Alaska

2016 Rank: 30
-3 Change from 2015

Healthiest States
1. Hawaii
2. Massachusetts
3. Connecticut
4. Minnesota
5. Vermont

Smoking

19.1%
OR ABOUT 1 IN 5 ADULTS IN ALASKA SMOKE COMPARED WITH 17.5% NATIONALLY.

Obesity

29.8%
OR ABOUT 3 IN 10 ADULTS IN ALASKA ARE OBESER COMPARED WITH 29.8% NATIONALLY.

Smoking

Lack of Health Insurance

16.1%
OR ABOUT 1 IN 6 PEOPLE IN ALASKA LACK HEALTH INSURANCE COMPARED WITH 10.6% NATIONALLY.

Drug Deaths

16.0
DRUG DEATHS PER 100,000 POPULATION IN ALASKA COMPARED WITH 14.0 PER 100,000 POPULATION NATIONALLY.

Cardiovascular Deaths

214.1
CARDIOVASCULAR DEATHS PER 100,000 POPULATION IN ALASKA COMPARED WITH 251.7 PER 100,000 POPULATION NATIONALLY.

Years of Life Lost

7,857
YEARS OF LIFE LOST BEFORE AGE 75 PER 100,000 POPULATION IN ALASKA COMPARED WITH 7,054 PER 100,000 POPULATION NATIONALLY.

Model of Health

Behaviors + Community & Environment + Policy + Clinical Care = Health Outcomes

www.americashealthrankings.org