

# United States

Health Department Website: [hhs.gov](https://hhs.gov)

## Summary

### Highlights

#### Drug Deaths

43%▲

from 6.9 to 9.9 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

#### Number of Geriatric Providers

16%▲

from 31.4 to 36.4 per 100,000 adults ages 65+ between September 2019 and September 2022.

#### Multiple Chronic Conditions

13%▲

from 46% to 52% of Medicare beneficiaries ages 65+ between 2020 and 2021.

#### Poverty

10%▲

from 9.4% to 10.3% of adults ages 65+ between 2019 and 2021.

#### High-speed Internet

7%▲

from 78.0% to 83.1% of households with adults ages 65+ between 2019 and 2021.

#### Food Insecurity

6%▼

from 12.6% to 11.9% of adults ages 60+ between 2019 and 2020.

## Measures

U.S.  
Value

### Social & Economic Factors\*

Community and Family Safety	Firearm Deaths (deaths per 100,000 adults ages 65+)*	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	11.8
Economic Resources	Food Insecurity (% of adults ages 60+)	11.9%
	Poverty (% of adults ages 65+)	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	81.0
Social Support and Engagement	Community Support Expenditures (dollars per adult ages 60+)	\$62
	High-speed Internet (% of households with adults ages 65+)	83.1%
	Low-care Nursing Home Residents (% of residents)	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	—
	Volunteerism (% of adults ages 65+)	22.1%

### Physical Environment\*

Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	7.8
	Drinking Water Violations (% of community water systems)	0.8%
Housing	Housing Cost Burden (% of households with adults ages 65+)*	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	32.3%

### Clinical Care\*

Access to Care	Avoided Care Due to Cost (% of adults ages 65+)	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	60.3
Preventive Clinical Services	Cancer Screenings (% of adults ages 65-75)	75.9%
	Flu Vaccination (% of adults ages 65+)	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	69.7%
Quality of Care	Dedicated Health Care Provider (% of adults ages 65+)	96.1%
	Hospice Care (% of Medicare decedents)	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	1,482

### Behaviors\*

Nutrition and Physical Activity	Exercise (% of adults ages 65+)	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	31.2%
Sleep Health	Insufficient Sleep (% of adults ages 65+)	26.0%
Tobacco Use	Smoking (% of adults ages 65+)	8.9%

### Health Outcomes\*

Behavioral Health	Cognitive Difficulty (% of adults ages 65+)*	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	9.9
	Excessive Drinking (% of adults ages 65+)	7.0%
	Frequent Mental Distress (% of adults ages 65+)	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	16.9
Mortality	Early Death (deaths per 100,000 adults ages 65-74)	2,151
	Early Death Racial Disparity (ratio)**	1.5
Physical Health	Falls (% of adults ages 65+)	27.1%
	Frequent Physical Distress (% of adults ages 65+)	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	52%
	Obesity (% of adults ages 65+)	29.5%
	Teeth Extractions (% of adults ages 65+)	13.4%

\* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value). Higher summation scores are better. Scores are not calculated for the District of Columbia.

\*\* Disparity measures compare the group with the highest or lowest rate to the white rate.

† Non-ranking measure.

— Data not available, missing or suppressed.

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## Summary

### Strengths

- Low prevalence of excessive drinking
- High level of community support expenditures
- Low prevalence of severe housing problems

### Challenges

- High early death rate
- Low percentage of households with high-speed internet
- Low home health care worker rate

## Highlights

### Physical Inactivity

23%▲

from 33.7% to 41.3% of adults ages 65+ in fair or better health between 2018 and 2021.

### Food Insecurity

21%▼

from 19.3% to 15.3% of adults ages 60+ between 2015-2016 and 2019-2020.

### Multiple Chronic Conditions

10%▲

from 58% to 64% of Medicare beneficiaries ages 65+ between 2020 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>44</b>	<b>-0.672</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	44	20.2	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	38	15.8	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	44	15.3%	11.9%
	Poverty (% of adults ages 65+)	42	11.4%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	29	62.7	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	7	\$104	\$62
	High-speed Internet (% of households with adults ages 65+)	47	76.2%	83.1%
	Low-care Nursing Home Residents (% of residents)	26	15.5%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	44	81	—
	Volunteerism (% of adults ages 65+)	47	16.9%	22.1%
<b>Physical Environment*</b>		<b>8</b>	<b>0.543</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	28	7.8	7.8
	Drinking Water Violations (% of community water systems)	30	0.3%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	3	24.0%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	7	24.6%	32.3%
<b>Clinical Care*</b>		<b>30</b>	<b>-0.051</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	18	2.7%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	20	36.2	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	48	22.2	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	12	79.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	27	67.0%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	33	70.1%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	9	97.0%	96.1%
	Hospice Care (% of Medicare decedents)	28	46.6%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	20	36.3%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	46	2,033	1,482
<b>Behaviors*</b>		<b>49</b>	<b>-1.474</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	45	15.1%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	37	5.2%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	49	41.3%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	48	30.3%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	44	12.3%	8.9%
<b>Health Outcomes*</b>		<b>45</b>	<b>-0.677</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	43	9.4%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	2	5.5	9.9
	Excessive Drinking (% of adults ages 65+)	6	4.7%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	29	8.3%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	31	18.7	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	47	2,928	2,151
	Early Death Racial Disparity (ratio)**	—	1.3	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	22	28.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	43	19.2%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	50	64%	52%
	Obesity (% of adults ages 65+)	25	30.9%	29.5%
	Teeth Extractions (% of adults ages 65+)	44	18.7%	13.4%
<b>Overall</b>		<b>45</b>	<b>-0.649</b>	

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## Summary

### Strengths

- Low prevalence of multiple chronic conditions
- High level of community support expenditures
- Low poverty rate

### Challenges

- High prevalence of excessive drinking
- Low percentage of older adults with a dedicated health care provider
- High suicide rate

## Highlights

### Early Deaths

30%▲

from 1,667 to 2,163 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

### Home Health Care Workers

13%▼

from 75.4 to 65.6 aides per 1,000 adults ages 65+ between 2019 and 2021.

### High-speed Internet

8%▲

from 79.8% to 86.2% of households with adults ages 65+ between 2017 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>6</b>	<b>0.660</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	47	23.1	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	20	11.5	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	29	12.1%	11.9%
	Poverty (% of adults ages 65+)	9	8.5%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	16	88.2	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	2	\$164	\$62
	High-speed Internet (% of households with adults ages 65+)	8	86.2%	83.1%
	Low-care Nursing Home Residents (% of residents)	—	—	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	21	47	—
	Volunteerism (% of adults ages 65+)	19	26.8%	22.1%
<b>Physical Environment*</b>		<b>43</b>	<b>-0.293</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	15	7.0	7.8
	Drinking Water Violations (% of community water systems)	47	4.8%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	11	25.5%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	28	29.9%	32.3%
<b>Clinical Care*</b>		<b>45</b>	<b>-0.688</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	41	4.4%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	45	21.5	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	9	65.6	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	40	74.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	49	58.5%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	45	64.4%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	49	90.9%	96.1%
	Hospice Care (% of Medicare decedents)	49	30.1%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	2	52.2%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	10	1,072	1,482
<b>Behaviors*</b>		<b>27</b>	<b>0.020</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	4	29.0%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	7	9.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	25	30.9%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	40	28.3%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	41	11.8%	8.9%
<b>Health Outcomes*</b>		<b>34</b>	<b>-0.236</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	4	6.0%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	22	9.8	9.9
	Excessive Drinking (% of adults ages 65+)	48	10.5%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	19	7.6%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	44	24.9	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	29	2,163	2,151
	Early Death Racial Disparity (ratio)**	—	3.8	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	50	36.5%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	24	15.5%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	2	36%	52%
	Obesity (% of adults ages 65+)	32	31.8%	29.5%
	Teeth Extractions (% of adults ages 65+)	22	12.5%	13.4%
<b>Overall</b>		<b>30</b>	<b>-0.010</b>	

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## Summary

### Strengths

- High percentage of households with high-speed internet
- Low risk of social isolation
- High hospice care use

### Challenges

- High suicide rate
- Low percentage of older adults with a dedicated health care provider
- Low prevalence of fruit and vegetable consumption

## Highlights

### Number of Geriatric Providers

14%▲

from 24.4 to 27.9 per 100,000 adults ages 65+ between September 2019 and September 2022.

### Early Deaths

13%▲

from 1,962 to 2,220 deaths per 100,000 adults ages 65-74 between 2020 and 2021.

### Poverty

12%▲

from 8.6% to 9.6% of adults ages 65+ between 2018 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>27</b>	<b>0.163</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	43	20.1	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	26	13.1	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	32	12.8%	11.9%
	Poverty (% of adults ages 65+)	28	9.6%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	30	61.3	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	31	\$36	\$62
	High-speed Internet (% of households with adults ages 65+)	6	87.2%	83.1%
	Low-care Nursing Home Residents (% of residents)	16	11.9%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	7	33	—
	Volunteerism (% of adults ages 65+)	37	19.5%	22.1%
<b>Physical Environment*</b>		<b>45</b>	<b>-0.380</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	49	10.5	7.8
	Drinking Water Violations (% of community water systems)	34	0.5%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	28	29.0%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	29	30.0%	32.3%
<b>Clinical Care*</b>		<b>32</b>	<b>-0.167</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	28	3.2%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	33	27.9	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	14	50.1	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	43	72.6%	75.9%
	Flu Vaccination (% of adults ages 65+)	44	63.1%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	37	69.1%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	42	93.5%	96.1%
	Hospice Care (% of Medicare decedents)	4	54.7%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	22	35.6%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	8	1,020	1,482
<b>Behaviors*</b>		<b>19</b>	<b>0.156</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	9	27.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	40	4.6%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	11	27.4%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	20	24.1%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	35	9.4%	8.9%
<b>Health Outcomes*</b>		<b>31</b>	<b>-0.150</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	24	7.5%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	32	10.5	9.9
	Excessive Drinking (% of adults ages 65+)	37	8.0%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	36	8.8%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	43	24.5	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	31	2,220	2,151
	Early Death Racial Disparity (ratio)**	—	1.7	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	17	27.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	31	16.3%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	21	49%	52%
	Obesity (% of adults ages 65+)	17	28.3%	29.5%
	Teeth Extractions (% of adults ages 65+)	28	13.3%	13.4%
<b>Overall</b>		<b>30</b>	<b>-0.010</b>	

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## Summary

### Strengths

- Low prevalence of excessive drinking
- High geriatric provider rate
- Low prevalence of severe housing problems

### Challenges

- High early death rate
- Low percentage of households with high-speed internet
- High prevalence of physical inactivity

## Highlights

### Home Health Care Workers

28% ▼

from 45.2 to 32.7 aides per 1,000 adults ages 65+ between 2017 and 2021.

### Obesity

21% ▲

from 27.6% to 33.4% of adults ages 65+ between 2016 and 2021.

### High-speed Internet

9% ▲

from 70.4% to 76.6% of households with adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>45</b>	<b>-0.806</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	36	18.7	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	47	18.6	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	28	11.5%	11.9%
	Poverty (% of adults ages 65+)	44	11.7%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	49	37.3	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	18	\$52	\$62
	High-speed Internet (% of households with adults ages 65+)	46	76.6%	83.1%
	Low-care Nursing Home Residents (% of residents)	39	18.0%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	43	79	—
	Volunteerism (% of adults ages 65+)	39	18.7%	22.1%
<b>Physical Environment*</b>		<b>14</b>	<b>0.487</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	37	8.3	7.8
	Drinking Water Violations (% of community water systems)	24	0.2%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	12	25.6%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	4	24.0%	32.3%
<b>Clinical Care*</b>		<b>35</b>	<b>-0.200</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	32	3.4%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	7	48.3	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	37	32.7	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	44	72.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	39	64.4%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	27	70.7%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	32	95.7%	96.1%
	Hospice Care (% of Medicare decedents)	32	45.7%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	19	37.2%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	40	1,767	1,482
<b>Behaviors*</b>		<b>41</b>	<b>-0.728</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	38	19.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	19	7.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	46	40.0%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	18	23.5%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	47	13.0%	8.9%
<b>Health Outcomes*</b>		<b>48</b>	<b>-0.949</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	48	9.8%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	6	6.1	9.9
	Excessive Drinking (% of adults ages 65+)	7	4.8%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	42	9.7%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	34	19.7	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	45	2,875	2,151
	Early Death Racial Disparity (ratio)**	—	1.2	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	47	32.9%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	47	20.8%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	34	55%	52%
	Obesity (% of adults ages 65+)	41	33.4%	29.5%
	Teeth Extractions (% of adults ages 65+)	48	21.5%	13.4%
<b>Overall</b>		<b>44</b>	<b>-0.640</b>	

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— Data not available, missing or suppressed.

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## Summary

### Strengths

- High percentage of households with high-speed internet
- High home health care worker rate
- Low prevalence of physical inactivity

### Challenges

- High prevalence of excessive drinking
- Low volunteerism rate
- High prevalence of severe housing problems

## Highlights

### Volunteerism

34% ▼

from 22.9% to 15.2% of adults ages 65+ between 2019 and 2021.

### Food Insecurity

30% ▼

from 16.3% to 11.4% of adults ages 60+ between 2012-2013 and 2019-2020.

### Early Deaths

26% ▲

from 1,452 to 1,823 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>36</b>	<b>-0.208</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	11	9.8	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	9	9.0	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	27	11.4%	11.9%
	Poverty (% of adults ages 65+)	40	11.1%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	37	54.5	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	34	\$35	\$62
	High-speed Internet (% of households with adults ages 65+)	4	87.6%	83.1%
	Low-care Nursing Home Residents (% of residents)	17	12.1%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	37	63	—
	Volunteerism (% of adults ages 65+)	49	15.2%	22.1%
<b>Physical Environment*</b>		<b>49</b>	<b>-1.140</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	50	12.8	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	50	40.5%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	49	42.1%	32.3%
<b>Clinical Care*</b>		<b>33</b>	<b>-0.177</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	32	3.4%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	33	27.9	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	2	120.4	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	49	65.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	40	64.0%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	44	65.4%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	27	96.1%	96.1%
	Hospice Care (% of Medicare decedents)	41	42.3%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	12	40.3%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	16	1,195	1,482
<b>Behaviors*</b>		<b>11</b>	<b>0.382</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	31	21.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	9	8.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	6	25.4%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	34	26.7%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	6	7.3%	8.9%
<b>Health Outcomes*</b>		<b>20</b>	<b>0.215</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	38	8.8%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	42	13.0	9.9
	Excessive Drinking (% of adults ages 65+)	46	9.9%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	44	10.1%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	14	15.5	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	12	1,823	2,151
	Early Death Racial Disparity (ratio)**	—	1.7	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	15	26.5%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	35	16.4%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	13	46%	52%
	Obesity (% of adults ages 65+)	3	23.9%	29.5%
	Teeth Extractions (% of adults ages 65+)	3	9.0%	13.4%
<b>Overall</b>		<b>34</b>	<b>-0.025</b>	

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## Summary

### Strengths

- Low prevalence of multiple chronic conditions
- Low poverty rate
- Low prevalence of physical inactivity

### Challenges

- High suicide rate
- Low level of community support expenditures
- Low home health care worker rate

## Highlights

### Drug Deaths

70%▲

from 7.0 to 11.9 deaths per 100,000 adults ages 65+ between 2014-2016 and 2019-2021.

### Number of Geriatric Providers

18%▲

from 36.8 to 43.3 per 100,000 adults ages 65+ between September 2019 and September 2022.

