

# United States

Health Department Website: [hhs.gov](https://hhs.gov)

## Summary

### TEEN BIRTHS

▼42%

from 26.4 to 15.4 births  
per 1,000 females ages  
15-19 between 2013  
and 2020

### FLU VACCINATION

▲26%

from 30.8% to 38.9%  
of women ages 18-44  
between 2017-2018  
and 2019-2020.

### MORTALITY

▲21%

from 97.2 to 117.3 deaths  
per 100,000 women  
ages 20-44 between  
2019 and 2020.

### FIREARM DEATHS

▲18%

from 4.0 to 4.7 deaths  
per 100,000 children  
ages 1-19 between 2015-  
2017 and 2018-2020.

### FREQUENT MENTAL DISTRESS

▲14%

from 17.0% to 19.4%  
of women ages 18-44  
between 2017-2018  
and 2019-2020.

### SEVERE MATERNAL MORBIDITY

▲12%

from 72.1 to 81.0  
per 10,000 delivery  
hospitalizations between  
2016 and 2019.

### FLOURISHING

▼7%

from 71.7% to 66.6%  
of children ages 0-17  
between 2018-2019  
and 2020-2021.

### FOOD SUFFICIENCY

▲6%

from 68.1% to 71.9%  
of children ages 0-17  
between 2018-2019  
and 2020-2021.

## Women

| Measures                                      | U.S. Value |
|-----------------------------------------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         |            |
| <b>Community and Family Safety</b>            |            |
| Firearm Deaths†                               | 5.1        |
| Intimate Partner Violence Before Pregnancy†   | 2.5%       |
| Violent Crime                                 | 379        |
| <b>Economic Resources</b>                     |            |
| Concentrated Disadvantage                     | 26.1%      |
| Food Insecurity                               | 10.7%      |
| Gender Pay Gap†                               | 81.0%      |
| Poverty                                       | 15.2%      |
| Unemployment                                  | 8.3%       |
| <b>Education</b>                              |            |
| College Graduate                              | 35.6%      |
| <b>Social Support and Engagement</b>          |            |
| Infant Child Care Cost†                       | 12.0%      |
| Residential Segregation — Black/White         | —          |
| Voter Participation                           | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  |            |
| <b>Air and Water Quality</b>                  |            |
| Air Pollution                                 | 8.3        |
| Drinking Water Violations                     | 0.8%       |
| Household Smoke                               | 13.8%      |
| Risk-screening Environmental Indicators Score | —          |
| Water Fluoridation                            | 73.0%      |
| <b>Climate Change</b>                         |            |
| Climate Change Policies†                      | —          |
| Transportation Energy Use†                    | 7.4        |
| <b>Housing and Transportation</b>             |            |
| Drive Alone to Work                           | 75.4%      |
| Housing With Lead Risk                        | 17.6%      |
| Severe Housing Problems                       | 17.3%      |

## Children

| Measures                                      | U.S. Value |
|-----------------------------------------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         |            |
| <b>Community and Family Safety</b>            |            |
| Child Victimization†                          | 8.4%       |
| Firearm Deaths†                               | 4.7        |
| <b>Economic Resources</b>                     |            |
| Children in Poverty                           | 16.8%      |
| Children in Poverty Racial Disparity          | 3.0        |
| High-speed Internet                           | 92.6%      |
| Students Experiencing Homelessness            | 2.5%       |
| WIC Coverage                                  | 54.6%      |
| <b>Education</b>                              |            |
| Early Childhood Education                     | 48.9%      |
| Fourth Grade Reading Proficiency              | 34.3%      |
| High School Graduation                        | 85.8%      |
| High School Graduation Racial Disparity       | 15.1       |
| <b>Social Support and Engagement</b>          |            |
| Adverse Childhood Experiences                 | 14.0%      |
| Foster Care Instability                       | 14.9%      |
| Neighborhood Amenities                        | 35.5%      |
| Reading, Singing or Storytelling              | 57.2%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  |            |
| <b>Air and Water Quality</b>                  |            |
| Air Pollution                                 | 8.3        |
| Drinking Water Violations                     | 0.8%       |
| Household Smoke                               | 13.8%      |
| Risk-screening Environmental Indicators Score | —          |
| Water Fluoridation                            | 73.0%      |
| <b>Climate Change</b>                         |            |
| Climate Change Policies†                      | —          |
| Transportation Energy Use†                    | 7.4        |
| <b>Housing and Transportation</b>             |            |
| Drive Alone to Work                           | 75.4%      |
| Housing With Lead Risk                        | 17.6%      |
| Severe Housing Problems                       | 17.3%      |

## Women

| Measures                                | U.S. Value |
|-----------------------------------------|------------|
| <b>CLINICAL CARE*</b>                   | —          |
| <b>Access to Care</b>                   |            |
| Adequate Prenatal Care                  | 74.7%      |
| Avoided Care Due to Cost                | 17.5%      |
| Publicly-funded Women's Health Services | 29%        |
| Uninsured                               | 12.9%      |
| Women's Health Providers                | 49.5       |
| <b>Preventive Clinical Care</b>         |            |
| Cervical Cancer Screening               | 77.1%      |
| Dental Visit                            | 65.5%      |
| Flu Vaccination                         | 38.9%      |
| Postpartum Visit†                       | 88.4%      |
| Well-woman Visit                        | 72.0%      |
| <b>Quality of Care</b>                  |            |
| Breastfeeding Initiation†               | 83.9%      |
| Dedicated Health Care Provider          | 71.1%      |
| Low-risk Cesarean Delivery              | 25.9%      |
| Maternity Practices Score               | 81         |
| <b>BEHAVIORS*</b>                       | —          |
| <b>Nutrition and Physical Activity</b>  |            |
| Exercise                                | 21.5%      |
| Fruit and Vegetable Consumption         | 10.4%      |
| Physical Inactivity                     | 22.3%      |
| <b>Sexual Health</b>                    |            |
| Chlamydia                               | 1,552.8    |
| High-risk HIV Behaviors                 | 9.6%       |
| Unintended Pregnancy†                   | 28.5%      |
| <b>Sleep Health</b>                     |            |
| Insufficient Sleep                      | 33.4%      |
| <b>Tobacco Use</b>                      |            |
| E-cigarette Use†                        | 7.6%       |
| Smoking                                 | 13.4%      |
| Smoking During Pregnancy                | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | —          |
| <b>Behavioral Health</b>                |            |
| Drug Deaths†                            | 22.4       |
| Excessive Drinking                      | 19.4%      |
| Frequent Mental Distress                | 19.4%      |
| Illicit Drug Use                        | 10.8%      |
| Postpartum Depression†                  | 13.6%      |
| <b>Mortality</b>                        |            |
| Maternal Mortality†                     | 19.3       |
| Mortality Rate                          | 117.3      |
| <b>Physical Health</b>                  |            |
| Frequent Physical Distress              | 7.5%       |
| High Blood Pressure                     | 10.6%      |
| High Health Status†                     | 57.4%      |
| Multiple Chronic Conditions             | 4.1%       |
| Obesity                                 | 30.4%      |
| Severe Maternal Morbidity†              | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | —          |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | U.S. Value |
|----------------------------------------|------------|
| <b>CLINICAL CARE*</b>                  | —          |
| <b>Access to Care</b>                  |            |
| ADD/ADHD Treatment                     | 2.8%       |
| Pediatricians                          | 107.2      |
| Uninsured                              | 5.7%       |
| <b>Preventive Clinical Care</b>        |            |
| Childhood Immunizations                | 70.5%      |
| HPV Vaccination                        | 58.6%      |
| Preventive Dental Care                 | 75.1%      |
| Well-child Visit                       | 76.7%      |
| <b>Quality of Care</b>                 |            |
| Adequate Insurance                     | 68.2%      |
| Developmental Screening                | 34.8%      |
| Medical Home                           | 46.0%      |
| <b>BEHAVIORS*</b>                      | —          |
| <b>Nutrition and Physical Activity</b> |            |
| Breastfed                              | 24.9%      |
| Food Sufficiency                       | 71.9%      |
| Physical Activity                      | 20.5%      |
| Soda Consumption — Youth†              | 9.3%       |
| <b>Sexual Health — Youth</b>           |            |
| Dual Contraceptive Nonuse†             | 90.9%      |
| Teen Births                            | 15.4       |
| <b>Sleep Health</b>                    |            |
| Adequate Sleep                         | 66.6%      |
| Sleep Position†                        | 80.2%      |
| <b>Tobacco Use — Youth</b>             |            |
| Electronic Vapor Product Use†          | 32.7%      |
| Tobacco Use                            | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | —          |
| <b>Behavioral Health</b>               |            |
| Alcohol Use — Youth                    | 8.8%       |
| Anxiety                                | 9.2%       |
| Depression                             | 4.2%       |
| Flourishing                            | 66.6%      |
| Illicit Drug Use — Youth               | 7.7%       |
| Teen Suicide†                          | 10.8       |
| <b>Mortality</b>                       |            |
| Child Mortality                        | 25.9       |
| Infant Mortality                       | 5.6        |
| <b>Physical Health</b>                 |            |
| Asthma                                 | 6.9%       |
| High Health Status†                    | 90.2%      |
| Low Birthweight                        | 8.2%       |
| Low Birthweight Racial Disparity       | 2.0        |
| Neonatal Abstinence Syndrome†          | 6.1        |
| Overweight or Obesity — Youth          | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | —          |

**OVERALL — WOMEN AND CHILDREN\***

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# Alabama

State Health Department Website: [alabamapublichealth.gov](http://alabamapublichealth.gov)

Overall Rank:

# 46

## Summary

### Strengths:

- Low prevalence of depression among children
- Low prevalence of students experiencing homelessness
- High prevalence of cervical cancer screening

### Challenges:

- High child mortality rate
- High teen birth rate
- High prevalence of illicit drug use among women

### Highlights:

#### HPV VACCINATION

## ▲49%

from 35.4% to 52.9% of adolescents ages 13-17 between 2016 and 2020.

#### FIREARM DEATHS

## ▲42%

from 7.6 to 10.8 deaths per 100,000 females ages 20-44 between 2013-2015 and 2018-2020.

#### EXCESSIVE DRINKING

## ▲34%

from 11.3% to 15.1% of women ages 18-44 between 2013-2014 and 2019-2020.

#### FOOD SUFFICIENCY

## ▲13%

from 59.5% to 67.3% of children ages 0-17 between 2018-2019 and 2020-2021.

## Women

| Measures                                      | Rating   | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>+</b> | <b>44</b>  | <b>-0.580</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |          |            |               |            |
| Firearm Deaths†                               | —        | 10.8       | 5.1           |            |
| Intimate Partner Violence Before Pregnancy†   | —        | 3.3%       | 2.5%          |            |
| Violent Crime                                 | +        | 44         | 511           | 379        |
| <b>Economic Resources</b>                     |          |            |               |            |
| Concentrated Disadvantage                     | +        | 42         | 30.9%         | 26.1%      |
| Food Insecurity                               | +        | 46         | 14.0%         | 10.7%      |
| Gender Pay Gap†                               | +        | 46         | 74.5%         | 81.0%      |
| Poverty                                       | +        | 44         | 19.7%         | 15.2%      |
| Unemployment                                  | ++++     | 14         | 6.4%          | 8.3%       |
| <b>Education</b>                              |          |            |               |            |
| College Graduate                              | +        | 44         | 27.9%         | 35.6%      |
| <b>Social Support and Engagement</b>          |          |            |               |            |
| Infant Child Care Cost†                       | +++++    | 4          | 8.9%          | 12.0%      |
| Residential Segregation — Black/White         | ++++     | 11         | 58            | —          |
| Voter Participation                           | ++       | 40         | 57.0%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>+</b> | <b>41</b>  | <b>-0.178</b> | <b>—</b>   |
| <b>Air and Water Quality</b>                  |          |            |               |            |
| Air Pollution                                 | ++       | 33         | 7.8           | 8.3        |
| Drinking Water Violations                     | +++      | 30         | 0.3%          | 0.8%       |
| Household Smoke                               | +        | 42         | 18.7%         | 13.8%      |
| Risk-screening Environmental Indicators Score | +        | 48         | 16,810,411    | —          |
| Water Fluoridation                            | +++      | 23         | 78.0%         | 73.0%      |
| <b>Climate Change</b>                         |          |            |               |            |
| Climate Change Policies†                      | ++       | 37         | 0             | —          |
| Transportation Energy Use†                    | ++       | 40         | 10.1          | 7.4        |
| <b>Housing and Transportation</b>             |          |            |               |            |
| Drive Alone to Work                           | +        | 49         | 85.1%         | 75.4%      |
| Housing With Lead Risk                        | ++++     | 13         | 11.7%         | 17.6%      |
| Severe Housing Problems                       | ++++     | 15         | 13.7%         | 17.3%      |

## Children

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>++</b> | <b>37</b>  | <b>-0.369</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |           |            |               |            |
| Child Victimization†                    | ++        | 32         | 10.7%         | 8.4%       |
| Firearm Deaths†                         | —         | 8.4        | 4.7           |            |
| <b>Economic Resources</b>               |           |            |               |            |
| Children in Poverty                     | +         | 45         | 21.4%         | 16.8%      |
| Children in Poverty Racial Disparity    | +++       | 30         | 3.5           | 3.0        |
| High-speed Internet                     | +         | 45         | 89.3%         | 92.6%      |
| Students Experiencing Homelessness      | ++++      | 14         | 1.6%          | 2.5%       |
| WIC Coverage                            | ++++      | 11         | 57.5%         | 54.6%      |
| <b>Education</b>                        |           |            |               |            |
| Early Childhood Education               | ++        | 37         | 43.7%         | 48.9%      |
| Fourth Grade Reading Proficiency        | +         | 47         | 28.2%         | 34.3%      |
| High School Graduation                  | +++++     | 1          | 91.7%         | 85.8%      |
| High School Graduation Racial Disparity | +++++     | 2          | 3.0           | 15.1       |
| <b>Social Support and Engagement</b>    |           |            |               |            |
| Adverse Childhood Experiences           | ++        | 39         | 17.9%         | 14.0%      |
| Foster Care Instability                 | +         | 44         | 20.9%         | 14.9%      |
| Neighborhood Amenities                  | +         | 46         | 18.6%         | 35.5%      |
| Reading, Singing or Storytelling        | ++        | 38         | 55.0%         | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating   | State Rank | State Value   | U.S. Value |
|-----------------------------------------|----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+</b> | <b>44</b>  | <b>-0.543</b> | <b>—</b>   |
| <b>Access to Care</b>                   |          |            |               |            |
| Adequate Prenatal Care                  | ++       | 39         | 72.6%         | 74.7%      |
| Avoided Care Due to Cost                | +        | 48         | 24.9%         | 17.5%      |
| Publicly-funded Women's Health Services | ++++     | 19         | 28%           | 29%        |
| Uninsured                               | ++       | 37         | 14.9%         | 12.9%      |
| Women's Health Providers                | +        | 49         | 31.2          | 49.5       |
| <b>Preventive Clinical Care</b>         |          |            |               |            |
| Cervical Cancer Screening               | +++++    | 3          | 81.7%         | 77.1%      |
| Dental Visit                            | +        | 43         | 62.7%         | 65.5%      |
| Flu Vaccination                         | +        | 47         | 32.7%         | 38.9%      |
| Postpartum Visit†                       | —        | —          | 91.1%         | 88.4%      |
| Well-woman Visit                        | +++      | 25         | 72.9%         | 72.0%      |
| <b>Quality of Care</b>                  |          |            |               |            |
| Breastfeeding Initiation†               | —        | —          | 71.4%         | 83.9%      |
| Dedicated Health Care Provider          | ++       | 36         | 70.9%         | 71.1%      |
| Low-risk Cesarean Delivery              | +        | 47         | 29.0%         | 25.9%      |
| Maternity Practices Score               | ++       | 40         | 76            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+</b> | <b>48</b>  | <b>-1.077</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |          |            |               |            |
| Exercise                                | +        | 47         | 16.9%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++       | 38         | 8.3%          | 10.4%      |
| Physical Inactivity                     | +        | 45         | 26.2%         | 22.3%      |
| <b>Sexual Health</b>                    |          |            |               |            |
| Chlamydia                               | +        | 43         | 1,864.1       | 1,552.8    |
| High-risk HIV Behaviors                 | ++       | 35         | 10.5%         | 9.6%       |
| Unintended Pregnancy†                   | —        | —          | 33.0%         | 28.5%      |
| <b>Sleep Health</b>                     |          |            |               |            |
| Insufficient Sleep                      | +        | 48         | 40.8%         | 33.4%      |
| <b>Tobacco Use</b>                      |          |            |               |            |
| E-cigarette Use†                        | —        | —          | 9.6%          | 7.6%       |
| Smoking                                 | +        | 43         | 20.1%         | 13.4%      |
| Smoking During Pregnancy                | +++      | 28         | 7.6%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+</b> | <b>46</b>  | <b>-1.095</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |          |            |               |            |
| Drug Deaths†                            | +++      | 23         | 20.2          | 22.4       |
| Excessive Drinking                      | +++++    | 5          | 15.1%         | 19.4%      |
| Frequent Mental Distress                | +        | 43         | 24.1%         | 19.4%      |
| Illicit Drug Use                        | +        | 47         | 15.0%         | 10.8%      |
| Postpartum Depression†                  | —        | —          | 20.8%         | 13.6%      |
| <b>Mortality</b>                        |          |            |               |            |
| Maternal Mortality†                     | —        | —          | 38.7          | 19.3       |
| Mortality Rate                          | +        | 43         | 170.6         | 117.3      |
| <b>Physical Health</b>                  |          |            |               |            |
| Frequent Physical Distress              | +        | 43         | 9.6%          | 7.5%       |
| High Blood Pressure                     | +        | 45         | 17.8%         | 10.6%      |
| High Health Status†                     | +        | 44         | 53.2%         | 57.4%      |
| Multiple Chronic Conditions             | ++       | 32         | 5.0%          | 4.1%       |
| Obesity                                 | +        | 45         | 37.7%         | 30.4%      |
| Severe Maternal Morbidity†              | —        | —          | 81.0          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+</b> | <b>48</b>  | <b>-0.713</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating     | State Rank | State Value   | U.S. Value |
|----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++</b> | <b>24</b>  | <b>0.252</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |            |            |               |            |
| ADD/ADHD Treatment                     | ++++       | 11         | 3.9%          | 2.8%       |
| Pediatricians                          | ++         | 34         | 81.8          | 107.2      |
| Uninsured                              | ++++       | 11         | 3.5%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |            |            |               |            |
| Childhood Immunizations                | +++        | 23         | 72.1%         | 70.5%      |
| HPV Vaccination                        | ++         | 39         | 52.9%         | 58.6%      |
| Preventive Dental Care                 | ++         | 34         | 74.3%         | 75.1%      |
| Well-child Visit                       | +++        | 28         | 76.6%         | 76.7%      |
| <b>Quality of Care</b>                 |            |            |               |            |
| Adequate Insurance                     | +++++      | 2          | 75.4%         | 68.2%      |
| Developmental Screening                | ++         | 36         | 32.2%         | 34.8%      |
| Medical Home                           | +++        | 30         | 48.0%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+</b>   | <b>45</b>  | <b>-0.817</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |            |            |               |            |
| Breastfed                              | +          | 45         | 21.0%         | 24.9%      |
| Food Sufficiency                       | +          | 41         | 67.3%         | 71.9%      |
| Physical Activity                      | ++++       | 20         | 23.8%         | 20.5%      |
| Soda Consumption — Youth†              | —          | —          | 14.1%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |            |            |               |            |
| Dual Contraceptive Nonuse†             | —          | —          | 88.2%         | 90.9%      |
| Teen Births                            | +          | 46         | 24.8          | 15.4       |
| <b>Sleep Health</b>                    |            |            |               |            |
| Adequate Sleep                         | +          | 49         | 55.0%         | 66.6%      |
| Sleep Position†                        | —          | —          | 73.3%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |            |            |               |            |
| Electronic Vapor Product Use†          | —          | —          | 19.4%         | 32.7%      |
| Tobacco Use                            | +++        | 25         | 3.5%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+</b>   | <b>42</b>  | <b>-0.348</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |            |            |               |            |
| Alcohol Use — Youth                    | +++++      | 4          | 7.6%          | 8.8%       |
| Anxiety                                | +++++      | 7          | 7.8%          | 9.2%       |
| Depression                             | +++++      | 2          | 2.6%          | 4.2%       |
| Flourishing                            | +++++      | 7          | 68.5%         | 66.6%      |
| Illicit Drug Use — Youth               | ++++       | 11         | 6.2%          | 7.7%       |
| Teen Suicide†                          | —          | —          | 11.5          | 10.8       |
| <b>Mortality</b>                       |            |            |               |            |
| Child Mortality                        | +          | 48         | 38.8          | 25.9       |
| Infant Mortality                       | +          | 47         | 7.3           | 5.6        |
| <b>Physical Health</b>                 |            |            |               |            |
| Asthma                                 | +          | 42         | 8.5%          | 6.9%       |
| High Health Status†                    | +++        | 25         | 91.1%         | 90.2%      |
| Low Birthweight                        | +          | 48         | 10.8%         | 8.2%       |
| Low Birthweight Racial Disparity       | +++        | 26         | 2.0           | 2.0        |
| Neonatal Abstinence Syndrome†          | —          | —          | —             | 6.1        |
| Overweight or Obesity — Youth          | +          | 43         | 37.0%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+</b>   | <b>42</b>  | <b>-0.325</b> | <b>—</b>   |

|                                      |          |           |               |          |
|--------------------------------------|----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+</b> | <b>46</b> | <b>-0.537</b> | <b>—</b> |
|--------------------------------------|----------|-----------|---------------|----------|



# Alaska

State Health Department Website: [health.alaska.gov](https://health.alaska.gov)

Overall Rank:

# 31

## Summary

### Strengths:

- Low percentage of low birthweight infants
- High prevalence of reading, singing or storytelling
- Low prevalence of high-risk HIV behaviors among women

### Challenges:

- High prevalence of adverse childhood experiences (ACEs)
- High violent crime rate
- High incidence of chlamydia among women

### Highlights:

#### CHILD MORTALITY

## ▲38%

from 33.1 to 45.8 deaths per 100,000 children ages 1-19 between 2012-2014 and 2018-2020.

#### WELL-WOMAN VISITS

## ▲31%

from 52.7% to 68.9% of women ages 18-44 between 2016-2017 and 2019-2020.

#### CERVICAL CANCER SCREENING

## ▼16%

from 80.8% to 67.9% of women ages 21-44 between 2018 and 2020.

#### INFANT SLEEP POSITION

## ▲10%

from 73.5% to 81.1% of women with a recent live birth between 2012-2013 and 2020.

## Women

| Measures                                      | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|-----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>++</b> | <b>32</b>  | <b>-0.043</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |           |            |               |            |
| Firearm Deaths†                               | —         | 13.8       | 5.1           |            |
| Intimate Partner Violence Before Pregnancy†   | —         | 3.3%       | 2.5%          |            |
| Violent Crime                                 | +         | 50         | 867           | 379        |
| <b>Economic Resources</b>                     |           |            |               |            |
| Concentrated Disadvantage                     | ++++      | 20         | 18.2%         | 26.1%      |
| Food Insecurity                               | +++       | 28         | 10.6%         | 10.7%      |
| Gender Pay Gap†                               | +++++     | 9          | 83.1%         | 81.0%      |
| Poverty                                       | ++++      | 11         | 12.8%         | 15.2%      |
| Unemployment                                  | ++++      | 20         | 6.9%          | 8.3%       |
| <b>Education</b>                              |           |            |               |            |
| College Graduate                              | ++        | 38         | 31.2%         | 35.6%      |
| <b>Social Support and Engagement</b>          |           |            |               |            |
| Infant Child Care Cost†                       | ++++      | 17         | 11.4%         | 12.0%      |
| Residential Segregation — Black/White         | +++++     | 9          | 57            | —          |
| Voter Participation                           | ++        | 33         | 59.4%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>++</b> | <b>35</b>  | <b>-0.094</b> | <b>—</b>   |
| <b>Air and Water Quality</b>                  |           |            |               |            |
| Air Pollution                                 | ++++      | 16         | 6.8           | 8.3        |
| Drinking Water Violations                     | +         | 47         | 4.8%          | 0.8%       |
| Household Smoke                               | ++        | 31         | 15.8%         | 13.8%      |
| Risk-screening Environmental Indicators Score | +++++     | 2          | 12,462        | —          |
| Water Fluoridation                            | +         | 43         | 49.6%         | 73.0%      |
| <b>Climate Change</b>                         |           |            |               |            |
| Climate Change Policies†                      | ++        | 37         | 0             | —          |
| Transportation Energy Use†                    | +         | 50         | 22.5          | 7.4        |
| <b>Housing and Transportation</b>             |           |            |               |            |
| Drive Alone to Work                           | +++++     | 4          | 69.7%         | 75.4%      |
| Housing With Lead Risk                        | +++++     | 3          | 7.7%          | 17.6%      |
| Severe Housing Problems                       | +         | 46         | 20.8%         | 17.3%      |

## Children

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>++</b> | <b>38</b>  | <b>-0.380</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |           |            |               |            |
| Child Victimization†                    | +         | 49         | 18.0%         | 8.4%       |
| Firearm Deaths†                         | —         | 11.5       | 4.7           |            |
| <b>Economic Resources</b>               |           |            |               |            |
| Children in Poverty                     | ++++      | 14         | 13.0%         | 16.8%      |
| Children in Poverty Racial Disparity    | ++        | 34         | 3.7           | 3.0        |
| High-speed Internet                     | +++       | 22         | 93.4%         | 92.6%      |
| Students Experiencing Homelessness      | ++        | 34         | 2.4%          | 2.5%       |
| WIC Coverage                            | ++        | 34         | 49.1%         | 54.6%      |
| <b>Education</b>                        |           |            |               |            |
| Early Childhood Education               | ++        | 33         | 44.0%         | 48.9%      |
| Fourth Grade Reading Proficiency        | +         | 49         | 25.1%         | 34.3%      |
| High School Graduation                  | +         | 46         | 80.4%         | 85.8%      |
| High School Graduation Racial Disparity | ++        | 35         | 17.7          | 15.1       |
| <b>Social Support and Engagement</b>    |           |            |               |            |
| Adverse Childhood Experiences           | ++        | 33         | 16.9%         | 14.0%      |
| Foster Care Instability                 | ++        | 34         | 17.2%         | 14.9%      |
| Neighborhood Amenities                  | ++        | 36         | 28.2%         | 35.5%      |
| Reading, Singing or Storytelling        | +++++     | 7          | 65.0%         | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++</b>   | <b>34</b>  | <b>0.037</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |               |            |
| Adequate Prenatal Care                  | +           | 48         | 66.0%         | 74.7%      |
| Avoided Care Due to Cost                | +++         | 26         | 16.5%         | 17.5%      |
| Publicly-funded Women's Health Services | +++++       | 4          | 54%           | 29%        |
| Uninsured                               | +           | 42         | 16.0%         | 12.9%      |
| Women's Health Providers                | +++++       | 1          | 103.1         | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |               |            |
| Cervical Cancer Screening               | +           | 50         | 67.9%         | 77.1%      |
| Dental Visit                            | ++          | 37         | 64.5%         | 65.5%      |
| Flu Vaccination                         | ++          | 37         | 37.0%         | 38.9%      |
| Postpartum Visit†                       | —           | —          | 85.0%         | 88.4%      |
| Well-woman Visit                        | +           | 41         | 68.9%         | 72.0%      |
| <b>Quality of Care</b>                  |             |            |               |            |
| Breastfeeding Initiation†               | —           | —          | 92.4%         | 83.9%      |
| Dedicated Health Care Provider          | +           | 43         | 67.3%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++++       | 3          | 18.2%         | 25.9%      |
| Maternity Practices Score               | ++++        | 18         | 82            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++</b>  | <b>21</b>  | <b>0.057</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |               |            |
| Exercise                                | +           | 42         | 18.3%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++++        | 12         | 11.6%         | 10.4%      |
| Physical Inactivity                     | ++++        | 12         | 19.4%         | 22.3%      |
| <b>Sexual Health</b>                    |             |            |               |            |
| Chlamydia                               | +           | 48         | 2,254.3       | 1,552.8    |
| High-risk HIV Behaviors                 | +++++       | 1          | 6.2%          | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 24.8%         | 28.5%      |
| <b>Sleep Health</b>                     |             |            |               |            |
| Insufficient Sleep                      | +++++       | 1          | 25.3%         | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |               |            |
| E-cigarette Use†                        | —           | —          | 6.7%          | 7.6%       |
| Smoking                                 | ++          | 37         | 19.0%         | 13.4%      |
| Smoking During Pregnancy                | ++          | 34         | 8.8%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++++</b> | <b>17</b>  | <b>-0.012</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |               |            |
| Drug Deaths†                            | +++         | 26         | 22.8          | 22.4       |
| Excessive Drinking                      | ++++        | 13         | 18.0%         | 19.4%      |
| Frequent Mental Distress                | +++++       | 3          | 15.8%         | 19.4%      |
| Illicit Drug Use                        | ++          | 39         | 12.6%         | 10.8%      |
| Postpartum Depression†                  | —           | —          | 13.8%         | 13.6%      |
| <b>Mortality</b>                        |             |            |               |            |
| Maternal Mortality†                     | —           | —          | 21.6          | 19.3       |
| Mortality Rate                          | +           | 47         | 185.9         | 117.3      |
| <b>Physical Health</b>                  |             |            |               |            |
| Frequent Physical Distress              | ++++        | 17         | 7.3%          | 7.5%       |
| High Blood Pressure                     | ++          | 38         | 12.6%         | 10.6%      |
| High Health Status†                     | ++          | 35         | 57.1%         | 57.4%      |
| Multiple Chronic Conditions             | +++++       | 4          | 2.8%          | 4.1%       |
| Obesity                                 | +++++       | 7          | 25.5%         | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | 99.7          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++</b>  | <b>29</b>  | <b>-0.012</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+</b>     | <b>46</b>  | <b>-0.608</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | +            | 45         | 1.7%          | 2.8%       |
| Pediatricians                          | ++           | 32         | 86.6          | 107.2      |
| Uninsured                              | +            | 48         | 9.4%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | +            | 50         | 61.2%         | 70.5%      |
| HPV Vaccination                        | +++          | 30         | 54.9%         | 58.6%      |
| Preventive Dental Care                 | +++          | 30         | 75.2%         | 75.1%      |
| Well-child Visit                       | ++           | 38         | 74.4%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | ++           | 32         | 67.0%         | 68.2%      |
| Developmental Screening                | ++++         | 14         | 42.0%         | 34.8%      |
| Medical Home                           | ++           | 36         | 46.7%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++++</b> | <b>9</b>   | <b>0.625</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | +++++        | 8          | 30.9%         | 24.9%      |
| Food Sufficiency                       | +++          | 23         | 72.8%         | 71.9%      |
| Physical Activity                      | +++++        | 5          | 26.9%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 8.5%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 86.8%         | 90.9%      |
| Teen Births                            | ++           | 33         | 17.7          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | +++++        | 6          | 73.0%         | 66.6%      |
| Sleep Position†                        | —            | —          | 81.1%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 26.1%         | 32.7%      |
| Tobacco Use                            | ++++         | 19         | 3.3%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++</b>   | <b>24</b>  | <b>-0.074</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +++          | 23         | 8.8%          | 8.8%       |
| Anxiety                                | +++++        | 6          | 7.7%          | 9.2%       |
| Depression                             | +++          | 25         | 4.4%          | 4.2%       |
| Flourishing                            | +++          | 22         | 66.9%         | 66.6%      |
| Illicit Drug Use — Youth               | +++          | 30         | 7.7%          | 7.7%       |
| Teen Suicide†                          | —            | —          | 40.4          | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | +            | 50         | 45.8          | 25.9       |
| Infant Mortality                       | +++          | 21         | 5.6           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | +++++        | 8          | 5.5%          | 6.9%       |
| High Health Status†                    | +++++        | 2          | 93.7%         | 90.2%      |
| Low Birthweight                        | +++++        | 2          | 6.6%          | 8.2%       |
| Low Birthweight Racial Disparity       | +            | 49         | 2.4           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 13.0          | 6.1        |
| Overweight or Obesity — Youth          | ++++         | 20         | 31.0%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++</b>    | <b>33</b>  | <b>-0.135</b> | <b>—</b>   |

|                                      |           |           |               |          |
|--------------------------------------|-----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++</b> | <b>31</b> | <b>-0.076</b> | <b>—</b> |
|--------------------------------------|-----------|-----------|---------------|----------|

# Arizona

State Health Department Website: [azdhs.gov](https://azdhs.gov)

Overall Rank:

# 35

## Summary

### Strengths:

- Low prevalence of excessive drinking among women
- Low Black/white residential segregation
- Low prevalence of tobacco use among adolescents

### Challenges:

- High child mortality rate
- Low percentage of female college graduates
- Low prevalence of physical activity among children

### Highlights:

#### DEPRESSION

## ▲104%

from 2.3% to 4.7% of children ages 3-17 between 2017-2018 and 2020-2021.

#### TEEN BIRTHS

## ▼37%

from 26.3 to 16.6 births per 1,000 females ages 15-19 between 2015 and 2020.

#### MORTALITY

## ▲35%

from 100.7 to 135.6 deaths per 100,000 women ages 20-44 between 2019 and 2020.

#### CIGARETTE SMOKING DURING PREGNANCY

## ▼30%

from 5.3% to 3.7% of live births between 2015 and 2020.

## Women

| Measures                                      | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|-------------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>++</b>   | <b>31</b>  | <b>-0.042</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |             |            |               |            |
| Firearm Deaths*                               | —           | —          | 6.6           | 5.1        |
| Intimate Partner Violence Before Pregnancy*   | —           | —          | 2.7%          | 2.5%       |
| Violent Crime                                 | +           | 41         | 455           | 379        |
| <b>Economic Resources</b>                     |             |            |               |            |
| Concentrated Disadvantage                     | +           | 46         | 35.8%         | 26.1%      |
| Food Insecurity                               | +++         | 29         | 11.0%         | 10.7%      |
| Gender Pay Gap*                               | +++++       | 9          | 83.1%         | 81.0%      |
| Poverty                                       | +++         | 29         | 15.9%         | 15.2%      |
| Unemployment                                  | ++          | 40         | 8.6%          | 8.3%       |
| <b>Education</b>                              |             |            |               |            |
| College Graduate                              | +           | 43         | 28.1%         | 35.6%      |
| <b>Social Support and Engagement</b>          |             |            |               |            |
| Infant Child Care Cost*                       | ++          | 38         | 13.4%         | 12.0%      |
| Residential Segregation — Black/White         | +++++       | 8          | 55            | —          |
| Voter Participation                           | +++++       | 7          | 68.6%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>++++</b> | <b>18</b>  | <b>0.123</b>  | <b>—</b>   |
| <b>Air and Water Quality</b>                  |             |            |               |            |
| Air Pollution                                 | +           | 46         | 9.1           | 8.3        |
| Drinking Water Violations                     | ++          | 34         | 0.5%          | 0.8%       |
| Household Smoke                               | +++++       | 10         | 11.3%         | 13.8%      |
| Risk-screening Environmental Indicators Score | ++          | 32         | 4,301,769     | —          |
| Water Fluoridation                            | ++          | 37         | 58.0%         | 73.0%      |
| <b>Climate Change</b>                         |             |            |               |            |
| Climate Change Policies*                      | +++         | 24         | 2             | —          |
| Transportation Energy Use*                    | ++++        | 17         | 6.8           | 7.4        |
| <b>Housing and Transportation</b>             |             |            |               |            |
| Drive Alone to Work                           | ++++        | 14         | 75.0%         | 75.4%      |
| Housing With Lead Risk                        | +++++       | 2          | 6.8%          | 17.6%      |
| Severe Housing Problems                       | +           | 41         | 17.7%         | 17.3%      |

## Children

| Measures                                | Rating   | State Rank | State Value   | U.S. Value |
|-----------------------------------------|----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>+</b> | <b>43</b>  | <b>-0.530</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |          |            |               |            |
| Child Victimization*                    | ++++     | 18         | 6.0%          | 8.4%       |
| Firearm Deaths*                         | —        | —          | 4.7           | 4.7        |
| <b>Economic Resources</b>               |          |            |               |            |
| Children in Poverty                     | ++       | 38         | 19.1%         | 16.8%      |
| Children in Poverty Racial Disparity    | ++       | 39         | 4.0           | 3.0        |
| High-speed Internet                     | +        | 42         | 90.5%         | 92.6%      |
| Students Experiencing Homelessness      | +++++    | 10         | 1.5%          | 2.5%       |
| WIC Coverage                            | ++++     | 20         | 54.4%         | 54.6%      |
| <b>Education</b>                        |          |            |               |            |
| Early Childhood Education               | +        | 42         | 40.7%         | 48.9%      |
| Fourth Grade Reading Proficiency        | +        | 41         | 31.4%         | 34.3%      |
| High School Graduation                  | +        | 49         | 77.8%         | 85.8%      |
| High School Graduation Racial Disparity | +++      | 30         | 15.6          | 15.1       |
| <b>Social Support and Engagement</b>    |          |            |               |            |
| Adverse Childhood Experiences           | ++       | 31         | 16.3%         | 14.0%      |
| Foster Care Instability                 | +++      | 21         | 13.6%         | 14.9%      |
| Neighborhood Amenities                  | ++       | 33         | 31.3%         | 35.5%      |
| Reading, Singing or Storytelling        | +        | 42         | 52.9%         | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+</b>    | <b>45</b>  | <b>-0.580</b> | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |               |            |
| Adequate Prenatal Care                  | +           | 45         | 69.0%         | 74.7%      |
| Avoided Care Due to Cost                | ++          | 37         | 18.3%         | 17.5%      |
| Publicly-funded Women's Health Services | +           | 41         | 19%           | 29%        |
| Uninsured                               | ++          | 38         | 15.3%         | 12.9%      |
| Women's Health Providers                | ++          | 40         | 42.1          | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |               |            |
| Cervical Cancer Screening               | +           | 42         | 73.6%         | 77.1%      |
| Dental Visit                            | +           | 46         | 60.6%         | 65.5%      |
| Flu Vaccination                         | +           | 42         | 35.2%         | 38.9%      |
| Postpartum Visit†                       | —           | —          | 85.2%         | 88.4%      |
| Well-woman Visit                        | ++          | 38         | 70.0%         | 72.0%      |
| <b>Quality of Care</b>                  |             |            |               |            |
| Breastfeeding Initiation†               | —           | —          | 87.8%         | 83.9%      |
| Dedicated Health Care Provider          | +           | 45         | 65.6%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++++        | 13         | 22.8%         | 25.9%      |
| Maternity Practices Score               | ++          | 34         | 78            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++++</b> | <b>14</b>  | <b>0.242</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |               |            |
| Exercise                                | +++++       | 4          | 25.6%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++++       | 2          | 13.5%         | 10.4%      |
| Physical Inactivity                     | ++++        | 17         | 20.4%         | 22.3%      |
| <b>Sexual Health</b>                    |             |            |               |            |
| Chlamydia                               | ++          | 32         | 1,684.8       | 1,552.8    |
| High-risk HIV Behaviors                 | +           | 42         | 11.1%         | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 29.1%         | 28.5%      |
| <b>Sleep Health</b>                     |             |            |               |            |
| Insufficient Sleep                      | ++          | 32         | 34.7%         | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |               |            |
| E-cigarette Use†                        | —           | —          | —             | 7.6%       |
| Smoking                                 | ++++        | 11         | 11.2%         | 13.4%      |
| Smoking During Pregnancy                | +++++       | 9          | 3.7%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++</b>  | <b>23</b>  | <b>-0.078</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |               |            |
| Drug Deaths†                            | +++         | 27         | 24.5          | 22.4       |
| Excessive Drinking                      | +++++       | 6          | 15.2%         | 19.4%      |
| Frequent Mental Distress                | ++++        | 20         | 19.7%         | 19.4%      |
| Illicit Drug Use                        | ++          | 38         | 12.5%         | 10.8%      |
| Postpartum Depression†                  | —           | —          | 13.7%         | 13.6%      |
| <b>Mortality</b>                        |             |            |               |            |
| Maternal Mortality†                     | —           | —          | 26.5          | 19.3       |
| Mortality Rate                          | ++          | 36         | 135.6         | 117.3      |
| <b>Physical Health</b>                  |             |            |               |            |
| Frequent Physical Distress              | ++++        | 19         | 7.8%          | 7.5%       |
| High Blood Pressure                     | +++         | 25         | 10.4%         | 10.6%      |
| High Health Status†                     | ++          | 40         | 54.5%         | 57.4%      |
| Multiple Chronic Conditions             | +++         | 22         | 4.3%          | 4.1%       |
| Obesity                                 | +++         | 24         | 30.9%         | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | 77.8          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++</b>  | <b>30</b>  | <b>-0.040</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating      | State Rank | State Value   | U.S. Value |
|----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+</b>    | <b>48</b>  | <b>-0.791</b> | <b>—</b>   |
| <b>Access to Care</b>                  |             |            |               |            |
| ADD/ADHD Treatment                     | ++          | 36         | 2.4%          | 2.8%       |
| Pediatricians                          | ++          | 38         | 79.7          | 107.2      |
| Uninsured                              | +           | 47         | 9.2%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |             |            |               |            |
| Childhood Immunizations                | ++++        | 14         | 74.0%         | 70.5%      |
| HPV Vaccination                        | +           | 42         | 51.4%         | 58.6%      |
| Preventive Dental Care                 | ++          | 31         | 75.0%         | 75.1%      |
| Well-child Visit                       | +           | 45         | 72.0%         | 76.7%      |
| <b>Quality of Care</b>                 |             |            |               |            |
| Adequate Insurance                     | +           | 45         | 63.3%         | 68.2%      |
| Developmental Screening                | +           | 50         | 18.9%         | 34.8%      |
| Medical Home                           | +           | 47         | 39.8%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++</b>   | <b>33</b>  | <b>-0.203</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |             |            |               |            |
| Breastfed                              | ++          | 33         | 24.0%         | 24.9%      |
| Food Sufficiency                       | ++          | 40         | 67.5%         | 71.9%      |
| Physical Activity                      | +           | 48         | 16.8%         | 20.5%      |
| Soda Consumption — Youth†              | —           | —          | 8.2%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |             |            |               |            |
| Dual Contraceptive Nonuse†             | —           | —          | 90.0%         | 90.9%      |
| Teen Births                            | +++         | 29         | 16.6          | 15.4       |
| <b>Sleep Health</b>                    |             |            |               |            |
| Adequate Sleep                         | ++++        | 18         | 68.4%         | 66.6%      |
| Sleep Position†                        | —           | —          | 80.4%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |             |            |               |            |
| Electronic Vapor Product Use†          | —           | —          | 17.9%         | 32.7%      |
| Tobacco Use                            | +++++       | 4          | 2.2%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++++</b> | <b>15</b>  | <b>0.065</b>  | <b>—</b>   |
| <b>Behavioral Health</b>               |             |            |               |            |
| Alcohol Use — Youth                    | ++++        | 16         | 8.4%          | 8.8%       |
| Anxiety                                | ++++        | 17         | 9.1%          | 9.2%       |
| Depression                             | +++         | 30         | 4.7%          | 4.2%       |
| Flourishing                            | ++          | 38         | 65.1%         | 66.6%      |
| Illicit Drug Use — Youth               | ++++        | 20         | 6.8%          | 7.7%       |
| Teen Suicide†                          | —           | —          | 14.0          | 10.8       |
| <b>Mortality</b>                       |             |            |               |            |
| Child Mortality                        | ++          | 38         | 32.1          | 25.9       |
| Infant Mortality                       | +++         | 21         | 5.6           | 5.6        |
| <b>Physical Health</b>                 |             |            |               |            |
| Asthma                                 | +++         | 23         | 6.6%          | 6.9%       |
| High Health Status†                    | ++          | 36         | 90.0%         | 90.2%      |
| Low Birthweight                        | ++++        | 14         | 7.4%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++++        | 11         | 1.8           | 2.0        |
| Neonatal Abstinence Syndrome†          | —           | —          | 8.2           | 6.1        |
| Overweight or Obesity — Youth          | ++++        | 18         | 30.7%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++</b>   | <b>39</b>  | <b>-0.258</b> | <b>—</b>   |

|                                      |           |           |               |          |
|--------------------------------------|-----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++</b> | <b>35</b> | <b>-0.185</b> | <b>—</b> |
|--------------------------------------|-----------|-----------|---------------|----------|

# Arkansas

State Health Department Website: [healthy.arkansas.gov](https://healthy.arkansas.gov)

Overall Rank:

49

## Summary

### Strengths:

- Low prevalence of alcohol use among youth
- High prevalence of physical activity among children
- High prevalence of well-woman visits

### Challenges:

- High child mortality rate
- Low percentage of female college graduates
- Low prevalence of food sufficiency among children

### Highlights:

#### FREQUENT MENTAL DISTRESS

▲55%

from 17.9% to 27.8%  
of women ages 18-44  
between 2014-2015 and  
2019-2020.

