ | 21 | 14.9 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | ++ | 31 | 33.2% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | +++ | 24 | 15.1% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | ++++ | 13 | 15.9% | 17.6% |
| Frequent Mental Distress (% ages 18+) | ++++ | 11 | 12.3% | 13.2% |
| Non-medical Drug Use (% ages 18+) | +++ | 22 | 10.6% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | ++ | 36 | 8,342 | 7,337 |
| Premature Death Racial Disparity (ratio) | +++++ | 9 | 1.2 | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | ++ | 33 | 10.5% | 9.9% |
| Low Birthweight (% of live births) | + | 42 | 9.4% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | ++++ | 17 | 1.9 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | ++ | 34 | 10.5% | 9.1% |
| Obesity (% ages 18+) | + | 43 | 36.5% | 31.9% |
| OVERALL | | — | 0.192 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of frequent mental distress
- High childhood immunization rate
- High prevalence of colorectal cancer screening

Challenges:

- High prevalence of obesity
- High prevalence of high-risk HIV behaviors
- High preventable hospitalization rate

Highlights:

DRUG DEATHS

 **29%**

from 35.9 to 46.2 deaths per 100,000 population between 2017 and 2019

MENTAL HEALTH PROVIDERS

 **27%**

from 235.7 to 299.0 per 100,000 population between 2017 and 2021

HIGH HEALTH STATUS

 **12%**

from 49.2% to 55.2% of adults between 2019 and 2020

Florida

State Health Department Website: floridahealth.gov

Summary

Strengths:

- Low prevalence of excessive drinking
- Low prevalence of frequent mental distress
- Low prevalence of obesity

Challenges:

- High prevalence of non-medical drug use
- High prevalence of physical inactivity
- Low flu vaccination rate

Highlights:

FREQUENT PHYSICAL DISTRESS

▼ **25%**

from 13.8% to 10.3% of adults between 2019 and 2020

ADULTS WHO AVOIDED CARE DUE TO COST

▼ **20%**

from 17.6% to 14.0% between 2014 and 2020

DRUG DEATHS

▲ **11%**

from 22.4 to 24.9 deaths per 100,000 population between 2018 and 2019

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | +++ | 27 | -0.027 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++ | 30 | 5.0 | 4.2 |
| | Public Health Funding (dollars per person) | + | 43 | \$79 | \$116 |
| | Violent Crime (offenses per 100,000 population) | +++ | 29 | 378 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++ | 37 | 61 | — |
| | Food Insecurity (% of households) | +++ | 23 | 10.1% | 10.7% |
| | Income Inequality (80-20 ratio) | +++ | 25 | 4.52 | 4.85 |
| Education | High School Graduation (% of students) | ++++ | 20 | 87.2% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | ++++ | 17 | 12.4 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++ | 23 | 15.5% | 14.8% |
| | High-speed Internet (% of households) | +++ | 23 | 89.3% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++++ | 17 | 58 | 62 |
| | Volunteerism (% ages 16+) | + | 48 | 26.3% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++ | 36 | 57.4% | 60.1% |
| PHYSICAL ENVIRONMENT* | | +++ | 30 | 0.070 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++ | 23 | 7.2 | 8.3 |
| | Drinking Water Violations (% of community water systems) | ++ | 40 | 1.3% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | + | 42 | 10,964,185 | — |
| | Water Fluoridation (% of population served) | +++ | 24 | 77.8% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++ | 21 | 78.1% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++++ | 4 | 8.3% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | + | 45 | 19.2% | 17.3% |
| CLINICAL CARE* | | + | 46 | -0.824 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | + | 47 | 14.0% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | ++ | 38 | 53.1 | 62.3 |
| | Mental Health | + | 42 | 185.1 | 284.3 |
| | Primary Care | +++ | 24 | 266.9 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | + | 47 | 13.2% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++++ | 17 | 75.7% | 74.3% |
| | Dental Visit (% ages 18+) | ++ | 39 | 61.2% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | ++ | 40 | 72.8% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | + | 49 | 38.1% | 47.0% |
| | HPV Vaccination (% ages 13-17) | + | 41 | 51.6% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | + | 43 | 71.4% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++ | 38 | 4,269 | 3,770 |
| BEHAVIORS* | | +++ | 25 | 0.008 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++++ | 4 | 27.0% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++ | 33 | 7.1% | 8.0% |
| | Physical Inactivity (% ages 18+) | + | 43 | 26.8% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++ | 24 | 515.9 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | +++ | 25 | 5.6% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | +++ | 27 | 16.2 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++ | 28 | 32.9% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++ | 23 | 14.7% | 15.5% |
| HEALTH OUTCOMES* | | +++ | 21 | 0.170 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++++ | 8 | 15.5% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | +++++ | 11 | 12.3% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | + | 44 | 14.5% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++ | 27 | 7,565 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++++ | 3 | 1.1 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++ | 31 | 10.3% | 9.9% |
| | Low Birthweight (% of live births) | ++ | 32 | 8.7% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | +++ | 27 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | +++ | 29 | 9.5% | 9.1% |
| | Obesity (% ages 18+) | +++++ | 9 | 28.4% | 31.9% |
| OVERALL | | | — | -0.081 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Georgia

State Health Department Website: dph.georgia.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | +++ | 29 | -0.057 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++ | 33 | 5.4 | 4.2 |
| | Public Health Funding (dollars per person) | ++ | 35 | \$107 | \$116 |
| | Violent Crime (offenses per 100,000 population) | +++ | 25 | 341 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++ | 32 | 50 | — |
| | Food Insecurity (% of households) | +++ | 21 | 10.0% | 10.7% |
| | Income Inequality (80-20 ratio) | ++ | 35 | 4.77 | 4.85 |
| Education | High School Graduation (% of students) | ++ | 39 | 82.0% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++++ | 10 | 9.7 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++ | 34 | 17.0% | 14.8% |
| | High-speed Internet (% of households) | ++ | 37 | 87.7% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++++ | 11 | 55 | 62 |
| | Volunteerism (% ages 16+) | ++ | 37 | 29.2% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | +++ | 22 | 61.0% | 60.1% |
| PHYSICAL ENVIRONMENT* | | ++++ | 11 | 0.343 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++ | 33 | 7.8 | 8.3 |
| | Drinking Water Violations (% of community water systems) | +++ | 24 | 0.2% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++ | 38 | 7,821,663 | — |
| | Water Fluoridation (% of population served) | +++++ | 6 | 95.2% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++ | 24 | 78.4% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++++ | 5 | 9.3% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | ++ | 31 | 15.9% | 17.3% |
| CLINICAL CARE* | | + | 48 | -0.964 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | + | 49 | 15.1% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | + | 46 | 44.7 | 62.3 |
| | Mental Health | + | 46 | 159.8 | 284.3 |
| | Primary Care | ++ | 39 | 231.8 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | + | 48 | 13.4% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++ | 34 | 71.5% | 74.3% |
| | Dental Visit (% ages 18+) | + | 42 | 60.7% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | + | 45 | 71.0% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | + | 45 | 41.3% | 47.0% |
| | HPV Vaccination (% ages 13-17) | +++ | 30 | 54.9% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | ++ | 38 | 74.8% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++ | 37 | 4,245 | 3,770 |
| BEHAVIORS* | | ++ | 37 | -0.435 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++++ | 18 | 24.1% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++ | 27 | 7.6% | 8.0% |
| | Physical Inactivity (% ages 18+) | ++ | 35 | 24.8% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | + | 42 | 637.8 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++ | 37 | 6.1% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++ | 37 | 19.7 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | + | 45 | 35.8% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++ | 26 | 15.8% | 15.5% |
| HEALTH OUTCOMES* | | ++ | 36 | -0.266 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++++ | 10 | 15.7% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | ++ | 35 | 14.3% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | + | 46 | 16.2% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++ | 35 | 8,113 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++++ | 9 | 1.2 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++ | 27 | 10.1% | 9.9% |
| | Low Birthweight (% of live births) | + | 47 | 10.0% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | +++ | 27 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++ | 31 | 9.7% | 9.1% |
| | Obesity (% ages 18+) | ++ | 34 | 34.3% | 31.9% |
| OVERALL | | | — | -0.281 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low racial disparity in premature death rates
- Low prevalence of excessive drinking
- Low percentage of housing with lead risk

Challenges:

- High prevalence of non-medical drug use
- High prevalence of insufficient sleep
- High percentage of adults who avoided care due to cost

Highlights:

PUBLIC HEALTH FUNDING

 **41%**

from \$76 to \$107 per person between 2017-2018 and 2019-2020

OBESITY

 **23%**

from 28.0% to 34.3% of adults between 2011 and 2020

FLU VACCINATION

 **14%**

from 36.2% to 41.3% of adults between 2019 and 2020

Hawaii

State Health Department Website: health.hawaii.gov

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low racial disparity in high school graduation rates
- Low percentage of adults who avoided care due to cost

Challenges:

- Low voter participation
- High prevalence of insufficient sleep
- High percentage of severe housing problems

Highlights:

DRUG DEATHS

▲43%

from 12.0 to 17.1 deaths per 100,000 population between 2015 and 2019

PRIMARY CARE PROVIDERS

▲21%

from 199.8 to 242.0 per 100,000 population between 2018 and 2021

EXCESSIVE DRINKING

▼17%

from 21.3% to 17.6% of adults between 2018 and 2020

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | +++++ | 4 | 0.583 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++ | 21 | 4.5 | 4.2 |
| | Public Health Funding (dollars per person) | +++++ | 3 | \$241 | \$116 |
| | Violent Crime (offenses per 100,000 population) | ++++ | 17 | 286 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++ | 34 | 53 | — |
| | Food Insecurity (% of households) | ++++ | 11 | 8.9% | 10.7% |
| | Income Inequality (80-20 ratio) | ++++ | 15 | 4.36 | 4.85 |
| Education | High School Graduation (% of students) | +++ | 28 | 85.2% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++++ | 1 | 1.0 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++++ | 5 | 12.1% | 14.8% |
| | High-speed Internet (% of households) | ++++ | 13 | 91.3% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++++ | 12 | 56 | 62 |
| | Volunteerism (% ages 16+) | ++ | 34 | 32.5% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | + | 47 | 54.2% | 60.1% |
| PHYSICAL ENVIRONMENT* | | +++ | 26 | 0.111 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++++ | 2 | 4.3 | 8.3 |
| | Drinking Water Violations (% of community water systems) | +++++ | 1 | 0.0% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++++ | 10 | 153,792 | — |
| | Water Fluoridation (% of population served) | + | 50 | 8.8% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++++ | 2 | 69.3% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | ++++ | 11 | 11.3% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | + | 50 | 26.4% | 17.3% |
| CLINICAL CARE* | | +++++ | 5 | 1.128 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | +++++ | 1 | 6.0% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | +++++ | 3 | 77.9 | 62.3 |
| | Mental Health | +++ | 25 | 281.1 | 284.3 |
| | Primary Care | ++ | 35 | 242.0 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | +++++ | 3 | 4.2% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | +++++ | 10 | 77.1% | 74.3% |
| | Dental Visit (% ages 18+) | +++++ | 1 | 74.7% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | ++ | 35 | 74.5% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++ | 26 | 46.8% | 47.0% |
| | HPV Vaccination (% ages 13-17) | +++++ | 2 | 73.9% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | +++++ | 5 | 85.5% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++++ | 1 | 1,841 | 3,770 |
| BEHAVIORS* | | ++++ | 19 | 0.302 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++++ | 14 | 24.8% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++++ | 8 | 9.1% | 8.0% |
| | Physical Inactivity (% ages 18+) | +++++ | 8 | 19.2% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++ | 33 | 571.6 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | +++++ | 10 | 5.0% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | +++ | 26 | 15.7 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | + | 50 | 39.4% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++++ | 7 | 11.6% | 15.5% |
| HEALTH OUTCOMES* | | +++++ | 2 | 0.801 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++ | 26 | 17.6% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | +++++ | 4 | 10.7% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | +++ | 30 | 12.0% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++++ | 9 | 6,305 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++++ | 1 | 1.0 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++++ | 1 | 7.3% | 9.9% |
| | Low Birthweight (% of live births) | +++ | 26 | 8.4% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | ++++ | 17 | 1.9 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | +++++ | 1 | 6.5% | 9.1% |
| | Obesity (% ages 18+) | +++++ | 3 | 24.5% | 31.9% |
| OVERALL | | | — | 0.616 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Idaho

State Health Department Website: healthandwelfare.idaho.gov

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++ | 25 | 4.8 |
| | Public Health Funding (dollars per person) | +++++ | 10 | \$172 |
| | Violent Crime (offenses per 100,000 population) | +++++ | 10 | 224 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++ | 32 | 50 |
| | Food Insecurity (% of households) | ++++ | 16 | 9.6% |
| | Income Inequality (80-20 ratio) | +++++ | 2 | 3.98 |
| Education | High School Graduation (% of students) | + | 45 | 80.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++ | 25 | 14.6 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++ | 23 | 15.5% |
| | High-speed Internet (% of households) | +++++ | 11 | 91.5% |
| | Residential Segregation — Black/White (index from 0-100) | + | 42 | 70 |
| | Volunteerism (% ages 16+) | ++++ | 16 | 36.8% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++ | 38 | 56.4% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++++ | 9 | 6.1 |
| | Drinking Water Violations (% of community water systems) | + | 42 | 1.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++++ | 7 | 67,190 |
| | Water Fluoridation (% of population served) | + | 46 | 31.7% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++ | 22 | 78.3% |
| | Housing With Lead Risk (% of housing stock) | ++++ | 17 | 12.6% |
| | Severe Housing Problems (% of occupied housing units) | ++++ | 20 | 14.1% |
| CLINICAL CARE* | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++ | 33 | 10.6% |
| | Providers (per 100,000 population) | | | |
| | Dental Care | +++ | 26 | 59.7 |
| | Mental Health | ++ | 32 | 234.8 |
| | Primary Care | + | 43 | 220.2 |
| Preventive Clinical Services | Uninsured (% of population) | ++ | 39 | 10.8% |
| | Colorectal Cancer Screening (% ages 50-75) | + | 45 | 67.9% |
| | Dental Visit (% ages 18+) | +++ | 21 | 67.6% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | +++ | 23 | 77.0% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++ | 40 | 42.7% |
| | HPV Vaccination (% ages 13-17) | ++ | 33 | 54.5% |
| Quality of Care | Dedicated Health Care Provider (% ages 18+) | ++ | 39 | 74.3% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++++ | 3 | 2,057 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++ | 33 | 21.7% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++ | 22 | 8.3% |
| | Physical Inactivity (% ages 18+) | ++++ | 11 | 20.5% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++++ | 7 | 384.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++++ | 16 | 5.3% |
| | Teen Births (births per 1,000 females ages 15-19) | +++ | 21 | 14.9 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++++ | 8 | 29.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++++ | 17 | 13.6% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++++ | 17 | 16.3% |
| | Frequent Mental Distress (% ages 18+) | ++++ | 17 | 12.7% |
| | Non-medical Drug Use (% ages 18+) | ++++ | 19 | 10.4% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++++ | 10 | 6,313 |
| | Premature Death Racial Disparity (ratio) | +++++ | 1 | 1.0 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++ | 26 | 10.0% |
| | Low Birthweight (% of live births) | +++++ | 8 | 6.9% |
| | Low Birthweight Racial Disparity (ratio) | +++++ | 2 | 1.2 |
| | Multiple Chronic Conditions (% ages 18+) | ++++ | 18 | 8.9% |
| | Obesity (% ages 18+) | +++ | 23 | 31.1% |
| OVERALL | | | 0.294 | |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low incidence of chlamydia
- Low prevalence of insufficient sleep
- Low preventable hospitalization rate

Challenges:

- Low rate of high school graduation
- Low prevalence of colorectal cancer screening
- Low supply of primary care providers

Highlights:

OBESITY

▲14%

from 27.4% to 31.1% of adults between 2016 and 2020

SEVERE HOUSING PROBLEMS

▼14%

from 16.4% to 14.1% between 2009-2013 and 2014-2018

FLU VACCINATION

▲12%

from 38.2% to 42.7% of adults between 2019 and 2020

Illinois

State Health Department Website: dph.illinois.gov

Summary

Strengths:

- Low prevalence of excessive drinking
- Low prevalence of frequent mental distress
- Low prevalence of two or more adverse childhood experiences

Challenges:

- High racial disparity in low birthweight
- High incidence of chlamydia
- High preventable hospitalization rate

Highlights:

PUBLIC HEALTH FUNDING

▲ **49%**

from \$73 to \$109 per person between 2017-2018 and 2019-2020

CHLAMYDIA

▲ **29%**

from 495.5 to 639.3 cases per 100,000 population between 2013 and 2019

FLU VACCINATION

▲ **27%**

from 38.8% to 49.4% of adults between 2019 and 2020

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--------|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | ++++ | 11 | 3.6 | 4.2 |
| Public Health Funding (dollars per person) | ++ | 33 | \$109 | \$116 |
| Violent Crime (offenses per 100,000 population) | ++ | 33 | 407 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | +++ | 21 | 41 | — |
| Food Insecurity (% of households) | ++++ | 13 | 9.2% | 10.7% |
| Income Inequality (80-20 ratio) | + | 42 | 4.97 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | +++ | 27 | 86.2% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | +++ | 24 | 14.3 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | ++++ | 4 | 11.3% | 14.8% |
| High-speed Internet (% of households) | ++++ | 20 | 89.8% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | + | 45 | 73 | 62 |
| Volunteerism (% ages 16+) | ++++ | 16 | 36.8% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | +++ | 25 | 60.7% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | + | 49 | 9.6 | 8.3 |
| Drinking Water Violations (% of community water systems) | ++++ | 14 | 0.1% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | + | 46 | 20605.020 | — |
| Water Fluoridation (% of population served) | ++++ | 3 | 98.2% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | ++++ | 8 | 72.4% | 75.9% |
| Housing With Lead Risk (% of housing stock) | + | 44 | 24.9% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | ++ | 34 | 16.6% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | +++ | 26 | 10.3% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | ++++ | 6 | 73.5 | 62.3 |
| Mental Health | +++ | 27 | 275.0 | 284.3 |
| Primary Care | +++ | 28 | 260.3 | 252.3 |
| Uninsured (% of population) | +++ | 21 | 7.4% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | + | 43 | 69.3% | 74.3% |
| Dental Visit (% ages 18+) | ++++ | 14 | 68.4% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | ++ | 31 | 75.2% | 75.4% |
| Flu Vaccination (% ages 18+) | ++++ | 18 | 49.4% | 47.0% |
| HPV Vaccination (% ages 13-17) | ++++ | 17 | 63.1% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | ++++ | 18 | 79.5% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | + | 45 | 4,476 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | +++ | 23 | 23.4% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | ++ | 36 | 6.9% | 8.0% |
| Physical Inactivity (% ages 18+) | ++ | 36 | 25.3% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | + | 43 | 639.3 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | ++ | 35 | 6.0% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | ++++ | 20 | 14.6 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | ++++ | 17 | 31.1% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | ++++ | 11 | 12.7% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | ++++ | 6 | 14.8% | 17.6% |
| Frequent Mental Distress (% ages 18+) | ++++ | 3 | 10.0% | 13.2% |
| Non-medical Drug Use (% ages 18+) | +++ | 30 | 12.0% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | ++++ | 20 | 7,016 | 7,337 |
| Premature Death Racial Disparity (ratio) | ++ | 36 | 1.8 | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | ++++ | 13 | 8.7% | 9.9% |
| Low Birthweight (% of live births) | ++ | 26 | 8.4% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | + | 45 | 2.2 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | ++++ | 9 | 7.8% | 9.1% |
| Obesity (% ages 18+) | +++ | 28 | 32.4% | 31.9% |
| OVERALL | | | 0.126 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Indiana

State Health Department Website: <https://www.in.gov/health>

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | ++ | 35 | -0.159 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++ | 40 | 6.3 | 4.2 |
| | Public Health Funding (dollars per person) | + | 45 | \$76 | \$116 |
| | Violent Crime (offenses per 100,000 population) | +++ | 27 | 371 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | +++ | 30 | 47 | — |
| | Food Insecurity (% of households) | ++ | 35 | 11.6% | 10.7% |
| | Income Inequality (80-20 ratio) | ++++ | 12 | 4.31 | 4.85 |
| Education | High School Graduation (% of students) | ++++ | 20 | 87.2% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | ++++ | 16 | 12.2 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++ | 36 | 17.4% | 14.8% |
| | High-speed Internet (% of households) | ++ | 39 | 87.4% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++ | 40 | 69 | 62 |
| | Volunteerism (% ages 16+) | ++++ | 19 | 36.7% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | + | 44 | 55.2% | 60.1% |
| PHYSICAL ENVIRONMENT* | | ++ | 32 | 0.003 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | + | 45 | 8.7 | 8.3 |
| | Drinking Water Violations (% of community water systems) | ++ | 33 | 0.4% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | + | 41 | 10,738,422 | — |
| | Water Fluoridation (% of population served) | +++++ | 10 | 92.4% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++ | 35 | 81.6% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | ++ | 33 | 21.3% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | +++++ | 7 | 12.7% | 17.3% |
| CLINICAL CARE* | | ++ | 36 | -0.291 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | +++ | 27 | 10.4% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | ++ | 40 | 51.5 | 62.3 |
| | Mental Health | + | 43 | 183.0 | 284.3 |
| | Primary Care | ++ | 34 | 244.3 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | +++ | 29 | 8.7% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++ | 36 | 71.2% | 74.3% |
| | Dental Visit (% ages 18+) | ++ | 35 | 63.0% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | + | 41 | 72.3% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++ | 35 | 46.0% | 47.0% |
| | HPV Vaccination (% ages 13-17) | ++ | 36 | 53.4% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | +++ | 21 | 79.1% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | + | 42 | 4,337 | 3,770 |
| BEHAVIORS* | | ++ | 36 | -0.400 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++ | 35 | 21.1% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++++ | 8 | 9.1% | 8.0% |
| | Physical Inactivity (% ages 18+) | + | 41 | 26.3% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++ | 27 | 526.3 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++++ | 12 | 5.2% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++ | 39 | 20.8 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++ | 39 | 34.9% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | + | 45 | 19.4% | 15.5% |
| HEALTH OUTCOMES* | | ++ | 35 | -0.261 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++ | 23 | 17.1% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | ++ | 40 | 15.3% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | ++++ | 16 | 9.9% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++ | 38 | 8,642 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++ | 23 | 1.4 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++ | 36 | 10.8% | 9.9% |
| | Low Birthweight (% of live births) | +++ | 24 | 8.2% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | ++++ | 17 | 1.9 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++ | 37 | 11.4% | 9.1% |
| | Obesity (% ages 18+) | + | 46 | 36.8% | 31.9% |
| OVERALL | | | — | -0.236 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of non-medical drug use
- Low prevalence of high-risk HIV behaviors
- Low percentage of severe housing problems