### High-speed Internet

13%▲

from 78.0% to 88.1% of households with adults ages 65+ between 2016 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>9</b>	<b>0.489</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	35	18.6	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	15	10.4	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	25	11.0%	11.9%
	Poverty (% of adults ages 65+)	4	7.7%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	23	76.7	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	23	\$43	\$62
	High-speed Internet (% of households with adults ages 65+)	2	88.1%	83.1%
	Low-care Nursing Home Residents (% of residents)	46	25.0%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	5	29	—
	Volunteerism (% of adults ages 65+)	8	31.9%	22.1%
<b>Physical Environment*</b>		<b>26</b>	<b>0.213</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	19	7.3	7.8
	Drinking Water Violations (% of community water systems)	14	0.1%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	37	32.3%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	35	32.3%	32.3%
<b>Clinical Care*</b>		<b>5</b>	<b>0.693</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	7	2.3%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	10	43.3	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	21	45.5	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	30	76.6%	75.9%
	Flu Vaccination (% of adults ages 65+)	11	72.0%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	1	76.3%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	30	96.0%	96.1%
	Hospice Care (% of Medicare decedents)	14	50.4%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	16	38.3%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	2	772	1,482
<b>Behaviors*</b>		<b>2</b>	<b>1.040</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	2	29.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	19	7.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	1	21.4%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	3	20.1%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	23	8.5%	8.9%
<b>Health Outcomes*</b>		<b>4</b>	<b>0.612</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	10	6.6%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	39	11.9	9.9
	Excessive Drinking (% of adults ages 65+)	20	6.7%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	10	7.1%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	45	25.8	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	9	1,745	2,151
	Early Death Racial Disparity (ratio)**	—	1.8	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	36	29.8%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	10	13.1%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	5	40%	52%
	Obesity (% of adults ages 65+)	2	22.9%	29.5%
	Teeth Extractions (% of adults ages 65+)	6	9.6%	13.4%
<b>Overall</b>		<b>3</b>	<b>0.657</b>	

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## Summary

### Strengths

- Low early death rate
- Low prevalence of frequent physical distress
- Low poverty rate

### Challenges

- Low level of community support expenditures
- Low hospice care use
- High prevalence of severe housing problems

## Highlights

### Drug Deaths

77%▲

from 7.1 to 12.6 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

### Multiple Chronic Conditions

13%▲

from 45% to 51% of Medicare beneficiaries ages 65+ between 2020 and 2021.

### High-speed Internet

7%▲

from 79.8% to 85.2% of households with adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>17</b>	<b>0.309</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	6	6.8	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	5	7.4	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	33	12.9%	11.9%
	Poverty (% of adults ages 65+)	11	8.6%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	36	\$32	\$62
	High-speed Internet (% of households with adults ages 65+)	13	85.2%	83.1%
	Low-care Nursing Home Residents (% of residents)	31	16.5%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	23	50	—
	Volunteerism (% of adults ages 65+)	16	28.4%	22.1%
<b>Physical Environment*</b>		<b>32</b>	<b>0.077</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	8	6.1	7.8
	Drinking Water Violations (% of community water systems)	14	0.1%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	46	37.7%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	46	38.7%	32.3%
<b>Clinical Care*</b>		<b>7</b>	<b>0.555</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	12	2.5%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	4	57.6	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	11	58.6	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	16	78.8%	75.9%
	Flu Vaccination (% of adults ages 65+)	13	71.6%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	16	72.9%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	17	96.5%	96.1%
	Hospice Care (% of Medicare decedents)	39	43.8%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	20	36.3%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	22	1,375	1,482
<b>Behaviors*</b>		<b>7</b>	<b>0.742</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	9	27.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	5	10.2%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	21	29.8%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	26	25.4%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	3	6.5%	8.9%
<b>Health Outcomes*</b>		<b>2</b>	<b>0.889</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	15	6.9%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	41	12.6	9.9
	Excessive Drinking (% of adults ages 65+)	27	7.1%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	10	7.1%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	11	14.2	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	2	1,570	2,151
	Early Death Racial Disparity (ratio)**	—	1.5	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	2	21.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	1	10.6%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	23	51%	52%
	Obesity (% of adults ages 65+)	10	26.6%	29.5%
	Teeth Extractions (% of adults ages 65+)	5	9.5%	13.4%
<b>Overall</b>		<b>6</b>	<b>0.578</b>	

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## Summary

### Strengths

- Low suicide rate
- Low poverty rate
- High volunteerism rate

### Challenges

- High prevalence of multiple chronic conditions
- High prevalence of obesity
- High prevalence of physical inactivity

## Highlights

### Drug Deaths

69%▲

from 5.9 to 10.0 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

### Food Insecurity

24%▼

from 12.3% to 9.3% of adults ages 60+ between 2014-2015 and 2019-2020.

### Flu Vaccination Rates

16%▲

from 63.4% to 73.7% of adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>2</b>	<b>0.902</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	8	8.8	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	36	15.2	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	10	9.3%	11.9%
	Poverty (% of adults ages 65+)	2	6.9%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	22	77.4	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	24	\$42	\$62
	High-speed Internet (% of households with adults ages 65+)	7	86.5%	83.1%
	Low-care Nursing Home Residents (% of residents)	22	13.6%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	2	19	—
	Volunteerism (% of adults ages 65+)	6	34.2%	22.1%
<b>Physical Environment*</b>		<b>23</b>	<b>0.243</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	39	8.4	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	12	25.6%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	22	28.2%	32.3%
<b>Clinical Care*</b>		<b>16</b>	<b>0.269</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	32	3.4%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	26	30.7	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	29	41.0	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	25	77.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	5	73.7%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	18	72.8%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	37	95.2%	96.1%
	Hospice Care (% of Medicare decedents)	12	51.9%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	6	45.5%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	34	1,607	1,482
<b>Behaviors*</b>		<b>33</b>	<b>-0.048</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	18	24.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	16	7.6%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	33	33.2%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	39	28.0%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	23	8.5%	8.9%
<b>Health Outcomes*</b>		<b>27</b>	<b>-0.021</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	3	5.9%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	23	10.0	9.9
	Excessive Drinking (% of adults ages 65+)	44	8.9%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	15	7.3%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	5	11.7	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	20	1,959	2,151
	Early Death Racial Disparity (ratio)**	—	1.2	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	10	25.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	15	13.9%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	48	60%	52%
	Obesity (% of adults ages 65+)	37	32.9%	29.5%
	Teeth Extractions (% of adults ages 65+)	23	12.9%	13.4%
<b>Overall</b>		<b>14</b>	<b>0.322</b>	

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## Summary

### Strengths

- High level of community support expenditures
- High hospice care use
- High percentage of households with high-speed internet

### Challenges

- High prevalence of multiple chronic conditions
- Low home health care worker rate
- Low volunteerism rate

## Highlights

### Early Deaths

27%▲

from 1,598 to 2,027 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

### Number of Geriatric Providers

11%▲

from 33.5 to 37.2 per 100,000 adults ages 65+ between September 2021 and September 2022.

### Poverty

8%▲

from 10.2% to 11.0% of adults ages 65+ between 2017 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>19</b>	<b>0.291</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	25	14.7	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	29	13.5	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	35	13.4%	11.9%
	Poverty (% of adults ages 65+)	38	11.0%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	3	\$154	\$62
	High-speed Internet (% of households with adults ages 65+)	11	86.0%	83.1%
	Low-care Nursing Home Residents (% of residents)	14	11.3%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	23	50	—
	Volunteerism (% of adults ages 65+)	45	17.1%	22.1%
<b>Physical Environment*</b>		<b>35</b>	<b>-0.037</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	19	7.3	7.8
	Drinking Water Violations (% of community water systems)	40	1.3%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	41	33.7%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	36	33.4%	32.3%
<b>Clinical Care*</b>		<b>34</b>	<b>-0.181</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	—	—	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	17	37.2	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	50	14.6	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	5	80.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	—	—	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	—	—	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	—	—	96.1%
	Hospice Care (% of Medicare decedents)	2	56.2%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	15	38.9%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	33	1,585	1,482
<b>Behaviors*</b>		<b>21</b>	<b>0.134</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	8	27.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	—	—	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	—	—	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	28	25.5%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	—	—	8.9%
<b>Health Outcomes*</b>		<b>29</b>	<b>-0.100</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	28	7.7%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	16	8.3	9.9
	Excessive Drinking (% of adults ages 65+)	—	—	7.0%
	Frequent Mental Distress (% of adults ages 65+)	—	—	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	35	19.9	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	24	2,027	2,151
	Early Death Racial Disparity (ratio)**	—	1.4	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	4	24.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	—	—	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	44	58%	52%
	Obesity (% of adults ages 65+)	—	—	29.5%
	Teeth Extractions (% of adults ages 65+)	31	13.9%	13.4%
<b>Overall</b>		<b>25</b>	<b>0.051</b>	

\* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

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\*\* Disparity measures compare the group with the highest or lowest rate to the white rate.

\* Non-ranking measure.

— Data not available, missing or suppressed.

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Note: Florida data are missing for 2021 Behavioral Risk Factor Surveillance System measures due to the state's exclusion from the Centers for Disease Control and Prevention's annual aggregate data set.

## Summary

### Strengths

- Low prevalence of excessive drinking
- Low prevalence of obesity
- High hospice care use

### Challenges

- Low level of community support expenditures
- High prevalence of food insecurity
- Low flu vaccination rate

## Highlights

### Early Deaths

27%▲

from 2,015 to 2,550 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

### Home Health Care Workers

19%▼

from 28.4 to 22.9 aides per 1,000 adults ages 65+ between 2018 and 2021.

### High-speed Internet

9%▲

from 75.9% to 82.8% of households with adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>39</b>	<b>-0.281</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	33	16.1	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	44	17.3	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	42	14.3%	11.9%
	Poverty (% of adults ages 65+)	31	10.0%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	20	79.3	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	49	\$18	\$62
	High-speed Internet (% of households with adults ages 65+)	25	82.8%	83.1%
	Low-care Nursing Home Residents (% of residents)	23	14.1%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	34	61	—
	Volunteerism (% of adults ages 65+)	44	17.4%	22.1%
<b>Physical Environment*</b>		<b>30</b>	<b>0.123</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	33	8.2	7.8
	Drinking Water Violations (% of community water systems)	24	0.2%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	24	28.1%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	31	30.4%	32.3%
<b>Clinical Care*</b>		<b>43</b>	<b>-0.485</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	44	4.8%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	21	34.3	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	47	22.9	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	33	76.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	42	63.2%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	32	70.2%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	17	96.5%	96.1%
	Hospice Care (% of Medicare decedents)	18	48.3%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	44	25.2%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	39	1,738	1,482
<b>Behaviors*</b>		<b>31</b>	<b>-0.044</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	23	23.4%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	15	7.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	35	33.5%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	33	26.5%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	27	8.6%	8.9%
<b>Health Outcomes*</b>		<b>35</b>	<b>-0.249</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	39	8.9%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	13	7.4	9.9
	Excessive Drinking (% of adults ages 65+)	18	6.6%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	32	8.4%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	25	17.6	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	42	2,550	2,151
	Early Death Racial Disparity (ratio)**	—	1.2	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	18	27.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	29	15.9%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	34	55%	52%
	Obesity (% of adults ages 65+)	18	28.7%	29.5%
	Teeth Extractions (% of adults ages 65+)	41	17.5%	13.4%
<b>Overall</b>		<b>39</b>	<b>-0.246</b>	

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## Summary

### Strengths

- Low early death rate
- Low prevalence of obesity
- Low prevalence of physical inactivity

### Challenges

- Low volunteerism rate
- Low home health care worker rate
- High prevalence of severe housing problems

## Highlights

### Home Health Care Workers

29% ▼

from 32.8 to 23.4 aides per 1,000 adults ages 65+ between 2020 and 2021.

### Food Insecurity

26% ▼

from 10.2% to 7.5% of adults ages 60+ between 2017-2018 and 2019-2020.

### Multiple Chronic Conditions

15% ▲

from 41% to 47% of Medicare beneficiaries ages 65+ between 2020 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>7</b>	<b>0.633</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	5	4.8	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	1	5.8	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	5	7.5%	11.9%
	Poverty (% of adults ages 65+)	22	9.4%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	16	\$54	\$62
	High-speed Internet (% of households with adults ages 65+)	9	86.1%	83.1%
	Low-care Nursing Home Residents (% of residents)	1	3.7%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	14	42	—
	Volunteerism (% of adults ages 65+)	41	18.4%	22.1%
<b>Physical Environment*</b>		<b>12</b>	<b>0.503</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	1	3.8	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	41	33.7%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	44	37.0%	32.3%
<b>Clinical Care*</b>		<b>15</b>	<b>0.322</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	26	3.0%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	8	46.0	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	46	23.4	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	5	80.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	35	65.6%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	49	60.4%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	4	97.4%	96.1%
	Hospice Care (% of Medicare decedents)	22	48.0%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	1	73.3%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	1	736	1,482
<b>Behaviors*</b>		<b>25</b>	<b>0.042</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	15	25.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	28	6.4%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	6	25.4%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	50	38.6%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	4	7.0%	8.9%
<b>Health Outcomes*</b>		<b>1</b>	<b>1.132</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	40	9.0%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	46	15.3	9.9
	Excessive Drinking (% of adults ages 65+)	34	7.8%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	10	7.1%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	9	13.8	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	1	1,552	2,151
	Early Death Racial Disparity (ratio)**	—	1.5	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	2	21.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	3	11.9%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	16	47%	52%
	Obesity (% of adults ages 65+)	1	16.5%	29.5%
	Teeth Extractions (% of adults ages 65+)	1	5.6%	13.4%
<b>Overall</b>		<b>7</b>	<b>0.571</b>	

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## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low risk of social isolation
- Low prevalence of physical inactivity

### Challenges

- High suicide rate
- Low geriatric provider rate
- Low flu vaccination rate

## Highlights

### Multiple Chronic Conditions

20%▲

from 35% to 42% of Medicare beneficiaries ages 65+ between 2020 and 2021.

### High-speed Internet

14%▲

from 73.8% to 84.3% of households with adults ages 65+ between 2016 and 2021.

### Early Deaths

13%▲

from 1,748 to 1,971 deaths per 100,000 adults ages 65-74 between 2020 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>21</b>	<b>0.247</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	41	19.7	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	18	10.8	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	17	9.7%	11.9%
	Poverty (% of adults ages 65+)	25	9.5%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	38	54.4	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	48	\$19	\$62
	High-speed Internet (% of households with adults ages 65+)	18	84.3%	83.1%
	Low-care Nursing Home Residents (% of residents)	37	17.4%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	4	25	—
	Volunteerism (% of adults ages 65+)	9	31.1%	22.1%
<b>Physical Environment*</b>		<b>21</b>	<b>0.307</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	16	7.1	7.8
	Drinking Water Violations (% of community water systems)	42	1.8%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	19	27.1%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	18	27.1%	32.3%
<b>Clinical Care*</b>		<b>24</b>	<b>0.112</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	18	2.7%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	50	16.8	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	12	55.9	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	31	76.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	45	62.5%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	40	68.3%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	39	94.7%	96.1%
	Hospice Care (% of Medicare decedents)	7	54.1%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	4	47.5%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	3	794	1,482
<b>Behaviors*</b>		<b>22</b>	<b>0.122</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	41	19.4%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	41	4.5%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	10	26.7%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	4	20.4%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	23	8.5%	8.9%
<b>Health Outcomes*</b>		<b>13</b>	<b>0.353</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	42	9.3%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	27	10.2	9.9
	Excessive Drinking (% of adults ages 65+)	39	8.2%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	6	7.0%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	42	23.4	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	22	1,971	2,151
	Early Death Racial Disparity (ratio)**	—	1.1	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	12	26.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	17	14.4%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	7	42%	52%
	Obesity (% of adults ages 65+)	16	27.7%	29.5%
	Teeth Extractions (% of adults ages 65+)	19	12.0%	13.4%
<b>Overall</b>		<b>18</b>	<b>0.224</b>	

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## Summary

### Strengths

- Low prevalence of excessive drinking
- High flu vaccination rate
- Low prevalence of smoking

### Challenges

- High prevalence of obesity
- High prevalence of food insecurity
- High prevalence of physical inactivity

### Highlights

#### High-speed Internet

18%▲

from 68.9% to 81.5% of households with adults ages 65+ between 2016 and 2021.