#### NEONATAL ABSTINENCE SYNDROME

▼38%

from 4.2 to 2.6 diagnoses  
per 1,000 birth  
hospitalizations between  
2017 and 2019.

#### MORTALITY

▲31%

from 129.6 to 169.3  
deaths per 100,000  
women ages 20-44  
between 2019 and 2020.

#### INFANT MORTALITY

▼11%

from 8.2 to 7.3 deaths  
per 1,000 live births  
between 2016-2017  
and 2018-2019.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +      | 48         | -0.863      | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 10.2       | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 6.2%       | 2.5%        |            |
| Violent Crime                                 | +      | 47         | 585         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++     | 35         | 28.2%       | 26.1%      |
| Food Insecurity                               | +      | 42         | 12.6%       | 10.7%      |
| Gender Pay Gap†                               | ++     | 31         | 79.0%       | 81.0%      |
| Poverty                                       | +      | 45         | 19.9%       | 15.2%      |
| Unemployment                                  | ++++   | 15         | 6.7%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +      | 46         | 26.7%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +++++  | 7          | 9.4%        | 12.0%      |
| Residential Segregation — Black/White         | +++    | 27         | 66          | —          |
| Voter Participation                           | +      | 50         | 49.8%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++    | 21         | 0.108       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++    | 23         | 7.2         | 8.3        |
| Drinking Water Violations                     | +++    | 24         | 0.2%        | 0.8%       |
| Household Smoke                               | +      | 43         | 19.5%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++    | 22         | 2,567,631   | —          |
| Water Fluoridation                            | ++++   | 20         | 85.4%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | +++    | 28         | 1           | —          |
| Transportation Energy Use†                    | ++     | 34         | 8.9         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +      | 47         | 82.6%       | 75.4%      |
| Housing With Lead Risk                        | +++++  | 9          | 10.9%       | 17.6%      |
| Severe Housing Problems                       | ++++   | 19         | 14.0%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +      | 47         | -0.778      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++     | 37         | 13.2%       | 8.4%       |
| Firearm Deaths†                         | —      | 8.0        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +      | 47         | 22.1%       | 16.8%      |
| Children in Poverty Racial Disparity    | +++++  | 6          | 2.6         | 3.0        |
| High-speed Internet                     | +      | 48         | 88.1%       | 92.6%      |
| Students Experiencing Homelessness      | ++     | 38         | 2.7%        | 2.5%       |
| WIC Coverage                            | ++     | 40         | 45.5%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 19         | 48.3%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +      | 42         | 31.2%       | 34.3%      |
| High School Graduation                  | ++++   | 16         | 87.6%       | 85.8%      |
| High School Graduation Racial Disparity | ++++   | 12         | 10.6        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +      | 43         | 18.7%       | 14.0%      |
| Foster Care Instability                 | +      | 46         | 24.3%       | 14.9%      |
| Neighborhood Amenities                  | +      | 42         | 21.3%       | 35.5%      |
| Reading, Singing or Storytelling        | +      | 50         | 46.4%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating   | State Rank | State Value   | U.S. Value |
|-----------------------------------------|----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+</b> | <b>42</b>  | <b>-0.472</b> | <b>—</b>   |
| <b>Access to Care</b>                   |          |            |               |            |
| Adequate Prenatal Care                  | +        | 41         | 71.5%         | 74.7%      |
| Avoided Care Due to Cost                | +        | 45         | 22.6%         | 17.5%      |
| Publicly-funded Women's Health Services | +++      | 30         | 23%           | 29%        |
| Uninsured                               | ++       | 32         | 13.1%         | 12.9%      |
| Women's Health Providers                | +        | 50         | 30.6          | 49.5       |
| <b>Preventive Clinical Care</b>         |          |            |               |            |
| Cervical Cancer Screening               | +++      | 26         | 77.3%         | 77.1%      |
| Dental Visit                            | +        | 45         | 60.8%         | 65.5%      |
| Flu Vaccination                         | +++      | 28         | 39.1%         | 38.9%      |
| Postpartum Visit†                       | —        | —          | 88.3%         | 88.4%      |
| Well-woman Visit                        | ++++     | 16         | 74.7%         | 72.0%      |
| <b>Quality of Care</b>                  |          |            |               |            |
| Breastfeeding Initiation†               | —        | —          | 72.7%         | 83.9%      |
| Dedicated Health Care Provider          | +++      | 28         | 73.0%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++       | 33         | 26.5%         | 25.9%      |
| Maternity Practices Score               | +        | 41         | 75            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+</b> | <b>50</b>  | <b>-1.270</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |          |            |               |            |
| Exercise                                | +        | 44         | 17.7%         | 21.5%      |
| Fruit and Vegetable Consumption         | +        | 43         | 8.0%          | 10.4%      |
| Physical Inactivity                     | +        | 47         | 26.9%         | 22.3%      |
| <b>Sexual Health</b>                    |          |            |               |            |
| Chlamydia                               | +        | 44         | 1,936.8       | 1,552.8    |
| High-risk HIV Behaviors                 | ++       | 37         | 10.6%         | 9.6%       |
| Unintended Pregnancy†                   | —        | —          | 33.7%         | 28.5%      |
| <b>Sleep Health</b>                     |          |            |               |            |
| Insufficient Sleep                      | +        | 49         | 40.9%         | 33.4%      |
| <b>Tobacco Use</b>                      |          |            |               |            |
| E-cigarette Use†                        | —        | —          | 7.6%          | 7.6%       |
| Smoking                                 | +        | 47         | 21.0%         | 13.4%      |
| Smoking During Pregnancy                | +        | 43         | 11.6%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+</b> | <b>49</b>  | <b>-1.426</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |          |            |               |            |
| Drug Deaths†                            | ++++     | 17         | 17.1          | 22.4       |
| Excessive Drinking                      | ++++     | 18         | 18.7%         | 19.4%      |
| Frequent Mental Distress                | +        | 50         | 27.8%         | 19.4%      |
| Illicit Drug Use                        | ++       | 35         | 12.0%         | 10.8%      |
| Postpartum Depression†                  | —        | —          | 23.2%         | 13.6%      |
| <b>Mortality</b>                        |          |            |               |            |
| Maternal Mortality†                     | —        | —          | 34.1          | 19.3       |
| Mortality Rate                          | +        | 42         | 169.3         | 117.3      |
| <b>Physical Health</b>                  |          |            |               |            |
| Frequent Physical Distress              | +        | 50         | 13.1%         | 7.5%       |
| High Blood Pressure                     | +        | 47         | 18.7%         | 10.6%      |
| High Health Status†                     | +        | 49         | 51.6%         | 57.4%      |
| Multiple Chronic Conditions             | +        | 47         | 6.3%          | 4.1%       |
| Obesity                                 | +        | 49         | 41.6%         | 30.4%      |
| Severe Maternal Morbidity†              | —        | —          | 58.6          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+</b> | <b>49</b>  | <b>-0.818</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating   | State Rank | State Value   | U.S. Value |
|----------------------------------------|----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+</b> | <b>42</b>  | <b>-0.465</b> | <b>—</b>   |
| <b>Access to Care</b>                  |          |            |               |            |
| ADD/ADHD Treatment                     | +++++    | 9          | 4.0%          | 2.8%       |
| Pediatricians                          | +        | 41         | 74.6          | 107.2      |
| Uninsured                              | ++       | 35         | 5.9%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |          |            |               |            |
| Childhood Immunizations                | +        | 44         | 66.5%         | 70.5%      |
| HPV Vaccination                        | +        | 44         | 49.6%         | 58.6%      |
| Preventive Dental Care                 | ++       | 38         | 73.8%         | 75.1%      |
| Well-child Visit                       | +        | 46         | 71.6%         | 76.7%      |
| <b>Quality of Care</b>                 |          |            |               |            |
| Adequate Insurance                     | +++      | 24         | 68.8%         | 68.2%      |
| Developmental Screening                | +        | 42         | 28.4%         | 34.8%      |
| Medical Home                           | ++       | 40         | 45.6%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+</b> | <b>48</b>  | <b>-0.868</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |          |            |               |            |
| Breastfed                              | ++       | 32         | 24.4%         | 24.9%      |
| Food Sufficiency                       | +        | 49         | 62.5%         | 71.9%      |
| Physical Activity                      | ++++     | 18         | 24.1%         | 20.5%      |
| Soda Consumption — Youth†              | —        | —          | 16.9%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |          |            |               |            |
| Dual Contraceptive Nonuse†             | —        | —          | 89.4%         | 90.9%      |
| Teen Births                            | +        | 49         | 27.8          | 15.4       |
| <b>Sleep Health</b>                    |          |            |               |            |
| Adequate Sleep                         | +        | 45         | 61.0%         | 66.6%      |
| Sleep Position†                        | —        | —          | 76.9%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |          |            |               |            |
| Electronic Vapor Product Use†          | —        | —          | 24.3%         | 32.7%      |
| Tobacco Use                            | ++       | 39         | 4.3%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+</b> | <b>50</b>  | <b>-0.887</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |          |            |               |            |
| Alcohol Use — Youth                    | ++++     | 11         | 8.2%          | 8.8%       |
| Anxiety                                | ++       | 34         | 10.9%         | 9.2%       |
| Depression                             | ++       | 36         | 5.3%          | 4.2%       |
| Flourishing                            | +        | 48         | 63.4%         | 66.6%      |
| Illicit Drug Use — Youth               | +++      | 25         | 7.2%          | 7.7%       |
| Teen Suicide†                          | —        | —          | 13.9          | 10.8       |
| <b>Mortality</b>                       |          |            |               |            |
| Child Mortality                        | +        | 46         | 37.5          | 25.9       |
| Infant Mortality                       | +        | 47         | 7.3           | 5.6        |
| <b>Physical Health</b>                 |          |            |               |            |
| Asthma                                 | +        | 42         | 8.5%          | 6.9%       |
| High Health Status†                    | ++       | 34         | 90.2%         | 90.2%      |
| Low Birthweight                        | +        | 44         | 9.6%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++       | 37         | 2.1           | 2.0        |
| Neonatal Abstinence Syndrome†          | —        | —          | 2.6           | 6.1        |
| Overweight or Obesity — Youth          | +        | 44         | 37.1%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+</b> | <b>48</b>  | <b>-0.631</b> | <b>—</b>   |

|                                      |          |           |               |          |
|--------------------------------------|----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+</b> | <b>49</b> | <b>-0.800</b> | <b>—</b> |
|--------------------------------------|----------|-----------|---------------|----------|

# California

State Health Department Website: [cdph.ca.gov](https://cdph.ca.gov)

Overall Rank:

17

## Summary

### Strengths:

- Low infant mortality rate
- High WIC coverage among eligible children ages 0-4
- Low prevalence of cigarette smoking among women

### Challenges:

- High prevalence of illicit drug use among youth
- High prevalence of students experiencing homelessness
- Low prevalence of well-woman visits

### Highlights:

#### ANXIETY

▲92%

from 3.8% to 7.3% of children ages 3-17 between 2017-2018 and 2020-2021.

#### TEEN BIRTHS

▼42%

from 19.0 to 11.0 births per 1,000 females ages 15-19 between 2015 and 2020.

#### MORTALITY

▲25%

from 68.4 to 85.6 deaths per 100,000 women ages 20-44 between 2019 and 2020.

#### AVERAGE VOTER PARTICIPATION

▲25%

from 48.3% to 60.2% of female U.S. citizens ages 18 and older between the 2014/2016 and 2018/2020 elections.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++     | 36         | -0.195      | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 2.4        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 2.5%       |             |            |
| Violent Crime                                 | ++     | 39         | 441         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +      | 43         | 31.5%       | 26.1%      |
| Food Insecurity                               | ++++   | 18         | 9.8%        | 10.7%      |
| Gender Pay Gap†                               | +++++  | 3          | 87.5%       | 81.0%      |
| Poverty                                       | ++++   | 13         | 13.5%       | 15.2%      |
| Unemployment                                  | +      | 48         | 11.0%       | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++    | 27         | 34.9%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +      | 50         | 16.7%       | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 20         | 63          | —          |
| Voter Participation                           | ++     | 31         | 60.2%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  |        |            |             |            |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +      | 50         | 13.3        | 8.3        |
| Drinking Water Violations                     | +++++  | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | +++++  | 4          | 9.2%        | 13.8%      |
| Risk-screening Environmental Indicators Score | ++     | 35         | 5,953,461   | —          |
| Water Fluoridation                            | ++     | 36         | 59.3%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | +++++  | 1          | 4           | —          |
| Transportation Energy Use†                    | +++++  | 5          | 6.0         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++++  | 9          | 72.4%       | 75.4%      |
| Housing With Lead Risk                        | +++    | 28         | 17.6%       | 17.6%      |
| Severe Housing Problems                       | +      | 49         | 26.2%       | 17.3%      |

## Children

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 17         | 0.197       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Child Victimization†                          | +++    | 21         | 6.9%        | 8.4%       |
| Firearm Deaths†                               | —      | 2.6        | 4.7         |            |
| <b>Economic Resources</b>                     |        |            |             |            |
| Children in Poverty                           | +++    | 27         | 15.6%       | 16.8%      |
| Children in Poverty Racial Disparity          | +++    | 23         | 3.3         | 3.0        |
| High-speed Internet                           | ++++   | 14         | 94.2%       | 92.6%      |
| Students Experiencing Homelessness            | +      | 49         | 4.0%        | 2.5%       |
| WIC Coverage                                  | +++++  | 3          | 66.7%       | 54.6%      |
| <b>Education</b>                              |        |            |             |            |
| Early Childhood Education                     | ++++   | 16         | 50.3%       | 48.9%      |
| Fourth Grade Reading Proficiency              | ++     | 37         | 32.1%       | 34.3%      |
| High School Graduation                        | ++     | 31         | 84.5%       | 85.8%      |
| High School Graduation Racial Disparity       | +++    | 21         | 13.4        | 15.1       |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Adverse Childhood Experiences                 | +++++  | 6          | 12.0%       | 14.0%      |
| Foster Care Instability                       | +++++  | 10         | 11.1%       | 14.9%      |
| Neighborhood Amenities                        | +++++  | 5          | 49.0%       | 35.5%      |
| Reading, Singing or Storytelling              | ++     | 35         | 55.5%       | 57.2%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +      | 45         | -0.359      | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +      | 50         | 13.3        | 8.3        |
| Drinking Water Violations                     | +++++  | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | +++++  | 4          | 9.2%        | 13.8%      |
| Risk-screening Environmental Indicators Score | ++     | 35         | 5,953,461   | —          |
| Water Fluoridation                            | ++     | 36         | 59.3%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | +++++  | 1          | 4           | —          |
| Transportation Energy Use†                    | +++++  | 5          | 6.0         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++++  | 9          | 72.4%       | 75.4%      |
| Housing With Lead Risk                        | +++    | 28         | 17.6%       | 17.6%      |
| Severe Housing Problems                       | +      | 49         | 26.2%       | 17.3%      |



| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b>   | <b>21</b>  | <b>0.288</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | ++           | 35         | 74.5%        | 74.7%      |
| Avoided Care Due to Cost                | ++++         | 16         | 14.1%        | 17.5%      |
| Publicly-funded Women's Health Services | +++++        | 2          | 64%          | 29%        |
| Uninsured                               | +++          | 21         | 10.0%        | 12.9%      |
| Women's Health Providers                | ++           | 31         | 45.5         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | ++++         | 14         | 78.9%        | 77.1%      |
| Dental Visit                            | +            | 44         | 61.4%        | 65.5%      |
| Flu Vaccination                         | ++           | 36         | 37.3%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | —            | 88.4%      |
| Well-woman Visit                        | +            | 46         | 66.3%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | —            | 83.9%      |
| Dedicated Health Care Provider          | ++           | 40         | 69.3%        | 71.1%      |
| Low-risk Cesarean Delivery              | ++++         | 19         | 24.0%        | 25.9%      |
| Maternity Practices Score               | +++++        | 2          | 87           | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++++</b> | <b>8</b>   | <b>0.560</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | ++           | 32         | 20.9%        | 21.5%      |
| Fruit and Vegetable Consumption         | ++++         | 15         | 11.4%        | 10.4%      |
| Physical Inactivity                     | +++          | 29         | 21.8%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | ++++         | 14         | 1,311.3      | 1,552.8    |
| High-risk HIV Behaviors                 | +++          | 26         | 9.7%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | —            | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | +++++        | 8          | 29.3%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | —            | 7.6%       |
| Smoking                                 | +++++        | 2          | 7.0%         | 13.4%      |
| Smoking During Pregnancy                | +++++        | 1          | 1.0%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++++</b> | <b>4</b>   | <b>0.581</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | +++++        | 3          | 10.6         | 22.4       |
| Excessive Drinking                      | ++++         | 20         | 18.9%        | 19.4%      |
| Frequent Mental Distress                | +++++        | 3          | 15.8%        | 19.4%      |
| Illicit Drug Use                        | ++           | 31         | 11.3%        | 10.8%      |
| Postpartum Depression†                  | —            | —          | —            | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 8.4          | 19.3       |
| Mortality Rate                          | +++++        | 3          | 85.6         | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | ++++         | 12         | 6.8%         | 7.5%       |
| High Blood Pressure                     | ++++         | 17         | 9.5%         | 10.6%      |
| High Health Status†                     | +            | 42         | 53.7%        | 57.4%      |
| Multiple Chronic Conditions             | +++++        | 6          | 2.9%         | 4.1%       |
| Obesity                                 | +++++        | 10         | 26.1%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 99.4         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++++</b>  | <b>20</b>  | <b>0.179</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++</b>    | <b>39</b>  | <b>-0.229</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | +            | 48         | 1.3%          | 2.8%       |
| Pediatricians                          | ++++         | 20         | 103.8         | 107.2      |
| Uninsured                              | ++++         | 14         | 3.6%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | ++           | 38         | 68.6%         | 70.5%      |
| HPV Vaccination                        | ++++         | 18         | 62.3%         | 58.6%      |
| Preventive Dental Care                 | ++           | 34         | 74.3%         | 75.1%      |
| Well-child Visit                       | +            | 49         | 68.7%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | ++++         | 16         | 71.1%         | 68.2%      |
| Developmental Screening                | ++           | 31         | 34.4%         | 34.8%      |
| Medical Home                           | +            | 45         | 41.3%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++++</b>  | <b>11</b>  | <b>0.570</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | ++++         | 20         | 27.3%         | 24.9%      |
| Food Sufficiency                       | +++++        | 10         | 75.6%         | 71.9%      |
| Physical Activity                      | +            | 46         | 17.3%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 9.0%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 88.1%         | 90.9%      |
| Teen Births                            | ++++         | 12         | 11.0          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | +++++        | 7          | 72.9%         | 66.6%      |
| Sleep Position†                        | —            | —          | —             | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 18.2%         | 32.7%      |
| Tobacco Use                            | +++++        | 2          | 1.9%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++++</b> | <b>7</b>   | <b>0.382</b>  | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +++          | 25         | 8.9%          | 8.8%       |
| Anxiety                                | +++++        | 4          | 7.3%          | 9.2%       |
| Depression                             | +++          | 22         | 4.3%          | 4.2%       |
| Flourishing                            | ++++         | 14         | 67.5%         | 66.6%      |
| Illicit Drug Use — Youth               | +            | 42         | 9.7%          | 7.7%       |
| Teen Suicide†                          | —            | —          | 6.6           | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | +++++        | 7          | 20.0          | 25.9       |
| Infant Mortality                       | +++++        | 4          | 4.2           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | +++++        | 4          | 5.3%          | 6.9%       |
| High Health Status†                    | +            | 45         | 88.5%         | 90.2%      |
| Low Birthweight                        | +++++        | 6          | 6.9%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++           | 37         | 2.1           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 2.4           | 6.1        |
| Overweight or Obesity — Youth          | ++           | 38         | 34.8%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++++</b>  | <b>18</b>  | <b>0.154</b>  | <b>—</b>   |

|                                      |             |           |              |          |
|--------------------------------------|-------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++++</b> | <b>17</b> | <b>0.218</b> | <b>—</b> |
|--------------------------------------|-------------|-----------|--------------|----------|



# Colorado

State Health Department Website: [cdphe.colorado.gov](https://cdphe.colorado.gov)

Overall Rank:

11

## Summary

### Strengths:

- Low prevalence of obesity among women
- Low prevalence of physical inactivity among women
- High prevalence of neighborhood amenities

### Challenges:

- Low percentage of youth who are flourishing
- High prevalence of alcohol use among youth
- High prevalence of illicit drug use among women

### Highlights:

#### FIREARM DEATHS

▲63%

from 3.5 to 5.7 deaths per 100,000 children ages 1-19 between 2013-2015 and 2018-2020.

#### CIGARETTE SMOKING

▼34%

from 18.4% to 12.1% of women ages 18-44 between 2013-2014 and 2019-2020.

#### MORTALITY

▲23%

from 86.0 to 105.8 deaths per 100,000 women ages 20-44 between 2019 and 2020.

#### FOOD SUFFICIENCY

▲9%

from 69.7% to 76.1% of children ages 0-17 between 2018-2019 and 2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 13         | 0.507       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | —          | 6.0         | 5.1        |
| Intimate Partner Violence Before Pregnancy†   | —      | —          | 3.2%        | 2.5%       |
| Violent Crime                                 | +++    | 30         | 381         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++++  | 10         | 13.0%       | 26.1%      |
| Food Insecurity                               | +++    | 23         | 10.1%       | 10.7%      |
| Gender Pay Gap†                               | +++    | 24         | 79.9%       | 81.0%      |
| Poverty                                       | +++++  | 8          | 12.1%       | 15.2%      |
| Unemployment                                  | ++     | 31         | 7.8%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++++  | 5          | 43.5%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +      | 45         | 14.9%       | 12.0%      |
| Residential Segregation — Black/White         | +++    | 27         | 66          | —          |
| Voter Participation                           | ++++   | 15         | 64.5%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++++  | 7          | 0.371       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 18         | 6.9         | 8.3        |
| Drinking Water Violations                     | ++++   | 14         | 0.1%        | 0.8%       |
| Household Smoke                               | ++++   | 13         | 12.1%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++    | 28         | 3,459,342   | —          |
| Water Fluoridation                            | +++    | 28         | 74.9%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use†                    | +++++  | 10         | 6.5         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 12         | 74.3%       | 75.4%      |
| Housing With Lead Risk                        | ++++   | 14         | 12.2%       | 17.6%      |
| Severe Housing Problems                       | ++     | 33         | 16.1%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +++++  | 9          | 0.381       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | +++    | 29         | 9.3%        | 8.4%       |
| Firearm Deaths†                         | —      | —          | 5.7         | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++++  | 5          | 10.9%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 16         | 3.2         | 3.0        |
| High-speed Internet                     | +++++  | 5          | 96.0%       | 92.6%      |
| Students Experiencing Homelessness      | ++     | 32         | 2.3%        | 2.5%       |
| WIC Coverage                            | ++     | 31         | 51.2%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 12         | 52.3%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++++  | 6          | 39.7%       | 34.3%      |
| High School Graduation                  | +      | 42         | 81.1%       | 85.8%      |
| High School Graduation Racial Disparity | +      | 42         | 20.9        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +++    | 27         | 15.7%       | 14.0%      |
| Foster Care Instability                 | ++++   | 17         | 11.9%       | 14.9%      |
| Neighborhood Amenities                  | +++++  | 1          | 53.4%       | 35.5%      |
| Reading, Singing or Storytelling        | +++++  | 5          | 65.7%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b>   | <b>29</b>  | <b>0.203</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | +            | 47         | 67.1%        | 74.7%      |
| Avoided Care Due to Cost                | +++          | 30         | 17.0%        | 17.5%      |
| Publicly-funded Women's Health Services | +++++        | 10         | 35%          | 29%        |
| Uninsured                               | +++          | 26         | 11.2%        | 12.9%      |
| Women's Health Providers                | +++++        | 9          | 64.3         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | ++           | 36         | 75.6%        | 77.1%      |
| Dental Visit                            | +++          | 30         | 66.1%        | 65.5%      |
| Flu Vaccination                         | +++++        | 10         | 45.4%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | 88.5%        | 88.4%      |
| Well-woman Visit                        | +            | 47         | 66.2%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | 92.2%        | 83.9%      |
| Dedicated Health Care Provider          | ++           | 39         | 69.4%        | 71.1%      |
| Low-risk Cesarean Delivery              | ++++         | 11         | 22.7%        | 25.9%      |
| Maternity Practices Score               | +++++        | 6          | 85           | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++++</b> | <b>2</b>   | <b>0.667</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | +++++        | 5          | 25.2%        | 21.5%      |
| Fruit and Vegetable Consumption         | ++++         | 17         | 11.3%        | 10.4%      |
| Physical Inactivity                     | +++++        | 4          | 16.3%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | ++++         | 16         | 1,367.9      | 1,552.8    |
| High-risk HIV Behaviors                 | ++++         | 20         | 9.2%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 25.5%        | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | +++++        | 9          | 29.9%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | —            | 7.6%       |
| Smoking                                 | ++++         | 16         | 12.1%        | 13.4%      |
| Smoking During Pregnancy                | ++++         | 15         | 4.7%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++++</b>  | <b>15</b>  | <b>0.131</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | ++++         | 20         | 19.1         | 22.4       |
| Excessive Drinking                      | +            | 43         | 23.1%        | 19.4%      |
| Frequent Mental Distress                | ++++         | 12         | 18.4%        | 19.4%      |
| Illicit Drug Use                        | +            | 50         | 18.7%        | 10.8%      |
| Postpartum Depression†                  | —            | —          | 11.6%        | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 13.5         | 19.3       |
| Mortality Rate                          | ++++         | 19         | 105.8        | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | +++++        | 10         | 6.7%         | 7.5%       |
| High Blood Pressure                     | +++++        | 5          | 7.5%         | 10.6%      |
| High Health Status†                     | +++++        | 8          | 61.9%        | 57.4%      |
| Multiple Chronic Conditions             | ++++         | 12         | 3.7%         | 4.1%       |
| Obesity                                 | +++++        | 2          | 21.3%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 90.7         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>8</b>   | <b>0.388</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++++</b>  | <b>16</b>  | <b>0.470</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | ++           | 36         | 2.4%          | 2.8%       |
| Pediatricians                          | ++++         | 16         | 110.9         | 107.2      |
| Uninsured                              | +++          | 28         | 5.5%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | ++           | 31         | 70.6%         | 70.5%      |
| HPV Vaccination                        | ++++         | 13         | 66.4%         | 58.6%      |
| Preventive Dental Care                 | +++++        | 4          | 82.0%         | 75.1%      |
| Well-child Visit                       | +++++        | 9          | 81.4%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | ++           | 40         | 64.8%         | 68.2%      |
| Developmental Screening                | +++          | 21         | 39.6%         | 34.8%      |
| Medical Home                           | ++++         | 12         | 51.7%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++++</b> | <b>7</b>   | <b>0.733</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | +++++        | 5          | 32.1%         | 24.9%      |
| Food Sufficiency                       | +++++        | 8          | 76.1%         | 71.9%      |
| Physical Activity                      | +++          | 27         | 22.5%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | —             | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 83.6%         | 90.9%      |
| Teen Births                            | ++++         | 15         | 12.5          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | +++++        | 7          | 72.9%         | 66.6%      |
| Sleep Position†                        | —            | —          | 87.0%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 28.9%         | 32.7%      |
| Tobacco Use                            | ++++         | 19         | 3.3%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++</b>   | <b>26</b>  | <b>-0.104</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +            | 43         | 10.2%         | 8.8%       |
| Anxiety                                | +++          | 28         | 10.5%         | 9.2%       |
| Depression                             | +++          | 25         | 4.4%          | 4.2%       |
| Flourishing                            | +            | 46         | 63.9%         | 66.6%      |
| Illicit Drug Use — Youth               | ++           | 38         | 9.2%          | 7.7%       |
| Teen Suicide†                          | —            | —          | 21.5          | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | +++          | 29         | 28.3          | 25.9       |
| Infant Mortality                       | ++++         | 11         | 4.8           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | +++          | 30         | 6.9%          | 6.9%       |
| High Health Status†                    | +++++        | 5          | 93.2%         | 90.2%      |
| Low Birthweight                        | +            | 41         | 9.3%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++++        | 7          | 1.7           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 4.4           | 6.1        |
| Overweight or Obesity — Youth          | +++++        | 2          | 24.4%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++++</b>  | <b>11</b>  | <b>0.325</b>  | <b>—</b>   |

|                                      |             |           |              |          |
|--------------------------------------|-------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++++</b> | <b>11</b> | <b>0.353</b> | <b>—</b> |
|--------------------------------------|-------------|-----------|--------------|----------|

# Connecticut

State Health Department Website: [ct.gov/dph](https://ct.gov/dph)

Overall Rank:

6

## Summary

### Strengths:

- Low child mortality rate
- Low prevalence of multiple chronic conditions among women
- Low teen birth rate

### Challenges:

- High prevalence of asthma among children
- High racial disparity between children who identified as other race and white children in poverty
- High prevalence of high-risk HIV behaviors among women

### Highlights:

#### FLU VACCINATION

▲26%

from 36.4% to 46.0%  
of women ages 18-44  
between 2017-2018  
and 2019-2020.

#### MORTALITY

▲24%

from 79.0 to 97.7 deaths  
per 100,000 women  
ages 20-44 between  
2019 and 2020.

#### INFANT MORTALITY

▼9%

from 4.7 to 4.3 deaths  
per 1,000 live births  
between 2016-2017  
and 2018-2019.

#### WELL-CHILD VISITS

▼9%

from 90.1% to 82.1%  
of children ages 0-17  
between 2016-2017  
and 2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 17         | 0.409       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 16         | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 15         | 2.5%        |            |
| Violent Crime                                 | ++++   | 3          | 184         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++    | 27         | 22.7%       | 26.1%      |
| Food Insecurity                               | ++     | 37         | 11.8%       | 10.7%      |
| Gender Pay Gap*                               | ++++   | 8          | 83.2%       | 81.0%      |
| Poverty                                       | ++++   | 9          | 12.5%       | 15.2%      |
| Unemployment                                  | +++    | 24         | 7.2%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 9          | 42.2%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +++    | 26         | 12.0%       | 12.0%      |
| Residential Segregation — Black/White         | ++     | 32         | 67          | —          |
| Voter Participation                           | +++    | 27         | 61.6%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++    | 29         | 0.044       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++    | 27         | 7.3         | 8.3        |
| Drinking Water Violations                     | ++++   | 14         | 0.1%        | 0.8%       |
| Household Smoke                               | ++++   | 8          | 10.9%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++    | 27         | 3,444,965   | —          |
| Water Fluoridation                            | ++++   | 14         | 89.5%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 1          | 4           | —          |
| Transportation Energy Use*                    | ++++   | 4          | 5.5         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++    | 24         | 78.6%       | 75.4%      |
| Housing With Lead Risk                        | +      | 46         | 26.6%       | 17.6%      |
| Severe Housing Problems                       | +      | 41         | 17.7%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 3          | 0.623       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | +++    | 25         | 8.8%        | 8.4%       |
| Firearm Deaths*                         | —      | 15         | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++    | 22         | 14.1%       | 16.8%      |
| Children in Poverty Racial Disparity    | +      | 47         | 6.0         | 3.0        |
| High-speed Internet                     | ++++   | 4          | 96.1%       | 92.6%      |
| Students Experiencing Homelessness      | ++++   | 1          | 0.8%        | 2.5%       |
| WIC Coverage                            | +++    | 27         | 52.2%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 3          | 65.9%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 4          | 40.1%       | 34.3%      |
| High School Graduation                  | +++    | 11         | 88.5%       | 85.8%      |
| High School Graduation Racial Disparity | +++    | 21         | 13.4        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 6          | 12.0%       | 14.0%      |
| Foster Care Instability                 | +++    | 27         | 15.2%       | 14.9%      |
| Neighborhood Amenities                  | ++++   | 11         | 41.9%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 12         | 62.8%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++++</b> | <b>2</b>   | <b>1.148</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | +++++        | 4          | 84.4%        | 74.7%      |
| Avoided Care Due to Cost                | +++++        | 5          | 11.9%        | 17.5%      |
| Publicly-funded Women's Health Services | +++++        | 7          | 38%          | 29%        |
| Uninsured                               | +++++        | 9          | 7.7%         | 12.9%      |
| Women's Health Providers                | +++++        | 5          | 70.6         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | +++++        | 5          | 81.3%        | 77.1%      |
| Dental Visit                            | +++++        | 3          | 74.0%        | 65.5%      |
| Flu Vaccination                         | +++++        | 8          | 46.0%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | 92.2%        | 88.4%      |
| Well-woman Visit                        | +++++        | 7          | 77.1%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | 88.1%        | 83.9%      |
| Dedicated Health Care Provider          | ++++         | 13         | 77.4%        | 71.1%      |
| Low-risk Cesarean Delivery              | +            | 42         | 27.9%        | 25.9%      |
| Maternity Practices Score               | +++++        | 2          | 87           | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++++</b> | <b>10</b>  | <b>0.274</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | +++++        | 7          | 24.9%        | 21.5%      |
| Fruit and Vegetable Consumption         | +++++        | 9          | 12.1%        | 10.4%      |
| Physical Inactivity                     | +++          | 25         | 21.5%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | +++++        | 10         | 1,211.7      | 1,552.8    |
| High-risk HIV Behaviors                 | +            | 44         | 11.2%        | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 23.9%        | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | ++           | 31         | 34.6%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | 7.0%         | 7.6%       |
| Smoking                                 | ++++         | 12         | 11.4%        | 13.4%      |
| Smoking During Pregnancy                | +++++        | 6          | 3.3%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++++</b>  | <b>12</b>  | <b>0.316</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | ++           | 33         | 27.9         | 22.4       |
| Excessive Drinking                      | +++          | 30         | 20.7%        | 19.4%      |
| Frequent Mental Distress                | +++++        | 6          | 16.5%        | 19.4%      |
| Illicit Drug Use                        | +++          | 24         | 10.9%        | 10.8%      |
| Postpartum Depression†                  | —            | —          | 10.4%        | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 15.5         | 19.3       |
| Mortality Rate                          | ++++         | 12         | 97.7         | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | +++          | 22         | 7.9%         | 7.5%       |
| High Blood Pressure                     | ++++         | 20         | 9.8%         | 10.6%      |
| High Health Status†                     | ++++         | 11         | 61.0%        | 57.4%      |
| Multiple Chronic Conditions             | +++++        | 6          | 2.9%         | 4.1%       |
| Obesity                                 | ++++         | 17         | 28.4%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 91.8         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>7</b>   | <b>0.405</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++++</b> | <b>5</b>   | <b>0.904</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | +            | 42         | 1.9%          | 2.8%       |
| Pediatricians                          | +++++        | 5          | 149.2         | 107.2      |
| Uninsured                              | ++++         | 11         | 3.5%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | +++++        | 1          | 81.6%         | 70.5%      |
| HPV Vaccination                        | +++          | 11         | 66.9%         | 58.6%      |
| Preventive Dental Care                 | +++++        | 7          | 81.2%         | 75.1%      |
| Well-child Visit                       | +++++        | 6          | 82.1%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | ++           | 33         | 66.9%         | 68.2%      |
| Developmental Screening                | +++          | 25         | 36.8%         | 34.8%      |
| Medical Home                           | ++++         | 19         | 49.9%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++++</b>  | <b>13</b>  | <b>0.540</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | +++          | 24         | 26.3%         | 24.9%      |
| Food Sufficiency                       | ++++         | 18         | 73.8%         | 71.9%      |
| Physical Activity                      | +++          | 29         | 21.9%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 7.6%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 88.4%         | 90.9%      |
| Teen Births                            | +++++        | 4          | 7.6           | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | ++++         | 18         | 68.4%         | 66.6%      |
| Sleep Position†                        | —            | —          | 80.5%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 27.0%         | 32.7%      |
| Tobacco Use                            | +++++        | 7          | 2.6%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++</b>   | <b>25</b>  | <b>-0.101</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +            | 45         | 10.5%         | 8.8%       |
| Anxiety                                | +++          | 24         | 10.1%         | 9.2%       |
| Depression                             | ++++         | 16         | 3.8%          | 4.2%       |
| Flourishing                            | ++++         | 14         | 67.5%         | 66.6%      |
| Illicit Drug Use — Youth               | +            | 46         | 11.0%         | 7.7%       |
| Teen Suicide†                          | —            | —          | 6.4           | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | +++++        | 4          | 17.5          | 25.9       |
| Infant Mortality                       | +++++        | 5          | 4.3           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | +            | 47         | 9.6%          | 6.9%       |
| High Health Status†                    | +++          | 29         | 90.7%         | 90.2%      |
| Low Birthweight                        | +++          | 22         | 7.8%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++          | 26         | 2.0           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 8.2           | 6.1        |
| Overweight or Obesity — Youth          | ++           | 35         | 34.1%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>8</b>   | <b>0.371</b>  | <b>—</b>   |

|                                      |              |          |              |          |
|--------------------------------------|--------------|----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>6</b> | <b>0.421</b> | <b>—</b> |
|--------------------------------------|--------------|----------|--------------|----------|

# Delaware

State Health Department Website: [dhss.delaware.gov](https://dhss.delaware.gov)

Overall Rank:

# 24

## Summary

### Strengths:

- Low prevalence of multiple chronic conditions among women
- Low prevalence of depression among children
- High supply of pediatricians

### Challenges:

- High prevalence of asthma among children
- Low WIC coverage among eligible children ages 0-4
- High incidence of chlamydia among women

### Highlights:

#### DRUG DEATHS

▲ **83%**

from 26.1 to 47.7 deaths per 100,000 women ages 20-44 between 2014-2016 and 2018-2020.