Challenges:

- High prevalence of frequent mental distress
- High prevalence of obesity
- High prevalence of cigarette smoking

Highlights:

FREQUENT PHYSICAL DISTRESS

▼ **22%**

from 13.8% to 10.8% of adults between 2019 and 2020

OBESITY

▲ **18%**

from 31.3% to 36.8% of adults between 2015 and 2020

ADULTS WHO AVOIDED CARE DUE TO COST

▼ **17%**

from 12.6% to 10.4% between 2019 and 2020

Iowa

State Health Department Website: idph.iowa.gov

Summary

Strengths:

- Low percentage of households with food insecurity
- High rate of high school graduation
- Low percentage of adults who avoided care due to cost

Challenges:

- High prevalence of excessive drinking
- High prevalence of obesity
- High percentage of housing with lead risk

Highlights:

PUBLIC HEALTH FUNDING


77%

from \$91 to \$161 per person between 2017-2018 and 2019-2020

FOOD INSECURITY


35%

from 10.6% to 6.9% of households between 2013-2015 and 2018-2020

SUICIDE


29%

from 13.2 to 17.0 deaths per 100,000 population between 2014 and 2019

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | +++++ | 7 | 0.518 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++ | 34 | 5.6 | 4.2 |
| | Public Health Funding (dollars per person) | ++++ | 12 | \$161 | \$116 |
| | Violent Crime (offenses per 100,000 population) | ++++ | 13 | 267 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++++ | 19 | 40 | — |
| | Food Insecurity (% of households) | +++++ | 2 | 6.9% | 10.7% |
| | Income Inequality (80-20 ratio) | +++++ | 4 | 4.10 | 4.85 |
| Education | High School Graduation (% of students) | +++++ | 2 | 91.6% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | ++ | 33 | 16.3 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++ | 29 | 16.1% | 14.8% |
| | High-speed Internet (% of households) | ++ | 34 | 88.1% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | +++ | 22 | 62 | 62 |
| | Volunteerism (% ages 16+) | +++ | 24 | 35.0% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | +++++ | 9 | 65.1% | 60.1% |
| PHYSICAL ENVIRONMENT* | | ++++ | 18 | 0.186 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++ | 28 | 7.5 | 8.3 |
| | Drinking Water Violations (% of community water systems) | +++++ | 1 | 0.0% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++ | 22 | 3,213,414 | — |
| | Water Fluoridation (% of population served) | ++++ | 13 | 90.3% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++ | 29 | 80.2% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | + | 45 | 26.1% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | +++++ | 3 | 11.8% | 17.3% |
| CLINICAL CARE* | | +++++ | 10 | 0.770 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | +++++ | 2 | 7.3% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | +++ | 28 | 59.3 | 62.3 |
| | Mental Health | + | 44 | 181.3 | 284.3 |
| | Primary Care | ++ | 31 | 255.3 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | +++++ | 6 | 5.0% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | +++ | 23 | 74.3% | 74.3% |
| | Dental Visit (% ages 18+) | ++++ | 15 | 68.1% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | +++++ | 6 | 82.7% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++++ | 10 | 51.2% | 47.0% |
| | HPV Vaccination (% ages 13-17) | +++ | 24 | 60.3% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | ++++ | 13 | 82.0% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++++ | 17 | 3,198 | 3,770 |
| | BEHAVIORS* | | +++ | 27 | -0.050 |
| Nutrition and Physical Activity | Exercise (% ages 18+) | + | 41 | 20.0% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++ | 33 | 7.1% | 8.0% |
| | Physical Inactivity (% ages 18+) | +++ | 29 | 23.6% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++ | 21 | 508.5 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | +++ | 25 | 5.6% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++++ | 19 | 14.1 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++++ | 15 | 30.6% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++ | 26 | 15.8% | 15.5% |
| HEALTH OUTCOMES* | | +++ | 29 | -0.006 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | + | 49 | 22.8% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | +++ | 21 | 12.9% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | ++ | 33 | 12.5% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++++ | 19 | 6,868 | 7,337 |
| | Premature Death Racial Disparity (ratio) | ++ | 32 | 1.6 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++++ | 16 | 8.9% | 9.9% |
| | Low Birthweight (% of live births) | +++++ | 6 | 6.8% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | ++++ | 17 | 1.9 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++++ | 20 | 9.0% | 9.1% |
| | Obesity (% ages 18+) | + | 43 | 36.5% | 31.9% |
| OVERALL | | | — | 0.278 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| | 41-50 |

Kansas

State Health Department Website: kdehs.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | +++ | 24 | 0.103 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++ | 38 | 6.1 | 4.2 |
| | Public Health Funding (dollars per person) | ++ | 39 | \$87 | \$116 |
| | Violent Crime (offenses per 100,000 population) | ++ | 34 | 411 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | +++ | 22 | 43 | — |
| | Food Insecurity (% of households) | ++ | 31 | 11.3% | 10.7% |
| | Income Inequality (80-20 ratio) | +++++ | 9 | 4.27 | 4.85 |
| Education | High School Graduation (% of students) | ++++ | 20 | 87.2% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | ++++ | 19 | 13.3 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++ | 27 | 16.0% | 14.8% |
| | High-speed Internet (% of households) | +++ | 25 | 89.0% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++++ | 18 | 59 | 62 |
| | Volunteerism (% ages 16+) | +++ | 21 | 35.9% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++++ | 19 | 61.3% | 60.1% |
| PHYSICAL ENVIRONMENT* | | ++ | 39 | -0.110 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++ | 30 | 7.6 | 8.3 |
| | Drinking Water Violations (% of community water systems) | + | 41 | 1.7% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++ | 25 | 3,963,384 | — |
| | Water Fluoridation (% of population served) | ++ | 33 | 65.1% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | + | 47 | 82.7% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | ++ | 34 | 21.4% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | +++++ | 8 | 12.8% | 17.3% |
| CLINICAL CARE* | | ++ | 31 | 0.009 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | +++ | 27 | 10.4% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | ++ | 35 | 54.8 | 62.3 |
| | Mental Health | ++ | 36 | 219.9 | 284.3 |
| | Primary Care | +++ | 27 | 265.2 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | ++ | 32 | 9.2% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++ | 40 | 69.7% | 74.3% |
| | Dental Visit (% ages 18+) | +++ | 22 | 67.3% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | ++++ | 17 | 78.8% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++ | 23 | 47.2% | 47.0% |
| | HPV Vaccination (% ages 13-17) | ++ | 37 | 53.3% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | +++ | 26 | 77.6% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 25 | 3,683 | 3,770 |
| BEHAVIORS* | | ++ | 31 | -0.148 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++ | 38 | 20.8% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++++ | 18 | 8.6% | 8.0% |
| | Physical Inactivity (% ages 18+) | +++ | 22 | 22.0% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++ | 26 | 524.7 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++ | 32 | 5.9% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++ | 34 | 19.2 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++ | 23 | 32.0% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++ | 33 | 16.6% | 15.5% |
| HEALTH OUTCOMES* | | ++ | 33 | -0.142 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++ | 32 | 18.4% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | ++ | 32 | 14.0% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | ++ | 33 | 12.5% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++ | 26 | 7,563 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++ | 27 | 1.5 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++ | 23 | 9.7% | 9.9% |
| | Low Birthweight (% of live births) | ++++ | 16 | 7.6% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | + | 45 | 2.2 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | +++ | 30 | 9.6% | 9.1% |
| | Obesity (% ages 18+) | ++ | 36 | 35.3% | 31.9% |
| OVERALL | | | — | -0.044 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low income inequality
- High childhood immunization rate
- Low percentage of severe housing problems

Challenges:

- High occupational fatality rate
- High prevalence of cigarette smoking
- Low prevalence of colorectal cancer screening

Highlights:

DRUG DEATHS

▲29%

from 11.2 to 14.4 deaths per 100,000 population between 2016 and 2019

FOOD INSECURITY

▼29%

from 15.9% to 11.3% of households between 2012-2014 and 2018-2020

HIGH HEALTH STATUS

▲12%

from 49.7% to 55.8% of adults between 2019 and 2020

Kentucky

State Health Department Website: chfs.ky.gov/agencies/dph

KENTUCKY

Summary

Strengths:

- Low racial disparity in premature death rates
- High rate of high school graduation
- High percentage of fluoridated water

Challenges:

- High prevalence of multiple chronic conditions
- High prevalence of insufficient sleep
- High prevalence of cigarette smoking

Highlights:

FREQUENT MENTAL DISTRESS

 **26%**

from 13.8% to 17.4% of adults between 2015 and 2020

SMOKING

 **26%**

from 29.0% to 21.4% of adults between 2011 and 2020

FLU VACCINATION

 **10%**

from 42.1% to 46.5% of adults between 2019 and 2020

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | ++ | 32 | -0.139 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++ | 30 | 5.0 | 4.2 |
| | Public Health Funding (dollars per person) | ++ | 31 | \$110 | \$116 |
| | Violent Crime (offenses per 100,000 population) | +++++ | 7 | 217 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | + | 43 | 70 | — |
| | Food Insecurity (% of households) | + | 45 | 13.8% | 10.7% |
| | Income Inequality (80-20 ratio) | ++ | 39 | 4.88 | 4.85 |
| Education | High School Graduation (% of students) | +++++ | 4 | 90.6% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++++ | 8 | 8.9 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++ | 33 | 16.9% | 14.8% |
| | High-speed Internet (% of households) | + | 42 | 87.0% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | +++ | 21 | 61 | 62 |
| | Volunteerism (% ages 16+) | + | 46 | 27.4% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | +++ | 21 | 61.2% | 60.1% |
| PHYSICAL ENVIRONMENT* | | ++++ | 13 | 0.283 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++ | 33 | 7.8 | 8.3 |
| | Drinking Water Violations (% of community water systems) | +++++ | 1 | 0.0% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++ | 32 | 5,892,418 | — |
| | Water Fluoridation (% of population served) | +++++ | 1 | 99.8% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++ | 38 | 82.0% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++ | 23 | 15.6% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | ++++ | 12 | 13.5% | 17.3% |
| CLINICAL CARE* | | +++ | 30 | 0.050 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | +++ | 24 | 9.7% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | +++ | 29 | 57.2 | 62.3 |
| | Mental Health | +++ | 29 | 263.8 | 284.3 |
| | Primary Care | ++++ | 17 | 281.6 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | ++++ | 14 | 6.4% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++++ | 20 | 75.4% | 74.3% |
| | Dental Visit (% ages 18+) | + | 49 | 57.2% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | ++++ | 16 | 79.0% | 75.4% |
| | Flu Vaccination (% ages 18+) | +++ | 30 | 46.5% | 47.0% |
| Quality of Care | HPV Vaccination (% ages 13-17) | +++ | 29 | 55.7% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | ++++ | 17 | 79.6% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | + | 48 | 4,985 | 3,770 |
| BEHAVIORS* | | + | 48 | -1.339 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | + | 50 | 15.3% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | + | 50 | 4.7% | 8.0% |
| | Physical Inactivity (% ages 18+) | + | 50 | 30.6% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++++ | 15 | 468.1 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | +++ | 30 | 5.7% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | + | 44 | 24.9 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | + | 48 | 38.6% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | + | 49 | 21.4% | 15.5% |
| HEALTH OUTCOMES* | | + | 47 | -0.813 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++++ | 11 | 15.8% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | + | 47 | 17.4% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | + | 45 | 15.0% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | + | 45 | 9,922 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++++ | 3 | 1.1 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | + | 49 | 15.2% | 9.9% |
| | Low Birthweight (% of live births) | ++ | 32 | 8.7% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | +++++ | 10 | 1.8 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | + | 49 | 16.1% | 9.1% |
| | Obesity (% ages 18+) | + | 45 | 36.6% | 31.9% |
| OVERALL | | | — | -0.477 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| | 41-50 |

Louisiana

State Health Department Website: ldh.la.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | + | 50 | -1.125 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++ | 40 | 6.3 | 4.2 |
| | Public Health Funding (dollars per person) | +++ | 23 | \$126 | \$116 |
| | Violent Crime (offenses per 100,000 population) | + | 46 | 549 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | + | 48 | 84 | — |
| | Food Insecurity (% of households) | + | 48 | 14.8% | 10.7% |
| | Income Inequality (80-20 ratio) | + | 49 | 5.73 | 4.85 |
| Education | High School Graduation (% of students) | + | 47 | 80.1% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | ++ | 38 | 18.8 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | + | 45 | 19.5% | 14.8% |
| | High-speed Internet (% of households) | + | 47 | 84.3% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++++ | 12 | 56 | 62 |
| | Volunteerism (% ages 16+) | + | 44 | 28.2% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | + | 41 | 55.9% | 60.1% |
| PHYSICAL ENVIRONMENT* | | + | 46 | -0.370 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++ | 31 | 7.7 | 8.3 |
| | Drinking Water Violations (% of community water systems) | + | 42 | 1.8% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | + | 45 | 16,410,356 | — |
| | Water Fluoridation (% of population served) | + | 45 | 39.0% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | + | 41 | 82.1% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | ++++ | 18 | 13.1% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | +++ | 30 | 15.7% | 17.3% |
| CLINICAL CARE* | | + | 42 | -0.574 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++ | 39 | 11.6% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | + | 44 | 49.2 | 62.3 |
| | Mental Health | +++ | 24 | 283.6 | 284.3 |
| | Primary Care | ++ | 40 | 226.8 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | +++ | 30 | 8.9% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | +++ | 28 | 73.1% | 74.3% |
| | Dental Visit (% ages 18+) | + | 45 | 59.1% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | + | 49 | 68.2% | 75.4% |
| | Flu Vaccination (% ages 18+) | + | 44 | 41.4% | 47.0% |
| Quality of Care | HPV Vaccination (% ages 13-17) | +++ | 23 | 60.4% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | +++ | 23 | 78.3% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | + | 47 | 4,914 | 3,770 |
| BEHAVIORS* | | + | 50 | -1.374 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | + | 43 | 19.7% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++ | 36 | 6.9% | 8.0% |
| | Physical Inactivity (% ages 18+) | + | 46 | 29.0% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | + | 48 | 777.2 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | + | 50 | 7.3% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | + | 48 | 27.8 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | + | 46 | 36.0% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++ | 39 | 18.3% | 15.5% |
| HEALTH OUTCOMES* | | + | 50 | -1.063 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | + | 45 | 20.6% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | + | 49 | 17.6% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | +++ | 24 | 11.0% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | + | 47 | 10,053 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++ | 23 | 1.4 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | + | 45 | 13.2% | 9.9% |
| | Low Birthweight (% of live births) | + | 49 | 10.8% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | ++ | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | + | 42 | 12.3% | 9.1% |
| | Obesity (% ages 18+) | + | 47 | 38.1% | 31.9% |
| OVERALL | | | — | -1.001 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of non-medical drug use
- High prevalence of having a dedicated health care provider
- Low percentage of housing with lead risk

Challenges:

- High premature death rate
- High prevalence of two or more adverse childhood experiences
- High percentage of households with food insecurity

Highlights:

ADULTS WHO AVOIDED CARE DUE TO COST

 **34%**

from 17.6% to 11.6% between 2016 and 2020

DRUG DEATHS

 **16%**

from 23.8 to 27.5 deaths per 100,000 population between 2017 and 2019

SMOKING

 **16%**

from 21.9% to 18.3% of adults between 2019 and 2020

Maine

State Health Department Website: maine.gov/dhhs

Summary

Strengths:

- High voter participation
- Low prevalence of high-risk HIV behaviors
- High prevalence of colorectal cancer screening

Challenges:

- High prevalence of multiple chronic conditions
- High prevalence of two or more adverse childhood experiences
- High percentage of housing with lead risk

Highlights:

FREQUENT PHYSICAL DISTRESS

▼ **35%**

from 14.0% to 9.1% of adults between 2019 and 2020

AIR POLLUTION

▼ **23%**

from 6.5 to 5.0 micrograms of fine particulate per cubic meter between 2015-2017 and 2018-2020

LOW BIRTHWEIGHT

▲ **7%**

from 6.9% to 7.4% of live births between 2015 and 2019

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--------|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | ++++ | 9 | 3.5 | 4.2 |
| Public Health Funding (dollars per person) | ++++ | 16 | \$151 | \$116 |
| Violent Crime (offenses per 100,000 population) | ++++ | 1 | 115 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | ++++ | 13 | 29 | — |
| Food Insecurity (% of households) | ++ | 32 | 11.4% | 10.7% |
| Income Inequality (80-20 ratio) | ++++ | 14 | 4.35 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | ++++ | 18 | 87.4% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | ++++ | 11 | 9.8 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | + | 41 | 18.2% | 14.8% |
| High-speed Internet (% of households) | ++ | 31 | 88.5% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | + | 44 | 72 | 62 |
| Volunteerism (% ages 16+) | ++++ | 11 | 38.5% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | ++++ | 4 | 68.5% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 6 | 5.0 | 8.3 |
| Drinking Water Violations (% of community water systems) | ++++ | 1 | 0.0% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | ++++ | 9 | 137,125 | — |
| Water Fluoridation (% of population served) | +++ | 22 | 79.3% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | +++ | 25 | 78.5% | 75.9% |
| Housing With Lead Risk (% of housing stock) | + | 41 | 24.0% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | ++++ | 16 | 13.9% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | +++ | 22 | 9.4% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | +++ | 25 | 60.4 | 62.3 |
| Mental Health | ++++ | 4 | 523.3 | 284.3 |
| Primary Care | ++++ | 3 | 344.1 | 252.3 |
| Uninsured (% of population) | +++ | 25 | 8.0% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | ++++ | 1 | 81.2% | 74.3% |
| Dental Visit (% ages 18+) | +++ | 24 | 66.7% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | ++++ | 19 | 78.4% | 75.4% |
| Flu Vaccination (% ages 18+) | ++++ | 5 | 53.6% | 47.0% |
| HPV Vaccination (% ages 13-17) | ++++ | 15 | 63.5% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | ++++ | 4 | 86.2% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 16 | 3,195 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | ++ | 39 | 20.2% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | ++++ | 7 | 9.2% | 8.0% |
| Physical Inactivity (% ages 18+) | ++++ | 20 | 21.5% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | ++++ | 3 | 296.8 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | ++++ | 4 | 4.7% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | ++++ | 5 | 9.1 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | ++++ | 13 | 30.5% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | ++ | 31 | 16.5% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | +++ | 22 | 17.0% | 17.6% |
| Frequent Mental Distress (% ages 18+) | ++++ | 15 | 12.6% | 13.2% |
| Non-medical Drug Use (% ages 18+) | ++++ | 13 | 9.0% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | +++ | 23 | 7,520 | 7,337 |
| Premature Death Racial Disparity (ratio) | ++++ | 3 | 1.1 | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | ++++ | 18 | 9.1% | 9.9% |
| Low Birthweight (% of live births) | ++++ | 13 | 7.4% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | ++++ | 17 | 1.9 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | ++ | 38 | 11.6% | 9.1% |
| Obesity (% ages 18+) | +++ | 21 | 31.0% | 31.9% |
| OVERALL | | — | 0.476 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| | 41-50 |

