

United States

Health Department Website: hhs.gov

UNITED STATES

Summary

DRUG DEATHS

▲ **100%**

from 4.2 to 8.4 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

EARLY DEATHS

▲ **17%**

from 1,765 to 2,072 deaths per 100,000 adults ages 65-74 between 2019 and 2020

FULL-MOUTH TEETH EXTRACTIONS

▼ **17%**

from 16.1% to 13.4% of adults ages 65+ between 2012 and 2020

OBESITY

▲ **16%**

from 25.3% to 29.3% of adults ages 65+ between 2011 and 2020

SUICIDE

▲ **13%**

from 15.0 to 16.9 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

HIGH HEALTH STATUS

▲ **13%**

from 38.4% to 43.5% of adults ages 65+ between 2011 and 2020

FLU VACCINATION

▲ **11%**

from 60.6% to 67.3% of adults ages 65+ between 2011 and 2020

DEPRESSION

▲ **9%**

from 13.0% to 14.2% of adults ages 65+ between 2011 and 2020

Measures

**U.S.
Value**

SOCIAL & ECONOMIC FACTORS		
Community and Family Safety	Violent Crime (offenses per 100,000 population)	399
Economic Resources	Food Insecurity (% of adults ages 60+)	12.6%
	Poverty (% of adults ages 65+)	9.4%
	Poverty Racial Disparity (ratio)*	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	\$57
	High-speed Internet (% of households with adults ages 65+)	78.0%
	Low-care Nursing Home Residents (% of residents)	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	—
	Volunteerism (% of adults ages 65+)	31.6%
PHYSICAL ENVIRONMENT		
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	8.3
	Drinking Water Violations (% of community water systems)	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	32.7%
CLINICAL CARE		
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	75.9%
	Flu Vaccination (% of adults ages 65+)	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	93.5%
	Hospice Care (% of Medicare decedents)	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	16
	Nursing Home Quality (% of beds rated four or five stars)	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	1,582
BEHAVIORS		
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	8.9%
HEALTH OUTCOMES		
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)*	8.4
	Excessive Drinking (% of adults ages 65+)	7.4%
	Frequent Mental Distress (% of adults ages 65+)	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	2,072
	Early Death Racial Disparity (ratio)*	1.6
Physical Health	Falls (% of adults ages 65+)	27.1%
	Frequent Physical Distress (% of adults ages 65+)	14.5%
	High Health Status (% of adults ages 65+)*	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	46%
	Obesity (% of adults ages 65+)	29.3%
	Teeth Extractions (% of adults ages 65+)	13.4%

* Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Alabama

State Health Department Website: alabamapublichealth.gov

Overall Rank:

45

Summary

Strengths:

- Low prevalence of excessive drinking
- High level of community support expenditures
- Low prevalence of severe housing problems

Challenges:

- High prevalence of multiple chronic conditions
- High prevalence of insufficient sleep
- High prevalence of physical inactivity

Highlights:

GERIATRIC PROVIDERS

▲30%

from 24.7 to 32.0 per 100,000 adults ages 65+ between September 2018 and September 2021

OBESITY

▲29%

from 27.1% to 34.9% of adults ages 65+ between 2011 and 2020

EARLY DEATHS

▲16%

from 2,377 to 2,767 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+	43	-0.507	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	37	454	399
	Food Insecurity (% of adults ages 60+)	++	39	14.8%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+	41	10.5%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.7	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	29	62.7	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++++	7	\$94	\$57
	High-speed Internet (% of households with adults ages 65+)	+	44	71.7%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++	26	15.5%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	45	80	—
	Volunteerism (% of adults ages 65+)	++	31	30.4%	31.6%
PHYSICAL ENVIRONMENT*		++++	15	0.617	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	33	7.8	8.3
	Drinking Water Violations (% of community water systems)	+++	30	0.3%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	9	25.3%	32.7%
CLINICAL CARE*		++	36	-0.253	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	20	3.9%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	17	32.0	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	47	23.2	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++++	12	79.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	++	36	65.4%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+	44	66.3%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	25	93.8%	93.5%
	Hospice Care (% of Medicare decedents)	+++	28	49.2%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	14	50.3%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	48	2,332	1,582
BEHAVIORS*		+	48	-1.278	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+	46	15.1%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+	46	4.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	46	38.2%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	48	30.3%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	31	9.9%	8.9%
HEALTH OUTCOMES*		+	46	-0.778	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	4.9	8.4
	Excessive Drinking (% of adults ages 65+)	+++++	2	3.6%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	44	9.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	30	18.8	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	48	2,767	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.3	1.6
Physical Health	Falls (% of adults ages 65+)	+++	22	28.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+	41	15.9%	14.5%
	High Health Status (% of adults ages 65+)†	+	50	32.5%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+	50	58%	46%
	Obesity (% of adults ages 65+)	+	47	34.9%	29.3%
	Teeth Extractions (% of adults ages 65+)	+	44	18.7%	13.4%
OVERALL		+	45	-0.622	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Alaska

State Health Department Website: dhss.alaska.gov

Overall Rank:

24

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low prevalence of multiple chronic conditions
- High level of community support expenditures

Challenges:

- High prevalence of excessive drinking
- High prevalence of falls
- Low flu vaccination rate

Highlights:

SUICIDE

▲70%

from 14.1 to 24.0 deaths per 100,000 adults ages 65+ between 2014-2016 and 2018-2020

HIGH HEALTH STATUS

▲24%

from 40.2% to 50.0% of adults ages 65+ between 2011 and 2020

HOME HEALTH CARE WORKERS

▼16%

from 80.2 to 67.6 aides per 1,000 adults ages 65+ between 2016 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	12	0.424	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	50	838	399
	Food Insecurity (% of adults ages 60+)	++	32	13.6%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++++	4	6.9%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	1.6	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	16	88.2	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++++	3	\$156	\$57
	High-speed Internet (% of households with adults ages 65+)	+++++	9	82.5%	78.0%
	Low-care Nursing Home Residents (% of residents)	—	—	—	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	22	47	—
	Volunteerism (% of adults ages 65+)	+++	28	30.9%	31.6%
PHYSICAL ENVIRONMENT*		+	43	-0.117	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	16	6.8	8.3
	Drinking Water Violations (% of community water systems)	+	47	4.8%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	26	29.7%	32.7%
CLINICAL CARE*		+	42	-0.384	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	44	5.3%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	38	21.9	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	9	67.6	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++	40	74.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	+	50	56.1%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+	45	64.9%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	50	85.4%	93.5%
	Hospice Care (% of Medicare decedents)	+	50	22.8%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	1	85.5%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	6	974	1,582
BEHAVIORS*		++++	15	0.440	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++++	4	29.0%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	9	8.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	17	28.6%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	40	28.3%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	15	8.1%	8.9%
HEALTH OUTCOMES*		+++	30	-0.008	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	—	8.4
	Excessive Drinking (% of adults ages 65+)	+	49	10.5%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++++	4	6.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	42	24.0	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	14	1,768	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.9	1.6
Physical Health	Falls (% of adults ages 65+)	+	50	36.5%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	21	13.2%	14.5%
	High Health Status (% of adults ages 65+) [‡]	+++++	9	50.0%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++++	1	28%	46%
	Obesity (% of adults ages 65+)	+	42	32.7%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++	22	12.5%	13.4%
OVERALL		+++	24	0.131	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Arizona

State Health Department Website: azdhs.gov

Overall Rank:

23

Summary

Strengths:

- Low prevalence of obesity
- High hospice care use
- Low preventable hospitalization rate

Challenges:

- High suicide rate
- Low volunteerism rate
- Low flu vaccination rate

Highlights:

AVOIDED CARE DUE TO COST

▼41%

from 6.4% to 3.8% of adults ages 65+ between 2011 and 2020

EARLY DEATHS

▲23%

from 1,591 to 1,962 deaths per 100,000 adults ages 65-74 between 2019 and 2020

PHYSICAL INACTIVITY

▲20%

from 24.4% to 29.2% of adults ages 65+ in fair or better health between 2015 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	32	-0.044	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	42	485	399
	Food Insecurity (% of adults ages 60+)	++	37	14.5%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++	32	9.0%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.6	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	30	61.3	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++	35	\$29	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	4	83.0%	78.0%
	Low-care Nursing Home Residents (% of residents)	++++	16	11.9%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	9	35	—
	Volunteerism (% of adults ages 65+)	+	45	26.1%	31.6%
PHYSICAL ENVIRONMENT*		++	38	0.023	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	46	9.1	8.3
	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	29	30.3%	32.7%
CLINICAL CARE*		+++	30	-0.027	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	17	3.8%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	36	23.4	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	16	50.3	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+	43	72.6%	75.9%
	Flu Vaccination (% of adults ages 65+)	+	43	63.9%	67.3%
Quality of Care	Pneumonia Vaccination (% of adults ages 65+)	+++	27	71.8%	70.3%
	Dedicated Health Care Provider (% of adults ages 65+)	+	43	91.6%	93.5%
	Hospice Care (% of Medicare decedents)	++++	3	58.8%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	32	42.3%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	9	1,075	1,582
BEHAVIORS*		++++	9	0.598	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	9	27.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	6	9.5%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	20	29.2%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	20	24.1%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++	21	8.7%	8.9%
HEALTH OUTCOMES*		+++	27	0.125	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	9.9	8.4
	Excessive Drinking (% of adults ages 65+)	+++	26	7.4%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	21	7.3%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	44	24.9	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	23	1,962	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.9	1.6
Physical Health	Falls (% of adults ages 65+)	++++	17	27.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	26	14.1%	14.5%
	High Health Status (% of adults ages 65+) [‡]	+++	24	46.4%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	22	43%	46%
	Obesity (% of adults ages 65+)	++++	7	25.8%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++	28	13.3%	13.4%
OVERALL		+++	23	0.133	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

Arkansas

State Health Department Website: healthy.arkansas.gov

Overall Rank:

44

Summary

Strengths:

- Low prevalence of excessive drinking
- High geriatric provider rate
- Low prevalence of severe housing problems

Challenges:

- High prevalence of frequent physical distress
- High prevalence of full-mouth teeth extractions
- High prevalence of physical inactivity

Highlights:

FLU VACCINATION

▲18%

from 57.3% to 67.9% of adults ages 65+ between 2011 and 2020

HOME HEALTH CARE WORKERS

▼18%

from 45.6 to 37.6 aides per 1,000 adults ages 65+ between 2016 and 2020

EARLY DEATHS

▲14%

from 2,329 to 2,664 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+	47	-0.899	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	47	672	399
	Food Insecurity (% of adults ages 60+)	++	38	14.6%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+	41	10.5%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.8	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	49	37.3	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++++	17	\$51	\$57
	High-speed Internet (% of households with adults ages 65+)	+	48	70.4%	78.0%
	Low-care Nursing Home Residents (% of residents)	++	39	18.0%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	43	76	—
	Volunteerism (% of adults ages 65+)	++	39	28.2%	31.6%
PHYSICAL ENVIRONMENT*		+++++	7	0.833	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	23	7.2	8.3
	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	4	24.0%	32.7%
CLINICAL CARE*		++	34	-0.181	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	48	5.7%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	7	42.3	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	30	37.6	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+	44	72.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++	25	67.9%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++	31	71.5%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	25	93.8%	93.5%
	Hospice Care (% of Medicare decedents)	++++	19	50.9%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	28	44.4%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	38	1,830	1,582
BEHAVIORS*		+	41	-0.692	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++	38	19.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	29	6.9%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	49	39.0%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	18	23.5%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+	45	11.7%	8.9%
HEALTH OUTCOMES*		+	47	-0.851	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	5.0	8.4
	Excessive Drinking (% of adults ages 65+)	+++++	7	5.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	39	8.8%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	29	18.6	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	46	2,664	2,072
	Early Death Racial Disparity (ratio)†	—	—	4.4	1.6
Physical Health	Falls (% of adults ages 65+)	+	47	32.9%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+	48	20.9%	14.5%
	High Health Status (% of adults ages 65+)†	+	47	34.8%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	35	49%	46%
	Obesity (% of adults ages 65+)	+++	28	30.5%	29.3%
	Teeth Extractions (% of adults ages 65+)	+	48	21.5%	13.4%
OVERALL		+	44	-0.615	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

California

State Health Department Website: cdph.ca.gov

Overall Rank:

26

Summary

Strengths:

- Low prevalence of full-mouth teeth extractions
- High home health care worker rate
- Low prevalence of smoking

Challenges:

- High prevalence of excessive drinking
- Low volunteerism rate
- Low prevalence of cancer screenings

Highlights:

DRUG DEATHS

▲70%

from 6.4 to 10.9 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

EARLY DEATHS

▲20%

from 1,452 to 1,743 deaths per 100,000 adults ages 65-74 between 2019 and 2020

FLU VACCINATION

▲20%

from 57.2% to 68.8% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	36	-0.251	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	35	442	399
	Food Insecurity (% of adults ages 60+)	+++	23	12.1%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+	41	10.5%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.1	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	37	54.5	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++	33	\$30	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	6	82.8%	78.0%
	Low-care Nursing Home Residents (% of residents)	++++	17	12.1%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	38	63	—
	Volunteerism (% of adults ages 65+)	+	44	26.4%	31.6%
PHYSICAL ENVIRONMENT*		+	49	-1.110	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	50	13.3	8.3
	Drinking Water Violations (% of community water systems)	++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	49	42.2%	32.7%
CLINICAL CARE*		+++	25	0.076	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	2	2.8%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	34	23.7	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	3	100.0	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+	49	65.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	++++	20	68.8%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+	42	68.7%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	35	92.9%	93.5%
	Hospice Care (% of Medicare decedents)	++	36	46.1%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	24	46.5%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	15	1,259	1,582
BEHAVIORS*		++++	11	0.554	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++	31	21.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	15	8.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	9	25.5%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	34	26.7%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	2	5.4%	8.9%
HEALTH OUTCOMES*		++++	19	0.258	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	10.9	8.4
	Excessive Drinking (% of adults ages 65+)	+	46	9.4%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	42	9.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	16	16.0	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	11	1,743	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.7	1.6
Physical Health	Falls (% of adults ages 65+)	++++	15	26.5%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	30	14.8%	14.5%
	High Health Status (% of adults ages 65+) [‡]	+	42	39.0%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	16	40%	46%
	Obesity (% of adults ages 65+)	++++	9	26.1%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	3	9.0%	13.4%
OVERALL		+++	26	0.060	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

Colorado

State Health Department Website: cdphe.colorado.gov

Overall Rank:

5

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- High volunteerism rate
- Low prevalence of physical inactivity

Challenges:

- High suicide rate
- High prevalence of falls
- High percentage of low-care nursing home residents

Highlights:

LOW-CARE NURSING HOME RESIDENTS

▲ **82%**

from 13.7% to 25.0%
of residents between
2019 and 2020

DRUG DEATHS

▲ **35%**

from 7.7 to 10.4 deaths per
100,000 adults ages 65+
between 2008-2010 and
2018-2020