#### NEONATAL ABSTINENCE SYNDROME

▼ **30%**

from 26.8 to 18.8 diagnoses per 1,000 birth hospitalizations between 2016 and 2019.

#### PHYSICAL INACTIVITY

▼ **25%**

from 29.5% to 22.1% of women ages 18-44 between 2016-2017 and 2019-2020.

#### WELL-CHILD VISITS

▼ **10%**

from 87.4% to 78.4% of children ages 0-17 between 2016-2017 and 2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 18         | 0.356       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | —          | —           | 5.1        |
| Intimate Partner Violence Before Pregnancy*   | —      | —          | 4.3%        | 2.5%       |
| Violent Crime                                 | ++     | 36         | 423         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++    | 27         | 22.7%       | 26.1%      |
| Food Insecurity                               | ++++   | 19         | 9.9%        | 10.7%      |
| Gender Pay Gap*                               | ++++   | 13         | 82.6%       | 81.0%      |
| Poverty                                       | +++    | 27         | 15.8%       | 15.2%      |
| Unemployment                                  | +++    | 26         | 7.4%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++    | 23         | 36.7%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | ++++   | 15         | 11.1%       | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 1          | 46          | —          |
| Voter Participation                           | +++    | 28         | 61.5%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++++   | 15         | 0.185       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++     | 39         | 8.2         | 8.3        |
| Drinking Water Violations                     | ++++   | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | ++++   | 14         | 12.5%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++    | 29         | 3,604,830   | —          |
| Water Fluoridation                            | ++++   | 19         | 85.9%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 1          | 4           | —          |
| Transportation Energy Use*                    | +++    | 24         | 7.4         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++     | 32         | 80.8%       | 75.4%      |
| Housing With Lead Risk                        | +++    | 22         | 15.1%       | 17.6%      |
| Severe Housing Problems                       | +++    | 27         | 14.6%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +++    | 23         | 0.025       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | ++++   | 17         | 5.9%        | 8.4%       |
| Firearm Deaths*                         | —      | —          | 5.9         | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++    | 29         | 16.4%       | 16.8%      |
| Children in Poverty Racial Disparity    | +++    | 23         | 3.3         | 3.0        |
| High-speed Internet                     | +++    | 30         | 92.5%       | 92.6%      |
| Students Experiencing Homelessness      | +++    | 23         | 1.9%        | 2.5%       |
| WIC Coverage                            | ++     | 37         | 47.3%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 10         | 54.1%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++     | 35         | 32.5%       | 34.3%      |
| High School Graduation                  | ++++   | 10         | 89.0%       | 85.8%      |
| High School Graduation Racial Disparity | ++++   | 6          | 7.6         | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 18         | 14.0%       | 14.0%      |
| Foster Care Instability                 | ++++   | 20         | 13.3%       | 14.9%      |
| Neighborhood Amenities                  | ++     | 37         | 27.4%       | 35.5%      |
| Reading, Singing or Storytelling        | ++     | 40         | 53.5%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++++</b> | <b>17</b>  | <b>0.382</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |               |            |
| Adequate Prenatal Care                  | ++++        | 16         | 78.0%         | 74.7%      |
| Avoided Care Due to Cost                | +++++       | 10         | 13.3%         | 17.5%      |
| Publicly-funded Women's Health Services | ++++        | 16         | 30%           | 29%        |
| Uninsured                               | ++++        | 14         | 8.7%          | 12.9%      |
| Women's Health Providers                | +++         | 21         | 52.3          | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |               |            |
| Cervical Cancer Screening               | ++          | 35         | 75.7%         | 77.1%      |
| Dental Visit                            | ++          | 35         | 65.3%         | 65.5%      |
| Flu Vaccination                         | ++          | 35         | 37.4%         | 38.9%      |
| Postpartum Visit†                       | —           | —          | 88.0%         | 88.4%      |
| Well-woman Visit                        | ++++        | 18         | 74.2%         | 72.0%      |
| <b>Quality of Care</b>                  |             |            |               |            |
| Breastfeeding Initiation†               | —           | —          | 83.4%         | 83.9%      |
| Dedicated Health Care Provider          | ++++        | 14         | 76.6%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++         | 24         | 24.7%         | 25.9%      |
| Maternity Practices Score               | +++++       | 10         | 84            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++</b>   | <b>34</b>  | <b>-0.332</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |               |            |
| Exercise                                | ++++        | 17         | 22.5%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++          | 38         | 8.3%          | 10.4%      |
| Physical Inactivity                     | ++          | 31         | 22.1%         | 22.3%      |
| <b>Sexual Health</b>                    |             |            |               |            |
| Chlamydia                               | ++          | 39         | 1,788.4       | 1,552.8    |
| High-risk HIV Behaviors                 | +++         | 24         | 9.6%          | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 33.7%         | 28.5%      |
| <b>Sleep Health</b>                     |             |            |               |            |
| Insufficient Sleep                      | ++          | 36         | 36.6%         | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |               |            |
| E-cigarette Use†                        | —           | —          | 5.8%          | 7.6%       |
| Smoking                                 | +++         | 28         | 16.4%         | 13.4%      |
| Smoking During Pregnancy                | +++         | 26         | 7.0%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++</b>  | <b>30</b>  | <b>-0.307</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |               |            |
| Drug Deaths†                            | +           | 49         | 47.7          | 22.4       |
| Excessive Drinking                      | +++         | 21         | 19.0%         | 19.4%      |
| Frequent Mental Distress                | ++++        | 20         | 19.7%         | 19.4%      |
| Illicit Drug Use                        | +++         | 27         | 11.0%         | 10.8%      |
| Postpartum Depression†                  | —           | —          | 10.6%         | 13.6%      |
| <b>Mortality</b>                        |             |            |               |            |
| Maternal Mortality†                     | —           | —          | —             | 19.3       |
| Mortality Rate                          | ++          | 31         | 128.7         | 117.3      |
| <b>Physical Health</b>                  |             |            |               |            |
| Frequent Physical Distress              | ++          | 35         | 8.8%          | 7.5%       |
| High Blood Pressure                     | +           | 43         | 14.7%         | 10.6%      |
| High Health Status†                     | ++++        | 19         | 59.0%         | 57.4%      |
| Multiple Chronic Conditions             | ++++        | 14         | 3.8%          | 4.1%       |
| Obesity                                 | ++          | 34         | 33.2%         | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | 67.0          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++</b>  | <b>25</b>  | <b>0.035</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating      | State Rank | State Value   | U.S. Value |
|----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++++</b> | <b>13</b>  | <b>0.596</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |             |            |               |            |
| ADD/ADHD Treatment                     | ++++        | 17         | 3.5%          | 2.8%       |
| Pediatricians                          | +++++       | 3          | 176.5         | 107.2      |
| Uninsured                              | +++         | 23         | 4.8%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |             |            |               |            |
| Childhood Immunizations                | +++++       | 8          | 77.1%         | 70.5%      |
| HPV Vaccination                        | ++++        | 16         | 63.2%         | 58.6%      |
| Preventive Dental Care                 | +++         | 22         | 77.3%         | 75.1%      |
| Well-child Visit                       | +++         | 23         | 78.4%         | 76.7%      |
| <b>Quality of Care</b>                 |             |            |               |            |
| Adequate Insurance                     | +++         | 24         | 68.8%         | 68.2%      |
| Developmental Screening                | ++          | 37         | 32.1%         | 34.8%      |
| Medical Home                           | ++          | 39         | 45.8%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++</b>  | <b>28</b>  | <b>-0.010</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |             |            |               |            |
| Breastfed                              | +++         | 28         | 25.0%         | 24.9%      |
| Food Sufficiency                       | +++         | 26         | 71.6%         | 71.9%      |
| Physical Activity                      | +++         | 25         | 22.7%         | 20.5%      |
| Soda Consumption — Youth†              | —           | —          | —             | 9.3%       |
| <b>Sexual Health — Youth</b>           |             |            |               |            |
| Dual Contraceptive Nonuse†             | —           | —          | —             | 90.9%      |
| Teen Births                            | +++         | 25         | 14.6          | 15.4       |
| <b>Sleep Health</b>                    |             |            |               |            |
| Adequate Sleep                         | +           | 46         | 60.9%         | 66.6%      |
| Sleep Position†                        | —           | —          | 80.5%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |             |            |               |            |
| Electronic Vapor Product Use†          | —           | —          | —             | 32.7%      |
| Tobacco Use                            | ++++        | 13         | 2.8%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++</b>   | <b>34</b>  | <b>-0.214</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |             |            |               |            |
| Alcohol Use — Youth                    | ++++        | 14         | 8.3%          | 8.8%       |
| Anxiety                                | +++++       | 9          | 8.1%          | 9.2%       |
| Depression                             | +++++       | 8          | 3.4%          | 4.2%       |
| Flourishing                            | ++          | 37         | 65.5%         | 66.6%      |
| Illicit Drug Use — Youth               | ++++        | 18         | 6.7%          | 7.7%       |
| Teen Suicide†                          | —           | —          | —             | 10.8       |
| <b>Mortality</b>                       |             |            |               |            |
| Child Mortality                        | +++         | 30         | 28.5          | 25.9       |
| Infant Mortality                       | ++          | 33         | 6.2           | 5.6        |
| <b>Physical Health</b>                 |             |            |               |            |
| Asthma                                 | +           | 47         | 9.6%          | 6.9%       |
| High Health Status†                    | ++          | 38         | 89.8%         | 90.2%      |
| Low Birthweight                        | ++          | 36         | 8.9%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++++        | 20         | 1.9           | 2.0        |
| Neonatal Abstinence Syndrome†          | —           | —          | 18.8          | 6.1        |
| Overweight or Obesity — Youth          | ++          | 39         | 36.2%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++</b>  | <b>24</b>  | <b>0.056</b>  | <b>—</b>   |

|                                      |            |           |              |          |
|--------------------------------------|------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++</b> | <b>24</b> | <b>0.033</b> | <b>—</b> |
|--------------------------------------|------------|-----------|--------------|----------|

# District of Columbia

Health Department Website: [dchealth.dc.gov](https://dchealth.dc.gov)

## Summary

### Strengths:

- Low prevalence of frequent physical distress among women
- High percentage of female college graduates
- High supply of pediatricians

### Challenges:

- High prevalence of excessive drinking among women
- Low percentage of youth who are flourishing
- Low prevalence of physical activity among children

### Highlights:

#### FIREARM DEATHS

▲ **155%**

from 5.8 to 14.8 deaths per 100,000 children ages 1-19 between 2012-2014 and 2018-2020.

#### FREQUENT MENTAL DISTRESS

▲ **62%**

from 11.3% to 18.3% of women ages 18-44 between 2014-2015 and 2019-2020.

#### TEEN BIRTHS

▼ **39%**

from 25.6 to 15.6 births per 1,000 females ages 15-19 between 2015 and 2020.

#### INFANT MORTALITY

▼ **19%**

from 7.7 to 6.2 deaths per 1,000 live births between 2016-2017 and 2018-2019.

## Women

| Measures                                      | D.C. Value | U.S. Value |
|-----------------------------------------------|------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         |            |            |
| <b>Community and Family Safety</b>            |            |            |
| Firearm Deaths*                               | 5.6        | 5.1        |
| Intimate Partner Violence Before Pregnancy*   | 3.0%       | 2.5%       |
| Violent Crime                                 | 1,049      | 379        |
| <b>Economic Resources</b>                     |            |            |
| Concentrated Disadvantage                     | 42.7%      | 26.1%      |
| Food Insecurity                               | 10.3%      | 10.7%      |
| Gender Pay Gap*                               | 82.0%      | 81.0%      |
| Poverty                                       | 12.0%      | 15.2%      |
| Unemployment                                  | 8.6%       | 8.3%       |
| <b>Education</b>                              |            |            |
| College Graduate                              | 62.9%      | 35.6%      |
| <b>Social Support and Engagement</b>          |            |            |
| Infant Child Care Cost*                       | 12.4%      | 12.0%      |
| Residential Segregation — Black/White         | 69         | —          |
| Voter Participation                           | 74.2%      | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  |            |            |
| <b>Air and Water Quality</b>                  |            |            |
| Air Pollution                                 | 8.7        | 8.3        |
| Drinking Water Violations                     | —          | 0.8%       |
| Household Smoke                               | 9.2%       | 13.8%      |
| Risk-screening Environmental Indicators Score | 39,035     | —          |
| Water Fluoridation                            | 100.0%     | 73.0%      |
| <b>Climate Change</b>                         |            |            |
| Climate Change Policies*                      | 3          | —          |
| Transportation Energy Use*                    | 2.4        | 7.4        |
| <b>Housing and Transportation</b>             |            |            |
| Drive Alone to Work                           | 33.0%      | 75.4%      |
| Housing With Lead Risk                        | 33.9%      | 17.6%      |
| Severe Housing Problems                       | 20.5%      | 17.3%      |

## Children

| Measures                                      | D.C. Value | U.S. Value |
|-----------------------------------------------|------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         |            |            |
| <b>Community and Family Safety</b>            |            |            |
| Child Victimization*                          | 12.1%      | 8.4%       |
| Firearm Deaths*                               | 14.8       | 4.7        |
| <b>Economic Resources</b>                     |            |            |
| Children in Poverty                           | 18.9%      | 16.8%      |
| Children in Poverty Racial Disparity          | 27.3       | 3.0        |
| High-speed Internet                           | 90.3%      | 92.6%      |
| Students Experiencing Homelessness            | 6.6%       | 2.5%       |
| WIC Coverage                                  | 53.6%      | 54.6%      |
| <b>Education</b>                              |            |            |
| Early Childhood Education                     | 85.6%      | 48.9%      |
| Fourth Grade Reading Proficiency              | 30.1%      | 34.3%      |
| High School Graduation                        | 68.9%      | 85.8%      |
| High School Graduation Racial Disparity       | 33.0       | 15.1       |
| <b>Social Support and Engagement</b>          |            |            |
| Adverse Childhood Experiences                 | 12.8%      | 14.0%      |
| Foster Care Instability                       | 23.0%      | 14.9%      |
| Neighborhood Amenities                        | 67.0%      | 35.5%      |
| Reading, Singing or Storytelling              | 69.3%      | 57.2%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  |            |            |
| <b>Air and Water Quality</b>                  |            |            |
| Air Pollution                                 | 8.7        | 8.3        |
| Drinking Water Violations                     | —          | 0.8%       |
| Household Smoke                               | 9.2%       | 13.8%      |
| Risk-screening Environmental Indicators Score | 39,035     | —          |
| Water Fluoridation                            | 100.0%     | 73.0%      |
| <b>Climate Change</b>                         |            |            |
| Climate Change Policies*                      | 3          | —          |
| Transportation Energy Use*                    | 2.4        | 7.4        |
| <b>Housing and Transportation</b>             |            |            |
| Drive Alone to Work                           | 33.0%      | 75.4%      |
| Housing With Lead Risk                        | 33.9%      | 17.6%      |
| Severe Housing Problems                       | 20.5%      | 17.3%      |

## Women

| Measures                                | D.C.<br>Value | U.S.<br>Value |
|-----------------------------------------|---------------|---------------|
| <b>CLINICAL CARE*</b>                   | —             | —             |
| <b>Access to Care</b>                   |               |               |
| Adequate Prenatal Care                  | 66.5%         | 74.7%         |
| Avoided Care Due to Cost                | 11.0%         | 17.5%         |
| Publicly-funded Women's Health Services | 88%           | 29%           |
| Uninsured                               | 2.5%          | 12.9%         |
| Women's Health Providers                | 112.9         | 49.5          |
| <b>Preventive Clinical Care</b>         |               |               |
| Cervical Cancer Screening               | 78.0%         | 77.1%         |
| Dental Visit                            | 72.1%         | 65.5%         |
| Flu Vaccination                         | 52.5%         | 38.9%         |
| Postpartum Visit†                       | 88.9%         | 88.4%         |
| Well-woman Visit                        | 76.2%         | 72.0%         |
| <b>Quality of Care</b>                  |               |               |
| Breastfeeding Initiation†               | 77.7%         | 83.9%         |
| Dedicated Health Care Provider          | 74.0%         | 71.1%         |
| Low-risk Cesarean Delivery              | 27.8%         | 25.9%         |
| Maternity Practices Score               | —             | 81            |
| <b>BEHAVIORS*</b>                       | —             | —             |
| <b>Nutrition and Physical Activity</b>  |               |               |
| Exercise                                | 25.2%         | 21.5%         |
| Fruit and Vegetable Consumption         | 10.5%         | 10.4%         |
| Physical Inactivity                     | 17.5%         | 22.3%         |
| <b>Sexual Health</b>                    |               |               |
| Chlamydia                               | 1,648.9       | 1,552.8       |
| High-risk HIV Behaviors                 | 13.9%         | 9.6%          |
| Unintended Pregnancy†                   | 24.0%         | 28.5%         |
| <b>Sleep Health</b>                     |               |               |
| Insufficient Sleep                      | 27.6%         | 33.4%         |
| <b>Tobacco Use</b>                      |               |               |
| E-cigarette Use†                        | —             | 7.6%          |
| Smoking                                 | 9.2%          | 13.4%         |
| Smoking During Pregnancy                | 2.0%          | 5.5%          |
| <b>HEALTH OUTCOMES*</b>                 | —             | —             |
| <b>Behavioral Health</b>                |               |               |
| Drug Deaths†                            | 13.4          | 22.4          |
| Excessive Drinking                      | 33.5%         | 19.4%         |
| Frequent Mental Distress                | 18.3%         | 19.4%         |
| Illicit Drug Use                        | 8.3%          | 10.8%         |
| Postpartum Depression†                  | 12.8%         | 13.6%         |
| <b>Mortality</b>                        |               |               |
| Maternal Mortality†                     | —             | 19.3          |
| Mortality Rate                          | 90.1          | 117.3         |
| <b>Physical Health</b>                  |               |               |
| Frequent Physical Distress              | 4.8%          | 7.5%          |
| High Blood Pressure                     | 8.7%          | 10.6%         |
| High Health Status†                     | 71.3%         | 57.4%         |
| Multiple Chronic Conditions             | 3.0%          | 4.1%          |
| Obesity                                 | 25.0%         | 30.4%         |
| Severe Maternal Morbidity†              | 98.3          | 81.0          |
| <b>OVERALL — WOMEN*</b>                 | —             | —             |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | D.C.<br>Value | U.S.<br>Value |
|----------------------------------------|---------------|---------------|
| <b>CLINICAL CARE*</b>                  | —             | —             |
| <b>Access to Care</b>                  |               |               |
| ADD/ADHD Treatment                     | 1.5%          | 2.8%          |
| Pediatricians                          | 524.2         | 107.2         |
| Uninsured                              | 2.0%          | 5.7%          |
| <b>Preventive Clinical Care</b>        |               |               |
| Childhood Immunizations                | 71.4%         | 70.5%         |
| HPV Vaccination                        | 72.3%         | 58.6%         |
| Preventive Dental Care                 | 80.3%         | 75.1%         |
| Well-child Visit                       | 83.0%         | 76.7%         |
| <b>Quality of Care</b>                 |               |               |
| Adequate Insurance                     | 74.1%         | 68.2%         |
| Developmental Screening                | 33.8%         | 34.8%         |
| Medical Home                           | 44.1%         | 46.0%         |
| <b>BEHAVIORS*</b>                      | —             | —             |
| <b>Nutrition and Physical Activity</b> |               |               |
| Breastfed                              | 29.2%         | 24.9%         |
| Food Sufficiency                       | 76.2%         | 71.9%         |
| Physical Activity                      | 16.3%         | 20.5%         |
| Soda Consumption — Youth†              | —             | 9.3%          |
| <b>Sexual Health — Youth</b>           |               |               |
| Dual Contraceptive Nonuse†             | —             | 90.9%         |
| Teen Births                            | 15.6          | 15.4          |
| <b>Sleep Health</b>                    |               |               |
| Adequate Sleep                         | 63.1%         | 66.6%         |
| Sleep Position†                        | 78.6%         | 80.2%         |
| <b>Tobacco Use — Youth</b>             |               |               |
| Electronic Vapor Product Use†          | —             | 32.7%         |
| Tobacco Use                            | 2.1%          | 3.1%          |
| <b>HEALTH OUTCOMES*</b>                | —             | —             |
| <b>Behavioral Health</b>               |               |               |
| Alcohol Use — Youth                    | 8.2%          | 8.8%          |
| Anxiety                                | 6.8%          | 9.2%          |
| Depression                             | 2.8%          | 4.2%          |
| Flourishing                            | 63.6%         | 66.6%         |
| Illicit Drug Use — Youth               | 10.3%         | 7.7%          |
| Teen Suicide†                          | —             | 10.8          |
| <b>Mortality</b>                       |               |               |
| Child Mortality                        | 34.8          | 25.9          |
| Infant Mortality                       | 6.2           | 5.6           |
| <b>Physical Health</b>                 |               |               |
| Asthma                                 | 8.1%          | 6.9%          |
| High Health Status†                    | 92.7%         | 90.2%         |
| Low Birthweight                        | 9.6%          | 8.2%          |
| Low Birthweight Racial Disparity       | 2.5           | 2.0           |
| Neonatal Abstinence Syndrome†          | 2.2           | 6.1           |
| Overweight or Obesity — Youth          | 32.9%         | 33.5%         |
| <b>OVERALL — CHILDREN*</b>             | —             | —             |

**OVERALL — WOMEN AND CHILDREN\***



# Florida

State Health Department Website: [floridahealth.gov](https://floridahealth.gov)

Overall Rank:

27

## Summary

### Strengths:

- Low prevalence of multiple chronic conditions among women
- Low prevalence of obesity among women
- Low prevalence of depression among children

### Challenges:

- Low flu vaccination coverage among women
- Low prevalence of preventive dental care among children
- Low percentage of infants exclusively breastfed for six months

### Highlights:

#### CIGARETTE SMOKING

▼29%

from 16.7% to 11.9%  
of women ages 18-44  
between 2014-2015 and  
2019-2020.

#### DRUG DEATHS

▲28%

from 21.9 to 28.0 deaths  
per 100,000 women ages  
20-44 between 2015-  
2017 and 2018-2020.

#### SEVERE MATERNAL MORBIDITY

▲13%

from 72.4 to 81.8  
complications per 10,000  
delivery hospitalizations  
between 2016 and 2019.

#### NEONATAL ABSTINENCE SYNDROME

▼10%

from 7.3 to 6.6 diagnoses  
per 1,000 birth  
hospitalizations between  
2016 and 2019.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 28         | 0.013       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 5.8        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 2.2%       | 2.5%        |            |
| Violent Crime                                 | +++    | 29         | 378         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++     | 37         | 28.5%       | 26.1%      |
| Food Insecurity                               | +++    | 23         | 10.1%       | 10.7%      |
| Gender Pay Gap†                               | ++++   | 12         | 82.9%       | 81.0%      |
| Poverty                                       | ++++   | 19         | 14.6%       | 15.2%      |
| Unemployment                                  | ++     | 39         | 8.4%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++    | 25         | 35.5%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | ++++   | 15         | 11.1%       | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 17         | 61          | —          |
| Voter Participation                           | ++     | 36         | 58.8%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++    | 24         | 0.100       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++    | 23         | 7.2         | 8.3        |
| Drinking Water Violations                     | ++     | 40         | 1.3%        | 0.8%       |
| Household Smoke                               | ++++   | 20         | 13.1%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++     | 38         | 7,186,709   | —          |
| Water Fluoridation                            | +++    | 24         | 77.8%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | +++    | 28         | 1           | —          |
| Transportation Energy Use†                    | ++++   | 10         | 6.5         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 20         | 78.0%       | 75.4%      |
| Housing With Lead Risk                        | ++++   | 4          | 8.3%        | 17.6%      |
| Severe Housing Problems                       | +      | 45         | 19.2%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 19         | 0.177       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++++   | 20         | 6.7%        | 8.4%       |
| Firearm Deaths†                         | —      | 4.6        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++     | 34         | 17.7%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 6          | 2.6         | 3.0        |
| High-speed Internet                     | ++     | 34         | 92.0%       | 92.6%      |
| Students Experiencing Homelessness      | ++     | 40         | 2.8%        | 2.5%       |
| WIC Coverage                            | ++++   | 18         | 54.9%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 11         | 53.1%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 11         | 37.7%       | 34.3%      |
| High School Graduation                  | ++++   | 20         | 87.2%       | 85.8%      |
| High School Graduation Racial Disparity | ++++   | 17         | 12.4        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 13         | 12.7%       | 14.0%      |
| Foster Care Instability                 | +++    | 29         | 15.5%       | 14.9%      |
| Neighborhood Amenities                  | +++    | 29         | 32.6%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 17         | 60.4%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+</b>    | <b>47</b>  | <b>-0.855</b> | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |               |            |
| Adequate Prenatal Care                  | +           | 46         | 67.7%         | 74.7%      |
| Avoided Care Due to Cost                | +           | 46         | 23.3%         | 17.5%      |
| Publicly-funded Women's Health Services | +           | 46         | 16%           | 29%        |
| Uninsured                               | +           | 46         | 19.6%         | 12.9%      |
| Women's Health Providers                | ++          | 35         | 42.8          | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |               |            |
| Cervical Cancer Screening               | +++         | 23         | 77.5%         | 77.1%      |
| Dental Visit                            | ++          | 40         | 63.9%         | 65.5%      |
| Flu Vaccination                         | +           | 49         | 29.2%         | 38.9%      |
| Postpartum Visit†                       | —           | —          | 89.3%         | 88.4%      |
| Well-woman Visit                        | ++          | 31         | 72.4%         | 72.0%      |
| <b>Quality of Care</b>                  |             |            |               |            |
| Breastfeeding Initiation†               | —           | —          | 86.3%         | 83.9%      |
| Dedicated Health Care Provider          | +           | 48         | 61.7%         | 71.1%      |
| Low-risk Cesarean Delivery              | +           | 44         | 28.7%         | 25.9%      |
| Maternity Practices Score               | +++         | 24         | 81            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++++</b> | <b>12</b>  | <b>0.252</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |               |            |
| Exercise                                | +++++       | 3          | 26.4%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++++        | 20         | 10.8%         | 10.4%      |
| Physical Inactivity                     | ++          | 37         | 23.4%         | 22.3%      |
| <b>Sexual Health</b>                    |             |            |               |            |
| Chlamydia                               | +++         | 28         | 1,611.7       | 1,552.8    |
| High-risk HIV Behaviors                 | ++          | 32         | 10.1%         | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 37.9%         | 28.5%      |
| <b>Sleep Health</b>                     |             |            |               |            |
| Insufficient Sleep                      | ++++        | 20         | 32.1%         | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |               |            |
| E-cigarette Use†                        | —           | —          | 9.6%          | 7.6%       |
| Smoking                                 | ++++        | 15         | 11.9%         | 13.4%      |
| Smoking During Pregnancy                | +++++       | 9          | 3.7%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++++</b> | <b>13</b>  | <b>0.305</b>  | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |               |            |
| Drug Deaths†                            | ++          | 34         | 28.0          | 22.4       |
| Excessive Drinking                      | +++         | 24         | 19.1%         | 19.4%      |
| Frequent Mental Distress                | +++++       | 10         | 17.2%         | 19.4%      |
| Illicit Drug Use                        | ++          | 37         | 12.1%         | 10.8%      |
| Postpartum Depression†                  | —           | —          | 15.7%         | 13.6%      |
| <b>Mortality</b>                        |             |            |               |            |
| Maternal Mortality†                     | —           | —          | 18.5          | 19.3       |
| Mortality Rate                          | ++          | 32         | 130.7         | 117.3      |
| <b>Physical Health</b>                  |             |            |               |            |
| Frequent Physical Distress              | ++++        | 15         | 7.1%          | 7.5%       |
| High Blood Pressure                     | ++++        | 18         | 9.6%          | 10.6%      |
| High Health Status†                     | +++         | 26         | 58.2%         | 57.4%      |
| Multiple Chronic Conditions             | +++++       | 3          | 2.6%          | 4.1%       |
| Obesity                                 | +++++       | 6          | 25.4%         | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | 81.8          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++</b>  | <b>27</b>  | <b>0.007</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating     | State Rank | State Value   | U.S. Value |
|----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+</b>   | <b>45</b>  | <b>-0.605</b> | <b>—</b>   |
| <b>Access to Care</b>                  |            |            |               |            |
| ADD/ADHD Treatment                     | +++++      | 9          | 4.0%          | 2.8%       |
| Pediatricians                          | +++        | 25         | 99.6          | 107.2      |
| Uninsured                              | +          | 41         | 7.6%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |            |            |               |            |
| Childhood Immunizations                | ++         | 34         | 69.2%         | 70.5%      |
| HPV Vaccination                        | +          | 41         | 51.6%         | 58.6%      |
| Preventive Dental Care                 | +          | 50         | 69.5%         | 75.1%      |
| Well-child Visit                       | ++++       | 16         | 79.7%         | 76.7%      |
| <b>Quality of Care</b>                 |            |            |               |            |
| Adequate Insurance                     | ++         | 36         | 66.0%         | 68.2%      |
| Developmental Screening                | +          | 48         | 20.1%         | 34.8%      |
| Medical Home                           | +          | 46         | 39.9%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++</b>  | <b>36</b>  | <b>-0.370</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |            |            |               |            |
| Breastfed                              | +          | 48         | 18.2%         | 24.9%      |
| Food Sufficiency                       | ++         | 34         | 68.8%         | 71.9%      |
| Physical Activity                      | +          | 42         | 17.9%         | 20.5%      |
| Soda Consumption — Youth†              | —          | —          | 10.3%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |            |            |               |            |
| Dual Contraceptive Nonuse†             | —          | —          | 93.6%         | 90.9%      |
| Teen Births                            | +++        | 28         | 15.2          | 15.4       |
| <b>Sleep Health</b>                    |            |            |               |            |
| Adequate Sleep                         | +++        | 29         | 66.9%         | 66.6%      |
| Sleep Position†                        | —          | —          | 70.1%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |            |            |               |            |
| Electronic Vapor Product Use†          | —          | —          | —             | 32.7%      |
| Tobacco Use                            | +++++      | 7          | 2.6%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++</b> | <b>22</b>  | <b>-0.061</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |            |            |               |            |
| Alcohol Use — Youth                    | ++         | 35         | 9.3%          | 8.8%       |
| Anxiety                                | ++++       | 12         | 8.4%          | 9.2%       |
| Depression                             | +++++      | 8          | 3.4%          | 4.2%       |
| Flourishing                            | ++         | 40         | 65.0%         | 66.6%      |
| Illicit Drug Use — Youth               | ++++       | 18         | 6.7%          | 7.7%       |
| Teen Suicide†                          | —          | —          | 9.3           | 10.8       |
| <b>Mortality</b>                       |            |            |               |            |
| Child Mortality                        | +++        | 23         | 26.4          | 25.9       |
| Infant Mortality                       | ++         | 31         | 6.1           | 5.6        |
| <b>Physical Health</b>                 |            |            |               |            |
| Asthma                                 | +++        | 30         | 6.9%          | 6.9%       |
| High Health Status†                    | ++         | 39         | 89.7%         | 90.2%      |
| Low Birthweight                        | ++         | 34         | 8.7%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++        | 26         | 2.0           | 2.0        |
| Neonatal Abstinence Syndrome†          | —          | —          | 6.6           | 6.1        |
| Overweight or Obesity — Youth          | +++        | 28         | 32.8%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++</b> | <b>29</b>  | <b>-0.067</b> | <b>—</b>   |

|                                      |            |           |               |          |
|--------------------------------------|------------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++</b> | <b>27</b> | <b>-0.046</b> | <b>—</b> |
|--------------------------------------|------------|-----------|---------------|----------|

# Georgia

State Health Department Website: [dph.georgia.gov](https://dph.georgia.gov)

Overall Rank:

# 36

## Summary

### Strengths:

- Low prevalence of alcohol use among youth
- High percentage of youth who are flourishing
- Low prevalence of cigarette smoking during pregnancy

### Challenges:

- High prevalence of asthma among children
- High prevalence of avoiding care due to cost among women
- High prevalence of insufficient sleep among women

### Highlights:

#### FREQUENT MENTAL DISTRESS

## ▲61%

from 12.2% to 19.7%  
of women ages 18-44  
between 2014-2015 and  
2019-2020.

#### MORTALITY

## ▲21%

from 104.7 to 126.7  
deaths per 100,000  
women ages 20-44  
between 2019 and 2020.

#### AVERAGE VOTER PARTICIPATION

## ▲18%

from 53.8% to 63.5% of female  
U.S. citizens ages 18 and older  
between the 2014/2016 and  
2018/2020 elections.

#### HIGH HEALTH STATUS

## ▲5%

from 88.3% to 92.8% of  
children ages 0-17 between  
2018-2019 and 2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 23         | 0.154       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 7.4        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 1.0%       | 2.5%        |            |
| Violent Crime                                 | +++    | 25         | 341         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +      | 44         | 33.7%       | 26.1%      |
| Food Insecurity                               | +++    | 21         | 10.0%       | 10.7%      |
| Gender Pay Gap*                               | ++++   | 19         | 80.2%       | 81.0%      |
| Poverty                                       | +++    | 27         | 15.8%       | 15.2%      |
| Unemployment                                  | +++    | 24         | 7.2%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++     | 32         | 32.7%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +++++  | 8          | 9.5%        | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 11         | 58          | —          |
| Voter Participation                           | ++++   | 18         | 63.5%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++++  | 9          | 0.288       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++     | 33         | 7.8         | 8.3        |
| Drinking Water Violations                     | +++    | 24         | 0.2%        | 0.8%       |
| Household Smoke                               | ++++   | 19         | 13.0%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++     | 40         | 7,758,841   | —          |
| Water Fluoridation                            | +++++  | 6          | 95.2%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++     | 37         | 0           | —          |
| Transportation Energy Use*                    | +++    | 25         | 7.7         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++    | 27         | 79.0%       | 75.4%      |
| Housing With Lead Risk                        | +++++  | 5          | 9.3%        | 17.6%      |
| Severe Housing Problems                       | ++     | 31         | 15.9%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++     | 36         | -0.357      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | +++++  | 8          | 3.5%        | 8.4%       |
| Firearm Deaths*                         | —      | 6.4        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++     | 37         | 18.7%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 16         | 3.2         | 3.0        |
| High-speed Internet                     | +      | 43         | 90.4%       | 92.6%      |
| Students Experiencing Homelessness      | +++    | 25         | 2.0%        | 2.5%       |
| WIC Coverage                            | ++     | 39         | 45.9%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 13         | 51.9%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++     | 36         | 32.2%       | 34.3%      |
| High School Graduation                  | ++     | 39         | 82.0%       | 85.8%      |
| High School Graduation Racial Disparity | +++++  | 10         | 9.7         | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +++    | 21         | 14.9%       | 14.0%      |
| Foster Care Instability                 | +++    | 23         | 14.8%       | 14.9%      |
| Neighborhood Amenities                  | ++     | 40         | 25.1%       | 35.5%      |
| Reading, Singing or Storytelling        | +      | 44         | 52.5%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating     | State Rank | State Value   | U.S. Value |
|-----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+</b>   | <b>48</b>  | <b>-0.866</b> | <b>—</b>   |
| <b>Access to Care</b>                   |            |            |               |            |
| Adequate Prenatal Care                  | ++         | 34         | 74.8%         | 74.7%      |
| Avoided Care Due to Cost                | +          | 50         | 25.9%         | 17.5%      |
| Publicly-funded Women's Health Services | +++        | 22         | 26%           | 29%        |
| Uninsured                               | +          | 47         | 19.7%         | 12.9%      |
| Women's Health Providers                | +++        | 23         | 48.2          | 49.5       |
| <b>Preventive Clinical Care</b>         |            |            |               |            |
| Cervical Cancer Screening               | ++         | 31         | 76.7%         | 77.1%      |
| Dental Visit                            | +          | 47         | 60.1%         | 65.5%      |
| Flu Vaccination                         | +          | 48         | 29.3%         | 38.9%      |
| Postpartum Visit†                       | —          | —          | 89.2%         | 88.4%      |
| Well-woman Visit                        | ++         | 36         | 70.3%         | 72.0%      |
| <b>Quality of Care</b>                  |            |            |               |            |
| Breastfeeding Initiation†               | —          | —          | 82.0%         | 83.9%      |
| Dedicated Health Care Provider          | +          | 46         | 64.8%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++         | 40         | 27.7%         | 25.9%      |
| Maternity Practices Score               | +          | 41         | 75            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++</b>  | <b>38</b>  | <b>-0.497</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |            |            |               |            |
| Exercise                                | +          | 45         | 17.6%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++         | 31         | 9.4%          | 10.4%      |
| Physical Inactivity                     | ++         | 39         | 24.4%         | 22.3%      |
| <b>Sexual Health</b>                    |            |            |               |            |
| Chlamydia                               | +          | 42         | 1,848.7       | 1,552.8    |
| High-risk HIV Behaviors                 | +++        | 22         | 9.5%          | 9.6%       |
| Unintended Pregnancy†                   | —          | —          | 27.1%         | 28.5%      |
| <b>Sleep Health</b>                     |            |            |               |            |
| Insufficient Sleep                      | +          | 46         | 38.8%         | 33.4%      |
| <b>Tobacco Use</b>                      |            |            |               |            |
| E-cigarette Use†                        | —          | —          | 8.5%          | 7.6%       |
| Smoking                                 | ++++       | 19         | 14.0%         | 13.4%      |
| Smoking During Pregnancy                | ++++       | 12         | 4.2%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++</b> | <b>25</b>  | <b>-0.155</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |            |            |               |            |
| Drug Deaths†                            | +++++      | 10         | 14.3          | 22.4       |
| Excessive Drinking                      | +++        | 21         | 19.0%         | 19.4%      |
| Frequent Mental Distress                | ++++       | 20         | 19.7%         | 19.4%      |
| Illicit Drug Use                        | ++++       | 18         | 10.0%         | 10.8%      |
| Postpartum Depression†                  | —          | —          | 8.6%          | 13.6%      |
| <b>Mortality</b>                        |            |            |               |            |
| Maternal Mortality†                     | —          | —          | 29.5          | 19.3       |
| Mortality Rate                          | +++        | 28         | 126.7         | 117.3      |
| <b>Physical Health</b>                  |            |            |               |            |
| Frequent Physical Distress              | +++        | 26         | 8.1%          | 7.5%       |
| High Blood Pressure                     | +          | 41         | 13.7%         | 10.6%      |
| High Health Status†                     | +++        | 28         | 57.9%         | 57.4%      |
| Multiple Chronic Conditions             | ++++       | 17         | 4.0%          | 4.1%       |
| Obesity                                 | +++        | 28         | 31.5%         | 30.4%      |
| Severe Maternal Morbidity†              | —          | —          | 87.2          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++</b>  | <b>35</b>  | <b>-0.190</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating      | State Rank | State Value   | U.S. Value |
|----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++</b>   | <b>40</b>  | <b>-0.353</b> | <b>—</b>   |
| <b>Access to Care</b>                  |             |            |               |            |
| ADD/ADHD Treatment                     | ++++        | 14         | 3.7%          | 2.8%       |
| Pediatricians                          | ++          | 31         | 88.2          | 107.2      |
| Uninsured                              | ++          | 40         | 7.4%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |             |            |               |            |
| Childhood Immunizations                | +           | 47         | 65.5%         | 70.5%      |
| HPV Vaccination                        | +++         | 30         | 54.9%         | 58.6%      |
| Preventive Dental Care                 | ++          | 33         | 74.4%         | 75.1%      |
| Well-child Visit                       | +++         | 27         | 76.8%         | 76.7%      |
| <b>Quality of Care</b>                 |             |            |               |            |
| Adequate Insurance                     | +           | 42         | 64.4%         | 68.2%      |
| Developmental Screening                | ++          | 34         | 33.1%         | 34.8%      |
| Medical Home                           | +++         | 27         | 48.6%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++</b>   | <b>35</b>  | <b>-0.278</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |             |            |               |            |
| Breastfed                              | +           | 47         | 18.7%         | 24.9%      |
| Food Sufficiency                       | +++         | 29         | 70.3%         | 71.9%      |
| Physical Activity                      | +++         | 30         | 21.8%         | 20.5%      |
| Soda Consumption — Youth†              | —           | —          | —             | 9.3%       |
| <b>Sexual Health — Youth</b>           |             |            |               |            |
| Dual Contraceptive Nonuse†             | —           | —          | —             | 90.9%      |
| Teen Births                            | ++          | 36         | 18.2          | 15.4       |
| <b>Sleep Health</b>                    |             |            |               |            |
| Adequate Sleep                         | ++          | 38         | 63.0%         | 66.6%      |
| Sleep Position†                        | —           | —          | 71.3%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |             |            |               |            |
| Electronic Vapor Product Use†          | —           | —          | 17.0%         | 32.7%      |
| Tobacco Use                            | +++++       | 6          | 2.3%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++++</b> | <b>18</b>  | <b>0.008</b>  | <b>—</b>   |
| <b>Behavioral Health</b>               |             |            |               |            |
| Alcohol Use — Youth                    | +++++       | 2          | 6.8%          | 8.8%       |
| Anxiety                                | +++++       | 3          | 7.0%          | 9.2%       |
| Depression                             | +++++       | 5          | 3.1%          | 4.2%       |
| Flourishing                            | +++++       | 3          | 69.5%         | 66.6%      |
| Illicit Drug Use — Youth               | +++++       | 1          | 5.6%          | 7.7%       |
| Teen Suicide†                          | —           | —          | 10.2          | 10.8       |
| <b>Mortality</b>                       |             |            |               |            |
| Child Mortality                        | ++          | 33         | 29.7          | 25.9       |
| Infant Mortality                       | +           | 44         | 7.0           | 5.6        |
| <b>Physical Health</b>                 |             |            |               |            |
| Asthma                                 | +           | 47         | 9.6%          | 6.9%       |
| High Health Status†                    | +++++       | 7          | 92.8%         | 90.2%      |
| Low Birthweight                        | +           | 47         | 9.9%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++         | 26         | 2.0           | 2.0        |
| Neonatal Abstinence Syndrome†          | —           | —          | 2.9           | 6.1        |
| Overweight or Obesity — Youth          | ++          | 33         | 33.9%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++</b>   | <b>34</b>  | <b>-0.148</b> | <b>—</b>   |

|                                      |           |           |               |          |
|--------------------------------------|-----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++</b> | <b>36</b> | <b>-0.212</b> | <b>—</b> |
|--------------------------------------|-----------|-----------|---------------|----------|

# Hawaii

State Health Department Website: [health.hawaii.gov](https://health.hawaii.gov)

Overall Rank:

8

## Summary

### Strengths:

- High percentage of youth who are flourishing
- Low prevalence of depression among children
- Low prevalence of frequent mental distress among women

### Challenges:

- High prevalence of illicit drug use among youth
- Low prevalence of food sufficiency among children
- High prevalence of insufficient sleep among women

### Highlights:

#### FREQUENT MENTAL DISTRESS

▲55%

from 9.6% to 14.9% of women ages 18-44 between 2014-2015 and 2019-2020.