Maryland

State Health Department Website: health.maryland.gov

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++++ | 19 | 4.2 |
| | Public Health Funding (dollars per person) | ++++ | 18 | \$136 |
| | Violent Crime (offenses per 100,000 population) | ++ | 40 | 454 |
| Economic Resources | Economic Hardship Index (index from 1-100) | +++++ | 6 | 22 |
| | Food Insecurity (% of households) | ++++ | 13 | 9.2% |
| | Income Inequality (80-20 ratio) | +++ | 26 | 4.55 |
| Education | High School Graduation (% of students) | +++ | 23 | 86.9% |
| | High School Graduation Racial Disparity (percentage point difference) | + | 44 | 21.0 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++++ | 8 | 12.9% |
| | High-speed Internet (% of households) | ++++ | 12 | 91.4% |
| | Residential Segregation — Black/White (index from 0-100) | +++ | 28 | 65 |
| | Volunteerism (% ages 16+) | ++++ | 15 | 37.0% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++++ | 13 | 63.9% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 15 | 6.7 |
| | Drinking Water Violations (% of community water systems) | +++++ | 1 | 0.0% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++++ | 13 | 736,405 |
| | Water Fluoridation (% of population served) | +++++ | 7 | 93.7% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++++ | 10 | 73.9% |
| | Housing With Lead Risk (% of housing stock) | +++ | 29 | 17.7% |
| | Severe Housing Problems (% of occupied housing units) | ++ | 32 | 16.0% |
| CLINICAL CARE* | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++++ | 14 | 8.7% |
| | Providers (per 100,000 population) | | | 9.8% |
| | Dental Care | ++++ | 14 | 67.1 |
| | Mental Health | ++++ | 19 | 305.2 |
| | Primary Care | +++ | 21 | 274.6 |
| Preventive Clinical Services | Uninsured (% of population) | ++++ | 12 | 6.0% |
| | Colorectal Cancer Screening (% ages 50-75) | ++++ | 14 | 76.6% |
| | Dental Visit (% ages 18+) | +++ | 27 | 66.2% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | ++++ | 12 | 80.0% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++++ | 14 | 50.2% |
| | HPV Vaccination (% ages 13-17) | ++++ | 12 | 66.8% |
| | Dedicated Health Care Provider (% ages 18+) | +++++ | 9 | 83.7% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 22 | 3,547 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++ | 21 | 24.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++ | 25 | 8.0% |
| | Physical Inactivity (% ages 18+) | ++++ | 16 | 21.0% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++ | 40 | 624.9 |
| | High-risk HIV Behaviors (% ages 18+) | +++++ | 3 | 4.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++++ | 17 | 13.9 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++ | 34 | 33.6% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++++ | 4 | 10.9% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++++ | 4 | 13.8% |
| | Frequent Mental Distress (% ages 18+) | +++++ | 8 | 12.2% |
| | Non-medical Drug Use (% ages 18+) | +++ | 29 | 11.8% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++ | 29 | 7,616 |
| | Premature Death Racial Disparity (ratio) | ++++ | 16 | 1.3 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++++ | 1 | 7.3% |
| | Low Birthweight (% of live births) | ++ | 32 | 8.7% |
| | Low Birthweight Racial Disparity (ratio) | ++++ | 17 | 1.9 |
| | Multiple Chronic Conditions (% ages 18+) | +++++ | 6 | 7.6% |
| | Obesity (% ages 18+) | +++ | 21 | 31.0% |
| OVERALL | | | 0.468 | |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of excessive drinking
- Low prevalence of frequent physical distress
- Low prevalence of high-risk HIV behaviors

Challenges:

- High racial disparity in high school graduation rates
- High violent crime rate
- High incidence of chlamydia

Highlights:

SUICIDE

 **19%**

from 9.1 to 10.8 deaths
per 100,000 population
between 2015 and 2019

AIR POLLUTION

 **19%**

from 8.3 to 6.7 micrograms
of fine particulate per cubic
meter between 2015-2017
and 2018-2020

SMOKING

 **14%**

from 12.7% to 10.9% of
adults between 2019 and
2020

Massachusetts

State Health Department Website: mass.gov/orgs/departments-of-public-health

Summary

Strengths:

- Low prevalence of non-medical drug use
- Low prevalence of obesity
- High childhood immunization rate

Challenges:

- High income inequality
- High preventable hospitalization rate
- High percentage of housing with lead risk

Highlights:

FREQUENT PHYSICAL DISTRESS

▼ **32%**

from 11.4% to 7.7% of adults between 2018 and 2020

AIR POLLUTION

▲ **17%**

from 6.0 to 7.0 micrograms of fine particulate per cubic meter between 2015-2017 and 2018-2020

FLU VACCINATION

▲ **12%**

from 50.5% to 56.5% of adults between 2019 and 2020

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--------|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | ++++ | 12 | 3.7 | 4.2 |
| Public Health Funding (dollars per person) | ++++ | 7 | \$185 | \$116 |
| Violent Crime (offenses per 100,000 population) | +++ | 24 | 328 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | ++++ | 2 | 9 | — |
| Food Insecurity (% of households) | ++++ | 6 | 8.4% | 10.7% |
| Income Inequality (80-20 ratio) | + | 47 | 5.34 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | ++++ | 15 | 88.0% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | ++ | 37 | 18.3 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | ++++ | 2 | 10.8% | 14.8% |
| High-speed Internet (% of households) | ++++ | 6 | 92.0% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | +++ | 28 | 65 | 62 |
| Volunteerism (% ages 16+) | +++ | 29 | 33.6% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | +++ | 23 | 60.9% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 19 | 7.0 | 8.3 |
| Drinking Water Violations (% of community water systems) | ++++ | 1 | 0.0% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | +++ | 21 | 3,204,953 | — |
| Water Fluoridation (% of population served) | ++ | 38 | 57.3% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | ++++ | 3 | 69.6% | 75.9% |
| Housing With Lead Risk (% of housing stock) | + | 48 | 30.8% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | ++ | 39 | 17.4% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | ++++ | 9 | 8.3% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | ++++ | 2 | 88.1 | 62.3 |
| Mental Health | ++++ | 1 | 693.6 | 284.3 |
| Primary Care | ++++ | 1 | 373.3 | 252.3 |
| Uninsured (% of population) | ++++ | 1 | 3.0% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | ++++ | 2 | 81.1% | 74.3% |
| Dental Visit (% ages 18+) | ++++ | 3 | 73.3% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | ++++ | 1 | 92.3% | 75.4% |
| Flu Vaccination (% ages 18+) | ++++ | 1 | 56.5% | 47.0% |
| HPV Vaccination (% ages 13-17) | ++++ | 3 | 73.4% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | ++++ | 2 | 87.3% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++ | 40 | 4,310 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | +++ | 28 | 22.2% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | ++++ | 14 | 8.8% | 8.0% |
| Physical Inactivity (% ages 18+) | ++++ | 10 | 19.9% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | ++++ | 14 | 458.8 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | +++ | 22 | 5.5% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | ++++ | 2 | 6.9 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | ++++ | 17 | 31.1% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | ++++ | 5 | 11.1% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | ++ | 34 | 18.5% | 17.6% |
| Frequent Mental Distress (% ages 18+) | +++ | 21 | 12.9% | 13.2% |
| Non-medical Drug Use (% ages 18+) | ++++ | 3 | 7.3% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | ++++ | 4 | 5,852 | 7,337 |
| Premature Death Racial Disparity (ratio) | ++++ | 3 | 1.1 | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | ++++ | 3 | 7.7% | 9.9% |
| Low Birthweight (% of live births) | ++++ | 16 | 7.6% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | ++++ | 10 | 1.8 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | ++++ | 13 | 8.3% | 9.1% |
| Obesity (% ages 18+) | ++++ | 2 | 24.4% | 31.9% |
| OVERALL | | | 0.726 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| | 41-50 |

Michigan

State Health Department Website: michigan.gov/mdhhs

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|---------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++++ | 15 | 4.0 |
| | Public Health Funding (dollars per person) | ++ | 40 | \$83 |
| | Violent Crime (offenses per 100,000 population) | ++ | 38 | 437 |
| Economic Resources | Economic Hardship Index (index from 1-100) | +++ | 27 | 46 |
| | Food Insecurity (% of households) | ++ | 37 | 11.8% |
| | Income Inequality (80-20 ratio) | +++ | 24 | 4.49 |
| Education | High School Graduation (% of students) | + | 41 | 81.4% |
| | High School Graduation Racial Disparity (percentage point difference) | +++ | 26 | 14.7 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++ | 23 | 15.5% |
| | High-speed Internet (% of households) | +++ | 22 | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | + | 45 | 73 |
| | Volunteerism (% ages 16+) | +++ | 26 | 34.5% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++++ | 14 | 63.2% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++ | 36 | 7.9 |
| | Drinking Water Violations (% of community water systems) | ++++ | 14 | 0.1% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++ | 39 | 8,479,767 |
| | Water Fluoridation (% of population served) | ++++ | 14 | 89.5% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++ | 36 | 81.8% |
| | Housing With Lead Risk (% of housing stock) | ++ | 37 | 22.3% |
| | Severe Housing Problems (% of occupied housing units) | +++ | 21 | 14.2% |
| CLINICAL CARE* | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | +++++ | 7 | 7.9% |
| | Providers (per 100,000 population) | | | 9.8% |
| | Dental Care | ++++ | 13 | 69.8 |
| | Mental Health | ++++ | 18 | 305.5 |
| | Primary Care | ++++ | 13 | 290.7 |
| Preventive Clinical Services | Uninsured (% of population) | +++++ | 9 | 5.8% |
| | Colorectal Cancer Screening (% ages 50-75) | +++++ | 4 | 78.2% |
| | Dental Visit (% ages 18+) | ++++ | 12 | 69.2% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | ++ | 33 | 74.9% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++ | 27 | 46.7% |
| | HPV Vaccination (% ages 13-17) | +++ | 21 | 61.3% |
| | Dedicated Health Care Provider (% ages 18+) | +++++ | 5 | 85.5% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | + | 44 | 4,397 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++ | 24 | 23.3% |
| | Fruit and Vegetable Consumption (% ages 18+) | + | 41 | 6.5% |
| | Physical Inactivity (% ages 18+) | ++++ | 14 | 20.8% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++++ | 20 | 501.7 |
| | High-risk HIV Behaviors (% ages 18+) | ++++ | 12 | 5.2% |
| | Teen Births (births per 1,000 females ages 15-19) | +++ | 23 | 15.1 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++ | 38 | 34.2% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++ | 40 | 18.4% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++ | 38 | 18.8% |
| | Frequent Mental Distress (% ages 18+) | + | 42 | 15.8% |
| | Non-medical Drug Use (% ages 18+) | ++++ | 17 | 10.3% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++ | 32 | 7,843 |
| | Premature Death Racial Disparity (ratio) | ++ | 34 | 1.7 |
| Physical Health | Frequent Physical Distress (% ages 18+) | + | 41 | 11.3% |
| | Low Birthweight (% of live births) | ++ | 32 | 8.7% |
| | Low Birthweight Racial Disparity (ratio) | ++ | 35 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++ | 40 | 12.0% |
| | Obesity (% ages 18+) | ++ | 35 | 35.2% |
| OVERALL | | | -0.098 | |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low percentage of adults who avoided care due to cost
- High prevalence of colorectal cancer screening
- High prevalence of having a dedicated health care provider

Challenges:

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- High prevalence of cigarette smoking

Highlights:

ADULTS WHO AVOIDED CARE DUE TO COST

 **32%**

from 11.7% to 7.9% between 2019 and 2020

DIABETES

 **18%**

from 10.4% to 12.3% of adults between 2014 and 2020

INSUFFICIENT SLEEP

 **12%**

from 39.0% to 34.2% of adults between 2018 and 2020

Minnesota

State Health Department Website: health.state.mn.us

Summary

Strengths:

- Low premature death rate
- High voter participation
- Low prevalence of insufficient sleep

Challenges:

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- Low rate of high school graduation

Highlights:

PUBLIC HEALTH FUNDING

▲56%

from \$85 to \$133 per person between 2017-2018 and 2019-2020

FREQUENT MENTAL DISTRESS

▲33%

from 9.2% to 12.2% of adults between 2017 and 2020

FLU VACCINATION

▲12%

from 45.7% to 51.4% of adults between 2019 and 2020

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--------|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | ++++ | 7 | 3.4 | 4.2 |
| Public Health Funding (dollars per person) | ++++ | 19 | \$133 | \$116 |
| Violent Crime (offenses per 100,000 population) | ++++ | 11 | 236 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | ++++ | 4 | 17 | — |
| Food Insecurity (% of households) | ++++ | 3 | 7.0% | 10.7% |
| Income Inequality (80-20 ratio) | ++++ | 7 | 4.19 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | ++ | 36 | 83.7% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | + | 50 | 37.7 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | ++++ | 7 | 12.3% | 14.8% |
| High-speed Internet (% of households) | ++++ | 10 | 91.6% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | +++ | 22 | 62 | 62 |
| Volunteerism (% ages 16+) | ++++ | 5 | 42.7% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | ++++ | 1 | 70.5% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 16 | 6.8 | 8.3 |
| Drinking Water Violations (% of community water systems) | ++ | 39 | 1.1% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | ++++ | 18 | 2,462.228 | — |
| Water Fluoridation (% of population served) | ++++ | 2 | 98.8% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | ++++ | 20 | 77.6% | 75.9% |
| Housing With Lead Risk (% of housing stock) | ++ | 32 | 19.7% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | ++++ | 9 | 13.1% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | ++++ | 8 | 8.0% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | ++++ | 15 | 66.4 | 62.3 |
| Mental Health | +++ | 21 | 295.7 | 284.3 |
| Primary Care | ++++ | 9 | 304.2 | 252.3 |
| Uninsured (% of population) | ++++ | 5 | 4.9% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | ++++ | 11 | 77.0% | 74.3% |
| Dental Visit (% ages 18+) | ++++ | 9 | 69.6% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | ++++ | 10 | 80.3% | 75.4% |
| Flu Vaccination (% ages 18+) | ++++ | 9 | 51.4% | 47.0% |
| HPV Vaccination (% ages 13-17) | ++++ | 7 | 69.2% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | ++ | 31 | 76.6% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 14 | 3,138 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | ++++ | 10 | 25.5% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | ++++ | 20 | 8.5% | 8.0% |
| Physical Inactivity (% ages 18+) | ++++ | 7 | 19.1% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | ++++ | 10 | 433.9 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | ++++ | 4 | 4.7% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | ++++ | 8 | 10.1 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | ++++ | 2 | 27.0% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | +++ | 19 | 13.8% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | + | 43 | 20.1% | 17.6% |
| Frequent Mental Distress (% ages 18+) | ++++ | 8 | 12.2% | 13.2% |
| Non-medical Drug Use (% ages 18+) | ++++ | 9 | 8.4% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | ++++ | 2 | 5,765 | 7,337 |
| Premature Death Racial Disparity (ratio) | + | 48 | 3.5 | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | ++++ | 7 | 8.1% | 9.9% |
| Low Birthweight (% of live births) | ++++ | 8 | 6.9% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | ++++ | 10 | 1.8 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | ++++ | 9 | 7.8% | 9.1% |
| Obesity (% ages 18+) | ++++ | 17 | 30.7% | 31.9% |
| OVERALL | | | 0.648 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| | 41-50 |

Mississippi

State Health Department Website: msdh.ms.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | + | 46 | -0.612 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | + | 47 | 8.2 | 4.2 |
| | Public Health Funding (dollars per person) | +++ | 30 | \$114 | \$116 |
| | Violent Crime (offenses per 100,000 population) | ++++ | 14 | 278 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | + | 50 | 100 | — |
| | Food Insecurity (% of households) | + | 50 | 15.3% | 10.7% |
| | Income Inequality (80-20 ratio) | + | 48 | 5.37 | 4.85 |
| Education | High School Graduation (% of students) | +++ | 29 | 85.0% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++++ | 4 | 6.5 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | + | 42 | 18.3% | 14.8% |
| | High-speed Internet (% of households) | + | 49 | 81.4% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | +++++ | 3 | 50 | 62 |
| | Volunteerism (% ages 16+) | + | 47 | 26.6% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++++ | 17 | 62.3% | 60.1% |
| PHYSICAL ENVIRONMENT* | | + | 45 | -0.316 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++ | 38 | 8.1 | 8.3 |
| | Drinking Water Violations (% of community water systems) | + | 48 | 6.3% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++++ | 16 | 1,367,879 | — |
| | Water Fluoridation (% of population served) | ++ | 35 | 60.7% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | + | 49 | 84.8% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++++ | 10 | 11.0% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | +++ | 29 | 15.1% | 17.3% |
| CLINICAL CARE* | | + | 49 | -0.992 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | + | 46 | 13.9% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | + | 47 | 44.2 | 62.3 |
| | Mental Health | + | 41 | 187.6 | 284.3 |
| | Primary Care | ++ | 33 | 244.4 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | + | 46 | 13.0% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++ | 37 | 70.9% | 74.3% |
| | Dental Visit (% ages 18+) | + | 46 | 57.7% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | +++ | 30 | 75.4% | 75.4% |
| | Flu Vaccination (% ages 18+) | + | 45 | 41.3% | 47.0% |
| Quality of Care | HPV Vaccination (% ages 13-17) | + | 50 | 31.9% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | ++ | 34 | 76.1% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | + | 49 | 5,004 | 3,770 |
| BEHAVIORS* | | + | 49 | -1.358 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | + | 48 | 15.7% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | + | 42 | 6.3% | 8.0% |
| | Physical Inactivity (% ages 18+) | + | 49 | 30.0% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | + | 49 | 850.2 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++++ | 16 | 5.3% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | + | 49 | 291 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++ | 40 | 35.0% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | + | 47 | 20.1% | 15.5% |
| HEALTH OUTCOMES* | | + | 43 | -0.622 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++++ | 7 | 15.2% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | ++ | 36 | 14.4% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | ++++ | 14 | 9.2% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | + | 49 | 11,256 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++ | 27 | 1.5 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++ | 31 | 10.3% | 9.9% |
| | Low Birthweight (% of live births) | + | 50 | 12.3% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | +++ | 27 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | + | 44 | 12.8% | 9.1% |
| | Obesity (% ages 18+) | + | 50 | 39.7% | 31.9% |
| OVERALL | | | — | -0.791 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of excessive drinking
- Low racial disparity in high school graduation rates
- Low percentage of housing with lead risk

Challenges:

- High premature death rate
- High percentage of households with food insecurity
- High prevalence of cigarette smoking

Highlights:

DRUG DEATHS

 **27%**

from 10.6 to 13.5 deaths per 100,000 population between 2018 and 2019

FREQUENT MENTAL DISTRESS

 **17%**

from 17.3% to 14.4% of adults between 2019 and 2020

MENTAL HEALTH PROVIDERS

 **8%**

from 173.0 to 187.6 per 100,000 population between 2020 and 2021

Missouri

State Health Department Website: health.mo.gov

Summary

Strengths:

- High rate of high school graduation
- Low prevalence of high-risk HIV behaviors
- Low percentage of severe housing problems

Challenges:

- High prevalence of frequent physical distress
- Low prevalence of exercise
- High percentage of adults who avoided care due to cost

Highlights:

FREQUENT MENTAL DISTRESS

▲31%

from 11.6% to 15.2% of adults between 2014 and 2020

SMOKING

▼14%

from 20.8% to 17.8% of adults between 2017 and 2020

SEVERE HOUSING PROBLEMS

▼10%

from 14.6% to 13.1% between 2009-2013 and 2014-2018

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|-------------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| +++ 26 0.011 — | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++ | 25 | 4.8 |
| | Public Health Funding (dollars per person) | + | 42 | \$80 |
| | Violent Crime (offenses per 100,000 population) | + | 43 | 495 |
| Economic Resources | Economic Hardship Index (index from 1-100) | +++ | 27 | 46 |
| | Food Insecurity (% of households) | ++ | 33 | 11.5% |
| | Income Inequality (80-20 ratio) | +++ | 29 | 4.58 |
| Education | High School Graduation (% of students) | +++++ | 9 | 89.7% |
| | High School Graduation Racial Disparity (percentage point difference) | ++++ | 13 | 11.3 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++++ | 17 | 14.5% |
| | High-speed Internet (% of households) | ++ | 32 | 88.3% |
| | Residential Segregation — Black/White (index from 0-100) | + | 43 | 71 |
| | Volunteerism (% ages 16+) | ++++ | 13 | 37.3% |
| | Voter Participation (% of U.S. citizens ages 18+) | +++ | 23 | 60.9% |
| | | | | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| +++ 23 0.117 — | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++ | 28 | 7.5 |
| | Drinking Water Violations (% of community water systems) | +++ | 24 | 0.2% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++ | 28 | 4,089,226 |
| | Water Fluoridation (% of population served) | +++ | 26 | 75.6% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | + | 41 | 82.1% |
| | Housing With Lead Risk (% of housing stock) | +++ | 30 | 18.7% |
| | Severe Housing Problems (% of occupied housing units) | +++++ | 9 | 13.1% |
| | | | | 17.3% |
| CLINICAL CARE* | | | | |
| ++ 34 -0.223 — | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | + | 42 | 12.2% |
| | Providers (per 100,000 population) | | | 9.8% |
| | Dental Care | ++ | 37 | 53.7 |
| | Mental Health | ++ | 35 | 223.0 |
| | Primary Care | ++ | 22 | 271.2 |
| Preventive Clinical Services | Uninsured (% of population) | ++ | 35 | 10.0% |
| | Colorectal Cancer Screening (% ages 50-75) | ++ | 31 | 72.1% |
| | Dental Visit (% ages 18+) | ++ | 35 | 63.0% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | ++++ | 19 | 78.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++ | 27 | 46.7% |
| | HPV Vaccination (% ages 13-17) | ++ | 35 | 53.6% |
| | | | | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | +++ | 30 | 77.0% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++ | 34 | 4,197 |
| | | | | 3,770 |
| BEHAVIORS* | | | | |
| + 41 -0.599 — | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | + | 46 | 17.1% |
| | Fruit and Vegetable Consumption (% ages 18+) | + | 44 | 6.1% |
| | Physical Inactivity (% ages 18+) | ++ | 40 | 25.7% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++ | 30 | 560.8 |
| | High-risk HIV Behaviors (% ages 18+) | ++++ | 12 | 5.2% |
| | Teen Births (births per 1,000 females ages 15-19) | ++ | 38 | 20.3 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++ | 30 | 33.0% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++ | 35 | 17.8% |
| | | | | 15.5% |
| HEALTH OUTCOMES* | | | | |
| + 42 -0.581 — | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++ | 34 | 18.5% |
| | Frequent Mental Distress (% ages 18+) | ++ | 39 | 15.2% |
| | Non-medical Drug Use (% ages 18+) | ++ | 40 | 13.2% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++ | 40 | 8,893 |
| | Premature Death Racial Disparity (ratio) | ++ | 34 | 1.7 |
| Physical Health | Frequent Physical Distress (% ages 18+) | + | 42 | 11.4% |
| | Low Birthweight (% of live births) | ++ | 36 | 8.8% |
| | Low Birthweight Racial Disparity (ratio) | ++ | 35 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++ | 39 | 11.7% |
| | Obesity (% ages 18+) | ++ | 32 | 34.0% |
| | | | | 31.9% |
| OVERALL | | | — -0.283 — | |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Montana