#### Poverty

16%▲

from 8.6% to 10.0% of adults ages 65+ between 2019 and 2021.

#### Early Deaths

5%▼

from 2,149 to 2,039 deaths per 100,000 adults ages 65-74 between 2020 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>33</b>	<b>-0.108</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	7	8.6	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	13	10.3	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	38	13.7%	11.9%
	Poverty (% of adults ages 65+)	31	10.0%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	13	98.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	28	\$39	\$62
	High-speed Internet (% of households with adults ages 65+)	30	81.5%	83.1%
	Low-care Nursing Home Residents (% of residents)	24	14.8%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	39	64	—
	Volunteerism (% of adults ages 65+)	29	22.9%	22.1%
<b>Physical Environment*</b>		<b>46</b>	<b>-0.423</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	48	9.8	7.8
	Drinking Water Violations (% of community water systems)	14	0.1%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	39	32.5%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	38	34.1%	32.3%
<b>Clinical Care*</b>		<b>38</b>	<b>-0.280</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	28	3.2%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	29	30.3	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	17	48.9	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	48	67.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	9	72.9%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	25	70.9%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	15	96.6%	96.1%
	Hospice Care (% of Medicare decedents)	26	47.1%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	48	22.3%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	43	1,821	1,482
<b>Behaviors*</b>		<b>28</b>	<b>-0.014</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	5	28.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	42	4.4%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	41	36.0%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	36	26.8%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	2	6.2%	8.9%
<b>Health Outcomes*</b>		<b>10</b>	<b>0.399</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	17	7.0%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	23	10.0	9.9
	Excessive Drinking (% of adults ages 65+)	9	5.2%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	14	7.2%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	6	12.7	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	25	2,039	2,151
	Early Death Racial Disparity (ratio)**	—	1.6	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	1	20.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	31	16.3%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	23	51%	52%
	Obesity (% of adults ages 65+)	34	32.4%	29.5%
	Teeth Extractions (% of adults ages 65+)	33	14.9%	13.4%
<b>Overall</b>		<b>32</b>	<b>-0.013</b>	

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## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low poverty rate
- Low prevalence of avoiding care due to cost

### Challenges

- High early death rate
- High prevalence of obesity
- High prevalence of physical inactivity

## Highlights

### Number of Geriatric Providers

30%▲

from 30.9 to 40.1 per 100,000 adults ages 65+ between September 2020 and September 2022.

### Food Insecurity

27%▼

from 13.5% to 9.8% of adults ages 60+ between 2017-2018 and 2019-2020.

### Multiple Chronic Conditions

13%▲

from 48% to 54% of Medicare beneficiaries ages 65+ between 2020 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>23</b>	<b>0.217</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	31	16.0	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	27	13.3	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	19	9.8%	11.9%
	Poverty (% of adults ages 65+)	11	8.6%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	42	49.5	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	34	\$35	\$62
	High-speed Internet (% of households with adults ages 65+)	32	80.9%	83.1%
	Low-care Nursing Home Residents (% of residents)	9	10.5%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	26	51	—
	Volunteerism (% of adults ages 65+)	15	29.6%	22.1%
<b>Physical Environment*</b>		<b>28</b>	<b>0.187</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	46	9.0	7.8
	Drinking Water Violations (% of community water systems)	33	0.4%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	7	24.9%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	13	26.0%	32.3%
<b>Clinical Care*</b>		<b>27</b>	<b>-0.012</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	12	2.5%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	14	40.1	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	34	34.2	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	37	74.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	30	66.6%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	15	73.1%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	23	96.3%	96.1%
	Hospice Care (% of Medicare decedents)	25	47.3%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	32	31.5%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	41	1,792	1,482
<b>Behaviors*</b>		<b>38</b>	<b>-0.222</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	27	21.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	13	8.2%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	39	35.2%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	20	24.1%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	37	11.0%	8.9%
<b>Health Outcomes*</b>		<b>38</b>	<b>-0.299</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	22	7.4%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	18	8.7	9.9
	Excessive Drinking (% of adults ages 65+)	12	6.0%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	10	7.1%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	24	17.4	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	41	2,514	2,151
	Early Death Racial Disparity (ratio)**	—	1.3	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	40	30.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	27	15.7%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	30	54%	52%
	Obesity (% of adults ages 65+)	39	33.1%	29.5%
	Teeth Extractions (% of adults ages 65+)	42	17.6%	13.4%
<b>Overall</b>		<b>35</b>	<b>-0.047</b>	

\* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

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\*\* Disparity measures compare the group with the highest or lowest rate to the white rate.

† Non-ranking measure.

— Data not available, missing or suppressed.

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## Summary

## Strengths

- Low prevalence of frequent mental distress
- Low prevalence of food insecurity
- Low prevalence of avoiding care due to cost

## Challenges

- High prevalence of obesity
- Low percentage of households with high-speed internet
- Low geriatric provider rate

## Highlights

## Drug Deaths

87%▲

from 3.1 to 5.8 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

## Poverty

27%▲

from 6.6% to 8.4% of adults ages 65+ between 2017 and 2021.

## Number of Geriatric Providers

19%▲

from 18.6 to 22.1 per 100,000 adults ages 65+ between September 2019 and September 2022.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>30</b>	<b>0.042</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	18	13.2	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	19	11.0	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	7	8.5%	11.9%
	Poverty (% of adults ages 65+)	8	8.4%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	44	47.7	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	22	\$44	\$62
	High-speed Internet (% of households with adults ages 65+)	40	79.3%	83.1%
	Low-care Nursing Home Residents (% of residents)	42	20.7%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	8	35	—
	Volunteerism (% of adults ages 65+)	24	24.8%	22.1%
<b>Physical Environment*</b>		<b>7</b>	<b>0.593</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	28	7.8	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	15	25.9%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	5	24.5%	32.3%
<b>Clinical Care*</b>		<b>10</b>	<b>0.478</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	3	1.9%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	41	22.1	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	27	41.7	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	21	78.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	7	73.2%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	3	75.4%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	36	95.3%	96.1%
	Hospice Care (% of Medicare decedents)	10	52.7%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	18	38.0%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	13	1,156	1,482
<b>Behaviors*</b>		<b>31</b>	<b>-0.044</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	31	21.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	31	5.9%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	31	33.0%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	10	22.7%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	21	8.4%	8.9%
<b>Health Outcomes*</b>		<b>23</b>	<b>0.120</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	7	6.1%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	4	5.8	9.9
	Excessive Drinking (% of adults ages 65+)	29	7.3%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	5	6.9%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	20	16.4	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	26	2,054	2,151
	Early Death Racial Disparity (ratio)**	—	2.0	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	36	29.8%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	9	12.7%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	21	49%	52%
	Obesity (% of adults ages 65+)	43	34.7%	29.5%
	Teeth Extractions (% of adults ages 65+)	18	11.9%	13.4%
<b>Overall</b>		<b>20</b>	<b>0.159</b>	

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## Summary

### Strengths

- Low prevalence of frequent mental distress
- High volunteerism rate
- High hospice care use

### Challenges

- High prevalence of obesity
- Low geriatric provider rate
- High prevalence of physical inactivity

## Highlights

### Poverty

26%▲

from 7.2% to 9.1% of adults ages 65+ between 2019 and 2021.

### Community Support Expenditures

24%▲

from \$33 to \$41 per adult ages 60+ between 2020 and 2021.

### Multiple Chronic Conditions

18%▲

from 44% to 52% of Medicare beneficiaries ages 65+ between 2020 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>31</b>	<b>-0.044</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	30	15.9	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	48	19.5	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	26	11.2%	11.9%
	Poverty (% of adults ages 65+)	16	9.1%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	45	46.4	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	27	\$41	\$62
	High-speed Internet (% of households with adults ages 65+)	28	82.4%	83.1%
	Low-care Nursing Home Residents (% of residents)	47	26.0%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	21	47	—
	Volunteerism (% of adults ages 65+)	5	34.9%	22.1%
<b>Physical Environment*</b>		<b>33</b>	<b>0.050</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	40	8.5	7.8
	Drinking Water Violations (% of community water systems)	41	1.7%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	32	29.9%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	15	26.8%	32.3%
<b>Clinical Care*</b>		<b>19</b>	<b>0.217</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	14	2.6%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	40	24.3	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	18	47.9	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	38	74.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	18	70.1%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	11	74.4%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	17	96.5%	96.1%
	Hospice Care (% of Medicare decedents)	11	52.1%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	28	32.9%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	21	1,358	1,482
<b>Behaviors*</b>		<b>34</b>	<b>-0.116</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	30	21.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	34	5.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	30	32.5%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	12	23.1%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	30	9.1%	8.9%
<b>Health Outcomes*</b>		<b>24</b>	<b>0.112</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	24	7.5%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	9	7.0	9.9
	Excessive Drinking (% of adults ages 65+)	12	6.0%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	6	7.0%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	26	17.8	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	33	2,277	2,151
	Early Death Racial Disparity (ratio)**	—	1.6	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	33	29.4%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	13	13.5%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	26	52%	52%
	Obesity (% of adults ages 65+)	28	31.1%	29.5%
	Teeth Extractions (% of adults ages 65+)	21	12.4%	13.4%
<b>Overall</b>		<b>27</b>	<b>0.037</b>	

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## Summary

### Strengths

- Low prevalence of excessive drinking
- High prevalence of fruit and vegetable consumption
- Low prevalence of severe housing problems

### Challenges

- High prevalence of frequent mental distress
- High risk of social isolation
- High prevalence of physical inactivity

## Highlights

### Drug Deaths

77%▲

from 6.1 to 10.8 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

### Food Insecurity

39%▲

from 14.4% to 20.0% of adults ages 60+ between 2017-2018 and 2019-2020.

### High-speed Internet

9%▲

from 71.8% to 78.3% of households with adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>48</b>	<b>-0.962</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	37	19.2	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	46	17.9	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	48	20.0%	11.9%
	Poverty (% of adults ages 65+)	44	11.7%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	43	49.4	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	37	\$31	\$62
	High-speed Internet (% of households with adults ages 65+)	44	78.3%	83.1%
	Low-care Nursing Home Residents (% of residents)	19	12.9%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	46	85	—
	Volunteerism (% of adults ages 65+)	46	17.0%	22.1%
<b>Physical Environment*</b>		<b>17</b>	<b>0.437</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	37	8.3	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	6	24.8%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	10	25.3%	32.3%
<b>Clinical Care*</b>		<b>47</b>	<b>-0.740</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	45	5.0%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	38	25.1	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	42	27.5	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	18	78.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	38	64.5%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	42	65.9%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	21	96.4%	96.1%
	Hospice Care (% of Medicare decedents)	43	42.1%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	38	29.1%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	48	2,104	1,482
<b>Behaviors*</b>		<b>46</b>	<b>-1.192</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	49	10.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	11	8.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	43	37.2%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	49	32.8%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	41	11.8%	8.9%
<b>Health Outcomes*</b>		<b>49</b>	<b>-1.197</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	49	10.2%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	36	10.8	9.9
	Excessive Drinking (% of adults ages 65+)	11	5.7%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	48	12.2%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	33	19.6	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	46	2,906	2,151
	Early Death Racial Disparity (ratio)**	—	1.2	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	41	30.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	48	21.9%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	44	58%	52%
	Obesity (% of adults ages 65+)	45	35.3%	29.5%
	Teeth Extractions (% of adults ages 65+)	50	22.4%	13.4%
<b>Overall</b>		<b>48</b>	<b>-0.952</b>	

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## Summary

### Strengths

- Low suicide rate
- Low prevalence of excessive drinking
- High percentage of older adults with a dedicated health care provider

### Challenges

- High prevalence of food insecurity
- High prevalence of physical inactivity
- High prevalence of avoiding care due to cost

## Highlights

### Physical Inactivity

29%▲

from 31.5% to 40.5% of adults ages 65+ in fair or better health between 2017 and 2021.

### Poverty

14%▲

from 12.4% to 14.1% of adults ages 65+ between 2018 and 2021.

### High-speed Internet

6%▲

from 71.1% to 75.5% of households with adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>49</b>	<b>-1.336</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	29	15.3	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	41	16.4	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	50	21.0%	11.9%
	Poverty (% of adults ages 65+)	50	14.1%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	36	55.4	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	19	\$51	\$62
	High-speed Internet (% of households with adults ages 65+)	48	75.5%	83.1%
	Low-care Nursing Home Residents (% of residents)	31	16.5%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	49	99	—
	Volunteerism (% of adults ages 65+)	50	14.7%	22.1%
<b>Physical Environment*</b>		<b>20</b>	<b>0.323</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	23	7.4	7.8
	Drinking Water Violations (% of community water systems)	42	1.8%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	21	27.6%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	12	25.8%	32.3%
<b>Clinical Care*</b>		<b>46</b>	<b>-0.728</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	47	5.4%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	47	19.4	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	19	46.6	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	18	78.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	42	63.2%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	35	69.5%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	17	96.5%	96.1%
	Hospice Care (% of Medicare decedents)	27	46.7%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	50	19.7%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	49	2,176	1,482
<b>Behaviors*</b>		<b>48</b>	<b>-1.366</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	43	18.6%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	44	4.2%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	47	40.5%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	46	29.7%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	45	12.5%	8.9%
<b>Health Outcomes*</b>		<b>47</b>	<b>-0.771</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	47	9.7%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	28	10.3	9.9
	Excessive Drinking (% of adults ages 65+)	16	6.3%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	45	10.2%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	13	15.1	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	43	2,721	2,151
	Early Death Racial Disparity (ratio)**	—	1.3	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	28	28.5%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	45	19.7%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	44	58%	52%
	Obesity (% of adults ages 65+)	45	35.3%	29.5%
	Teeth Extractions (% of adults ages 65+)	40	17.2%	13.4%
<b>Overall</b>		<b>49</b>	<b>-0.996</b>	

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## Summary

### Strengths

- Low prevalence of multiple chronic conditions
- High volunteerism rate
- Low prevalence of avoiding care due to cost

### Challenges

- High suicide rate
- High prevalence of excessive drinking
- High prevalence of physical inactivity

## Highlights

### Food Insecurity

15% ▼

from 15.5% to 13.1% of adults ages 60+ between 2016-2017 and 2019-2020.

### Home Health Care Workers

11% ▼

from 60.2 to 53.5 aides per 1,000 adults ages 65+ between 2018 and 2021.

### High-speed Internet

10% ▲

from 76.6% to 84.2% of households with adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>11</b>	<b>0.471</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	20	14.0	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	23	11.9	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	34	13.1%	11.9%
	Poverty (% of adults ages 65+)	19	9.2%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	17	85.5	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	28	\$39	\$62
	High-speed Internet (% of households with adults ages 65+)	19	84.2%	83.1%
	Low-care Nursing Home Residents (% of residents)	2	4.4%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	19	46	—
	Volunteerism (% of adults ages 65+)	12	29.9%	22.1%
<b>Physical Environment*</b>		<b>4</b>	<b>0.820</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	6	5.1	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	33	30.3%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	30	30.1%	32.3%
<b>Clinical Care*</b>		<b>4</b>	<b>0.714</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	3	1.9%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	29	30.3	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	13	53.5	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	3	81.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	13	71.6%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	19	72.4%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	6	97.2%	96.1%
	Hospice Care (% of Medicare decedents)	9	52.9%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	9	42.8%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	12	1,145	1,482
<b>Behaviors*</b>		<b>39</b>	<b>-0.270</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	40	19.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	29	6.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	38	35.1%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	29	25.6%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	12	7.8%	8.9%
<b>Health Outcomes*</b>		<b>22</b>	<b>0.150</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	20	7.2%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	8	6.7	9.9
	Excessive Drinking (% of adults ages 65+)	39	8.2%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	19	7.6%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	37	20.1	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	16	1,901	2,151
	Early Death Racial Disparity (ratio)**	—	—	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	31	29.1%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	15	13.9%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	9	43%	52%
	Obesity (% of adults ages 65+)	15	27.5%	29.5%
	Teeth Extractions (% of adults ages 65+)	39	16.8%	13.4%
<b>Overall</b>		<b>15</b>	<b>0.309</b>	

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# Maryland

State Health Department Website: [health.maryland.gov/Pages/Home.aspx](https://health.maryland.gov/Pages/Home.aspx)

Overall Rank

9

## Summary

### Strengths

- Low prevalence of frequent physical distress
- Low poverty rate
- High pneumonia vaccination rate

### Challenges

- High prevalence of multiple chronic conditions
- Low level of community support expenditures
- Low hospice care use

## Highlights

### Volunteerism

41% ▼

from 38.2% to 22.7% of adults ages 65+ between 2017 and 2021.