#### FLU VACCINATION

▲35%

from 32.4% to 43.7% of women ages 18-44 between 2017-2018 and 2019-2020.

#### WELL-WOMAN VISITS

▲28%

from 62.1% to 79.5% of women ages 18-44 between 2014-2015 and 2019-2020.

#### NEIGHBORHOOD AMENITIES FOR CHILDREN AGES 0-17

▼17%

from 55.3% to 45.8% between 2016-2017 and 2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 24         | 0.112       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | —          | —           | 5.1        |
| Intimate Partner Violence Before Pregnancy*   | —      | —          | 2.2%        | 2.5%       |
| Violent Crime                                 | ++++   | 17         | 286         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 19         | 17.2%       | 26.1%      |
| Food Insecurity                               | ++++   | 11         | 8.9%        | 10.7%      |
| Gender Pay Gap*                               | +++++  | 5          | 86.8%       | 81.0%      |
| Poverty                                       | +++++  | 2          | 10.6%       | 15.2%      |
| Unemployment                                  | +      | 49         | 11.6%       | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 16         | 38.4%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +      | 47         | 15.6%       | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 20         | 63          | —          |
| Voter Participation                           | +      | 48         | 54.8%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++++   | 19         | 0.116       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++++  | 2          | 4.3         | 8.3        |
| Drinking Water Violations                     | +++++  | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | +++    | 27         | 14.7%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++++  | 8          | 129,357     | —          |
| Water Fluoridation                            | +      | 50         | 8.8%        | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use*                    | +++    | 25         | 7.7         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++++  | 2          | 65.9%       | 75.4%      |
| Housing With Lead Risk                        | ++++   | 11         | 11.3%       | 17.6%      |
| Severe Housing Problems                       | +      | 50         | 26.4%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +++++  | 7          | 0.486       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | +++++  | 10         | 4.4%        | 8.4%       |
| Firearm Deaths*                         | —      | —          | —           | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 13         | 12.4%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++     | 39         | 4.0         | 3.0        |
| High-speed Internet                     | ++++   | 12         | 94.3%       | 92.6%      |
| Students Experiencing Homelessness      | +++    | 25         | 2.0%        | 2.5%       |
| WIC Coverage                            | +++    | 24         | 53.4%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +++++  | 9          | 55.2%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++     | 32         | 33.8%       | 34.3%      |
| High School Graduation                  | +++    | 28         | 85.2%       | 85.8%      |
| High School Graduation Racial Disparity | +++++  | 1          | 1.0         | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 11         | 12.5%       | 14.0%      |
| Foster Care Instability                 | ++++   | 11         | 11.2%       | 14.9%      |
| Neighborhood Amenities                  | +++++  | 7          | 45.8%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 18         | 60.2%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++++</b>  | <b>12</b>  | <b>0.488</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | +            | 50         | 60.3%        | 74.7%      |
| Avoided Care Due to Cost                | +++++        | 1          | 8.9%         | 17.5%      |
| Publicly-funded Women's Health Services | ++           | 35         | 21%          | 29%        |
| Uninsured                               | +++++        | 5          | 6.6%         | 12.9%      |
| Women's Health Providers                | +++++        | 10         | 64.2         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | ++           | 40         | 74.4%        | 77.1%      |
| Dental Visit                            | +++++        | 6          | 71.8%        | 65.5%      |
| Flu Vaccination                         | ++++         | 18         | 43.7%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | 90.5%        | 88.4%      |
| Well-woman Visit                        | +++++        | 2          | 79.5%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | 89.8%        | 83.9%      |
| Dedicated Health Care Provider          | +++++        | 9          | 81.1%        | 71.1%      |
| Low-risk Cesarean Delivery              | ++++         | 14         | 23.0%        | 25.9%      |
| Maternity Practices Score               | +            | 41         | 75           | 81         |
| <b>BEHAVIORS*</b>                       | <b>++++</b>  | <b>11</b>  | <b>0.256</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | ++++         | 17         | 22.5%        | 21.5%      |
| Fruit and Vegetable Consumption         | +++++        | 10         | 12.0%        | 10.4%      |
| Physical Inactivity                     | +++          | 23         | 21.4%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | +++          | 27         | 1,588.6      | 1,552.8    |
| High-risk HIV Behaviors                 | +++++        | 6          | 8.1%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 25.8%        | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | ++           | 39         | 37.7%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | 8.6%         | 7.6%       |
| Smoking                                 | ++++         | 17         | 12.4%        | 13.4%      |
| Smoking During Pregnancy                | +++++        | 2          | 1.9%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++++</b> | <b>1</b>   | <b>0.846</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | +++++        | 1          | 9.3          | 22.4       |
| Excessive Drinking                      | ++++         | 18         | 18.7%        | 19.4%      |
| Frequent Mental Distress                | +++++        | 1          | 14.9%        | 19.4%      |
| Illicit Drug Use                        | +++          | 22         | 10.7%        | 10.8%      |
| Postpartum Depression†                  | —            | —          | 13.7%        | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 12.9         | 19.3       |
| Mortality Rate                          | +++++        | 1          | 73.8         | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | +++++        | 2          | 5.9%         | 7.5%       |
| High Blood Pressure                     | +++          | 23         | 10.2%        | 10.6%      |
| High Health Status†                     | +++          | 22         | 58.7%        | 57.4%      |
| Multiple Chronic Conditions             | +++++        | 2          | 2.5%         | 4.1%       |
| Obesity                                 | +++++        | 3          | 23.6%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 104.8        | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>10</b>  | <b>0.359</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++++</b> | <b>9</b>   | <b>0.804</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | +            | 47         | 1.4%          | 2.8%       |
| Pediatricians                          | ++++         | 11         | 127.7         | 107.2      |
| Uninsured                              | +++++        | 5          | 2.8%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | +++          | 24         | 72.0%         | 70.5%      |
| HPV Vaccination                        | +++++        | 2          | 73.9%         | 58.6%      |
| Preventive Dental Care                 | +++++        | 1          | 84.9%         | 75.1%      |
| Well-child Visit                       | ++           | 36         | 75.1%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | +++++        | 1          | 81.0%         | 68.2%      |
| Developmental Screening                | ++++         | 16         | 41.0%         | 34.8%      |
| Medical Home                           | ++           | 32         | 47.6%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++</b>   | <b>29</b>  | <b>-0.042</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | ++++         | 18         | 27.7%         | 24.9%      |
| Food Sufficiency                       | ++           | 38         | 68.0%         | 71.9%      |
| Physical Activity                      | +            | 45         | 17.4%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 6.3%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 93.4%         | 90.9%      |
| Teen Births                            | ++++         | 17         | 13.0          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | ++           | 40         | 62.0%         | 66.6%      |
| Sleep Position†                        | —            | —          | 80.1%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 30.6%         | 32.7%      |
| Tobacco Use                            | +++++        | 1          | 1.7%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++++</b> | <b>2</b>   | <b>0.594</b>  | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +++++        | 4          | 7.6%          | 8.8%       |
| Anxiety                                | +++++        | 1          | 4.6%          | 9.2%       |
| Depression                             | +++++        | 1          | 2.4%          | 4.2%       |
| Flourishing                            | +++++        | 1          | 71.6%         | 66.6%      |
| Illicit Drug Use — Youth               | ++           | 39         | 9.4%          | 7.7%       |
| Teen Suicide†                          | —            | —          | 10.5          | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | +++++        | 6          | 19.6          | 25.9       |
| Infant Mortality                       | +++          | 29         | 6.0           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | ++++         | 17         | 6.2%          | 6.9%       |
| High Health Status†                    | ++++         | 11         | 92.5%         | 90.2%      |
| Low Birthweight                        | +++          | 23         | 8.1%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++          | 26         | 2.0           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 1.1           | 6.1        |
| Overweight or Obesity — Youth          | +++          | 24         | 32.3%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>5</b>   | <b>0.408</b>  | <b>—</b>   |

|                                      |              |          |              |          |
|--------------------------------------|--------------|----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>8</b> | <b>0.412</b> | <b>—</b> |
|--------------------------------------|--------------|----------|--------------|----------|

# Idaho

State Health Department Website: [healthandwelfare.idaho.gov](https://healthandwelfare.idaho.gov)

Overall Rank:

# 23

## Summary

### Strengths:

- Low prevalence of asthma among children
- Low percentage of low-risk cesarean deliveries
- Low prevalence of physical inactivity among women

### Challenges:

- High prevalence of depression among children
- High Black/white residential segregation
- Low supply of pediatricians

### Highlights:

#### TEEN SUICIDE

## ▲35%

from 15.9 to 21.5 deaths per 100,000 adolescents ages 15-19 between 2013-2015 and 2018-2020.

#### WELL-WOMAN VISITS

## ▲33%

from 52.6% to 70.2% of women ages 18-44 between 2016-2017 and 2019-2020.

#### OBESITY

## ▲28%

from 23.7% to 30.4% of women ages 18-44 between 2015-2016 and 2019-2020.

#### INFANT MORTALITY

## ▼10%

from 5.2 to 4.7 deaths per 1,000 live births between 2016-2017 and 2018-2019.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 26         | 0.018       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 6.2        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 2.5%       |             |            |
| Violent Crime                                 | +++++  | 10         | 224         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 13         | 13.6%       | 26.1%      |
| Food Insecurity                               | ++++   | 16         | 9.6%        | 10.7%      |
| Gender Pay Gap†                               | +      | 45         | 74.9%       | 81.0%      |
| Poverty                                       | +++    | 25         | 15.1%       | 15.2%      |
| Unemployment                                  | +++++  | 9          | 5.6%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++     | 37         | 31.3%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | ++++   | 11         | 10.3%       | 12.0%      |
| Residential Segregation — Black/White         | +      | 49         | 81          | —          |
| Voter Participation                           | ++     | 39         | 57.4%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++++   | 17         | 0.126       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++++  | 9          | 6.1         | 8.3        |
| Drinking Water Violations                     | +      | 42         | 1.8%        | 0.8%       |
| Household Smoke                               | ++++   | 11         | 11.5%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++++  | 10         | 216,444     | —          |
| Water Fluoridation                            | +      | 46         | 31.7%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++     | 37         | 0           | —          |
| Transportation Energy Use†                    | ++     | 32         | 8.7         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++    | 25         | 78.8%       | 75.4%      |
| Housing With Lead Risk                        | ++++   | 17         | 12.6%       | 17.6%      |
| Severe Housing Problems                       | ++++   | 20         | 14.1%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++     | 34         | -0.302      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | +++++  | 9          | 4.3%        | 8.4%       |
| Firearm Deaths†                         | —      | 4.3        |             | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 17         | 13.2%       | 16.8%      |
| Children in Poverty Racial Disparity    | +++    | 23         | 3.3         | 3.0        |
| High-speed Internet                     | +++++  | 10         | 95.1%       | 92.6%      |
| Students Experiencing Homelessness      | ++     | 37         | 2.5%        | 2.5%       |
| WIC Coverage                            | +      | 42         | 44.0%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +      | 48         | 32.9%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 12         | 37.4%       | 34.3%      |
| High School Graduation                  | +      | 45         | 80.8%       | 85.8%      |
| High School Graduation Racial Disparity | +++    | 25         | 14.6        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +++    | 30         | 16.1%       | 14.0%      |
| Foster Care Instability                 | +++    | 29         | 15.5%       | 14.9%      |
| Neighborhood Amenities                  | ++     | 35         | 29.5%       | 35.5%      |
| Reading, Singing or Storytelling        | ++     | 39         | 54.4%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++</b>   | <b>39</b>  | <b>-0.134</b> | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |               |            |
| Adequate Prenatal Care                  | +++++       | 8          | 81.8%         | 74.7%      |
| Avoided Care Due to Cost                | ++          | 39         | 19.7%         | 17.5%      |
| Publicly-funded Women's Health Services | +           | 42         | 18%           | 29%        |
| Uninsured                               | +           | 44         | 18.3%         | 12.9%      |
| Women's Health Providers                | +++         | 27         | 47.4          | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |               |            |
| Cervical Cancer Screening               | +           | 44         | 72.6%         | 77.1%      |
| Dental Visit                            | ++++        | 16         | 69.4%         | 65.5%      |
| Flu Vaccination                         | ++          | 38         | 36.8%         | 38.9%      |
| Postpartum Visit†                       | —           | —          | —             | 88.4%      |
| Well-woman Visit                        | ++          | 37         | 70.2%         | 72.0%      |
| <b>Quality of Care</b>                  |             |            |               |            |
| Breastfeeding Initiation†               | —           | —          | 91.1%         | 83.9%      |
| Dedicated Health Care Provider          | +++         | 29         | 72.8%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++++       | 1          | 18.0%         | 25.9%      |
| Maternity Practices Score               | ++          | 36         | 77            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++++</b> | <b>13</b>  | <b>0.249</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |               |            |
| Exercise                                | ++++        | 16         | 22.7%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++         | 27         | 9.8%          | 10.4%      |
| Physical Inactivity                     | +++++       | 9          | 18.4%         | 22.3%      |
| <b>Sexual Health</b>                    |             |            |               |            |
| Chlamydia                               | +++++       | 7          | 1,178.0       | 1,552.8    |
| High-risk HIV Behaviors                 | ++          | 33         | 10.3%         | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 27.6%         | 28.5%      |
| <b>Sleep Health</b>                     |             |            |               |            |
| Insufficient Sleep                      | ++++        | 11         | 30.4%         | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |               |            |
| E-cigarette Use†                        | —           | —          | 9.2%          | 7.6%       |
| Smoking                                 | +++         | 23         | 14.8%         | 13.4%      |
| Smoking During Pregnancy                | +++         | 22         | 6.6%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++</b>  | <b>21</b>  | <b>-0.044</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |               |            |
| Drug Deaths†                            | ++++        | 11         | 14.8          | 22.4       |
| Excessive Drinking                      | ++++        | 16         | 18.5%         | 19.4%      |
| Frequent Mental Distress                | ++++        | 15         | 19.3%         | 19.4%      |
| Illicit Drug Use                        | ++++        | 19         | 10.1%         | 10.8%      |
| Postpartum Depression†                  | —           | —          | —             | 13.6%      |
| <b>Mortality</b>                        |             |            |               |            |
| Maternal Mortality†                     | —           | —          | 18.2          | 19.3       |
| Mortality Rate                          | ++++        | 14         | 100.3         | 117.3      |
| <b>Physical Health</b>                  |             |            |               |            |
| Frequent Physical Distress              | ++          | 37         | 8.9%          | 7.5%       |
| High Blood Pressure                     | ++          | 33         | 11.5%         | 10.6%      |
| High Health Status†                     | ++++        | 15         | 60.4%         | 57.4%      |
| Multiple Chronic Conditions             | +++         | 28         | 4.6%          | 4.1%       |
| Obesity                                 | +++         | 22         | 30.4%         | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | —             | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++</b>  | <b>24</b>  | <b>0.053</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++</b>    | <b>36</b>  | <b>-0.132</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | +            | 44         | 1.8%          | 2.8%       |
| Pediatricians                          | +            | 49         | 45.1          | 107.2      |
| Uninsured                              | +++          | 26         | 5.0%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | +++          | 25         | 71.9%         | 70.5%      |
| HPV Vaccination                        | ++           | 33         | 54.5%         | 58.6%      |
| Preventive Dental Care                 | +++++        | 5          | 81.9%         | 75.1%      |
| Well-child Visit                       | ++           | 32         | 76.1%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | ++           | 36         | 66.0%         | 68.2%      |
| Developmental Screening                | +            | 45         | 23.6%         | 34.8%      |
| Medical Home                           | +++          | 26         | 48.7%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++</b>   | <b>22</b>  | <b>0.293</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | +++++        | 9          | 30.4%         | 24.9%      |
| Food Sufficiency                       | +++          | 28         | 70.5%         | 71.9%      |
| Physical Activity                      | +++          | 24         | 22.9%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 6.5%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | —             | 90.9%      |
| Teen Births                            | +++          | 25         | 14.6          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | ++++         | 15         | 68.8%         | 66.6%      |
| Sleep Position†                        | —            | —          | 82.8%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 21.5%         | 32.7%      |
| Tobacco Use                            | +++          | 21         | 3.4%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++++</b> | <b>5</b>   | <b>0.518</b>  | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +++++        | 7          | 8.1%          | 8.8%       |
| Anxiety                                | ++           | 31         | 10.7%         | 9.2%       |
| Depression                             | +            | 42         | 6.0%          | 4.2%       |
| Flourishing                            | ++++         | 19         | 67.1%         | 66.6%      |
| Illicit Drug Use — Youth               | +++++        | 7          | 6.0%          | 7.7%       |
| Teen Suicide†                          | —            | —          | 21.5          | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | ++           | 31         | 29.4          | 25.9       |
| Infant Mortality                       | +++++        | 10         | 4.7           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | +++++        | 2          | 4.9%          | 6.9%       |
| High Health Status†                    | +++++        | 9          | 92.6%         | 90.2%      |
| Low Birthweight                        | +++++        | 6          | 6.9%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++++        | 4          | 1.4           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | —             | 6.1        |
| Overweight or Obesity — Youth          | +++++        | 6          | 27.2%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++</b>   | <b>22</b>  | <b>0.077</b>  | <b>—</b>   |

|                                      |            |           |              |          |
|--------------------------------------|------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++</b> | <b>23</b> | <b>0.060</b> | <b>—</b> |
|--------------------------------------|------------|-----------|--------------|----------|



# Illinois

State Health Department Website: [dph.illinois.gov](https://dph.illinois.gov)

Overall Rank:

20

## Summary

### Strengths:

- Low prevalence of frequent mental distress among women
- High prevalence of neighborhood amenities
- Low prevalence of insufficient sleep among women

### Challenges:

- High prevalence of illicit drug use among youth
- Low WIC coverage among eligible children ages 0-4
- Low prevalence of cervical cancer screening

### Highlights:

#### FIREARM DEATHS

▲71%

from 2.4 to 4.1 deaths per 100,000 females ages 20-44 between 2013-2015 and 2018-2020.

#### HPV VACCINATION

▲32%

from 47.8% to 63.1% of adolescents ages 13-17 between 2016 and 2020.

#### MORTALITY

▲21%

from 86.2 to 104.6 deaths per 100,000 women ages 20-44 between 2019 and 2020.

#### AVERAGE VOTER PARTICIPATION

▲16%

from 53.9% to 62.4% of female U.S. citizens ages 18 and older between the 2014/2016 and 2018/2020 elections.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 30         | -0.008      | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 41         | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 2.1%       | 2.5%        |            |
| Violent Crime                                 | ++     | 33         | 407         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++     | 31         | 24.4%       | 26.1%      |
| Food Insecurity                               | ++++   | 13         | 9.2%        | 10.7%      |
| Gender Pay Gap†                               | ++     | 34         | 78.0%       | 81.0%      |
| Poverty                                       | ++++   | 15         | 13.9%       | 15.2%      |
| Unemployment                                  | +      | 44         | 9.7%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 12         | 40.0%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +      | 42         | 14.3%       | 12.0%      |
| Residential Segregation — Black/White         | +      | 44         | 74          | —          |
| Voter Participation                           | +++    | 23         | 62.4%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++     | 32         | -0.031      | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +      | 49         | 9.6         | 8.3        |
| Drinking Water Violations                     | ++++   | 14         | 0.1%        | 0.8%       |
| Household Smoke                               | ++++   | 12         | 11.7%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +      | 47         | 15,619,094  | —          |
| Water Fluoridation                            | +++++  | 3          | 98.2%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | +++    | 24         | 2           | —          |
| Transportation Energy Use†                    | +++++  | 8          | 6.4         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++++  | 8          | 71.8%       | 75.4%      |
| Housing With Lead Risk                        | +      | 44         | 24.9%       | 17.6%      |
| Severe Housing Problems                       | ++     | 34         | 16.6%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 15         | 0.229       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++     | 35         | 12.8%       | 8.4%       |
| Firearm Deaths†                         | —      | 5.8        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++    | 28         | 15.7%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++     | 36         | 3.9         | 3.0        |
| High-speed Internet                     | ++++   | 14         | 94.2%       | 92.6%      |
| Students Experiencing Homelessness      | ++     | 34         | 2.4%        | 2.5%       |
| WIC Coverage                            | +      | 42         | 44.0%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +++++  | 8          | 56.0%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++    | 28         | 34.4%       | 34.3%      |
| High School Graduation                  | +++    | 27         | 86.2%       | 85.8%      |
| High School Graduation Racial Disparity | +++    | 24         | 14.3        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 11         | 12.5%       | 14.0%      |
| Foster Care Instability                 | +++    | 23         | 14.8%       | 14.9%      |
| Neighborhood Amenities                  | +++++  | 1          | 53.4%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 14         | 62.0%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++</b>    | <b>31</b>  | <b>0.184</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | ++++         | 13         | 78.4%        | 74.7%      |
| Avoided Care Due to Cost                | ++           | 31         | 17.1%        | 17.5%      |
| Publicly-funded Women's Health Services | +++          | 27         | 24%          | 29%        |
| Uninsured                               | +++          | 21         | 10.0%        | 12.9%      |
| Women's Health Providers                | ++++         | 20         | 53.7         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | +            | 47         | 72.4%        | 77.1%      |
| Dental Visit                            | +++          | 21         | 68.4%        | 65.5%      |
| Flu Vaccination                         | ++           | 32         | 38.0%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | 91.4%        | 88.4%      |
| Well-woman Visit                        | ++++         | 12         | 75.5%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | 82.5%        | 83.9%      |
| Dedicated Health Care Provider          | ++++         | 20         | 74.3%        | 71.1%      |
| Low-risk Cesarean Delivery              | +++          | 24         | 24.7%        | 25.9%      |
| Maternity Practices Score               | ++++         | 18         | 82           | 81         |
| <b>BEHAVIORS*</b>                       | <b>++++</b>  | <b>17</b>  | <b>0.203</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | ++           | 37         | 19.1%        | 21.5%      |
| Fruit and Vegetable Consumption         | ++           | 35         | 8.5%         | 10.4%      |
| Physical Inactivity                     | +++          | 25         | 21.5%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | ++           | 35         | 1,719.3      | 1,552.8    |
| High-risk HIV Behaviors                 | +++++        | 5          | 8.0%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 27.6%        | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | +++++        | 4          | 27.9%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | 4.3%         | 7.6%       |
| Smoking                                 | ++++         | 13         | 11.7%        | 13.4%      |
| Smoking During Pregnancy                | ++++         | 20         | 5.1%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++++</b> | <b>10</b>  | <b>0.336</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | +++          | 24         | 20.3         | 22.4       |
| Excessive Drinking                      | ++           | 36         | 21.4%        | 19.4%      |
| Frequent Mental Distress                | +++++        | 2          | 15.1%        | 19.4%      |
| Illicit Drug Use                        | +++          | 21         | 10.4%        | 10.8%      |
| Postpartum Depression†                  | —            | —          | 10.3%        | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 12.7         | 19.3       |
| Mortality Rate                          | ++++         | 18         | 104.6        | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | +++++        | 10         | 6.7%         | 7.5%       |
| High Blood Pressure                     | ++++         | 14         | 8.6%         | 10.6%      |
| High Health Status†                     | +++          | 23         | 58.4%        | 57.4%      |
| Multiple Chronic Conditions             | ++++         | 12         | 3.7%         | 4.1%       |
| Obesity                                 | ++++         | 20         | 30.0%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 89.5         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++</b>   | <b>22</b>  | <b>0.137</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating      | State Rank | State Value  | U.S. Value |
|----------------------------------------|-------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++</b>  | <b>27</b>  | <b>0.141</b> | <b>—</b>   |
| <b>Access to Care</b>                  |             |            |              |            |
| ADD/ADHD Treatment                     | ++          | 40         | 2.0%         | 2.8%       |
| Pediatricians                          | ++++        | 15         | 118.3        | 107.2      |
| Uninsured                              | ++++        | 17         | 4.0%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |             |            |              |            |
| Childhood Immunizations                | ++          | 31         | 70.6%        | 70.5%      |
| HPV Vaccination                        | ++++        | 17         | 63.1%        | 58.6%      |
| Preventive Dental Care                 | ++          | 38         | 73.8%        | 75.1%      |
| Well-child Visit                       | +++         | 25         | 77.8%        | 76.7%      |
| <b>Quality of Care</b>                 |             |            |              |            |
| Adequate Insurance                     | ++          | 38         | 65.8%        | 68.2%      |
| Developmental Screening                | +++         | 27         | 36.5%        | 34.8%      |
| Medical Home                           | +++         | 28         | 48.3%        | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++++</b> | <b>17</b>  | <b>0.365</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |             |            |              |            |
| Breastfed                              | ++++        | 17         | 28.3%        | 24.9%      |
| Food Sufficiency                       | +++         | 23         | 72.8%        | 71.9%      |
| Physical Activity                      | +++         | 23         | 23.1%        | 20.5%      |
| Soda Consumption — Youth†              | —           | —          | 7.8%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |             |            |              |            |
| Dual Contraceptive Nonuse†             | —           | —          | 89.7%        | 90.9%      |
| Teen Births                            | +++         | 23         | 13.6         | 15.4       |
| <b>Sleep Health</b>                    |             |            |              |            |
| Adequate Sleep                         | +++         | 28         | 67.1%        | 66.6%      |
| Sleep Position†                        | —           | —          | 84.1%        | 80.2%      |
| <b>Tobacco Use — Youth</b>             |             |            |              |            |
| Electronic Vapor Product Use†          | —           | —          | 19.9%        | 32.7%      |
| Tobacco Use                            | ++++        | 15         | 2.9%         | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++++</b> | <b>17</b>  | <b>0.010</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |             |            |              |            |
| Alcohol Use — Youth                    | ++          | 31         | 9.2%         | 8.8%       |
| Anxiety                                | +++++       | 5          | 7.5%         | 9.2%       |
| Depression                             | +++++       | 2          | 2.6%         | 4.2%       |
| Flourishing                            | +++         | 30         | 66.0%        | 66.6%      |
| Illicit Drug Use — Youth               | ++          | 39         | 9.4%         | 7.7%       |
| Teen Suicide†                          | —           | —          | 8.6          | 10.8       |
| <b>Mortality</b>                       |             |            |              |            |
| Child Mortality                        | ++++        | 19         | 25.1         | 25.9       |
| Infant Mortality                       | ++          | 31         | 6.1          | 5.6        |
| <b>Physical Health</b>                 |             |            |              |            |
| Asthma                                 | ++++        | 19         | 6.3%         | 6.9%       |
| High Health Status†                    | ++          | 39         | 89.7%        | 90.2%      |
| Low Birthweight                        | +++         | 27         | 8.3%         | 8.2%       |
| Low Birthweight Racial Disparity       | ++          | 37         | 2.1          | 2.0        |
| Neonatal Abstinence Syndrome†          | —           | —          | 2.4          | 6.1        |
| Overweight or Obesity — Youth          | +++         | 27         | 32.4%        | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++++</b> | <b>19</b>  | <b>0.142</b> | <b>—</b>   |

|                                      |             |           |              |          |
|--------------------------------------|-------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++++</b> | <b>20</b> | <b>0.157</b> | <b>—</b> |
|--------------------------------------|-------------|-----------|--------------|----------|

# Indiana

State Health Department Website: [in.gov/health](https://in.gov/health)

Overall Rank:

# 39

## Summary

### Strengths:

- Low prevalence of excessive drinking among women
- Low prevalence of students experiencing homelessness
- High prevalence of physical activity among children

### Challenges:

- Low percentage of youth who are flourishing
- High prevalence of adverse childhood experiences (ACEs)
- High prevalence of cigarette smoking during pregnancy

### Highlights:

#### DEPRESSION

## ▲92%

from 3.7% to 7.1% of children ages 3-17 between 2018-2019 and 2020-2021.

#### FIREARM DEATHS

## ▲53%

from 4.7 to 7.2 deaths per 100,000 children ages 1-19 between 2013-2015 and 2018-2020.

#### CIGARETTE SMOKING

## ▼22%

from 24.7% to 19.3% of women ages 18-44 between 2014-2015 and 2019-2020.

#### WELL-WOMAN VISITS

## ▲19%

from 62.1% to 73.8% of women ages 18-44 between 2014-2015 and 2019-2020.

## Women

| Measures                                      | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|-----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>++</b> | <b>39</b>  | <b>-0.299</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |           |            |               |            |
| Firearm Deaths†                               | —         | 7.3        | 5.1           |            |
| Intimate Partner Violence Before Pregnancy†   | —         | —          | 2.5%          |            |
| Violent Crime                                 | +++       | 27         | 371           | 379        |
| <b>Economic Resources</b>                     |           |            |               |            |
| Concentrated Disadvantage                     | +++       | 24         | 20.3%         | 26.1%      |
| Food Insecurity                               | ++        | 35         | 11.6%         | 10.7%      |
| Gender Pay Gap†                               | +         | 42         | 75.8%         | 81.0%      |
| Poverty                                       | ++        | 31         | 16.0%         | 15.2%      |
| Unemployment                                  | +++       | 28         | 7.5%          | 8.3%       |
| <b>Education</b>                              |           |            |               |            |
| College Graduate                              | ++        | 39         | 30.9%         | 35.6%      |
| <b>Social Support and Engagement</b>          |           |            |               |            |
| Infant Child Care Cost†                       | +         | 43         | 14.5%         | 12.0%      |
| Residential Segregation — Black/White         | ++        | 38         | 70            | —          |
| Voter Participation                           | +         | 44         | 56.7%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>++</b> | <b>40</b>  | <b>-0.176</b> | <b>—</b>   |
| <b>Air and Water Quality</b>                  |           |            |               |            |
| Air Pollution                                 | +         | 45         | 8.7           | 8.3        |
| Drinking Water Violations                     | ++        | 33         | 0.4%          | 0.8%       |
| Household Smoke                               | +         | 44         | 19.7%         | 13.8%      |
| Risk-screening Environmental Indicators Score | +         | 41         | 9,176,364     | —          |
| Water Fluoridation                            | +++++     | 10         | 92.4%         | 73.0%      |
| <b>Climate Change</b>                         |           |            |               |            |
| Climate Change Policies†                      | ++        | 37         | 0             | —          |
| Transportation Energy Use†                    | +++       | 27         | 7.8           | 7.4        |
| <b>Housing and Transportation</b>             |           |            |               |            |
| Drive Alone to Work                           | ++        | 36         | 81.3%         | 75.4%      |
| Housing With Lead Risk                        | ++        | 33         | 21.3%         | 17.6%      |
| Severe Housing Problems                       | +++++     | 7          | 12.7%         | 17.3%      |

## Children

| Measures                                | Rating     | State Rank | State Value   | U.S. Value |
|-----------------------------------------|------------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>+++</b> | <b>28</b>  | <b>-0.092</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |            |            |               |            |
| Child Victimization†                    | ++         | 40         | 14.5%         | 8.4%       |
| Firearm Deaths†                         | —          | 7.2        | 4.7           |            |
| <b>Economic Resources</b>               |            |            |               |            |
| Children in Poverty                     | +++        | 26         | 15.2%         | 16.8%      |
| Children in Poverty Racial Disparity    | ++++       | 16         | 3.2           | 3.0        |
| High-speed Internet                     | +          | 41         | 90.6%         | 92.6%      |
| Students Experiencing Homelessness      | ++++       | 14         | 1.6%          | 2.5%       |
| WIC Coverage                            | ++++       | 15         | 56.2%         | 54.6%      |
| <b>Education</b>                        |            |            |               |            |
| Early Childhood Education               | +          | 43         | 39.8%         | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++       | 14         | 37.0%         | 34.3%      |
| High School Graduation                  | ++++       | 20         | 87.2%         | 85.8%      |
| High School Graduation Racial Disparity | ++++       | 16         | 12.2          | 15.1       |
| <b>Social Support and Engagement</b>    |            |            |               |            |
| Adverse Childhood Experiences           | ++         | 36         | 17.5%         | 14.0%      |
| Foster Care Instability                 | +++++      | 7          | 10.5%         | 14.9%      |
| Neighborhood Amenities                  | ++         | 39         | 25.7%         | 35.5%      |
| Reading, Singing or Storytelling        | ++         | 37         | 55.1%         | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++</b> | <b>33</b>  | <b>0.047</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |           |            |               |            |
| Adequate Prenatal Care                  | +++       | 22         | 77.7%         | 74.7%      |
| Avoided Care Due to Cost                | ++        | 31         | 17.1%         | 17.5%      |
| Publicly-funded Women's Health Services | +         | 45         | 17%           | 29%        |
| Uninsured                               | +++       | 30         | 11.9%         | 12.9%      |
| Women's Health Providers                | ++        | 34         | 43.1          | 49.5       |
| <b>Preventive Clinical Care</b>         |           |            |               |            |
| Cervical Cancer Screening               | +++       | 27         | 77.1%         | 77.1%      |
| Dental Visit                            | +         | 42         | 63.2%         | 65.5%      |
| Flu Vaccination                         | +++       | 30         | 38.9%         | 38.9%      |
| Postpartum Visit†                       | —         | —          | —             | 88.4%      |
| Well-woman Visit                        | ++++      | 20         | 73.8%         | 72.0%      |
| <b>Quality of Care</b>                  |           |            |               |            |
| Breastfeeding Initiation†               | —         | —          | 82.5%         | 83.9%      |
| Dedicated Health Care Provider          | ++++      | 19         | 74.6%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++       | 21         | 24.4%         | 25.9%      |
| Maternity Practices Score               | ++++      | 13         | 83            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+</b>  | <b>41</b>  | <b>-0.680</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |           |            |               |            |
| Exercise                                | +++       | 30         | 21.1%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++++      | 19         | 10.9%         | 10.4%      |
| Physical Inactivity                     | +         | 44         | 25.8%         | 22.3%      |
| <b>Sexual Health</b>                    |           |            |               |            |
| Chlamydia                               | ++        | 33         | 1,697.2       | 1,552.8    |
| High-risk HIV Behaviors                 | +++       | 24         | 9.6%          | 9.6%       |
| Unintended Pregnancy†                   | —         | —          | —             | 28.5%      |
| <b>Sleep Health</b>                     |           |            |               |            |
| Insufficient Sleep                      | +         | 44         | 38.3%         | 33.4%      |
| <b>Tobacco Use</b>                      |           |            |               |            |
| E-cigarette Use†                        | —         | —          | 9.5%          | 7.6%       |
| Smoking                                 | ++        | 39         | 19.3%         | 13.4%      |
| Smoking During Pregnancy                | ++        | 40         | 10.9%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++</b> | <b>40</b>  | <b>-0.655</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |           |            |               |            |
| Drug Deaths†                            | +         | 42         | 34.4          | 22.4       |
| Excessive Drinking                      | +++++     | 9          | 17.1%         | 19.4%      |
| Frequent Mental Distress                | ++        | 40         | 23.1%         | 19.4%      |
| Illicit Drug Use                        | +         | 43         | 13.2%         | 10.8%      |
| Postpartum Depression†                  | —         | —          | —             | 13.6%      |
| <b>Mortality</b>                        |           |            |               |            |
| Maternal Mortality†                     | —         | —          | 29.3          | 19.3       |
| Mortality Rate                          | ++        | 37         | 143.7         | 117.3      |
| <b>Physical Health</b>                  |           |            |               |            |
| Frequent Physical Distress              | ++        | 37         | 8.9%          | 7.5%       |
| High Blood Pressure                     | ++        | 32         | 11.4%         | 10.6%      |
| High Health Status†                     | ++        | 34         | 57.3%         | 57.4%      |
| Multiple Chronic Conditions             | ++        | 35         | 5.1%          | 4.1%       |
| Obesity                                 | +         | 42         | 36.3%         | 30.4%      |
| Severe Maternal Morbidity†              | —         | —          | 67.5          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++</b> | <b>40</b>  | <b>-0.379</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating    | State Rank | State Value   | U.S. Value |
|----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+</b>  | <b>43</b>  | <b>-0.499</b> | <b>—</b>   |
| <b>Access to Care</b>                  |           |            |               |            |
| ADD/ADHD Treatment                     | +++++     | 5          | 4.7%          | 2.8%       |
| Pediatricians                          | ++        | 39         | 79.5          | 107.2      |
| Uninsured                              | ++        | 39         | 7.1%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |           |            |               |            |
| Childhood Immunizations                | ++        | 40         | 68.1%         | 70.5%      |
| HPV Vaccination                        | ++        | 36         | 53.4%         | 58.6%      |
| Preventive Dental Care                 | ++        | 32         | 74.5%         | 75.1%      |
| Well-child Visit                       | ++        | 35         | 75.4%         | 76.7%      |
| <b>Quality of Care</b>                 |           |            |               |            |
| Adequate Insurance                     | +         | 41         | 64.5%         | 68.2%      |
| Developmental Screening                | +         | 49         | 19.2%         | 34.8%      |
| Medical Home                           | +         | 41         | 45.4%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++</b> | <b>37</b>  | <b>-0.378</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |           |            |               |            |
| Breastfed                              | +         | 43         | 21.5%         | 24.9%      |
| Food Sufficiency                       | ++        | 36         | 68.6%         | 71.9%      |
| Physical Activity                      | ++++      | 11         | 25.0%         | 20.5%      |
| Soda Consumption — Youth†              | —         | —          | —             | 9.3%       |
| <b>Sexual Health — Youth</b>           |           |            |               |            |
| Dual Contraceptive Nonuse†             | —         | —          | —             | 90.9%      |
| Teen Births                            | ++        | 37         | 18.7          | 15.4       |
| <b>Sleep Health</b>                    |           |            |               |            |
| Adequate Sleep                         | ++        | 37         | 63.7%         | 66.6%      |
| Sleep Position†                        | —         | —          | —             | 80.2%      |
| <b>Tobacco Use — Youth</b>             |           |            |               |            |
| Electronic Vapor Product Use†          | —         | —          | —             | 32.7%      |
| Tobacco Use                            | ++        | 38         | 4.2%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+</b>  | <b>46</b>  | <b>-0.486</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |           |            |               |            |
| Alcohol Use — Youth                    | ++++      | 16         | 8.4%          | 8.8%       |
| Anxiety                                | +         | 44         | 13.0%         | 9.2%       |
| Depression                             | +         | 48         | 7.1%          | 4.2%       |
| Flourishing                            | +         | 48         | 63.4%         | 66.6%      |
| Illicit Drug Use — Youth               | +++       | 29         | 7.5%          | 7.7%       |
| Teen Suicide†                          | —         | —          | 12.1          | 10.8       |
| <b>Mortality</b>                       |           |            |               |            |
| Child Mortality                        | ++        | 36         | 31.3          | 25.9       |
| Infant Mortality                       | ++        | 40         | 6.6           | 5.6        |
| <b>Physical Health</b>                 |           |            |               |            |
| Asthma                                 | +++       | 27         | 6.7%          | 6.9%       |
| High Health Status†                    | ++        | 37         | 89.9%         | 90.2%      |
| Low Birthweight                        | +++       | 23         | 8.1%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++++      | 20         | 1.9           | 2.0        |
| Neonatal Abstinence Syndrome†          | —         | —          | 7.7           | 6.1        |
| Overweight or Obesity — Youth          | ++++      | 15         | 30.1%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++</b> | <b>40</b>  | <b>-0.292</b> | <b>—</b>   |

|                                      |           |           |               |          |
|--------------------------------------|-----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++</b> | <b>39</b> | <b>-0.347</b> | <b>—</b> |
|--------------------------------------|-----------|-----------|---------------|----------|

# Iowa

State Health Department Website: [idph.iowa.gov](https://idph.iowa.gov)

Overall Rank:

17

## Summary

### Strengths:

- Low percentage of low birthweight infants
- Low percentage of household food insecurity
- Low prevalence of students experiencing homelessness

### Challenges:

- High prevalence of excessive drinking among women
- High prevalence of tobacco use among adolescents
- High racial disparity between Black and white children in poverty

### Highlights:

#### FREQUENT MENTAL DISTRESS

▲54%

from 14.1% to 21.7%  
of women ages 18-44  
between 2014-2015  
and 2019-2020.