State Health Department Website: dphhs.mt.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | ++ | 38 | -0.193 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++ | 29 | 4.9 | 4.2 |
| | Public Health Funding (dollars per person) | ++++ | 11 | \$162 | \$116 |
| | Violent Crime (offenses per 100,000 population) | ++ | 32 | 405 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | +++ | 22 | 43 | — |
| | Food Insecurity (% of households) | +++ | 25 | 10.4% | 10.7% |
| | Income Inequality (80-20 ratio) | +++ | 22 | 4.43 | 4.85 |
| Education | High School Graduation (% of students) | +++ | 24 | 86.6% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | + | 47 | 22.6 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | + | 49 | 23.0% | 14.8% |
| | High-speed Internet (% of households) | +++ | 25 | 89.0% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | + | 48 | 77 | 62 |
| | Volunteerism (% ages 16+) | ++++ | 6 | 39.5% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++++ | 3 | 68.7% | 60.1% |
| | | | | | |
| PHYSICAL ENVIRONMENT* | | ++++ | 19 | 0.184 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 8 | 5.5 | 8.3 |
| | Drinking Water Violations (% of community water systems) | +++ | 24 | 0.2% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++++ | 12 | 210,705 | — |
| | Water Fluoridation (% of population served) | + | 47 | 30.7% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++++ | 15 | 76.2% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++ | 27 | 17.3% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | +++ | 25 | 14.5% | 17.3% |
| | | | | | |
| CLINICAL CARE* | | +++ | 27 | 0.075 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++++ | 17 | 9.0% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | ++++ | 16 | 65.5 | 62.3 |
| | Mental Health | ++++ | 16 | 339.0 | 284.3 |
| | Primary Care | +++ | 23 | 270.2 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | +++ | 27 | 8.3% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | + | 41 | 69.6% | 74.3% |
| | Dental Visit (% ages 18+) | ++ | 33 | 64.2% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | ++ | 36 | 74.1% | 75.4% |
| | Flu Vaccination (% ages 18+) | ++ | 34 | 46.1% | 47.0% |
| Quality of Care | HPV Vaccination (% ages 13-17) | ++ | 34 | 54.4% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | + | 41 | 72.7% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++++ | 9 | 2,534 | 3,770 |
| | | | | | |
| BEHAVIORS* | | ++++ | 17 | 0.398 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++++ | 2 | 28.3% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++ | 28 | 7.5% | 8.0% |
| | Physical Inactivity (% ages 18+) | ++++ | 6 | 18.9% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++++ | 11 | 444.7 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++ | 37 | 6.1% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | +++ | 28 | 16.3 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++++ | 7 | 28.9% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++ | 30 | 16.4% | 15.5% |
| | | | | | |
| HEALTH OUTCOMES* | | +++ | 28 | 0.020 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | + | 46 | 21.7% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | +++ | 21 | 12.9% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | ++++ | 7 | 8.2% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++ | 28 | 7,580 | 7,337 |
| | Premature Death Racial Disparity (ratio) | + | 46 | 2.9 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++ | 36 | 10.8% | 9.9% |
| | Low Birthweight (% of live births) | ++++ | 12 | 7.3% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | ++++ | 2 | 1.2 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | +++ | 28 | 9.4% | 9.1% |
| | Obesity (% ages 18+) | ++++ | 10 | 28.5% | 31.9% |
| OVERALL | | | — | 0.056 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| | 41-50 |

Summary

Strengths:

- Low prevalence of non-medical drug use
- High voter participation
- Low prevalence of insufficient sleep

Challenges:

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- High prevalence of two or more adverse childhood experiences

Highlights:

AIR POLLUTION

 **19%**

from 6.8 to 5.5 micrograms of fine particulate per cubic meter between 2015-2017 and 2018-2020

OBESITY

 **13%**

from 25.3% to 28.5% of adults between 2017 and 2020

FLU VACCINATION

 **7%**

from 42.9% to 46.1% of adults between 2019 and 2020

Nebraska

State Health Department Website: dhhs.ne.gov

Summary

Strengths:

- Low prevalence of frequent physical distress
- Low prevalence of non-medical drug use
- Low prevalence of high-risk HIV behaviors

Challenges:

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- High percentage of housing with lead risk

Highlights:

SUICIDE

▲ **38%**

from 12.0 to 16.5 deaths per 100,000 population between 2015 and 2019

INSUFFICIENT SLEEP

▼ **11%**

from 31.6% to 28.2% of adults between 2018 and 2020

FLU VACCINATION

▲ **9%**

from 49.0% to 53.2% of adults between 2019 and 2020

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++ | 25 | 4.8 |
| | Public Health Funding (dollars per person) | +++ | 26 | \$122 |
| | Violent Crime (offenses per 100,000 population) | +++ | 21 | 301 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++++ | 17 | 38 |
| | Food Insecurity (% of households) | +++ | 26 | 10.5% |
| | Income Inequality (80-20 ratio) | +++++ | 3 | 4.06 |
| Education | High School Graduation (% of students) | ++++ | 12 | 88.4% |
| | High School Graduation Racial Disparity (percentage point difference) | + | 45 | 21.5 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++++ | 10 | 13.4% |
| | High-speed Internet (% of households) | +++++ | 15 | 91.1% |
| | Residential Segregation — Black/White (index from 0-100) | ++ | 32 | 66 |
| | Volunteerism (% ages 16+) | +++++ | 3 | 45.9% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++ | 34 | 58.0% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 11 | 6.2 |
| | Drinking Water Violations (% of community water systems) | ++++ | 14 | 0.1% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++++ | 14 | 755,701 |
| | Water Fluoridation (% of population served) | +++ | 30 | 71.6% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++ | 36 | 81.8% |
| | Housing With Lead Risk (% of housing stock) | ++ | 39 | 22.4% |
| | Severe Housing Problems (% of occupied housing units) | +++++ | 6 | 12.3% |
| CLINICAL CARE* | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++++ | 20 | 9.3% |
| | Providers (per 100,000 population) | | | |
| | Dental Care | ++++ | 12 | 70.4 |
| | Mental Health | +++ | 23 | 290.0 |
| | Primary Care | ++++ | 16 | 286.2 |
| Preventive Clinical Services | Uninsured (% of population) | +++ | 27 | 8.3% |
| | Colorectal Cancer Screening (% ages 50-75) | +++ | 29 | 72.5% |
| | Dental Visit (% ages 18+) | ++++ | 15 | 68.1% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | +++++ | 8 | 81.1% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++++ | 7 | 53.2% |
| | HPV Vaccination (% ages 13-17) | ++++ | 14 | 64.8% |
| | Dedicated Health Care Provider (% ages 18+) | ++++ | 18 | 79.5% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++++ | 15 | 3,151 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++ | 36 | 20.9% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++ | 31 | 7.3% |
| | Physical Inactivity (% ages 18+) | ++++ | 20 | 21.5% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++++ | 16 | 480.3 |
| | High-risk HIV Behaviors (% ages 18+) | +++++ | 7 | 4.8% |
| | Teen Births (births per 1,000 females ages 15-19) | +++ | 24 | 15.3 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++++ | 4 | 28.2% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++++ | 20 | 13.9% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | + | 46 | 21.7% |
| | Frequent Mental Distress (% ages 18+) | +++++ | 6 | 11.9% |
| | Non-medical Drug Use (% ages 18+) | +++++ | 5 | 7.7% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++++ | 15 | 6,590 |
| | Premature Death Racial Disparity (ratio) | + | 42 | 2.3 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++++ | 4 | 7.9% |
| | Low Birthweight (% of live births) | +++++ | 16 | 7.6% |
| | Low Birthweight Racial Disparity (ratio) | + | 45 | 2.2 |
| | Multiple Chronic Conditions (% ages 18+) | ++++ | 11 | 7.9% |
| | Obesity (% ages 18+) | ++ | 32 | 34.0% |
| OVERALL | | | 0.331 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Nevada

State Health Department Website: dhhs.nv.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | +++ | 30 | -0.087 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++++ | 9 | 3.5 | 4.2 |
| | Public Health Funding (dollars per person) | + | 49 | \$72 | \$116 |
| | Violent Crime (offenses per 100,000 population) | + | 42 | 494 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++ | 38 | 62 | — |
| | Food Insecurity (% of households) | ++ | 39 | 11.9% | 10.7% |
| | Income Inequality (80-20 ratio) | ++++ | 15 | 4.36 | 4.85 |
| Education | High School Graduation (% of students) | ++ | 33 | 84.1% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++ | 29 | 15.1 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++++ | 10 | 13.4% | 14.8% |
| | High-speed Internet (% of households) | ++ | 33 | 88.2% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | +++++ | 3 | 50 | 62 |
| | Volunteerism (% ages 16+) | + | 49 | 25.8% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | + | 46 | 55.1% | 60.1% |
| PHYSICAL ENVIRONMENT* | | +++ | 24 | 0.116 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | + | 48 | 9.3 | 8.3 |
| | Drinking Water Violations (% of community water systems) | ++++ | 14 | 0.1% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++ | 34 | 6648690 | — |
| | Water Fluoridation (% of population served) | +++ | 27 | 75.0% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++++ | 19 | 77.0% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++++ | 1 | 5.2% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | + | 43 | 18.5% | 17.3% |
| CLINICAL CARE* | | + | 45 | -0.664 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++ | 35 | 11.1% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | ++ | 33 | 55.3 | 62.3 |
| | Mental Health | ++ | 33 | 234.6 | 284.3 |
| | Primary Care | + | 50 | 191.1 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | + | 43 | 11.4% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++ | 32 | 71.9% | 74.3% |
| | Dental Visit (% ages 18+) | + | 41 | 60.8% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | +++ | 25 | 76.3% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | + | 49 | 38.1% | 47.0% |
| | HPV Vaccination (% ages 13-17) | + | 43 | 50.1% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | + | 48 | 66.8% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 21 | 3,496 | 3,770 |
| BEHAVIORS* | | ++ | 39 | -0.532 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | + | 41 | 20.0% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | + | 47 | 5.4% | 8.0% |
| | Physical Inactivity (% ages 18+) | ++ | 37 | 25.4% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++ | 34 | 578.8 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++ | 32 | 5.9% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++ | 33 | 18.9 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | + | 42 | 35.1% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++ | 22 | 14.2% | 15.5% |
| HEALTH OUTCOMES* | | ++ | 39 | -0.411 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++ | 37 | 18.7% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | + | 46 | 17.3% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | + | 48 | 17.2% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++ | 25 | 7,527 | 7,337 |
| | Premature Death Racial Disparity (ratio) | ++++ | 16 | 1.3 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | + | 47 | 13.3% | 9.9% |
| | Low Birthweight (% of live births) | ++ | 36 | 8.8% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | +++++ | 10 | 1.8 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++ | 33 | 10.2% | 9.1% |
| | Obesity (% ages 18+) | ++++ | 12 | 28.7% | 31.9% |
| OVERALL | | | — | -0.323 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of obesity
- Low prevalence of two or more adverse childhood experiences
- Low occupational fatality rate

Challenges:

- High prevalence of frequent mental distress
- High prevalence of non-medical drug use
- Low adult flu vaccination rate

Highlights:

FREQUENT MENTAL DISTRESS

▲32%

from 13.1% to 17.3% of adults between 2018 and 2020

FLU VACCINATION

▲17%

from 32.5% to 38.1% of adults between 2019 and 2020

SEVERE HOUSING PROBLEMS

▼16%

from 22.1% to 18.5% between 2009-2013 and 2014-2018

New Hampshire

State Health Department Website: dhhs.nh.gov

Summary

Strengths:

- Low prevalence of non-medical drug use
- Low percentage of households with food insecurity
- Low teen birth rate

Challenges:

- High prevalence of excessive drinking
- High prevalence of frequent physical distress
- Low percentage of fluoridated water

Highlights:

HIGH-RISK HIV BEHAVIORS

▲56%

from 3.6% to 5.6% of adults between 2018 and 2020

FOOD INSECURITY

▼39%

from 9.4% to 5.7% of households between 2015-2017 and 2018-2020

INSUFFICIENT SLEEP

▼12%

from 34.3% to 30.1% of adults between 2018 and 2020

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|----------|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | ++++ | 3 | 3.1 | 4.2 |
| Public Health Funding (dollars per person) | +++ | 29 | \$119 | \$116 |
| Violent Crime (offenses per 100,000 population) | ++++ | 2 | 153 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | ++++ | 1 | 1 | — |
| Food Insecurity (% of households) | ++++ | 1 | 5.7% | 10.7% |
| Income Inequality (80-20 ratio) | ++++ | 8 | 4.22 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | ++++ | 12 | 88.4% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | +++ | 23 | 13.5 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | ++++ | 17 | 14.5% | 14.8% |
| High-speed Internet (% of households) | ++++ | 4 | 92.4% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | +++ | 28 | 65 | 62 |
| Volunteerism (% ages 16+) | ++++ | 19 | 36.7% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | ++++ | 9 | 65.1% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 2 | 4.3 | 8.3 |
| Drinking Water Violations (% of community water systems) | +++ | 24 | 0.2% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | ++++ | 8 | 75.697 | — |
| Water Fluoridation (% of population served) | + | 44 | 46.7% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | ++ | 31 | 80.4% | 75.9% |
| Housing With Lead Risk (% of housing stock) | ++ | 35 | 21.7% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | +++ | 22 | 14.3% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | ++++ | 17 | 9.0% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | ++++ | 20 | 63.6 | 62.3 |
| Mental Health | ++++ | 15 | 352.3 | 284.3 |
| Primary Care | ++++ | 7 | 312.9 | 252.3 |
| Uninsured (% of population) | ++++ | 13 | 6.3% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | ++++ | 5 | 77.8% | 74.3% |
| Dental Visit (% ages 18+) | ++++ | 8 | 69.7% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | ++++ | 3 | 84.6% | 75.4% |
| Flu Vaccination (% ages 18+) | ++++ | 8 | 52.9% | 47.0% |
| HPV Vaccination (% ages 13-17) | ++++ | 8 | 68.8% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | ++++ | 1 | 87.9% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 20 | 3,437 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | ++++ | 5 | 26.4% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | ++++ | 8 | 9.1% | 8.0% |
| Physical Inactivity (% ages 18+) | ++++ | 9 | 19.3% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | ++++ | 1 | 263.1 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | +++ | 25 | 5.6% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | ++++ | 1 | 6.6 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | ++++ | 11 | 30.1% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | ++++ | 20 | 13.9% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | ++ | 32 | 18.4% | 17.6% |
| Frequent Mental Distress (% ages 18+) | +++ | 29 | 13.7% | 13.2% |
| Non-medical Drug Use (% ages 18+) | ++++ | 4 | 7.6% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | ++++ | 16 | 6,655 | 7,337 |
| Premature Death Racial Disparity (ratio) | — | — | — | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | +++ | 30 | 10.2% | 9.9% |
| Low Birthweight (% of live births) | ++++ | 2 | 6.4% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | ++++ | 5 | 1.5 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | ++++ | 20 | 9.0% | 9.1% |
| Obesity (% ages 18+) | ++++ | 14 | 29.9% | 31.9% |
| OVERALL | — | — | 0.759 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| — | 41-50 |

New Jersey

State Health Department Website: nj.gov/health

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++++ | 2 | 2.9 |
| | Public Health Funding (dollars per person) | ++ | 31 | \$110 |
| | Violent Crime (offenses per 100,000 population) | ++++ | 5 | 207 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++++ | 12 | 28 |
| | Food Insecurity (% of households) | ++++ | 6 | 8.4% |
| | Income Inequality (80-20 ratio) | + | 41 | 4.96 |
| Education | High School Graduation (% of students) | ++++ | 4 | 90.6% |
| | High School Graduation Racial Disparity (percentage point difference) | ++++ | 14 | 11.6 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++++ | 1 | 10.2% |
| | High-speed Internet (% of households) | ++++ | 7 | 91.9% |
| | Residential Segregation — Black/White (index from 0-100) | ++ | 35 | 67 |
| | Volunteerism (% ages 16+) | + | 41 | 28.5% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++++ | 7 | 66.2% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++ | 31 | 7.7 |
| | Drinking Water Violations (% of community water systems) | + | 49 | 8.9% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++ | 27 | 4,067,334 |
| | Water Fluoridation (% of population served) | + | 49 | 16.2% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++++ | 6 | 71.0% |
| | Housing With Lead Risk (% of housing stock) | + | 42 | 24.2% |
| | Severe Housing Problems (% of occupied housing units) | + | 46 | 20.8% |
| CLINICAL CARE* | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++ | 31 | 10.5% |
| | Providers (per 100,000 population) | | | |
| | Dental Care | ++++ | 5 | 74.0 |
| | Mental Health | +++ | 28 | 264.1 |
| | Primary Care | + | 45 | 214.6 |
| Preventive Clinical Services | Uninsured (% of population) | +++ | 23 | 7.9% |
| | Colorectal Cancer Screening (% ages 50-75) | ++ | 32 | 71.9% |
| | Dental Visit (% ages 18+) | ++++ | 15 | 68.1% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | +++ | 29 | 75.5% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++ | 36 | 45.8% |
| | HPV Vaccination (% ages 13-17) | +++ | 25 | 59.7% |
| | Dedicated Health Care Provider (% ages 18+) | ++++ | 15 | 81.1% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++ | 31 | 4,016 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++ | 29 | 21.9% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++++ | 13 | 8.9% |
| | Physical Inactivity (% ages 18+) | ++++ | 16 | 21.0% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++++ | 8 | 423.2 |
| | High-risk HIV Behaviors (% ages 18+) | ++++ | 18 | 5.4% |
| | Teen Births (births per 1,000 females ages 15-19) | ++++ | 6 | 10.0 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++ | 25 | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++++ | 3 | 10.8% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++ | 26 | 17.6% |
| | Frequent Mental Distress (% ages 18+) | ++++ | 11 | 12.3% |
| | Non-medical Drug Use (% ages 18+) | ++++ | 15 | 9.6% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++++ | 8 | 6,239 |
| | Premature Death Racial Disparity (ratio) | +++ | 27 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++++ | 4 | 7.9% |
| | Low Birthweight (% of live births) | +++ | 22 | 7.9% |
| | Low Birthweight Racial Disparity (ratio) | ++ | 35 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++++ | 5 | 7.4% |
| | Obesity (% ages 18+) | ++++ | 6 | 27.7% |
| OVERALL | | — | 0.404 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low prevalence of two or more adverse childhood experiences
- Low prevalence of cigarette smoking

Challenges:

- Low volunteerism rate
- Low supply of primary care providers
- High percentage of severe housing problems

Highlights:

VOTER PARTICIPATION

▲35%

from 49.0% to 66.2% of U.S. citizens age 18 and older between 2014/2016 and 2018/2020

DEPRESSION

▲29%

from 11.8% to 15.2% of adults between 2018 and 2020

INSUFFICIENT SLEEP

▼14%

from 37.6% to 32.3% of adults between 2018 and 2020

New Mexico

State Health Department Website: nmhealth.org

NEW MEXICO

Summary

Strengths:

- High per capita public health funding
- Low prevalence of insufficient sleep
- Low levels of air pollution

Challenges:

- High prevalence of two or more adverse childhood experiences
- Low rate of high school graduation
- Low percentage of households with high-speed internet

Highlights:

ADULTS WHO AVOIDED CARE DUE TO COST

 **31%**

from 13.9% to 9.6% between 2019 and 2020

FREQUENT PHYSICAL DISTRESS

 **26%**

from 14.4% to 10.7% of adults between 2019 and 2020

PREMATURE DEATH

 **7%**

from 9,135 to 9,789 years lost before age 75 per 100,000 population between 2017 and 2019

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--------|------------|---------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | + | 46 | 8.1 | 4.2 |
| Public Health Funding (dollars per person) | +++++ | 2 | \$265 | \$116 |
| Violent Crime (offenses per 100,000 population) | + | 49 | 832 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | + | 49 | 90 | — |
| Food Insecurity (% of households) | + | 44 | 13.4% | 10.7% |
| Income Inequality (80-20 ratio) | + | 43 | 5.07 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | + | 50 | 75.1% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | ++++ | 15 | 12.0 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | + | 47 | 22.3% | 14.8% |
| High-speed Internet (% of households) | + | 49 | 81.4% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | +++++ | 6 | 51 | 62 |
| Volunteerism (% ages 16+) | ++ | 36 | 30.4% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | + | 43 | 55.4% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | +++++ | 9 | 6.1 | 8.3 |
| Drinking Water Violations (% of community water systems) | + | 45 | 2.9% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | +++++ | 3 | 12.552 | — |
| Water Fluoridation (% of population served) | +++ | 25 | 76.7% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | ++ | 32 | 80.7% | 75.9% |
| Housing With Lead Risk (% of housing stock) | ++++ | 16 | 12.4% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | ++ | 37 | 17.2% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | +++ | 23 | 9.6% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | +++ | 22 | 62.0 | 62.3 |
| Mental Health | +++++ | 9 | 417.7 | 284.3 |
| Primary Care | +++ | 30 | 256.8 | 252.3 |
| Uninsured (% of population) | ++ | 35 | 10.0% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | + | 44 | 68.8% | 74.3% |
| Dental Visit (% ages 18+) | ++ | 34 | 63.7% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | + | 44 | 71.4% | 75.4% |
| Flu Vaccination (% ages 18+) | ++ | 32 | 46.2% | 47.0% |
| HPV Vaccination (% ages 13-17) | +++ | 26 | 59.2% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | + | 45 | 70.8% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++++ | 10 | 2,637 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | +++++ | 8 | 25.7% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | ++ | 40 | 6.6% | 8.0% |
| Physical Inactivity (% ages 18+) | +++ | 27 | 23.0% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | + | 46 | 681.2 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | ++++ | 18 | 5.4% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | + | 43 | 24.4 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | ++++ | 13 | 30.5% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | +++ | 29 | 16.1% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | ++++ | 13 | 15.9% | 17.6% |
| Frequent Mental Distress (% ages 18+) | +++ | 25 | 13.1% | 13.2% |
| Non-medical Drug Use (% ages 18+) | ++ | 36 | 13.0% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | + | 43 | 9,789 | 7,337 |
| Premature Death Racial Disparity (ratio) | ++ | 36 | 1.8 | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | ++ | 34 | 10.7% | 9.9% |
| Low Birthweight (% of live births) | ++ | 40 | 9.3% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | + | 45 | 2.2 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | ++++ | 20 | 9.0% | 9.1% |
| Obesity (% ages 18+) | ++++ | 19 | 30.9% | 31.9% |
| OVERALL | | | -0.415 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