FLU VACCINATION

▲ **26%**

from 55.9% to 70.2% of
adults ages 65+ between
2018 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	20	0.292	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	31	423	399
	Food Insecurity (% of adults ages 60+)	++	35	13.8%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	7	7.2%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	4.1	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	23	76.7	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++	26	\$37	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	3	83.7%	78.0%
	Low-care Nursing Home Residents (% of residents)	+	46	25.0%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	7	33	—
	Volunteerism (% of adults ages 65+)	++++	7	39.6%	31.6%
PHYSICAL ENVIRONMENT*		+++	23	0.423	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	18	6.9	8.3
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	34	32.3%	32.7%
CLINICAL CARE*		++++	7	0.581	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	25	4.1%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	10	37.7	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	22	41.8	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++	30	76.6%	75.9%
	Flu Vaccination (% of adults ages 65+)	++++	13	70.2%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++++	2	76.0%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	32	93.2%	93.5%
	Hospice Care (% of Medicare decedents)	++++	13	53.2%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	12	52.3%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	3	817	1,582
BEHAVIORS*		++++	1	1.224	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	2	29.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	20	7.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	1	21.3%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	3	20.1%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	10	7.3%	8.9%
HEALTH OUTCOMES*		++++	5	0.564	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	10.4	8.4
	Excessive Drinking (% of adults ages 65+)	++	37	8.1%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	8	6.4%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	43	24.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	4	1,661	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.8	1.6
Physical Health	Falls (% of adults ages 65+)	++	36	29.8%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	17	12.9%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++++	2	53.5%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	5	33%	46%
	Obesity (% of adults ages 65+)	++++	3	23.9%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	6	9.6%	13.4%
OVERALL		++++	5	0.611	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Connecticut

State Health Department Website: ct.gov/dph

Overall Rank:

4

Summary

Strengths:

- Low prevalence of frequent physical distress
- Low percentage of older adults who avoided care due to cost
- Low prevalence of smoking

Challenges:

- High prevalence of excessive drinking
- High percentage of low-care nursing home residents
- High prevalence of severe housing problems

Highlights:

SUICIDE

▲41%

from 9.5 to 13.4 deaths per 100,000 adults ages 65+ between 2011-2013 and 2018-2020

PHYSICAL INACTIVITY

▼20%

from 31.2% to 25.1% of adults ages 65+ in fair or better health between 2011 and 2020

EARLY DEATHS

▲19%

from 1,469 to 1,742 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	17	0.348	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	4	182	399
	Food Insecurity (% of adults ages 60+)	+++	29	13.0%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++++	9	7.3%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	7.3	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++	30	\$34	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	17	79.8%	78.0%
	Low-care Nursing Home Residents (% of residents)	++	31	16.5%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	23	48	—
	Volunteerism (% of adults ages 65+)	+++	25	32.8%	31.6%
PHYSICAL ENVIRONMENT*		+	42	-0.080	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	27	7.3	8.3
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	46	39.4%	32.7%
CLINICAL CARE*		+++++	6	0.599	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	1	2.3%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	4	49.7	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	14	52.7	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++++	16	78.8%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++++	3	74.0%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++	31	71.5%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	6	95.9%	93.5%
	Hospice Care (% of Medicare decedents)	+++	30	48.6%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	30	43.7%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	21	1,352	1,582
BEHAVIORS*		+++++	3	1.044	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++++	9	27.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	2	11.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	6	25.1%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	26	25.4%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++++	5	7.0%	8.9%
HEALTH OUTCOMES*		+++++	2	0.822	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)*	—	—	10.4	8.4
	Excessive Drinking (% of adults ages 65+)	++	37	8.1%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++++	7	6.3%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	9	13.4	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++++	9	1,742	2,072
	Early Death Racial Disparity (ratio)*	—	—	1.6	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	2	21.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++++	1	10.0%	14.5%
	High Health Status (% of adults ages 65+)*	+++++	6	51.4%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	26	45%	46%
	Obesity (% of adults ages 65+)	++++	16	27.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++++	5	9.5%	13.4%
OVERALL		+++++	4	0.634	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Delaware

State Health Department Website: dhss.delaware.gov

Overall Rank:

19

DELAWARE

Summary

Strengths:

- Low suicide rate
- High volunteerism rate
- High percentage of four- or five-star nursing home beds

Challenges:

- High prevalence of multiple chronic conditions
- High prevalence of obesity
- High preventable hospitalization rate

Highlights:

OBESITY

▲30%

from 28.9% to 37.6% of adults ages 65+ between 2011 and 2020

EARLY DEATHS

▲20%

from 1,591 to 1,915 deaths per 100,000 adults ages 65-74 between 2019 and 2020

FLU VACCINATION

▲16%

from 58.3% to 67.8% of adults ages 65+ between 2018 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	4	0.704	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	34	432	399
	Food Insecurity (% of adults ages 60+)	++++	15	10.2%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	9	7.3%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	3.3	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	22	77.4	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++++	19	\$50	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	8	82.6%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++	22	13.6%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	3	20	—
	Volunteerism (% of adults ages 65+)	++++	6	39.7%	31.6%
PHYSICAL ENVIRONMENT*		+++	24	0.393	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	39	8.2	8.3
	Drinking Water Violations (% of community water systems)	++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	22	28.4%	32.7%
CLINICAL CARE*		+++	21	0.205	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	32	4.3%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	31	25.3	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	24	40.7	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++	25	77.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++	26	67.8%	67.3%
Quality of Care	Pneumonia Vaccination (% of adults ages 65+)	+++	30	71.6%	70.3%
	Dedicated Health Care Provider (% of adults ages 65+)	++++	13	94.8%	93.5%
	Hospice Care (% of Medicare decedents)	++++	2	59.4%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	5	59.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	37	1,826	1,582
BEHAVIORS*		++	32	-0.122	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	18	24.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	17	8.2%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	36	32.8%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	39	28.0%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++	29	9.8%	8.9%
HEALTH OUTCOMES*		++	31	-0.016	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)*	—	—	8.1	8.4
	Excessive Drinking (% of adults ages 65+)	+++	24	7.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	11	6.5%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	4	10.2	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	19	1,915	2,072
	Early Death Racial Disparity (ratio)*	—	—	1.6	1.6
Physical Health	Falls (% of adults ages 65+)	++++	10	25.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	30	14.8%	14.5%
	High Health Status (% of adults ages 65+)*	+++	30	44.8%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+	47	54%	46%
	Obesity (% of adults ages 65+)	+	50	37.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++	23	12.9%	13.4%
OVERALL		++++	19	0.243	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

Florida

State Health Department Website: floridahealth.gov

Overall Rank:

28

Summary

Strengths:

- Low prevalence of falls
- High level of community support expenditures
- High prevalence of cancer screenings

Challenges:

- High prevalence of multiple chronic conditions
- Low flu vaccination rate
- Low home health care worker rate

Highlights:

DRUG DEATHS

▲58%

from 4.5 to 7.1 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FREQUENT PHYSICAL DISTRESS

▼24%

from 19.9% to 15.1% of adults ages 65+ between 2019 and 2020

GERIATRIC PROVIDERS

▲20%

from 25.7 to 30.9 per 100,000 adults ages 65+ between September 2018 and September 2021

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++	21	0.263	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	26	384	399
	Food Insecurity (% of adults ages 60+)	+++	29	13.0%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+	45	10.7%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.9	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++++	2	\$166	\$57
	High-speed Internet (% of households with adults ages 65+)	+++++	10	82.3%	78.0%
	Low-care Nursing Home Residents (% of residents)	++++	14	11.3%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	24	51	—
	Volunteerism (% of adults ages 65+)	+	43	26.8%	31.6%
PHYSICAL ENVIRONMENT*		++	35	0.083	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	23	7.2	8.3
	Drinking Water Violations (% of community water systems)	++	40	1.3%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	36	33.9%	32.7%
CLINICAL CARE*		++	38	-0.307	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	20	3.9%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	19	30.9	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	50	15.7	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++++	5	80.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	+	48	61.6%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+	46	64.3%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	35	92.9%	93.5%
	Hospice Care (% of Medicare decedents)	+++++	4	57.9%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	18	48.7%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	32	1,698	1,582
BEHAVIORS*		+++	22	0.134	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++++	8	27.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++	33	6.1%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	28	30.6%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	28	25.5%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	19	8.6%	8.9%
HEALTH OUTCOMES*		++	33	-0.076	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	7.1	8.4
	Excessive Drinking (% of adults ages 65+)	+++	30	7.8%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	36	8.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	37	20.4	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	16	1,821	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	4	24.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++	34	15.1%	14.5%
	High Health Status (% of adults ages 65+)†	+++	25	45.9%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+	44	53%	46%
	Obesity (% of adults ages 65+)	++++	15	27.4%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	31	13.9%	13.4%
OVERALL		+++	28	0.029	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Georgia

State Health Department Website: dph.georgia.gov

Overall Rank:

40

Summary

Strengths:

- Low prevalence of excessive drinking
- Low percentage of low-care nursing home residents
- High percentage of older adults with a dedicated health care provider

Challenges:

- High prevalence of full-mouth teeth extractions
- Low home health care worker rate
- High prevalence of physical inactivity

Highlights:

DRUG DEATHS

▲61%

from 4.4 to 7.1 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

OBESITY

▲28%

from 25.4% to 32.6% of adults ages 65+ between 2011 and 2020

FLU VACCINATION

▲19%

from 55.2% to 65.8% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	39	-0.390	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	28	400	399
	Food Insecurity (% of adults ages 60+)	+	42	15.3%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++	40	10.4%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.2	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	20	79.3	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+	47	\$21	\$57
	High-speed Internet (% of households with adults ages 65+)	++	31	75.9%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++	23	14.1%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	34	61	—
	Volunteerism (% of adults ages 65+)	++	34	29.5%	31.6%
PHYSICAL ENVIRONMENT*		+++	30	0.300	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	33	7.8	8.3
	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	32	30.9%	32.7%
CLINICAL CARE*		+	41	-0.380	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	45	5.4%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	22	291	311
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	46	26.7	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++	33	76.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	++	33	65.8%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++	29	71.7%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	21	94.2%	93.5%
	Hospice Care (% of Medicare decedents)	++++	18	51.0%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	47	28.8%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	43	1,908	1,582
BEHAVIORS*		++	39	-0.370	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++	23	23.4%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++	34	6.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	40	34.4%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	33	26.5%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++	24	9.4%	8.9%
HEALTH OUTCOMES*		++	37	-0.393	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	7.1	8.4
	Excessive Drinking (% of adults ages 65+)	++++	12	6.1%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	36	8.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	28	18.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	40	2,342	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.4	1.6
Physical Health	Falls (% of adults ages 65+)	++++	18	27.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++	36	15.4%	14.5%
	High Health Status (% of adults ages 65+)†	+	43	38.8%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	40	50%	46%
	Obesity (% of adults ages 65+)	++	39	32.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	+	41	17.5%	13.4%
OVERALL		++	40	-0.350	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

Hawaii

State Health Department Website: health.hawaii.gov

Overall Rank:

7

Summary

Strengths:

- Low early death rate
- Low prevalence of falls
- Low percentage of low-care nursing home residents

Challenges:

- Low volunteerism rate
- Low pneumonia vaccination rate
- High prevalence of insufficient sleep

Highlights:

DRUG DEATHS

▲ **129%**

from 4.9 to 11.2 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FREQUENT MENTAL DISTRESS

▲ **62%**

from 4.7% to 7.6% of adults ages 65+ between 2014 and 2020

HIGH HEALTH STATUS

▲ **26%**

from 36.1% to 45.4% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	11	0.533	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	10	254	399
	Food Insecurity (% of adults ages 60+)	+++++	9	9.3%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++	28	8.7%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	1.0	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++++	17	\$51	\$57
	High-speed Internet (% of households with adults ages 65+)	+++++	10	82.3%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++++	1	3.7%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	16	43	—
	Volunteerism (% of adults ages 65+)	+	49	25.1%	31.6%
PHYSICAL ENVIRONMENT*		++++	20	0.520	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	2	4.3	8.3
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	44	37.2%	32.7%
CLINICAL CARE*		++++	14	0.353	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	28	4.2%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	8	42.2	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	40	32.8	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++++	5	80.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	+	44	63.4%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+	50	61.9%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	9	95.2%	93.5%
	Hospice Care (% of Medicare decedents)	++	40	45.4%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	2	75.1%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	2	786	1,582
BEHAVIORS*		+++	23	0.090	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	15	25.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	25	7.6%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	10	25.8%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	50	38.6%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	12	7.6%	8.9%
HEALTH OUTCOMES*		+++++	1	1.099	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	11.2	8.4
	Excessive Drinking (% of adults ages 65+)	+	42	8.5%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	24	7.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	10	13.5	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++++	1	1,527	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.4	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	2	21.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++++	2	10.2%	14.5%
	High Health Status (% of adults ages 65+) [‡]	+++	28	45.4%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	19	41%	46%
	Obesity (% of adults ages 65+)	+++++	1	18.7%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++++	1	5.6%	13.4%
OVERALL		+++++	7	0.549	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Idaho

State Health Department Website: healthandwelfare.idaho.gov

Overall Rank:

15

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low preventable hospitalization rate
- Low prevalence of insufficient sleep

Challenges:

- High suicide rate
- Low flu vaccination rate
- Low geriatric provider rate

Highlights:

DRUG DEATHS

▲197%

from 3.5 to 10.4 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FALLS

▼22%

from 33.3% to 26.0% of adults ages 65+ between 2018 and 2020

HOME HEALTH CARE WORKERS

▲12%

from 51.0 to 57.3 aides per 1,000 adults ages 65+ between 2016 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	14	0.394	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	9	243	399
	Food Insecurity (% of adults ages 60+)	++++	13	9.7%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++++	4	6.9%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	3.0	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	38	54.4	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+	42	\$24	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	12	81.3%	78.0%
	Low-care Nursing Home Residents (% of residents)	++	37	17.4%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	4	21	—
	Volunteerism (% of adults ages 65+)	+++	27	31.0%	31.6%
PHYSICAL ENVIRONMENT*		++++	13	0.637	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	9	6.1	8.3
	Drinking Water Violations (% of community water systems)	+	42	1.8%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	17	27.1%	32.7%
CLINICAL CARE*		++++	19	0.233	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	17	3.8%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	48	13.4	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	11	57.3	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++	31	76.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	+	45	62.5%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++	34	71.3%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	45	90.5%	93.5%
	Hospice Care (% of Medicare decedents)	+++++	9	53.9%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	4	60.7%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	1	783	1,582
BEHAVIORS*		++++	14	0.484	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+	41	19.4%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	22	7.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	15	27.8%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++++	4	20.4%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++++	8	7.2%	8.9%
HEALTH OUTCOMES*		++++	20	0.195	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	10.4	8.4
	Excessive Drinking (% of adults ages 65+)	++++	20	7.1%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	33	8.4%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	46	27.2	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	12	1,748	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	++++	12	26.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	29	14.7%	14.5%
	High Health Status (% of adults ages 65+)†	++++	17	47.9%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++++	7	35%	46%
	Obesity (% of adults ages 65+)	+++	22	28.9%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	19	12.0%	13.4%
OVERALL		++++	15	0.342	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Illinois

State Health Department Website: dph.illinois.gov

Overall Rank:

33

Summary

Strengths:

- Low suicide rate
- Low prevalence of falls
- Low prevalence of frequent mental distress

Challenges:

- High percentage of older adults who avoided care due to cost
- Low percentage of four- or five-star nursing home beds
- High prevalence of physical inactivity

Highlights:

FALLS

▼37%

from 31.6% to 20.0% of adults ages 65+ between 2016 and 2020

FLU VACCINATION

▲37%

from 52.5% to 72.1% of adults ages 65+ between 2012 and 2020

EARLY DEATHS

▲22%

from 1,755 to 2,149 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	31	-0.039	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	33	426	399
	Food Insecurity (% of adults ages 60+)	+++	27	12.9%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++	26	8.6%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.7	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	13	98.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++	27	\$35	\$57
	High-speed Internet (% of households with adults ages 65+)	++	33	75.1%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++	24	14.8%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	39	65	—
	Volunteerism (% of adults ages 65+)	+++	24	33.0%	31.6%
PHYSICAL ENVIRONMENT*		+	45	-0.277	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	49	9.6	8.3
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	38	34.6%	32.7%
CLINICAL CARE*		+	50	-0.748	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	50	6.0%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	27	26.5	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	21	43.6	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+	48	67.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++++	7	72.1%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+	47	64.1%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	28	93.5%	93.5%
	Hospice Care (% of Medicare decedents)	+++	23	50.3%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	+	48	28.4%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	39	1,836	1,582
BEHAVIORS*		+++	29	-0.052	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++++	5	28.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	22	7.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	42	35.2%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	36	26.8%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++	28	9.6%	8.9%
HEALTH OUTCOMES*		+++++	8	0.523	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	7.9	8.4
	Excessive Drinking (% of adults ages 65+)	+++++	7	5.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++++	8	6.4%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	7	12.2	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	33	2,149	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.8	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	1	20.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	20	13.1%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++	31	43.9%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	23	44%	46%
	Obesity (% of adults ages 65+)	++	34	31.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	33	14.9%	13.4%
OVERALL		++	33	-0.055	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Indiana

State Health Department Website: in.gov/health

Overall Rank:

35

Summary

Strengths:

- Low prevalence of excessive drinking
- Low percentage of low-care nursing home residents
- High volunteerism rate

Challenges:

- High early death rate
- High prevalence of obesity
- High prevalence of smoking

Highlights:

DRUG DEATHS

▲111%

from 3.5 to 7.4 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

GERIATRIC PROVIDERS

▲37%

from 23.8 to 32.5 per 100,000 adults ages 65+ between September 2018 and September 2021

OBESITY

▲29%

from 26.6% to 34.3% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++	24	0.144	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	24	358	399
	Food Insecurity (% of adults ages 60+)	+++	26	12.7%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	16	7.7%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.0	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	42	49.5	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++	31	\$33	\$57
	High-speed Internet (% of households with adults ages 65+)	++	35	75.0%	78.0%
	Low-care Nursing Home Residents (% of residents)	++++	9	10.5%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	24	51	—
	Volunteerism (% of adults ages 65+)	++++	10	38.0%	31.6%
PHYSICAL ENVIRONMENT*		+++	27	0.360	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	45	8.7	8.3
	Drinking Water Violations (% of community water systems)	++	33	0.4%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	13	26.2%	32.7%
CLINICAL CARE*		+++	27	0.020	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	15	3.6%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	16	32.5	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	36	36.1	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++	37	74.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++	24	68.0%	67.3%
Quality of Care	Pneumonia Vaccination (% of adults ages 65+)	++++	17	73.4%	70.3%
	Dedicated Health Care Provider (% of adults ages 65+)	++++	19	94.3%	93.5%
	Hospice Care (% of Medicare decedents)	++++	17	51.2%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	36	38.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	40	1,838	1,582
BEHAVIORS*		++	33	-0.150	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++	27	21.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	7	8.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	39	33.6%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	20	24.1%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+	43	11.2%	8.9%
HEALTH OUTCOMES*		+	41	-0.488	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	7.4	8.4
	Excessive Drinking (% of adults ages 65+)	++++	14	6.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	34	8.5%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	16	16.0	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	42	2,387	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	++	40	30.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++	39	15.5%	14.5%
	High Health Status (% of adults ages 65+)†	++	39	39.4%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	29	48%	46%
	Obesity (% of adults ages 65+)	+	46	34.3%	29.3%
	Teeth Extractions (% of adults ages 65+)	+	42	17.6%	13.4%
OVERALL		++	35	-0.087	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

Iowa

State Health Department Website: idph.iowa.gov

Overall Rank:

21

Summary

Strengths:

- Low risk of social isolation
- Low percentage of older adults who avoided care due to cost
- Low prevalence of severe housing problems

Challenges:

- High prevalence of falls
- High percentage of low-care nursing home residents
- Low geriatric provider rate

Highlights:

EXCESSIVE DRINKING

▲36%

from 5.3% to 7.2% of adults ages 65+ between 2011 and 2020

FULL-MOUTH TEETH EXTRACTIONS

▼31%

from 17.3% to 11.9% of adults ages 65+ between 2012 and 2020

HIGH HEALTH STATUS

▲11%

from 42.0% to 46.7% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++	30	-0.011	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	17	304	399
	Food Insecurity (% of adults ages 60+)	+++++	3	7.9%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	11	7.4%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	—	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	44	47.7	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++	24	\$40	\$57
	High-speed Internet (% of households with adults ages 65+)	+	42	72.3%	78.0%
	Low-care Nursing Home Residents (% of residents)	+	42	20.7%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	8	34	—
	Volunteerism (% of adults ages 65+)	++	38	28.3%	31.6%
PHYSICAL ENVIRONMENT*		+++++	8	0.767	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	28	7.5	8.3
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	6	24.6%	32.7%
CLINICAL CARE*		+++++	10	0.492	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	5	2.9%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	44	18.0	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	26	38.7	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++	21	78.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	++++	18	69.1%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++++	8	75.0%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	12	94.9%	93.5%
	Hospice Care (% of Medicare decedents)	+++++	7	56.2%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	22	46.9%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	13	1,234	1,582
BEHAVIORS*		+++	25	0.064	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++	31	21.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	30	6.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	37	32.9%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++++	10	22.7%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	13	7.7%	8.9%
HEALTH OUTCOMES*		+++	21	0.188	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	4.5	8.4
	Excessive Drinking (% of adults ages 65+)	+++	21	7.2%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	14	6.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	15	15.8	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	31	2,084	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.9	1.6
Physical Health	Falls (% of adults ages 65+)	++	36	29.8%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	12	12.4%	14.5%
	High Health Status (% of adults ages 65+)†	++++	20	46.7%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	20	42%	46%
	Obesity (% of adults ages 65+)	++	35	31.8%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	18	11.9%	13.4%
OVERALL		+++	21	0.193	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Kansas

State Health Department Website: kdheks.gov

Overall Rank:

27

Summary

Strengths:

- Low prevalence of excessive drinking
- Low prevalence of insufficient sleep
- Low percentage of older adults who avoided care due to cost

Challenges:

- High prevalence of falls
- High percentage of low-care nursing home residents
- Low geriatric provider rate

Highlights:

FULL-MOUTH TEETH EXTRACTIONS

▼34%

from 18.8% to 12.4% of adults ages 65+ between 2012 and 2020

EARLY DEATHS

▲14%

from 1,922 to 2,192 deaths per 100,000 adults ages 65-74 between 2019 and 2020

HIGH HEALTH STATUS

▲13%

from 39.7% to 45.0% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	34	-0.196	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	32	425	399
	Food Insecurity (% of adults ages 60+)	++	40	15.0%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	7	7.2%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	1.9	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	45	46.4	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++	27	\$35	\$57
	High-speed Internet (% of households with adults ages 65+)	+++	28	76.5%	78.0%
	Low-care Nursing Home Residents (% of residents)	+	47	26.0%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	20	45	—
	Volunteerism (% of adults ages 65+)	++++	14	36.4%	31.6%
PHYSICAL ENVIRONMENT*		+++	28	0.347	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	30	7.6	8.3
	Drinking Water Violations (% of community water systems)	+	41	1.7%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	16	27.0%	32.7%
CLINICAL CARE*		+++	22	0.180	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	2	2.8%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	40	19.9	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	17	49.7	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++	38	74.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++	27	67.4%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++++	15	73.9%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	29	93.4%	93.5%
	Hospice Care (% of Medicare decedents)	++++	12	53.3%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	21	47.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	23	1,448	1,582
BEHAVIORS*		++++	20	0.160	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++	30	21.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	19	8.1%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	23	29.9%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	12	23.1%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++	24	9.4%	8.9%
HEALTH OUTCOMES*		+++	28	0.100	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)*	—	—	5.4	8.4
	Excessive Drinking (% of adults ages 65+)	++++	11	5.9%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	19	7.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	26	17.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	34	2,192	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.7	1.6
Physical Health	Falls (% of adults ages 65+)	++	33	29.4%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	23	13.6%	14.5%
	High Health Status (% of adults ages 65+)*	+++	29	45.0%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	23	44%	46%
	Obesity (% of adults ages 65+)	++	31	31.1%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++	21	12.4%	13.4%
OVERALL		+++	27	0.052	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

Kentucky

State Health Department Website: chfs.ky.gov/agencies/dph

Overall Rank:

48

Summary

Strengths:

- Low prevalence of excessive drinking
- High percentage of older adults with a dedicated health care provider
- Low prevalence of severe housing problems

Challenges:

- High prevalence of frequent physical distress
- High prevalence of full-mouth teeth extractions
- High prevalence of smoking

Highlights:

LOW-CARE NURSING HOME RESIDENTS

▲122%

from 5.8% to 12.9% of residents between 2019 and 2020

DRUG DEATHS

▲64%

from 5.3 to 8.7 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

PNEUMONIA VACCINATION

▲11%

from 65.6% to 72.9% of adults ages 65+ between 2012 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+	46	-0.895	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	11	259	399
	Food Insecurity (% of adults ages 60+)	+	46	17.7%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+	46	11.6%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	1.7	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	43	49.4	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++	38	\$26	\$57
	High-speed Internet (% of households with adults ages 65+)	+	43	71.8%	78.0%
	Low-care Nursing Home Residents (% of residents)	++++	19	12.9%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	46	84	—
	Volunteerism (% of adults ages 65+)	+	47	25.7%	31.6%
PHYSICAL ENVIRONMENT*		++++	13	0.637	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	33	7.8	8.3
	Drinking Water Violations (% of community water systems)	++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	10	25.7%	32.7%
CLINICAL CARE*		++	37	-0.281	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	32	4.3%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	42	18.9	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	41	30.7	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++++	18	78.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++	21	68.7%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++++	20	72.9%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	7	95.6%	93.5%
	Hospice Care (% of Medicare decedents)	+	44	43.5%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	43	33.9%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	49	2,345	1,582
BEHAVIORS*		+	50	-1.856	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+	50	10.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+	50	3.5%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	45	37.0%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	49	32.8%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+	48	13.0%	8.9%
HEALTH OUTCOMES*		+	48	-0.907	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	8.7	8.4
	Excessive Drinking (% of adults ages 65+)	++++	7	5.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	48	10.3%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	35	19.5	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	45	2,611	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.2	1.6
Physical Health	Falls (% of adults ages 65+)	+	41	30.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+	49	21.4%	14.5%
	High Health Status (% of adults ages 65+)†	+	46	35.0%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+	44	53%	46%
	Obesity (% of adults ages 65+)	++++	19	28.4%	29.3%
	Teeth Extractions (% of adults ages 65+)	+	50	22.4%	13.4%
OVERALL		+	48	-0.891	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

Louisiana

State Health Department Website: ldh.la.gov

Overall Rank:

49

Summary

Strengths:

- Low suicide rate
- High percentage of older adults with a dedicated health care provider
- Low prevalence of severe housing problems

Challenges:

- High prevalence of obesity
- High risk of social isolation
- High prevalence of physical inactivity

Highlights:

FREQUENT PHYSICAL DISTRESS

▼28%

from 22.6% to 16.2% of adults ages 65+ between 2017 and 2020

HIGH HEALTH STATUS

▲24%

from 30.6% to 37.8% of adults ages 65+ between 2011 and 2020

EARLY DEATHS

▲23%

from 2,184 to 2,691 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+	48	-1.202	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	46	639	399
Economic Resources	Food Insecurity (% of adults ages 60+)	+	48	18.1%	12.6%
	Poverty (% of adults ages 65+)	+	48	13.2%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.5	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	36	55.4	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++++	16	\$54	\$57
	High-speed Internet (% of households with adults ages 65+)	+	46	71.1%	78.0%
	Low-care Nursing Home Residents (% of residents)	++	31	16.5%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	49	98	—
	Volunteerism (% of adults ages 65+)	++	40	27.6%	31.6%
PHYSICAL ENVIRONMENT*		+++	26	0.363	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	31	7.7	8.3
	Drinking Water Violations (% of community water systems)	+	42	1.8%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	12	26.1%	32.7%
CLINICAL CARE*		+	47	-0.505	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	45	5.4%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	47	16.0	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	18	47.2	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++++	18	78.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	+	41	64.4%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++	40	69.9%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	3	96.1%	93.5%
	Hospice Care (% of Medicare decedents)	+++	25	50.0%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	50	21.4%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	46	2,276	1,582
BEHAVIORS*		+	45	-1.108	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+	43	18.6%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+	44	5.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	48	38.8%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	46	29.7%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	37	10.3%	8.9%
HEALTH OUTCOMES*		+	49	-0.946	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	9.0	8.4
	Excessive Drinking (% of adults ages 65+)	+	45	8.8%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	44	9.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	18	16.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	47	2,691	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+++	28	28.5%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+	43	16.2%	14.5%
	High Health Status (% of adults ages 65+)†	+	44	37.8%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+	47	54%	46%
	Obesity (% of adults ages 65+)	+	49	36.2%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	40	17.2%	13.4%
OVERALL		+	49	-0.902	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Maine

State Health Department Website: maine.gov/dhhs

Overall Rank:

13

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low percentage of low-care nursing home residents
- High prevalence of cancer screenings

Challenges:

- High suicide rate
- High prevalence of full-mouth teeth extractions
- Low level of community support expenditures

Highlights:

SMOKING

▲46%

from 6.1% to 8.9% of adults ages 65+ between 2014 and 2020

FREQUENT PHYSICAL DISTRESS

▼25%

from 16.3% to 12.3% of adults ages 65+ between 2018 and 2020

FLU VACCINATION

▲17%

from 61.6% to 72.3% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++++	9	0.538	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	1	109	399
	Food Insecurity (% of adults ages 60+)	++	33	13.7%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++	25	8.5%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	—	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	17	85.5	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++	36	\$28	\$57
	High-speed Internet (% of households with adults ages 65+)	+++	27	76.6%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++++	2	4.4%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	16	43	—
	Volunteerism (% of adults ages 65+)	+++++	5	40.9%	31.6%
PHYSICAL ENVIRONMENT*		+++++	5	0.910	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	6	5.0	8.3
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	31	30.6%	32.7%
CLINICAL CARE*		+++++	2	0.818	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	8	3.1%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	25	27.2	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	13	56.2	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++++	3	81.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++++	5	72.3%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++	21	72.7%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	22	94.1%	93.5%
	Hospice Care (% of Medicare decedents)	++++	16	51.4%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	3	62.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	12	1,199	1,582
BEHAVIORS*		+++	27	-0.010	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++	40	19.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	13	8.4%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	26	30.4%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	29	25.6%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++	22	8.9%	8.9%
HEALTH OUTCOMES*		+++	26	0.126	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	5.3	8.4
	Excessive Drinking (% of adults ages 65+)	++	37	8.1%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	27	8.0%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	41	21.9	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	13	1,759	2,072
	Early Death Racial Disparity (ratio)†	—	—	—	1.6
Physical Health	Falls (% of adults ages 65+)	++	31	29.1%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	11	12.3%	14.5%
	High Health Status (% of adults ages 65+)†	+++++	8	50.2%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	11	37%	46%
	Obesity (% of adults ages 65+)	++++	14	27.3%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	39	16.8%	13.4%
OVERALL		+++++	13	0.400	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Maryland

State Health Department Website: health.maryland.gov

Overall Rank:

9

Summary

Strengths:

- Low prevalence of frequent physical distress
- Low percentage of low-care nursing home residents
- Low prevalence of smoking

Challenges:

- Low volunteerism rate
- Low home health care worker rate
- High prevalence of severe housing problems

Highlights:

DRUG DEATHS

 **323%**

from 3.5 to 14.8 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FULL-MOUTH TEETH EXTRACTIONS

 **38%**

from 14.5% to 9.0% of adults ages 65+ between 2012 and 2020

HIGH HEALTH STATUS

 **15%**

from 42.7% to 49.2% of adults ages 65+ between 2018 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	13	0.397	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	28	400	399
	Food Insecurity (% of adults ages 60+)	++++	14	10.1%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	18	7.8%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.9	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++	38	\$26	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	12	81.3%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++++	5	8.8%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	24	51	—
	Volunteerism (% of adults ages 65+)	++	33	29.8%	31.6%
PHYSICAL ENVIRONMENT*		+++	29	0.340	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	15	6.7	8.3
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	38	34.6%	32.7%
CLINICAL CARE*		+++++	5	0.605	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	14	3.5%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	5	43.8	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	39	33.1	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++++	10	79.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++++	5	72.3%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++++	6	75.1%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	1	96.3%	93.5%
	Hospice Care (% of Medicare decedents)	++	34	47.6%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	20	47.7%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	30	1,618	1,582
BEHAVIORS*		++++	12	0.516	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++	21	24.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	17	8.2%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	14	27.3%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	24	25.3%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++++	5	7.0%	8.9%
HEALTH OUTCOMES*		++++	12	0.428	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	14.8	8.4
	Excessive Drinking (% of adults ages 65+)	++++	19	6.8%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	27	8.0%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	11	13.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	25	2,014	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	5	24.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++++	6	11.7%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++++	12	49.2%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	29	48%	46%
	Obesity (% of adults ages 65+)	+++	21	28.5%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++++	3	9.0%	13.4%
OVERALL		+++++	9	0.467	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Massachusetts

State Health Department Website: mass.gov/orgs/departments-of-public-health

Overall Rank:

10

Summary

Strengths:

- Low prevalence of obesity
- High prevalence of cancer screenings
- High flu vaccination rate

Challenges:

- High prevalence of excessive drinking
- High prevalence of insufficient sleep
- High prevalence of severe housing problems

Highlights:

DRUG DEATHS

▲155%

from 3.3 to 8.4 deaths per 100,000 adults ages 65+ between 2011-2013 and 2018-2020

SUICIDE

▲32%

from 7.4 to 9.8 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

FREQUENT PHYSICAL DISTRESS

▼27%

from 17.5% to 12.7% of adults ages 65+ between 2017 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++++	7	0.582	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	18	309	399
	Food Insecurity (% of adults ages 60+)	+++++	9	9.3%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++	33	9.1%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	4.7	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++++	1	\$267	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	16	79.9%	78.0%
	Low-care Nursing Home Residents (% of residents)	++++	13	11.2%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	34	61	—
	Volunteerism (% of adults ages 65+)	+++	22	33.2%	31.6%
PHYSICAL ENVIRONMENT*		++	40	-0.007	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	19	7.0	8.3
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	46	39.4%	32.7%
CLINICAL CARE*		+++++	3	0.759	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	32	4.3%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	1	57.4	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	4	91.2	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++++	1	84.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++++	1	75.6%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++++	3	75.8%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	3	96.1%	93.5%
	Hospice Care (% of Medicare decedents)	++	32	47.8%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	25	45.3%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	34	1,751	1,582
BEHAVIORS*		+++	26	-0.004	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++	38	19.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	20	7.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	19	28.8%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	41	28.5%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	11	7.4%	8.9%
HEALTH OUTCOMES*		+++++	7	0.541	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)*	—	—	8.4	8.4
	Excessive Drinking (% of adults ages 65+)	+	47	9.7%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	17	7.0%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	3	9.8	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++++	8	1,720	2,072
	Early Death Racial Disparity (ratio)*	—	—	1.3	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	9	25.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	15	12.7%	14.5%
	High Health Status (% of adults ages 65+)*	+++++	10	49.6%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	23	44%	46%
	Obesity (% of adults ages 65+)	+++++	5	24.9%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	15	11.5%	13.4%
OVERALL		+++++	10	0.460	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Michigan

State Health Department Website: michigan.gov/mdhhs

Overall Rank:

31

Summary

Strengths:

- High percentage of older adults with a dedicated health care provider
- High flu vaccination rate
- Low prevalence of physical inactivity

Challenges:

- High prevalence of frequent mental distress
- High prevalence of obesity
- High preventable hospitalization rate

Highlights:

FREQUENT MENTAL DISTRESS

▲61%

from 6.6% to 10.6% of adults ages 65+ between 2011 and 2020

AVOIDED CARE DUE TO COST

▼49%

from 7.2% to 3.7% of adults ages 65+ between 2016 and 2020

OBESITY

▲21%

from 29.5% to 35.6% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++	25	0.141	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	41	478	399
Economic Resources	Food Insecurity (% of adults ages 60+)	++++	16	10.5%	12.6%
	Poverty (% of adults ages 65+)	+++	24	8.4%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	3.3	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	19	80.3	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++	27	\$35	\$57
	High-speed Internet (% of households with adults ages 65+)	+++	24	77.0%	78.0%
	Low-care Nursing Home Residents (% of residents)	++++	18	12.3%	15.2%
	Risk of Social Isolation (index 1–100, adults ages 65+)	++	31	57	—
	Volunteerism (% of adults ages 65+)	++++	17	34.7%	31.6%
PHYSICAL ENVIRONMENT*		+++	25	0.390	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	36	7.9	8.3
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	24	29.3%	32.7%
CLINICAL CARE*		++++	15	0.292	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	16	3.7%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	13	34.9	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	29	37.8	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65–75)	++++	17	78.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	++++	9	71.7%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++	27	71.8%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	1	96.3%	93.5%
	Hospice Care (% of Medicare decedents)	++++	10	53.8%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	26	45.1%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65–74)	+	45	2,016	1,582
BEHAVIORS*		+++	30	-0.094	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++	25	23.2%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++	36	5.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	13	26.8%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	31	26.3%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	31	9.9%	8.9%
HEALTH OUTCOMES*		++	40	-0.457	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	9.9	8.4
	Excessive Drinking (% of adults ages 65+)	+++	24	7.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	50	10.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	19	16.2	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65–74)	++	35	2,221	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.9	1.6
Physical Health	Falls (% of adults ages 65+)	++	32	29.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	22	13.5%	14.5%
	High Health Status (% of adults ages 65+)†	+++	22	46.6%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65–74)	+++	29	48%	46%
	Obesity (% of adults ages 65+)	+	48	35.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++	26	13.0%	13.4%
OVERALL		++	31	-0.013	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1–10
+++	11–20
++	21–30
+	31–40
—	41–50

Minnesota

State Health Department Website: health.state.mn.us

Overall Rank:

3

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- High home health care worker rate
- Low prevalence of insufficient sleep

Challenges:

- High prevalence of excessive drinking
- Low level of community support expenditures
- Low percentage of older adults with a dedicated health care provider

Highlights:

DRUG DEATHS

▲194%

from 1.8 to 5.3 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

OBESITY

▲29%

from 23.7% to 30.6% of adults ages 65+ between 2011 and 2020

FULL-MOUTH TEETH EXTRACTIONS

▼27%

from 12.0% to 8.8% of adults ages 65+ between 2012 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	9	0.538	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	13	278	399
	Food Insecurity (% of adults ages 60+)	++++	1	5.8%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	11	7.4%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	3.3	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	34	57.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+	45	\$22	\$57
	High-speed Internet (% of households with adults ages 65+)	+++	23	77.4%	78.0%
	Low-care Nursing Home Residents (% of residents)	++	34	17.1%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	5	30	—
	Volunteerism (% of adults ages 65+)	++++	4	41.1%	31.6%
PHYSICAL ENVIRONMENT*		+++	22	0.433	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	16	6.8	8.3
	Drinking Water Violations (% of community water systems)	++	39	1.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	27	29.9%	32.7%
CLINICAL CARE*		++++	1	0.936	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	5	2.9%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	3	54.8	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	2	108.0	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++++	8	80.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	++++	18	69.1%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++	25	72.2%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	42	91.7%	93.5%
	Hospice Care (% of Medicare decedents)	++++	11	53.5%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	6	59.5%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	14	1,248	1,582
BEHAVIORS*		++++	5	0.888	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	13	26.7%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	15	8.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	3	24.8%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	2	20.0%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	18	8.5%	8.9%
HEALTH OUTCOMES*		++++	3	0.667	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	5.3	8.4
	Excessive Drinking (% of adults ages 65+)	++	37	8.1%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	5	6.2%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	8	13.3	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	5	1,667	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	2.2	1.6
Physical Health	Falls (% of adults ages 65+)	+++	30	28.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	4	11.6%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++++	5	51.7%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	7	35%	46%
	Obesity (% of adults ages 65+)	+++	29	30.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	2	8.8%	13.4%
OVERALL		++++	3	0.715	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

Mississippi

State Health Department Website: msdh.ms.gov

Overall Rank:

50

Summary

Strengths:

- Low prevalence of excessive drinking
- Low prevalence of falls
- Low prevalence of severe housing problems

Challenges:

- High early death rate
- High risk of social isolation
- High prevalence of physical inactivity

Highlights:

EARLY DEATHS

▲22%

from 2,481 to 3,024
deaths per 100,000
adults ages 65-74
between 2019 and 2020

FLU VACCINATION

▲20%

from 55.1% to 66.1% of
adults ages 65+ between
2017 and 2020

FALLS

▼17%

from 31.5% to 26.2% of
adults ages 65+ between
2016 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+	50	-1.281	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	14	291	399
	Food Insecurity (% of adults ages 60+)	+	50	19.8%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+	48	13.2%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	4.1	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	41	50.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++	38	\$26	\$57
	High-speed Internet (% of households with adults ages 65+)	+	50	63.8%	78.0%
	Low-care Nursing Home Residents (% of residents)	++	34	17.1%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	50	100	—
	Volunteerism (% of adults ages 65+)	+	46	25.9%	31.6%
PHYSICAL ENVIRONMENT*		+	44	-0.180	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	38	8.1	8.3
	Drinking Water Violations (% of community water systems)	+	48	6.3%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	8	25.2%	32.7%
CLINICAL CARE*		+	49	-0.747	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	49	5.8%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	28	26.2	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	33	37.1	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++	36	74.7%	75.9%
	Flu Vaccination (% of adults ages 65+)	++	32	66.1%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+	43	66.6%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	27	93.6%	93.5%
	Hospice Care (% of Medicare decedents)	+	41	45.2%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	49	26.8%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	47	2,321	1,582
BEHAVIORS*		+	47	-1.198	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+	49	13.4%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+	45	5.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	46	38.2%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	36	26.8%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	40	10.7%	8.9%
HEALTH OUTCOMES*		+	43	-0.539	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	4.8	8.4
	Excessive Drinking (% of adults ages 65+)	+++++	3	4.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	39	8.8%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	27	17.3	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	50	3,024	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.4	1.6
Physical Health	Falls (% of adults ages 65+)	++++	14	26.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++	36	15.4%	14.5%
	High Health Status (% of adults ages 65+)†	+	49	32.6%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+	44	53%	46%
	Obesity (% of adults ages 65+)	+	44	33.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	+	47	20.0%	13.4%
OVERALL		+	50	-0.917	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Missouri

State Health Department Website: health.mo.gov

Overall Rank:

42

Summary

Strengths:

- Low prevalence of excessive drinking
- High home health care worker rate
- Low prevalence of severe housing problems

Challenges:

- High prevalence of frequent physical distress
- High percentage of low-care nursing home residents
- High prevalence of smoking

Highlights:

DRUG DEATHS

▲186%

from 2.9 to 8.3 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FULL-MOUTH TEETH EXTRACTIONS

▼29%

from 24.9% to 17.7% of adults ages 65+ between 2012 and 2020

GERIATRIC PROVIDERS

▲26%

from 24.4 to 30.8 per 100,000 adults ages 65+ between September 2018 and September 2021

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+	41	-0.446	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	45	543	399
Economic Resources	Food Insecurity (% of adults ages 60+)	+++	27	12.9%	12.6%
	Poverty (% of adults ages 65+)	+++	30	8.9%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.1	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	32	58.2	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++	22	\$44	\$57
	High-speed Internet (% of households with adults ages 65+)	++	38	74.7%	78.0%
	Low-care Nursing Home Residents (% of residents)	+	49	31.3%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	32	58	—
	Volunteerism (% of adults ages 65+)	+++	22	33.2%	31.6%
PHYSICAL ENVIRONMENT*		++++	17	0.560	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	28	7.5	8.3
	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	20	27.6%	32.7%
CLINICAL CARE*		+++	29	0.005	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	25	4.1%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	20	30.8	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	10	67.5	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++	29	76.8%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++	29	67.0%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++++	19	73.1%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	35	92.9%	93.5%
	Hospice Care (% of Medicare decedents)	+++	24	50.2%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	41	35.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	36	1,814	1,582
BEHAVIORS*		+	44	-0.930	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+	45	15.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+	49	3.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	34	32.6%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	23	25.2%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+	42	11.1%	8.9%
HEALTH OUTCOMES*		+	42	-0.524	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	8.3	8.4
	Excessive Drinking (% of adults ages 65+)	++++	18	6.7%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	34	8.5%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	33	19.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	41	2,378	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+	41	30.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+	44	16.7%	14.5%
	High Health Status (% of adults ages 65+)†	++	35	41.8%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	28	47%	46%
	Obesity (% of adults ages 65+)	++	31	31.1%	29.3%
	Teeth Extractions (% of adults ages 65+)	+	43	17.7%	13.4%
OVERALL		+	42	-0.422	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

Montana

State Health Department Website: dphhs.mt.gov

Overall Rank:

20

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low preventable hospitalization rate
- Low prevalence of physical inactivity

Challenges:

- High suicide rate
- High percentage of low-care nursing home residents
- Low percentage of older adults with a dedicated health care provider

Highlights:

SUICIDE

▲38%

from 22.3 to 30.7 deaths per 100,000 adults ages 65+ between 2011-2013 and 2018-2020

FULL-MOUTH TEETH EXTRACTIONS

▼29%

from 18.1% to 12.9% of adults ages 65+ between 2012 and 2020

HOME HEALTH CARE WORKERS

▲13%

from 32.5 to 36.8 aides per 1,000 adults ages 65+ between 2019 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++	27	0.098	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	40	470	399
	Food Insecurity (% of adults ages 60+)	++++	11	9.4%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++	26	8.6%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.9	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	33	57.9	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++++	12	\$74	\$57
	High-speed Internet (% of households with adults ages 65+)	+++	24	77.0%	78.0%
	Low-care Nursing Home Residents (% of residents)	+	45	24.8%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	10	37	—
	Volunteerism (% of adults ages 65+)	++++	11	37.9%	31.6%
PHYSICAL ENVIRONMENT*		+++++	4	0.987	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	8	5.5	8.3
	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	18	27.4%	32.7%
CLINICAL CARE*		++	32	-0.127	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	13	3.4%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	45	17.8	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	34	36.8	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++	38	74.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	+	42	64.2%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++	39	70.4%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	47	89.6%	93.5%
	Hospice Care (% of Medicare decedents)	++	38	45.6%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	13	50.4%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	5	940	1,582
BEHAVIORS*		+++++	10	0.578	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++++	5	28.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	28	7.1%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	7	25.4%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++++	5	21.2%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	35	10.2%	8.9%
HEALTH OUTCOMES*		+++	25	0.135	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	6.6	8.4
	Excessive Drinking (% of adults ages 65+)	+	44	8.7%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	17	7.0%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	49	30.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	17	1,907	2,072
	Early Death Racial Disparity (ratio)†	—	—	2.7	1.6
Physical Health	Falls (% of adults ages 65+)	++	39	29.9%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	26	14.1%	14.5%
	High Health Status (% of adults ages 65+)†	+++++	7	51.2%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++++	3	30%	46%
	Obesity (% of adults ages 65+)	++++	13	27.2%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++	23	12.9%	13.4%
OVERALL		+++++	20	0.203	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Nebraska