#### INFANT MORTALITY

▼11%

from 5.6 to 5.0 deaths  
per 1,000 live births  
between 2016-2017  
and 2018-2019.

#### WELL-WOMAN VISITS

▲11%

from 69.7% to 77.3%  
of women ages 18-44  
between 2014-2015  
and 2019-2020.

#### PREVENTIVE DENTAL CARE

▼8%

from 86.1% to 79.5%  
of children ages 1-17  
between 2018-2019  
and 2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 7          | 0.685       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | —          | 3.5         | 5.1        |
| Intimate Partner Violence Before Pregnancy†   | —      | —          | 2.7%        | 2.5%       |
| Violent Crime                                 | ++++   | 13         | 267         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 11         | 13.2%       | 26.1%      |
| Food Insecurity                               | +++++  | 2          | 6.9%        | 10.7%      |
| Gender Pay Gap†                               | ++     | 33         | 78.1%       | 81.0%      |
| Poverty                                       | ++     | 35         | 16.6%       | 15.2%      |
| Unemployment                                  | +++++  | 7          | 5.4%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++    | 26         | 35.2%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +++    | 23         | 11.7%       | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 20         | 63          | —          |
| Voter Participation                           | ++++   | 12         | 65.7%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++++   | 19         | 0.116       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++    | 28         | 7.5         | 8.3        |
| Drinking Water Violations                     | +++++  | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | +++    | 29         | 15.3%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++    | 25         | 2,884,505   | —          |
| Water Fluoridation                            | ++++   | 13         | 90.3%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | +++    | 24         | 2           | —          |
| Transportation Energy Use†                    | ++     | 33         | 8.8         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++    | 28         | 79.6%       | 75.4%      |
| Housing With Lead Risk                        | +      | 45         | 26.1%       | 17.6%      |
| Severe Housing Problems                       | +++++  | 3          | 11.8%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 16         | 0.205       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | +      | 41         | 14.6%       | 8.4%       |
| Firearm Deaths†                         | —      | —          | 3.4         | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 14         | 13.0%       | 16.8%      |
| Children in Poverty Racial Disparity    | +      | 42         | 4.2         | 3.0        |
| High-speed Internet                     | +++    | 26         | 93.1%       | 92.6%      |
| Students Experiencing Homelessness      | +++++  | 5          | 1.2%        | 2.5%       |
| WIC Coverage                            | ++++   | 15         | 56.2%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +++    | 26         | 46.0%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++    | 23         | 35.1%       | 34.3%      |
| High School Graduation                  | +++++  | 2          | 91.6%       | 85.8%      |
| High School Graduation Racial Disparity | ++     | 33         | 16.3        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +++    | 23         | 15.4%       | 14.0%      |
| Foster Care Instability                 | +++++  | 3          | 9.4%        | 14.9%      |
| Neighborhood Amenities                  | ++++   | 18         | 35.6%       | 35.5%      |
| Reading, Singing or Storytelling        | ++     | 36         | 55.2%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value   | U.S. Value |
|-----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++++</b> | <b>6</b>   | <b>0.749</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |               |            |
| Adequate Prenatal Care                  | +++++        | 5          | 84.1%         | 74.7%      |
| Avoided Care Due to Cost                | +++++        | 3          | 10.6%         | 17.5%      |
| Publicly-funded Women's Health Services | ++++         | 20         | 27%           | 29%        |
| Uninsured                               | +++++        | 4          | 6.3%          | 12.9%      |
| Women's Health Providers                | +            | 45         | 39.0          | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |               |            |
| Cervical Cancer Screening               | ++++         | 19         | 78.0%         | 77.1%      |
| Dental Visit                            | +++++        | 12         | 70.0%         | 65.5%      |
| Flu Vaccination                         | +++++        | 6          | 49.8%         | 38.9%      |
| Postpartum Visit†                       | —            | —          | 91.3%         | 88.4%      |
| Well-woman Visit                        | +++++        | 6          | 77.3%         | 72.0%      |
| <b>Quality of Care</b>                  |              |            |               |            |
| Breastfeeding Initiation†               | —            | —          | 83.0%         | 83.9%      |
| Dedicated Health Care Provider          | +++++        | 6          | 82.9%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++          | 24         | 24.7%         | 25.9%      |
| Maternity Practices Score               | +            | 41         | 75            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++</b>    | <b>37</b>  | <b>-0.414</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |               |            |
| Exercise                                | ++           | 36         | 19.4%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++           | 32         | 9.0%          | 10.4%      |
| Physical Inactivity                     | ++++         | 18         | 20.6%         | 22.3%      |
| <b>Sexual Health</b>                    |              |            |               |            |
| Chlamydia                               | +++          | 30         | 1,668.4       | 1,552.8    |
| High-risk HIV Behaviors                 | ++           | 37         | 10.6%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 20.4%         | 28.5%      |
| <b>Sleep Health</b>                     |              |            |               |            |
| Insufficient Sleep                      | ++++         | 20         | 32.1%         | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |               |            |
| E-cigarette Use†                        | —            | —          | —             | 7.6%       |
| Smoking                                 | +++          | 30         | 17.1%         | 13.4%      |
| Smoking During Pregnancy                | ++           | 39         | 10.3%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++</b>   | <b>26</b>  | <b>-0.157</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |               |            |
| Drug Deaths†                            | +++++        | 7          | 11.4          | 22.4       |
| Excessive Drinking                      | +            | 49         | 26.0%         | 19.4%      |
| Frequent Mental Distress                | +++          | 30         | 21.7%         | 19.4%      |
| Illicit Drug Use                        | +++++        | 9          | 8.9%          | 10.8%      |
| Postpartum Depression†                  | —            | —          | 7.9%          | 13.6%      |
| <b>Mortality</b>                        |              |            |               |            |
| Maternal Mortality†                     | —            | —          | 12.1          | 19.3       |
| Mortality Rate                          | +++++        | 10         | 91.8          | 117.3      |
| <b>Physical Health</b>                  |              |            |               |            |
| Frequent Physical Distress              | ++++         | 15         | 7.1%          | 7.5%       |
| High Blood Pressure                     | ++++         | 16         | 9.4%          | 10.6%      |
| High Health Status†                     | ++++         | 19         | 59.0%         | 57.4%      |
| Multiple Chronic Conditions             | +++          | 23         | 4.5%          | 4.1%       |
| Obesity                                 | ++           | 36         | 33.8%         | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 56.0          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++</b>   | <b>21</b>  | <b>0.164</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value  | U.S. Value |
|----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++++</b> | <b>8</b>   | <b>0.805</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |              |            |
| ADD/ADHD Treatment                     | +++++        | 3          | 4.9%         | 2.8%       |
| Pediatricians                          | ++           | 35         | 80.9         | 107.2      |
| Uninsured                              | +++++        | 6          | 2.9%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |              |            |
| Childhood Immunizations                | ++++         | 15         | 73.8%        | 70.5%      |
| HPV Vaccination                        | +++          | 24         | 60.3%        | 58.6%      |
| Preventive Dental Care                 | ++++         | 12         | 79.5%        | 75.1%      |
| Well-child Visit                       | +++++        | 6          | 82.1%        | 76.7%      |
| <b>Quality of Care</b>                 |              |            |              |            |
| Adequate Insurance                     | ++++         | 11         | 71.8%        | 68.2%      |
| Developmental Screening                | +++          | 29         | 35.0%        | 34.8%      |
| Medical Home                           | +++++        | 4          | 54.2%        | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++</b>   | <b>21</b>  | <b>0.303</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |              |            |
| Breastfed                              | +++          | 23         | 27.0%        | 24.9%      |
| Food Sufficiency                       | +++          | 22         | 73.2%        | 71.9%      |
| Physical Activity                      | ++++         | 14         | 24.8%        | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 10.7%        | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |              |            |
| Dual Contraceptive Nonuse†             | —            | —          | 84.0%        | 90.9%      |
| Teen Births                            | +++          | 21         | 13.3         | 15.4       |
| <b>Sleep Health</b>                    |              |            |              |            |
| Adequate Sleep                         | ++++         | 12         | 71.2%        | 66.6%      |
| Sleep Position†                        | —            | —          | 85.7%        | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |              |            |
| Electronic Vapor Product Use†          | +            | 42         | 20.1%        | 32.7%      |
| Tobacco Use                            | +            | 42         | 4.5%         | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++++</b>  | <b>14</b>  | <b>0.089</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |              |            |
| Alcohol Use — Youth                    | ++           | 31         | 9.2%         | 8.8%       |
| Anxiety                                | ++           | 32         | 10.8%        | 9.2%       |
| Depression                             | ++           | 31         | 4.8%         | 4.2%       |
| Flourishing                            | +++          | 27         | 66.1%        | 66.6%      |
| Illicit Drug Use — Youth               | ++           | 33         | 8.0%         | 7.7%       |
| Teen Suicide†                          | —            | —          | 13.3         | 10.8       |
| <b>Mortality</b>                       |              |            |              |            |
| Child Mortality                        | +++          | 22         | 26.0         | 25.9       |
| Infant Mortality                       | ++++         | 14         | 5.0          | 5.6        |
| <b>Physical Health</b>                 |              |            |              |            |
| Asthma                                 | +++++        | 9          | 5.6%         | 6.9%       |
| High Health Status†                    | +++          | 22         | 91.3%        | 90.2%      |
| Low Birthweight                        | +++++        | 6          | 6.9%         | 8.2%       |
| Low Birthweight Racial Disparity       | ++++         | 20         | 1.9          | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 3.2          | 6.1        |
| Overweight or Obesity — Youth          | ++           | 37         | 34.5%        | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++++</b>  | <b>15</b>  | <b>0.247</b> | <b>—</b>   |

|                                      |             |           |              |          |
|--------------------------------------|-------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++++</b> | <b>17</b> | <b>0.218</b> | <b>—</b> |
|--------------------------------------|-------------|-----------|--------------|----------|

# Kansas

State Health Department Website: [kdheks.gov](https://kdheks.gov)

Overall Rank:

## 26

## Summary

### Strengths:

- High prevalence of reading, singing or storytelling
- High prevalence of physical activity among children
- High prevalence of dental visits among women

### Challenges:

- High prevalence of multiple chronic conditions among women
- High prevalence of adverse childhood experiences (ACEs)
- Low supply of pediatricians

### Highlights:

#### FIREARM DEATHS

## ▲124%

from 2.9 to 6.5 deaths per 100,000 children ages 1-19 between 2013-2015 and 2018-2020.

#### FREQUENT MENTAL DISTRESS

## ▲36%

from 16.6% to 22.5% of women ages 18-44 between 2017-2018 and 2019-2020.

#### HOUSEHOLD SMOKE

## ▼36%

from 19.6% to 12.6% of children ages 0-17 between 2018-2019 and 2020-2021.

#### WELL-WOMAN VISITS

## ▲12%

from 64.4% to 72.0% of women ages 18-44 between 2014-2015 and 2019-2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 19         | 0.325       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 6.7        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 3.1%       | 2.5%        |            |
| Violent Crime                                 | ++     | 34         | 411         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 15         | 14.3%       | 26.1%      |
| Food Insecurity                               | ++     | 31         | 11.3%       | 10.7%      |
| Gender Pay Gap†                               | +++    | 29         | 79.2%       | 81.0%      |
| Poverty                                       | +++    | 29         | 15.9%       | 15.2%      |
| Unemployment                                  | +++++  | 9          | 5.6%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 17         | 38.3%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | ++     | 40         | 13.5%       | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 16         | 60          | —          |
| Voter Participation                           | +++    | 24         | 62.2%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++     | 37         | -0.129      | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++    | 30         | 7.6         | 8.3        |
| Drinking Water Violations                     | +      | 41         | 1.7%        | 0.8%       |
| Household Smoke                               | ++++   | 16         | 12.6%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +      | 43         | 9,747,054   | —          |
| Water Fluoridation                            | ++     | 33         | 65.1%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++     | 37         | 0           | —          |
| Transportation Energy Use†                    | ++     | 34         | 8.9         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +      | 44         | 82.2%       | 75.4%      |
| Housing With Lead Risk                        | ++     | 34         | 21.4%       | 17.6%      |
| Severe Housing Problems                       | +++++  | 8          | 12.8%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +++    | 24         | 0.016       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | +++++  | 7          | 3.4%        | 8.4%       |
| Firearm Deaths†                         | —      | 6.5        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++    | 23         | 14.7%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++     | 33         | 3.6         | 3.0        |
| High-speed Internet                     | ++     | 32         | 92.4%       | 92.6%      |
| Students Experiencing Homelessness      | +++++  | 10         | 1.5%        | 2.5%       |
| WIC Coverage                            | +++    | 30         | 51.7%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 20         | 47.9%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++     | 32         | 33.8%       | 34.3%      |
| High School Graduation                  | ++++   | 20         | 87.2%       | 85.8%      |
| High School Graduation Racial Disparity | ++++   | 19         | 13.3        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++     | 38         | 17.7%       | 14.0%      |
| Foster Care Instability                 | +      | 43         | 20.7%       | 14.9%      |
| Neighborhood Amenities                  | ++++   | 20         | 35.4%       | 35.5%      |
| Reading, Singing or Storytelling        | +++++  | 4          | 65.8%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating     | State Rank | State Value   | U.S. Value |
|-----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b> | <b>26</b>  | <b>0.226</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |            |            |               |            |
| Adequate Prenatal Care                  | +++++      | 6          | 83.5%         | 74.7%      |
| Avoided Care Due to Cost                | ++         | 38         | 19.2%         | 17.5%      |
| Publicly-funded Women's Health Services | +          | 42         | 18%           | 29%        |
| Uninsured                               | ++         | 35         | 14.4%         | 12.9%      |
| Women's Health Providers                | +          | 42         | 41.4          | 49.5       |
| <b>Preventive Clinical Care</b>         |            |            |               |            |
| Cervical Cancer Screening               | +++        | 23         | 77.5%         | 77.1%      |
| Dental Visit                            | +++++      | 8          | 71.6%         | 65.5%      |
| Flu Vaccination                         | ++++       | 19         | 43.4%         | 38.9%      |
| Postpartum Visit†                       | —          | —          | 89.6%         | 88.4%      |
| Well-woman Visit                        | ++         | 33         | 72.0%         | 72.0%      |
| <b>Quality of Care</b>                  |            |            |               |            |
| Breastfeeding Initiation†               | —          | —          | 89.6%         | 83.9%      |
| Dedicated Health Care Provider          | +++        | 24         | 73.5%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++        | 22         | 24.6%         | 25.9%      |
| Maternity Practices Score               | ++++       | 13         | 83            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++</b>  | <b>32</b>  | <b>-0.284</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |            |            |               |            |
| Exercise                                | ++         | 33         | 20.2%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++++      | 7          | 12.3%         | 10.4%      |
| Physical Inactivity                     | ++++       | 19         | 20.8%         | 22.3%      |
| <b>Sexual Health</b>                    |            |            |               |            |
| Chlamydia                               | ++         | 37         | 1,736.6       | 1,552.8    |
| High-risk HIV Behaviors                 | ++         | 35         | 10.5%         | 9.6%       |
| Unintended Pregnancy†                   | —          | —          | 32.7%         | 28.5%      |
| <b>Sleep Health</b>                     |            |            |               |            |
| Insufficient Sleep                      | +++        | 30         | 34.1%         | 33.4%      |
| <b>Tobacco Use</b>                      |            |            |               |            |
| E-cigarette Use†                        | —          | —          | —             | 7.6%       |
| Smoking                                 | +++        | 29         | 16.9%         | 13.4%      |
| Smoking During Pregnancy                | ++         | 31         | 8.2%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++</b>  | <b>36</b>  | <b>-0.518</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |            |            |               |            |
| Drug Deaths†                            | ++++       | 14         | 15.7          | 22.4       |
| Excessive Drinking                      | +++        | 28         | 20.2%         | 19.4%      |
| Frequent Mental Distress                | ++         | 35         | 22.5%         | 19.4%      |
| Illicit Drug Use                        | ++         | 35         | 12.0%         | 10.8%      |
| Postpartum Depression†                  | —          | —          | 14.3%         | 13.6%      |
| <b>Mortality</b>                        |            |            |               |            |
| Maternal Mortality†                     | —          | —          | 19.9          | 19.3       |
| Mortality Rate                          | +++        | 23         | 111.3         | 117.3      |
| <b>Physical Health</b>                  |            |            |               |            |
| Frequent Physical Distress              | ++         | 33         | 8.7%          | 7.5%       |
| High Blood Pressure                     | +++        | 28         | 10.9%         | 10.6%      |
| High Health Status†                     | ++         | 37         | 56.1%         | 57.4%      |
| Multiple Chronic Conditions             | ++         | 37         | 5.5%          | 4.1%       |
| Obesity                                 | ++         | 38         | 34.7%         | 30.4%      |
| Severe Maternal Morbidity†              | —          | —          | 66.2          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++</b>  | <b>34</b>  | <b>-0.092</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating     | State Rank | State Value   | U.S. Value |
|----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++</b> | <b>29</b>  | <b>0.070</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |            |            |               |            |
| ADD/ADHD Treatment                     | ++         | 33         | 2.5%          | 2.8%       |
| Pediatricians                          | +          | 48         | 57.8          | 107.2      |
| Uninsured                              | ++         | 32         | 5.8%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |            |            |               |            |
| Childhood Immunizations                | +++        | 27         | 71.2%         | 70.5%      |
| HPV Vaccination                        | ++         | 37         | 53.3%         | 58.6%      |
| Preventive Dental Care                 | ++++       | 19         | 77.5%         | 75.1%      |
| Well-child Visit                       | +++        | 24         | 78.3%         | 76.7%      |
| <b>Quality of Care</b>                 |            |            |               |            |
| Adequate Insurance                     | ++         | 35         | 66.4%         | 68.2%      |
| Developmental Screening                | ++++       | 19         | 40.2%         | 34.8%      |
| Medical Home                           | +++++      | 8          | 52.3%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++</b> | <b>25</b>  | <b>0.148</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |            |            |               |            |
| Breastfed                              | ++++       | 11         | 29.2%         | 24.9%      |
| Food Sufficiency                       | +++        | 27         | 71.1%         | 71.9%      |
| Physical Activity                      | ++++       | 16         | 24.4%         | 20.5%      |
| Soda Consumption — Youth†              | —          | —          | 9.2%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |            |            |               |            |
| Dual Contraceptive Nonuse†             | —          | —          | 89.3%         | 90.9%      |
| Teen Births                            | ++         | 34         | 18.1          | 15.4       |
| <b>Sleep Health</b>                    |            |            |               |            |
| Adequate Sleep                         | +++        | 24         | 67.8%         | 66.6%      |
| Sleep Position†                        | —          | —          | 82.3%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |            |            |               |            |
| Electronic Vapor Product Use†          | —          | —          | 22.0%         | 32.7%      |
| Tobacco Use                            | ++         | 32         | 3.8%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++</b> | <b>21</b>  | <b>-0.048</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |            |            |               |            |
| Alcohol Use — Youth                    | ++         | 31         | 9.2%          | 8.8%       |
| Anxiety                                | ++         | 35         | 11.1%         | 9.2%       |
| Depression                             | ++++       | 13         | 3.7%          | 4.2%       |
| Flourishing                            | +++++      | 10         | 68.2%         | 66.6%      |
| Illicit Drug Use — Youth               | +++        | 28         | 7.4%          | 7.7%       |
| Teen Suicide†                          | —          | —          | 19.3          | 10.8       |
| <b>Mortality</b>                       |            |            |               |            |
| Child Mortality                        | ++         | 32         | 29.5          | 25.9       |
| Infant Mortality                       | +++        | 25         | 5.9           | 5.6        |
| <b>Physical Health</b>                 |            |            |               |            |
| Asthma                                 | ++         | 36         | 7.8%          | 6.9%       |
| High Health Status†                    | +++        | 25         | 91.1%         | 90.2%      |
| Low Birthweight                        | ++++       | 13         | 7.2%          | 8.2%       |
| Low Birthweight Racial Disparity       | +          | 47         | 2.2           | 2.0        |
| Neonatal Abstinence Syndrome†          | —          | —          | 3.6           | 6.1        |
| Overweight or Obesity — Youth          | ++++       | 14         | 29.5%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++</b> | <b>27</b>  | <b>0.002</b>  | <b>—</b>   |

|                                      |            |           |               |          |
|--------------------------------------|------------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++</b> | <b>26</b> | <b>-0.032</b> | <b>—</b> |
|--------------------------------------|------------|-----------|---------------|----------|



# Kentucky

State Health Department Website: [chfs.ky.gov/agencies/dph](https://chfs.ky.gov/agencies/dph)

Overall Rank:

42

## Summary

### Strengths:

- Low prevalence of illicit drug use among women
- High prevalence of cervical cancer screening
- Low racial disparity between Black and white children in poverty

### Challenges:

- High prevalence of multiple chronic conditions among women
- High prevalence of cigarette smoking among women
- High prevalence of adverse childhood experiences (ACEs)

### Highlights:

#### FIREARM DEATHS

▲ **83%**

from 3.6 to 6.6 deaths  
per 100,000 children  
ages 1-19 between 2013-  
2015 and 2018-2020.

#### FREQUENT MENTAL DISTRESS

▲ **55%**

from 17.0% to 26.3%  
of women ages 18-44  
between 2014-2015  
and 2019-2020.

#### FLU VACCINATION

▲ **27%**

from 30.3% to 38.5%  
of women ages 18-44  
between 2017-2018  
and 2019-2020.

#### NEONATAL ABSTINENCE SYNDROME

▼ **23%**

from 23.9 to 18.3  
diagnoses per 1,000 birth  
hospitalizations between  
2017 and 2019.

## Women

| Measures                                      | Rating     | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|------------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>++</b>  | <b>37</b>  | <b>-0.202</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |            |            |               |            |
| Firearm Deaths†                               | —          | 8.0        | 5.1           |            |
| Intimate Partner Violence Before Pregnancy†   | —          | 4.6%       | 2.5%          |            |
| Violent Crime                                 | +++++      | 7          | 217           | 379        |
| <b>Economic Resources</b>                     |            |            |               |            |
| Concentrated Disadvantage                     | ++         | 40         | 30.7%         | 26.1%      |
| Food Insecurity                               | +          | 45         | 13.8%         | 10.7%      |
| Gender Pay Gap†                               | ++         | 32         | 78.6%         | 81.0%      |
| Poverty                                       | +          | 46         | 20.0%         | 15.2%      |
| Unemployment                                  | ++++       | 13         | 6.2%          | 8.3%       |
| <b>Education</b>                              |            |            |               |            |
| College Graduate                              | ++         | 40         | 30.5%         | 35.6%      |
| <b>Social Support and Engagement</b>          |            |            |               |            |
| Infant Child Care Cost†                       | +++++      | 3          | 8.8%          | 12.0%      |
| Residential Segregation — Black/White         | ++++       | 20         | 63            | —          |
| Voter Participation                           | +++        | 25         | 62.1%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>+++</b> | <b>30</b>  | <b>0.013</b>  | <b>—</b>   |
| <b>Air and Water Quality</b>                  |            |            |               |            |
| Air Pollution                                 | ++         | 33         | 7.8           | 8.3        |
| Drinking Water Violations                     | +++++      | 1          | 0.0%          | 0.8%       |
| Household Smoke                               | +          | 49         | 22.6%         | 13.8%      |
| Risk-screening Environmental Indicators Score | ++         | 31         | 4,278,582     | —          |
| Water Fluoridation                            | +++++      | 1          | 99.8%         | 73.0%      |
| <b>Climate Change</b>                         |            |            |               |            |
| Climate Change Policies†                      | +++        | 28         | 1             | —          |
| Transportation Energy Use†                    | +          | 41         | 10.4          | 7.4        |
| <b>Housing and Transportation</b>             |            |            |               |            |
| Drive Alone to Work                           | ++         | 38         | 81.4%         | 75.4%      |
| Housing With Lead Risk                        | +++        | 23         | 15.6%         | 17.6%      |
| Severe Housing Problems                       | ++++       | 12         | 13.5%         | 17.3%      |

## Children

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>++</b> | <b>35</b>  | <b>-0.324</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |           |            |               |            |
| Child Victimization†                    | +         | 46         | 16.7%         | 8.4%       |
| Firearm Deaths†                         | —         | 6.6        | 4.7           |            |
| <b>Economic Resources</b>               |           |            |               |            |
| Children in Poverty                     | +         | 46         | 21.7%         | 16.8%      |
| Children in Poverty Racial Disparity    | +++++     | 2          | 2.0           | 3.0        |
| High-speed Internet                     | ++        | 33         | 92.1%         | 92.6%      |
| Students Experiencing Homelessness      | +         | 42         | 3.1%          | 2.5%       |
| WIC Coverage                            | +++       | 23         | 53.8%         | 54.6%      |
| <b>Education</b>                        |           |            |               |            |
| Early Childhood Education               | +         | 45         | 37.8%         | 48.9%      |
| Fourth Grade Reading Proficiency        | +++       | 23         | 35.1%         | 34.3%      |
| High School Graduation                  | +++++     | 4          | 90.6%         | 85.8%      |
| High School Graduation Racial Disparity | +++++     | 8          | 8.9           | 15.1       |
| <b>Social Support and Engagement</b>    |           |            |               |            |
| Adverse Childhood Experiences           | +         | 46         | 19.5%         | 14.0%      |
| Foster Care Instability                 | +++       | 27         | 15.2%         | 14.9%      |
| Neighborhood Amenities                  | +         | 44         | 19.8%         | 35.5%      |
| Reading, Singing or Storytelling        | +++       | 26         | 57.7%         | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating     | State Rank | State Value   | U.S. Value |
|-----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b> | <b>30</b>  | <b>0.191</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |            |            |               |            |
| Adequate Prenatal Care                  | ++++       | 11         | 78.9%         | 74.7%      |
| Avoided Care Due to Cost                | ++++       | 12         | 13.4%         | 17.5%      |
| Publicly-funded Women's Health Services | +++        | 30         | 23%           | 29%        |
| Uninsured                               | ++++       | 17         | 9.1%          | 12.9%      |
| Women's Health Providers                | ++         | 36         | 42.4          | 49.5       |
| <b>Preventive Clinical Care</b>         |            |            |               |            |
| Cervical Cancer Screening               | +++++      | 2          | 83.7%         | 77.1%      |
| Dental Visit                            | ++         | 32         | 65.7%         | 65.5%      |
| Flu Vaccination                         | ++         | 31         | 38.5%         | 38.9%      |
| Postpartum Visit†                       | —          | —          | 86.0%         | 88.4%      |
| Well-woman Visit                        | +++        | 26         | 72.8%         | 72.0%      |
| <b>Quality of Care</b>                  |            |            |               |            |
| Breastfeeding Initiation†               | —          | —          | 71.9%         | 83.9%      |
| Dedicated Health Care Provider          | ++++       | 17         | 76.5%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++         | 40         | 27.7%         | 25.9%      |
| Maternity Practices Score               | +          | 46         | 73            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+</b>   | <b>47</b>  | <b>-1.048</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |            |            |               |            |
| Exercise                                | +          | 49         | 15.9%         | 21.5%      |
| Fruit and Vegetable Consumption         | +          | 46         | 7.3%          | 10.4%      |
| Physical Inactivity                     | +          | 42         | 25.0%         | 22.3%      |
| <b>Sexual Health</b>                    |            |            |               |            |
| Chlamydia                               | ++++       | 20         | 1,452.8       | 1,552.8    |
| High-risk HIV Behaviors                 | +++        | 30         | 10.0%         | 9.6%       |
| Unintended Pregnancy†                   | —          | —          | 33.8%         | 28.5%      |
| <b>Sleep Health</b>                     |            |            |               |            |
| Insufficient Sleep                      | ++         | 34         | 36.2%         | 33.4%      |
| <b>Tobacco Use</b>                      |            |            |               |            |
| E-cigarette Use†                        | —          | —          | 12.6%         | 7.6%       |
| Smoking                                 | +          | 49         | 25.5%         | 13.4%      |
| Smoking During Pregnancy                | +          | 49         | 14.8%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+</b>   | <b>47</b>  | <b>-1.191</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |            |            |               |            |
| Drug Deaths†                            | +          | 47         | 41.7          | 22.4       |
| Excessive Drinking                      | ++++       | 11         | 17.9%         | 19.4%      |
| Frequent Mental Distress                | +          | 48         | 26.3%         | 19.4%      |
| Illicit Drug Use                        | +++++      | 3          | 8.0%          | 10.8%      |
| Postpartum Depression†                  | —          | —          | 13.9%         | 13.6%      |
| <b>Mortality</b>                        |            |            |               |            |
| Maternal Mortality†                     | —          | —          | 34.6          | 19.3       |
| Mortality Rate                          | +          | 46         | 179.0         | 117.3      |
| <b>Physical Health</b>                  |            |            |               |            |
| Frequent Physical Distress              | +          | 47         | 9.9%          | 7.5%       |
| High Blood Pressure                     | +          | 49         | 19.5%         | 10.6%      |
| High Health Status†                     | +          | 45         | 52.8%         | 57.4%      |
| Multiple Chronic Conditions             | +          | 49         | 7.0%          | 4.1%       |
| Obesity                                 | +          | 43         | 37.0%         | 30.4%      |
| Severe Maternal Morbidity†              | —          | —          | 70.0          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+</b>   | <b>44</b>  | <b>-0.492</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating     | State Rank | State Value   | U.S. Value |
|----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++</b> | <b>22</b>  | <b>0.275</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |            |            |               |            |
| ADD/ADHD Treatment                     | +++++      | 5          | 4.7%          | 2.8%       |
| Pediatricians                          | +++        | 30         | 91.3          | 107.2      |
| Uninsured                              | ++++       | 19         | 4.3%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |            |            |               |            |
| Childhood Immunizations                | +++        | 22         | 72.6%         | 70.5%      |
| HPV Vaccination                        | +++        | 29         | 55.7%         | 58.6%      |
| Preventive Dental Care                 | +          | 41         | 73.7%         | 75.1%      |
| Well-child Visit                       | ++++       | 12         | 80.3%         | 76.7%      |
| <b>Quality of Care</b>                 |            |            |               |            |
| Adequate Insurance                     | ++++       | 11         | 71.8%         | 68.2%      |
| Developmental Screening                | +          | 43         | 25.9%         | 34.8%      |
| Medical Home                           | ++++       | 17         | 50.0%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+</b>   | <b>46</b>  | <b>-0.852</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |            |            |               |            |
| Breastfed                              | +          | 44         | 21.2%         | 24.9%      |
| Food Sufficiency                       | +          | 43         | 67.1%         | 71.9%      |
| Physical Activity                      | +++        | 21         | 23.6%         | 20.5%      |
| Soda Consumption — Youth†              | —          | —          | 17.6%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |            |            |               |            |
| Dual Contraceptive Nonuse†             | —          | —          | 88.8%         | 90.9%      |
| Teen Births                            | +          | 45         | 23.8          | 15.4       |
| <b>Sleep Health</b>                    |            |            |               |            |
| Adequate Sleep                         | ++         | 39         | 62.8%         | 66.6%      |
| Sleep Position†                        | —          | —          | 82.2%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |            |            |               |            |
| Electronic Vapor Product Use†          | —          | —          | 26.1%         | 32.7%      |
| Tobacco Use                            | +          | 46         | 5.5%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+</b>   | <b>45</b>  | <b>-0.465</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |            |            |               |            |
| Alcohol Use — Youth                    | +++        | 23         | 8.8%          | 8.8%       |
| Anxiety                                | +          | 46         | 13.3%         | 9.2%       |
| Depression                             | +          | 50         | 7.3%          | 4.2%       |
| Flourishing                            | +          | 43         | 64.2%         | 66.6%      |
| Illicit Drug Use — Youth               | +++++      | 5          | 5.8%          | 7.7%       |
| Teen Suicide†                          | —          | —          | 12.2          | 10.8       |
| <b>Mortality</b>                       |            |            |               |            |
| Child Mortality                        | ++         | 37         | 31.4          | 25.9       |
| Infant Mortality                       | ++++       | 18         | 5.5           | 5.6        |
| <b>Physical Health</b>                 |            |            |               |            |
| Asthma                                 | ++++       | 19         | 6.3%          | 6.9%       |
| High Health Status†                    | +          | 44         | 88.6%         | 90.2%      |
| Low Birthweight                        | ++         | 31         | 8.5%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++++       | 11         | 1.8           | 2.0        |
| Neonatal Abstinence Syndrome†          | —          | —          | 18.3          | 6.1        |
| Overweight or Obesity — Youth          | +          | 48         | 40.6%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+</b>   | <b>41</b>  | <b>-0.310</b> | <b>—</b>   |

|                                      |          |           |               |          |
|--------------------------------------|----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+</b> | <b>42</b> | <b>-0.434</b> | <b>—</b> |
|--------------------------------------|----------|-----------|---------------|----------|

# Louisiana

State Health Department Website: [ldh.la.gov](https://ldh.la.gov)

Overall Rank:

# 50

## Summary

### Strengths:

- Low prevalence of illicit drug use among youth
- High prevalence of ADD/ADHD treatment
- High prevalence of well-woman visits

### Challenges:

- High infant mortality rate
- Low percentage of female college graduates
- Low prevalence of food sufficiency among children

### Highlights:

#### TEEN BIRTHS

## ▼35%

from 39.3 to 25.7 births per 1,000 females ages 15-19 between 2013 and 2020.

#### WOMEN WHO AVOIDED CARE DUE TO COST

## ▼24%

from 21.9% to 16.7% of women ages 18-44 between 2016-2017 and 2019-2020.

#### DEPRESSION

## ▲20%

from 27.9% to 33.4% of women ages 18-44 between 2017-2018 and 2019-2020.

#### CERVICAL CANCER SCREENING

## ▼10%

from 85.9% to 77.6% of women ages 21-44 between 2014 and 2020.