New York

State Health Department Website: health.ny.gov

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|---------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| | + | 41 | -0.282 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++++ | 1 | 2.8 |
| | Public Health Funding (dollars per person) | ++++ | 6 | \$193 |
| | Violent Crime (offenses per 100,000 population) | +++ | 26 | 359 |
| Economic Resources | Economic Hardship Index (index from 1-100) | +++ | 27 | 46 |
| | Food Insecurity (% of households) | +++ | 26 | 10.5% |
| | Income Inequality (80-20 ratio) | + | 50 | 5.74 |
| Education | High School Graduation (% of students) | ++ | 37 | 82.8% |
| | High School Graduation Racial Disparity (percentage point difference) | + | 41 | 20.2 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++++ | 3 | 11.1% |
| | High-speed Internet (% of households) | +++ | 24 | 89.2% |
| | Residential Segregation — Black/White (index from 0-100) | + | 50 | 78 |
| | Volunteerism (% ages 16+) | + | 50 | 25.0% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++ | 37 | 57.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| | ++ | 34 | -0.021 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 12 | 6.3 |
| | Drinking Water Violations (% of community water systems) | ++++ | 14 | 0.1% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++++ | 19 | 2,512,785 |
| | Water Fluoridation (% of population served) | ++ | 31 | 71.5% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++++ | 1 | 52.8% |
| | Housing With Lead Risk (% of housing stock) | + | 50 | 33.2% |
| | Severe Housing Problems (% of occupied housing units) | + | 48 | 23.3% |
| CLINICAL CARE* | | | | |
| | ++++ | 14 | 0.617 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++++ | 15 | 8.8% |
| | Providers (per 100,000 population) | | | 9.8% |
| | Dental Care | ++++ | 11 | 71.1 |
| | Mental Health | ++++ | 17 | 332.1 |
| | Primary Care | ++++ | 8 | 304.7 |
| Preventive Clinical Services | Uninsured (% of population) | ++++ | 7 | 5.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++++ | 13 | 76.7% |
| | Dental Visit (% ages 18+) | +++ | 24 | 66.7% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | +++ | 24 | 76.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++ | 23 | 47.2% |
| | HPV Vaccination (% ages 13-17) | ++++ | 9 | 68.1% |
| | Dedicated Health Care Provider (% ages 18+) | ++++ | 16 | 79.7% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 29 | 3,887 |
| BEHAVIORS* | | | | |
| | +++ | 21 | 0.228 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++++ | 18 | 24.1% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++++ | 3 | 11.0% |
| | Physical Inactivity (% ages 18+) | ++ | 38 | 25.6% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | + | 44 | 640.6 |
| | High-risk HIV Behaviors (% ages 18+) | + | 41 | 6.2% |
| | Teen Births (births per 1,000 females ages 15-19) | ++++ | 9 | 11.4 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++ | 28 | 32.9% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++++ | 9 | 12.0% |
| HEALTH OUTCOMES* | | | | |
| | ++++ | 9 | 0.479 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++++ | 20 | 16.7% |
| | Frequent Mental Distress (% ages 18+) | ++++ | 17 | 12.7% |
| | Non-medical Drug Use (% ages 18+) | +++ | 30 | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++++ | 3 | 5,825 |
| | Premature Death Racial Disparity (ratio) | ++++ | 16 | 1.3 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++++ | 16 | 8.9% |
| | Low Birthweight (% of live births) | +++ | 23 | 8.1% |
| | Low Birthweight Racial Disparity (ratio) | ++ | 35 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++++ | 13 | 8.3% |
| | Obesity (% ages 18+) | ++++ | 5 | 26.3% |
| OVERALL | | — | 0.171 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| | 41-50 |

Summary

Strengths:

- Low premature death rate
- Low prevalence of two or more adverse childhood experiences
- High per capita public health funding

Challenges:

- Low volunteerism rate
- High incidence of chlamydia
- High percentage of severe housing problems

Highlights:

VOTER PARTICIPATION

▲25%

from 45.8% to 57.1% of U.S. citizens age 18 and older between 2014/2016 and 2018/2020

HPV VACCINATION

▲19%

from 57.0% to 68.1% of adolescents ages 13-17 between 2019 and 2020

FREQUENT MENTAL DISTRESS

▲8%

from 11.8% to 12.7% of adults between 2019 and 2020

North Carolina

State Health Department Website: ncdhhs.gov

Summary

Strengths:

- Low racial disparity in high school graduation rates
- High childhood immunization rate
- Low percentage of housing with lead risk

Challenges:

- High percentage of households with food insecurity
- Low per capita public health funding
- High prevalence of high-risk HIV behaviors

Highlights:

ADULTS WHO AVOIDED CARE DUE TO COST

▼ **28%**

from 15.9% to 11.5% between 2019 and 2020

FREQUENT PHYSICAL DISTRESS

▼ **20%**

from 13.4% to 10.7% of adults between 2017 and 2020

OBESITY

▲ **15%**

from 29.1% to 33.6% of adults between 2011 and 2020

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|-------------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| +++ 22 0.147 — | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++ | 25 | 4.8 |
| | Public Health Funding (dollars per person) | + | 45 | \$76 |
| | Violent Crime (offenses per 100,000 population) | +++ | 28 | 372 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++ | 34 | 53 |
| | Food Insecurity (% of households) | ++ | 40 | 12.1% |
| | Income Inequality (80-20 ratio) | +++ | 30 | 4.62 |
| Education | High School Graduation (% of students) | +++ | 25 | 86.5% |
| | High School Graduation Racial Disparity (percentage point difference) | +++++ | 7 | 8.6 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++++ | 10 | 13.4% |
| | High-speed Internet (% of households) | ++ | 34 | 88.1% |
| | Residential Segregation — Black/White (index from 0-100) | +++++ | 8 | 52 |
| | Volunteerism (% ages 16+) | +++ | 30 | 33.3% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++ | 31 | 58.6% |
| PHYSICAL ENVIRONMENT* | | | | |
| +++++ 8 0.390 — | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 14 | 6.6 |
| | Drinking Water Violations (% of community water systems) | +++++ | 1 | 0.0% |
| | Risk-screening Environmental Indicator Score (unitless score) | ++ | 37 | 7,395,099 |
| | Water Fluoridation (% of population served) | ++++ | 17 | 87.6% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++ | 29 | 80.2% |
| | Housing With Lead Risk (% of housing stock) | +++++ | 8 | 10.6% |
| | Severe Housing Problems (% of occupied housing units) | +++ | 28 | 14.9% |
| CLINICAL CARE* | | | | |
| +++ 28 0.071 — | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++ | 38 | 11.5% |
| | Providers (per 100,000 population) | | | |
| | Dental Care | + | 41 | 51.2 |
| | Mental Health | +++ | 26 | 280.9 |
| | Primary Care | +++ | 25 | 266.4 |
| Preventive Clinical Services | Uninsured (% of population) | + | 41 | 11.3% |
| | Colorectal Cancer Screening (% ages 50-75) | ++++ | 19 | 75.6% |
| | Dental Visit (% ages 18+) | +++ | 28 | 65.5% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | +++++ | 9 | 80.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++++ | 16 | 49.8% |
| | HPV Vaccination (% ages 13-17) | +++ | 22 | 60.7% |
| | Dedicated Health Care Provider (% ages 18+) | +++ | 28 | 77.2% |
| BEHAVIORS* | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++ | 32 | 4,078 |
| | | | | |
| ++ 38 -0.453 — | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++ | 34 | 21.6% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++ | 23 | 8.2% |
| | Physical Inactivity (% ages 18+) | +++ | 26 | 22.7% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | + | 45 | 669.9 |
| | High-risk HIV Behaviors (% ages 18+) | + | 49 | 7.0% |
| | Teen Births (births per 1,000 females ages 15-19) | +++ | 29 | 18.2 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++++ | 20 | 31.6% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++ | 31 | 16.5% |
| HEALTH OUTCOMES* | | | | |
| ++ 32 -0.116 — | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++++ | 11 | 15.8% |
| | Frequent Mental Distress (% ages 18+) | +++ | 21 | 12.9% |
| | Non-medical Drug Use (% ages 18+) | +++++ | 20 | 10.5% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++ | 34 | 8,094 |
| | Premature Death Racial Disparity (ratio) | +++ | 23 | 1.4 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++ | 34 | 10.7% |
| | Low Birthweight (% of live births) | ++ | 40 | 9.3% |
| | Low Birthweight Racial Disparity (ratio) | ++ | 35 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++ | 35 | 10.8% |
| | Obesity (% ages 18+) | ++ | 31 | 33.6% |
| OVERALL | | | — -0.026 — | |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

North Dakota

State Health Department Website: health.nd.gov

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--------|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | + | 48 | 8.4 | 4.2 |
| Public Health Funding (dollars per person) | ++++ | 9 | \$175 | \$116 |
| Violent Crime (offenses per 100,000 population) | ++++ | 16 | 285 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | ++++ | 5 | 21 | — |
| Food Insecurity (% of households) | ++++ | 4 | 7.9% | 10.7% |
| Income Inequality (80-20 ratio) | ++++ | 17 | 4.39 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | ++++ | 14 | 88.3% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | ++ | 40 | 19.8 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | +++ | 21 | 15.2% | 14.8% |
| High-speed Internet (% of households) | ++ | 36 | 88.0% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | ++++ | 3 | 50 | 62 |
| Volunteerism (% ages 16+) | +++ | 22 | 35.4% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | ++++ | 11 | 64.5% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 4 | 4.8 | 8.3 |
| Drinking Water Violations (% of community water systems) | ++++ | 1 | 0.0% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | ++++ | 11 | 182,866 | — |
| Water Fluoridation (% of population served) | ++++ | 4 | 96.5% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | + | 46 | 82.5% | 75.9% |
| Housing With Lead Risk (% of housing stock) | +++ | 26 | 17.0% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | ++++ | 2 | 11.6% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | ++++ | 3 | 7.4% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | +++ | 21 | 62.1 | 62.3 |
| Mental Health | ++ | 37 | 215.1 | 284.3 |
| Primary Care | ++++ | 6 | 314.0 | 252.3 |
| Uninsured (% of population) | ++++ | 19 | 6.9% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | +++ | 29 | 72.5% | 74.3% |
| Dental Visit (% ages 18+) | +++ | 26 | 66.3% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | ++++ | 15 | 79.1% | 75.4% |
| Flu Vaccination (% ages 18+) | ++++ | 11 | 50.7% | 47.0% |
| HPV Vaccination (% ages 13-17) | ++++ | 6 | 70.3% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | + | 47 | 69.0% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 23 | 3,609 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | ++ | 40 | 20.1% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | + | 46 | 5.8% | 8.0% |
| Physical Inactivity (% ages 18+) | ++ | 33 | 24.6% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | +++ | 22 | 509.1 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | +++ | 22 | 5.5% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | +++ | 25 | 15.6 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | ++++ | 11 | 30.1% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | ++ | 34 | 17.4% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | + | 48 | 22.4% | 17.6% |
| Frequent Mental Distress (% ages 18+) | ++++ | 5 | 11.3% | 13.2% |
| Non-medical Drug Use (% ages 18+) | ++++ | 2 | 7.1% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | +++ | 22 | 7,309 | 7,337 |
| Premature Death Racial Disparity (ratio) | + | 45 | 2.8 | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | ++++ | 8 | 8.2% | 9.9% |
| Low Birthweight (% of live births) | ++++ | 6 | 6.8% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | ++++ | 10 | 1.8 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | +++ | 24 | 9.1% | 9.1% |
| Obesity (% ages 18+) | +++ | 29 | 33.1% | 31.9% |
| OVERALL | | — | 0.263 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| | 41-50 |

Summary

Strengths:

- Low prevalence of non-medical drug use
- Low percentage of households with food insecurity
- Low levels of air pollution

Challenges:

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- High occupational fatality rate

Highlights:

DRUG DEATHS

▲85%

from 6.0 to 11.1 deaths per 100,000 population between 2014 and 2019

PUBLIC HEALTH FUNDING

▲55%

from \$113 to \$175 per person between 2017-2018 and 2019-2020

FLU VACCINATION

▲27%

from 40.0% to 50.7% of adults between 2018 and 2020

Ohio

State Health Department Website: odh.ohio.gov

Summary

Strengths:

- High volunteerism rate
- Low percentage of adults who avoided care due to cost
- Low percentage of severe housing problems

Challenges:

- High prevalence of multiple chronic conditions
- High prevalence of insufficient sleep
- High prevalence of cigarette smoking

Highlights:

FOOD INSECURITY

▼ **31%**

from 16.9% to 11.6% of households between 2012-2014 and 2018-2020

VOTER PARTICIPATION

▲ **19%**

from 51.7% to 61.3% of U.S. citizens age 18 and older between 2014/2016 and 2018/2020

OBESITY

▲ **13%**

from 31.5% to 35.5% of adults between 2016 and 2020

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|-------------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| ++ 34 -0.157 — | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++++ | 19 | 4.2 |
| | Public Health Funding (dollars per person) | + | 47 | \$75 |
| | Violent Crime (offenses per 100,000 population) | ++++ | 18 | 293 |
| Economic Resources | Economic Hardship Index (index from 1-100) | +++ | 30 | 47 |
| | Food Insecurity (% of households) | ++ | 35 | 11.6% |
| | Income Inequality (80-20 ratio) | +++ | 27 | 4.57 |
| Education | High School Graduation (% of students) | ++ | 39 | 82.0% |
| | High School Graduation Racial Disparity (percentage point difference) | ++ | 32 | 15.9 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++ | 37 | 17.5% |
| | High-speed Internet (% of households) | +++ | 28 | 88.9% |
| | Residential Segregation — Black/White (index from 0-100) | ++ | 40 | 69 |
| | Volunteerism (% ages 16+) | +++++ | 9 | 39.0% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++++ | 19 | 61.3% |
| PHYSICAL ENVIRONMENT* | | | | |
| + 43 -0.226 — | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | + | 41 | 8.5 |
| | Drinking Water Violations (% of community water systems) | ++++ | 14 | 0.1% |
| | Risk-screening Environmental Indicator Score (unitless score) | + | 47 | 23,082,307 |
| | Water Fluoridation (% of population served) | +++++ | 9 | 92.5% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | + | 44 | 82.4% |
| | Housing With Lead Risk (% of housing stock) | + | 43 | 24.8% |
| | Severe Housing Problems (% of occupied housing units) | ++++ | 11 | 13.4% |
| CLINICAL CARE* | | | | |
| +++ 25 0.144 — | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++++ | 17 | 9.0% |
| | Providers (per 100,000 population) | | | |
| | Dental Care | ++ | 32 | 55.9 |
| | Mental Health | +++ | 22 | 292.5 |
| | Primary Care | ++++ | 20 | 275.2 |
| Preventive Clinical Services | Uninsured (% of population) | +++++ | 15 | 6.6% |
| | Colorectal Cancer Screening (% ages 50-75) | +++ | 26 | 74.2% |
| | Dental Visit (% ages 18+) | +++ | 30 | 65.3% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | +++ | 26 | 76.2% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++ | 37 | 45.2% |
| | HPV Vaccination (% ages 13-17) | ++ | 38 | 53.2% |
| | Dedicated Health Care Provider (% ages 18+) | ++++ | 20 | 79.2% |
| BEHAVIORS* | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++ | 39 | 4,292 |
| + 42 -0.615 — | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++ | 36 | 20.9% |
| | Fruit and Vegetable Consumption (% ages 18+) | + | 42 | 6.3% |
| | Physical Inactivity (% ages 18+) | +++ | 30 | 24.5% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++ | 29 | 559.4 |
| | High-risk HIV Behaviors (% ages 18+) | +++ | 25 | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++ | 32 | 18.8 |
| Sleep Health | Insufficient Sleep (% ages 18+) | + | 43 | 35.5% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | + | 44 | 19.3% |
| HEALTH OUTCOMES* | | | | |
| ++ 38 -0.351 — | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++ | 28 | 17.7% |
| | Frequent Mental Distress (% ages 18+) | ++ | 40 | 15.3% |
| | Non-medical Drug Use (% ages 18+) | ++++ | 20 | 10.5% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++ | 39 | 8,851 |
| | Premature Death Racial Disparity (ratio) | +++ | 23 | 1.4 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++ | 36 | 10.8% |
| | Low Birthweight (% of live births) | ++ | 31 | 8.6% |
| | Low Birthweight Racial Disparity (ratio) | ++++ | 17 | 1.9 |
| | Multiple Chronic Conditions (% ages 18+) | ++ | 40 | 12.0% |
| | Obesity (% ages 18+) | ++ | 37 | 35.5% |
| | | | | |
| OVERALL | | | — -0.259 — | |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Oklahoma

State Health Department Website: oklahoma.gov/health

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | + | 45 | -0.370 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++ | 37 | 5.9 | 4.2 |
| | Public Health Funding (dollars per person) | +++ | 23 | \$126 | \$116 |
| | Violent Crime (offenses per 100,000 population) | ++ | 37 | 432 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++ | 40 | 66 | — |
| | Food Insecurity (% of households) | + | 47 | 14.6% | 10.7% |
| | Income Inequality (80-20 ratio) | ++ | 31 | 4.63 | 4.85 |
| Education | High School Graduation (% of students) | +++ | 30 | 84.9% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++++ | 3 | 6.2 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++ | 37 | 17.5% | 14.8% |
| | High-speed Internet (% of households) | + | 41 | 87.1% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++++ | 14 | 57 | 62 |
| | Volunteerism (% ages 16+) | + | 42 | 28.4% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | + | 48 | 53.9% | 60.1% |
| PHYSICAL ENVIRONMENT* | | + | 41 | -0.121 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++ | 40 | 8.4 | 8.3 |
| | Drinking Water Violations (% of community water systems) | + | 44 | 2.4% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++ | 26 | 4,039,297 | — |
| | Water Fluoridation (% of population served) | ++ | 32 | 67.5% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | + | 47 | 82.7% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++ | 21 | 14.7% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | ++++ | 16 | 13.9% | 17.3% |
| CLINICAL CARE* | | + | 47 | -0.940 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | + | 48 | 14.6% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | ++ | 31 | 56.1 | 62.3 |
| | Mental Health | +++++ | 10 | 416.6 | 284.3 |
| | Primary Care | + | 42 | 220.3 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | + | 49 | 14.3% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | + | 48 | 65.7% | 74.3% |
| | Dental Visit (% ages 18+) | + | 43 | 59.9% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | + | 45 | 71.0% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++ | 25 | 47.0% | 47.0% |
| | HPV Vaccination (% ages 13-17) | + | 46 | 45.8% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | ++ | 36 | 75.5% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | + | 41 | 4,322 | 3,770 |
| BEHAVIORS* | | + | 45 | -0.930 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | + | 49 | 15.6% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | + | 49 | 5.1% | 8.0% |
| | Physical Inactivity (% ages 18+) | + | 44 | 28.6% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++ | 36 | 594.3 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | +++++ | 4 | 4.7% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | + | 47 | 27.4 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++ | 31 | 33.2% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | + | 43 | 19.1% | 15.5% |
| HEALTH OUTCOMES* | | + | 44 | -0.639 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++++ | 3 | 12.8% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | + | 44 | 15.9% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | + | 48 | 17.2% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | + | 42 | 9,691 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++++ | 9 | 1.2 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | + | 44 | 12.7% | 9.9% |
| | Low Birthweight (% of live births) | +++ | 24 | 8.2% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | + | 45 | 2.2 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | + | 42 | 12.3% | 9.1% |
| | Obesity (% ages 18+) | + | 41 | 36.4% | 31.9% |
| OVERALL | | | — | -0.610 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of excessive drinking
- Low prevalence of high-risk HIV behaviors
- High supply of mental health providers

Challenges:

- High premature death rate
- High prevalence of non-medical drug use
- High percentage of households with food insecurity

Highlights:

CHLAMYDIA

 **57%**

from 377.9 to 594.3 cases per 100,000 population between 2011 and 2019

DRUG DEATHS

 **21%**

from 21.4 to 16.8 deaths per 100,000 population between 2016 and 2019

INSUFFICIENT SLEEP

 **10%**

from 37.0% to 33.2% of adults between 2018 and 2020

Oregon

State Health Department Website: oregon.gov/oha/ph

Summary

Strengths:

- Low prevalence of obesity
- Low prevalence of insufficient sleep
- High supply of mental health providers

Challenges:

- High prevalence of non-medical drug use
- Low rate of high school graduation
- High percentage of severe housing problems

Highlights:

FOOD INSECURITY

▼ **29%**

from 12.9% to 9.2% of households between 2015-2017 and 2018-2020

AIR POLLUTION

▲ **19%**

from 7.7 to 9.2 micrograms of fine particulate per cubic meter between 2015-2017 and 2018-2020

PREVENTABLE HOSPITALIZATIONS

▼ **15%**

from 2,650 to 2,253 discharges per 100,000 Medicare beneficiaries between 2018 and 2019