### Food Insecurity

18% ▼

from 11.6% to 9.5% of adults ages 60+ between 2017-2018 and 2019-2020.

### Home Health Care Workers

15% ▼

from 33.1 to 28.0 aides per 1,000 adults ages 65+ between 2020 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>13</b>	<b>0.430</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	10	9.7	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	8	8.7	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	12	9.5%	11.9%
	Poverty (% of adults ages 65+)	16	9.1%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	40	\$30	\$62
	High-speed Internet (% of households with adults ages 65+)	15	85.1%	83.1%
	Low-care Nursing Home Residents (% of residents)	5	8.8%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	23	50	—
	Volunteerism (% of adults ages 65+)	30	22.7%	22.1%
<b>Physical Environment*</b>		<b>24</b>	<b>0.240</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	13	6.7	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	35	31.8%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	38	34.1%	32.3%
<b>Clinical Care*</b>		<b>11</b>	<b>0.465</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	14	2.6%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	5	49.2	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	41	28.0	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	10	79.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	10	72.8%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	11	74.4%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	2	97.9%	96.1%
	Hospice Care (% of Medicare decedents)	38	44.4%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	27	33.1%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	29	1,484	1,482
<b>Behaviors*</b>		<b>12</b>	<b>0.372</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	21	24.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	14	7.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	15	28.2%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	24	25.3%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	9	7.6%	8.9%
<b>Health Outcomes*</b>		<b>7</b>	<b>0.452</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	8	6.2%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	48	16.6	9.9
	Excessive Drinking (% of adults ages 65+)	16	6.3%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	19	7.6%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	8	13.5	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	18	1,934	2,151
	Early Death Racial Disparity (ratio)**	—	1.4	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	5	24.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	10	13.1%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	34	55%	52%
	Obesity (% of adults ages 65+)	22	30.1%	29.5%
	Teeth Extractions (% of adults ages 65+)	3	9.0%	13.4%
<b>Overall</b>		<b>9</b>	<b>0.421</b>	

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# Massachusetts

State Health Department Website: [mass.gov/orgs/departments-of-public-health](https://mass.gov/orgs/departments-of-public-health)

Overall Rank

10

## Summary

### Strengths

- Low early death rate
- High level of community support expenditures
- High home health care worker rate

### Challenges

- High prevalence of excessive drinking
- High risk of social isolation
- High prevalence of severe housing problems

## Highlights

### Drug Deaths

56%▲

from 6.4 to 10.0 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

### Poverty

16%▲

from 9.1% to 10.6% of adults ages 65+ between 2019 and 2021.

### Number of Geriatric Providers

7%▲

from 59.3 to 63.6 per 100,000 adults ages 65+ between September 2019 and September 2022.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>12</b>	<b>0.462</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	1	3.5	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	3	6.8	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	12	9.5%	11.9%
	Poverty (% of adults ages 65+)	35	10.6%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	1	\$272	\$62
	High-speed Internet (% of households with adults ages 65+)	13	85.2%	83.1%
	Low-care Nursing Home Residents (% of residents)	13	11.2%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	36	62	—
	Volunteerism (% of adults ages 65+)	34	21.6%	22.1%
<b>Physical Environment*</b>		<b>41</b>	<b>-0.173</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	19	7.3	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	47	38.6%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	47	38.9%	32.3%
<b>Clinical Care*</b>		<b>3</b>	<b>0.812</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	22	2.8%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	2	63.6	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	4	88.8	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	1	84.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	4	74.7%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	23	71.2%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	3	97.8%	96.1%
	Hospice Care (% of Medicare decedents)	35	45.1%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	23	35.4%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	38	1,729	1,482
<b>Behaviors*</b>		<b>29</b>	<b>-0.034</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	38	19.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	21	7.2%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	14	27.8%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	41	28.5%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	9	7.6%	8.9%
<b>Health Outcomes*</b>		<b>6</b>	<b>0.534</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	28	7.7%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	23	10.0	9.9
	Excessive Drinking (% of adults ages 65+)	41	8.5%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	25	7.9%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	4	9.7	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	3	1,618	2,151
	Early Death Racial Disparity (ratio)**	—	1.2	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	9	25.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	12	13.2%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	23	51%	52%
	Obesity (% of adults ages 65+)	8	26.3%	29.5%
	Teeth Extractions (% of adults ages 65+)	15	11.5%	13.4%
<b>Overall</b>		<b>10</b>	<b>0.419</b>	

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## Summary

### Strengths

- Low prevalence of food insecurity
- High volunteerism rate
- High prevalence of fruit and vegetable consumption

### Challenges

- High prevalence of excessive drinking
- High prevalence of obesity
- Low level of community support expenditures

## Highlights

### Drug Deaths

25%▲

from 8.5 to 10.6 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

### High-speed Internet

18%▲

from 69.8% to 82.3% of households with adults ages 65+ between 2016 and 2021.

### Hospice Care

7%▼

from 53.7% to 49.8% of Medicare decedents between 2017 and 2020.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>20</b>	<b>0.285</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	17	12.8	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	24	12.6	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	10	9.3%	11.9%
	Poverty (% of adults ages 65+)	20	9.3%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	19	80.3	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	31	\$36	\$62
	High-speed Internet (% of households with adults ages 65+)	29	82.3%	83.1%
	Low-care Nursing Home Residents (% of residents)	18	12.3%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	31	58	—
	Volunteerism (% of adults ages 65+)	10	30.9%	22.1%
<b>Physical Environment*</b>		<b>22</b>	<b>0.247</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	33	8.2	7.8
	Drinking Water Violations (% of community water systems)	14	0.1%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	23	28.0%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	24	28.6%	32.3%
<b>Clinical Care*</b>		<b>18</b>	<b>0.223</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	24	2.9%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	14	40.1	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	24	43.4	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	17	78.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	22	69.8%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	20	72.0%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	15	96.6%	96.1%
	Hospice Care (% of Medicare decedents)	16	49.8%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	17	38.2%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	45	1,878	1,482
<b>Behaviors*</b>		<b>30</b>	<b>-0.042</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	25	23.2%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	9	8.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	23	30.2%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	31	26.3%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	37	11.0%	8.9%
<b>Health Outcomes*</b>		<b>32</b>	<b>-0.176</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	24	7.5%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	34	10.6	9.9
	Excessive Drinking (% of adults ages 65+)	34	7.8%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	25	7.9%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	17	16.1	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	32	2,274	2,151
	Early Death Racial Disparity (ratio)**	—	1.6	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	32	29.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	25	15.6%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	30	54%	52%
	Obesity (% of adults ages 65+)	29	31.4%	29.5%
	Teeth Extractions (% of adults ages 65+)	26	13.0%	13.4%
<b>Overall</b>		<b>24</b>	<b>0.090</b>	

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## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low prevalence of food insecurity
- High home health care worker rate

### Challenges

- High prevalence of falls
- Low level of community support expenditures
- Low percentage of older adults with a dedicated health care provider

## Highlights

### Drug Deaths

73%▲

from 3.7 to 6.4 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

### Excessive Drinking

26%▼

from 9.2% to 6.8% of adults ages 65+ between 2016 and 2021.

### Poverty

15%▲

from 7.4% to 8.5% of adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>14</b>	<b>0.413</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	9	9.1	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	5	7.4	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	3	6.6%	11.9%
	Poverty (% of adults ages 65+)	9	8.5%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	34	57.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	37	\$31	\$62
	High-speed Internet (% of households with adults ages 65+)	24	83.0%	83.1%
	Low-care Nursing Home Residents (% of residents)	34	17.1%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	6	32	—
	Volunteerism (% of adults ages 65+)	11	30.7%	22.1%
<b>Physical Environment*</b>		<b>27</b>	<b>0.207</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	23	7.4	7.8
	Drinking Water Violations (% of community water systems)	39	1.1%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	29	29.4%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	27	29.5%	32.3%
<b>Clinical Care*</b>		<b>1</b>	<b>0.975</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	7	2.3%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	3	62.6	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	3	113.9	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	8	80.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	12	71.7%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	24	71.0%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	38	95.1%	96.1%
	Hospice Care (% of Medicare decedents)	8	53.6%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	7	43.8%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	15	1,185	1,482
<b>Behaviors*</b>		<b>8</b>	<b>0.648</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	13	26.7%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	22	7.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	13	27.6%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	2	20.0%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	21	8.4%	8.9%
<b>Health Outcomes*</b>		<b>3</b>	<b>0.714</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	9	6.3%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	7	6.4	9.9
	Excessive Drinking (% of adults ages 65+)	21	6.8%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	2	5.9%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	11	14.2	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	5	1,694	2,151
	Early Death Racial Disparity (ratio)**	—	2.6	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	30	28.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	4	12.0%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	11	44%	52%
	Obesity (% of adults ages 65+)	24	30.8%	29.5%
	Teeth Extractions (% of adults ages 65+)	2	8.8%	13.4%
<b>Overall</b>		<b>4</b>	<b>0.637</b>	

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\*\* Disparity measures compare the group with the highest or lowest rate to the white rate.

\* Non-ranking measure.

— Data not available, missing or suppressed.

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## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low prevalence of excessive drinking
- Low prevalence of severe housing problems

### Challenges

- High early death rate
- High poverty rate
- High prevalence of food insecurity

## Highlights

### Home Health Care Workers

50%▲

from 27.8 to 41.7 aides per 1,000 adults ages 65+ between 2018 and 2021.

### Food Insecurity

17%▲

from 17.7% to 20.7% of adults ages 60+ between 2016-2017 and 2019-2020.

### High-speed Internet

14%▲

from 63.8% to 72.5% of households with adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>50</b>	<b>-1.357</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	37	19.2	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	49	20.2	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	49	20.7%	11.9%
	Poverty (% of adults ages 65+)	49	13.8%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	41	50.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	42	\$29	\$62
	High-speed Internet (% of households with adults ages 65+)	50	72.5%	83.1%
	Low-care Nursing Home Residents (% of residents)	34	17.1%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	50	100	—
	Volunteerism (% of adults ages 65+)	39	18.7%	22.1%
<b>Physical Environment*</b>		<b>42</b>	<b>-0.277</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	33	8.2	7.8
	Drinking Water Violations (% of community water systems)	48	6.3%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	4	24.1%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	5	24.5%	32.3%
<b>Clinical Care*</b>		<b>49</b>	<b>-0.944</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	45	5.0%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	28	30.6	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	27	41.7	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	36	74.7%	75.9%
	Flu Vaccination (% of adults ages 65+)	46	62.3%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	48	63.2%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	27	96.1%	96.1%
	Hospice Care (% of Medicare decedents)	41	42.3%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	49	20.3%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	47	2.062	1.482
<b>Behaviors*</b>		<b>47</b>	<b>-1.312</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	48	13.4%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	44	4.2%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	42	36.2%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	36	26.8%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	48	14.3%	8.9%
<b>Health Outcomes*</b>		<b>43</b>	<b>-0.510</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	50	10.7%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	11	7.2	9.9
	Excessive Drinking (% of adults ages 65+)	7	4.8%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	18	7.5%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	29	18.4	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	50	3,147	2,151
	Early Death Racial Disparity (ratio)**	—	1.2	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	14	26.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	44	19.4%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	44	58%	52%
	Obesity (% of adults ages 65+)	30	31.5%	29.5%
	Teeth Extractions (% of adults ages 65+)	47	20.0%	13.4%
<b>Overall</b>		<b>50</b>	<b>-1.000</b>	

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## Summary

### Strengths

- Low prevalence of excessive drinking
- High volunteerism rate
- Low prevalence of avoiding care due to cost

### Challenges

- High early death rate
- Low percentage of households with high-speed internet
- Low prevalence of fruit and vegetable consumption

## Highlights

### Number of Geriatric Providers

16%▲

from 31.4 to 36.5 per 100,000 adults ages 65+ between September 2020 and September 2022.

### Poverty

16%▲

from 8.2% to 9.5% of adults ages 65+ between 2018 and 2021.

### Multiple Chronic Conditions

13%▲

from 47% to 53% of Medicare beneficiaries ages 65+ between 2020 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>41</b>	<b>-0.404</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	31	16.0	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	41	16.4	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	41	14.0%	11.9%
	Poverty (% of adults ages 65+)	25	9.5%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	32	58.2	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	24	\$42	\$62
	High-speed Internet (% of households with adults ages 65+)	36	80.3%	83.1%
	Low-care Nursing Home Residents (% of residents)	49	31.3%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	33	60	—
	Volunteerism (% of adults ages 65+)	17	27.6%	22.1%
<b>Physical Environment*</b>		<b>17</b>	<b>0.437</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	25	7.6	7.8
	Drinking Water Violations (% of community water systems)	24	0.2%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	17	26.8%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	20	27.3%	32.3%
<b>Clinical Care*</b>		<b>20</b>	<b>0.175</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	6	2.2%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	19	36.5	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	10	65.4	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	29	76.8%	75.9%
	Flu Vaccination (% of adults ages 65+)	19	69.9%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	16	72.9%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	23	96.3%	96.1%
	Hospice Care (% of Medicare decedents)	24	47.5%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	43	25.6%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	42	1,796	1,482
<b>Behaviors*</b>		<b>44</b>	<b>-0.834</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	44	15.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	48	3.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	37	34.7%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	23	25.2%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	36	10.3%	8.9%
<b>Health Outcomes*</b>		<b>41</b>	<b>-0.439</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	33	8.3%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	19	8.8	9.9
	Excessive Drinking (% of adults ages 65+)	18	6.6%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	34	8.6%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	27	18.0	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	37	2,429	2,151
	Early Death Racial Disparity (ratio)**	—	1.4	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	41	30.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	36	16.5%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	28	53%	52%
	Obesity (% of adults ages 65+)	35	32.5%	29.5%
	Teeth Extractions (% of adults ages 65+)	43	17.7%	13.4%
<b>Overall</b>		<b>40</b>	<b>-0.341</b>	

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## Summary

### Strengths

- Low prevalence of multiple chronic conditions
- Low prevalence of food insecurity
- Low prevalence of avoiding care due to cost

### Challenges

- High suicide rate
- High prevalence of excessive drinking
- Low geriatric provider rate

## Highlights

### Obesity

28%▲

from 24.1% to 30.9% of adults ages 65+ between 2018 and 2021.

### High-speed Internet

23%▲

from 67.8% to 83.3% of households with adults ages 65+ between 2016 and 2021.