## Women

| Measures                                      | Rating   | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>+</b> | <b>49</b>  | <b>-1.001</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |          |            |               |            |
| Firearm Deaths*                               | —        | 10.2       | 5.1           |            |
| Intimate Partner Violence Before Pregnancy*   | —        | 2.5%       | 2.5%          |            |
| Violent Crime                                 | +        | 46         | 549           | 379        |
| <b>Economic Resources</b>                     |          |            |               |            |
| Concentrated Disadvantage                     | +        | 48         | 42.4%         | 26.1%      |
| Food Insecurity                               | +        | 48         | 14.8%         | 10.7%      |
| Gender Pay Gap*                               | +        | 48         | 71.3%         | 81.0%      |
| Poverty                                       | +        | 48         | 23.0%         | 15.2%      |
| Unemployment                                  | ++       | 34         | 8.0%          | 8.3%       |
| <b>Education</b>                              |          |            |               |            |
| College Graduate                              | +        | 47         | 26.6%         | 35.6%      |
| <b>Social Support and Engagement</b>          |          |            |               |            |
| Infant Child Care Cost*                       | +++++    | 5          | 9.0%          | 12.0%      |
| Residential Segregation — Black/White         | ++++     | 11         | 58            | —          |
| Voter Participation                           | +        | 47         | 56.0%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>+</b> | <b>48</b>  | <b>-0.449</b> | <b>—</b>   |
| <b>Air and Water Quality</b>                  |          |            |               |            |
| Air Pollution                                 | ++       | 31         | 7.7           | 8.3        |
| Drinking Water Violations                     | +        | 42         | 1.8%          | 0.8%       |
| Household Smoke                               | ++       | 36         | 17.5%         | 13.8%      |
| Risk-screening Environmental Indicators Score | +        | 46         | 15,462,048    | —          |
| Water Fluoridation                            | +        | 45         | 39.0%         | 73.0%      |
| <b>Climate Change</b>                         |          |            |               |            |
| Climate Change Policies*                      | +++      | 28         | 1             | —          |
| Transportation Energy Use*                    | +        | 47         | 13.1          | 7.4        |
| <b>Housing and Transportation</b>             |          |            |               |            |
| Drive Alone to Work                           | +        | 42         | 81.9%         | 75.4%      |
| Housing With Lead Risk                        | ++++     | 18         | 13.1%         | 17.6%      |
| Severe Housing Problems                       | +++      | 30         | 15.7%         | 17.3%      |

## Children

| Measures                                | Rating   | State Rank | State Value   | U.S. Value |
|-----------------------------------------|----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>+</b> | <b>50</b>  | <b>-1.112</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |          |            |               |            |
| Child Victimization*                    | ++++     | 19         | 6.3%          | 8.4%       |
| Firearm Deaths*                         | —        | 10.1       | 4.7           |            |
| <b>Economic Resources</b>               |          |            |               |            |
| Children in Poverty                     | +        | 49         | 27.0%         | 16.8%      |
| Children in Poverty Racial Disparity    | +++      | 23         | 3.3           | 3.0        |
| High-speed Internet                     | +        | 47         | 88.2%         | 92.6%      |
| Students Experiencing Homelessness      | +++      | 30         | 2.2%          | 2.5%       |
| WIC Coverage                            | +        | 41         | 45.2%         | 54.6%      |
| <b>Education</b>                        |          |            |               |            |
| Early Childhood Education               | ++++     | 15         | 50.8%         | 48.9%      |
| Fourth Grade Reading Proficiency        | +        | 48         | 25.7%         | 34.3%      |
| High School Graduation                  | +        | 47         | 80.1%         | 85.8%      |
| High School Graduation Racial Disparity | ++       | 38         | 18.8          | 15.1       |
| <b>Social Support and Engagement</b>    |          |            |               |            |
| Adverse Childhood Experiences           | +        | 42         | 18.6%         | 14.0%      |
| Foster Care Instability                 | ++       | 38         | 18.8%         | 14.9%      |
| Neighborhood Amenities                  | +        | 47         | 17.6%         | 35.5%      |
| Reading, Singing or Storytelling        | +        | 47         | 50.0%         | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++</b> | <b>38</b>  | <b>-0.101</b> | <b>—</b>   |
| <b>Access to Care</b>                   |           |            |               |            |
| Adequate Prenatal Care                  | +++       | 23         | 76.9%         | 74.7%      |
| Avoided Care Due to Cost                | +++       | 27         | 16.7%         | 17.5%      |
| Publicly-funded Women's Health Services | ++        | 35         | 21%           | 29%        |
| Uninsured                               | +++       | 29         | 11.6%         | 12.9%      |
| Women's Health Providers                | +         | 44         | 40.9          | 49.5       |
| <b>Preventive Clinical Care</b>         |           |            |               |            |
| Cervical Cancer Screening               | ++++      | 20         | 77.6%         | 77.1%      |
| Dental Visit                            | +         | 41         | 63.8%         | 65.5%      |
| Flu Vaccination                         | +         | 46         | 32.8%         | 38.9%      |
| Postpartum Visit†                       | —         | —          | 86.3%         | 88.4%      |
| Well-woman Visit                        | +++++     | 4          | 78.0%         | 72.0%      |
| <b>Quality of Care</b>                  |           |            |               |            |
| Breastfeeding Initiation†               | —         | —          | 70.9%         | 83.9%      |
| Dedicated Health Care Provider          | ++++      | 18         | 75.3%         | 71.1%      |
| Low-risk Cesarean Delivery              | +         | 49         | 29.4%         | 25.9%      |
| Maternity Practices Score               | +++       | 24         | 81            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+</b>  | <b>49</b>  | <b>-1.183</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |           |            |               |            |
| Exercise                                | +         | 45         | 17.6%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++        | 33         | 8.7%          | 10.4%      |
| Physical Inactivity                     | +         | 49         | 29.3%         | 22.3%      |
| <b>Sexual Health</b>                    |           |            |               |            |
| Chlamydia                               | +         | 49         | 2,384.3       | 1,552.8    |
| High-risk HIV Behaviors                 | +         | 45         | 11.3%         | 9.6%       |
| Unintended Pregnancy†                   | —         | —          | 40.4%         | 28.5%      |
| <b>Sleep Health</b>                     |           |            |               |            |
| Insufficient Sleep                      | +         | 43         | 38.1%         | 33.4%      |
| <b>Tobacco Use</b>                      |           |            |               |            |
| E-cigarette Use†                        | —         | —          | —             | 7.6%       |
| Smoking                                 | ++        | 40         | 19.4%         | 13.4%      |
| Smoking During Pregnancy                | ++++      | 17         | 5.0%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+</b>  | <b>48</b>  | <b>-1.380</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |           |            |               |            |
| Drug Deaths†                            | +         | 41         | 33.3          | 22.4       |
| Excessive Drinking                      | +++       | 21         | 19.0%         | 19.4%      |
| Frequent Mental Distress                | +         | 47         | 25.6%         | 19.4%      |
| Illicit Drug Use                        | +         | 45         | 13.6%         | 10.8%      |
| Postpartum Depression†                  | —         | —          | 16.8%         | 13.6%      |
| <b>Mortality</b>                        |           |            |               |            |
| Maternal Mortality†                     | —         | —          | 38.7          | 19.3       |
| Mortality Rate                          | +         | 45         | 176.8         | 117.3      |
| <b>Physical Health</b>                  |           |            |               |            |
| Frequent Physical Distress              | +         | 45         | 9.7%          | 7.5%       |
| High Blood Pressure                     | +         | 47         | 18.7%         | 10.6%      |
| High Health Status†                     | ++        | 39         | 55.2%         | 57.4%      |
| Multiple Chronic Conditions             | +         | 41         | 5.8%          | 4.1%       |
| Obesity                                 | +         | 48         | 38.9%         | 30.4%      |
| Severe Maternal Morbidity†              | —         | —          | 74.9          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+</b>  | <b>50</b>  | <b>-0.869</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating    | State Rank | State Value   | U.S. Value |
|----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++</b> | <b>38</b>  | <b>-0.216</b> | <b>—</b>   |
| <b>Access to Care</b>                  |           |            |               |            |
| ADD/ADHD Treatment                     | +++++     | 2          | 5.2%          | 2.8%       |
| Pediatricians                          | +++       | 29         | 94.0          | 107.2      |
| Uninsured                              | +++       | 21         | 4.4%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |           |            |               |            |
| Childhood Immunizations                | +         | 49         | 64.3%         | 70.5%      |
| HPV Vaccination                        | +++       | 23         | 60.4%         | 58.6%      |
| Preventive Dental Care                 | +         | 44         | 72.6%         | 75.1%      |
| Well-child Visit                       | ++        | 34         | 75.8%         | 76.7%      |
| <b>Quality of Care</b>                 |           |            |               |            |
| Adequate Insurance                     | +++       | 21         | 70.0%         | 68.2%      |
| Developmental Screening                | +         | 44         | 24.2%         | 34.8%      |
| Medical Home                           | +         | 43         | 44.5%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+</b>  | <b>50</b>  | <b>-1.193</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |           |            |               |            |
| Breastfed                              | +         | 41         | 22.2%         | 24.9%      |
| Food Sufficiency                       | +         | 47         | 64.9%         | 71.9%      |
| Physical Activity                      | +         | 44         | 17.5%         | 20.5%      |
| Soda Consumption — Youth†              | —         | —          | 12.1%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |           |            |               |            |
| Dual Contraceptive Nonuse†             | —         | —          | —             | 90.9%      |
| Teen Births                            | +         | 48         | 25.7          | 15.4       |
| <b>Sleep Health</b>                    |           |            |               |            |
| Adequate Sleep                         | +         | 50         | 51.4%         | 66.6%      |
| Sleep Position†                        | —         | —          | 68.1%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |           |            |               |            |
| Electronic Vapor Product Use†          | —         | —          | 22.9%         | 32.7%      |
| Tobacco Use                            | +++       | 28         | 3.6%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+</b>  | <b>48</b>  | <b>-0.637</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |           |            |               |            |
| Alcohol Use — Youth                    | ++++      | 19         | 8.5%          | 8.8%       |
| Anxiety                                | ++++      | 17         | 9.1%          | 9.2%       |
| Depression                             | +++++     | 6          | 3.3%          | 4.2%       |
| Flourishing                            | ++        | 38         | 65.1%         | 66.6%      |
| Illicit Drug Use — Youth               | +++++     | 6          | 5.9%          | 7.7%       |
| Teen Suicide†                          | —         | —          | 10.5          | 10.8       |
| <b>Mortality</b>                       |           |            |               |            |
| Child Mortality                        | +         | 47         | 38.1          | 25.9       |
| Infant Mortality                       | +         | 49         | 7.8           | 5.6        |
| <b>Physical Health</b>                 |           |            |               |            |
| Asthma                                 | +++       | 23         | 6.6%          | 6.9%       |
| High Health Status†                    | +         | 49         | 87.1%         | 90.2%      |
| Low Birthweight                        | +         | 49         | 10.9%         | 8.2%       |
| Low Birthweight Racial Disparity       | ++        | 37         | 2.1           | 2.0        |
| Neonatal Abstinence Syndrome†          | —         | —          | 5.5           | 6.1        |
| Overweight or Obesity — Youth          | +         | 45         | 39.2%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+</b>  | <b>50</b>  | <b>-0.792</b> | <b>—</b>   |

|                                      |          |           |               |          |
|--------------------------------------|----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+</b> | <b>50</b> | <b>-0.866</b> | <b>—</b> |
|--------------------------------------|----------|-----------|---------------|----------|

# Maine

State Health Department Website: [maine.gov/dhhs](https://maine.gov/dhhs)

Overall Rank:

16

## Summary

### Strengths:

- High prevalence of reading, singing or storytelling
- High prevalence of well-child visits
- Low incidence of chlamydia among women

### Challenges:

- High prevalence of anxiety among children
- High prevalence of adverse childhood experiences (ACEs)
- High prevalence of cigarette smoking during pregnancy

### Highlights:

#### E-CIGARETTE USE

▲116%

from 4.3% to 9.3% of women ages 18-44 between 2018 and 2020.

#### INFANT MORTALITY

▼21%

from 7.0 to 5.5 deaths per 1,000 live births between 2012-2013 and 2018-2019.

#### FOOD SUFFICIENCY

▲13%

from 65.4% to 74.2% of children ages 0-17 between 2018-2019 and 2020-2021.

#### WELL-WOMAN VISITS

▲8%

from 68.3% to 73.8% of women ages 18-44 between 2014-2015 and 2019-2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 8          | 0.642       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | —          | —           | 5.1        |
| Intimate Partner Violence Before Pregnancy†   | —      | —          | 2.1%        | 2.5%       |
| Violent Crime                                 | ++++   | 1          | 115         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 5          | 8.8%        | 26.1%      |
| Food Insecurity                               | ++     | 32         | 11.4%       | 10.7%      |
| Gender Pay Gap†                               | +++    | 22         | 80.0%       | 81.0%      |
| Poverty                                       | ++++   | 19         | 14.6%       | 15.2%      |
| Unemployment                                  | ++++   | 8          | 5.5%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 19         | 37.4%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | ++++   | 20         | 11.5%       | 12.0%      |
| Residential Segregation — Black/White         | +      | 46         | 75          | —          |
| Voter Participation                           | ++++   | 3          | 70.9%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++++   | 12         | 0.224       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 6          | 5.0         | 8.3        |
| Drinking Water Violations                     | ++++   | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | ++     | 33         | 16.4%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 7          | 115.447     | —          |
| Water Fluoridation                            | +++    | 22         | 79.3%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++++   | 1          | 4           | —          |
| Transportation Energy Use†                    | +++    | 23         | 7.3         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++    | 23         | 78.5%       | 75.4%      |
| Housing With Lead Risk                        | +      | 41         | 24.0%       | 17.6%      |
| Severe Housing Problems                       | ++++   | 16         | 13.9%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 13         | 0.283       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | +      | 50         | 19.0%       | 8.4%       |
| Firearm Deaths†                         | —      | —          | 3.5         | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 20         | 13.8%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 16         | 3.2         | 3.0        |
| High-speed Internet                     | ++++   | 12         | 94.3%       | 92.6%      |
| Students Experiencing Homelessness      | ++++   | 7          | 1.3%        | 2.5%       |
| WIC Coverage                            | ++     | 31         | 51.2%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +++    | 27         | 45.8%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 18         | 36.0%       | 34.3%      |
| High School Graduation                  | ++++   | 18         | 87.4%       | 85.8%      |
| High School Graduation Racial Disparity | ++++   | 11         | 9.8         | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++     | 39         | 17.9%       | 14.0%      |
| Foster Care Instability                 | ++++   | 15         | 11.7%       | 14.9%      |
| Neighborhood Amenities                  | ++     | 31         | 31.9%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 2          | 73.1%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value   | U.S. Value |
|-----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++++</b> | <b>8</b>   | <b>0.697</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |               |            |
| Adequate Prenatal Care                  | +++++        | 3          | 84.8%         | 74.7%      |
| Avoided Care Due to Cost                | +++          | 28         | 16.9%         | 17.5%      |
| Publicly-funded Women's Health Services | ++++         | 12         | 34%           | 29%        |
| Uninsured                               | +++          | 25         | 10.7%         | 12.9%      |
| Women's Health Providers                | ++++         | 16         | 56.6          | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |               |            |
| Cervical Cancer Screening               | ++++         | 11         | 79.2%         | 77.1%      |
| Dental Visit                            | ++           | 38         | 64.1%         | 65.5%      |
| Flu Vaccination                         | +++          | 23         | 41.1%         | 38.9%      |
| Postpartum Visit†                       | —            | —          | 90.4%         | 88.4%      |
| Well-woman Visit                        | ++++         | 20         | 73.8%         | 72.0%      |
| <b>Quality of Care</b>                  |              |            |               |            |
| Breastfeeding Initiation†               | —            | —          | 87.7%         | 83.9%      |
| Dedicated Health Care Provider          | +++++        | 2          | 85.0%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++++         | 16         | 23.5%         | 25.9%      |
| Maternity Practices Score               | +++++        | 5          | 86            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++</b>   | <b>27</b>  | <b>-0.084</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |               |            |
| Exercise                                | ++           | 34         | 20.0%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++++        | 8          | 12.2%         | 10.4%      |
| Physical Inactivity                     | ++++         | 14         | 19.7%         | 22.3%      |
| <b>Sexual Health</b>                    |              |            |               |            |
| Chlamydia                               | +++++        | 1          | 431.4         | 1,552.8    |
| High-risk HIV Behaviors                 | +            | 47         | 11.5%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 24.7%         | 28.5%      |
| <b>Sleep Health</b>                     |              |            |               |            |
| Insufficient Sleep                      | +++++        | 10         | 30.3%         | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |               |            |
| E-cigarette Use†                        | —            | —          | 9.3%          | 7.6%       |
| Smoking                                 | ++           | 40         | 19.4%         | 13.4%      |
| Smoking During Pregnancy                | +            | 43         | 11.6%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++</b>    | <b>33</b>  | <b>-0.350</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |               |            |
| Drug Deaths†                            | ++           | 37         | 31.9          | 22.4       |
| Excessive Drinking                      | +            | 41         | 22.2%         | 19.4%      |
| Frequent Mental Distress                | ++           | 34         | 22.3%         | 19.4%      |
| Illicit Drug Use                        | +++++        | 8          | 8.6%          | 10.8%      |
| Postpartum Depression†                  | —            | —          | 11.6%         | 13.6%      |
| <b>Mortality</b>                        |              |            |               |            |
| Maternal Mortality†                     | —            | —          | —             | 19.3       |
| Mortality Rate                          | +++          | 22         | 110.5         | 117.3      |
| <b>Physical Health</b>                  |              |            |               |            |
| Frequent Physical Distress              | ++           | 35         | 8.8%          | 7.5%       |
| High Blood Pressure                     | +++          | 29         | 11.0%         | 10.6%      |
| High Health Status†                     | +++++        | 6          | 62.4%         | 57.4%      |
| Multiple Chronic Conditions             | +            | 43         | 6.1%          | 4.1%       |
| Obesity                                 | ++++         | 16         | 28.0%         | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 68.0          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>16</b>  | <b>0.199</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++++</b> | <b>7</b>   | <b>0.832</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | ++++         | 19         | 3.3%          | 2.8%       |
| Pediatricians                          | ++++         | 12         | 124.6         | 107.2      |
| Uninsured                              | +++          | 29         | 5.6%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | +++++        | 10         | 75.8%         | 70.5%      |
| HPV Vaccination                        | ++++         | 15         | 63.5%         | 58.6%      |
| Preventive Dental Care                 | +++          | 26         | 76.6%         | 75.1%      |
| Well-child Visit                       | +++++        | 2          | 85.3%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | ++           | 34         | 66.8%         | 68.2%      |
| Developmental Screening                | +++++        | 2          | 49.0%         | 34.8%      |
| Medical Home                           | +++++        | 2          | 54.4%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++++</b>  | <b>12</b>  | <b>0.542</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | ++++         | 16         | 28.7%         | 24.9%      |
| Food Sufficiency                       | ++++         | 15         | 74.2%         | 71.9%      |
| Physical Activity                      | ++++         | 11         | 25.0%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | —             | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 79.3%         | 90.9%      |
| Teen Births                            | +++++        | 10         | 10.6          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | +++++        | 10         | 72.5%         | 66.6%      |
| Sleep Position†                        | —            | —          | 89.9%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | +            | —          | 30.2%         | 32.7%      |
| Tobacco Use                            | +            | 41         | 4.4%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++</b>    | <b>37</b>  | <b>-0.283</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +            | 44         | 10.3%         | 8.8%       |
| Anxiety                                | +            | 49         | 16.1%         | 9.2%       |
| Depression                             | +            | 42         | 6.0%          | 4.2%       |
| Flourishing                            | +            | 44         | 64.1%         | 66.6%      |
| Illicit Drug Use — Youth               | +            | 45         | 10.4%         | 7.7%       |
| Teen Suicide†                          | —            | —          | 16.8          | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | ++++         | 13         | 23.1          | 25.9       |
| Infant Mortality                       | ++++         | 18         | 5.5           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | +++          | 27         | 6.7%          | 6.9%       |
| High Health Status†                    | ++++         | 12         | 92.4%         | 90.2%      |
| Low Birthweight                        | ++++         | 17         | 7.5%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++++        | 1          | 1.3           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 22.4          | 6.1        |
| Overweight or Obesity — Youth          | ++++         | 17         | 30.4%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>16</b>  | <b>0.239</b>  | <b>—</b>   |

|                                      |              |           |              |          |
|--------------------------------------|--------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>16</b> | <b>0.221</b> | <b>—</b> |
|--------------------------------------|--------------|-----------|--------------|----------|

# Maryland

State Health Department Website: [health.maryland.gov](https://health.maryland.gov)

Overall Rank:

9

## Summary

### Strengths:

- Low prevalence of multiple chronic conditions among women
- Low prevalence of high-risk HIV behaviors among women
- Low prevalence of adverse childhood experiences (ACEs)

### Challenges:

- Low percentage of youth who are flourishing
- High prevalence of insufficient sleep among women
- High percentage of low-risk cesarean deliveries

### Highlights:

#### DRUG DEATHS

▲ **64%**

from 21.0 to 34.4 deaths per 100,000 women ages 20-44 between 2014-2016 and 2018-2020.

#### HPV VACCINATION

▲ **39%**

from 48.1% to 66.8% of adolescents ages 13-17 between 2016 and 2020.

#### TEEN BIRTHS

▼ **32%**

from 19.3 to 13.1 births per 1,000 females ages 15-19 between 2013 and 2020.

#### MORTALITY

▲ **27%**

from 101.6 to 128.6 deaths per 100,000 women ages 20-44 between 2019 and 2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 9          | 0.596       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 4.3        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 1.7%       | 2.5%        |            |
| Violent Crime                                 | ++     | 40         | 454         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++    | 22         | 19.7%       | 26.1%      |
| Food Insecurity                               | ++++   | 13         | 9.2%        | 10.7%      |
| Gender Pay Gap†                               | ++++   | 2          | 88.2%       | 81.0%      |
| Poverty                                       | ++++   | 3          | 10.7%       | 15.2%      |
| Unemployment                                  | ++++   | 17         | 6.8%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 8          | 42.5%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +++    | 30         | 12.3%       | 12.0%      |
| Residential Segregation — Black/White         | +++    | 25         | 65          | —          |
| Voter Participation                           | ++++   | 11         | 65.8%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++++   | 1          | 0.503       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 15         | 6.7         | 8.3        |
| Drinking Water Violations                     | ++++   | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | ++++   | 7          | 10.6%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 13         | 415,472     | —          |
| Water Fluoridation                            | ++++   | 7          | 93.7%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++++   | 1          | 4           | —          |
| Transportation Energy Use†                    | ++++   | 8          | 6.4         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 10         | 73.2%       | 75.4%      |
| Housing With Lead Risk                        | +++    | 29         | 17.7%       | 17.6%      |
| Severe Housing Problems                       | ++     | 32         | 16.0%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 8          | 0.412       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++++   | 15         | 5.4%        | 8.4%       |
| Firearm Deaths†                         | —      | 4.6        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 10         | 12.0%       | 16.8%      |
| Children in Poverty Racial Disparity    | +++    | 28         | 3.4         | 3.0        |
| High-speed Internet                     | ++++   | 14         | 94.2%       | 92.6%      |
| Students Experiencing Homelessness      | ++++   | 16         | 1.7%        | 2.5%       |
| WIC Coverage                            | ++++   | 5          | 64.6%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 18         | 48.9%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++    | 23         | 35.1%       | 34.3%      |
| High School Graduation                  | +++    | 23         | 86.9%       | 85.8%      |
| High School Graduation Racial Disparity | +      | 44         | 21.0        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 6          | 12.0%       | 14.0%      |
| Foster Care Instability                 | —      | —          | 14.9%       |            |
| Neighborhood Amenities                  | ++++   | 13         | 38.0%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 16         | 60.5%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b>   | <b>15</b>  | <b>0.440</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | +            | 42         | 71.4%        | 74.7%      |
| Avoided Care Due to Cost                | ++++         | 13         | 13.6%        | 17.5%      |
| Publicly-funded Women's Health Services | ++++         | 13         | 32%          | 29%        |
| Uninsured                               | ++++         | 14         | 8.7%         | 12.9%      |
| Women's Health Providers                | ++++         | 12         | 59.7         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | ++++         | 18         | 78.3%        | 77.1%      |
| Dental Visit                            | ++           | 32         | 65.7%        | 65.5%      |
| Flu Vaccination                         | ++++         | 16         | 44.4%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | 90.3%        | 88.4%      |
| Well-woman Visit                        | ++++         | 13         | 75.3%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | 87.4%        | 83.9%      |
| Dedicated Health Care Provider          | ++++         | 11         | 80.0%        | 71.1%      |
| Low-risk Cesarean Delivery              | +            | 44         | 28.7%        | 25.9%      |
| Maternity Practices Score               | ++++         | 13         | 83           | 81         |
| <b>BEHAVIORS*</b>                       | <b>++++</b>  | <b>15</b>  | <b>0.230</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | +++          | 30         | 21.1%        | 21.5%      |
| Fruit and Vegetable Consumption         | +++          | 29         | 9.7%         | 10.4%      |
| Physical Inactivity                     | +++          | 30         | 22.0%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | ++           | 34         | 1,718.6      | 1,552.8    |
| High-risk HIV Behaviors                 | +++++        | 2          | 7.2%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 27.9%        | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | ++           | 33         | 34.8%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | 4.4%         | 7.6%       |
| Smoking                                 | +++++        | 6          | 9.9%         | 13.4%      |
| Smoking During Pregnancy                | ++++         | 12         | 4.2%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++++</b> | <b>6</b>   | <b>0.422</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | +            | 42         | 34.4         | 22.4       |
| Excessive Drinking                      | +++++        | 7          | 16.4%        | 19.4%      |
| Frequent Mental Distress                | +++++        | 7          | 16.7%        | 19.4%      |
| Illicit Drug Use                        | +++++        | 4          | 8.2%         | 10.8%      |
| Postpartum Depression†                  | —            | —          | 14.3%        | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 17.8         | 19.3       |
| Mortality Rate                          | +++          | 30         | 128.6        | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | +++++        | 4          | 6.0%         | 7.5%       |
| High Blood Pressure                     | ++           | 38         | 12.6%        | 10.6%      |
| High Health Status†                     | +++++        | 9          | 61.4%        | 57.4%      |
| Multiple Chronic Conditions             | +++++        | 8          | 3.1%         | 4.1%       |
| Obesity                                 | +++          | 25         | 31.0%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 79.3         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>5</b>   | <b>0.435</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++++</b> | <b>6</b>   | <b>0.862</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | +++          | 21         | 3.1%          | 2.8%       |
| Pediatricians                          | +++++        | 9          | 138.4         | 107.2      |
| Uninsured                              | +++++        | 9          | 3.4%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | ++++         | 12         | 75.5%         | 70.5%      |
| HPV Vaccination                        | ++++         | 12         | 66.8%         | 58.6%      |
| Preventive Dental Care                 | ++++         | 15         | 78.1%         | 75.1%      |
| Well-child Visit                       | +++++        | 8          | 81.6%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | +++++        | 3          | 74.7%         | 68.2%      |
| Developmental Screening                | ++++         | 20         | 39.9%         | 34.8%      |
| Medical Home                           | ++           | 37         | 46.4%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++++</b>  | <b>16</b>  | <b>0.432</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | ++++         | 15         | 28.9%         | 24.9%      |
| Food Sufficiency                       | +++++        | 6          | 76.4%         | 71.9%      |
| Physical Activity                      | ++           | 36         | 20.0%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 7.7%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 89.0%         | 90.9%      |
| Teen Births                            | ++++         | 18         | 13.1          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | ++           | 33         | 65.0%         | 66.6%      |
| Sleep Position†                        | —            | —          | 78.5%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 23.0%         | 32.7%      |
| Tobacco Use                            | +++++        | 4          | 2.2%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++</b>   | <b>26</b>  | <b>-0.104</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | ++++         | 11         | 8.2%          | 8.8%       |
| Anxiety                                | +++          | 26         | 10.2%         | 9.2%       |
| Depression                             | +++          | 25         | 4.4%          | 4.2%       |
| Flourishing                            | +            | 41         | 64.5%         | 66.6%      |
| Illicit Drug Use — Youth               | +++          | 30         | 7.7%          | 7.7%       |
| Teen Suicide†                          | —            | —          | 8.1           | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | ++++         | 14         | 23.6          | 25.9       |
| Infant Mortality                       | +++          | 25         | 5.9           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | ++           | 39         | 7.9%          | 6.9%       |
| High Health Status†                    | +++++        | 4          | 93.3%         | 90.2%      |
| Low Birthweight                        | ++           | 31         | 8.5%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++++         | 20         | 1.9           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 12.4          | 6.1        |
| Overweight or Obesity — Youth          | +++          | 22         | 31.8%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>9</b>   | <b>0.358</b>  | <b>—</b>   |

|                                      |              |          |              |          |
|--------------------------------------|--------------|----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>9</b> | <b>0.383</b> | <b>—</b> |
|--------------------------------------|--------------|----------|--------------|----------|



# Massachusetts

State Health Department Website: [mass.gov/orgs/department-of-public-health](https://mass.gov/orgs/department-of-public-health)

Overall Rank:

2

## Summary

### Strengths:

- Low child mortality rate
- Low prevalence of adverse childhood experiences (ACEs)
- High percentage of female college graduates

### Challenges:

- High prevalence of anxiety among children
- High prevalence of illicit drug use among youth
- Low prevalence of cervical cancer screening

### Highlights:

#### TEEN BIRTHS

▼49%

from 11.9 to 6.1 births per 1,000 females ages 15-19 between 2013 and 2020.

#### DRUG DEATHS

▲30%

from 23.2 to 30.2 deaths per 100,000 women ages 20-44 between 2014-2016 and 2018-2020.

#### FOOD SUFFICIENCY

▲11%

from 73.2% to 81.5% of children ages 0-17 between 2017-2018 and 2020-2021.

#### PREVENTIVE DENTAL CARE

▼8%

from 88.4% to 81.0% of children ages 1-17 between 2018-2019 and 2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 11         | 0.528       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | —          | 0.9         | 5.1        |
| Intimate Partner Violence Before Pregnancy*   | —      | —          | 2.2%        | 2.5%       |
| Violent Crime                                 | +++    | 24         | 328         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++    | 21         | 19.1%       | 26.1%      |
| Food Insecurity                               | +++++  | 6          | 8.4%        | 10.7%      |
| Gender Pay Gap*                               | ++++   | 16         | 81.3%       | 81.0%      |
| Poverty                                       | +++++  | 5          | 11.4%       | 15.2%      |
| Unemployment                                  | +      | 46         | 9.9%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++++  | 1          | 51.8%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +      | 49         | 16.2%       | 12.0%      |
| Residential Segregation — Black/White         | +++    | 25         | 65          | —          |
| Voter Participation                           | +++    | 26         | 61.8%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++    | 27         | 0.068       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 19         | 7.0         | 8.3        |
| Drinking Water Violations                     | +++++  | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | +++++  | 2          | 8.6%        | 13.8%      |
| Risk-screening Environmental Indicators Score | ++     | 37         | 6,482,809   | —          |
| Water Fluoridation                            | ++     | 38         | 57.3%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | +++++  | 1          | 4           | —          |
| Transportation Energy Use*                    | +++++  | 3          | 5.2         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++++  | 3          | 69.3%       | 75.4%      |
| Housing With Lead Risk                        | +      | 48         | 30.8%       | 17.6%      |
| Severe Housing Problems                       | ++     | 39         | 17.4%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +++++  | 2          | 0.684       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | +      | 47         | 16.8%       | 8.4%       |
| Firearm Deaths*                         | —      | —          | 1.2         | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++++  | 8          | 11.6%       | 16.8%      |
| Children in Poverty Racial Disparity    | +      | 44         | 4.7         | 3.0        |
| High-speed Internet                     | +++++  | 9          | 95.8%       | 92.6%      |
| Students Experiencing Homelessness      | ++     | 34         | 2.4%        | 2.5%       |
| WIC Coverage                            | +++++  | 8          | 61.6%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +++++  | 5          | 60.3%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++++  | 1          | 45.4%       | 34.3%      |
| High School Graduation                  | +++    | 15         | 88.0%       | 85.8%      |
| High School Graduation Racial Disparity | ++     | 37         | 18.3        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +++++  | 2          | 10.1%       | 14.0%      |
| Foster Care Instability                 | +      | 42         | 20.5%       | 14.9%      |
| Neighborhood Amenities                  | +++++  | 4          | 49.5%       | 35.5%      |
| Reading, Singing or Storytelling        | +++++  | 10         | 63.3%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++++</b> | <b>4</b>   | <b>0.947</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | ++++         | 16         | 78.0%        | 74.7%      |
| Avoided Care Due to Cost                | +++++        | 5          | 11.9%        | 17.5%      |
| Publicly-funded Women's Health Services | +++          | 25         | 25%          | 29%        |
| Uninsured                               | +++++        | 1          | 3.6%         | 12.9%      |
| Women's Health Providers                | +++++        | 8          | 64.9         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | +            | 44         | 72.6%        | 77.1%      |
| Dental Visit                            | +++++        | 4          | 73.9%        | 65.5%      |
| Flu Vaccination                         | +++++        | 3          | 50.0%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | 90.3%        | 88.4%      |
| Well-woman Visit                        | +++++        | 5          | 77.8%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | 88.0%        | 83.9%      |
| Dedicated Health Care Provider          | +++++        | 5          | 83.5%        | 71.1%      |
| Low-risk Cesarean Delivery              | ++           | 32         | 26.4%        | 25.9%      |
| Maternity Practices Score               | +++++        | 6          | 85           | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++++</b> | <b>7</b>   | <b>0.568</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | ++++         | 13         | 22.8%        | 21.5%      |
| Fruit and Vegetable Consumption         | +++          | 25         | 10.3%        | 10.4%      |
| Physical Inactivity                     | ++++         | 20         | 21.0%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | +++++        | 5          | 1,098.0      | 1,552.8    |
| High-risk HIV Behaviors                 | ++++         | 11         | 8.6%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 19.5%        | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | ++++         | 17         | 31.6%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | —            | 7.6%       |
| Smoking                                 | +++++        | 4          | 9.3%         | 13.4%      |
| Smoking During Pregnancy                | +++++        | 7          | 3.5%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++++</b> | <b>8</b>   | <b>0.375</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | ++           | 36         | 30.2         | 22.4       |
| Excessive Drinking                      | ++           | 34         | 21.3%        | 19.4%      |
| Frequent Mental Distress                | ++++         | 15         | 19.3%        | 19.4%      |
| Illicit Drug Use                        | +            | 41         | 12.8%        | 10.8%      |
| Postpartum Depression†                  | —            | —          | 10.0%        | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 14.1         | 19.3       |
| Mortality Rate                          | +++++        | 6          | 89.3         | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | +++++        | 5          | 6.2%         | 7.5%       |
| High Blood Pressure                     | +++++        | 8          | 7.9%         | 10.6%      |
| High Health Status†                     | +++++        | 2          | 65.7%        | 57.4%      |
| Multiple Chronic Conditions             | ++++         | 16         | 3.9%         | 4.1%       |
| Obesity                                 | +++++        | 1          | 21.2%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 100.1        | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>3</b>   | <b>0.480</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value  | U.S. Value |
|----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++++</b> | <b>2</b>   | <b>1.521</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |              |            |
| ADD/ADHD Treatment                     | +++          | 27         | 2.7%         | 2.8%       |
| Pediatricians                          | +++++        | 1          | 212.1        | 107.2      |
| Uninsured                              | +++++        | 1          | 1.5%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |              |            |
| Childhood Immunizations                | +++++        | 2          | 79.8%        | 70.5%      |
| HPV Vaccination                        | +++++        | 3          | 73.4%        | 58.6%      |
| Preventive Dental Care                 | +++++        | 9          | 81.0%        | 75.1%      |
| Well-child Visit                       | +++++        | 4          | 84.8%        | 76.7%      |
| <b>Quality of Care</b>                 |              |            |              |            |
| Adequate Insurance                     | +++++        | 6          | 73.3%        | 68.2%      |
| Developmental Screening                | +++++        | 8          | 44.7%        | 34.8%      |
| Medical Home                           | ++++         | 14         | 51.4%        | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++++</b> | <b>4</b>   | <b>0.885</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |              |            |
| Breastfed                              | ++++         | 11         | 29.2%        | 24.9%      |
| Food Sufficiency                       | +++++        | 1          | 81.5%        | 71.9%      |
| Physical Activity                      | ++           | 39         | 19.4%        | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 7.5%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |              |            |
| Dual Contraceptive Nonuse†             | —            | —          | 83.8%        | 90.9%      |
| Teen Births                            | +++++        | 1          | 6.1          | 15.4       |
| <b>Sleep Health</b>                    |              |            |              |            |
| Adequate Sleep                         | ++++         | 14         | 70.6%        | 66.6%      |
| Sleep Position†                        | —            | —          | 85.5%        | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |              |            |
| Electronic Vapor Product Use†          | —            | —          | 32.2%        | 32.7%      |
| Tobacco Use                            | ++++         | 11         | 2.7%         | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++++</b>  | <b>16</b>  | <b>0.024</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |              |            |
| Alcohol Use — Youth                    | ++           | 40         | 10.0%        | 8.8%       |
| Anxiety                                | +            | 45         | 13.2%        | 9.2%       |
| Depression                             | ++           | 39         | 5.5%         | 4.2%       |
| Flourishing                            | ++           | 34         | 65.7%        | 66.6%      |
| Illicit Drug Use — Youth               | +            | 49         | 11.7%        | 7.7%       |
| Teen Suicide†                          | —            | —          | 5.0          | 10.8       |
| <b>Mortality</b>                       |              |            |              |            |
| Child Mortality                        | +++++        | 1          | 14.3         | 25.9       |
| Infant Mortality                       | +++++        | 2          | 4.0          | 5.6        |
| <b>Physical Health</b>                 |              |            |              |            |
| Asthma                                 | ++           | 36         | 7.8%         | 6.9%       |
| High Health Status†                    | ++++         | 17         | 92.1%        | 90.2%      |
| Low Birthweight                        | ++++         | 14         | 7.4%         | 8.2%       |
| Low Birthweight Racial Disparity       | ++++         | 11         | 1.8          | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 10.0         | 6.1        |
| Overweight or Obesity — Youth          | +++++        | 8          | 28.1%        | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>2</b>   | <b>0.549</b> | <b>—</b>   |

|                                      |              |          |              |          |
|--------------------------------------|--------------|----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>2</b> | <b>0.562</b> | <b>—</b> |
|--------------------------------------|--------------|----------|--------------|----------|

# Michigan

State Health Department Website: [michigan.gov/mdhhs](https://michigan.gov/mdhhs)

Overall Rank:

# 33

## Summary

### Strengths:

- High WIC coverage among eligible children ages 0-4
- High prevalence of women with a dedicated health care provider
- Low prevalence of physical inactivity among women

### Challenges:

- High prevalence of frequent mental distress among women
- High prevalence of cigarette smoking among women
- High prevalence of household smoke

### Highlights:

#### FIREARM DEATHS

## ▲33%

from 4.3 to 5.7 deaths per 100,000 females ages 20-44 between 2013-2015 and 2018-2020.

#### OBESITY

## ▲26%

from 27.1% to 34.1% of women ages 18-44 between 2014-2015 and 2019-2020.

#### NEONATAL ABSTINENCE SYNDROME

## ▼25%

from 8.0 to 6.0 diagnoses per 1,000 birth hospitalizations between 2017 and 2019.

#### FLU VACCINATION

## ▲23%

from 29.2% to 35.8% of women ages 18-44 between 2017-2018 and 2019-2020.

## Women

| Measures                                      | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|-----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>+</b>  | <b>41</b>  | <b>-0.412</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |           |            |               |            |
| Firearm Deaths*                               | —         | —          | 5.7           | 5.1        |
| Intimate Partner Violence Before Pregnancy*   | —         | —          | 2.9%          | 2.5%       |
| Violent Crime                                 | ++        | 38         | 437           | 379        |
| <b>Economic Resources</b>                     |           |            |               |            |
| Concentrated Disadvantage                     | +++       | 29         | 23.5%         | 26.1%      |
| Food Insecurity                               | ++        | 37         | 11.8%         | 10.7%      |
| Gender Pay Gap*                               | ++        | 35         | 77.8%         | 81.0%      |
| Poverty                                       | ++        | 38         | 17.0%         | 15.2%      |
| Unemployment                                  | +         | 42         | 9.6%          | 8.3%       |
| <b>Education</b>                              |           |            |               |            |
| College Graduate                              | ++        | 34         | 32.4%         | 35.6%      |
| <b>Social Support and Engagement</b>          |           |            |               |            |
| Infant Child Care Cost*                       | ++        | 38         | 13.4%         | 12.0%      |
| Residential Segregation — Black/White         | +         | 44         | 74            | —          |
| Voter Participation                           | ++++      | 16         | 64.3%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>++</b> | <b>36</b>  | <b>-0.108</b> | <b>—</b>   |
| <b>Air and Water Quality</b>                  |           |            |               |            |
| Air Pollution                                 | ++        | 36         | 7.9           | 8.3        |
| Drinking Water Violations                     | ++++      | 14         | 0.1%          | 0.8%       |
| Household Smoke                               | +         | 41         | 18.6%         | 13.8%      |
| Risk-screening Environmental Indicators Score | ++        | 34         | 5,480,160     | —          |
| Water Fluoridation                            | ++++      | 14         | 89.5%         | 73.0%      |
| <b>Climate Change</b>                         |           |            |               |            |
| Climate Change Policies*                      | ++++      | 13         | 3             | —          |
| Transportation Energy Use*                    | ++++      | 10         | 6.5           | 7.4        |
| <b>Housing and Transportation</b>             |           |            |               |            |
| Drive Alone to Work                           | ++        | 35         | 81.2%         | 75.4%      |
| Housing With Lead Risk                        | ++        | 37         | 22.3%         | 17.6%      |
| Severe Housing Problems                       | +++       | 21         | 14.2%         | 17.3%      |

## Children

| Measures                                | Rating      | State Rank | State Value  | U.S. Value |
|-----------------------------------------|-------------|------------|--------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>++++</b> | <b>20</b>  | <b>0.076</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |             |            |              |            |
| Child Victimization*                    | ++          | 34         | 12.7%        | 8.4%       |
| Firearm Deaths*                         | —           | —          | 4.3          | 4.7        |
| <b>Economic Resources</b>               |             |            |              |            |
| Children in Poverty                     | ++          | 33         | 17.6%        | 16.8%      |
| Children in Poverty Racial Disparity    | ++++        | 11         | 3.0          | 3.0        |
| High-speed Internet                     | ++++        | 18         | 93.8%        | 92.6%      |
| Students Experiencing Homelessness      | +++         | 30         | 2.2%         | 2.5%       |
| WIC Coverage                            | ++++        | 7          | 63.2%        | 54.6%      |
| <b>Education</b>                        |             |            |              |            |
| Early Childhood Education               | +++         | 23         | 47.1%        | 48.9%      |
| Fourth Grade Reading Proficiency        | ++          | 39         | 31.6%        | 34.3%      |
| High School Graduation                  | +           | 41         | 81.4%        | 85.8%      |
| High School Graduation Racial Disparity | +++         | 26         | 14.7         | 15.1       |
| <b>Social Support and Engagement</b>    |             |            |              |            |
| Adverse Childhood Experiences           | ++++        | 19         | 14.2%        | 14.0%      |
| Foster Care Instability                 | ++++        | 8          | 10.6%        | 14.9%      |
| Neighborhood Amenities                  | +++         | 26         | 33.8%        | 35.5%      |
| Reading, Singing or Storytelling        | ++++        | 11         | 63.2%        | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++++</b> | <b>16</b>  | <b>0.437</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |               |            |
| Adequate Prenatal Care                  | ++++        | 16         | 78.0%         | 74.7%      |
| Avoided Care Due to Cost                | ++++        | 13         | 13.6%         | 17.5%      |
| Publicly-funded Women's Health Services | +           | 46         | 16%           | 29%        |
| Uninsured                               | +++++       | 10         | 7.8%          | 12.9%      |
| Women's Health Providers                | ++++        | 14         | 57.6          | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |               |            |
| Cervical Cancer Screening               | +++++       | 6          | 80.1%         | 77.1%      |
| Dental Visit                            | ++++        | 14         | 69.6%         | 65.5%      |
| Flu Vaccination                         | ++          | 39         | 35.8%         | 38.9%      |
| Postpartum Visit†                       | —           | —          | 86.4%         | 88.4%      |
| Well-woman Visit                        | +++++       | 10         | 76.3%         | 72.0%      |
| <b>Quality of Care</b>                  |             |            |               |            |
| Breastfeeding Initiation†               | —           | —          | —             | 83.9%      |
| Dedicated Health Care Provider          | +++++       | 3          | 83.9%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++          | 38         | 27.4%         | 25.9%      |
| Maternity Practices Score               | ++          | 34         | 78            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++</b>   | <b>36</b>  | <b>-0.408</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |               |            |
| Exercise                                | +++++       | 8          | 24.4%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++          | 36         | 8.4%          | 10.4%      |
| Physical Inactivity                     | ++++        | 12         | 19.4%         | 22.3%      |
| <b>Sexual Health</b>                    |             |            |               |            |
| Chlamydia                               | +++         | 24         | 1,554.8       | 1,552.8    |
| High-risk HIV Behaviors                 | +           | 42         | 11.1%         | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 28.5%         | 28.5%      |
| <b>Sleep Health</b>                     |             |            |               |            |
| Insufficient Sleep                      | ++          | 38         | 37.6%         | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |               |            |
| E-cigarette Use†                        | —           | —          | —             | 7.6%       |
| Smoking                                 | ++          | 36         | 18.8%         | 13.4%      |
| Smoking During Pregnancy                | ++          | 37         | 9.8%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+</b>    | <b>41</b>  | <b>-0.738</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |               |            |
| Drug Deaths†                            | ++          | 35         | 28.8          | 22.4       |
| Excessive Drinking                      | ++          | 32         | 21.0%         | 19.4%      |
| Frequent Mental Distress                | +           | 45         | 24.5%         | 19.4%      |
| Illicit Drug Use                        | ++          | 40         | 12.7%         | 10.8%      |
| Postpartum Depression†                  | —           | —          | 16.1%         | 13.6%      |
| <b>Mortality</b>                        |             |            |               |            |
| Maternal Mortality†                     | —           | —          | 18.7          | 19.3       |
| Mortality Rate                          | +++         | 29         | 128.1         | 117.3      |
| <b>Physical Health</b>                  |             |            |               |            |
| Frequent Physical Distress              | ++          | 39         | 9.0%          | 7.5%       |
| High Blood Pressure                     | +++         | 27         | 10.6%         | 10.6%      |
| High Health Status†                     | ++          | 37         | 56.1%         | 57.4%      |
| Multiple Chronic Conditions             | ++          | 39         | 5.6%          | 4.1%       |
| Obesity                                 | ++          | 37         | 34.1%         | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | 78.3          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++</b>   | <b>37</b>  | <b>-0.285</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating      | State Rank | State Value   | U.S. Value |
|----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++++</b> | <b>11</b>  | <b>0.650</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |             |            |               |            |
| ADD/ADHD Treatment                     | +++++       | 8          | 4.1%          | 2.8%       |
| Pediatricians                          | ++++        | 18         | 104.8         | 107.2      |
| Uninsured                              | +++++       | 9          | 3.4%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |             |            |               |            |
| Childhood Immunizations                | ++++        | 17         | 73.3%         | 70.5%      |
| HPV Vaccination                        | +++         | 21         | 61.3%         | 58.6%      |
| Preventive Dental Care                 | +++         | 27         | 76.3%         | 75.1%      |
| Well-child Visit                       | ++++        | 18         | 79.5%         | 76.7%      |
| <b>Quality of Care</b>                 |             |            |               |            |
| Adequate Insurance                     | ++++        | 11         | 71.8%         | 68.2%      |
| Developmental Screening                | +++++       | 10         | 44.3%         | 34.8%      |
| Medical Home                           | +++         | 24         | 49.0%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++</b>  | <b>23</b>  | <b>0.198</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |             |            |               |            |
| Breastfed                              | +++         | 27         | 25.1%         | 24.9%      |
| Food Sufficiency                       | +++         | 21         | 73.6%         | 71.9%      |
| Physical Activity                      | +++         | 28         | 22.3%         | 20.5%      |
| Soda Consumption — Youth†              | —           | —          | 8.3%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |             |            |               |            |
| Dual Contraceptive Nonuse†             | —           | —          | 87.0%         | 90.9%      |
| Teen Births                            | +++         | 22         | 13.5          | 15.4       |
| <b>Sleep Health</b>                    |             |            |               |            |
| Adequate Sleep                         | ++++        | 15         | 68.8%         | 66.6%      |
| Sleep Position†                        | —           | —          | 85.4%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |             |            |               |            |
| Electronic Vapor Product Use†          | —           | —          | 20.8%         | 32.7%      |
| Tobacco Use                            | +++         | 28         | 3.6%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++</b>   | <b>39</b>  | <b>-0.306</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |             |            |               |            |
| Alcohol Use — Youth                    | ++++        | 19         | 8.5%          | 8.8%       |
| Anxiety                                | +++         | 24         | 10.1%         | 9.2%       |
| Depression                             | ++          | 34         | 5.0%          | 4.2%       |
| Flourishing                            | ++++        | 12         | 67.8%         | 66.6%      |
| Illicit Drug Use — Youth               | ++          | 37         | 9.1%          | 7.7%       |
| Teen Suicide†                          | —           | —          | 11.4          | 10.8       |
| <b>Mortality</b>                       |             |            |               |            |
| Child Mortality                        | +++         | 24         | 26.8          | 25.9       |
| Infant Mortality                       | ++          | 35         | 6.3           | 5.6        |
| <b>Physical Health</b>                 |             |            |               |            |
| Asthma                                 | ++          | 36         | 7.8%          | 6.9%       |
| High Health Status†                    | ++          | 31         | 90.4%         | 90.2%      |
| Low Birthweight                        | ++          | 36         | 8.9%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++          | 37         | 2.1           | 2.0        |
| Neonatal Abstinence Syndrome†          | —           | —          | 6.0           | 6.1        |
| Overweight or Obesity — Youth          | +++         | 29         | 33.5%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++</b>  | <b>26</b>  | <b>0.039</b>  | <b>—</b>   |

|                                      |           |           |               |          |
|--------------------------------------|-----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++</b> | <b>33</b> | <b>-0.111</b> | <b>—</b> |
|--------------------------------------|-----------|-----------|---------------|----------|

# Minnesota

State Health Department Website: [health.state.mn.us](https://health.state.mn.us)

Overall Rank:

1

## Summary

### Strengths:

- High percentage of youth who are flourishing
- High percentage of infants exclusively breastfed for six months
- High percentage of female college graduates

### Challenges:

- High prevalence of excessive drinking among women
- High racial disparity between American Indian/Alaska Native and white children in poverty
- Low prevalence of preventive dental care among children

### Highlights:

#### FREQUENT MENTAL DISTRESS

▲61%

from 12.2% to 19.7%  
of women ages 18-44  
between 2014-2015 and  
2019-2020.