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--------|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | ++++ | 13 | 3.8 | 4.2 |
| Public Health Funding (dollars per person) | ++ | 33 | \$109 | \$116 |
| Violent Crime (offenses per 100,000 population) | ++++ | 15 | 284 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | +++ | 25 | 45 | — |
| Food Insecurity (% of households) | ++++ | 13 | 9.2% | 10.7% |
| Income Inequality (80-20 ratio) | +++ | 23 | 4.44 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | + | 48 | 80.0% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | ++++ | 19 | 13.3 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | +++ | 27 | 16.0% | 14.8% |
| High-speed Internet (% of households) | +++++ | 7 | 91.9% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | +++ | 22 | 62 | 62 |
| Volunteerism (% ages 16+) | +++++ | 6 | 39.5% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | +++++ | 5 | 67.6% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | + | 47 | 9.2 | 8.3 |
| Drinking Water Violations (% of community water systems) | +++ | 30 | 0.3% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | + | 48 | 23506.054 | — |
| Water Fluoridation (% of population served) | + | 48 | 26.3% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | +++++ | 7 | 71.5% | 75.9% |
| Housing With Lead Risk (% of housing stock) | +++ | 24 | 16.1% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | + | 44 | 18.8% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | +++ | 25 | 9.8% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | +++++ | 7 | 73.1 | 62.3 |
| Mental Health | +++++ | 3 | 602.7 | 284.3 |
| Primary Care | ++ | 32 | 252.2 | 252.3 |
| Uninsured (% of population) | ++++ | 20 | 7.2% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | +++ | 22 | 74.4% | 74.3% |
| Dental Visit (% ages 18+) | ++++ | 19 | 68.0% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | ++ | 37 | 74.0% | 75.4% |
| Flu Vaccination (% ages 18+) | ++ | 32 | 46.2% | 47.0% |
| HPV Vaccination (% ages 13-17) | ++++ | 19 | 61.6% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | +++ | 25 | 77.7% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++++ | 6 | 2,253 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | ++++ | 12 | 24.9% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | ++++ | 11 | 9.0% | 8.0% |
| Physical Inactivity (% ages 18+) | +++++ | 5 | 18.5% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | ++++ | 13 | 457.1 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | +++ | 25 | 5.6% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | ++++ | 11 | 12.1 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | +++++ | 6 | 28.3% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | ++++ | 14 | 13.3% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | ++ | 36 | 18.6% | 17.6% |
| Frequent Mental Distress (% ages 18+) | ++ | 31 | 13.9% | 13.2% |
| Non-medical Drug Use (% ages 18+) | + | 48 | 17.2% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | ++++ | 12 | 6,429 | 7,337 |
| Premature Death Racial Disparity (ratio) | ++++ | 16 | 1.3 | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | +++ | 23 | 9.7% | 9.9% |
| Low Birthweight (% of live births) | +++++ | 5 | 6.7% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | +++++ | 8 | 1.7 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | ++++ | 18 | 8.9% | 9.1% |
| Obesity (% ages 18+) | +++++ | 8 | 28.1% | 31.9% |
| OVERALL | | — | 0.311 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Pennsylvania

State Health Department Website: health.pa.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | +++ | 25 | 0.093 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++++ | 14 | 3.9 | 4.2 |
| | Public Health Funding (dollars per person) | ++ | 40 | \$83 | \$116 |
| | Violent Crime (offenses per 100,000 population) | +++ | 22 | 306 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++++ | 18 | 39 | — |
| | Food Insecurity (% of households) | ++++ | 19 | 9.9% | 10.7% |
| | Income Inequality (80-20 ratio) | ++ | 32 | 4.73 | 4.85 |
| Education | High School Graduation (% of students) | +++ | 25 | 86.5% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++ | 30 | 15.6 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++++ | 19 | 14.6% | 14.8% |
| | High-speed Internet (% of households) | +++ | 25 | 89.0% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | + | 45 | 73 | 62 |
| | Volunteerism (% ages 16+) | ++++ | 16 | 36.8% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++++ | 16 | 62.4% | 60.1% |
| PHYSICAL ENVIRONMENT* | | + | 48 | -0.477 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | + | 41 | 8.5 | 8.3 |
| | Drinking Water Violations (% of community water systems) | ++ | 34 | 0.5% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | + | 49 | 27,593,855 | — |
| | Water Fluoridation (% of population served) | + | 41 | 55.7% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++++ | 12 | 75.2% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | + | 47 | 28.9% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | +++ | 25 | 14.5% | 17.3% |
| CLINICAL CARE* | | +++++ | 9 | 0.807 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | +++++ | 6 | 7.8% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | +++ | 24 | 60.9 | 62.3 |
| | Mental Health | ++ | 31 | 242.5 | 284.3 |
| | Primary Care | ++++ | 12 | 292.5 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | +++++ | 9 | 5.8% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | +++++ | 6 | 77.5% | 74.3% |
| | Dental Visit (% ages 18+) | ++++ | 15 | 68.1% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | +++++ | 10 | 80.3% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++++ | 15 | 50.1% | 47.0% |
| | HPV Vaccination (% ages 13-17) | +++++ | 10 | 67.1% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | +++++ | 7 | 85.0% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 30 | 3,943 | 3,770 |
| BEHAVIORS* | | ++ | 32 | -0.149 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++ | 30 | 21.8% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++ | 35 | 7.0% | 8.0% |
| | Physical Inactivity (% ages 18+) | +++ | 30 | 24.5% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++++ | 17 | 481.9 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++++ | 18 | 5.4% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++++ | 15 | 13.3 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | + | 43 | 35.5% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++ | 26 | 15.8% | 15.5% |
| HEALTH OUTCOMES* | | ++ | 34 | -0.185 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++ | 38 | 18.8% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | ++ | 33 | 14.2% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | +++ | 22 | 10.6% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++ | 30 | 7,672 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++ | 27 | 1.5 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++ | 36 | 10.8% | 9.9% |
| | Low Birthweight (% of live births) | +++ | 26 | 8.4% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | ++ | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++ | 36 | 11.3% | 9.1% |
| | Obesity (% ages 18+) | +++ | 24 | 31.5% | 31.9% |
| OVERALL | | | — | 0.025 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low percentage of adults who avoided care due to cost
- High prevalence of colorectal cancer screening
- High prevalence of having a dedicated health care provider

Challenges:

- High prevalence of multiple chronic conditions
- High prevalence of insufficient sleep
- High percentage of housing with lead risk

Highlights:

ADULTS WHO AVOIDED CARE DUE TO COST


22%

from 10.0% to 7.8% between 2019 and 2020

DRUG DEATHS


19%

from 42.9 to 34.6 deaths per 100,000 population between 2017 and 2019

CHLAMYDIA


9%

from 440.8 to 481.9 cases per 100,000 population between 2017 and 2019

Rhode Island

State Health Department Website: health.ri.gov

Summary

Strengths:

- Low prevalence of non-medical drug use
- Low percentage of households with food insecurity
- High adolescent HPV vaccination rate

Challenges:

- Low volunteerism rate
- High prevalence of high-risk HIV behaviors
- High percentage of housing with lead risk

Highlights:

CHLAMYDIA

▲31%

from 413.6 to 539.8 cases per 100,000 population between 2014 and 2019

ADULTS WHO AVOIDED CARE DUE TO COST

▼31%

from 12.0% to 8.3% between 2017 and 2020

INSUFFICIENT SLEEP

▼11%

from 36.5% to 32.5% of adults between 2018 and 2020

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| | ++++ | 19 | 0.277 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++++ | 18 | 4.1 |
| | Public Health Funding (dollars per person) | +++++ | 5 | \$206 |
| | Violent Crime (offenses per 100,000 population) | +++++ | 9 | 221 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++++ | 14 | 31 |
| | Food Insecurity (% of households) | +++++ | 5 | 8.2% |
| | Income Inequality (80-20 ratio) | ++ | 38 | 4.81 |
| Education | High School Graduation (% of students) | ++ | 35 | 83.9% |
| | High School Graduation Racial Disparity (percentage point difference) | ++ | 36 | 18.2 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++++ | 13 | 13.6% |
| | High-speed Internet (% of households) | +++++ | 14 | 91.2% |
| | Residential Segregation — Black/White (index from 0-100) | ++ | 32 | 66 |
| | Volunteerism (% ages 16+) | + | 43 | 28.3% |
| | Voter Participation (% of U.S. citizens ages 18+) | +++ | 29 | 59.0% |
| | | | | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| | ++ | 38 | -0.109 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 19 | 7.0 |
| | Drinking Water Violations (% of community water systems) | +++++ | 1 | 0.0% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++++ | 5 | 34,967 |
| | Water Fluoridation (% of population served) | +++ | 21 | 83.2% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++ | 26 | 79.6% |
| | Housing With Lead Risk (% of housing stock) | + | 49 | 31.4% |
| | Severe Housing Problems (% of occupied housing units) | ++ | 39 | 17.4% |
| | | | | 17.3% |
| CLINICAL CARE* | | | | |
| | +++++ | 2 | 1.315 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | +++++ | 9 | 8.3% |
| | Providers (per 100,000 population) | | | 9.8% |
| | Dental Care | ++ | 36 | 54.3 |
| | Mental Health | +++++ | 6 | 455.1 |
| | Primary Care | +++++ | 2 | 352.2 |
| Preventive Clinical Services | Uninsured (% of population) | +++++ | 2 | 4.1% |
| | Colorectal Cancer Screening (% ages 50-75) | +++++ | 3 | 80.8% |
| | Dental Visit (% ages 18+) | +++++ | 2 | 74.2% |
| | Immunizations | | | 74.3% |
| | Childhood Immunizations (% by age 35 months) | +++ | 21 | 78.1% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++++ | 2 | 55.1% |
| | HPV Vaccination (% ages 13-17) | +++++ | 1 | 83.0% |
| | Dedicated Health Care Provider (% ages 18+) | +++++ | 3 | 86.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 27 | 3,784 |
| | | | | 3,770 |
| BEHAVIORS* | | | | |
| | ++++ | 20 | 0.271 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++++ | 18 | 24.1% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++++ | 4 | 10.4% |
| | Physical Inactivity (% ages 18+) | +++ | 28 | 23.5% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++ | 28 | 539.8 |
| | High-risk HIV Behaviors (% ages 18+) | + | 45 | 6.4% |
| | Teen Births (births per 1,000 females ages 15-19) | +++++ | 6 | 10.0 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++ | 26 | 32.5% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++++ | 16 | 13.5% |
| | | | | 15.5% |
| HEALTH OUTCOMES* | | | | |
| | ++++ | 11 | 0.394 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++ | 21 | 16.8% |
| | Frequent Mental Distress (% ages 18+) | +++ | 27 | 13.3% |
| | Non-medical Drug Use (% ages 18+) | +++++ | 8 | 8.3% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++++ | 13 | 6,502 |
| | Premature Death Racial Disparity (ratio) | +++++ | 3 | 1.1 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++ | 22 | 9.6% |
| | Low Birthweight (% of live births) | +++++ | 20 | 7.8% |
| | Low Birthweight Racial Disparity (ratio) | +++ | 27 | 2.0 |
| | Multiple Chronic Conditions (% ages 18+) | ++ | 32 | 10.1% |
| | Obesity (% ages 18+) | ++++ | 15 | 30.1% |
| | | | | 31.9% |
| OVERALL | | — | 0.422 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

South Carolina

State Health Department Website: scdhec.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | + | 44 | -0.341 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | + | 43 | 7.0 | 4.2 |
| | Public Health Funding (dollars per person) | ++ | 36 | \$102 | \$116 |
| | Violent Crime (offenses per 100,000 population) | + | 44 | 511 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++ | 38 | 62 | — |
| | Food Insecurity (% of households) | +++ | 30 | 11.2% | 10.7% |
| | Income Inequality (80-20 ratio) | ++ | 34 | 4.74 | 4.85 |
| Education | High School Graduation (% of students) | + | 42 | 81.1% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | ++++ | 18 | 13.2 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++ | 32 | 16.8% | 14.8% |
| | High-speed Internet (% of households) | + | 44 | 85.6% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | +++++ | 2 | 47 | 62 |
| | Volunteerism (% ages 16+) | ++ | 31 | 33.1% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++ | 40 | 56.1% | 60.1% |
| PHYSICAL ENVIRONMENT* | | +++++ | 7 | 0.397 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++ | 21 | 71 | 8.3 |
| | Drinking Water Violations (% of community water systems) | +++++ | 1 | 0.0% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++ | 30 | 5,043,366 | — |
| | Water Fluoridation (% of population served) | ++++ | 11 | 91.9% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | + | 41 | 82.1% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++++ | 6 | 9.5% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | +++ | 22 | 14.3% | 17.3% |
| CLINICAL CARE* | | ++ | 38 | -0.413 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | + | 43 | 12.6% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | + | 43 | 49.8 | 62.3 |
| | Mental Health | ++ | 40 | 193.1 | 284.3 |
| | Primary Care | ++ | 37 | 234.3 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | ++ | 39 | 10.8% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++++ | 15 | 76.5% | 74.3% |
| | Dental Visit (% ages 18+) | ++++ | 20 | 67.7% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | + | 45 | 71.0% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++ | 38 | 43.8% | 47.0% |
| | HPV Vaccination (% ages 13-17) | + | 45 | 47.0% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | +++ | 27 | 77.3% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 24 | 3,677 | 3,770 |
| BEHAVIORS* | | + | 43 | -0.752 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++ | 25 | 23.0% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++ | 32 | 7.2% | 8.0% |
| | Physical Inactivity (% ages 18+) | + | 42 | 26.6% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | + | 47 | 698.2 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | + | 47 | 6.5% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++ | 40 | 21.6 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++ | 36 | 33.7% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++ | 38 | 18.1% | 15.5% |
| HEALTH OUTCOMES* | | + | 45 | -0.673 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++ | 25 | 17.4% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | ++ | 37 | 14.7% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | ++++ | 17 | 10.3% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | + | 41 | 9,202 | 7,337 |
| | Premature Death Racial Disparity (ratio) | ++++ | 16 | 1.3 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | + | 45 | 13.2% | 9.9% |
| | Low Birthweight (% of live births) | + | 44 | 9.8% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | ++ | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | + | 45 | 13.7% | 9.1% |
| | Obesity (% ages 18+) | ++ | 40 | 36.2% | 31.9% |
| OVERALL | | | — | -0.443 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of non-medical drug use
- High prevalence of colorectal cancer screening
- Low percentage of housing with lead risk

Challenges:

- High premature death rate
- High prevalence of multiple chronic conditions
- High incidence of chlamydia

Highlights:

OBESITY

▲12%

from 32.3% to 36.2% of adults between 2016 and 2020

INSUFFICIENT SLEEP

▼10%

from 37.4% to 33.7% of adults between 2018 and 2020

ANNUAL DENTAL VISITS

▲10%

from 61.8% to 67.7% of adults between 2018 and 2020

South Dakota

State Health Department Website: doh.sd.gov

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low prevalence of insufficient sleep
- Low levels of air pollution

Challenges:

- High racial disparity in premature death rates
- High prevalence of two or more adverse childhood experiences
- High occupational fatality rate

Highlights:

HPV VACCINATION

▲85%

from 38.6% to 71.5% of adolescents ages 13-17 between 2016 and 2020

PREVENTABLE HOSPITALIZATIONS

▼28%

from 4,733 to 3,421 discharges per 100,000 Medicare beneficiaries between 2017 and 2019

LOW BIRTHWEIGHT

▲15%

from 6.1% to 7.0% of live births between 2015 and 2019

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|---------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| | ++ | 33 | -0.147 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | + | 42 | 6.6 |
| | Public Health Funding (dollars per person) | ++++ | 13 | \$160 |
| | Violent Crime (offenses per 100,000 population) | ++ | 31 | 399 |
| Economic Resources | Economic Hardship Index (index from 1-100) | +++ | 24 | 44 |
| | Food Insecurity (% of households) | ++++ | 12 | 9.1% |
| | Income Inequality (80-20 ratio) | +++++ | 5 | 4.11 |
| Education | High School Graduation (% of students) | ++ | 33 | 84.1% |
| | High School Graduation Racial Disparity (percentage point difference) | + | 49 | 35.7 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++ | 40 | 17.9% |
| | High-speed Internet (% of households) | ++ | 37 | 87.7% |
| | Residential Segregation — Black/White (index from 0-100) | ++ | 32 | 66 |
| | Volunteerism (% ages 16+) | +++++ | 2 | 50.7% |
| | Voter Participation (% of U.S. citizens ages 18+) | + | 44 | 55.2% |
| | | | | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| | +++++ | 2 | 0.599 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++++ | 7 | 5.1 |
| | Drinking Water Violations (% of community water systems) | ++++ | 14 | 0.1% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++++ | 6 | 46,539 |
| | Water Fluoridation (% of population served) | +++++ | 7 | 93.7% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++ | 27 | 79.8% |
| | Housing With Lead Risk (% of housing stock) | ++ | 31 | 19.5% |
| | Severe Housing Problems (% of occupied housing units) | +++++ | 3 | 11.8% |
| | | | | 17.3% |
| CLINICAL CARE* | | | | |
| | ++++ | 15 | 0.606 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | +++++ | 9 | 8.3% |
| | Providers (per 100,000 population) | | | 9.8% |
| | Dental Care | +++ | 30 | 56.7 |
| | Mental Health | ++ | 39 | 202.0 |
| | Primary Care | +++++ | 14 | 289.8 |
| Preventive Clinical Services | Uninsured (% of population) | ++ | 38 | 10.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++++ | 16 | 76.2% |
| | Dental Visit (% ages 18+) | +++++ | 10 | 69.5% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | ++++ | 17 | 78.8% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++++ | 3 | 54.6% |
| | HPV Vaccination (% ages 13-17) | +++++ | 4 | 71.5% |
| | Dedicated Health Care Provider (% ages 18+) | +++ | 24 | 77.8% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++++ | 19 | 3,421 |
| | | | | 3,770 |
| BEHAVIORS* | | | | |
| | +++ | 28 | -0.065 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++ | 30 | 21.8% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++ | 39 | 6.7% |
| | Physical Inactivity (% ages 18+) | +++ | 23 | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++ | 23 | 514.0 |
| | High-risk HIV Behaviors (% ages 18+) | +++ | 22 | 5.5% |
| | Teen Births (births per 1,000 females ages 15-19) | ++ | 34 | 19.2 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++++ | 3 | 28.1% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++ | 35 | 17.8% |
| | | | | 15.5% |
| HEALTH OUTCOMES* | | | | |
| | ++++ | 19 | 0.266 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++ | 40 | 19.4% |
| | Frequent Mental Distress (% ages 18+) | +++++ | 1 | 9.4% |
| | Non-medical Drug Use (% ages 18+) | +++++ | 11 | 8.9% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++ | 31 | 7,798 |
| | Premature Death Racial Disparity (ratio) | + | 47 | 3.4 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++++ | 4 | 7.9% |
| | Low Birthweight (% of live births) | +++++ | 10 | 7.0% |
| | Low Birthweight Racial Disparity (ratio) | +++++ | 6 | 1.6 |
| | Multiple Chronic Conditions (% ages 18+) | ++++ | 16 | 8.8% |
| | Obesity (% ages 18+) | +++ | 30 | 33.2% |
| | | | | 31.9% |
| OVERALL | | — | 0.160 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Tennessee

State Health Department Website: tn.gov/health

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | ++ | 39 | -0.259 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++ | 35 | 5.7 | 4.2 |
| | Public Health Funding (dollars per person) | +++ | 26 | \$122 | \$116 |
| | Violent Crime (offenses per 100,000 population) | + | 48 | 595 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++ | 36 | 55 | — |
| | Food Insecurity (% of households) | + | 41 | 12.5% | 10.7% |
| | Income Inequality (80-20 ratio) | +++ | 27 | 4.57 | 4.85 |
| Education | High School Graduation (% of students) | +++++ | 6 | 90.5% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++++ | 9 | 9.0 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++ | 39 | 17.8% | 14.8% |
| | High-speed Internet (% of households) | + | 43 | 86.6% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++ | 35 | 67 | 62 |
| | Volunteerism (% ages 16+) | ++ | 32 | 33.0% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++ | 34 | 58.0% | 60.1% |
| PHYSICAL ENVIRONMENT* | | ++++ | 17 | 0.190 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++ | 23 | 7.2 | 8.3 |
| | Drinking Water Violations (% of community water systems) | ++ | 34 | 0.5% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | + | 44 | 14,488,589 | — |
| | Water Fluoridation (% of population served) | ++++ | 16 | 88.8% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++ | 38 | 82.0% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | ++++ | 15 | 12.3% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | ++++ | 16 | 13.9% | 17.3% |
| CLINICAL CARE* | | + | 41 | -0.469 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | + | 41 | 11.8% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | + | 45 | 48.6 | 62.3 |
| | Mental Health | + | 45 | 173.4 | 284.3 |
| | Primary Care | ++++ | 18 | 279.7 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | ++ | 37 | 10.1% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | +++ | 21 | 74.9% | 74.3% |
| | Dental Visit (% ages 18+) | + | 44 | 59.7% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | + | 41 | 72.3% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | + | 41 | 42.3% | 47.0% |
| | HPV Vaccination (% ages 13-17) | ++ | 39 | 52.9% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | +++ | 29 | 77.1% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++ | 36 | 4,229 | 3,770 |
| BEHAVIORS* | | ++ | 40 | -0.554 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++ | 30 | 21.8% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++++ | 18 | 8.6% | 8.0% |
| | Physical Inactivity (% ages 18+) | +++ | 30 | 24.5% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++ | 38 | 601.7 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++ | 32 | 5.9% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | + | 41 | 23.7 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++ | 36 | 33.7% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | + | 46 | 19.5% | 15.5% |
| HEALTH OUTCOMES* | | + | 41 | -0.577 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++++ | 9 | 15.6% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | + | 45 | 16.1% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | ++ | 36 | 13.0% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | + | 46 | 9,984 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++++ | 9 | 1.2 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++ | 36 | 10.8% | 9.9% |
| | Low Birthweight (% of live births) | ++ | 38 | 9.2% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | ++++ | 17 | 1.9 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | + | 46 | 13.8% | 9.1% |
| | Obesity (% ages 18+) | ++ | 38 | 35.6% | 31.9% |
| OVERALL | | | — | -0.384 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of excessive drinking
- High rate of high school graduation
- Low percentage of housing with lead risk

