

Alaska

State Health Department Website: health.alaska.gov

Overall Rank:

34

Summary

Strengths:

- Low percentage of low birthweight infants
- Low prevalence of multiple chronic conditions
- High supply of mental health providers

Challenges:

- High prevalence of excessive drinking
- High racial disparity in low birthweight
- High occupational fatality rate

Highlights:

UNINSURED

▼43%

from 20.1% to 11.4% of the population between 2011 and 2021.

FREQUENT MENTAL DISTRESS

▲37%

from 10.2% to 14.0% of adults between 2016 and 2021.

FLU VACCINATION COVERAGE

▲23%

from 33.8% to 41.5% of adults between 2018 and 2021.

Measures		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	38	-0.286	
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+	49	8.6	3.9
	Public Health Funding (dollars per person)	+++++	1	\$449	\$116
	Violent Crime (offenses per 100,000 population)	+	50	838	399
Economic Resources	Economic Hardship Index (index from 1-100)	++++	19	48	—
	Food Insecurity (% of households)	++++	16	9.5%	10.4%
	Income Inequality (80/20 ratio)	++++	15	4.48	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+	47	24.4%	32.1%
	High School Graduation (% of students)	+	46	80.4%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	++	35	17.7	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	++	33	16.9%	14.0%
	High-speed Internet (% of households)	++++	16	93.1%	92.4%
	Residential Segregation — Black/White (index from 0-100)	+++++	9	57	—
	Volunteerism (% ages 16+)	++++	12	38.2%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	33	58.3%	60.1%
PHYSICAL ENVIRONMENT*		++	39	-0.201	
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	15	7.0	7.8
	Drinking Water Violations (% of community water systems)	+	47	4.8%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++++	2	12,462	—
	Water Fluoridation (% of population served)	+	43	49.6%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	++++	13	66.2%	67.8%
	Housing With Lead Risk (% of housing stock)	+++++	3	7.1%	16.9%
	Severe Housing Problems (% of occupied housing units)	+	47	20.4%	17.0%
CLINICAL CARE*		++	38	-0.438	
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	38	10.8%	8.8%
	Providers (per 100,000 population)				
	Dental Care	+++++	1	89.9	60.6
	Mental Health	+++++	2	687.9	305.0
	Primary Care	+++++	4	342.0	265.3
Preventive Clinical Services	Uninsured (% of population)	+	43	11.4%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	++	39	70.3%	74.3%
	Dental Visit (% ages 18+)	++	37	62.5%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+	50	61.2%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++	38	41.5%	46.5%
	HPV Vaccination (% ages 13-17)	+	43	56.2%	61.7%
Quality of Care	Dedicated Health Care Provider (% ages 18+)	+	45	76.2%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++++	5	1,624	2,770
BEHAVIORS*		+++	22	0.139	
Nutrition and Physical Activity	Exercise (% ages 18+)	+++++	9	25.6%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	++++	11	8.9%	7.4%
Sexual Health	Physical Inactivity (% ages 18+)	+++++	10	20.3%	23.7%
	Chlamydia (new cases per 100,000 population)	+	48	695.8	481.3
	High-risk HIV Behaviors (% ages 18+)	+++++	2	4.3%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	++	33	17.7	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	+++	22	31.8%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	++++	16	6.2%	6.7%
	Smoking (% ages 18+)	++	39	17.1%	14.4%
HEALTH OUTCOMES*		++	36	-0.245	
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	19	21.5	27.9
	Excessive Drinking (% ages 18+)	++	40	19.4%	17.3%
	Frequent Mental Distress (% ages 18+)	++++	16	14.0%	14.7%
	Non-medical Drug Use (% ages 18+)	++	38	17.1%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	35	9,409	8,659
	Premature Death Racial Disparity (ratio)**	+	43	2.6	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	+++	27	11.2%	10.9%
	Low Birthweight (% of live births)	+++++	2	6.6%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+	49	2.4	2.0
	Multiple Chronic Conditions (% ages 18+)	+++++	5	7.8%	9.6%
	Obesity (% ages 18+)	+++	22	33.5%	33.9%
OVERALL*		++	34	-0.205	

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

* Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50