#### MORTALITY

▲22%

from 75.2 to 91.7 deaths  
per 100,000 women  
ages 20-44 between  
2019 and 2020.

#### FLU VACCINATION

▲19%

from 40.2% to 47.9%  
of women ages 18-44  
between 2017-2018 and  
2019-2020.

#### FOOD SUFFICIENCY

▲10%

from 72.8% to 80.2%  
of children ages 0-17  
between 2017-2018  
and 2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 1          | 1.219       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | —          | 2.3         | 5.1        |
| Intimate Partner Violence Before Pregnancy†   | —      | —          | 3.2%        | 2.5%       |
| Violent Crime                                 | ++++   | 11         | 236         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 8          | 11.3%       | 26.1%      |
| Food Insecurity                               | ++++   | 3          | 7.0%        | 10.7%      |
| Gender Pay Gap†                               | ++++   | 15         | 81.5%       | 81.0%      |
| Poverty                                       | ++++   | 7          | 12.0%       | 15.2%      |
| Unemployment                                  | ++++   | 11         | 5.7%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 2          | 44.2%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +      | 44         | 14.8%       | 12.0%      |
| Residential Segregation — Black/White         | +++    | 24         | 64          | —          |
| Voter Participation                           | ++++   | 1          | 72.1%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++++   | 5          | 0.389       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 16         | 6.8         | 8.3        |
| Drinking Water Violations                     | ++     | 39         | 1.1%        | 0.8%       |
| Household Smoke                               | ++++   | 14         | 12.5%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 15         | 1,358,683   | —          |
| Water Fluoridation                            | ++++   | 2          | 98.8%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use†                    | +++    | 21         | 7.2         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 18         | 76.7%       | 75.4%      |
| Housing With Lead Risk                        | ++     | 32         | 19.7%       | 17.6%      |
| Severe Housing Problems                       | ++++   | 9          | 13.1%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 10         | 0.348       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++++   | 14         | 5.1%        | 8.4%       |
| Firearm Deaths†                         | —      | —          | 3.1         | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 7          | 11.2%       | 16.8%      |
| Children in Poverty Racial Disparity    | +      | 48         | 6.1         | 3.0        |
| High-speed Internet                     | ++++   | 5          | 96.0%       | 92.6%      |
| Students Experiencing Homelessness      | ++++   | 10         | 1.5%        | 2.5%       |
| WIC Coverage                            | ++++   | 5          | 64.6%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +++    | 23         | 47.1%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 10         | 38.1%       | 34.3%      |
| High School Graduation                  | ++     | 36         | 83.7%       | 85.8%      |
| High School Graduation Racial Disparity | +      | 50         | 37.7        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 13         | 12.7%       | 14.0%      |
| Foster Care Instability                 | ++++   | 16         | 11.8%       | 14.9%      |
| Neighborhood Amenities                  | ++++   | 10         | 43.0%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 6          | 65.5%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++++</b>  | <b>11</b>  | <b>0.588</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | ++           | 31         | 75.7%        | 74.7%      |
| Avoided Care Due to Cost                | ++++         | 15         | 13.7%        | 17.5%      |
| Publicly-funded Women's Health Services | +++          | 25         | 25%          | 29%        |
| Uninsured                               | +++++        | 6          | 6.8%         | 12.9%      |
| Women's Health Providers                | ++++         | 13         | 59.0         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | ++++         | 20         | 77.6%        | 77.1%      |
| Dental Visit                            | +++++        | 10         | 70.7%        | 65.5%      |
| Flu Vaccination                         | +++++        | 7          | 47.9%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | 85.9%        | 88.4%      |
| Well-woman Visit                        | +++          | 26         | 72.8%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | 89.6%        | 83.9%      |
| Dedicated Health Care Provider          | +++          | 23         | 74.0%        | 71.1%      |
| Low-risk Cesarean Delivery              | +++          | 22         | 24.6%        | 25.9%      |
| Maternity Practices Score               | +++          | 24         | 81           | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++++</b> | <b>5</b>   | <b>0.616</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | ++++         | 11         | 23.8%        | 21.5%      |
| Fruit and Vegetable Consumption         | ++++         | 18         | 11.1%        | 10.4%      |
| Physical Inactivity                     | +++++        | 5          | 17.1%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | ++++         | 13         | 1,285.0      | 1,552.8    |
| High-risk HIV Behaviors                 | ++++         | 12         | 8.7%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 19.4%        | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | +++++        | 3          | 27.0%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | 8.1%         | 7.6%       |
| Smoking                                 | +++          | 21         | 14.2%        | 13.4%      |
| Smoking During Pregnancy                | +++          | 23         | 6.7%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++++</b> | <b>7</b>   | <b>0.389</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | ++++         | 16         | 16.6         | 22.4       |
| Excessive Drinking                      | +            | 45         | 24.3%        | 19.4%      |
| Frequent Mental Distress                | ++++         | 20         | 19.7%        | 19.4%      |
| Illicit Drug Use                        | +++++        | 1          | 7.9%         | 10.8%      |
| Postpartum Depression†                  | —            | —          | 13.8%        | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 10.4         | 19.3       |
| Mortality Rate                          | +++++        | 9          | 91.7         | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | +++++        | 9          | 6.6%         | 7.5%       |
| High Blood Pressure                     | +++++        | 3          | 7.4%         | 10.6%      |
| High Health Status†                     | +++++        | 5          | 63.1%        | 57.4%      |
| Multiple Chronic Conditions             | +++++        | 10         | 3.5%         | 4.1%       |
| Obesity                                 | ++++         | 13         | 26.6%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 87.5         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>1</b>   | <b>0.648</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value  | U.S. Value |
|----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++++</b>  | <b>15</b>  | <b>0.506</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |              |            |
| ADD/ADHD Treatment                     | +            | 48         | 1.3%         | 2.8%       |
| Pediatricians                          | +++          | 23         | 101.6        | 107.2      |
| Uninsured                              | +++++        | 7          | 3.1%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |              |            |
| Childhood Immunizations                | ++++         | 19         | 73.0%        | 70.5%      |
| HPV Vaccination                        | +++++        | 7          | 69.2%        | 58.6%      |
| Preventive Dental Care                 | +            | 42         | 73.6%        | 75.1%      |
| Well-child Visit                       | +++          | 26         | 77.0%        | 76.7%      |
| <b>Quality of Care</b>                 |              |            |              |            |
| Adequate Insurance                     | ++           | 31         | 67.3%        | 68.2%      |
| Developmental Screening                | +++++        | 3          | 48.7%        | 34.8%      |
| Medical Home                           | +++++        | 6          | 53.4%        | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++++</b> | <b>1</b>   | <b>1.198</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |              |            |
| Breastfed                              | +++++        | 1          | 36.5%        | 24.9%      |
| Food Sufficiency                       | +++++        | 2          | 80.2%        | 71.9%      |
| Physical Activity                      | +++          | 14         | 24.8%        | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | —            | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |              |            |
| Dual Contraceptive Nonuse†             | —            | —          | —            | 90.9%      |
| Teen Births                            | +++++        | 5          | 9.1          | 15.4       |
| <b>Sleep Health</b>                    |              |            |              |            |
| Adequate Sleep                         | +++++        | 1          | 76.8%        | 66.6%      |
| Sleep Position†                        | —            | —          | 86.4%        | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |              |            |
| Electronic Vapor Product Use†          | —            | —          | —            | 32.7%      |
| Tobacco Use                            | ++           | 34         | 3.9%         | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++++</b> | <b>1</b>   | <b>0.727</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |              |            |
| Alcohol Use — Youth                    | +++          | 28         | 9.0%         | 8.8%       |
| Anxiety                                | +++          | 21         | 9.8%         | 9.2%       |
| Depression                             | ++++         | 18         | 4.1%         | 4.2%       |
| Flourishing                            | +++++        | 4          | 69.2%        | 66.6%      |
| Illicit Drug Use — Youth               | ++++         | 11         | 6.2%         | 7.7%       |
| Teen Suicide†                          | —            | —          | 12.0         | 10.8       |
| <b>Mortality</b>                       |              |            |              |            |
| Child Mortality                        | +++++        | 10         | 22.4         | 25.9       |
| Infant Mortality                       | ++++         | 11         | 4.8          | 5.6        |
| <b>Physical Health</b>                 |              |            |              |            |
| Asthma                                 | +++++        | 3          | 5.2%         | 6.9%       |
| High Health Status†                    | ++++         | 18         | 92.0%        | 90.2%      |
| Low Birthweight                        | +++++        | 3          | 6.7%         | 8.2%       |
| Low Birthweight Racial Disparity       | ++++         | 11         | 1.8          | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 4.9          | 6.1        |
| Overweight or Obesity — Youth          | +++++        | 3          | 25.6%        | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>1</b>   | <b>0.592</b> | <b>—</b>   |

|                                      |              |          |              |          |
|--------------------------------------|--------------|----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>1</b> | <b>0.641</b> | <b>—</b> |
|--------------------------------------|--------------|----------|--------------|----------|

# Mississippi

State Health Department Website: [msdh.ms.gov](https://msdh.ms.gov)

Overall Rank:

48

## Summary

### Strengths:

- Low prevalence of alcohol use among youth
- High prevalence of physical activity among children
- High prevalence of cervical cancer screening

### Challenges:

- High infant mortality rate
- High teen birth rate
- High percentage of women in poverty

### Highlights:

#### FIREARM DEATHS

▲71%

from 5.9 to 10.1 deaths per 100,000 children ages 1-19 between 2015-2017 and 2018-2020.

#### MORTALITY

▲25%

from 155.0 to 194.5 deaths per 100,000 women ages 20-44 between 2019 and 2020.

#### ADEQUATE SLEEP

▲19%

from 47.6% to 56.5% of children ages 6-17 between 2017-2018 and 2020-2021.

#### WELL-WOMAN VISITS

▲15%

from 66.4% to 76.4% of women ages 18-44 between 2016-2017 and 2019-2020.

## Women

| Measures                                      | Rating   | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>+</b> | <b>42</b>  | <b>-0.473</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |          |            |               |            |
| Firearm Deaths*                               | —        | 12.3       | 5.1           |            |
| Intimate Partner Violence Before Pregnancy*   | —        | 3.4%       | 2.5%          |            |
| Violent Crime                                 | ++++     | 14         | 278           | 379        |
| <b>Economic Resources</b>                     |          |            |               |            |
| Concentrated Disadvantage                     | +        | 49         | 46.0%         | 26.1%      |
| Food Insecurity                               | +        | 50         | 15.3%         | 10.7%      |
| Gender Pay Gap*                               | ++       | 37         | 77.4%         | 81.0%      |
| Poverty                                       | +        | 50         | 25.1%         | 15.2%      |
| Unemployment                                  | ++       | 36         | 8.1%          | 8.3%       |
| <b>Education</b>                              |          |            |               |            |
| College Graduate                              | +        | 45         | 27.7%         | 35.6%      |
| <b>Social Support and Engagement</b>          |          |            |               |            |
| Infant Child Care Cost*                       | ++++     | 1          | 7.3%          | 12.0%      |
| Residential Segregation — Black/White         | ++++     | 3          | 52            | —          |
| Voter Participation                           | ++++     | 14         | 64.6%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>+</b> | <b>49</b>  | <b>-0.489</b> | <b>—</b>   |
| <b>Air and Water Quality</b>                  |          |            |               |            |
| Air Pollution                                 | ++       | 38         | 8.1           | 8.3        |
| Drinking Water Violations                     | +        | 48         | 6.3%          | 0.8%       |
| Household Smoke                               | +        | 45         | 20.0%         | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++     | 16         | 1,647,155     | —          |
| Water Fluoridation                            | ++       | 35         | 60.7%         | 73.0%      |
| <b>Climate Change</b>                         |          |            |               |            |
| Climate Change Policies*                      | ++       | 37         | 0             | —          |
| Transportation Energy Use*                    | +        | 46         | 11.2          | 7.4        |
| <b>Housing and Transportation</b>             |          |            |               |            |
| Drive Alone to Work                           | +        | 50         | 85.3%         | 75.4%      |
| Housing With Lead Risk                        | ++++     | 10         | 11.0%         | 17.6%      |
| Severe Housing Problems                       | +++      | 29         | 15.1%         | 17.3%      |

## Children

| Measures                                | Rating   | State Rank | State Value   | U.S. Value |
|-----------------------------------------|----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>+</b> | <b>45</b>  | <b>-0.555</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |          |            |               |            |
| Child Victimization*                    | ++       | 33         | 11.7%         | 8.4%       |
| Firearm Deaths*                         | —        | 10.1       | 4.7           |            |
| <b>Economic Resources</b>               |          |            |               |            |
| Children in Poverty                     | +        | 50         | 28.1%         | 16.8%      |
| Children in Poverty Racial Disparity    | +++      | 30         | 3.5           | 3.0        |
| High-speed Internet                     | +        | 49         | 87.0%         | 92.6%      |
| Students Experiencing Homelessness      | ++++     | 16         | 1.7%          | 2.5%       |
| WIC Coverage                            | ++++     | 12         | 57.2%         | 54.6%      |
| <b>Education</b>                        |          |            |               |            |
| Early Childhood Education               | ++++     | 4          | 60.4%         | 48.9%      |
| Fourth Grade Reading Proficiency        | ++       | 40         | 31.5%         | 34.3%      |
| High School Graduation                  | +++      | 29         | 85.0%         | 85.8%      |
| High School Graduation Racial Disparity | ++++     | 4          | 6.5           | 15.1       |
| <b>Social Support and Engagement</b>    |          |            |               |            |
| Adverse Childhood Experiences           | ++       | 35         | 17.2%         | 14.0%      |
| Foster Care Instability                 | ++       | 36         | 17.8%         | 14.9%      |
| Neighborhood Amenities                  | +        | 50         | 12.9%         | 35.5%      |
| Reading, Singing or Storytelling        | +        | 48         | 48.8%         | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++</b> | <b>40</b>  | <b>-0.261</b> | <b>—</b>   |
| <b>Access to Care</b>                   |           |            |               |            |
| Adequate Prenatal Care                  | +++++     | 10         | 79.9%         | 74.7%      |
| Avoided Care Due to Cost                | +         | 44         | 22.1%         | 17.5%      |
| Publicly-funded Women's Health Services | +++       | 30         | 23%           | 29%        |
| Uninsured                               | +         | 48         | 20.9%         | 12.9%      |
| Women's Health Providers                | +         | 48         | 32.1          | 49.5       |
| <b>Preventive Clinical Care</b>         |           |            |               |            |
| Cervical Cancer Screening               | +++++     | 1          | 85.2%         | 77.1%      |
| Dental Visit                            | +++       | 26         | 67.1%         | 65.5%      |
| Flu Vaccination                         | +         | 45         | 33.5%         | 38.9%      |
| Postpartum Visit†                       | —         | —          | 86.9%         | 88.4%      |
| Well-woman Visit                        | +++++     | 9          | 76.4%         | 72.0%      |
| <b>Quality of Care</b>                  |           |            |               |            |
| Breastfeeding Initiation†               | —         | —          | 65.3%         | 83.9%      |
| Dedicated Health Care Provider          | ++        | 32         | 72.1%         | 71.1%      |
| Low-risk Cesarean Delivery              | +         | 50         | 30.9%         | 25.9%      |
| Maternity Practices Score               | ++++      | 13         | 83            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+</b>  | <b>45</b>  | <b>-0.955</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |           |            |               |            |
| Exercise                                | +         | 41         | 18.6%         | 21.5%      |
| Fruit and Vegetable Consumption         | +         | 45         | 7.5%          | 10.4%      |
| Physical Inactivity                     | +         | 50         | 30.1%         | 22.3%      |
| <b>Sexual Health</b>                    |           |            |               |            |
| Chlamydia                               | +         | 50         | 2,733.4       | 1,552.8    |
| High-risk HIV Behaviors                 | +++++     | 7          | 8.2%          | 9.6%       |
| Unintended Pregnancy†                   | —         | —          | 38.3%         | 28.5%      |
| <b>Sleep Health</b>                     |           |            |               |            |
| Insufficient Sleep                      | ++        | 37         | 37.3%         | 33.4%      |
| <b>Tobacco Use</b>                      |           |            |               |            |
| E-cigarette Use†                        | —         | —          | 7.1%          | 7.6%       |
| Smoking                                 | ++        | 35         | 18.2%         | 13.4%      |
| Smoking During Pregnancy                | +++       | 30         | 7.8%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+</b>  | <b>45</b>  | <b>-0.951</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |           |            |               |            |
| Drug Deaths†                            | ++++      | 15         | 16.1          | 22.4       |
| Excessive Drinking                      | +++++     | 4          | 14.7%         | 19.4%      |
| Frequent Mental Distress                | ++        | 38         | 22.8%         | 19.4%      |
| Illicit Drug Use                        | +++       | 30         | 11.2%         | 10.8%      |
| Postpartum Depression†                  | —         | —          | 21.7%         | 13.6%      |
| <b>Mortality</b>                        |           |            |               |            |
| Maternal Mortality†                     | —         | —          | 26.0          | 19.3       |
| Mortality Rate                          | +         | 48         | 194.5         | 117.3      |
| <b>Physical Health</b>                  |           |            |               |            |
| Frequent Physical Distress              | ++++      | 13         | 7.0%          | 7.5%       |
| High Blood Pressure                     | +         | 50         | 22.4%         | 10.6%      |
| High Health Status†                     | +         | 46         | 52.5%         | 57.4%      |
| Multiple Chronic Conditions             | +         | 45         | 6.2%          | 4.1%       |
| Obesity                                 | +         | 50         | 44.6%         | 30.4%      |
| Severe Maternal Morbidity†              | —         | —          | 72.4          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+</b>  | <b>47</b>  | <b>-0.649</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating   | State Rank | State Value   | U.S. Value |
|----------------------------------------|----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+</b> | <b>41</b>  | <b>-0.370</b> | <b>—</b>   |
| <b>Access to Care</b>                  |          |            |               |            |
| ADD/ADHD Treatment                     | +++++    | 1          | 5.9%          | 2.8%       |
| Pediatricians                          | +        | 45         | 65.3          | 107.2      |
| Uninsured                              | ++       | 36         | 6.1%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |          |            |               |            |
| Childhood Immunizations                | +++      | 29         | 70.9%         | 70.5%      |
| HPV Vaccination                        | +        | 50         | 31.9%         | 58.6%      |
| Preventive Dental Care                 | +        | 46         | 72.0%         | 75.1%      |
| Well-child Visit                       | +        | 47         | 70.9%         | 76.7%      |
| <b>Quality of Care</b>                 |          |            |               |            |
| Adequate Insurance                     | +++++    | 9          | 72.1%         | 68.2%      |
| Developmental Screening                | ++       | 33         | 34.1%         | 34.8%      |
| Medical Home                           | +        | 44         | 44.2%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+</b> | <b>49</b>  | <b>-1.182</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |          |            |               |            |
| Breastfed                              | +        | 49         | 15.6%         | 24.9%      |
| Food Sufficiency                       | +        | 50         | 59.9%         | 71.9%      |
| Physical Activity                      | +++++    | 9          | 25.2%         | 20.5%      |
| Soda Consumption — Youth†              | —        | —          | 17.3%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |          |            |               |            |
| Dual Contraceptive Nonuse†             | —        | —          | 91.6%         | 90.9%      |
| Teen Births                            | +        | 50         | 27.9          | 15.4       |
| <b>Sleep Health</b>                    |          |            |               |            |
| Adequate Sleep                         | +        | 48         | 56.5%         | 66.6%      |
| Sleep Position†                        | —        | —          | 64.3%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |          |            |               |            |
| Electronic Vapor Product Use†          | —        | —          | 21.4%         | 32.7%      |
| Tobacco Use                            | ++       | 32         | 3.8%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+</b> | <b>49</b>  | <b>-0.737</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |          |            |               |            |
| Alcohol Use — Youth                    | +++++    | 3          | 7.1%          | 8.8%       |
| Anxiety                                | +++++    | 8          | 8.0%          | 9.2%       |
| Depression                             | ++++     | 18         | 4.1%          | 4.2%       |
| Flourishing                            | ++       | 34         | 65.7%         | 66.6%      |
| Illicit Drug Use — Youth               | +++++    | 1          | 5.6%          | 7.7%       |
| Teen Suicide†                          | —        | —          | 10.6          | 10.8       |
| <b>Mortality</b>                       |          |            |               |            |
| Child Mortality                        | +        | 49         | 43.9          | 25.9       |
| Infant Mortality                       | +        | 50         | 8.6           | 5.6        |
| <b>Physical Health</b>                 |          |            |               |            |
| Asthma                                 | +        | 50         | 10.2%         | 6.9%       |
| High Health Status†                    | +        | 50         | 85.4%         | 90.2%      |
| Low Birthweight                        | +        | 50         | 11.8%         | 8.2%       |
| Low Birthweight Racial Disparity       | +++      | 26         | 2.0           | 2.0        |
| Neonatal Abstinence Syndrome†          | —        | —          | 3.2           | 6.1        |
| Overweight or Obesity — Youth          | +        | 50         | 41.4%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+</b> | <b>49</b>  | <b>-0.659</b> | <b>—</b>   |

|                                      |          |           |               |          |
|--------------------------------------|----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+</b> | <b>48</b> | <b>-0.671</b> | <b>—</b> |
|--------------------------------------|----------|-----------|---------------|----------|



# Missouri

State Health Department Website: [health.mo.gov](https://health.mo.gov)

Overall Rank:

# 37

## Summary

### Strengths:

- Low prevalence of illicit drug use among youth
- High prevalence of physical activity among children
- High prevalence of cervical cancer screening

### Challenges:

- High child mortality rate
- High prevalence of adverse childhood experiences (ACEs)
- High prevalence of cigarette smoking during pregnancy

### Highlights:

#### FIREARM DEATHS

## ▲100%

from 5.7 to 11.4 deaths per 100,000 females ages 20-44 between 2013-2015 and 2018-2020.

#### HPV VACCINATION

## ▲50%

from 35.8% to 53.6% of adolescents ages 13-17 between 2016 and 2020.

#### FLU VACCINATION

## ▲25%

from 32.6% to 40.7% of women ages 18-44 between 2017-2018 and 2019-2020.

#### MORTALITY

## ▲21%

from 120.9 to 146.1 deaths per 100,000 women ages 20-44 between 2019 and 2020.

## Women

| Measures                                      | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|-----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>++</b> | <b>34</b>  | <b>-0.124</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |           |            |               |            |
| Firearm Deaths*                               | —         | 11.4       | 5.1           |            |
| Intimate Partner Violence Before Pregnancy*   | —         | 4.7%       | 2.5%          |            |
| Violent Crime                                 | +         | 43         | 495           | 379        |
| <b>Economic Resources</b>                     |           |            |               |            |
| Concentrated Disadvantage                     | +++       | 23         | 19.9%         | 26.1%      |
| Food Insecurity                               | ++        | 33         | 11.5%         | 10.7%      |
| Gender Pay Gap*                               | +++       | 22         | 80.0%         | 81.0%      |
| Poverty                                       | ++        | 34         | 16.5%         | 15.2%      |
| Unemployment                                  | +++       | 22         | 7.0%          | 8.3%       |
| <b>Education</b>                              |           |            |               |            |
| College Graduate                              | +++       | 24         | 36.5%         | 35.6%      |
| <b>Social Support and Engagement</b>          |           |            |               |            |
| Infant Child Care Cost*                       | ++++      | 13         | 10.8%         | 12.0%      |
| Residential Segregation — Black/White         | +         | 42         | 72            | —          |
| Voter Participation                           | +++       | 21         | 63.3%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>++</b> | <b>34</b>  | <b>-0.093</b> | <b>—</b>   |
| <b>Air and Water Quality</b>                  |           |            |               |            |
| Air Pollution                                 | +++       | 28         | 7.5           | 8.3        |
| Drinking Water Violations                     | +++       | 24         | 0.2%          | 0.8%       |
| Household Smoke                               | +         | 48         | 20.9%         | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++      | 17         | 1,788,078     | —          |
| Water Fluoridation                            | +++       | 26         | 75.6%         | 73.0%      |
| <b>Climate Change</b>                         |           |            |               |            |
| Climate Change Policies*                      | +++       | 28         | 1             | —          |
| Transportation Energy Use*                    | +++       | 30         | 8.3           | 7.4        |
| <b>Housing and Transportation</b>             |           |            |               |            |
| Drive Alone to Work                           | ++        | 40         | 81.6%         | 75.4%      |
| Housing With Lead Risk                        | +++       | 30         | 18.7%         | 17.6%      |
| Severe Housing Problems                       | ++++      | 9          | 13.1%         | 17.3%      |

## Children

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>++</b> | <b>33</b>  | <b>-0.195</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |           |            |               |            |
| Child Victimization*                    | ++++      | 5          | 3.2%          | 8.4%       |
| Firearm Deaths*                         | —         | 8.5        | 4.7           |            |
| <b>Economic Resources</b>               |           |            |               |            |
| Children in Poverty                     | ++        | 32         | 17.1%         | 16.8%      |
| Children in Poverty Racial Disparity    | ++++      | 4          | 2.5           | 3.0        |
| High-speed Internet                     | +++       | 29         | 92.8%         | 92.6%      |
| Students Experiencing Homelessness      | +         | 47         | 3.8%          | 2.5%       |
| WIC Coverage                            | ++        | 34         | 49.1%         | 54.6%      |
| <b>Education</b>                        |           |            |               |            |
| Early Childhood Education               | +++       | 28         | 45.7%         | 48.9%      |
| Fourth Grade Reading Proficiency        | ++        | 31         | 34.2%         | 34.3%      |
| High School Graduation                  | ++++      | 9          | 89.7%         | 85.8%      |
| High School Graduation Racial Disparity | ++++      | 13         | 11.3          | 15.1       |
| <b>Social Support and Engagement</b>    |           |            |               |            |
| Adverse Childhood Experiences           | ++        | 34         | 17.0%         | 14.0%      |
| Foster Care Instability                 | ++        | 40         | 20.0%         | 14.9%      |
| Neighborhood Amenities                  | +++       | 23         | 34.1%         | 35.5%      |
| Reading, Singing or Storytelling        | ++        | 31         | 56.7%         | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++</b> | <b>35</b>  | <b>-0.009</b> | <b>—</b>   |
| <b>Access to Care</b>                   |           |            |               |            |
| Adequate Prenatal Care                  | +++       | 26         | 76.5%         | 74.7%      |
| Avoided Care Due to Cost                | +         | 43         | 21.9%         | 17.5%      |
| Publicly-funded Women's Health Services | ++        | 35         | 21%           | 29%        |
| Uninsured                               | ++        | 36         | 14.8%         | 12.9%      |
| Women's Health Providers                | +++       | 29         | 46.9          | 49.5       |
| <b>Preventive Clinical Care</b>         |           |            |               |            |
| Cervical Cancer Screening               | ++++      | 13         | 79.1%         | 77.1%      |
| Dental Visit                            | +++       | 26         | 67.1%         | 65.5%      |
| Flu Vaccination                         | +++       | 24         | 40.7%         | 38.9%      |
| Postpartum Visit†                       | —         | —          | 85.1%         | 88.4%      |
| Well-woman Visit                        | +++       | 29         | 72.5%         | 72.0%      |
| <b>Quality of Care</b>                  |           |            |               |            |
| Breastfeeding Initiation†               | —         | —          | 79.5%         | 83.9%      |
| Dedicated Health Care Provider          | +++       | 29         | 72.8%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++++      | 14         | 23.0%         | 25.9%      |
| Maternity Practices Score               | ++        | 31         | 79            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+</b>  | <b>46</b>  | <b>-1.031</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |           |            |               |            |
| Exercise                                | +         | 48         | 16.3%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++       | 26         | 9.9%          | 10.4%      |
| Physical Inactivity                     | ++        | 40         | 24.5%         | 22.3%      |
| <b>Sexual Health</b>                    |           |            |               |            |
| Chlamydia                               | ++        | 36         | 1,735.8       | 1,552.8    |
| High-risk HIV Behaviors                 | ++        | 39         | 10.8%         | 9.6%       |
| Unintended Pregnancy†                   | —         | —          | 28.2%         | 28.5%      |
| <b>Sleep Health</b>                     |           |            |               |            |
| Insufficient Sleep                      | +         | 42         | 37.8%         | 33.4%      |
| <b>Tobacco Use</b>                      |           |            |               |            |
| E-cigarette Use†                        | —         | —          | 8.1%          | 7.6%       |
| Smoking                                 | +         | 45         | 20.5%         | 13.4%      |
| Smoking During Pregnancy                | +         | 46         | 12.0%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++</b> | <b>37</b>  | <b>-0.620</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |           |            |               |            |
| Drug Deaths†                            | ++        | 39         | 32.4          | 22.4       |
| Excessive Drinking                      | ++        | 38         | 22.0%         | 19.4%      |
| Frequent Mental Distress                | +         | 41         | 23.5%         | 19.4%      |
| Illicit Drug Use                        | +++       | 24         | 10.9%         | 10.8%      |
| Postpartum Depression†                  | —         | —          | 13.3%         | 13.6%      |
| <b>Mortality</b>                        |           |            |               |            |
| Maternal Mortality†                     | —         | —          | 23.5          | 19.3       |
| Mortality Rate                          | ++        | 39         | 146.1         | 117.3      |
| <b>Physical Health</b>                  |           |            |               |            |
| Frequent Physical Distress              | +++       | 22         | 7.9%          | 7.5%       |
| High Blood Pressure                     | +++       | 24         | 10.3%         | 10.6%      |
| High Health Status†                     | +++       | 24         | 58.3%         | 57.4%      |
| Multiple Chronic Conditions             | ++        | 37         | 5.5%          | 4.1%       |
| Obesity                                 | ++        | 35         | 33.6%         | 30.4%      |
| Severe Maternal Morbidity†              | —         | —          | 83.2          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+</b>  | <b>41</b>  | <b>-0.404</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating    | State Rank | State Value   | U.S. Value |
|----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++</b> | <b>35</b>  | <b>-0.108</b> | <b>—</b>   |
| <b>Access to Care</b>                  |           |            |               |            |
| ADD/ADHD Treatment                     | +++       | 30         | 2.6%          | 2.8%       |
| Pediatricians                          | +++++     | 6          | 145.5         | 107.2      |
| Uninsured                              | ++        | 38         | 6.5%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |           |            |               |            |
| Childhood Immunizations                | ++++      | 18         | 73.1%         | 70.5%      |
| HPV Vaccination                        | ++        | 35         | 53.6%         | 58.6%      |
| Preventive Dental Care                 | +         | 48         | 69.8%         | 75.1%      |
| Well-child Visit                       | ++++      | 20         | 78.9%         | 76.7%      |
| <b>Quality of Care</b>                 |           |            |               |            |
| Adequate Insurance                     | +++       | 29         | 67.7%         | 68.2%      |
| Developmental Screening                | +         | 46         | 21.6%         | 34.8%      |
| Medical Home                           | +++       | 23         | 49.3%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++</b> | <b>31</b>  | <b>-0.122</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |           |            |               |            |
| Breastfed                              | +++       | 30         | 24.6%         | 24.9%      |
| Food Sufficiency                       | ++        | 31         | 69.6%         | 71.9%      |
| Physical Activity                      | +++++     | 7          | 26.2%         | 20.5%      |
| Soda Consumption — Youth†              | —         | —          | 12.2%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |           |            |               |            |
| Dual Contraceptive Nonuse†             | —         | —          | 87.2%         | 90.9%      |
| Teen Births                            | ++        | 39         | 18.8          | 15.4       |
| <b>Sleep Health</b>                    |           |            |               |            |
| Adequate Sleep                         | ++++      | 15         | 68.8%         | 66.6%      |
| Sleep Position†                        | —         | —          | 84.8%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |           |            |               |            |
| Electronic Vapor Product Use†          | +         | 44         | 20.7%         | 32.7%      |
| Tobacco Use                            | +         | 44         | 4.8%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++</b> | <b>31</b>  | <b>-0.180</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |           |            |               |            |
| Alcohol Use — Youth                    | +++       | 25         | 8.9%          | 8.8%       |
| Anxiety                                | ++++      | 20         | 9.2%          | 9.2%       |
| Depression                             | ++++      | 16         | 3.8%          | 4.2%       |
| Flourishing                            | ++++      | 16         | 67.3%         | 66.6%      |
| Illicit Drug Use — Youth               | ++++      | 16         | 6.5%          | 7.7%       |
| Teen Suicide†                          | —         | —          | 14.5          | 10.8       |
| <b>Mortality</b>                       |           |            |               |            |
| Child Mortality                        | ++        | 40         | 33.6          | 25.9       |
| Infant Mortality                       | ++        | 33         | 6.2           | 5.6        |
| <b>Physical Health</b>                 |           |            |               |            |
| Asthma                                 | +++       | 23         | 6.6%          | 6.9%       |
| High Health Status†                    | ++++      | 19         | 91.9%         | 90.2%      |
| Low Birthweight                        | ++        | 34         | 8.7%          | 8.2%       |
| Low Birthweight Racial Disparity       | +         | 47         | 2.2           | 2.0        |
| Neonatal Abstinence Syndrome†          | —         | —          | 5.3           | 6.1        |
| Overweight or Obesity — Youth          | ++        | 31         | 33.7%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++</b> | <b>35</b>  | <b>-0.153</b> | <b>—</b>   |

|                                      |           |           |               |          |
|--------------------------------------|-----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++</b> | <b>37</b> | <b>-0.286</b> | <b>—</b> |
|--------------------------------------|-----------|-----------|---------------|----------|

# Montana

State Health Department Website: [dphhs.mt.gov](https://dphhs.mt.gov)

Overall Rank:

29

## Summary

### Strengths:

- Low infant mortality rate
- High prevalence of preventive dental care among children
- Low prevalence of physical inactivity among women

### Challenges:

- High child mortality rate
- High prevalence of adverse childhood experiences (ACEs)
- High prevalence of cigarette smoking during pregnancy

### Highlights:

#### TEEN BIRTHS

▼53%

from 27.8 to 13.2 births  
per 1,000 females ages  
15-19 between 2013  
and 2020.

#### FREQUENT MENTAL DISTRESS

▲41%

from 15.8% to 22.2%  
of women ages 18-44  
between 2017-2018  
and 2019-2020.

#### FOOD SUFFICIENCY

▲14%

from 65.2% to 74.3%  
of children ages 0-17  
between 2018-2019 and  
2020-2021.

