Alabama

**Behaviors**

<table>
<thead>
<tr>
<th>Rating</th>
<th>2019 Value</th>
<th>2019 Rank</th>
<th>No. 1 State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drug Deaths (deaths per 100,000 population)</td>
<td>++++</td>
<td>161</td>
<td>19</td>
</tr>
<tr>
<td>Excessive Drinking (% of adults)</td>
<td>++++</td>
<td>13.8</td>
<td>3</td>
</tr>
<tr>
<td>High School Graduation (% of students)</td>
<td>++++</td>
<td>89.3</td>
<td>7</td>
</tr>
<tr>
<td>Obesity (% of adults)</td>
<td>+</td>
<td>36.2</td>
<td>45</td>
</tr>
<tr>
<td>Physical Inactivity (% of adults)</td>
<td>+</td>
<td>30.7</td>
<td>45</td>
</tr>
<tr>
<td>Smoking (% of adults)</td>
<td>++</td>
<td>19.2</td>
<td>40</td>
</tr>
<tr>
<td><strong>Behaviors Total</strong></td>
<td>++</td>
<td>-0.082</td>
<td>35</td>
</tr>
</tbody>
</table>

**Community & Environment**

Air Pollution (micrograms of fine particles per cubic meter) ++ 81 36 4.4
Infectious Disease (mean z score of chlamydia, pertussis and Salmonella)
- Chlamydia (cases per 100,000 population) + 0.550 46 -1.230
- Pertussis (cases per 100,000 population) +++ 4.7 18 0.7
- Salmonella (cases per 100,000 population) + 23.3 42 6.5
Occupational Fatalities (deaths per 100,000 workers) + 6.4 41 2.7
Violent Crime (offenses per 100,000 population) + 520 44 112
**Community & Environment Total** + -0.150 47 0.307

**Policy**

Immunizations—Adolescents (mean z score of HPV, meningococcal and Tdap)
- HPV Females (% ages 13-17) ++ 52.0 32 76.1
- HP Males (% ages 13-17) +++ 48.4 28 80.0
- Meningococcal (% ages 13-17) ++ 80.0 39 98.7
- Tdap (% ages 13-17) +++ 89.4 23 97.5
Immunizations—Children (ages 19-35 months) + 71.2 21 82.1
Public Health Funding (dollars per person) ++++ $115 11 $281
Uninsured (% of population) ++ 9.7 37 2.8
**Policy Total** ++ -0.001 33 0.206

**Clinical Care**

Dentists (number per 100,000 population) + 41.8 50 82.7
Low Birthweight (% live births) + 10.3 48 6.2
Mental Health Providers (number per 100,000 population) + 100.7 50 626.6
Preventable Hospitalizations (discharges per 1,000 Medicare enrollees) + 62.0 46 23.3
Primary Care Physicians (number per 100,000 population) + 122.8 42 274.9
**Clinical Care Total** + -0.204 49 0.188

**All Determinants** + -0.437 46 0.687

**Outcomes**

Cancer Deaths (deaths per 100,000 population) + 210.8 42 149.8
Cardiovascular Deaths (deaths per 100,000 population) + 3470.4 48 193.8
Diabetes (% of adults) + 14.5 49 7.0
Disparity in Health Status (% difference by high school education) + 28.0 33 14.5
Frequent Mental Distress (% of adults) + 15.6 45 9.3
Frequent Physical Distress (% of adults) + 151.4 44 9.6
Infant Mortality (deaths per 1,000 live births) + 8.2 49 3.8
Premature Death (years lost before age 75 per 100,000 population) + 10.435 48 5.665
**All Outcomes** + -0.383 50 0.234
**OVERALL** + -0.820 47 0.850

* Value indicates z score. Negative scores are below U.S. value; positive scores are above U.S. value. Years reflect edition year, not data source year. For measure definitions, including data sources and years, see Table 9.

**SMOKING**

<table>
<thead>
<tr>
<th>EDITION YEAR</th>
<th>PERCENTAGE OF ADULTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1990</td>
<td>26.0</td>
</tr>
<tr>
<td>2000</td>
<td>17.5</td>
</tr>
<tr>
<td>2010</td>
<td>10.0</td>
</tr>
<tr>
<td>2019</td>
<td>9.5</td>
</tr>
</tbody>
</table>

**OBESITY**

<table>
<thead>
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<tr>
<td>1990</td>
<td>20.5</td>
</tr>
<tr>
<td>2000</td>
<td>20.0</td>
</tr>
<tr>
<td>2010</td>
<td>21.0</td>
</tr>
<tr>
<td>2019</td>
<td>21.5</td>
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</table>

**State Health Department Website:**
alabamapublichealth.gov

**Strengths:**
- High percentage of high school graduation
- Low prevalence of excessive drinking
- High per capita public health funding

**Challenges:**
- High prevalence of diabetes
- Low rate of dentists
- High cardiovascular death rate

**Highlights:**
- Since 2013, high school graduation increased 24% from 72.0% to 89.3% of students
- In the past 10 years, chlamydia increased 13% from 543.5 to 614.1 cases per 100,000 population
- Since 2001, the percentage of the population without health insurance decreased 25% from 12.9% to 9.7%
- In the past year, mental health providers increased 9% from 92.6 to 100.7 per 100,000 population
- Since 2003, air pollution decreased 48% from 15.6 to 9.0 micrograms of fine particles per cubic meter
- In the past three years, frequent mental distress increased 12% from 13.9% to 15.6% of adults

**Senior Report Rank:** 44
**Health of Women and Children Report Rank:** 45

For source details and methodology visit www.AmericasHealthRankings.org

*www.AmericasHealthRankings.org*