State Health Department Website: dhhs.ne.gov

Overall Rank:

11

Summary

Strengths:

- Low prevalence of frequent mental distress
- High pneumonia vaccination rate
- Low prevalence of insufficient sleep

Challenges:

- High prevalence of obesity
- Low SNAP participation among older adults in poverty
- Low prevalence of cancer screenings

Highlights:

LOW-CARE NURSING HOME RESIDENTS

▲34%

from 12.6% to 16.9% of residents between 2019 and 2020

HIGH HEALTH STATUS

▲22%

from 40.2% to 48.9% of adults ages 65+ between 2011 and 2020

EARLY DEATHS

▲18%

from 1,686 to 1,993 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	18	0.338	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	22	334	399
	Food Insecurity (% of adults ages 60+)	+++++	7	9.0%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	20	8.1%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.1	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	39	52.3	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++++	13	\$66	\$57
	High-speed Internet (% of households with adults ages 65+)	++	36	74.9%	78.0%
	Low-care Nursing Home Residents (% of residents)	++	33	16.9%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	11	39	—
	Volunteerism (% of adults ages 65+)	+++++	3	41.3%	31.6%
PHYSICAL ENVIRONMENT*		+++++	6	0.890	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	11	6.2	8.3
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	15	26.9%	32.7%
CLINICAL CARE*		++++	11	0.452	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	8	3.1%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	35	23.5	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	32	37.2	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+	42	73.7%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++++	9	71.7%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++++	4	75.3%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	10	95.1%	93.5%
	Hospice Care (% of Medicare decedents)	++++	19	50.9%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	16	49.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	11	1,193	1,582
BEHAVIORS*		++++	13	0.504	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++	26	22.7%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	22	7.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	22	29.5%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++++	5	21.2%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++++	8	7.2%	8.9%
HEALTH OUTCOMES*		++++	15	0.377	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	3.3	8.4
	Excessive Drinking (% of adults ages 65+)	+++	21	7.2%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++++	5	6.2%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	13	15.3	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	24	1,993	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.7	1.6
Physical Health	Falls (% of adults ages 65+)	++++	19	27.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++++	8	11.9%	14.5%
	High Health Status (% of adults ages 65+)†	++++	14	48.9%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	16	40%	46%
	Obesity (% of adults ages 65+)	+	43	33.5%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++++	9	10.6%	13.4%
OVERALL		++++	11	0.431	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Nevada

State Health Department Website: dhhs.nv.gov

Overall Rank:

43

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- High SNAP participation among older adults in poverty
- High prevalence of cancer screenings

Challenges:

- High suicide rate
- High prevalence of frequent mental distress
- High prevalence of smoking

Highlights:

LOW-CARE NURSING HOME RESIDENTS

▲91%

from 8.2% to 15.7% of residents between 2018 and 2020

OBESITY

▲60%

from 18.1% to 28.9% of adults ages 65+ between 2011 and 2020

FLU VACCINATION

▲24%

from 50.0% to 61.8% of adults ages 65+ between 2012 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	35	-0.231	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	39	460	399
	Food Insecurity (% of adults ages 60+)	+	44	16.9%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++	36	9.5%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.0	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	15	91.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+	49	\$19	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	14	80.8%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++	28	15.7%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	28	52	—
	Volunteerism (% of adults ages 65+)	++	35	28.7%	31.6%
PHYSICAL ENVIRONMENT*		+	46	-0.293	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	48	9.3	8.3
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	40	35.9%	32.7%
CLINICAL CARE*		+	45	-0.435	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	37	4.6%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	24	27.9	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	43	28.9	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++	24	77.7%	75.9%
	Flu Vaccination (% of adults ages 65+)	+	47	61.8%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++	38	70.7%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	38	92.6%	93.5%
	Hospice Care (% of Medicare decedents)	++	31	48.5%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	++	38	37.5%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	28	1,566	1,582
BEHAVIORS*		+	43	-0.864	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++	33	20.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++	39	5.6%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	29	30.7%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	43	29.4%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+	49	13.4%	8.9%
HEALTH OUTCOMES*		+	44	-0.580	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	15.5	8.4
	Excessive Drinking (% of adults ages 65+)	+	42	8.5%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	48	10.3%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	48	30.4	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	36	2,234	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.4	1.6
Physical Health	Falls (% of adults ages 65+)	+++	25	28.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+	47	18.0%	14.5%
	High Health Status (% of adults ages 65+)†	+	45	36.9%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	20	42%	46%
	Obesity (% of adults ages 65+)	+++	22	28.9%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++	26	13.0%	13.4%
OVERALL		+	43	-0.489	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

New Hampshire

State Health Department Website: dhhs.nh.gov

Overall Rank:

6

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low risk of social isolation
- Low prevalence of physical inactivity

Challenges:

- High prevalence of excessive drinking
- Low SNAP participation among older adults in poverty
- High prevalence of severe housing problems

Highlights:

LOW-CARE NURSING HOME RESIDENTS

▲61%

from 11.4% to 18.4% of residents between 2018 and 2020

HOME HEALTH CARE WORKERS

▼26%

from 38.3 to 28.3 aides per 1,000 adults ages 65+ between 2016 and 2020

HIGH HEALTH STATUS

▲17%

from 47.8% to 55.8% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++++	3	0.802	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	2	146	399
	Food Insecurity (% of adults ages 60+)	+++++	2	6.4%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++++	2	6.2%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	—	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	47	42.3	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++++	10	\$81	\$57
	High-speed Internet (% of households with adults ages 65+)	+++++	5	82.9%	78.0%
	Low-care Nursing Home Residents (% of residents)	++	40	18.4%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	2	17	—
	Volunteerism (% of adults ages 65+)	+++	19	34.2%	31.6%
PHYSICAL ENVIRONMENT*		++++	18	0.537	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	2	4.3	8.3
	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	43	36.4%	32.7%
CLINICAL CARE*		++++	20	0.232	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	38	4.7%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	11	36.1	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	45	28.3	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++++	4	81.3%	75.9%
	Flu Vaccination (% of adults ages 65+)	++++	12	70.9%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++++	9	74.8%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	18	94.4%	93.5%
	Hospice Care (% of Medicare decedents)	++	33	47.7%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	35	41.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	22	1,378	1,582
BEHAVIORS*		+++++	7	0.726	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	11	27.2%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	11	8.5%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	2	24.3%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	19	23.9%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	19	8.6%	8.9%
HEALTH OUTCOMES*		++++	11	0.431	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	6.0	8.4
	Excessive Drinking (% of adults ages 65+)	+	48	10.2%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	14	6.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	31	18.9	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++++	3	1,637	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.0	1.6
Physical Health	Falls (% of adults ages 65+)	+++	28	28.5%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++++	9	12.1%	14.5%
	High Health Status (% of adults ages 65+)†	+++++	1	55.8%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	11	37%	46%
	Obesity (% of adults ages 65+)	+++++	8	25.9%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	12	11.0%	13.4%
OVERALL		+++++	6	0.567	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

New Jersey

State Health Department Website: nj.gov/health

Overall Rank:

29

Summary

Strengths:

- Low suicide rate
- Low prevalence of frequent physical distress
- Low prevalence of smoking

Challenges:

- Low pneumonia vaccination rate
- Low prevalence of exercise
- High prevalence of severe housing problems

Highlights:

EARLY DEATHS

▲30%

from 1,562 to 2,036 deaths per 100,000 adults ages 65-74 between 2019 and 2020

GERIATRIC PROVIDERS

▲22%

from 35.3 to 43.2 per 100,000 adults ages 65+ between September 2018 and September 2021

HIGH HEALTH STATUS

▲17%

from 41.0% to 47.8% of adults ages 65+ between 2017 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++	23	0.193	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	5	195	399
	Food Insecurity (% of adults ages 60+)	++++	17	10.6%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++	29	8.8%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	4.3	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	14	94.3	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++	22	\$44	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	15	80.4%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++	27	15.6%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	24	51	—
	Volunteerism (% of adults ages 65+)	+	41	27.2%	31.6%
PHYSICAL ENVIRONMENT*		+	50	-1.207	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	31	7.7	8.3
	Drinking Water Violations (% of community water systems)	+	49	8.9%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	50	44.7%	32.7%
CLINICAL CARE*		+	44	-0.399	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	41	4.9%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	6	43.2	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	31	37.5	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++	40	74.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	++	39	64.5%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+	49	62.5%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	33	93.1%	93.5%
	Hospice Care (% of Medicare decedents)	++	38	45.6%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	11	52.4%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	24	1,470	1,582
BEHAVIORS*		+++	28	-0.036	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+	44	17.6%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	11	8.5%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	26	30.4%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	42	28.6%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++++	3	6.7%	8.9%
HEALTH OUTCOMES*		++++	13	0.412	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	8.7	8.4
	Excessive Drinking (% of adults ages 65+)	+	41	8.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	25	7.9%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	1	9.4	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	28	2,036	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.9	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	6	25.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++++	4	11.6%	14.5%
	High Health Status (% of adults ages 65+) [‡]	+++	18	47.8%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	35	49%	46%
	Obesity (% of adults ages 65+)	++++	11	26.2%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++++	9	10.6%	13.4%
OVERALL		+++	29	0.013	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

New Mexico

State Health Department Website: nmhealth.org

Overall Rank:

41

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low prevalence of obesity
- Low percentage of older adults who avoided care due to cost

Challenges:

- High suicide rate
- High prevalence of falls
- High percentage of low-care nursing home residents

Highlights:

FREQUENT PHYSICAL DISTRESS

▼29%

from 21.1% to 14.9% of adults ages 65+ between 2018 and 2020

EARLY DEATHS

▲22%

from 1,694 to 2,073 deaths per 100,000 adults ages 65-74 between 2019 and 2020

FLU VACCINATION

▲16%

from 58.8% to 68.1% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+	49	-1.263	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	49	778	399
	Food Insecurity (% of adults ages 60+)	+	49	19.7%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+	50	13.5%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	3.2	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	31	60.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++++	14	\$62	\$57
	High-speed Internet (% of households with adults ages 65+)	+	47	70.8%	78.0%
	Low-care Nursing Home Residents (% of residents)	+	44	22.2%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	48	89	—
	Volunteerism (% of adults ages 65+)	+++	29	30.7%	31.6%
PHYSICAL ENVIRONMENT*		+++	21	0.447	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	9	6.1	8.3
	Drinking Water Violations (% of community water systems)	+	45	2.9%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	19	27.5%	32.7%
CLINICAL CARE*		+++	23	0.152	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	8	3.1%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	37	22.8	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	7	79.7	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+	45	71.7%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++	23	68.1%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++	24	72.4%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	46	89.9%	93.5%
	Hospice Care (% of Medicare decedents)	+++	26	49.6%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++	32	42.3%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	10	1,101	1,582
BEHAVIORS*		++	35	-0.214	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	16	25.2%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++	39	5.6%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	18	28.7%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	34	26.7%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	40	10.7%	8.9%
HEALTH OUTCOMES*		+++	29	0.038	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	11.6	8.4
	Excessive Drinking (% of adults ages 65+)	+++++	10	5.5%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	30	8.2%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	47	27.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	29	2,073	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	2.0	1.6
Physical Health	Falls (% of adults ages 65+)	+	48	33.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++	32	14.9%	14.5%
	High Health Status (% of adults ages 65+) [‡]	+++	26	45.8%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++++	10	36%	46%
	Obesity (% of adults ages 65+)	+++++	4	24.1%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++	23	12.9%	13.4%
OVERALL		+	41	-0.360	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

New York

State Health Department Website: health.ny.gov

Overall Rank:

32

Summary

Strengths:

- Low prevalence of obesity
- High home health care worker rate
- Low prevalence of smoking

Challenges:

- High risk of social isolation
- Low pneumonia vaccination rate
- High prevalence of insufficient sleep

Highlights:

EARLY DEATHS

▲33%

from 1,528 to 2,026 deaths per 100,000 adults ages 65-74 between 2019 and 2020

HIGH HEALTH STATUS

▲30%

from 35.0% to 45.5% of adults ages 65+ between 2011 and 2020

HOME HEALTH CARE WORKERS

▲29%

from 107.6 to 139.3 aides per 1,000 adults ages 65+ between 2016 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	37	-0.290	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	25	364	399
	Food Insecurity (% of adults ages 60+)	++	35	13.8%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+	47	12.0%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	3.7	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++++	6	\$107	\$57
	High-speed Internet (% of households with adults ages 65+)	+++	30	76.2%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++++	6	9.5%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	46	84	—
	Volunteerism (% of adults ages 65+)	+	48	25.3%	31.6%
PHYSICAL ENVIRONMENT*		++	39	-0.003	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	12	6.3	8.3
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	48	41.6%	32.7%
CLINICAL CARE*		++	39	-0.311	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	47	5.6%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	12	36.0	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	1	139.3	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++++	14	79.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	++	34	65.6%	67.3%
Quality of Care	Pneumonia Vaccination (% of adults ages 65+)	+	48	63.9%	70.3%
	Dedicated Health Care Provider (% of adults ages 65+)	++	40	92.3%	93.5%
	Hospice Care (% of Medicare decedents)	+	49	30.0%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	23	46.6%	41.2%
Preventable Hospitalizations	(discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	25	1,473	1,582
BEHAVIORS*		++++	17	0.280	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	20	24.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	4	10.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	31	32.3%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	43	29.4%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++++	4	6.8%	8.9%
HEALTH OUTCOMES*		++++	16	0.303	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	8.2	8.4
	Excessive Drinking (% of adults ages 65+)	++	32	7.9%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	42	9.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	2	9.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	26	2,026	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.8	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	8	25.1%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	25	13.8%	14.5%
	High Health Status (% of adults ages 65+) [‡]	+++	27	45.5%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	29	48%	46%
	Obesity (% of adults ages 65+)	+++++	2	23.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	19	12.0%	13.4%
OVERALL		++	32	-0.018	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

North Carolina

State Health Department Website: ncdhhs.gov

Overall Rank:

34

Summary

Strengths:

- Low percentage of low-care nursing home residents
- High prevalence of cancer screenings
- High flu vaccination rate

Challenges:

- High prevalence of frequent physical distress
- Low percentage of four- or five-star nursing home beds
- High prevalence of smoking

Highlights:

DRUG DEATHS

▲85%

from 3.4 to 6.3 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FULL-MOUTH TEETH EXTRACTIONS

▼25%

from 21.0% to 15.8% of adults ages 65+ between 2012 and 2020

FLU VACCINATION

▲14%

from 65.6% to 74.6% of adults ages 65+ between 2018 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++	29	-0.007	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	30	419	399
	Food Insecurity (% of adults ages 60+)	+	41	15.1%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++	33	9.1%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.8	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	24	75.9	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++	32	\$32	\$57
	High-speed Internet (% of households with adults ages 65+)	+++	29	76.3%	78.0%
	Low-care Nursing Home Residents (% of residents)	++++	11	10.7%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	30	55	—
	Volunteerism (% of adults ages 65+)	++++	13	36.6%	31.6%
PHYSICAL ENVIRONMENT*		+++++	10	0.663	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	14	6.6	8.3
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	25	29.5%	32.7%
CLINICAL CARE*		+++	24	0.087	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	35	4.4%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	23	28.5	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	38	34.6	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++++	5	80.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++++	2	74.6%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++++	17	73.4%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	19	94.3%	93.5%
	Hospice Care (% of Medicare decedents)	+++	28	49.2%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	45	30.4%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	41	1,850	1,582
BEHAVIORS*		++	38	-0.346	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+	42	19.1%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++	32	6.5%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	24	30.0%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	24	25.3%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	38	10.5%	8.9%
HEALTH OUTCOMES*		++	35	-0.207	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	6.3	8.4
	Excessive Drinking (% of adults ages 65+)	++++	15	6.4%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	30	8.2%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	14	15.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	32	2,093	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+++	27	28.4%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+	42	16.1%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++	32	43.5%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	29	48%	46%
	Obesity (% of adults ages 65+)	++	33	31.3%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	35	15.8%	13.4%
OVERALL		++	34	-0.072	—

* Value is a summation score. Higher scores are healthier.