### Home Health Care Workers

23%▲

from 32.5 to 40.1 aides per 1,000 adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>26</b>	<b>0.174</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	49	27.3	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	35	15.0	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	9	9.2%	11.9%
	Poverty (% of adults ages 65+)	15	8.8%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	33	57.9	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	12	\$83	\$62
	High-speed Internet (% of households with adults ages 65+)	21	83.3%	83.1%
	Low-care Nursing Home Residents (% of residents)	45	24.8%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	12	39	—
	Volunteerism (% of adults ages 65+)	18	271%	22.1%
<b>Physical Environment*</b>		<b>6</b>	<b>0.757</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	8	6.1	7.8
	Drinking Water Violations (% of community water systems)	24	0.2%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	10	25.4%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	19	27.2%	32.3%
<b>Clinical Care*</b>		<b>41</b>	<b>-0.356</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	14	2.6%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	46	21.3	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	31	40.1	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	38	74.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	36	65.0%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	36	69.3%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	44	93.4%	96.1%
	Hospice Care (% of Medicare decedents)	44	41.2%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	36	29.4%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	5	929	1,482
<b>Behaviors*</b>		<b>10</b>	<b>0.422</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	5	28.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	31	5.9%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	20	29.6%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	5	21.2%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	28	9.0%	8.9%
<b>Health Outcomes*</b>		<b>28</b>	<b>-0.036</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	11	6.7%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	5	6.0	9.9
	Excessive Drinking (% of adults ages 65+)	42	8.6%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	24	7.8%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	49	34.1	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	23	1,980	2,151
	Early Death Racial Disparity (ratio)**	—	2.1	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	39	29.9%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	25	15.6%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	3	38%	52%
	Obesity (% of adults ages 65+)	25	30.9%	29.5%
	Teeth Extractions (% of adults ages 65+)	23	12.9%	13.4%
<b>Overall</b>		<b>23</b>	<b>0.094</b>	

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## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low prevalence of food insecurity
- Low prevalence of avoiding care due to cost

### Challenges

- High prevalence of obesity
- Low percentage of households with high-speed internet
- Low home health care worker rate

## Highlights

### Poverty

21%▲

from 7.2% to 8.7% of adults ages 65+ between 2017 and 2021.

### Obesity

17%▲

from 29.9% to 34.9% of adults ages 65+ between 2016 and 2021.

### Number of Geriatric Providers

11%▲

from 23.8 to 26.4 per 100,000 adults ages 65+ between September 2019 and September 2022.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>22</b>	<b>0.225</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	12	11.1	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	31	14.4	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	7	8.5%	11.9%
	Poverty (% of adults ages 65+)	13	8.7%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	39	52.3	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	15	\$57	\$62
	High-speed Internet (% of households with adults ages 65+)	34	80.6%	83.1%
	Low-care Nursing Home Residents (% of residents)	33	16.9%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	16	43	—
	Volunteerism (% of adults ages 65+)	13	29.8%	22.1%
<b>Physical Environment*</b>		<b>5</b>	<b>0.777</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	10	6.2	7.8
	Drinking Water Violations (% of community water systems)	14	0.1%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	24	28.1%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	15	26.8%	32.3%
<b>Clinical Care*</b>		<b>13</b>	<b>0.405</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	1	1.7%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	36	26.4	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	34	34.2	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	42	73.7%	75.9%
	Flu Vaccination (% of adults ages 65+)	16	71.1%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	5	75.3%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	21	96.4%	96.1%
	Hospice Care (% of Medicare decedents)	18	48.3%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	8	43.7%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	14	1,161	1,482
<b>Behaviors*</b>		<b>17</b>	<b>0.200</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	26	22.7%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	22	7.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	34	33.4%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	5	21.2%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	16	8.2%	8.9%
<b>Health Outcomes*</b>		<b>12</b>	<b>0.390</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	11	6.7%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	1	3.9	9.9
	Excessive Drinking (% of adults ages 65+)	24	7.0%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	4	6.3%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	10	13.9	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	19	1,945	2,151
	Early Death Racial Disparity (ratio)**	—	2.1	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	19	27.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	6	12.4%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	19	48%	52%
	Obesity (% of adults ages 65+)	44	34.9%	29.5%
	Teeth Extractions (% of adults ages 65+)	9	10.6%	13.4%
<b>Overall</b>		<b>13</b>	<b>0.325</b>	

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† Non-ranking measure.

— Data not available, missing or suppressed.

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## Summary

### Strengths

- Low prevalence of obesity
- Low prevalence of excessive drinking
- Low prevalence of physical inactivity

### Challenges

- High suicide rate
- High poverty rate
- Low flu vaccination rate

## Highlights

### Home Health Care Workers

15% ▼

from 30.7 to 26.0 aides per 1,000 adults ages 65+ between 2018 and 2021.

### High-speed Internet

14% ▲

from 74.8% to 85.6% of households with adults ages 65+ between 2016 and 2021.

### Early Deaths

8% ▲

from 2,234 to 2,403 deaths per 100,000 adults ages 65-74 between 2020 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>34</b>	<b>-0.118</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	48	25.0	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	17	10.6	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	23	10.8%	11.9%
	Poverty (% of adults ages 65+)	41	11.3%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	15	91.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	40	\$30	\$62
	High-speed Internet (% of households with adults ages 65+)	12	85.6%	83.1%
	Low-care Nursing Home Residents (% of residents)	28	15.7%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	30	56	—
	Volunteerism (% of adults ages 65+)	43	18.0%	22.1%
<b>Physical Environment*</b>		<b>47</b>	<b>-0.487</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	47	9.6	7.8
	Drinking Water Violations (% of community water systems)	14	0.1%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	44	35.2%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	42	35.9%	32.3%
<b>Clinical Care*</b>		<b>48</b>	<b>-0.790</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	43	4.7%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	24	33.6	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	44	26.0	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	24	77.7%	75.9%
	Flu Vaccination (% of adults ages 65+)	48	60.2%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	46	64.3%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	46	91.9%	96.1%
	Hospice Care (% of Medicare decedents)	29	46.4%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	33	30.7%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	30	1,514	1,482
<b>Behaviors*</b>		<b>42</b>	<b>-0.734</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	33	20.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	39	4.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	16	28.3%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	43	29.4%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	46	12.6%	8.9%
<b>Health Outcomes*</b>		<b>40</b>	<b>-0.403</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	36	8.5%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	47	16.4	9.9
	Excessive Drinking (% of adults ages 65+)	12	6.0%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	46	11.5%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	48	30.7	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	36	2,403	2,151
	Early Death Racial Disparity (ratio)**	—	1.5	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	25	28.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	46	20.5%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	16	47%	52%
	Obesity (% of adults ages 65+)	6	25.1%	29.5%
	Teeth Extractions (% of adults ages 65+)	26	13.0%	13.4%
<b>Overall</b>		<b>43</b>	<b>-0.465</b>	

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## Summary

### Strengths

- Low prevalence of frequent physical distress
- Low prevalence of food insecurity
- Low prevalence of avoiding care due to cost

### Challenges

- High prevalence of excessive drinking
- Low home health care worker rate
- High prevalence of severe housing problems

## Highlights

### Poverty

50%▲

from 4.6% to 6.9% of adults ages 65+ between 2016 and 2021.

### Number of Geriatric Providers

18%▲

from 34.4 to 40.7 per 100,000 adults ages 65+ between September 2019 and September 2022.

### High-speed Internet

6%▲

from 82.1% to 87.4% of households with adults ages 65+ between 2017 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>4</b>	<b>0.768</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	14	12.0	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	13	10.3	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	1	6.4%	11.9%
	Poverty (% of adults ages 65+)	2	6.9%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	47	42.3	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	14	\$66	\$62
	High-speed Internet (% of households with adults ages 65+)	5	87.4%	83.1%
	Low-care Nursing Home Residents (% of residents)	40	18.4%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	2	19	—
	Volunteerism (% of adults ages 65+)	13	29.8%	22.1%
<b>Physical Environment*</b>		<b>9</b>	<b>0.540</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	2	4.6	7.8
	Drinking Water Violations (% of community water systems)	24	0.2%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	38	32.4%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	42	35.9%	32.3%
<b>Clinical Care*</b>		<b>6</b>	<b>0.647</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	1	1.7%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	13	40.7	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	40	29.9	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	4	81.3%	75.9%
	Flu Vaccination (% of adults ages 65+)	3	74.9%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	8	75.1%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	9	97.0%	96.1%
	Hospice Care (% of Medicare decedents)	18	48.3%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	31	31.6%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	18	1,269	1,482
<b>Behaviors*</b>		<b>4</b>	<b>0.968</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	11	27.2%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	4	11.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	8	26.4%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	19	23.9%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	7	7.4%	8.9%
<b>Health Outcomes*</b>		<b>5</b>	<b>0.558</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	4	6.0%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	3	5.6	9.9
	Excessive Drinking (% of adults ages 65+)	34	7.8%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	6	7.0%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	29	18.4	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	8	1,743	2,151
	Early Death Racial Disparity (ratio)**	—	1.2	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	28	28.5%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	5	12.1%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	11	44%	52%
	Obesity (% of adults ages 65+)	7	25.9%	29.5%
	Teeth Extractions (% of adults ages 65+)	12	11.0%	13.4%
<b>Overall</b>		<b>2</b>	<b>0.720</b>	

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## Summary

### Strengths

- Low early death rate
- Low prevalence of obesity
- High geriatric provider rate

### Challenges

- High prevalence of multiple chronic conditions
- Low hospice care use
- High prevalence of severe housing problems

## Highlights

### Drug Deaths

158%▲

from 4.0 to 10.3 deaths per 100,000 adults ages 65+ between 2014-2016 and 2019-2021.

### Flu Vaccination Rates

17%▲

from 57.2% to 67.1% of adults ages 65+ between 2013 and 2021.

### High-speed Internet

16%▲

from 73.6% to 85.1% of households with adults ages 65+ between 2016 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>25</b>	<b>0.181</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	3	4.4	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	7	7.8	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	17	9.7%	11.9%
	Poverty (% of adults ages 65+)	22	9.4%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	14	94.3	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	24	\$42	\$62
	High-speed Internet (% of households with adults ages 65+)	15	85.1%	83.1%
	Low-care Nursing Home Residents (% of residents)	27	15.6%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	28	52	—
	Volunteerism (% of adults ages 65+)	38	19.1%	22.1%
<b>Physical Environment*</b>		<b>50</b>	<b>-1.333</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	28	7.8	7.8
	Drinking Water Violations (% of community water systems)	49	8.9%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	49	40.0%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	50	43.6%	32.3%
<b>Clinical Care*</b>		<b>38</b>	<b>-0.280</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	41	4.4%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	5	49.2	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	20	46.4	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	40	74.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	26	67.1%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	47	64.2%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	32	95.7%	96.1%
	Hospice Care (% of Medicare decedents)	46	39.5%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	11	41.5%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	28	1,472	1,482
<b>Behaviors*</b>		<b>26</b>	<b>0.036</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	—	—	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	2	12.2%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	29	32.4%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	42	28.6%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	16	8.2%	8.9%
<b>Health Outcomes*</b>		<b>15</b>	<b>0.323</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	11	6.7%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	28	10.3	9.9
	Excessive Drinking (% of adults ages 65+)	21	6.8%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	39	9.4%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	2	9.2	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	6	1,727	2,151
	Early Death Racial Disparity (ratio)**	—	1.6	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	6	25.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	31	16.3%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	40	56%	52%
	Obesity (% of adults ages 65+)	8	26.3%	29.5%
	Teeth Extractions (% of adults ages 65+)	9	10.6%	13.4%
<b>Overall</b>		<b>29</b>	<b>0.020</b>	

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## Summary

### Strengths

- Low prevalence of multiple chronic conditions
- Low prevalence of excessive drinking
- High home health care worker rate

### Challenges

- High suicide rate
- High poverty rate
- Low percentage of older adults with a dedicated health care provider

## Highlights

### Drug Deaths

90%▲

from 7.2 to 13.7 deaths per 100,000 adults ages 65+ between 2015-2017 and 2019-2021.

### Early Deaths

29%▲

from 1,694 to 2,183 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

### High-speed Internet

23%▲

from 63.7% to 78.2% of households with adults ages 65+ between 2016 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>47</b>	<b>-0.890</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	46	22.7	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	32	14.6	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	36	13.5%	11.9%
	Poverty (% of adults ages 65+)	48	12.8%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	31	60.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	20	\$50	\$62
	High-speed Internet (% of households with adults ages 65+)	45	78.2%	83.1%
	Low-care Nursing Home Residents (% of residents)	44	22.2%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	48	91	—
	Volunteerism (% of adults ages 65+)	22	25.3%	22.1%
<b>Physical Environment*</b>		<b>25</b>	<b>0.230</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	13	6.7	7.8
	Drinking Water Violations (% of community water systems)	45	2.9%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	19	27.1%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	17	27.0%	32.3%
<b>Clinical Care*</b>		<b>40</b>	<b>-0.338</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	39	4.0%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	37	26.3	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	5	85.9	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	45	71.7%	75.9%
	Flu Vaccination (% of adults ages 65+)	28	66.8%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	39	68.6%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	47	91.4%	96.1%
	Hospice Care (% of Medicare decedents)	34	45.4%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	39	28.6%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	9	1,032	1,482
<b>Behaviors*</b>		<b>36</b>	<b>-0.198</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	16	25.2%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	44	4.2%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	22	30.0%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	34	26.7%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	32	9.2%	8.9%
<b>Health Outcomes*</b>		<b>26</b>	<b>-0.019</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	45	9.5%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	44	13.7	9.9
	Excessive Drinking (% of adults ages 65+)	4	4.4%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	39	9.4%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	47	26.2	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	30	2,183	2,151
	Early Death Racial Disparity (ratio)**	—	1.6	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	48	33.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	31	16.3%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	9	43%	52%
	Obesity (% of adults ages 65+)	11	26.7%	29.5%
	Teeth Extractions (% of adults ages 65+)	23	12.9%	13.4%
<b>Overall</b>		<b>41</b>	<b>-0.367</b>	

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## Summary

### Strengths

- Low suicide rate
- High level of community support expenditures
- High home health care worker rate

### Challenges

- High poverty rate
- High risk of social isolation
- Low hospice care use

## Highlights

### Drug Deaths

43%▲

from 6.7 to 9.6 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

### High-speed Internet

17%▲

from 70.4% to 82.6% of households with adults ages 65+ between 2016 and 2021.

### Early Deaths

14%▼

from 2,026 to 1,737 deaths per 100,000 adults ages 65-74 between 2020 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>35</b>	<b>-0.158</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	4	4.5	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	2	6.4	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	30	12.4%	11.9%
	Poverty (% of adults ages 65+)	47	12.2%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	9	\$100	\$62
	High-speed Internet (% of households with adults ages 65+)	27	82.6%	83.1%
	Low-care Nursing Home Residents (% of residents)	6	9.5%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	47	86	—
	Volunteerism (% of adults ages 65+)	36	19.8%	22.1%
<b>Physical Environment*</b>		<b>40</b>	<b>-0.153</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	11	6.5	7.8
	Drinking Water Violations (% of community water systems)	14	0.1%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	48	39.7%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	48	41.1%	32.3%
<b>Clinical Care*</b>		<b>29</b>	<b>-0.021</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	35	3.5%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	16	38.5	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	1	137.6	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	14	79.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	28	66.8%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	43	65.6%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	30	96.0%	96.1%
	Hospice Care (% of Medicare decedents)	50	24.7%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	25	34.9%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	27	1,468	1,482
<b>Behaviors*</b>		<b>13</b>	<b>0.336</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	20	24.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	3	12.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	26	31.2%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	43	29.4%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	16	8.2%	8.9%
<b>Health Outcomes*</b>		<b>8</b>	<b>0.431</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	31	7.8%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	21	9.6	9.9
	Excessive Drinking (% of adults ages 65+)	23	6.9%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	29	8.3%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	3	9.6	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	7	1,737	2,151
	Early Death Racial Disparity (ratio)**	—	1.4	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	8	25.1%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	18	14.5%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	30	54%	52%
	Obesity (% of adults ages 65+)	14	27.1%	29.5%
	Teeth Extractions (% of adults ages 65+)	19	12.0%	13.4%
<b>Overall</b>		<b>22</b>	<b>0.116</b>	

\* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

\*\* Disparity measures compare the group with the highest or lowest rate to the white rate.

\* Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org).

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# North Carolina

State Health Department Website: [ncdhhs.gov](https://ncdhhs.gov)

Overall Rank

# 33

## Summary

### Strengths

- High level of community support expenditures
- High pneumonia vaccination rate
- Low prevalence of physical inactivity

### Challenges

- High prevalence of obesity
- Low percentage of households with high-speed internet
- Low home health care worker rate

## Highlights

### Drug Deaths

# 89%

from 3.8 to 7.2 deaths per 100,000 adults ages 65+ between 2011-2013 and 2019-2021.