Challenges:

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- High prevalence of cigarette smoking

Highlights:

ADULTS WHO AVOIDED CARE DUE TO COST

 **25%**

from 15.8% to 11.8% between 2018 and 2020

INSUFFICIENT SLEEP

 **16%**

from 40.0% to 33.7% of adults between 2018 and 2020

DRUG DEATHS

 **14%**

from 26.9 to 30.6 deaths per 100,000 population between 2018 and 2019

Texas

State Health Department Website: dshs.state.tx.us

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- High rate of high school graduation
- Low percentage of housing with lead risk

Challenges:

- High percentage of households with food insecurity
- High teen birth rate
- Low prevalence of having a dedicated health care provider

Highlights:

VOTER PARTICIPATION

 **25%**

from 45.0% to 56.2% of U.S. citizens age 18 and older between 2014/2016 and 2018/2020

DRUG DEATHS

 **16%**

from 9.6 to 11.1 deaths per 100,000 population between 2015 and 2019

MENTAL HEALTH PROVIDERS

 **8%**

from 123.7 to 133.0 per 100,000 population between 2020 and 2021

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | ++ | 31 | -0.131 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++ | 32 | 5.3 | 4.2 |
| | Public Health Funding (dollars per person) | + | 48 | \$74 | \$116 |
| | Violent Crime (offenses per 100,000 population) | ++ | 35 | 419 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | + | 41 | 67 | — |
| | Food Insecurity (% of households) | + | 43 | 13.3% | 10.7% |
| | Income Inequality (80-20 ratio) | ++ | 36 | 4.78 | 4.85 |
| Education | High School Graduation (% of students) | +++++ | 8 | 90.0% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | +++++ | 5 | 7.5 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | +++ | 21 | 15.2% | 14.8% |
| | High-speed Internet (% of households) | +++ | 30 | 88.6% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++++ | 14 | 57 | 62 |
| | Volunteerism (% ages 16+) | ++ | 38 | 29.0% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++ | 39 | 56.2% | 60.1% |
| PHYSICAL ENVIRONMENT* | | + | 44 | -0.253 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | + | 41 | 8.5 | 8.3 |
| | Drinking Water Violations (% of community water systems) | ++ | 38 | 0.8% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | + | 50 | 79,444,445 | — |
| | Water Fluoridation (% of population served) | +++ | 29 | 72.7% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++ | 28 | 80.1% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++++ | 7 | 9.8% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | ++ | 38 | 17.3% | 17.3% |
| CLINICAL CARE* | | + | 50 | -1.266 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | + | 50 | 15.2% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | ++ | 38 | 53.1 | 62.3 |
| | Mental Health | + | 49 | 133.0 | 284.3 |
| | Primary Care | + | 47 | 199.6 | 252.3 |
| | Uninsured (% of population) | + | 50 | 18.4% | 9.2% |
| Preventive Clinical Services | Colorectal Cancer Screening (% ages 50-75) | + | 47 | 66.8% | 74.3% |
| | Dental Visit (% ages 18+) | + | 48 | 57.5% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | + | 45 | 71.0% | 75.4% |
| | Flu Vaccination (% ages 18+) | ++ | 39 | 43.4% | 47.0% |
| | HPV Vaccination (% ages 13-17) | +++ | 30 | 54.9% | 58.6% |
| Quality of Care | Dedicated Health Care Provider (% ages 18+) | + | 48 | 66.8% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++ | 33 | 4,134 | 3,770 |
| BEHAVIORS* | | +++ | 23 | 0.132 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++++ | 17 | 24.3% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++++ | 6 | 9.6% | 8.0% |
| | Physical Inactivity (% ages 18+) | ++ | 38 | 25.6% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++++ | 12 | 445.1 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++++ | 18 | 5.4% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | + | 42 | 24.0 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++ | 31 | 33.2% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++++ | 13 | 13.2% | 15.5% |
| HEALTH OUTCOMES* | | +++ | 22 | 0.119 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++ | 31 | 18.2% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | +++ | 26 | 13.2% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | +++ | 28 | 11.3% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++ | 21 | 7,103 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++++ | 9 | 1.2 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++ | 21 | 9.4% | 9.9% |
| | Low Birthweight (% of live births) | +++ | 26 | 8.4% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | +++ | 27 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++++ | 12 | 8.2% | 9.1% |
| | Obesity (% ages 18+) | ++ | 39 | 35.7% | 31.9% |
| OVERALL | | — | — | -0.198 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Utah

State Health Department Website: health.utah.gov

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|----------|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | ++++ | 15 | 4.0 | 4.2 |
| Public Health Funding (dollars per person) | ++ | 36 | \$102 | \$116 |
| Violent Crime (offenses per 100,000 population) | ++++ | 11 | 236 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | ++++ | 16 | 36 | — |
| Food Insecurity (% of households) | +++ | 21 | 10.0% | 10.7% |
| Income Inequality (80-20 ratio) | +++++ | 1 | 3.70 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | ++++ | 18 | 87.4% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | +++ | 26 | 14.7 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | ++++ | 14 | 13.7% | 14.8% |
| High-speed Internet (% of households) | +++++ | 3 | 93.3% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | ++ | 35 | 67 | 62 |
| Volunteerism (% ages 16+) | +++++ | 1 | 51.2% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | +++ | 26 | 60.6% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | ++ | 36 | 7.9 | 8.3 |
| Drinking Water Violations (% of community water systems) | +++++ | 1 | 0.0% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | ++ | 33 | 6,497,319 | — |
| Water Fluoridation (% of population served) | + | 42 | 52.2% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | ++++ | 14 | 76.1% | 75.9% |
| Housing With Lead Risk (% of housing stock) | ++++ | 12 | 11.4% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | ++++ | 12 | 13.5% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | +++ | 27 | 10.4% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | +++ | 26 | 59.7 | 62.3 |
| Mental Health | ++++ | 14 | 367.3 | 284.3 |
| Primary Care | + | 49 | 194.3 | 252.3 |
| Uninsured (% of population) | ++ | 33 | 9.7% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | +++ | 23 | 74.3% | 74.3% |
| Dental Visit (% ages 18+) | +++++ | 5 | 73.0% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | +++++ | 7 | 82.3% | 75.4% |
| Flu Vaccination (% ages 18+) | +++ | 21 | 47.9% | 47.0% |
| HPV Vaccination (% ages 13-17) | + | 47 | 45.0% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | ++ | 40 | 73.7% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++++ | 2 | 2,048 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | ++++ | 12 | 24.9% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | +++ | 30 | 7.4% | 8.0% |
| Physical Inactivity (% ages 18+) | +++++ | 1 | 15.9% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | +++++ | 5 | 345.5 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | ++++ | 11 | 5.1% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | +++++ | 10 | 12.0 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | ++++ | 16 | 30.9% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | +++++ | 1 | 8.2% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | +++++ | 1 | 12.1% | 17.6% |
| Frequent Mental Distress (% ages 18+) | ++ | 38 | 15.0% | 13.2% |
| Non-medical Drug Use (% ages 18+) | +++ | 26 | 11.2% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | +++++ | 6 | 6,090 | 7,337 |
| Premature Death Racial Disparity (ratio) | ++ | 39 | 2.1 | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | +++++ | 8 | 8.2% | 9.9% |
| Low Birthweight (% of live births) | ++++ | 13 | 7.4% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | ++++ | 17 | 1.9 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | +++++ | 8 | 7.7% | 9.1% |
| Obesity (% ages 18+) | ++++ | 11 | 28.6% | 31.9% |
| OVERALL | — | — | 0.565 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of excessive drinking
- High volunteerism rate
- Low preventable hospitalization rate

Challenges:

- High racial disparity in premature death rates
- Low adolescent HPV vaccination rate
- Low supply of primary care providers

Highlights:

FREQUENT MENTAL DISTRESS

 **42%**

from 10.6% to 15.0% of adults between 2015 and 2020

FLU VACCINATION

 **15%**

from 41.5% to 47.9% of adults between 2019 and 2020

HIGH HEALTH STATUS

 **13%**

from 54.6% to 61.9% of adults between 2019 and 2020

Vermont

State Health Department Website: healthvermont.gov

Summary

Strengths:

- Low prevalence of non-medical drug use
- Low incidence of chlamydia
- Low prevalence of insufficient sleep

Challenges:

- High prevalence of excessive drinking
- High prevalence of two or more adverse childhood experiences
- High prevalence of high-risk HIV behaviors

Highlights:

PUBLIC HEALTH FUNDING

▲60%

from \$144 to \$231 per person between 2017-2018 and 2019-2020

FLU VACCINATION

▲12%

from 47.6% to 53.4% of adults between 2019 and 2020

ANNUAL DENTAL VISITS

▼6%

from 72.6% to 68.5% of adults between 2018 and 2020

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--------|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | | | | |
| Occupational Fatalities (deaths per 100,000 workers) | ++ | 35 | 5.7 | 4.2 |
| Public Health Funding (dollars per person) | +++++ | 4 | \$231 | \$116 |
| Violent Crime (offenses per 100,000 population) | +++++ | 4 | 202 | 379 |
| Economic Resources | | | | |
| Economic Hardship Index (index from 1-100) | +++++ | 6 | 22 | — |
| Food Insecurity (% of households) | +++++ | 9 | 8.6% | 10.7% |
| Income Inequality (80-20 ratio) | ++++ | 18 | 4.40 | 4.85 |
| Education | | | | |
| High School Graduation (% of students) | ++ | 31 | 84.5% | 85.8% |
| High School Graduation Racial Disparity (percentage point difference) | +++ | 26 | 14.7 | 15.1 |
| Social Support and Engagement | | | | |
| Adverse Childhood Experiences (% ages 0-17) | + | 43 | 18.8% | 14.8% |
| High-speed Internet (% of households) | ++ | 40 | 87.2% | 89.4% |
| Residential Segregation — Black/White (index from 0-100) | +++ | 26 | 64 | 62 |
| Volunteerism (% ages 16+) | +++++ | 8 | 39.2% | 33.4% |
| Voter Participation (% of U.S. citizens ages 18+) | ++++ | 18 | 61.7% | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | +++++ | 5 | 4.9 | 8.3 |
| Drinking Water Violations (% of community water systems) | +++ | 30 | 0.3% | 0.8% |
| Risk-screening Environmental Indicator Score (unitless score) | +++++ | 1 | 333 | — |
| Water Fluoridation (% of population served) | ++ | 40 | 56.2% | 73.0% |
| Housing and Transit | | | | |
| Drive Alone to Work (% of workers ages 16+) | ++++ | 15 | 76.2% | 75.9% |
| Housing With Lead Risk (% of housing stock) | ++ | 40 | 23.4% | 17.6% |
| Severe Housing Problems (% of occupied housing units) | ++ | 35 | 16.8% | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | | | | |
| Avoided Care Due to Cost (% ages 18+) | +++++ | 5 | 7.7% | 9.8% |
| Providers (per 100,000 population) | | | | |
| Dental Care | ++++ | 19 | 63.8 | 62.3 |
| Mental Health | +++++ | 5 | 510.0 | 284.3 |
| Primary Care | +++++ | 5 | 316.2 | 252.3 |
| Uninsured (% of population) | +++++ | 4 | 4.5% | 9.2% |
| Preventive Clinical Services | | | | |
| Colorectal Cancer Screening (% ages 50-75) | +++++ | 6 | 77.5% | 74.3% |
| Dental Visit (% ages 18+) | ++++ | 13 | 68.5% | 66.7% |
| Immunizations | | | | |
| Childhood Immunizations (% by age 35 months) | +++++ | 5 | 83.0% | 75.4% |
| Flu Vaccination (% ages 18+) | +++++ | 6 | 53.4% | 47.0% |
| HPV Vaccination (% ages 13-17) | +++++ | 5 | 70.5% | 58.6% |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% ages 18+) | +++++ | 8 | 84.9% | 77.6% |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++++ | 11 | 2,972 | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | | | | |
| Exercise (% ages 18+) | +++++ | 1 | 28.5% | 23.0% |
| Fruit and Vegetable Consumption (% ages 18+) | +++++ | 1 | 14.1% | 8.0% |
| Physical Inactivity (% ages 18+) | +++++ | 4 | 18.2% | 22.4% |
| Sexual Health | | | | |
| Chlamydia (new cases per 100,000 population) | +++++ | 2 | 275.3 | 551.0 |
| High-risk HIV Behaviors (% ages 18+) | + | 41 | 6.2% | 5.6% |
| Teen Births (births per 1,000 females ages 15-19) | +++++ | 3 | 7.6 | 16.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% ages 18+) | +++++ | 4 | 28.2% | 32.3% |
| Smoking and Tobacco Use | | | | |
| Smoking (% ages 18+) | ++++ | 14 | 13.3% | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | | | | |
| Excessive Drinking (% ages 18+) | + | 44 | 20.3% | 17.6% |
| Frequent Mental Distress (% ages 18+) | ++ | 33 | 14.2% | 13.2% |
| Non-medical Drug Use (% ages 18+) | +++++ | 1 | 4.7% | 12.0% |
| Mortality | | | | |
| Premature Death (years lost before age 75 per 100,000 population) | ++++ | 14 | 6,513 | 7,337 |
| Premature Death Racial Disparity (ratio) | — | — | — | 1.5 |
| Physical Health | | | | |
| Frequent Physical Distress (% ages 18+) | ++++ | 19 | 9.3% | 9.9% |
| Low Birthweight (% of live births) | +++++ | 4 | 6.6% | 8.3% |
| Low Birthweight Racial Disparity (ratio) | +++++ | 2 | 1.2 | 2.1 |
| Multiple Chronic Conditions (% ages 18+) | ++++ | 20 | 9.0% | 9.1% |
| Obesity (% ages 18+) | +++++ | 4 | 26.2% | 31.9% |
| OVERALL | | | 0.681 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Virginia

State Health Department Website: www.vdh.virginia.gov

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++ | 24 | 4.7 |
| | Public Health Funding (dollars per person) | ++ | 38 | \$95 |
| | Violent Crime (offenses per 100,000 population) | ++++ | 6 | 208 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++++ | 8 | 23 |
| | Food Insecurity (% of households) | ++++ | 8 | 8.5% |
| | Income Inequality (80-20 ratio) | ++ | 37 | 4.80 |
| Education | High School Graduation (% of students) | ++++ | 17 | 87.5% |
| | High School Graduation Racial Disparity (percentage point difference) | ++ | 39 | 19.2 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++++ | 16 | 13.9% |
| | High-speed Internet (% of households) | ++++ | 19 | 89.9% |
| | Residential Segregation — Black/White (index from 0-100) | ++++ | 6 | 51 |
| | Volunteerism (% ages 16+) | ++++ | 14 | 37.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | ++++ | 11 | 64.5% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 13 | 6.5 |
| | Drinking Water Violations (% of community water systems) | ++++ | 14 | 0.1% |
| | Risk-screening Environmental Indicator Score (unitless score) | + | 43 | 10,993,849 |
| | Water Fluoridation (% of population served) | ++++ | 5 | 96.3% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++++ | 17 | 76.6% |
| | Housing With Lead Risk (% of housing stock) | ++++ | 19 | 13.5% |
| | Severe Housing Problems (% of occupied housing units) | ++ | 24 | 14.4% |
| CLINICAL CARE* | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | +++ | 27 | 10.4% |
| | Providers (per 100,000 population) | | | |
| | Dental Care | +++ | 23 | 61.9 |
| | Mental Health | ++ | 38 | 207.8 |
| | Primary Care | ++ | 36 | 241.0 |
| Preventive Clinical Services | Uninsured (% of population) | +++ | 23 | 7.9% |
| | Colorectal Cancer Screening (% ages 50-75) | ++++ | 17 | 75.7% |
| | Dental Visit (% ages 18+) | ++++ | 7 | 70.0% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | +++ | 28 | 75.7% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++++ | 11 | 50.7% |
| | HPV Vaccination (% ages 13-17) | +++ | 28 | 56.4% |
| | Dedicated Health Care Provider (% ages 18+) | ++ | 33 | 76.2% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++ | 28 | 3,834 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++ | 26 | 22.7% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++++ | 14 | 8.8% |
| | Physical Inactivity (% ages 18+) | ++++ | 15 | 20.9% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++ | 31 | 564.3 |
| | High-risk HIV Behaviors (% ages 18+) | ++++ | 7 | 4.8% |
| | Teen Births (births per 1,000 females ages 15-19) | ++++ | 16 | 13.6 |
| Sleep Health | Insufficient Sleep (% ages 18+) | ++ | 34 | 33.6% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | ++++ | 17 | 13.6% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | ++++ | 15 | 16.1% |
| | Frequent Mental Distress (% ages 18+) | ++++ | 8 | 12.2% |
| | Non-medical Drug Use (% ages 18+) | +++ | 25 | 11.1% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++++ | 18 | 6,790 |
| | Premature Death Racial Disparity (ratio) | ++++ | 16 | 1.3 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++++ | 10 | 8.3% |
| | Low Birthweight (% of live births) | +++ | 26 | 8.4% |
| | Low Birthweight Racial Disparity (ratio) | +++ | 27 | 2.0 |
| | Multiple Chronic Conditions (% ages 18+) | +++ | 27 | 9.3% |
| | Obesity (% ages 18+) | +++ | 26 | 32.2% |
| OVERALL | | — | 0.383 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| | 41-50 |

Summary

Strengths:

- Low prevalence of frequent physical distress
- Low percentage of households with food insecurity
- Low prevalence of high-risk HIV behaviors

Challenges:

- Low per capita public health funding
- High prevalence of insufficient sleep
- Low supply of mental health providers

Highlights:

FREQUENT PHYSICAL DISTRESS

 **29%**

from 11.7% to 8.3% of adults between 2019 and 2020

CHLAMYDIA

 **11%**

from 507.3 to 564.3 cases per 100,000 population between 2018 and 2019

MENTAL HEALTH PROVIDERS

 **8%**

from 193.2 to 207.8 per 100,000 population between 2020 and 2021

Washington

State Health Department Website: doh.wa.gov

Summary

Strengths:

- Low premature death rate
- Low percentage of low birthweight infants
- Low prevalence of insufficient sleep

Challenges:

- High prevalence of non-medical drug use
- Low rate of high school graduation
- High prevalence of high-risk HIV behaviors

Highlights:

FOOD INSECURITY

 **32%**

from 12.9% to 8.8% of households between 2013-2015 and 2018-2020

ADULTS WHO AVOIDED CARE DUE TO COST

 **23%**

from 11.5% to 8.9% between 2019 and 2020

DRUG DEATHS

 **19%**

from 13.7 to 16.3 deaths per 100,000 population between 2014 and 2019

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | ++++ | 11 | 0.419 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | +++++ | 5 | 3.2 | 4.2 |
| | Public Health Funding (dollars per person) | +++ | 28 | \$121 | \$116 |
| | Violent Crime (offenses per 100,000 population) | ++++ | 20 | 294 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++++ | 11 | 26 | — |
| | Food Insecurity (% of households) | +++++ | 10 | 8.8% | 10.7% |
| | Income Inequality (80-20 ratio) | ++++ | 19 | 4.41 | 4.85 |
| Education | High School Graduation (% of students) | + | 42 | 81.1% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | + | 42 | 20.9 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++++ | 15 | 13.8% | 14.8% |
| | High-speed Internet (% of households) | +++++ | 1 | 93.7% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++++ | 19 | 60 | 62 |
| | Volunteerism (% ages 16+) | +++ | 25 | 34.6% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | +++++ | 6 | 66.7% | 60.1% |
| PHYSICAL ENVIRONMENT* | | ++++ | 20 | 0.156 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | + | 41 | 8.5 | 8.3 |
| | Drinking Water Violations (% of community water systems) | ++ | 34 | 0.5% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++ | 29 | 4,295,574 | — |
| | Water Fluoridation (% of population served) | ++ | 34 | 63.9% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | +++++ | 5 | 70.9% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | ++++ | 20 | 14.5% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | ++ | 35 | 16.8% | 17.3% |
| CLINICAL CARE* | | ++++ | 16 | 0.593 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++++ | 16 | 8.9% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | +++++ | 9 | 72.4 | 62.3 |
| | Mental Health | +++++ | 8 | 439.9 | 284.3 |
| | Primary Care | +++ | 29 | 257.5 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | ++++ | 15 | 6.6% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | +++ | 23 | 74.3% | 74.3% |
| | Dental Visit (% ages 18+) | ++++ | 11 | 69.3% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | +++ | 27 | 76.1% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | ++++ | 13 | 50.6% | 47.0% |
| | HPV Vaccination (% ages 13-17) | +++ | 27 | 59.0% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | ++ | 37 | 75.3% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | +++++ | 8 | 2,491 | 3,770 |
| | | | | | |
| BEHAVIORS* | | +++++ | 9 | 0.624 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | +++++ | 7 | 25.9% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++++ | 16 | 8.7% | 8.0% |
| | Physical Inactivity (% ages 18+) | +++++ | 3 | 17.8% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++++ | 18 | 496.3 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | + | 43 | 6.3% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++++ | 14 | 12.7 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++++ | 9 | 29.7% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++++ | 6 | 11.5% | 15.5% |
| HEALTH OUTCOMES* | | ++++ | 12 | 0.391 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++ | 24 | 17.2% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | +++ | 29 | 13.7% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | + | 41 | 13.5% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | +++++ | 5 | 6,034 | 7,337 |
| | Premature Death Racial Disparity (ratio) | ++ | 38 | 1.9 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++++ | 19 | 9.3% | 9.9% |
| | Low Birthweight (% of live births) | +++++ | 2 | 6.4% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | +++++ | 8 | 1.7 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | ++++ | 16 | 8.8% | 9.1% |
| | Obesity (% ages 18+) | +++++ | 7 | 28.0% | 31.9% |
| OVERALL | | | — | 0.453 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| ++++ | 1-10 |
| +++ | 11-20 |
| ++ | 21-30 |
| + | 31-40 |
| | 41-50 |