‡ Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

North Dakota

State Health Department Website: health.nd.gov

Overall Rank:

22

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low percentage of older adults who avoided care due to cost
- Low prevalence of insufficient sleep

Challenges:

- Low SNAP participation among older adults in poverty
- Low percentage of older adults with a dedicated health care provider
- Low geriatric provider rate

Highlights:

EXCESSIVE DRINKING

▲50%

from 5.0% to 7.5% of adults ages 65+ between 2011 and 2020

FULL-MOUTH TEETH EXTRACTIONS

▼32%

from 17.1% to 11.7% of adults ages 65+ between 2012 and 2020

FLU VACCINATION

▲20%

from 57.5% to 69.2% of adults ages 65+ between 2018 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++	26	0.126	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	21	329	399
	Food Insecurity (% of adults ages 60+)	+++++	4	8.1%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	19	8.0%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	—	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	46	44.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++++	9	\$84	\$57
	High-speed Internet (% of households with adults ages 65+)	+	45	71.6%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++	25	15.4%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	18	44	—
	Volunteerism (% of adults ages 65+)	+++	26	32.4%	31.6%
PHYSICAL ENVIRONMENT*		+++++	1	1.353	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	4	4.8	8.3
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	3	23.1%	32.7%
CLINICAL CARE*		++	31	-0.113	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	2	2.8%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	49	13.0	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	15	50.4	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++	32	76.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	++++	16	69.2%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++	35	71.0%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	48	89.3%	93.5%
	Hospice Care (% of Medicare decedents)	+	48	31.0%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	19	47.9%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	17	1,298	1,582
BEHAVIORS*		++	36	-0.274	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++	37	20.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++	37	5.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	34	32.6%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++++	9	22.6%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++	29	9.8%	8.9%
HEALTH OUTCOMES*		+++++	6	0.555	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	—	8.4
	Excessive Drinking (% of adults ages 65+)	+++	27	7.5%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++++	1	4.8%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	6	12.0	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	21	1,945	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	3.5	1.6
Physical Health	Falls (% of adults ages 65+)	++++	12	26.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++++	10	12.2%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++	33	43.0%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	16	40%	46%
	Obesity (% of adults ages 65+)	++	37	32.1%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	17	11.7%	13.4%
OVERALL		+++	22	0.167	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Ohio

State Health Department Website: odh.ohio.gov

Overall Rank:

37

Summary

Strengths:

- High volunteerism rate
- High percentage of older adults with a dedicated health care provider
- High hospice care use

Challenges:

- High prevalence of obesity
- High preventable hospitalization rate
- High prevalence of smoking

Highlights:

DRUG DEATHS

▲157%

from 3.5 to 9.0 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FULL-MOUTH TEETH EXTRACTIONS

▼23%

from 20.3% to 15.6% of adults ages 65+ between 2012 and 2020

HOME HEALTH CARE WORKERS

▼11%

from 49.3 to 43.8 aides per 1,000 adults ages 65+ between 2018 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++	28	0.066	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	18	309	399
	Food Insecurity (% of adults ages 60+)	+++	25	12.5%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++	22	8.3%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.6	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	21	78.6	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++	33	\$30	\$57
	High-speed Internet (% of households with adults ages 65+)	++	32	75.7%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++	29	15.9%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	37	62	—
	Volunteerism (% of adults ages 65+)	++++	12	37.5%	31.6%
PHYSICAL ENVIRONMENT*		++	31	0.283	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.5	8.3
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	23	29.0%	32.7%
CLINICAL CARE*		+++	27	0.020	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	28	4.2%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	13	34.9	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	20	43.8	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++	28	77.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	++	37	64.8%	67.3%
Quality of Care	Pneumonia Vaccination (% of adults ages 65+)	+++	25	72.2%	70.3%
	Dedicated Health Care Provider (% of adults ages 65+)	++++	14	94.7%	93.5%
	Hospice Care (% of Medicare decedents)	+++++	6	56.7%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	40	36.8%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	42	1,885	1,582
BEHAVIORS*		+	42	-0.744	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++	35	20.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+	43	5.4%	7.3%
Sleep Health	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	42	35.2%	30.6%
	Insufficient Sleep (% of adults ages 65+)	+++	30	26.1%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+	43	11.2%	8.9%
HEALTH OUTCOMES*		++	38	-0.404	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	9.0	8.4
	Excessive Drinking (% of adults ages 65+)	+++	30	7.8%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	38	8.7%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	21	16.3	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	39	2,325	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+++	22	28.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++	34	15.1%	14.5%
	High Health Status (% of adults ages 65+)†	++	34	42.4%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	35	49%	46%
	Obesity (% of adults ages 65+)	++	39	32.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	34	15.6%	13.4%
OVERALL		++	37	-0.212	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Oklahoma

State Health Department Website: oklahoma.gov/health

Overall Rank:

46

Summary

Strengths:

- Low prevalence of excessive drinking
- High pneumonia vaccination rate
- Low prevalence of insufficient sleep

Challenges:

- High early death rate
- High percentage of low-care nursing home residents
- High prevalence of smoking

Highlights:

GERIATRIC PROVIDERS

▲37%

from 11.8 to 16.2 per 100,000 adults ages 65+ between September 2018 and September 2021

LOW-CARE NURSING HOME RESIDENTS

▲36%

from 20.8% to 28.3% of residents between 2019 and 2020

SUICIDE

▲34%

from 16.3 to 21.8 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+	45	-0.816	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	38	459	399
	Food Insecurity (% of adults ages 60+)	+	43	15.6%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++	37	9.7%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	4.0	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	28	63.6	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+	41	\$25	\$57
	High-speed Internet (% of households with adults ages 65+)	++	40	74.1%	78.0%
	Low-care Nursing Home Residents (% of residents)	+	48	28.3%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	42	73	—
	Volunteerism (% of adults ages 65+)	+	41	27.2%	31.6%
PHYSICAL ENVIRONMENT*		++	33	0.197	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	40	8.4	8.3
	Drinking Water Violations (% of community water systems)	+	44	2.4%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	7	24.9%	32.7%
CLINICAL CARE*		+	43	-0.398	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	39	4.8%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	46	16.2	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	44	28.4	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+	46	71.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	++++	14	69.4%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++++	6	75.1%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	33	93.1%	93.5%
	Hospice Care (% of Medicare decedents)	+++	22	50.4%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	44	31.8%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	44	1,996	1,582
BEHAVIORS*		+	46	-1.124	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+	47	14.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+	47	4.4%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	44	36.7%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	12	23.1%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+	46	12.6%	8.9%
HEALTH OUTCOMES*		+	45	-0.754	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	8.1	8.4
	Excessive Drinking (% of adults ages 65+)	+++++	6	4.9%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	44	9.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	40	21.8	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	49	2,781	2,072
	Early Death Racial Disparity (ratio)†	—	—	1.3	1.6
Physical Health	Falls (% of adults ages 65+)	++	33	29.4%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+	46	17.6%	14.5%
	High Health Status (% of adults ages 65+)†	+	41	39.1%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+	43	51%	46%
	Obesity (% of adults ages 65+)	+++	26	29.9%	29.3%
	Teeth Extractions (% of adults ages 65+)	+	45	19.2%	13.4%
OVERALL		+	46	-0.728	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Oregon

State Health Department Website: oregon.gov/oha/ph

Overall Rank:

12

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- Low percentage of low-care nursing home residents
- Low prevalence of physical inactivity

Challenges:

- High suicide rate
- High prevalence of frequent mental distress
- Low flu vaccination rate

Highlights:

DRUG DEATHS

 **102%**

from 4.5 to 9.1 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

GERIATRIC PROVIDERS

 **24%**

from 20.0 to 24.7 per 100,000 adults ages 65+ between September 2018 and September 2021

PNEUMONIA VACCINATION

 **12%**

from 80.9% to 70.9% of adults ages 65+ between 2017 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	5	0.668	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	15	292	399
	Food Insecurity (% of adults ages 60+)	++++	19	10.8%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	20	8.1%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.8	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++	25	\$38	\$57
	High-speed Internet (% of households with adults ages 65+)	+++++	7	82.7%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++++	7	9.7%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	20	45	—
	Volunteerism (% of adults ages 65+)	+++++	8	39.3%	31.6%
PHYSICAL ENVIRONMENT*		+	48	-0.317	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	47	9.2	8.3
	Drinking Water Violations (% of community water systems)	+++	30	0.3%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	41	36.2%	32.7%
CLINICAL CARE*		++++	17	0.275	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	23	4.0%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	32	24.7	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	24	40.7	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++	25	77.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	++	37	64.8%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++	36	70.9%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++	39	92.5%	93.5%
	Hospice Care (% of Medicare decedents)	++++	13	53.2%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	10	54.0%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	8	1,047	1,582
BEHAVIORS*		++++	8	0.672	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	14	26.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	7	8.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	7	25.4%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	17	23.4%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++	22	8.9%	8.9%
HEALTH OUTCOMES*		+++	23	0.151	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	9.1	8.4
	Excessive Drinking (% of adults ages 65+)	++	33	8.0%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	41	8.9%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	45	26.5	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++++	9	1,742	2,072
	Early Death Racial Disparity (ratio)†	—	—	2.2	1.6
Physical Health	Falls (% of adults ages 65+)	+++	24	28.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++	32	14.9%	14.5%
	High Health Status (% of adults ages 65+)†	++++	19	47.2%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++++	7	35%	46%
	Obesity (% of adults ages 65+)	+++++	6	25.5%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	14	11.3%	13.4%
OVERALL		++++	12	0.412	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Pennsylvania

State Health Department Website: health.pa.gov

Overall Rank:

30

Summary

Strengths:

- Low prevalence of excessive drinking
- High SNAP participation among older adults in poverty
- High home health care worker rate

Challenges:

- High prevalence of frequent physical distress
- High prevalence of physical inactivity
- High level of air pollution

Highlights:

DRUG DEATHS

▲149%

from 3.5 to 8.7 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

LOW-CARE NURSING HOME RESIDENTS

▲128%

from 5.8% to 13.2% of residents between 2018 and 2020

HOME HEALTH CARE WORKERS

▲33%

from 60.6 to 80.7 aides per 1,000 adults ages 65+ between 2016 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++	22	0.251	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	27	390	399
	Food Insecurity (% of adults ages 60+)	+++	22	11.5%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++	22	8.3%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	5.8	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++++	7	\$94	\$57
	High-speed Internet (% of households with adults ages 65+)	++	39	74.3%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++	21	13.2%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	33	59	—
	Volunteerism (% of adults ages 65+)	+++	21	33.5%	31.6%
PHYSICAL ENVIRONMENT*		++	36	0.043	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.5	8.3
	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	33	32.0%	32.7%
CLINICAL CARE*		++++	18	0.255	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	28	4.2%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	9	40.2	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	5	80.7	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++	23	78.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++	30	66.7%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++	33	71.4%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++++	10	95.1%	93.5%
	Hospice Care (% of Medicare decedents)	+++	27	49.3%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	34	42.0%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	31	1,677	1,582
BEHAVIORS*		++	40	-0.554	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++	29	21.7%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++	39	5.6%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	41	34.5%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	31	26.3%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	35	10.2%	8.9%
HEALTH OUTCOMES*		++	34	-0.100	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	8.7	8.4
	Excessive Drinking (% of adults ages 65+)	++++	12	6.1%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	25	7.9%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	19	16.2	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	30	2,074	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.8	1.6
Physical Health	Falls (% of adults ages 65+)	++++	19	27.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+	44	16.7%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++	36	41.5%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	35	49%	46%
	Obesity (% of adults ages 65+)	+++	24	29.4%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	32	14.6%	13.4%
OVERALL		+++	30	-0.007	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Rhode Island

State Health Department Website: health.ri.gov

Overall Rank:

18

Summary

Strengths:

- Low suicide rate
- High flu vaccination rate
- High geriatric provider rate

Challenges:

- Low volunteerism rate
- High prevalence of insufficient sleep
- High prevalence of severe housing problems

Highlights:

DRUG DEATHS

▲117%

from 5.4 to 11.7 deaths per 100,000 adults ages 65+ between 2010-2012 and 2018-2020

HIGH HEALTH STATUS

▲32%

from 36.9% to 48.8% of adults ages 65+ between 2011 and 2020

FREQUENT PHYSICAL DISTRESS

▼28%

from 17.4% to 12.5% of adults ages 65+ between 2018 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	33	-0.181	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	7	231	399
	Food Insecurity (% of adults ages 60+)	+++	24	12.4%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++	30	8.9%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	6.5	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+	42	\$24	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	20	78.0%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++	30	16.2%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	41	69	—
	Volunteerism (% of adults ages 65+)	+	50	22.5%	31.6%
PHYSICAL ENVIRONMENT*		++	37	0.040	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	19	7.0	8.3
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	45	38.6%	32.7%
CLINICAL CARE*		+++++	4	0.700	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	8	3.1%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	2	56.6	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	35	36.2	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++++	2	82.8%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++++	4	72.7%	67.3%
Quality of Care	Pneumonia Vaccination (% of adults ages 65+)	++++	14	74.2%	70.3%
	Dedicated Health Care Provider (% of adults ages 65+)	+++++	7	95.6%	93.5%
	Hospice Care (% of Medicare decedents)	+++++	5	57.5%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	27	44.8%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	26	1,474	1,582
BEHAVIORS*		++++	18	0.264	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	19	24.7%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	3	10.4%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	24	30.0%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	45	29.6%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	17	8.4%	8.9%
HEALTH OUTCOMES*		+++++	10	0.460	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	11.7	8.4
	Excessive Drinking (% of adults ages 65+)	+++	29	7.7%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	22	7.4%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++++	5	10.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	15	1,815	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.2	1.6
Physical Health	Falls (% of adults ages 65+)	+++++	6	25.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	14	12.5%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++++	15	48.8%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	35	49%	46%
	Obesity (% of adults ages 65+)	++++	12	26.4%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	15	11.5%	13.4%
OVERALL		+++++	18	0.255	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

South Carolina

State Health Department Website: scdhec.gov

Overall Rank:

36

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low percentage of low-care nursing home residents
- High prevalence of cancer screenings

Challenges:

- High prevalence of multiple chronic conditions
- Low level of community support expenditures
- Low home health care worker rate

Highlights:

GERIATRIC PROVIDERS

▲24%

from 21.1 to 26.1 per 100,000 adults ages 65+ between September 2018 and September 2021

EARLY DEATHS

▲17%

from 1,916 to 2,241 deaths per 100,000 adults ages 65-74 between 2019 and 2020

HIGH HEALTH STATUS

▲17%

from 34.7% to 40.7% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	38	-0.292	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	44	531	399
	Food Insecurity (% of adults ages 60+)	++	31	13.4%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++	39	10.1%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	3.1	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	40	50.3	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+	47	\$21	\$57
	High-speed Internet (% of households with adults ages 65+)	+++	26	76.8%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++++	3	7.9%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++	28	52	—
	Volunteerism (% of adults ages 65+)	++	35	28.7%	31.6%
PHYSICAL ENVIRONMENT*		++++	11	0.647	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	21	7.1	8.3
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	21	28.0%	32.7%
CLINICAL CARE*		++	33	-0.148	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	42	5.0%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	29	26.1	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	42	29.0	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++++	20	78.3%	75.9%
	Flu Vaccination (% of adults ages 65+)	++	34	65.6%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++	23	72.5%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	30	93.3%	93.5%
	Hospice Care (% of Medicare decedents)	+++	21	50.8%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	31	42.6%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	27	1,524	1,582
BEHAVIORS*		++	34	-0.164	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++	23	23.4%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	27	7.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	37	32.9%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	26	25.4%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	33	10.0%	8.9%
HEALTH OUTCOMES*		++	36	-0.287	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)*	—	—	7.7	8.4
	Excessive Drinking (% of adults ages 65+)	++	33	8.0%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	19	7.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	24	16.9	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	37	2,241	2,072
	Early Death Racial Disparity (ratio)*	—	—	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	+++	21	27.7%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++	36	15.4%	14.5%
	High Health Status (% of adults ages 65+)*	++	37	40.7%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	40	50%	46%
	Obesity (% of adults ages 65+)	++	35	31.8%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	36	15.9%	13.4%
OVERALL		++	36	-0.189	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

South Dakota

State Health Department Website: doh.sd.gov

Overall Rank:

17

Summary

Strengths:

- Low prevalence of frequent mental distress
- High pneumonia vaccination rate
- Low prevalence of insufficient sleep

Challenges:

- High prevalence of falls
- Low geriatric provider rate
- Low home health care worker rate

Highlights:

HIGH HEALTH STATUS

▲23%

from 38.0% to 46.7% of adults ages 65+ between 2011 and 2020

HOME HEALTH CARE WORKERS

▼23%

from 25.6 to 19.7 aides per 1,000 adults ages 65+ between 2017 and 2020

EARLY DEATHS

▲21%

from 1,619 to 1,953 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	19	0.327	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	43	501	399
	Food Insecurity (% of adults ages 60+)	++++	7	9.0%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	16	7.7%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.4	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	35	56.9	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++++	11	\$77	\$57
	High-speed Internet (% of households with adults ages 65+)	++	36	74.9%	78.0%
	Low-care Nursing Home Residents (% of residents)	+	41	18.7%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	11	39	—
	Volunteerism (% of adults ages 65+)	++++	2	42.2%	31.6%
PHYSICAL ENVIRONMENT*		+++++	3	1.260	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	7	5.1	8.3
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	5	24.5%	32.7%
CLINICAL CARE*		++++	16	0.284	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++++	7	3.0%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	50	12.7	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	49	19.7	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++++	9	79.7%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++++	8	72.0%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++++	1	76.4%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	16	94.5%	93.5%
	Hospice Care (% of Medicare decedents)	+	45	43.2%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	+++	29	44.1%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	18	1,308	1,582
BEHAVIORS*		+++	21	0.156	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++	35	20.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++	34	6.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	20	29.2%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++++	1	18.2%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++	27	9.5%	8.9%
HEALTH OUTCOMES*		+++	23	0.151	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	—	8.4
	Excessive Drinking (% of adults ages 65+)	++	33	8.0%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++++	2	5.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	23	16.7	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	22	1,953	2,072
	Early Death Racial Disparity (ratio)†	—	—	3.6	1.6
Physical Health	Falls (% of adults ages 65+)	+	48	33.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	12	12.4%	14.5%
	High Health Status (% of adults ages 65+)†	++++	20	46.7%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	13	38%	46%
	Obesity (% of adults ages 65+)	++	38	32.4%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++	30	13.8%	13.4%
OVERALL		+++++	17	0.287	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Tennessee

State Health Department Website: tn.gov/health

Overall Rank:

39

Summary

Strengths:

- Low percentage of low-care nursing home residents
- Low prevalence of excessive drinking
- Low prevalence of insufficient sleep

Challenges:

- High early death rate
- High prevalence of full-mouth teeth extractions
- High prevalence of smoking

Highlights:

GERIATRIC PROVIDERS

▲27%

from 19.4 to 24.7 per 100,000 adults ages 65+ between September 2018 and September 2021

SUICIDE

▲26%

from 16.8 to 21.1 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

HIGH HEALTH STATUS

▲21%

from 32.6% to 39.4% of adults ages 65+ between 2017 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	40	-0.407	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+	48	673	399
	Food Insecurity (% of adults ages 60+)	++	33	13.7%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++	37	9.7%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.2	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	27	64.6	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+	44	\$23	\$57
	High-speed Internet (% of households with adults ages 65+)	+	41	73.7%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++++	4	8.6%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	40	67	—
	Volunteerism (% of adults ages 65+)	++	32	30.2%	31.6%
PHYSICAL ENVIRONMENT*		+++++	9	0.680	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	23	7.2	8.3
	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	11	25.9%	32.7%
CLINICAL CARE*		++	40	-0.349	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	39	4.8%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	32	24.7	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+	48	22.5	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++	21	78.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	+	46	62.1%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++++	15	73.9%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	24	93.9%	93.5%
	Hospice Care (% of Medicare decedents)	+	42	44.9%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	39	37.4%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	35	1,762	1,582
BEHAVIORS*		++	36	-0.274	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++	33	20.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	9	8.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	31	32.3%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	15	23.3%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+	50	14.0%	8.9%
HEALTH OUTCOMES*		++	39	-0.446	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)*	—	—	9.3	8.4
	Excessive Drinking (% of adults ages 65+)	+++++	3	4.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	29	8.1%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	39	21.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	43	2,563	2,072
	Early Death Racial Disparity (ratio)*	—	—	1.3	1.6
Physical Health	Falls (% of adults ages 65+)	++	35	29.5%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++	40	15.8%	14.5%
	High Health Status (% of adults ages 65+)*	++	39	39.4%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++	40	50%	46%
	Obesity (% of adults ages 65+)	+++	27	30.3%	29.3%
	Teeth Extractions (% of adults ages 65+)	+	45	19.2%	13.4%
OVERALL		++	39	-0.324	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Texas

State Health Department Website: dshs.state.tx.us

Overall Rank:

38

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low prevalence of frequent physical distress
- High home health care worker rate

Challenges:

- High prevalence of obesity
- High prevalence of food insecurity
- High percentage of older adults who avoided care due to cost

Highlights:

OBESITY

▲24%

from 26.3% to 32.6% of adults ages 65+ between 2011 and 2020

EARLY DEATHS

▲22%

from 1,857 to 2,268 deaths per 100,000 adults ages 65-74 between 2019 and 2020

GERIATRIC PROVIDERS

▲15%

from 29.1 to 33.4 per 100,000 adults ages 65+ between September 2018 and September 2021

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+	44	-0.587	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++	36	447	399
	Food Insecurity (% of adults ages 60+)	+	47	17.8%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+	44	10.6%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	5.4	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	25	68.7	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+	45	\$22	\$57
	High-speed Internet (% of households with adults ages 65+)	+++	21	77.8%	78.0%
	Low-care Nursing Home Residents (% of residents)	++	36	17.2%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++	34	61	—
	Volunteerism (% of adults ages 65+)	++	37	28.4%	31.6%
PHYSICAL ENVIRONMENT*		++	34	0.093	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.5	8.3
	Drinking Water Violations (% of community water systems)	++	38	0.8%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	30	30.4%	32.7%
CLINICAL CARE*		++	35	-0.210	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+	43	5.2%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	15	33.4	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++++	6	79.9	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+++	27	77.3%	75.9%
	Flu Vaccination (% of adults ages 65+)	++	39	64.5%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++	37	70.8%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	44	91.0%	93.5%
	Hospice Care (% of Medicare decedents)	++++	15	52.8%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	+	46	29.1%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	33	1,713	1,582
BEHAVIORS*		+++	24	0.080	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++	22	23.6%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++++	13	8.4%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++	33	32.4%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++	36	26.8%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	16	8.2%	8.9%
HEALTH OUTCOMES*		++	32	-0.074	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	6.5	8.4
	Excessive Drinking (% of adults ages 65+)	++	33	8.0%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	11	6.5%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	22	16.5	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++	38	2,268	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.4	1.6
Physical Health	Falls (% of adults ages 65+)	+++	25	28.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	18	13.0%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++	38	39.9%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	29	48%	46%
	Obesity (% of adults ages 65+)	++	39	32.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++	28	13.3%	13.4%
OVERALL		++	38	-0.216	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Utah

State Health Department Website: health.utah.gov

Overall Rank:

1

Summary

Strengths:

- Low prevalence of excessive drinking
- Low risk of social isolation
- Low prevalence of smoking

Challenges:

- High prevalence of falls
- Low SNAP participation among older adults in poverty
- Low geriatric provider rate

Highlights:

LOW-CARE NURSING HOME RESIDENTS

▲181%

from 3.6% to 10.1% of residents between 2019 and 2020

DRUG DEATHS

▲100%

from 5.6 to 11.2 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

HIGH HEALTH STATUS

▲14%

from 42.3% to 48.2% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++++	1	0.959	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	12	261	399
	Food Insecurity (% of adults ages 60+)	++++	19	10.8%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++++	2	6.2%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	4.2	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	48	39.7	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++++	19	\$50	\$57
	High-speed Internet (% of households with adults ages 65+)	+++++	1	86.0%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++++	8	10.1%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	1	1	—
	Volunteerism (% of adults ages 65+)	+++++	1	44.6%	31.6%
PHYSICAL ENVIRONMENT*		++++	16	0.563	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++	36	7.9	8.3
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++++	14	26.6%	32.7%
CLINICAL CARE*		+++++	8	0.575	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	23	4.0%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++	39	20.7	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	27	38.6	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++	34	75.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++	22	68.5%	67.3%
Quality of Care	Pneumonia Vaccination (% of adults ages 65+)	++++	13	74.5%	70.3%
	Dedicated Health Care Provider (% of adults ages 65+)	+++	22	94.1%	93.5%
	Hospice Care (% of Medicare decedents)	+++++	1	60.5%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	7	58.0%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	4	894	1,582
BEHAVIORS*		+++++	4	0.928	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	12	27.0%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++	31	6.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	4	24.9%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	11	23.0%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++++	1	3.4%	8.9%
HEALTH OUTCOMES*		+++++	4	0.587	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	11.2	8.4
	Excessive Drinking (% of adults ages 65+)	+++++	1	2.7%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++	23	7.5%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	31	18.9	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++++	6	1,681	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	2.9	1.6
Physical Health	Falls (% of adults ages 65+)	++	36	29.8%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	15	12.7%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++++	16	48.2%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	14	39%	46%
	Obesity (% of adults ages 65+)	++++	19	28.4%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++++	7	9.7%	13.4%
OVERALL		+++++	1	0.763	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Vermont

State Health Department Website: healthvermont.gov

Overall Rank:

2

Summary

Strengths:

- Low early death rate
- Low prevalence of multiple chronic conditions
- High level of community support expenditures

Challenges:

- High suicide rate
- High prevalence of falls
- High prevalence of severe housing problems

Highlights:

FREQUENT PHYSICAL DISTRESS

▼30%

from 16.4% to 11.5% of adults ages 65+ between 2019 and 2020

GERIATRIC PROVIDERS

▲21%

from 25.7 to 31.1 per 100,000 adults ages 65+ between September 2018 and September 2021

PNEUMONIA VACCINATION

▼10%

from 80.6% to 72.7% of adults ages 65+ between 2017 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++++	2	0.931	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	3	173	399
Economic Resources	Food Insecurity (% of adults ages 60+)	+++++	6	8.9%	12.6%
	Poverty (% of adults ages 65+)	+++++	1	6.1%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	—	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++++	5	\$110	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	19	78.7%	78.0%
	Low-care Nursing Home Residents (% of residents)	++++	15	11.7%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	11	39	—
	Volunteerism (% of adults ages 65+)	++++	16	34.8%	31.6%
PHYSICAL ENVIRONMENT*		++++	18	0.537	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	5	4.9	8.3
	Drinking Water Violations (% of community water systems)	+++	30	0.3%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+	41	36.2%	32.7%
CLINICAL CARE*		++++	13	0.381	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	20	3.9%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	++++	18	31.1	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	12	56.5	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++++	12	79.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	++++	14	69.4%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++	21	72.7%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	14	94.7%	93.5%
	Hospice Care (% of Medicare decedents)	+	46	42.9%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	15	50.1%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	16	1,271	1,582
BEHAVIORS*		+++++	2	1.202	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++++	3	29.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	1	12.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	11	26.1%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	12	23.1%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++++	7	7.1%	8.9%
HEALTH OUTCOMES*		+++++	9	0.516	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	5.9	8.4
	Excessive Drinking (% of adults ages 65+)	+++	21	7.2%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+++++	8	6.4%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	38	20.5	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++++	2	1,611	2,072
	Early Death Racial Disparity (ratio)†	—	—	—	1.6
Physical Health	Falls (% of adults ages 65+)	+	45	31.1%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++++	3	11.5%	14.5%
	High Health Status (% of adults ages 65+)†	+++++	3	53.1%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++++	3	30%	46%
	Obesity (% of adults ages 65+)	+++++	9	26.1%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	37	16.0%	13.4%
OVERALL		+++++	2	0.752	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Virginia

State Health Department Website: vdh.virginia.gov

Overall Rank:

16

Summary

Strengths:

- Low prevalence of frequent mental distress
- Low prevalence of food insecurity
- Low prevalence of insufficient sleep

Challenges:

- Low level of community support expenditures
- High preventable hospitalization rate
- Low percentage of four- or five-star nursing home beds

Highlights:

DRUG DEATHS

▲127%

from 2.6 to 5.9 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

FULL-MOUTH TEETH EXTRACTIONS

▼32%

from 16.1% to 10.9% of adults ages 65+ between 2012 and 2020

GERIATRIC PROVIDERS

▲23%

from 21.9 to 27.0 per 100,000 adults ages 65+ between September 2018 and September 2021

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	15	0.392	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	6	209	399
	Food Insecurity (% of adults ages 60+)	++++	11	9.4%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	+++++	6	7.1%	9.4%
	Poverty Racial Disparity (ratio)*	—	—	2.4	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	26	67.4	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++	37	\$27	\$57
	High-speed Internet (% of households with adults ages 65+)	+++	21	77.8%	78.0%
	Low-care Nursing Home Residents (% of residents)	++++	19	12.9%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	18	44	—
	Volunteerism (% of adults ages 65+)	++++	20	33.6%	31.6%
PHYSICAL ENVIRONMENT*		++++	12	0.643	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	13	6.5	8.3
	Drinking Water Violations (% of community water systems)	++++	14	0.1%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++	28	30.0%	32.7%
CLINICAL CARE*		+++	26	0.073	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	17	3.8%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	26	27.0	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	28	38.0	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++++	11	79.3%	75.9%
	Flu Vaccination (% of adults ages 65+)	++++	16	69.2%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++++	11	74.6%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+++	30	93.3%	93.5%
	Hospice Care (% of Medicare decedents)	++	35	46.7%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	20	16	16
	Nursing Home Quality (% of beds rated four or five stars)	++	37	38.3%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++	29	1,593	1,582
BEHAVIORS*		++++	19	0.174	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++	27	21.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++	26	7.5%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	++++	16	28.2%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	15	23.3%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+++	24	9.4%	8.9%
HEALTH OUTCOMES*		++++	14	0.409	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)*	—	—	5.9	8.4
	Excessive Drinking (% of adults ages 65+)	++++	15	6.4%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	14	6.6%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+++	25	17.0	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	20	1,938	2,072
	Early Death Racial Disparity (ratio)*	—	—	1.5	1.6
Physical Health	Falls (% of adults ages 65+)	++++	11	25.9%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	24	13.7%	14.5%
	High Health Status (% of adults ages 65+)*	+++	23	46.5%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++	26	45%	46%
	Obesity (% of adults ages 65+)	++++	18	28.2%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	11	10.9%	13.4%
OVERALL		++++	16	0.301	—

* Value is a summation score. Higher scores are healthier.

+ Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Washington

State Health Department Website: doh.wa.gov

Overall Rank:

8

WASHINGTON

Summary

Strengths:

- Low early death rate
- Low prevalence of multiple chronic conditions
- High SNAP participation among older adults in poverty

Challenges:

- High suicide rate
- High prevalence of falls
- Low level of community support expenditures

Highlights:

DRUG DEATHS

▲64%

from 5.8 to 9.5 deaths per 100,000 adults ages 65+ between 2009-2011 and 2018-2020

PHYSICAL INACTIVITY

▲25%

from 20.0% to 24.9% of adults ages 65+ in fair or better health between 2015 and 2020

FLU VACCINATION

▲18%

from 60.7% to 71.6% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+++++	6	0.647	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	16	294	399
	Food Insecurity (% of adults ages 60+)	+++	21	11.1%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	15	7.5%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.7	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+	50	\$18	\$57
	High-speed Internet (% of households with adults ages 65+)	+++++	2	84.5%	78.0%
	Low-care Nursing Home Residents (% of residents)	+++++	9	10.5%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	15	41	—
	Volunteerism (% of adults ages 65+)	++++	15	36.2%	31.6%
PHYSICAL ENVIRONMENT*		+	41	-0.067	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.5	8.3
	Drinking Water Violations (% of community water systems)	++	34	0.5%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	36	33.9%	32.7%
CLINICAL CARE*		+++++	9	0.518	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	25	4.1%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	21	29.6	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	19	46.5	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++++	14	79.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	++++	11	71.6%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+++++	9	74.8%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	41	91.8%	93.5%
	Hospice Care (% of Medicare decedents)	++	37	46.0%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	1	14	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	9	57.0%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	7	1,032	1,582
BEHAVIORS*		+++++	6	0.868	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+++++	7	27.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+++++	5	9.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	4	24.9%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++	22	25.1%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++++	14	7.9%	8.9%
HEALTH OUTCOMES*		++++	17	0.288	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	9.5	8.4
	Excessive Drinking (% of adults ages 65+)	+++	28	7.6%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++	32	8.3%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	36	20.2	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++++	7	1,692	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	1.7	1.6
Physical Health	Falls (% of adults ages 65+)	+	41	30.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++	28	14.3%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++++	11	49.3%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++++	6	34%	46%
	Obesity (% of adults ages 65+)	++++	17	27.9%	29.3%
	Teeth Extractions (% of adults ages 65+)	+++++	8	9.9%	13.4%
OVERALL		+++++	8	0.540	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

West Virginia

State Health Department Website: dhhr.wv.gov

Overall Rank:

47

Summary

Strengths:

- Low prevalence of excessive drinking
- High SNAP participation among older adults in poverty
- Low prevalence of severe housing problems

Challenges:

- High prevalence of falls
- High prevalence of frequent physical distress
- High prevalence of smoking

Highlights:

DRUG DEATHS

▲157%

from 4.4 to 11.3 deaths per 100,000 adults ages 65+ between 2008-2010 and 2018-2020

PHYSICAL INACTIVITY

▲29%

from 30.5% to 39.4% of adults ages 65+ in fair or better health between 2016 and 2020

PNEUMONIA VACCINATION

▲16%

from 64.4% to 74.6% of adults ages 65+ between 2011 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+	42	-0.458	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++	23	356	399
	Food Insecurity (% of adults ages 60+)	+	45	17.0%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++	35	9.3%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	1.6	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	1	100.0	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	++++	15	\$59	\$57
	High-speed Internet (% of households with adults ages 65+)	+	49	69.3%	78.0%
	Low-care Nursing Home Residents (% of residents)	++	38	17.5%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+	44	78	—
	Volunteerism (% of adults ages 65+)	+++	30	30.5%	31.6%
PHYSICAL ENVIRONMENT*		++	32	0.250	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	21	7.1	8.3
	Drinking Water Violations (% of community water systems)	+	50	10.2%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	1	18.7%	32.7%
CLINICAL CARE*		+	46	-0.482	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++	36	4.5%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	41	19.5	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	+++	23	41.2	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	++	35	75.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	+++	28	67.3%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++++	11	74.6%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	16	94.5%	93.5%
	Hospice Care (% of Medicare decedents)	+	43	43.6%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+	42	17	16
	Nursing Home Quality (% of beds rated four or five stars)	+	42	34.2%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	50	2,752	1,582
BEHAVIORS*		+	49	-1.710	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	+	48	13.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+	48	4.2%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+	50	39.4%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+	47	30.1%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	+	47	12.7%	8.9%
HEALTH OUTCOMES*		+	50	-1.087	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)*	—	—	11.3	8.4
	Excessive Drinking (% of adults ages 65+)	+++++	3	4.3%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	+	47	10.2%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++	34	19.3	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+	44	2,589	2,072
	Early Death Racial Disparity (ratio)*	—	—	1.3	1.6
Physical Health	Falls (% of adults ages 65+)	+	46	32.4%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+	50	21.8%	14.5%
	High Health Status (% of adults ages 65+)*	+	48	33.2%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+	49	55%	46%
	Obesity (% of adults ages 65+)	+	45	33.9%	29.3%
	Teeth Extractions (% of adults ages 65+)	+	49	22.2%	13.4%
OVERALL		+	47	-0.835	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Wisconsin

State Health Department Website: dhs.wisconsin.gov

Overall Rank:

14

Summary

Strengths:

- Low prevalence of frequent mental distress
- High pneumonia vaccination rate
- Low prevalence of insufficient sleep

Challenges:

- High prevalence of excessive drinking
- Low prevalence of cancer screenings
- High percentage of drinking water systems with serious violations

Highlights:

LOW-CARE NURSING HOME RESIDENTS

▲43%

from 7.7% to 11.0% of residents between 2019 and 2020

SUICIDE

▲24%

from 12.2 to 15.1 deaths per 100,000 adults ages 65+ between 2010-2012 and 2018-2020

HIGH HEALTH STATUS

▲20%

from 43.2% to 52.0% of adults ages 65+ between 2017 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	8	0.559	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	++++	20	323	399
	Food Insecurity (% of adults ages 60+)	++++	5	8.3%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	11	7.4%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	2.6	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	++++	18	84.3	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++	21	\$47	\$57
	High-speed Internet (% of households with adults ages 65+)	++	33	75.1%	78.0%
	Low-care Nursing Home Residents (% of residents)	++++	12	11.0%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	++++	11	39	—
	Volunteerism (% of adults ages 65+)	++++	9	38.1%	31.6%
PHYSICAL ENVIRONMENT*		+	47	-0.300	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	23	7.2	8.3
	Drinking Water Violations (% of community water systems)	+	46	4.4%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	++	35	32.4%	32.7%
CLINICAL CARE*		++++	12	0.396	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	++++	12	3.3%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+++	30	25.5	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++++	8	69.5	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+	47	68.3%	75.9%
	Flu Vaccination (% of adults ages 65+)	++	31	66.6%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	++++	4	75.3%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	++++	5	96.0%	93.5%
	Hospice Care (% of Medicare decedents)	++++	8	55.1%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	++++	17	49.3%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	20	1,330	1,582
BEHAVIORS*		++++	16	0.416	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	1	30.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	+	42	5.5%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	12	26.6%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	++++	7	22.0%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	33	10.0%	8.9%
HEALTH OUTCOMES*		++++	18	0.275	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+) [‡]	—	—	6.9	8.4
	Excessive Drinking (% of adults ages 65+)	+	50	11.8%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	3	5.8%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	++++	12	15.1	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	++++	18	1,913	2,072
	Early Death Racial Disparity (ratio) [‡]	—	—	2.1	1.6
Physical Health	Falls (% of adults ages 65+)	++++	16	26.9%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	++++	18	13.0%	14.5%
	High Health Status (% of adults ages 65+) [‡]	++++	4	52.0%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	++++	14	39%	46%
	Obesity (% of adults ages 65+)	+++	29	30.6%	29.3%
	Teeth Extractions (% of adults ages 65+)	++++	13	11.2%	13.4%
OVERALL		++++	14	0.384	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
+	41-50

Wyoming

State Health Department Website: health.wyo.gov

Overall Rank:

25

Summary

Strengths:

- Low prevalence of multiple chronic conditions
- High level of community support expenditures
- Low prevalence of insufficient sleep

Challenges:

- High suicide rate
- Low SNAP participation among older adults in poverty
- Low prevalence of cancer screenings

Highlights:

OBESITY

▲45%

from 20.4% to 29.5% of adults ages 65+ between 2011 and 2020

GERIATRIC PROVIDERS

▲35%

from 13.6 to 18.3 per 100,000 adults ages 65+ between September 2019 and September 2021

EARLY DEATHS

▲18%

from 1,720 to 2,028 deaths per 100,000 adults ages 65-74 between 2019 and 2020

Measures

		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	16	0.368	—
Community and Family Safety	Violent Crime (offenses per 100,000 population)	+++++	8	234	399
	Food Insecurity (% of adults ages 60+)	++++	18	10.7%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	++++	11	7.4%	9.4%
	Poverty Racial Disparity (ratio)†	—	—	—	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	+	50	17.7	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	+++++	4	\$138	\$57
	High-speed Internet (% of households with adults ages 65+)	++++	18	79.2%	78.0%
	Low-care Nursing Home Residents (% of residents)	+	43	21.4%	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	+++++	5	30	—
	Volunteerism (% of adults ages 65+)	++++	18	34.5%	31.6%
PHYSICAL ENVIRONMENT*		+++++	2	1.337	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++++	1	4.2	8.3
	Drinking Water Violations (% of community water systems)	+++	24	0.2%	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	+++++	2	22.9%	32.7%
CLINICAL CARE*		+	48	-0.669	—
Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	+++	28	4.2%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	+	43	18.3	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	++	37	35.4	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	+	50	62.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	+	49	59.4%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	+	41	69.0%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	+	49	86.7%	93.5%
	Hospice Care (% of Medicare decedents)	+	47	33.4%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	+++++	8	15	16
	Nursing Home Quality (% of beds rated four or five stars)	+++++	8	57.9%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	19	1,310	1,582
BEHAVIORS*		++	31	-0.102	—
Nutrition and Physical Activity	Exercise (% of adults ages 65+)	++++	17	25.0%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	++	37	5.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	30	31.9%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	+++++	8	22.5%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	++	38	10.5%	8.9%
HEALTH OUTCOMES*		+++	22	0.185	—
Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	—	—	10.4	8.4
	Excessive Drinking (% of adults ages 65+)	++++	17	6.5%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	++++	11	6.5%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	+	50	35.5	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	+++	27	2,028	2,072
	Early Death Racial Disparity (ratio)†	—	—	2.2	1.6
Physical Health	Falls (% of adults ages 65+)	+	44	30.7%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	+++++	7	11.8%	14.5%
	High Health Status (% of adults ages 65+)†	++++	13	49.0%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	+++++	1	28%	46%
	Obesity (% of adults ages 65+)	+++	25	29.5%	29.3%
	Teeth Extractions (% of adults ages 65+)	++	37	16.0%	13.4%
OVERALL		+++	25	0.069	—

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

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Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

District of Columbia

Health Department Website: dchealth.dc.gov

Summary

Strengths:

- High level of community support expenditures
- High prevalence of cancer screenings
- High geriatric provider rate

Challenges:

- High drug death rate
- High prevalence of frequent mental distress
- High prevalence of food insecurity

Highlights:

FREQUENT MENTAL DISTRESS

 **72%**

from 6.0% to 10.3% of adults ages 65+ between 2017 and 2020

EARLY DEATHS

 **34%**

from 1,932 to 2,593 deaths per 100,000 adults ages 65-74 between 2019 and 2020

PNEUMONIA VACCINATION

 **12%**

from 63.3% to 70.8% of adults ages 65+ between 2011 and 2020

Measures

SOCIAL & ECONOMIC FACTORS

		D.C. Value	U.S. Value
Community and Family Safety	Violent Crime (offenses per 100,000 population)	1,000	399
	Food Insecurity (% of adults ages 60+)	19.1%	12.6%
Economic Resources	Poverty (% of adults ages 65+)	13.3%	9.4%
	Poverty Racial Disparity (ratio)†	2.6	2.7
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	93.4	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	\$311	\$57
	High-speed Internet (% of households with adults ages 65+)	76.9%	78.0%
	Low-care Nursing Home Residents (% of residents)	—	15.2%
	Risk of Social Isolation (index 1-100, adults ages 65+)	—	—
	Volunteerism (% of adults ages 65+)	30.6%	31.6%

PHYSICAL ENVIRONMENT

Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	8.7	8.3
	Drinking Water Violations (% of community water systems)	—	0.8%
Housing	Severe Housing Problems (% of small households with an adult ages 62+)	39.7%	32.7%

CLINICAL CARE

Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	4.8%	4.2%
	Geriatric Providers (providers per 100,000 adults ages 65+)	73.5	31.1
	Home Health Care Workers (workers per 1,000 adults ages 65+)	126.1	57.7
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	83.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	68.9%	67.3%
	Pneumonia Vaccination (% of adults ages 65+)	70.8%	70.3%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	92.6%	93.5%
	Hospice Care (% of Medicare decedents)	33.2%	50.7%
	Hospital Readmissions (risk-standardized readmission rate per 100 admissions)	16	16
	Nursing Home Quality (% of beds rated four or five stars)	63.9%	41.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	2,273	1,582

BEHAVIORS

Nutrition and Physical Activity	Exercise (% of adults ages 65+)	29.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	11.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	27.1%	30.6%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	26.9%	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	8.8%	8.9%

HEALTH OUTCOMES

Behavioral Health	Drug Deaths (deaths per 100,000 adults ages 65+)†	49.5	8.4
	Excessive Drinking (% of adults ages 65+)	7.4%	7.4%
	Frequent Mental Distress (% of adults ages 65+)	10.3%	8.1%
	Suicide (deaths per 100,000 adults ages 65+)	8.8	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	2,593	2,072
	Early Death Racial Disparity (ratio)†	3.8	1.6
Physical Health	Falls (% of adults ages 65+)	29.1%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	11.5%	14.5%
	High Health Status (% of adults ages 65+)†	47.3%	43.5%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	38%	46%
	Obesity (% of adults ages 65+)	24.2%	29.3%
	Teeth Extractions (% of adults ages 65+)	10.6%	13.4%

† Non-ranking measure.

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