### Food Insecurity

# 20%

from 17.2% to 13.7% of adults ages 60+ between 2017-2018 and 2019-2020.

### Poverty

# 17%

from 8.7% to 10.2% of adults ages 65+ between 2018 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>28</b>	<b>0.123</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	20	14.0	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	25	12.9	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	38	13.7%	11.9%
	Poverty (% of adults ages 65+)	33	10.2%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	24	75.9	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	5	\$138	\$62
	High-speed Internet (% of households with adults ages 65+)	34	80.6%	83.1%
	Low-care Nursing Home Residents (% of residents)	11	10.7%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	29	55	—
	Volunteerism (% of adults ages 65+)	32	22.2%	22.1%
<b>Physical Environment*</b>		<b>16</b>	<b>0.440</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	18	7.2	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	27	28.7%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	25	29.1%	32.3%
<b>Clinical Care*</b>		<b>21</b>	<b>0.162</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	36	3.6%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	18	37.0	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	38	31.6	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	5	80.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	19	69.9%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	7	75.2%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	7	97.1%	96.1%
	Hospice Care (% of Medicare decedents)	23	47.9%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	42	26.9%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	35	1,609	1,482
<b>Behaviors*</b>		<b>37</b>	<b>-0.212</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	42	19.1%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	43	4.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	12	27.5%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	24	25.3%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	23	8.5%	8.9%
<b>Health Outcomes*</b>		<b>37</b>	<b>-0.263</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	27	7.6%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	11	7.2	9.9
	Excessive Drinking (% of adults ages 65+)	24	7.0%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	25	7.9%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	17	16.1	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	35	2,310	2,151
	Early Death Racial Disparity (ratio)**	—	1.3	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	27	28.4%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	37	16.6%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	30	54%	52%
	Obesity (% of adults ages 65+)	38	33.0%	29.5%
	Teeth Extractions (% of adults ages 65+)	35	15.8%	13.4%
<b>Overall</b>		<b>33</b>	<b>-0.017</b>	

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\* Non-ranking measure.

— Data not available, missing or suppressed.

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# North Dakota

State Health Department Website: [health.nd.gov](https://health.nd.gov)

Overall Rank

# 16

## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low prevalence of food insecurity
- Low prevalence of avoiding care due to cost

### Challenges

- High prevalence of obesity
- High prevalence of excessive drinking
- Low hospice care use

## Highlights

### Number of Geriatric Providers

67%▲

from 13.0 to 21.7 per 100,000 adults ages 65+ between September 2021 and September 2022.

### High-speed Internet

22%▲

from 64.6% to 79.1% of households with adults ages 65+ between 2016 and 2021.

### Home Health Care Workers

14%▼

from 58.0 to 50.1 aides per 1,000 adults ages 65+ between 2016 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>16</b>	<b>0.330</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	14	12.0	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	37	15.4	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	2	6.5%	11.9%
	Poverty (% of adults ages 65+)	22	9.4%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	46	44.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	8	\$102	\$62
	High-speed Internet (% of households with adults ages 65+)	43	79.1%	83.1%
	Low-care Nursing Home Residents (% of residents)	25	15.4%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	17	45	—
	Volunteerism (% of adults ages 65+)	7	33.2%	22.1%
<b>Physical Environment*</b>		<b>2</b>	<b>1.253</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	4	5.0	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	5	24.6%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	3	23.3%	32.3%
<b>Clinical Care*</b>		<b>31</b>	<b>-0.067</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	3	1.9%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	43	21.7	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	14	50.1	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	32	76.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	23	69.5%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	30	70.4%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	41	94.2%	96.1%
	Hospice Care (% of Medicare decedents)	48	31.6%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	3	48.9%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	26	1,452	1,482
<b>Behaviors*</b>		<b>18</b>	<b>0.186</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	37	20.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	22	7.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	24	30.8%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	9	22.6%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	8	7.5%	8.9%
<b>Health Outcomes*</b>		<b>11</b>	<b>0.397</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	2	5.7%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	—	—	9.9
	Excessive Drinking (% of adults ages 65+)	37	8.0%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	1	5.7%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	7	13.1	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	17	1,907	2,151
	Early Death Racial Disparity (ratio)**	—	2.1	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	12	26.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	6	12.4%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	19	48%	52%
	Obesity (% of adults ages 65+)	47	35.6%	29.5%
	Teeth Extractions (% of adults ages 65+)	17	11.7%	13.4%
<b>Overall</b>		<b>16</b>	<b>0.285</b>	

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† Non-ranking measure.

— Data not available, missing or suppressed.

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## Summary

## Strengths

- Low prevalence of excessive drinking
- Low poverty rate
- High hospice care use

## Challenges

- High early death rate
- High prevalence of obesity
- High prevalence of physical inactivity

## Highlights

## Drug Deaths

44%▲

from 7.3 to 10.5 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

## Number of Geriatric Providers

25%▲

from 32.9 to 41.0 per 100,000 adults ages 65+ between September 2019 and September 2022.

## High-speed Internet

17%▲

from 68.6% to 80.2% of households with adults ages 65+ between 2016 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>32</b>	<b>-0.046</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	18	13.2	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	15	10.4	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	22	10.2%	11.9%
	Poverty (% of adults ages 65+)	25	9.5%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	21	78.6	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	31	\$36	\$62
	High-speed Internet (% of households with adults ages 65+)	37	80.2%	83.1%
	Low-care Nursing Home Residents (% of residents)	29	15.9%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	37	63	—
	Volunteerism (% of adults ages 65+)	23	24.9%	22.1%
<b>Physical Environment*</b>		<b>29</b>	<b>0.153</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	41	8.7	7.8
	Drinking Water Violations (% of community water systems)	14	0.1%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	21	27.6%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	23	28.4%	32.3%
<b>Clinical Care*</b>		<b>22</b>	<b>0.158</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	22	2.8%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	11	41.0	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	22	45.3	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	28	77.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	32	66.3%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	27	70.7%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	9	97.0%	96.1%
	Hospice Care (% of Medicare decedents)	3	54.8%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	34	30.6%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	37	1,713	1,482
<b>Behaviors*</b>		<b>40</b>	<b>-0.684</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	35	20.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	38	5.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	40	35.6%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	30	26.1%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	37	11.0%	8.9%
<b>Health Outcomes*</b>		<b>39</b>	<b>-0.304</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	22	7.4%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	32	10.5	9.9
	Excessive Drinking (% of adults ages 65+)	9	5.2%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	38	8.9%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	17	16.1	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	39	2,488	2,151
	Early Death Racial Disparity (ratio)**	—	1.4	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	22	28.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	27	15.7%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	34	55%	52%
	Obesity (% of adults ages 65+)	48	35.7%	29.5%
	Teeth Extractions (% of adults ages 65+)	34	15.6%	13.4%
<b>Overall</b>		<b>37</b>	<b>-0.187</b>	

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## Summary

### Strengths

- Low prevalence of excessive drinking
- High pneumonia vaccination rate
- Low prevalence of severe housing problems

### Challenges

- High prevalence of food insecurity
- Low home health care worker rate
- High prevalence of physical inactivity

## Highlights

### Number of Geriatric Providers

38%▲

from 15.7 to 21.7 per 100,000 adults ages 65+ between September 2019 and September 2022.

### Early Deaths

25%▲

from 2,379 to 2,975 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

### Poverty

22%▲

from 8.7% to 10.6% of adults ages 65+ between 2018 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>46</b>	<b>-0.812</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	45	21.0	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	34	14.9	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	47	17.7%	11.9%
	Poverty (% of adults ages 65+)	35	10.6%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	28	63.6	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	44	\$26	\$62
	High-speed Internet (% of households with adults ages 65+)	39	79.9%	83.1%
	Low-care Nursing Home Residents (% of residents)	48	28.3%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	42	76	—
	Volunteerism (% of adults ages 65+)	24	24.8%	22.1%
<b>Physical Environment*</b>		<b>34</b>	<b>0.033</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	41	8.7	7.8
	Drinking Water Violations (% of community water systems)	44	2.4%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	12	25.6%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	7	24.6%	32.3%
<b>Clinical Care*</b>		<b>42</b>	<b>-0.428</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	40	4.3%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	43	21.7	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	43	26.2	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	46	71.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	25	68.0%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	5	75.3%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	32	95.7%	96.1%
	Hospice Care (% of Medicare decedents)	18	48.3%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	40	27.9%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	44	1,829	1,482
<b>Behaviors*</b>		<b>45</b>	<b>-1.178</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	46	14.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	49	3.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	45	39.0%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	12	23.1%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	43	12.2%	8.9%
<b>Health Outcomes*</b>		<b>45</b>	<b>-0.677</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	43	9.4%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	26	10.1	9.9
	Excessive Drinking (% of adults ages 65+)	3	4.3%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	41	9.5%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	41	23.3	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	48	2,975	2,151
	Early Death Racial Disparity (ratio)**	—	1.3	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	33	29.4%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	37	16.6%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	40	56%	52%
	Obesity (% of adults ages 65+)	40	33.2%	29.5%
	Teeth Extractions (% of adults ages 65+)	45	19.2%	13.4%
<b>Overall</b>		<b>46</b>	<b>-0.732</b>	

\* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

\*\* Disparity measures compare the group with the highest or lowest rate to the white rate.

\* Non-ranking measure.

— Data not available, missing or suppressed.

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## Summary

### Strengths

- Low prevalence of multiple chronic conditions
- High pneumonia vaccination rate
- Low prevalence of physical inactivity

### Challenges

- High suicide rate
- High prevalence of excessive drinking
- Low percentage of older adults with a dedicated health care provider

## Highlights

### Drug Deaths

90%▲

from 5.9 to 11.2 deaths per 100,000 adults ages 65+ between 2011-2013 and 2019-2021.

### Fruit and Vegetable Consumption

56%▼

from 12.5% to 5.5% of adults ages 65+ between 2017 and 2021.

### High-speed Internet

13%▲

from 76.0% to 86.1% of households with adults ages 65+ between 2016 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>10</b>	<b>0.479</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	37	19.2	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	27	13.3	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	15	9.6%	11.9%
	Poverty (% of adults ages 65+)	20	9.3%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	30	\$37	\$62
	High-speed Internet (% of households with adults ages 65+)	9	86.1%	83.1%
	Low-care Nursing Home Residents (% of residents)	7	9.7%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	19	46	—
	Volunteerism (% of adults ages 65+)	27	23.8%	22.1%
<b>Physical Environment*</b>		<b>44</b>	<b>-0.360</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	44	8.9	7.8
	Drinking Water Violations (% of community water systems)	30	0.3%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	43	34.4%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	41	35.7%	32.3%
<b>Clinical Care*</b>		<b>23</b>	<b>0.154</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	24	2.9%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	35	27.7	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	23	44.9	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	25	77.5%	75.9%
	Flu Vaccination (% of adults ages 65+)	33	66.0%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	2	75.5%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	45	92.9%	96.1%
	Hospice Care (% of Medicare decedents)	6	54.5%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	25	34.9%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	7	998	1,482
<b>Behaviors*</b>		<b>9</b>	<b>0.554</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	14	26.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	36	5.5%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	2	22.0%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	17	23.4%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	16	8.2%	8.9%
<b>Health Outcomes*</b>		<b>19</b>	<b>0.237</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	36	8.5%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	37	11.2	9.9
	Excessive Drinking (% of adults ages 65+)	43	8.8%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	19	7.6%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	46	26.1	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	21	1,968	2,151
	Early Death Racial Disparity (ratio)**	—	1.7	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	24	28.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	19	14.6%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	7	42%	52%
	Obesity (% of adults ages 65+)	5	25.0%	29.5%
	Teeth Extractions (% of adults ages 65+)	14	11.3%	13.4%
<b>Overall</b>		<b>12</b>	<b>0.326</b>	

\* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

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\* Non-ranking measure.

— Data not available, missing or suppressed.

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# Pennsylvania

State Health Department Website: [health.pa.gov](https://health.pa.gov)

Overall Rank

27

## Summary

### Strengths

- High level of community support expenditures
- High percentage of older adults with a dedicated health care provider
- High geriatric provider rate

### Challenges

- High prevalence of multiple chronic conditions
- High prevalence of frequent physical distress
- Low percentage of households with high-speed internet

## Highlights

### Drug Deaths

140%▲

from 4.3 to 10.3 deaths per 100,000 adults ages 65+ between 2011-2013 and 2019-2021.

### Food Insecurity

34%▼

from 16.5% to 10.9% of adults ages 60+ between 2015-2016 and 2019-2020.

### Early Deaths

21%▲

from 1,775 to 2,153 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>24</b>	<b>0.203</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	13	11.9	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	10	9.1	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	24	10.9%	11.9%
	Poverty (% of adults ages 65+)	28	9.6%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	11	\$84	\$62
	High-speed Internet (% of households with adults ages 65+)	38	80.1%	83.1%
	Low-care Nursing Home Residents (% of residents)	21	13.2%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	34	61	—
	Volunteerism (% of adults ages 65+)	20	25.6%	22.1%
<b>Physical Environment*</b>		<b>37</b>	<b>-0.090</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	41	8.7	7.8
	Drinking Water Violations (% of community water systems)	34	0.5%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	30	29.5%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	33	31.4%	32.3%
<b>Clinical Care*</b>		<b>14</b>	<b>0.402</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	18	2.7%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	9	45.6	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	7	78.5	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	23	78.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	16	71.1%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	31	70.3%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	4	97.4%	96.1%
	Hospice Care (% of Medicare decedents)	31	46.1%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	30	32.2%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	32	1,584	1,482
<b>Behaviors*</b>		<b>35</b>	<b>-0.186</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	29	21.7%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	25	6.9%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	28	32.2%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	31	26.3%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	34	9.3%	8.9%
<b>Health Outcomes*</b>		<b>36</b>	<b>-0.251</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	15	6.9%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	28	10.3	9.9
	Excessive Drinking (% of adults ages 65+)	32	7.6%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	33	8.5%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	15	15.7	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	28	2,153	2,151
	Early Death Racial Disparity (ratio)**	—	1.6	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	19	27.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	41	17.3%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	40	56%	52%
	Obesity (% of adults ages 65+)	27	31.0%	29.5%
	Teeth Extractions (% of adults ages 65+)	32	14.6%	13.4%
<b>Overall</b>		<b>27</b>	<b>0.037</b>	

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## Summary

### Strengths

- Low suicide rate
- Low prevalence of obesity
- High geriatric provider rate

### Challenges

- High prevalence of excessive drinking
- High risk of social isolation
- High prevalence of food insecurity

## Highlights

### Drug Deaths

73%▲

from 7.7 to 13.3 deaths per 100,000 adults ages 65+ between 2015-2017 and 2019-2021.

### High-speed Internet

22%▲

from 68.2% to 83.2% of households with adults ages 65+ between 2016 and 2021.

### Number of Geriatric Providers

14%▲

from 56.1 to 63.9 per 100,000 adults ages 65+ between September 2019 and September 2022.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>37</b>	<b>-0.232</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	2	4.1	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	11	9.9	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	40	13.8%	11.9%
	Poverty (% of adults ages 65+)	30	9.8%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	43	\$27	\$62
	High-speed Internet (% of households with adults ages 65+)	23	83.2%	83.1%
	Low-care Nursing Home Residents (% of residents)	30	16.2%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	40	69	—
	Volunteerism (% of adults ages 65+)	48	16.1%	22.1%
<b>Physical Environment*</b>		<b>36</b>	<b>-0.080</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	16	7.1	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	45	35.4%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	45	38.0%	32.3%
<b>Clinical Care*</b>		<b>2</b>	<b>0.936</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	7	2.3%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	1	63.9	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	26	41.8	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	2	82.8%	75.9%
	Flu Vaccination (% of adults ages 65+)	1	76.5%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	10	74.6%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	1	98.5%	96.1%
	Hospice Care (% of Medicare decedents)	13	51.2%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	35	29.7%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	20	1,352	1,482
<b>Behaviors*</b>		<b>15</b>	<b>0.214</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	19	24.7%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	11	8.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	18	29.0%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	45	29.6%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	4	7.0%	8.9%
<b>Health Outcomes*</b>		<b>20</b>	<b>0.215</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	19	7.1%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	43	13.3	9.9
	Excessive Drinking (% of adults ages 65+)	49	10.6%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	28	8.2%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	1	9.0	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	11	1,788	2,151
	Early Death Racial Disparity (ratio)**	—	1.1	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	6	25.0%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	29	15.9%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	34	55%	52%
	Obesity (% of adults ages 65+)	4	24.9%	29.5%
	Teeth Extractions (% of adults ages 65+)	15	11.5%	13.4%
<b>Overall</b>		<b>19</b>	<b>0.210</b>	

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† Non-ranking measure.