West Virginia

State Health Department Website: dhhr.wv.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | + | 47 | -0.648 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | + | 49 | 9.0 | 4.2 |
| | Public Health Funding (dollars per person) | +++++ | 8 | \$181 | \$116 |
| | Violent Crime (offenses per 100,000 population) | +++ | 23 | 317 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | + | 47 | 83 | — |
| | Food Insecurity (% of households) | + | 49 | 15.1% | 10.7% |
| | Income Inequality (80-20 ratio) | ++ | 40 | 4.90 | 4.85 |
| Education | High School Graduation (% of students) | +++++ | 3 | 91.3% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | ++ | 34 | 16.5 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | + | 46 | 20.6% | 14.8% |
| | High-speed Internet (% of households) | + | 44 | 85.6% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++++ | 19 | 60 | 62 |
| | Volunteerism (% ages 16+) | ++ | 35 | 32.1% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | + | 49 | 50.1% | 60.1% |
| PHYSICAL ENVIRONMENT* | | ++ | 36 | -0.044 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++ | 21 | 71 | 8.3 |
| | Drinking Water Violations (% of community water systems) | + | 50 | 10.2% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++ | 23 | 3,400,148 | — |
| | Water Fluoridation (% of population served) | ++++ | 12 | 90.7% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++ | 38 | 82.0% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | ++ | 36 | 21.8% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | +++++ | 1 | 11.1% | 17.3% |
| CLINICAL CARE* | | ++ | 35 | -0.263 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++ | 35 | 11.1% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | + | 42 | 50.6 | 62.3 |
| | Mental Health | + | 48 | 149.7 | 284.3 |
| | Primary Care | ++++ | 11 | 294.6 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | ++++ | 18 | 6.7% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | ++ | 38 | 70.7% | 74.3% |
| | Dental Visit (% ages 18+) | + | 46 | 57.7% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | ++++ | 14 | 79.8% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | +++ | 29 | 46.6% | 47.0% |
| | HPV Vaccination (% ages 13-17) | + | 49 | 43.4% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | ++++ | 14 | 81.7% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | + | 50 | 5,339 | 3,770 |
| BEHAVIORS* | | + | 44 | -0.889 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | + | 46 | 17.1% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | + | 48 | 5.2% | 8.0% |
| | Physical Inactivity (% ages 18+) | + | 47 | 29.7% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++++ | 4 | 313.0 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | +++++ | 1 | 4.0% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | + | 45 | 25.2 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | + | 49 | 39.2% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | + | 50 | 22.6% | 15.5% |
| HEALTH OUTCOMES* | | + | 48 | -0.834 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++++ | 1 | 12.1% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | + | 48 | 17.5% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | + | 42 | 14.1% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | + | 50 | 11,297 | 7,337 |
| | Premature Death Racial Disparity (ratio) | +++++ | 3 | 1.1 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | + | 50 | 15.8% | 9.9% |
| | Low Birthweight (% of live births) | + | 44 | 9.8% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | +++++ | 10 | 1.8 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | + | 50 | 18.8% | 9.1% |
| | Obesity (% ages 18+) | + | 49 | 39.1% | 31.9% |
| OVERALL | | | — | -0.624 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of excessive drinking
- Low prevalence of high-risk HIV behaviors
- Low percentage of severe housing problems

Challenges:

- High prevalence of multiple chronic conditions
- High prevalence of insufficient sleep
- High prevalence of cigarette smoking

Highlights:

CHLAMYDIA


58%

from 198.2 to 313.0 cases per 100,000 population between 2018 and 2019

ADULTS WHO AVOIDED CARE DUE TO COST


26%

from 14.9% to 11.1% between 2018 and 2020

FREQUENT MENTAL DISTRESS


15%

from 20.6% to 17.5% of adults between 2019 and 2020

Wisconsin

State Health Department Website: dhs.wisconsin.gov

Summary

Strengths:

- Low prevalence of non-medical drug use
- High rate of high school graduation
- High prevalence of having an annual dental visit

Challenges:

- High prevalence of excessive drinking
- High racial disparity in high school graduation rates
- Low prevalence of colorectal cancer screening

Highlights:

CHLAMYDIA

 **24%**

from 403.2 to 499.4 cases per 100,000 population between 2014 and 2019

ADULTS WHO AVOIDED CARE DUE TO COST

 **23%**

from 10.8% to 8.3% between 2017 and 2020

HIGH HEALTH STATUS

 **14%**

from 50.3% to 57.2% of adults between 2019 and 2020

| Measures | Rating | State Rank | State Value | U.S. Value |
|--|--|------------|--------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | | | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | ++++ | 15 | 4.0 |
| | Public Health Funding (dollars per person) | + | 49 | \$72 |
| | Violent Crime (offenses per 100,000 population) | ++++ | 18 | 293 |
| Economic Resources | Economic Hardship Index (index from 1-100) | +++++ | 9 | 25 |
| | Food Insecurity (% of households) | ++++ | 17 | 9.7% |
| | Income Inequality (80-20 ratio) | +++++ | 6 | 4.12 |
| Education | High School Graduation (% of students) | +++++ | 7 | 90.1% |
| | High School Graduation Racial Disparity (percentage point difference) | + | 46 | 22.4 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | ++++ | 20 | 15.1% |
| | High-speed Internet (% of households) | +++ | 21 | 89.6% |
| | Residential Segregation — Black/White (index from 0-100) | + | 48 | 77 |
| | Volunteerism (% ages 16+) | +++++ | 10 | 38.7% |
| | Voter Participation (% of U.S. citizens ages 18+) | +++++ | 2 | 69.1% |
| | | | | 60.1% |
| PHYSICAL ENVIRONMENT* | | | | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++ | 23 | 7.2 |
| | Drinking Water Violations (% of community water systems) | + | 46 | 4.4% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++ | 24 | 3,740,146 |
| | Water Fluoridation (% of population served) | ++++ | 18 | 87.3% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++ | 34 | 80.8% |
| | Housing With Lead Risk (% of housing stock) | ++ | 37 | 22.3% |
| | Severe Housing Problems (% of occupied housing units) | ++++ | 14 | 13.6% |
| | | | | 17.3% |
| CLINICAL CARE* | | | | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | +++++ | 9 | 8.3% |
| | Providers (per 100,000 population) | | | 9.8% |
| | Dental Care | ++++ | 17 | 64.8 |
| | Mental Health | ++ | 34 | 226.9 |
| | Primary Care | ++++ | 19 | 275.8 |
| | Uninsured (% of population) | +++++ | 8 | 5.7% |
| Preventive Clinical Services | Colorectal Cancer Screening (% ages 50-75) | + | 46 | 67.5% |
| | Dental Visit (% ages 18+) | +++++ | 6 | 71.8% |
| | Immunizations | | | |
| | Childhood Immunizations (% by age 35 months) | ++ | 31 | 75.2% |
| | Flu Vaccination (% ages 18+) | ++++ | 19 | 48.9% |
| | HPV Vaccination (% ages 13-17) | ++++ | 20 | 61.5% |
| Quality of Care | Dedicated Health Care Provider (% ages 18+) | ++++ | 12 | 82.7% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++++ | 18 | 3,202 |
| | | | | 3,770 |
| BEHAVIORS* | | | | |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++++ | 15 | 24.7% |
| | Fruit and Vegetable Consumption (% ages 18+) | +++ | 28 | 7.5% |
| | Physical Inactivity (% ages 18+) | ++++ | 11 | 20.5% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | ++++ | 19 | 499.4 |
| | High-risk HIV Behaviors (% ages 18+) | +++++ | 7 | 4.8% |
| | Teen Births (births per 1,000 females ages 15-19) | ++++ | 13 | 12.5 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++++ | 10 | 30.0% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | +++ | 25 | 15.5% |
| | | | | 15.5% |
| HEALTH OUTCOMES* | | | | |
| Behavioral Health | Excessive Drinking (% ages 18+) | + | 50 | 24.4% |
| | Frequent Mental Distress (% ages 18+) | ++++ | 14 | 12.5% |
| | Non-medical Drug Use (% ages 18+) | +++++ | 10 | 8.7% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++++ | 17 | 6,697 |
| | Premature Death Racial Disparity (ratio) | ++ | 39 | 2.1 |
| Physical Health | Frequent Physical Distress (% ages 18+) | +++ | 27 | 10.1% |
| | Low Birthweight (% of live births) | +++++ | 16 | 7.6% |
| | Low Birthweight Racial Disparity (ratio) | + | 50 | 2.4 |
| | Multiple Chronic Conditions (% ages 18+) | ++++ | 13 | 8.3% |
| | Obesity (% ages 18+) | +++ | 27 | 32.3% |
| | | | | 31.9% |
| OVERALL | | | 0.229 | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Wyoming

State Health Department Website: health.wyo.gov

| Measures | | Rating | State Rank | State Value | U.S. Value |
|---------------------------------|--|--------|------------|-------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | + | 43 | -0.311 | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | + | 50 | 9.7 | 4.2 |
| | Public Health Funding (dollars per person) | ++++ | 14 | \$159 | \$116 |
| | Violent Crime (offenses per 100,000 population) | +++++ | 7 | 217 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | ++++ | 15 | 32 | — |
| | Food Insecurity (% of households) | ++ | 33 | 11.5% | 10.7% |
| | Income Inequality (80-20 ratio) | ++++ | 13 | 4.33 | 4.85 |
| Education | High School Graduation (% of students) | ++ | 38 | 82.1% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | + | 48 | 24.8 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | + | 50 | 23.4% | 14.8% |
| | High-speed Internet (% of households) | ++++ | 18 | 90.0% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | ++ | 39 | 68 | 62 |
| | Volunteerism (% ages 16+) | ++ | 33 | 32.6% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | +++ | 30 | 58.8% | 60.1% |
| PHYSICAL ENVIRONMENT* | | +++++ | 3 | 0.491 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | +++++ | 1 | 4.2 | 8.3 |
| | Drinking Water Violations (% of community water systems) | +++ | 24 | 0.2% | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | +++++ | 4 | 20,413 | — |
| | Water Fluoridation (% of population served) | ++ | 39 | 57.1% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | ++++ | 18 | 76.9% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | +++ | 24 | 16.1% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | +++++ | 5 | 12.2% | 17.3% |
| CLINICAL CARE* | | + | 44 | -0.628 | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | ++ | 35 | 11.1% | 9.8% |
| | Providers (per 100,000 population) | | | | |
| | Dental Care | ++++ | 18 | 64.7 | 62.3 |
| | Mental Health | ++++ | 13 | 371.3 | 284.3 |
| | Primary Care | ++ | 38 | 232.7 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | + | 45 | 12.3% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | + | 49 | 63.4% | 74.3% |
| | Dental Visit (% ages 18+) | +++ | 29 | 65.4% | 66.7% |
| | Immunizations | | | | |
| | Childhood Immunizations (% by age 35 months) | + | 43 | 72.0% | 75.4% |
| Quality of Care | Flu Vaccination (% ages 18+) | + | 45 | 41.3% | 47.0% |
| | HPV Vaccination (% ages 13-17) | + | 48 | 44.8% | 58.6% |
| | Dedicated Health Care Provider (% ages 18+) | + | 46 | 70.0% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | ++++ | 12 | 3,033 | 3,770 |
| BEHAVIORS* | | +++ | 24 | 0.044 | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | ++++ | 16 | 24.5% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | ++ | 36 | 6.9% | 8.0% |
| | Physical Inactivity (% ages 18+) | +++ | 23 | 22.4% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | +++++ | 6 | 378.2 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | ++++ | 12 | 5.2% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | ++ | 36 | 19.4 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | +++ | 21 | 31.7% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | + | 41 | 18.5% | 15.5% |
| HEALTH OUTCOMES* | | +++ | 25 | 0.094 | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | +++ | 29 | 17.9% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | +++++ | 7 | 12.1% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | +++++ | 5 | 7.7% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | ++ | 33 | 8,000 | 7,337 |
| | Premature Death Racial Disparity (ratio) | + | 43 | 2.5 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | ++++ | 14 | 8.8% | 9.9% |
| | Low Birthweight (% of live births) | + | 44 | 9.8% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | +++++ | 1 | 1.0 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | +++ | 24 | 9.1% | 9.1% |
| | Obesity (% ages 18+) | ++++ | 17 | 30.7% | 31.9% |
| OVERALL | | | — | -0.106 | — |

* Values derived from individual measure data. Higher values are considered healthier.
 — Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

Strengths:

- Low prevalence of non-medical drug use
- Low incidence of chlamydia
- Low levels of air pollution

Challenges:

- High occupational fatality rate
- High prevalence of cigarette smoking
- Low prevalence of colorectal cancer screening

Highlights:

LOW BIRTHWEIGHT

▲15%

from 8.5% to 9.8% of live births between 2016 and 2019

FLU VACCINATION

▲13%

from 36.5% to 41.3% of adults between 2019 and 2020

HIGH HEALTH STATUS

▲12%

from 52.1% to 58.5% of adults between 2019 and 2020

District of Columbia

State Health Department Website: dchealth.dc.gov

Summary

Strengths:

- Low prevalence of frequent physical distress
- High per capita public health funding
- Low percentage of adults who avoided care due to cost

Challenges:

- High racial disparity in premature death rates
- High prevalence of non-medical drug use
- High prevalence of high-risk HIV behaviors

Highlights:

SMOKING

 **22%**

from 14.5% to 11.3% of adults between 2017 and 2020

VOTER PARTICIPATION

 **15%**

from 62.9% to 72.6% of U.S. citizens age 18 and older between 2014/2016 and 2018/2020

ANNUAL DENTAL VISITS

 **11%**

from 76.0% to 67.9% of adults between 2016 and 2020

| Measures | | D.C. Value | U.S. Value |
|--|--|------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | — | — |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) | 6.3 | 4.2 |
| | Public Health Funding (dollars per person) | \$874 | \$116 |
| | Violent Crime (offenses per 100,000 population) | 1049 | 379 |
| Economic Resources | Economic Hardship Index (index from 1-100) | — | — |
| | Food Insecurity (% of households) | 10.3% | 10.7% |
| | Income Inequality (80-20 ratio) | 6.27 | 4.85 |
| Education | High School Graduation (% of students) | 68.9% | 85.8% |
| | High School Graduation Racial Disparity (percentage point difference) | 33.0 | 15.1 |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) | 17.5% | 14.8% |
| | High-speed Internet (% of households) | 89.2% | 89.4% |
| | Residential Segregation — Black/White (index from 0-100) | 68 | 62 |
| | Volunteerism (% ages 16+) | 40.7% | 33.4% |
| | Voter Participation (% of U.S. citizens ages 18+) | 72.6% | 60.1% |
| PHYSICAL ENVIRONMENT* | | — | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | 8.7 | 8.3 |
| | Drinking Water Violations (% of community water systems) | — | 0.8% |
| | Risk-screening Environmental Indicator Score (unitless score) | 36,922 | — |
| | Water Fluoridation (% of population served) | 100.0% | 73.0% |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) | 33.0% | 75.9% |
| | Housing With Lead Risk (% of housing stock) | 33.9% | 17.6% |
| | Severe Housing Problems (% of occupied housing units) | 20.5% | 17.3% |
| CLINICAL CARE* | | — | — |
| Access to Care | Avoided Care Due to Cost (% ages 18+) | 7.0% | 9.8% |
| | Providers (per 100,000 population) | | |
| | Dental Care | 103.7 | 62.3 |
| | Mental Health | 589.6 | 284.3 |
| | Primary Care | 494.0 | 252.3 |
| Preventive Clinical Services | Uninsured (% of population) | 3.5% | 9.2% |
| | Colorectal Cancer Screening (% ages 50-75) | 78.6% | 74.3% |
| | Dental Visit (% ages 18+) | 67.9% | 66.7% |
| | Immunizations | | |
| | Childhood Immunizations (% by age 35 months) | 72.0% | 75.4% |
| | Flu Vaccination (% ages 18+) | 55.7% | 47.0% |
| | HPV Vaccination (% ages 13-17) | 72.3% | 58.6% |
| Quality of Care | Dedicated Health Care Provider (% ages 18+) | 76.8% | 77.6% |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) | 4,640 | 3,770 |
| BEHAVIORS* | | — | — |
| Nutrition and Physical Activity | Exercise (% ages 18+) | 27.2% | 23.0% |
| | Fruit and Vegetable Consumption (% ages 18+) | 10.4% | 8.0% |
| | Physical Inactivity (% ages 18+) | 18.1% | 22.4% |
| Sexual Health | Chlamydia (new cases per 100,000 population) | 1,321.6 | 551.0 |
| | High-risk HIV Behaviors (% ages 18+) | 11.3% | 5.6% |
| | Teen Births (births per 1,000 females ages 15-19) | 16.8 | 16.7 |
| Sleep Health | Insufficient Sleep (% ages 18+) | 30.1% | 32.3% |
| Smoking and Tobacco Use | Smoking (% ages 18+) | 11.3% | 15.5% |
| HEALTH OUTCOMES* | | — | — |
| Behavioral Health | Excessive Drinking (% ages 18+) | 24.4% | 17.6% |
| | Frequent Mental Distress (% ages 18+) | 14.5% | 13.2% |
| | Non-medical Drug Use (% ages 18+) | 18.7% | 12.0% |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) | 8,566 | 7,337 |
| | Premature Death Racial Disparity (ratio) | 5.0 | 1.5 |
| Physical Health | Frequent Physical Distress (% ages 18+) | 6.7% | 9.9% |
| | Low Birthweight (% of live births) | 9.9% | 8.3% |
| | Low Birthweight Racial Disparity (ratio) | 2.4 | 2.1 |
| | Multiple Chronic Conditions (% ages 18+) | 6.5% | 9.1% |
| | Obesity (% ages 18+) | 24.3% | 31.9% |
| OVERALL | | — | — |

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

United States

State Health Department Website: hhs.gov

| Measures | U.S. Value |
|--|--|
| SOCIAL & ECONOMIC FACTORS* | |
| Community and Family Safety | Occupational Fatalities (deaths per 100,000 workers) |
| | Public Health Funding (dollars per person) |
| | Violent Crime (offenses per 100,000 population) |
| Economic Resources | Economic Hardship Index (index from 1-100) |
| | Food Insecurity (% of households) |
| | Income Inequality (80-20 ratio) |
| Education | High School Graduation (% of students) |
| | High School Graduation Racial Disparity (percentage point difference) |
| Social Support and Engagement | Adverse Childhood Experiences (% ages 0-17) |
| | High-speed Internet (% of households) |
| | Residential Segregation — Black/White (index from 0-100) |
| | Volunteerism (% ages 16+) |
| | Voter Participation (% of U.S. citizens ages 18+) |
| PHYSICAL ENVIRONMENT* | |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) |
| | Drinking Water Violations (% of community water systems) |
| | Risk-screening Environmental Indicator Score (unitless score) |
| | Water Fluoridation (% of population served) |
| Housing and Transit | Drive Alone to Work (% of workers ages 16+) |
| | Housing With Lead Risk (% of housing stock) |
| | Severe Housing Problems (% of occupied housing units) |
| CLINICAL CARE* | |
| Access to Care | Avoided Care Due to Cost (% ages 18+) |
| | Providers (per 100,000 population) |
| | Dental Care |
| | Mental Health |
| | Primary Care |
| Preventive Clinical Services | Uninsured (% of population) |
| | Colorectal Cancer Screening (% ages 50-75) |
| | Dental Visit (% ages 18+) |
| | Immunizations |
| | Childhood Immunizations (% by age 35 months) |
| Quality of Care | Flu Vaccination (% ages 18+) |
| | HPV Vaccination (% ages 13-17) |
| | Dedicated Health Care Provider (% ages 18+) |
| | Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries) |
| BEHAVIORS* | |
| Nutrition and Physical Activity | Exercise (% ages 18+) |
| | Fruit and Vegetable Consumption (% ages 18+) |
| | Physical Inactivity (% ages 18+) |
| Sexual Health | Chlamydia (new cases per 100,000 population) |
| | High-risk HIV Behaviors (% ages 18+) |
| | Teen Births (births per 1,000 females ages 15-19) |
| Sleep Health | Insufficient Sleep (% ages 18+) |
| Smoking and Tobacco Use | Smoking (% ages 18+) |
| HEALTH OUTCOMES* | |
| Behavioral Health | Excessive Drinking (% ages 18+) |
| | Frequent Mental Distress (% ages 18+) |
| | Non-medical Drug Use (% ages 18+) |
| Mortality | Premature Death (years lost before age 75 per 100,000 population) |
| | Premature Death Racial Disparity (ratio) |
| Physical Health | Frequent Physical Distress (% ages 18+) |
| | Low Birthweight (% of live births) |
| | Low Birthweight Racial Disparity (ratio) |
| | Multiple Chronic Conditions (% ages 18+) |
| | Obesity (% ages 18+) |
| OVERALL | |

* Values derived from individual measure data. Higher values are considered healthier.

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| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

Summary

PUBLIC HEALTH FUNDING

 **33%**

from \$87 to \$116 per person between 2017-2018 and 2019-2020

HIGH HEALTH STATUS

 **13%**

from 49.7% to 56.3% of adults between 2019 and 2020

FLU VACCINATION

 **8%**

from 43.7% to 47.0% of adults between 2019 and 2020

INSUFFICIENT SLEEP

 **6%**

from 34.5% to 32.3% of adults between 2018 and 2020

EXCESSIVE DRINKING

 **5%**

from 18.6% to 17.6% of adults between 2019 and 2020

DRUG DEATHS

 **4%**

from 20.6 to 21.5 deaths per 100,000 population between 2018 and 2019