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# South Carolina

State Health Department Website: [scdhec.gov](https://scdhec.gov)

Overall Rank

# 36

## Summary

### Strengths

- High percentage of older adults with a dedicated health care provider
- High hospice care use
- Low prevalence of severe housing problems

### Challenges

- High prevalence of frequent mental distress
- Low level of community support expenditures
- Low home health care worker rate

## Highlights

### Early Deaths

# 30%

from 1,916 to 2,489 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

### High-speed Internet

# 20%

from 68.0% to 81.3% of households with adults ages 65+ between 2016 and 2021.

### Obesity

# 20%

from 27.1% to 32.5% of adults ages 65+ between 2014 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>38</b>	<b>-0.255</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	33	16.1	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	43	17.0	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	43	15.0%	11.9%
	Poverty (% of adults ages 65+)	37	10.7%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	40	50.3	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	50	\$17	\$62
	High-speed Internet (% of households with adults ages 65+)	31	81.3%	83.1%
	Low-care Nursing Home Residents (% of residents)	3	7.9%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	26	51	—
	Volunteerism (% of adults ages 65+)	28	23.3%	22.1%
<b>Physical Environment*</b>		<b>15</b>	<b>0.447</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	25	7.6	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	16	26.1%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	21	27.6%	32.3%
<b>Clinical Care*</b>		<b>28</b>	<b>-0.018</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	37	3.7%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	26	30.7	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	39	31.5	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	20	78.3%	75.9%
	Flu Vaccination (% of adults ages 65+)	36	65.0%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	25	70.9%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	13	96.8%	96.1%
	Hospice Care (% of Medicare decedents)	15	50.1%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	24	35.3%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	25	1,389	1,482
<b>Behaviors*</b>		<b>24</b>	<b>0.050</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	23	23.4%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	16	7.6%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	27	31.3%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	26	25.4%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	30	9.1%	8.9%
<b>Health Outcomes*</b>		<b>42</b>	<b>-0.442</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	28	7.7%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	20	9.5	9.9
	Excessive Drinking (% of adults ages 65+)	24	7.0%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	42	9.7%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	22	17.2	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	40	2,489	2,151
	Early Death Racial Disparity (ratio)**	—	1.4	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	21	27.7%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	39	16.7%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	34	55%	52%
	Obesity (% of adults ages 65+)	35	32.5%	29.5%
	Teeth Extractions (% of adults ages 65+)	36	15.9%	13.4%
<b>Overall</b>		<b>36</b>	<b>-0.158</b>	

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## Summary

### Strengths

- Low prevalence of frequent physical distress
- High volunteerism rate
- High flu vaccination rate

### Challenges

- High prevalence of obesity
- Low percentage of households with high-speed internet
- Low home health care worker rate

## Highlights

### Poverty

43% ▲

from 7.7% to 11.0% of adults ages 65+ between 2019 and 2021.

### Physical Inactivity

35% ▲

from 24.6% to 33.1% of adults ages 65+ in fair or better health between 2016 and 2021.

### Number of Geriatric Providers

18% ▲

from 14.6 to 17.3 per 100,000 adults ages 65+ between September 2021 and September 2022.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>29</b>	<b>0.070</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	24	14.6	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	45	17.8	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	20	10.0%	11.9%
	Poverty (% of adults ages 65+)	38	11.0%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	35	56.9	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	10	\$85	\$62
	High-speed Internet (% of households with adults ages 65+)	40	79.3%	83.1%
	Low-care Nursing Home Residents (% of residents)	41	18.7%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	13	40	—
	Volunteerism (% of adults ages 65+)	2	39.6%	22.1%
<b>Physical Environment*</b>		<b>3</b>	<b>0.960</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	7	5.9	7.8
	Drinking Water Violations (% of community water systems)	14	0.1%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	9	25.3%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	9	24.8%	32.3%
<b>Clinical Care*</b>		<b>26</b>	<b>0.065</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	—	—	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	49	17.3	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	49	20.8	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	9	79.7%	75.9%
	Flu Vaccination (% of adults ages 65+)	2	75.0%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	13	74.2%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	42	93.5%	96.1%
	Hospice Care (% of Medicare decedents)	45	40.7%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	13	40.1%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	24	1,388	1,482
<b>Behaviors*</b>		<b>19</b>	<b>0.156</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	35	20.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	33	5.8%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	32	33.1%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	1	18.2%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	14	8.1%	8.9%
<b>Health Outcomes*</b>		<b>25</b>	<b>0.071</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	4	6.0%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	—	—	9.9
	Excessive Drinking (% of adults ages 65+)	31	7.5%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	16	7.4%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	27	18.0	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	15	1,895	2,151
	Early Death Racial Disparity (ratio)**	—	2.9	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	48	33.2%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	1	10.6%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	13	46%	52%
	Obesity (% of adults ages 65+)	42	34.3%	29.5%
	Teeth Extractions (% of adults ages 65+)	30	13.8%	13.4%
<b>Overall</b>		<b>21</b>	<b>0.131</b>	

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† Non-ranking measure.

— Data not available, missing or suppressed.

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## Summary

### Strengths

- Low prevalence of excessive drinking
- High percentage of older adults with a dedicated health care provider
- Low prevalence of severe housing problems

### Challenges

- High prevalence of frequent mental distress
- High prevalence of smoking
- High prevalence of physical inactivity

## Highlights

### Drug Deaths

26%▲

from 8.4 to 10.6 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

### Early Deaths

25%▲

from 2,241 to 2,793 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

### High-speed Internet

23%▲

from 64.5% to 79.2% of households with adults ages 65+ between 2016 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>40</b>	<b>-0.350</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	40	19.3	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	40	16.3	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	37	13.6%	11.9%
	Poverty (% of adults ages 65+)	33	10.2%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	27	64.6	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	44	\$26	\$62
	High-speed Internet (% of households with adults ages 65+)	42	79.2%	83.1%
	Low-care Nursing Home Residents (% of residents)	4	8.6%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	41	70	—
	Volunteerism (% of adults ages 65+)	41	18.4%	22.1%
<b>Physical Environment*</b>		<b>11</b>	<b>0.507</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	25	7.6	7.8
	Drinking Water Violations (% of community water systems)	34	0.5%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	8	25.2%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	11	25.4%	32.3%
<b>Clinical Care*</b>		<b>36</b>	<b>-0.213</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	31	3.3%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	32	29.0	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	45	24.5	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	21	78.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	31	66.4%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	34	69.9%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	7	97.1%	96.1%
	Hospice Care (% of Medicare decedents)	36	45.0%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	41	27.5%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	36	1,612	1,482
<b>Behaviors*</b>		<b>43</b>	<b>-0.770</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	33	20.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	34	5.7%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	44	38.5%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	15	23.3%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	49	14.8%	8.9%
<b>Health Outcomes*</b>		<b>44</b>	<b>-0.650</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	41	9.2%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	34	10.6	9.9
	Excessive Drinking (% of adults ages 65+)	1	3.3%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	47	11.9%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	38	21.1	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	44	2,793	2,151
	Early Death Racial Disparity (ratio)**	—	1.2	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	35	29.5%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	42	18.4%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	40	56%	52%
	Obesity (% of adults ages 65+)	20	28.9%	29.5%
	Teeth Extractions (% of adults ages 65+)	45	19.2%	13.4%
<b>Overall</b>		<b>42</b>	<b>-0.439</b>	

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## Summary

### Strengths

- High home health care worker rate
- High prevalence of fruit and vegetable consumption
- Low prevalence of smoking

### Challenges

- High poverty rate
- Low level of community support expenditures
- High prevalence of avoiding care due to cost

## Highlights

### Drug Deaths

98%▲

from 4.0 to 7.9 deaths per 100,000 adults ages 65+ between 2012-2014 and 2019-2021.

### Early Deaths

31%▲

from 1,857 to 2,439 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

### High-speed Internet

17%▲

from 70.9% to 82.8% of households with adults ages 65+ between 2016 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>42</b>	<b>-0.552</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	27	14.9	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	30	13.8	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	45	16.3%	11.9%
	Poverty (% of adults ages 65+)	46	11.8%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	25	68.7	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	46	\$25	\$62
	High-speed Internet (% of households with adults ages 65+)	25	82.8%	83.1%
	Low-care Nursing Home Residents (% of residents)	36	17.2%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	31	58	—
	Volunteerism (% of adults ages 65+)	35	20.6%	22.1%
<b>Physical Environment*</b>		<b>39</b>	<b>-0.113</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	44	8.9	7.8
	Drinking Water Violations (% of community water systems)	38	0.8%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	34	31.3%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	31	30.4%	32.3%
<b>Clinical Care*</b>		<b>37</b>	<b>-0.274</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	47	5.4%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	11	41.0	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	6	79.1	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	27	77.3%	75.9%
	Flu Vaccination (% of adults ages 65+)	33	66.0%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	38	69.0%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	40	94.4%	96.1%
	Hospice Care (% of Medicare decedents)	16	49.8%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	46	24.1%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	31	1,583	1,482
<b>Behaviors*</b>		<b>23</b>	<b>0.098</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	22	23.6%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	6	9.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	36	34.2%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	36	26.8%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	16	8.2%	8.9%
<b>Health Outcomes*</b>		<b>30</b>	<b>-0.145</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	32	8.2%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	15	7.9	9.9
	Excessive Drinking (% of adults ages 65+)	28	7.2%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	34	8.6%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	21	16.8	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	38	2,439	2,151
	Early Death Racial Disparity (ratio)**	—	1.3	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	25	28.3%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	23	14.9%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	28	53%	52%
	Obesity (% of adults ages 65+)	23	30.6%	29.5%
	Teeth Extractions (% of adults ages 65+)	28	13.3%	13.4%
<b>Overall</b>		<b>38</b>	<b>-0.243</b>	

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## Summary

### Strengths

- Low poverty rate
- High volunteerism rate
- High hospice care use

### Challenges

- High suicide rate
- Low geriatric provider rate
- Low percentage of older adults with a dedicated health care provider

## Highlights

### Drug Deaths

80%▲

from 6.9 to 12.4 deaths per 100,000 adults ages 65+ between 2011-2013 and 2019-2021.

### Food Insecurity

46%▼

from 13.7% to 7.4% of adults ages 60+ between 2014-2015 and 2019-2020.

### Frequent Mental Distress

42%▲

from 6.2% to 8.8% of adults ages 65+ between 2017 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>1</b>	<b>0.983</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	26	14.8	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	39	16.2	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	4	7.4%	11.9%
	Poverty (% of adults ages 65+)	4	7.7%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	48	39.7	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	17	\$53	\$62
	High-speed Internet (% of households with adults ages 65+)	1	88.6%	83.1%
	Low-care Nursing Home Residents (% of residents)	8	10.1%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	1	1	—
	Volunteerism (% of adults ages 65+)	1	44.2%	22.1%
<b>Physical Environment*</b>		<b>19</b>	<b>0.393</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	33	8.2	7.8
	Drinking Water Violations (% of community water systems)	1	0.0%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	17	26.8%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	14	26.4%	32.3%
<b>Clinical Care*</b>		<b>9</b>	<b>0.494</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	18	2.7%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	39	24.9	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	32	39.7	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	34	75.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	19	69.9%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	14	73.4%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	35	95.4%	96.1%
	Hospice Care (% of Medicare decedents)	1	60.7%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	5	45.6%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	4	841	1,482
<b>Behaviors*</b>		<b>3</b>	<b>1.020</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	12	27.0%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	16	7.6%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	4	24.6%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	11	23.0%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	1	4.0%	8.9%
<b>Health Outcomes*</b>		<b>9</b>	<b>0.420</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	17	7.0%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	40	12.4	9.9
	Excessive Drinking (% of adults ages 65+)	2	3.9%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	36	8.8%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	32	19.1	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	10	1,753	2,151
	Early Death Racial Disparity (ratio)**	—	2.0	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	36	29.8%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	19	14.6%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	16	47%	52%
	Obesity (% of adults ages 65+)	18	28.7%	29.5%
	Teeth Extractions (% of adults ages 65+)	7	9.7%	13.4%
<b>Overall</b>		<b>1</b>	<b>0.722</b>	

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## Summary

### Strengths

- Low prevalence of multiple chronic conditions
- High volunteerism rate
- Low prevalence of physical inactivity

### Challenges

- High suicide rate
- High prevalence of excessive drinking
- Low hospice care use

## Highlights

### Poverty

49% ▲

from 6.1% to 9.1% of adults ages 65+ between 2019 and 2021.

### Depression

39% ▲

from 14.2% to 19.7% of adults ages 65+ between 2018 and 2021.

### Flu Vaccination Rates

14% ▲

from 64.2% to 73.5% of adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>3</b>	<b>0.841</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	28	15.2	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	22	11.7	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	15	9.6%	11.9%
	Poverty (% of adults ages 65+)	16	9.1%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	6	\$120	\$62
	High-speed Internet (% of households with adults ages 65+)	20	83.5%	83.1%
	Low-care Nursing Home Residents (% of residents)	15	11.7%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	11	37	—
	Volunteerism (% of adults ages 65+)	4	36.0%	22.1%
<b>Physical Environment*</b>		<b>13</b>	<b>0.500</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	4	5.0	7.8
	Drinking Water Violations (% of community water systems)	30	0.3%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	36	32.2%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	40	35.0%	32.3%
<b>Clinical Care*</b>		<b>17</b>	<b>0.226</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	11	2.4%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	23	33.8	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	30	40.3	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	12	79.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	6	73.5%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	29	70.6%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	27	96.1%	96.1%
	Hospice Care (% of Medicare decedents)	37	44.5%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	37	29.3%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	19	1,271	1,482
<b>Behaviors*</b>		<b>1</b>	<b>1.058</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	3	29.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	1	13.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	4	24.6%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	12	23.1%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	32	9.2%	8.9%
<b>Health Outcomes*</b>		<b>16</b>	<b>0.277</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	14	6.8%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	14	7.5	9.9
	Excessive Drinking (% of adults ages 65+)	44	8.9%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	16	7.4%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	40	22.2	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	4	1,643	2,151
	Early Death Racial Disparity (ratio)**	—	—	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	45	31.1%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	8	12.5%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	3	38%	52%
	Obesity (% of adults ages 65+)	12	26.8%	29.5%
	Teeth Extractions (% of adults ages 65+)	37	16.0%	13.4%
<b>Overall</b>		<b>5</b>	<b>0.603</b>	

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# Virginia

State Health Department Website: [vdh.virginia.gov](https://vdh.virginia.gov)

Overall Rank

17

## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low poverty rate
- High pneumonia vaccination rate

### Challenges

- High prevalence of obesity
- Low level of community support expenditures
- Low home health care worker rate

## Highlights

### Drug Deaths

94%▲

from 3.6 to 7.0 deaths per 100,000 adults ages 65+ between 2014-2016 and 2019-2021.

### Number of Geriatric Providers

25%▲

from 25.5 to 31.8 per 100,000 adults ages 65+ between September 2019 and September 2022.

### Early Deaths

21%▲

from 1,736 to 2,105 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>18</b>	<b>0.299</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	22	14.4	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	20	11.5	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	20	10.0%	11.9%
	Poverty (% of adults ages 65+)	6	8.0%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	26	67.4	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	37	\$31	\$62
	High-speed Internet (% of households with adults ages 65+)	21	83.3%	83.1%
	Low-care Nursing Home Residents (% of residents)	19	12.9%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	17	45	—
	Volunteerism (% of adults ages 65+)	26	23.9%	22.1%
<b>Physical Environment*</b>		<b>10</b>	<b>0.537</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	12	6.6	7.8
	Drinking Water Violations (% of community water systems)	14	0.1%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	26	28.6%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	26	29.4%	32.3%
<b>Clinical Care*</b>		<b>25</b>	<b>0.104</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	27	3.1%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	25	31.8	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	33	39.2	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	11	79.3%	75.9%
	Flu Vaccination (% of adults ages 65+)	24	69.2%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	9	75.0%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	25	96.2%	96.1%
	Hospice Care (% of Medicare decedents)	30	46.2%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	45	24.2%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	23	1,382	1,482
<b>Behaviors*</b>		<b>16</b>	<b>0.206</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	27	21.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	27	6.6%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	17	28.7%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	15	23.3%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	14	8.1%	8.9%
<b>Health Outcomes*</b>		<b>18</b>	<b>0.272</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	20	7.2%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	9	7.0	9.9
	Excessive Drinking (% of adults ages 65+)	12	6.0%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	6	7.0%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	22	17.2	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	27	2,105	2,151
	Early Death Racial Disparity (ratio)**	—	1.4	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	11	25.9%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	19	14.6%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	26	52%	52%
	Obesity (% of adults ages 65+)	31	31.6%	29.5%
	Teeth Extractions (% of adults ages 65+)	11	10.9%	13.4%
<b>Overall</b>		<b>17</b>	<b>0.247</b>	

\* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

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\*\* Disparity measures compare the group with the highest or lowest rate to the white rate.

\* Non-ranking measure.

— Data not available, missing or suppressed.

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## Summary

### Strengths

- Low prevalence of multiple chronic conditions
- Low poverty rate
- Low prevalence of physical inactivity

### Challenges

- High suicide rate
- Low level of community support expenditures
- Low hospice care use

## Highlights

### Drug Deaths

95%▲

from 6.0 to 11.7 deaths per 100,000 adults ages 65+ between 2011-2013 and 2019-2021.

### Volunteerism

30%▼

from 36.8% to 25.6% of adults ages 65+ between 2017 and 2021.

### High-speed Internet

12%▲

from 78.9% to 88.1% of households with adults ages 65+ between 2016 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>5</b>	<b>0.698</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	22	14.4	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	4	7.3	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	6	8.4%	11.9%
	Poverty (% of adults ages 65+)	7	8.2%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	47	\$24	\$62
	High-speed Internet (% of households with adults ages 65+)	2	88.1%	83.1%
	Low-care Nursing Home Residents (% of residents)	9	10.5%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	14	42	—
	Volunteerism (% of adults ages 65+)	20	25.6%	22.1%
<b>Physical Environment*</b>		<b>38</b>	<b>-0.093</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	32	8.0	7.8
	Drinking Water Violations (% of community water systems)	34	0.5%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	40	32.9%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	37	33.9%	32.3%
<b>Clinical Care*</b>		<b>8</b>	<b>0.539</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	14	2.6%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	22	34.0	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	14	50.1	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	14	79.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	15	71.5%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	3	75.4%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	25	96.2%	96.1%
	Hospice Care (% of Medicare decedents)	33	45.5%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	14	39.7%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	6	930	1,482
<b>Behaviors*</b>		<b>5</b>	<b>0.862</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	7	27.9%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	7	9.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	3	22.2%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	22	25.1%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	12	7.8%	8.9%
<b>Health Outcomes*</b>		<b>14</b>	<b>0.340</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	33	8.3%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	38	11.7	9.9
	Excessive Drinking (% of adults ages 65+)	29	7.3%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	29	8.3%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	35	19.9	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	14	1,855	2,151
	Early Death Racial Disparity (ratio)**	—	2.1	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	41	30.6%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	22	14.8%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	6	41%	52%
	Obesity (% of adults ages 65+)	13	26.9%	29.5%
	Teeth Extractions (% of adults ages 65+)	8	9.9%	13.4%
<b>Overall</b>		<b>8</b>	<b>0.570</b>	

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## Summary

### Strengths

- Low prevalence of excessive drinking
- High level of community support expenditures
- Low prevalence of severe housing problems

### Challenges

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- High prevalence of food insecurity

## Highlights

### Physical Inactivity

34%▲

from 30.5% to 41.0% of adults ages 65+ in fair or better health between 2016 and 2021.

### High-speed Internet

24%▲

from 60.4% to 75.0% of households with adults ages 65+ between 2016 and 2021.

### Early Deaths

18%▲

from 2,589 to 3,066 deaths per 100,000 adults ages 65-74 between 2020 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>43</b>	<b>-0.648</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	42	19.8	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	33	14.7	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	46	16.9%	11.9%
	Poverty (% of adults ages 65+)	43	11.5%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	1	100.0	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	13	\$68	\$62
	High-speed Internet (% of households with adults ages 65+)	49	75.0%	83.1%
	Low-care Nursing Home Residents (% of residents)	38	17.5%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	45	82	—
	Volunteerism (% of adults ages 65+)	33	22.1%	22.1%
<b>Physical Environment*</b>		<b>31</b>	<b>0.107</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	19	7.3	7.8
	Drinking Water Violations (% of community water systems)	50	10.2%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	1	19.1%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	1	18.6%	32.3%
<b>Clinical Care*</b>		<b>44</b>	<b>-0.604</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	38	3.8%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	42	21.9	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	25	42.4	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	35	75.0%	75.9%
	Flu Vaccination (% of adults ages 65+)	41	63.7%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	20	72.0%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	12	96.9%	96.1%
	Hospice Care (% of Medicare decedents)	40	42.4%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	47	22.5%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	50	2,568	1,482
<b>Behaviors*</b>		<b>50</b>	<b>-1.530</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	47	13.5%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	47	4.0%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	48	41.0%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	47	30.1%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	40	11.4%	8.9%
<b>Health Outcomes*</b>		<b>50</b>	<b>-1.304</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	46	9.6%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	45	14.1	9.9
	Excessive Drinking (% of adults ages 65+)	5	4.6%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	49	12.6%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	39	21.3	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	49	3,066	2,151
	Early Death Racial Disparity (ratio)**	—	1.1	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	46	32.4%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	49	22.4%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	48	60%	52%
	Obesity (% of adults ages 65+)	49	35.9%	29.5%
	Teeth Extractions (% of adults ages 65+)	49	22.2%	13.4%
<b>Overall</b>		<b>47</b>	<b>-0.942</b>	

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## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low risk of social isolation
- Low prevalence of physical inactivity

### Challenges

- High prevalence of excessive drinking
- Low percentage of households with high-speed internet
- Low geriatric provider rate

## Highlights

### Drug Deaths

113%▲

from 3.9 to 8.3 deaths per 100,000 adults ages 65+ between 2011-2013 and 2019-2021.

### Flu Vaccination Rates

39%▲

from 52.7% to 73.2% of adults ages 65+ between 2017 and 2021.

### Poverty

18%▲

from 7.4% to 8.7% of adults ages 65+ between 2019 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>15</b>	<b>0.355</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	16	12.3	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	12	10.2	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	12	9.5%	11.9%
	Poverty (% of adults ages 65+)	13	8.7%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	18	84.3	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	21	\$48	\$62
	High-speed Internet (% of households with adults ages 65+)	33	80.8%	83.1%
	Low-care Nursing Home Residents (% of residents)	12	11.0%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	8	35	—
	Volunteerism (% of adults ages 65+)	30	22.7%	22.1%
<b>Physical Environment*</b>		<b>48</b>	<b>-0.517</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	31	7.9	7.8
	Drinking Water Violations (% of community water systems)	46	4.4%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	31	29.7%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	34	31.5%	32.3%
<b>Clinical Care*</b>		<b>12</b>	<b>0.412</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	7	2.3%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	31	29.9	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	8	69.0	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	47	68.3%	75.9%
	Flu Vaccination (% of adults ages 65+)	7	73.2%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	22	71.8%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	14	96.7%	96.1%
	Hospice Care (% of Medicare decedents)	4	54.7%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	9	42.8%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	17	1,268	1,482
<b>Behaviors*</b>		<b>6</b>	<b>0.754</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	1	30.3%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	29	6.3%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	8	26.4%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	7	22.0%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	9	7.6%	8.9%
<b>Health Outcomes*</b>		<b>17</b>	<b>0.273</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	1	5.3%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	16	8.3	9.9
	Excessive Drinking (% of adults ages 65+)	47	10.3%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	3	6.0%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	15	15.7	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	13	1,848	2,151
	Early Death Racial Disparity (ratio)**	—	2.1	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	16	26.9%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	13	13.5%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	13	46%	52%
	Obesity (% of adults ages 65+)	33	32.3%	29.5%
	Teeth Extractions (% of adults ages 65+)	13	11.2%	13.4%
<b>Overall</b>		<b>11</b>	<b>0.382</b>	

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## Summary

### Strengths

- Low prevalence of multiple chronic conditions
- Low poverty rate
- High level of community support expenditures

### Challenges

- High suicide rate
- Low hospice care use
- Low percentage of older adults with a dedicated health care provider

## Highlights

### Early Deaths

34% 

from 1,720 to 2,299 deaths per 100,000 adults ages 65-74 between 2019 and 2021.

### Number of Geriatric Providers

31% 

from 14.7 to 19.3 per 100,000 adults ages 65+ between September 2019 and September 2022.

### Volunteerism

20% 

from 32.6% to 39.2% of adults ages 65+ between 2017 and 2021.

## Measures

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors*</b>		<b>8</b>	<b>0.536</b>	
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	50	34.5	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	50	24.1	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	31	12.6%	11.9%
	Poverty (% of adults ages 65+)	1	6.7%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	50	17.7	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	4	\$139	\$62
	High-speed Internet (% of households with adults ages 65+)	17	85.0%	83.1%
	Low-care Nursing Home Residents (% of residents)	43	21.4%	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	8	35	—
	Volunteerism (% of adults ages 65+)	3	39.2%	22.1%
<b>Physical Environment*</b>		<b>1</b>	<b>1.310</b>	
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	3	4.7	7.8
	Drinking Water Violations (% of community water systems)	24	0.2%	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	2	23.9%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	2	22.9%	32.3%
<b>Clinical Care*</b>		<b>50</b>	<b>-0.976</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	28	3.2%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	48	19.3	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	36	33.4	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	50	62.4%	75.9%
	Flu Vaccination (% of adults ages 65+)	47	60.5%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	41	66.8%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	48	91.3%	96.1%
	Hospice Care (% of Medicare decedents)	47	33.1%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	29	32.8%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	11	1,137	1,482
<b>Behaviors*</b>		<b>14</b>	<b>0.308</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	17	25.0%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	25	6.9%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	19	29.3%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	8	22.5%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	28	9.0%	8.9%
<b>Health Outcomes*</b>		<b>33</b>	<b>-0.177</b>	
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	33	8.3%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	31	10.4	9.9
	Excessive Drinking (% of adults ages 65+)	33	7.7%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	19	7.6%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	50	38.8	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	34	2,299	2,151
	Early Death Racial Disparity (ratio)**	—	2.5	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	44	30.7%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	40	16.9%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	1	35%	52%
	Obesity (% of adults ages 65+)	21	29.6%	29.5%
	Teeth Extractions (% of adults ages 65+)	37	16.0%	13.4%
<b>Overall</b>		<b>26</b>	<b>0.048</b>	

\* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

\*\* Disparity measures compare the group with the highest or lowest rate to the white rate.

\* Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org).

Ranks are calculated by state for each measure, ordered by the states' values, with 1 corresponding to the healthiest value and 50 the least healthy value. Ties in value are assigned equal ranks.

# District of Columbia

Health Department Website: [dchealth.dc.gov](https://dchealth.dc.gov)

## Summary

### Strengths

- Low suicide rate
- High level of community support expenditures
- High geriatric provider rate

### Challenges

- High prevalence of excessive drinking
- High poverty rate
- Low hospice care use

## Highlights

### Drug Deaths

90%▲

from 39.6 to 75.3 deaths per 100,000 adults ages 65+ between 2016-2018 and 2019-2021.

### Flu Vaccination Rates

37%▲

from 51.7% to 70.8% of adults ages 65+ between 2016 and 2021.

### High-speed Internet

17%▲

from 68.5% to 80.0% of households with adults ages 65+ between 2017 and 2021.

## Measures

		D.C. Value	U.S. Value
<b>Social &amp; Economic Factors*</b>			
<b>Community and Family Safety</b>	Firearm Deaths (deaths per 100,000 adults ages 65+)*	—	13.1
	Motor Vehicle Deaths (deaths per 100,000 adults ages 65+)*	3.3	11.8
<b>Economic Resources</b>	Food Insecurity (% of adults ages 60+)	18.8%	11.9%
	Poverty (% of adults ages 65+)	13.8%	10.3%
	SNAP Reach (participants per 100 adults ages 60+ in poverty)	93.4	81.0
<b>Social Support and Engagement</b>	Community Support Expenditures (dollars per adult ages 60+)	\$338	\$62
	High-speed Internet (% of households with adults ages 65+)	80.0%	83.1%
	Low-care Nursing Home Residents (% of residents)	—	15.2%
	Risk of Social Isolation (index from 1-100, adults ages 65+)	—	—
	Volunteerism (% of adults ages 65+)	31.2%	22.1%
<b>Physical Environment*</b>			
<b>Air and Water Quality</b>	Air Pollution (micrograms of fine particles per cubic meter)	8.7	7.8
	Drinking Water Violations (% of community water systems)	—	0.8%
<b>Housing</b>	Housing Cost Burden (% of households with adults ages 65+)*	39.4%	31.8%
	Severe Housing Problems (% of small households with adults ages 62+)	39.0%	32.3%
<b>Clinical Care*</b>			
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults ages 65+)	2.9%	3.4%
	Geriatric Providers (providers per 100,000 adults ages 65+)	90.9	36.4
	Home Health Care Workers (workers per 1,000 adults ages 65+)	127.1	60.3
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	83.2%	75.9%
	Flu Vaccination (% of adults ages 65+)	70.8%	67.5%
	Pneumonia Vaccination (% of adults ages 65+)	72.2%	69.7%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults ages 65+)	95.6%	96.1%
	Hospice Care (% of Medicare decedents)	25.8%	46.7%
	Nursing Home Quality (% of beds rated four or five stars)	31.5%	32.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	2,273	1,482
<b>Behaviors*</b>			
<b>Nutrition and Physical Activity</b>	Exercise (% of adults ages 65+)	29.8%	23.1%
	Fruit and Vegetable Consumption (% of adults ages 65+)	13.9%	7.3%
	Physical Inactivity (% of adults ages 65+ in fair or better health)	26.7%	31.2%
<b>Sleep Health</b>	Insufficient Sleep (% of adults ages 65+)	26.9%	26.0%
<b>Tobacco Use</b>	Smoking (% of adults ages 65+)	10.6%	8.9%
<b>Health Outcomes*</b>			
<b>Behavioral Health</b>	Cognitive Difficulty (% of adults ages 65+)*	8.2%	7.8%
	Drug Deaths (deaths per 100,000 adults ages 65+)*	75.3	9.9
	Excessive Drinking (% of adults ages 65+)	9.5%	7.0%
	Frequent Mental Distress (% of adults ages 65+)	7.0%	8.5%
	Suicide (deaths per 100,000 adults ages 65+)	7.6	16.9
<b>Mortality</b>	Early Death (deaths per 100,000 adults ages 65-74)	2,595	2,151
	Early Death Racial Disparity (ratio)**	4.1	1.5
<b>Physical Health</b>	Falls (% of adults ages 65+)	29.1%	27.1%
	Frequent Physical Distress (% of adults ages 65+)	11.6%	15.8%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	45%	52%
	Obesity (% of adults ages 65+)	24.0%	29.5%
	Teeth Extractions (% of adults ages 65+)	10.6%	13.4%

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