#### CERVICAL CANCER SCREENING

▼11%

from 83.6% to 74.8%  
of women ages 21-44  
between 2014 and  
2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 25         | 0.069       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 8.7        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 3.8%       | 2.5%        |            |
| Violent Crime                                 | ++     | 32         | 405         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++++  | 6          | 9.6%        | 26.1%      |
| Food Insecurity                               | +++    | 25         | 10.4%       | 10.7%      |
| Gender Pay Gap*                               | ++     | 39         | 77.3%       | 81.0%      |
| Poverty                                       | +      | 42         | 17.9%       | 15.2%      |
| Unemployment                                  | ++++   | 12         | 6.1%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++    | 30         | 33.1%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +++    | 21         | 11.6%       | 12.0%      |
| Residential Segregation — Black/White         | +      | 50         | 84          | —          |
| Voter Participation                           | +++++  | 4          | 70.2%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++     | 31         | -0.020      | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++++  | 8          | 5.5         | 8.3        |
| Drinking Water Violations                     | +++    | 24         | 0.2%        | 0.8%       |
| Household Smoke                               | ++     | 40         | 18.3%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++++  | 9          | 144,800     | —          |
| Water Fluoridation                            | +      | 47         | 30.7%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use*                    | +      | 44         | 10.8        | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 19         | 77.4%       | 75.4%      |
| Housing With Lead Risk                        | +++    | 27         | 17.3%       | 17.6%      |
| Severe Housing Problems                       | +++    | 25         | 14.5%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +      | 41         | -0.439      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | +      | 45         | 16.4%       | 8.4%       |
| Firearm Deaths*                         | —      | 5.8        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++    | 24         | 14.9%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 13         | 3.1         | 3.0        |
| High-speed Internet                     | +++    | 21         | 93.6%       | 92.6%      |
| Students Experiencing Homelessness      | ++     | 40         | 2.8%        | 2.5%       |
| WIC Coverage                            | +      | 44         | 43.0%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +      | 46         | 35.5%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 16         | 36.4%       | 34.3%      |
| High School Graduation                  | +++    | 24         | 86.6%       | 85.8%      |
| High School Graduation Racial Disparity | +      | 47         | 22.6        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +      | 48         | 21.9%       | 14.0%      |
| Foster Care Instability                 | ++++   | 18         | 12.0%       | 14.9%      |
| Neighborhood Amenities                  | ++     | 38         | 26.3%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 19         | 60.1%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating     | State Rank | State Value   | U.S. Value |
|-----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b> | <b>19</b>  | <b>0.359</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |            |            |               |            |
| Adequate Prenatal Care                  | +++        | 23         | 76.9%         | 74.7%      |
| Avoided Care Due to Cost                | ++++       | 20         | 15.0%         | 17.5%      |
| Publicly-funded Women's Health Services | +++++      | 9          | 36%           | 29%        |
| Uninsured                               | +++        | 23         | 10.4%         | 12.9%      |
| Women's Health Providers                | ++++       | 16         | 56.6          | 49.5       |
| <b>Preventive Clinical Care</b>         |            |            |               |            |
| Cervical Cancer Screening               | ++         | 38         | 74.8%         | 77.1%      |
| Dental Visit                            | +++        | 23         | 67.9%         | 65.5%      |
| Flu Vaccination                         | ++++       | 20         | 43.2%         | 38.9%      |
| Postpartum Visit†                       | —          | —          | 89.8%         | 88.4%      |
| Well-woman Visit                        | ++         | 40         | 69.0%         | 72.0%      |
| <b>Quality of Care</b>                  |            |            |               |            |
| Breastfeeding Initiation†               | —          | —          | 90.4%         | 83.9%      |
| Dedicated Health Care Provider          | ++         | 35         | 71.1%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++++      | 9          | 21.7%         | 25.9%      |
| Maternity Practices Score               | +++        | 24         | 81            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++</b> | <b>22</b>  | <b>0.054</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |            |            |               |            |
| Exercise                                | +++++      | 2          | 28.4%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++         | 36         | 8.4%          | 10.4%      |
| Physical Inactivity                     | +++++      | 2          | 13.9%         | 22.3%      |
| <b>Sexual Health</b>                    |            |            |               |            |
| Chlamydia                               | ++++       | 15         | 1,357.1       | 1,552.8    |
| High-risk HIV Behaviors                 | +          | 46         | 11.4%         | 9.6%       |
| Unintended Pregnancy†                   | —          | —          | 23.4%         | 28.5%      |
| <b>Sleep Health</b>                     |            |            |               |            |
| Insufficient Sleep                      | ++++       | 12         | 31.0%         | 33.4%      |
| <b>Tobacco Use</b>                      |            |            |               |            |
| E-cigarette Use†                        | —          | —          | 9.2%          | 7.6%       |
| Smoking                                 | +          | 42         | 19.6%         | 13.4%      |
| Smoking During Pregnancy                | +          | 45         | 11.8%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++</b>  | <b>35</b>  | <b>-0.430</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |            |            |               |            |
| Drug Deaths†                            | ++++       | 11         | 14.8          | 22.4       |
| Excessive Drinking                      | +          | 47         | 24.6%         | 19.4%      |
| Frequent Mental Distress                | ++         | 33         | 22.2%         | 19.4%      |
| Illicit Drug Use                        | +++        | 24         | 10.9%         | 10.8%      |
| Postpartum Depression†                  | —          | —          | 14.9%         | 13.6%      |
| <b>Mortality</b>                        |            |            |               |            |
| Maternal Mortality†                     | —          | —          | 22.6          | 19.3       |
| Mortality Rate                          | ++         | 33         | 131.3         | 117.3      |
| <b>Physical Health</b>                  |            |            |               |            |
| Frequent Physical Distress              | +          | 43         | 9.6%          | 7.5%       |
| High Blood Pressure                     | +++++      | 10         | 8.3%          | 10.6%      |
| High Health Status†                     | ++++       | 17         | 60.0%         | 57.4%      |
| Multiple Chronic Conditions             | +++        | 30         | 4.9%          | 4.1%       |
| Obesity                                 | +++++      | 10         | 26.1%         | 30.4%      |
| Severe Maternal Morbidity†              | —          | —          | 52.8          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++</b> | <b>28</b>  | <b>-0.011</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++</b>    | <b>31</b>  | <b>-0.045</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | +++          | 25         | 2.8%          | 2.8%       |
| Pediatricians                          | +            | 46         | 64.8          | 107.2      |
| Uninsured                              | ++           | 37         | 6.2%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | +            | 48         | 65.3%         | 70.5%      |
| HPV Vaccination                        | ++           | 34         | 54.4%         | 58.6%      |
| Preventive Dental Care                 | +++++        | 10         | 80.4%         | 75.1%      |
| Well-child Visit                       | +            | 42         | 73.1%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | +++          | 29         | 67.7%         | 68.2%      |
| Developmental Screening                | +++++        | 6          | 45.7%         | 34.8%      |
| Medical Home                           | ++++         | 11         | 51.9%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++++</b> | <b>6</b>   | <b>0.757</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | +++++        | 3          | 34.3%         | 24.9%      |
| Food Sufficiency                       | ++++         | 14         | 74.3%         | 71.9%      |
| Physical Activity                      | +++++        | 3          | 27.8%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 6.7%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 83.4%         | 90.9%      |
| Teen Births                            | ++++         | 20         | 13.2          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | +++++        | 4          | 76.0%         | 66.6%      |
| Sleep Position†                        | —            | —          | 87.4%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 30.2%         | 32.7%      |
| Tobacco Use                            | +            | 50         | 6.3%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++</b>    | <b>38</b>  | <b>-0.296</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +            | 50         | 11.8%         | 8.8%       |
| Anxiety                                | +            | 47         | 13.4%         | 9.2%       |
| Depression                             | +            | 46         | 6.9%          | 4.2%       |
| Flourishing                            | ++++         | 11         | 67.9%         | 66.6%      |
| Illicit Drug Use — Youth               | +            | 47         | 11.2%         | 7.7%       |
| Teen Suicide†                          | —            | —          | 27.0          | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | +            | 45         | 36.8          | 25.9       |
| Infant Mortality                       | ++++         | 11         | 4.8           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | ++++         | 19         | 6.3%          | 6.9%       |
| High Health Status†                    | ++++         | 12         | 92.4%         | 90.2%      |
| Low Birthweight                        | ++++         | 18         | 7.7%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++++        | 1          | 1.3           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 8.3           | 6.1        |
| Overweight or Obesity — Youth          | +++++        | 4          | 25.7%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++</b>   | <b>30</b>  | <b>-0.110</b> | <b>—</b>   |

|                                      |            |           |               |          |
|--------------------------------------|------------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++</b> | <b>29</b> | <b>-0.068</b> | <b>—</b> |
|--------------------------------------|------------|-----------|---------------|----------|

# Nebraska

State Health Department Website: [dhhs.ne.gov](https://dhhs.ne.gov)

Overall Rank:

12

## Summary

### Strengths:

- High percentage of youth who are flourishing
- High prevalence of physical activity among children
- Low prevalence of insufficient sleep among women

### Challenges:

- High prevalence of excessive drinking among women
- High racial disparity between Black and white children in poverty
- Low percentage of children with adequate and continuous health insurance

### Highlights:

#### DRUG DEATHS

▲59%

from 7.0 to 11.1 deaths per 100,000 women ages 20-44 between 2015-2017 and 2018-2020.

#### FREQUENT MENTAL DISTRESS

▲58%

from 11.7% to 18.5% of women ages 18-44 between 2014-2015 and 2019-2020.

#### FLU VACCINATION

▲27%

from 39.6% to 50.4% of women ages 18-44 between 2017-2018 and 2019-2020.

#### INFANT MORTALITY

▼7%

from 5.8 to 5.4 deaths per 1,000 live births between 2016-2017 and 2018-2019.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 15         | 0.486       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | —          | 2.2         | 5.1        |
| Intimate Partner Violence Before Pregnancy†   | —      | —          | 4.3%        | 2.5%       |
| Violent Crime                                 | +++    | 21         | 301         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++++  | 9          | 12.7%       | 26.1%      |
| Food Insecurity                               | +++    | 26         | 10.5%       | 10.7%      |
| Gender Pay Gap†                               | ++++   | 20         | 80.1%       | 81.0%      |
| Poverty                                       | ++++   | 15         | 13.9%       | 15.2%      |
| Unemployment                                  | +++++  | 1          | 4.2%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 18         | 37.8%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | ++     | 32         | 12.4%       | 12.0%      |
| Residential Segregation — Black/White         | +++    | 27         | 66          | —          |
| Voter Participation                           | +++    | 30         | 60.6%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++++   | 13         | 0.221       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 11         | 6.2         | 8.3        |
| Drinking Water Violations                     | ++++   | 14         | 0.1%        | 0.8%       |
| Household Smoke                               | ++++   | 16         | 12.6%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 18         | 1,788,967   | —          |
| Water Fluoridation                            | +++    | 30         | 71.6%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++     | 37         | 0           | —          |
| Transportation Energy Use†                    | ++     | 39         | 9.9         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++     | 34         | 81.1%       | 75.4%      |
| Housing With Lead Risk                        | ++     | 39         | 22.4%       | 17.6%      |
| Severe Housing Problems                       | +++++  | 6          | 12.3%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 11         | 0.343       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++++   | 13         | 5.0%        | 8.4%       |
| Firearm Deaths†                         | —      | —          | 3.0         | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++++  | 6          | 11.0%       | 16.8%      |
| Children in Poverty Racial Disparity    | +      | 41         | 4.1         | 3.0        |
| High-speed Internet                     | +++++  | 1          | 96.5%       | 92.6%      |
| Students Experiencing Homelessness      | +++++  | 5          | 1.2%        | 2.5%       |
| WIC Coverage                            | +++++  | 9          | 59.5%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++     | 32         | 44.2%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 15         | 36.8%       | 34.3%      |
| High School Graduation                  | ++++   | 12         | 88.4%       | 85.8%      |
| High School Graduation Racial Disparity | +      | 45         | 21.5        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 15         | 13.3%       | 14.0%      |
| Foster Care Instability                 | +++++  | 1          | 9.1%        | 14.9%      |
| Neighborhood Amenities                  | +++    | 30         | 32.0%       | 35.5%      |
| Reading, Singing or Storytelling        | ++     | 33         | 56.3%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value  | U.S. Value |
|-----------------------------------------|-------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b>  | <b>18</b>  | <b>0.378</b> | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |              |            |
| Adequate Prenatal Care                  | ++++        | 16         | 78.0%        | 74.7%      |
| Avoided Care Due to Cost                | +++         | 24         | 16.1%        | 17.5%      |
| Publicly-funded Women's Health Services | +++         | 27         | 24%          | 29%        |
| Uninsured                               | +++         | 27         | 11.3%        | 12.9%      |
| Women's Health Providers                | +++         | 30         | 46.8         | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |              |            |
| Cervical Cancer Screening               | ++++        | 17         | 78.4%        | 77.1%      |
| Dental Visit                            | +++++       | 9          | 70.9%        | 65.5%      |
| Flu Vaccination                         | +++++       | 2          | 50.4%        | 38.9%      |
| Postpartum Visit†                       | —           | —          | 88.3%        | 88.4%      |
| Well-woman Visit                        | ++          | 35         | 70.5%        | 72.0%      |
| <b>Quality of Care</b>                  |             |            |              |            |
| Breastfeeding Initiation†               | —           | —          | 88.7%        | 83.9%      |
| Dedicated Health Care Provider          | ++++        | 14         | 76.6%        | 71.1%      |
| Low-risk Cesarean Delivery              | +++++       | 8          | 21.4%        | 25.9%      |
| Maternity Practices Score               | +           | 46         | 73           | 81         |
| <b>BEHAVIORS*</b>                       | <b>++++</b> | <b>18</b>  | <b>0.193</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |              |            |
| Exercise                                | +++         | 23         | 21.8%        | 21.5%      |
| Fruit and Vegetable Consumption         | ++          | 34         | 8.6%         | 10.4%      |
| Physical Inactivity                     | ++++        | 16         | 19.9%        | 22.3%      |
| <b>Sexual Health</b>                    |             |            |              |            |
| Chlamydia                               | +++         | 23         | 1,550.6      | 1,552.8    |
| High-risk HIV Behaviors                 | +++++       | 10         | 8.4%         | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 23.1%        | 28.5%      |
| <b>Sleep Health</b>                     |             |            |              |            |
| Insufficient Sleep                      | +++++       | 7          | 29.2%        | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |              |            |
| E-cigarette Use†                        | —           | —          | 8.2%         | 7.6%       |
| Smoking                                 | +++         | 22         | 14.3%        | 13.4%      |
| Smoking During Pregnancy                | +++         | 27         | 7.5%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++++</b> | <b>14</b>  | <b>0.249</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |              |            |
| Drug Deaths†                            | +++++       | 4          | 11.1         | 22.4       |
| Excessive Drinking                      | +           | 44         | 24.0%        | 19.4%      |
| Frequent Mental Distress                | ++++        | 13         | 18.5%        | 19.4%      |
| Illicit Drug Use                        | ++++        | 17         | 9.8%         | 10.8%      |
| Postpartum Depression†                  | —           | —          | 12.1%        | 13.6%      |
| <b>Mortality</b>                        |             |            |              |            |
| Maternal Mortality†                     | —           | —          | 23.6         | 19.3       |
| Mortality Rate                          | +++++       | 4          | 86.7         | 117.3      |
| <b>Physical Health</b>                  |             |            |              |            |
| Frequent Physical Distress              | +++++       | 6          | 6.3%         | 7.5%       |
| High Blood Pressure                     | ++++        | 15         | 9.3%         | 10.6%      |
| High Health Status†                     | +++++       | 10         | 61.3%        | 57.4%      |
| Multiple Chronic Conditions             | +++++       | 9          | 3.3%         | 4.1%       |
| Obesity                                 | +++         | 29         | 31.7%        | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | 65.2         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++++</b> | <b>13</b>  | <b>0.302</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value  | U.S. Value |
|----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++</b>   | <b>21</b>  | <b>0.277</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |              |            |
| ADD/ADHD Treatment                     | +++          | 25         | 2.8%         | 2.8%       |
| Pediatricians                          | ++           | 37         | 80.2         | 107.2      |
| Uninsured                              | +++          | 30         | 5.7%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |              |            |
| Childhood Immunizations                | +++++        | 5          | 77.7%        | 70.5%      |
| HPV Vaccination                        | +++          | 14         | 64.8%        | 58.6%      |
| Preventive Dental Care                 | ++++         | 13         | 79.3%        | 75.1%      |
| Well-child Visit                       | ++           | 37         | 75.0%        | 76.7%      |
| <b>Quality of Care</b>                 |              |            |              |            |
| Adequate Insurance                     | +            | 44         | 63.6%        | 68.2%      |
| Developmental Screening                | ++           | 38         | 32.0%        | 34.8%      |
| Medical Home                           | +++++        | 10         | 52.0%        | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++++</b>  | <b>18</b>  | <b>0.358</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |              |            |
| Breastfed                              | +++          | 25         | 26.0%        | 24.9%      |
| Food Sufficiency                       | ++++         | 18         | 73.8%        | 71.9%      |
| Physical Activity                      | +++++        | 6          | 26.4%        | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 8.4%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |              |            |
| Dual Contraceptive Nonuse†             | —            | —          | 89.7%        | 90.9%      |
| Teen Births                            | +++          | 27         | 15.1         | 15.4       |
| <b>Sleep Health</b>                    |              |            |              |            |
| Adequate Sleep                         | +++          | 27         | 67.2%        | 66.6%      |
| Sleep Position†                        | —            | —          | 88.5%        | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |              |            |
| Electronic Vapor Product Use†          | —            | —          | 17.1%        | 32.7%      |
| Tobacco Use                            | +++          | 21         | 3.4%         | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++++</b> | <b>6</b>   | <b>0.493</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |              |            |
| Alcohol Use — Youth                    | +++          | 29         | 9.1%         | 8.8%       |
| Anxiety                                | ++++         | 12         | 8.4%         | 9.2%       |
| Depression                             | +++          | 22         | 4.3%         | 4.2%       |
| Flourishing                            | +++++        | 1          | 71.6%        | 66.6%      |
| Illicit Drug Use — Youth               | +++          | 25         | 7.2%         | 7.7%       |
| Teen Suicide†                          | —            | —          | 12.1         | 10.8       |
| <b>Mortality</b>                       |              |            |              |            |
| Child Mortality                        | ++++         | 20         | 25.5         | 25.9       |
| Infant Mortality                       | ++++         | 15         | 5.4          | 5.6        |
| <b>Physical Health</b>                 |              |            |              |            |
| Asthma                                 | +++++        | 1          | 4.3%         | 6.9%       |
| High Health Status†                    | +++++        | 1          | 93.9%        | 90.2%      |
| Low Birthweight                        | ++++         | 14         | 7.4%         | 8.2%       |
| Low Birthweight Racial Disparity       | ++           | 37         | 2.1          | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 1.9          | 6.1        |
| Overweight or Obesity — Youth          | +++++        | 10         | 28.7%        | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>10</b>  | <b>0.353</b> | <b>—</b>   |

|                                      |             |           |              |          |
|--------------------------------------|-------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++++</b> | <b>12</b> | <b>0.341</b> | <b>—</b> |
|--------------------------------------|-------------|-----------|--------------|----------|

# Nevada

State Health Department Website: [dhhs.nv.gov](https://dhhs.nv.gov)

Overall Rank:

41

## Summary

### Strengths:

- Low prevalence of asthma among children
- Low Black/white residential segregation
- Low prevalence of cigarette smoking among women

### Challenges:

- Low prevalence of well-child visits
- Low prevalence of physical activity among children
- Low prevalence of women with a dedicated health care provider

### Highlights:

#### TEEN BIRTHS

▼45%

from 30.8 to 16.8 births  
per 1,000 females ages  
15-19 between 2013  
and 2020.

#### NEONATAL ABSTINENCE SYNDROME

▼33%

from 8.6 to 5.8  
diagnoses per 1,000  
birth hospitalizations  
between 2016 and 2019.

#### SEVERE MATERNAL MORBIDITY

▲29%

from 65.2 to 84.4  
complications per 10,000  
delivery hospitalizations  
between 2018 and 2019.

#### MORTALITY

▲25%

from 94.3 to 117.7 deaths  
per 100,000 women  
ages 20-44 between  
2019 and 2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +      | 46         | -0.703      | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 6.4        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 2.5%       |             |            |
| Violent Crime                                 | +      | 42         | 494         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +      | 45         | 33.8%       | 26.1%      |
| Food Insecurity                               | ++     | 39         | 11.9%       | 10.7%      |
| Gender Pay Gap*                               | +++++  | 4          | 87.2%       | 81.0%      |
| Poverty                                       | +++    | 23         | 15.0%       | 15.2%      |
| Unemployment                                  | +      | 50         | 13.2%       | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +      | 50         | 23.0%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | ++     | 37         | 13.1%       | 12.0%      |
| Residential Segregation — Black/White         | +++++  | 5          | 53          | —          |
| Voter Participation                           | +      | 45         | 56.5%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  |        |            |             |            |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +      | 48         | 9.3         | 8.3        |
| Drinking Water Violations                     | ++++   | 14         | 0.1%        | 0.8%       |
| Household Smoke                               | +++    | 25         | 14.2%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 14         | 515,447     | —          |
| Water Fluoridation                            | +++    | 27         | 75.0%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use*                    | +++    | 21         | 7.2         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 16         | 76.2%       | 75.4%      |
| Housing With Lead Risk                        | +++++  | 1          | 5.2%        | 17.6%      |
| Severe Housing Problems                       | +      | 43         | 18.5%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++     | 40         | -0.429      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | +++    | 22         | 7.2%        | 8.4%       |
| Firearm Deaths*                         | —      | 5.7        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++    | 30         | 16.9%       | 16.8%      |
| Children in Poverty Racial Disparity    | +++    | 28         | 3.4         | 3.0        |
| High-speed Internet                     | +      | 44         | 90.3%       | 92.6%      |
| Students Experiencing Homelessness      | +      | 44         | 3.6%        | 2.5%       |
| WIC Coverage                            | ++++   | 14         | 56.5%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +      | 44         | 39.1%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +      | 43         | 30.9%       | 34.3%      |
| High School Graduation                  | ++     | 33         | 84.1%       | 85.8%      |
| High School Graduation Racial Disparity | +++    | 29         | 15.1        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +++    | 25         | 15.5%       | 14.0%      |
| Foster Care Instability                 | +++    | 22         | 14.5%       | 14.9%      |
| Neighborhood Amenities                  | ++++   | 15         | 37.0%       | 35.5%      |
| Reading, Singing or Storytelling        | +      | 41         | 53.0%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating     | State Rank | State Value   | U.S. Value |
|-----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+</b>   | <b>49</b>  | <b>-0.937</b> | <b>—</b>   |
| <b>Access to Care</b>                   |            |            |               |            |
| Adequate Prenatal Care                  | +++        | 27         | 76.3%         | 74.7%      |
| Avoided Care Due to Cost                | ++         | 40         | 20.0%         | 17.5%      |
| Publicly-funded Women's Health Services | +          | 50         | 14%           | 29%        |
| Uninsured                               | +          | 41         | 15.9%         | 12.9%      |
| Women's Health Providers                | +          | 46         | 37.4          | 49.5       |
| <b>Preventive Clinical Care</b>         |            |            |               |            |
| Cervical Cancer Screening               | ++         | 33         | 76.6%         | 77.1%      |
| Dental Visit                            | ++         | 36         | 65.0%         | 65.5%      |
| Flu Vaccination                         | +          | 50         | 25.9%         | 38.9%      |
| Postpartum Visit†                       | —          | —          | —             | 88.4%      |
| Well-woman Visit                        | +          | 50         | 63.5%         | 72.0%      |
| <b>Quality of Care</b>                  |            |            |               |            |
| Breastfeeding Initiation†               | —          | —          | 80.0%         | 83.9%      |
| Dedicated Health Care Provider          | +          | 50         | 56.1%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++         | 37         | 27.2%         | 25.9%      |
| Maternity Practices Score               | +          | 48         | 72            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++</b> | <b>28</b>  | <b>-0.183</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |            |            |               |            |
| Exercise                                | +          | 43         | 18.1%         | 21.5%      |
| Fruit and Vegetable Consumption         | +          | 49         | 6.3%          | 10.4%      |
| Physical Inactivity                     | ++         | 38         | 24.2%         | 22.3%      |
| <b>Sexual Health</b>                    |            |            |               |            |
| Chlamydia                               | ++++       | 17         | 1,368.0       | 1,552.8    |
| High-risk HIV Behaviors                 | +++        | 27         | 9.8%          | 9.6%       |
| Unintended Pregnancy†                   | —          | —          | —             | 28.5%      |
| <b>Sleep Health</b>                     |            |            |               |            |
| Insufficient Sleep                      | +++        | 28         | 33.9%         | 33.4%      |
| <b>Tobacco Use</b>                      |            |            |               |            |
| E-cigarette Use†                        | —          | —          | 10.3%         | 7.6%       |
| Smoking                                 | +++++      | 8          | 10.9%         | 13.4%      |
| Smoking During Pregnancy                | +++++      | 8          | 3.6%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++</b> | <b>27</b>  | <b>-0.201</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |            |            |               |            |
| Drug Deaths†                            | +++        | 21         | 19.2          | 22.4       |
| Excessive Drinking                      | +++        | 25         | 19.4%         | 19.4%      |
| Frequent Mental Distress                | +++        | 28         | 21.1%         | 19.4%      |
| Illicit Drug Use                        | +          | 46         | 14.4%         | 10.8%      |
| Postpartum Depression†                  | —          | —          | —             | 13.6%      |
| <b>Mortality</b>                        |            |            |               |            |
| Maternal Mortality†                     | —          | —          | 19.3          | 19.3       |
| Mortality Rate                          | +++        | 24         | 117.7         | 117.3      |
| <b>Physical Health</b>                  |            |            |               |            |
| Frequent Physical Distress              | +++        | 26         | 8.1%          | 7.5%       |
| High Blood Pressure                     | +++        | 30         | 11.1%         | 10.6%      |
| High Health Status†                     | +          | 48         | 52.2%         | 57.4%      |
| Multiple Chronic Conditions             | +++        | 21         | 4.2%          | 4.1%       |
| Obesity                                 | +++++      | 9          | 25.8%         | 30.4%      |
| Severe Maternal Morbidity†              | —          | —          | 84.4          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++</b>  | <b>38</b>  | <b>-0.352</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating      | State Rank | State Value   | U.S. Value |
|----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+</b>    | <b>50</b>  | <b>-1.229</b> | <b>—</b>   |
| <b>Access to Care</b>                  |             |            |               |            |
| ADD/ADHD Treatment                     | +           | 46         | 1.5%          | 2.8%       |
| Pediatricians                          | +           | 47         | 59.5          | 107.2      |
| Uninsured                              | +           | 44         | 8.0%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |             |            |               |            |
| Childhood Immunizations                | +           | 42         | 67.5%         | 70.5%      |
| HPV Vaccination                        | +           | 43         | 50.1%         | 58.6%      |
| Preventive Dental Care                 | +           | 47         | 71.6%         | 75.1%      |
| Well-child Visit                       | +           | 50         | 67.4%         | 76.7%      |
| <b>Quality of Care</b>                 |             |            |               |            |
| Adequate Insurance                     | +           | 43         | 63.9%         | 68.2%      |
| Developmental Screening                | +           | 46         | 21.6%         | 34.8%      |
| Medical Home                           | +           | 50         | 34.1%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+</b>    | <b>41</b>  | <b>-0.612</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |             |            |               |            |
| Breastfed                              | ++          | 40         | 22.3%         | 24.9%      |
| Food Sufficiency                       | +           | 45         | 66.1%         | 71.9%      |
| Physical Activity                      | +           | 50         | 13.9%         | 20.5%      |
| Soda Consumption — Youth†              | —           | —          | 5.5%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |             |            |               |            |
| Dual Contraceptive Nonuse†             | —           | —          | 89.7%         | 90.9%      |
| Teen Births                            | +++         | 30         | 16.8          | 15.4       |
| <b>Sleep Health</b>                    |             |            |               |            |
| Adequate Sleep                         | ++          | 32         | 65.1%         | 66.6%      |
| Sleep Position†                        | —           | —          | —             | 80.2%      |
| <b>Tobacco Use — Youth</b>             |             |            |               |            |
| Electronic Vapor Product Use†          | —           | —          | 24.1%         | 32.7%      |
| Tobacco Use                            | +++++       | 7          | 2.6%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++++</b> | <b>19</b>  | <b>-0.005</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |             |            |               |            |
| Alcohol Use — Youth                    | ++          | 31         | 9.2%          | 8.8%       |
| Anxiety                                | +++++       | 10         | 8.3%          | 9.2%       |
| Depression                             | +++         | 28         | 4.5%          | 4.2%       |
| Flourishing                            | ++          | 32         | 65.9%         | 66.6%      |
| Illicit Drug Use — Youth               | ++          | 34         | 8.3%          | 7.7%       |
| Teen Suicide†                          | —           | —          | 15.1          | 10.8       |
| <b>Mortality</b>                       |             |            |               |            |
| Child Mortality                        | +++         | 26         | 27.3          | 25.9       |
| Infant Mortality                       | +++         | 25         | 5.9           | 5.6        |
| <b>Physical Health</b>                 |             |            |               |            |
| Asthma                                 | +++++       | 6          | 5.4%          | 6.9%       |
| High Health Status†                    | +           | 42         | 89.2%         | 90.2%      |
| Low Birthweight                        | ++          | 40         | 9.0%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++++        | 11         | 1.8           | 2.0        |
| Neonatal Abstinence Syndrome†          | —           | —          | 5.8           | 6.1        |
| Overweight or Obesity — Youth          | +++         | 23         | 32.2%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+</b>    | <b>43</b>  | <b>-0.350</b> | <b>—</b>   |

|                                      |          |           |               |          |
|--------------------------------------|----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+</b> | <b>41</b> | <b>-0.401</b> | <b>—</b> |
|--------------------------------------|----------|-----------|---------------|----------|



# New Hampshire

State Health Department Website: [dhhs.nh.gov](https://dhhs.nh.gov)

Overall Rank:

7

## Summary

### Strengths:

- Low infant mortality rate
- High prevalence of reading, singing or storytelling
- Low percentage of household food insecurity

### Challenges:

- High prevalence of alcohol use among youth
- High racial disparity between American Indian/Alaska Native and white children in poverty
- High prevalence of frequent physical distress among women

### Highlights:

#### OBESITY

▲36%

from 22.1% to 30.1%  
of women ages 18-44  
between 2013-2014 and  
2019-2020.

#### PHYSICAL INACTIVITY

▲36%

from 15.8% to 21.5%  
of women ages 18-44  
between 2014-2015  
and 2019-2020.

#### CIGARETTE SMOKING

▼30%

from 23.2% to 16.3%  
of women ages 18-44  
between 2016-2017  
and 2019-2020.

#### FOOD SUFFICIENCY

▲10%

from 73.1% to 80.2%  
of children ages 0-17  
between 2017-2018 and  
2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 2          | 1.093       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 4.2        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 2.1%       | 2.5%        |            |
| Violent Crime                                 | ++++   | 2          | 153         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 2          | 4.9%        | 26.1%      |
| Food Insecurity                               | ++++   | 1          | 5.7%        | 10.7%      |
| Gender Pay Gap*                               | ++++   | 14         | 81.6%       | 81.0%      |
| Poverty                                       | ++++   | 1          | 10.1%       | 15.2%      |
| Unemployment                                  | ++++   | 15         | 6.7%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 14         | 39.3%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | ++++   | 17         | 11.4%       | 12.0%      |
| Residential Segregation — Black/White         | ++     | 34         | 68          | —          |
| Voter Participation                           | ++++   | 8          | 67.3%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++    | 25         | 0.098       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 2          | 4.3         | 8.3        |
| Drinking Water Violations                     | +++    | 24         | 0.2%        | 0.8%       |
| Household Smoke                               | +++    | 21         | 13.3%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 6          | 63,954      | —          |
| Water Fluoridation                            | +      | 44         | 46.7%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 1          | 4           | —          |
| Transportation Energy Use*                    | ++++   | 10         | 6.5         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++     | 36         | 81.3%       | 75.4%      |
| Housing With Lead Risk                        | ++     | 35         | 21.7%       | 17.6%      |
| Severe Housing Problems                       | +++    | 22         | 14.3%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 5          | 0.499       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | ++++   | 11         | 4.7%        | 8.4%       |
| Firearm Deaths*                         | —      | —          | —           | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 1          | 7.1%        | 16.8%      |
| Children in Poverty Racial Disparity    | ++     | 36         | 3.9         | 3.0        |
| High-speed Internet                     | ++++   | 5          | 96.0%       | 92.6%      |
| Students Experiencing Homelessness      | +++    | 25         | 2.0%        | 2.5%       |
| WIC Coverage                            | ++     | 34         | 49.1%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 7          | 58.2%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 9          | 38.2%       | 34.3%      |
| High School Graduation                  | +++    | 12         | 88.4%       | 85.8%      |
| High School Graduation Racial Disparity | +++    | 23         | 13.5        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +++    | 25         | 15.5%       | 14.0%      |
| Foster Care Instability                 | ++     | 37         | 18.3%       | 14.9%      |
| Neighborhood Amenities                  | +++    | 28         | 33.0%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 1          | 73.9%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value   | U.S. Value |
|-----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++++</b> | <b>5</b>   | <b>0.778</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |               |            |
| Adequate Prenatal Care                  | ++++         | 12         | 78.8%         | 74.7%      |
| Avoided Care Due to Cost                | +++          | 25         | 16.3%         | 17.5%      |
| Publicly-funded Women's Health Services | ++++         | 18         | 29%           | 29%        |
| Uninsured                               | ++++         | 19         | 9.4%          | 12.9%      |
| Women's Health Providers                | +++++        | 7          | 66.7          | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |               |            |
| Cervical Cancer Screening               | +++++        | 9          | 79.6%         | 77.1%      |
| Dental Visit                            | ++           | 32         | 65.7%         | 65.5%      |
| Flu Vaccination                         | +++++        | 9          | 45.5%         | 38.9%      |
| Postpartum Visit†                       | —            | —          | 90.3%         | 88.4%      |
| Well-woman Visit                        | ++++         | 13         | 75.3%         | 72.0%      |
| <b>Quality of Care</b>                  |              |            |               |            |
| Breastfeeding Initiation†               | —            | —          | 89.4%         | 83.9%      |
| Dedicated Health Care Provider          | +++++        | 1          | 88.3%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++           | 36         | 27.1%         | 25.9%      |
| Maternity Practices Score               | +++++        | 1          | 90            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++++</b>  | <b>19</b>  | <b>0.192</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |               |            |
| Exercise                                | +++++        | 6          | 25.0%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++++        | 5          | 12.4%         | 10.4%      |
| Physical Inactivity                     | +++          | 25         | 21.5%         | 22.3%      |
| <b>Sexual Health</b>                    |              |            |               |            |
| Chlamydia                               | +++++        | 3          | 755.7         | 1,552.8    |
| High-risk HIV Behaviors                 | +            | 41         | 11.0%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 21.7%         | 28.5%      |
| <b>Sleep Health</b>                     |              |            |               |            |
| Insufficient Sleep                      | +++          | 27         | 33.8%         | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |               |            |
| E-cigarette Use†                        | —            | —          | 10.2%         | 7.6%       |
| Smoking                                 | +++          | 27         | 16.3%         | 13.4%      |
| Smoking During Pregnancy                | +++          | 28         | 7.6%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++</b>    | <b>39</b>  | <b>-0.638</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |               |            |
| Drug Deaths†                            | +            | 45         | 37.3          | 22.4       |
| Excessive Drinking                      | +++          | 30         | 20.7%         | 19.4%      |
| Frequent Mental Distress                | +            | 46         | 25.5%         | 19.4%      |
| Illicit Drug Use                        | +++          | 28         | 11.1%         | 10.8%      |
| Postpartum Depression†                  | —            | —          | 12.2%         | 13.6%      |
| <b>Mortality</b>                        |              |            |               |            |
| Maternal Mortality†                     | —            | —          | —             | 19.3       |
| Mortality Rate                          | ++++         | 15         | 101.8         | 117.3      |
| <b>Physical Health</b>                  |              |            |               |            |
| Frequent Physical Distress              | +            | 49         | 11.6%         | 7.5%       |
| High Blood Pressure                     | ++           | 35         | 11.6%         | 10.6%      |
| High Health Status†                     | +++++        | 11         | 61.0%         | 57.4%      |
| Multiple Chronic Conditions             | ++           | 40         | 5.7%          | 4.1%       |
| Obesity                                 | +++          | 21         | 30.1%         | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 67.9          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>14</b>  | <b>0.284</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value  | U.S. Value |
|----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++++</b> | <b>4</b>   | <b>1.170</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |              |            |
| ADD/ADHD Treatment                     | +++++        | 7          | 4.2%         | 2.8%       |
| Pediatricians                          | ++++         | 14         | 120.5        | 107.2      |
| Uninsured                              | ++++         | 15         | 3.7%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |              |            |
| Childhood Immunizations                | +++++        | 4          | 78.6%        | 70.5%      |
| HPV Vaccination                        | +++++        | 8          | 68.8%        | 58.6%      |
| Preventive Dental Care                 | +++++        | 2          | 83.3%        | 75.1%      |
| Well-child Visit                       | +++++        | 1          | 86.9%        | 76.7%      |
| <b>Quality of Care</b>                 |              |            |              |            |
| Adequate Insurance                     | +++          | 28         | 67.9%        | 68.2%      |
| Developmental Screening                | +++          | 23         | 37.6%        | 34.8%      |
| Medical Home                           | +++++        | 1          | 54.7%        | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++++</b> | <b>2</b>   | <b>0.930</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |              |            |
| Breastfed                              | +++++        | 6          | 31.8%        | 24.9%      |
| Food Sufficiency                       | +++++        | 2          | 80.2%        | 71.9%      |
| Physical Activity                      | ++++         | 19         | 24.0%        | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 7.2%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |              |            |
| Dual Contraceptive Nonuse†             | —            | —          | 82.8%        | 90.9%      |
| Teen Births                            | +++++        | 2          | 6.6          | 15.4       |
| <b>Sleep Health</b>                    |              |            |              |            |
| Adequate Sleep                         | +++          | 21         | 68.3%        | 66.6%      |
| Sleep Position†                        | —            | —          | 90.8%        | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |              |            |
| Electronic Vapor Product Use†          | —            | —          | 33.8%        | 32.7%      |
| Tobacco Use                            | +++          | 28         | 3.6%         | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++++</b>  | <b>12</b>  | <b>0.108</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |              |            |
| Alcohol Use — Youth                    | +            | 49         | 11.7%        | 8.8%       |
| Anxiety                                | +            | 48         | 16.0%        | 9.2%       |
| Depression                             | +            | 48         | 7.1%         | 4.2%       |
| Flourishing                            | +++          | 22         | 66.9%        | 66.6%      |
| Illicit Drug Use — Youth               | +            | 44         | 10.0%        | 7.7%       |
| Teen Suicide†                          | —            | —          | 10.7         | 10.8       |
| <b>Mortality</b>                       |              |            |              |            |
| Child Mortality                        | +++++        | 9          | 20.5         | 25.9       |
| Infant Mortality                       | +++++        | 1          | 3.4          | 5.6        |
| <b>Physical Health</b>                 |              |            |              |            |
| Asthma                                 | +++          | 22         | 6.4%         | 6.9%       |
| High Health Status†                    | ++++         | 12         | 92.4%        | 90.2%      |
| Low Birthweight                        | +++++        | 5          | 6.8%         | 8.2%       |
| Low Birthweight Racial Disparity       | +++++        | 6          | 1.6          | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 14.8         | 6.1        |
| Overweight or Obesity — Youth          | +++++        | 7          | 27.3%        | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>3</b>   | <b>0.480</b> | <b>—</b>   |

|                                      |              |          |              |          |
|--------------------------------------|--------------|----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>7</b> | <b>0.419</b> | <b>—</b> |
|--------------------------------------|--------------|----------|--------------|----------|

# New Jersey

State Health Department Website: [nj.gov/health/](https://nj.gov/health/)

Overall Rank:

4

## Summary

### Strengths:

- Low infant mortality rate
- High prevalence of food sufficiency among children
- Low prevalence of multiple chronic conditions among women

### Challenges:

- High prevalence of alcohol use among youth
- Low prevalence of physical activity among children
- High percentage of households experiencing severe housing problems

### Highlights:

#### DRUG DEATHS

▲73%

from 16.0 to 27.7 deaths per 100,000 women ages 20-44 between 2014-2016 and 2018-2020.

#### HPV VACCINATION

▲39%

from 42.8% to 59.7% of adolescents ages 13-17 between 2016 and 2020.

#### AVERAGE VOTER PARTICIPATION

▲31%

from 51.0% to 67.0% of female U.S. citizens ages 18 and older between the 2014/2016 and 2018/2020 elections.

#### PREVENTIVE DENTAL CARE

▼11%

from 84.9% to 75.7% of children ages 1-17 between 2018-2019 and 2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 10         | 0.582       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 1.5        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 1.6%       | 2.5%        |            |
| Violent Crime                                 | ++++   | 5          | 207         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++    | 25         | 21.2%       | 26.1%      |
| Food Insecurity                               | ++++   | 6          | 8.4%        | 10.7%      |
| Gender Pay Gap†                               | ++++   | 20         | 80.1%       | 81.0%      |
| Poverty                                       | ++++   | 4          | 10.8%       | 15.2%      |
| Unemployment                                  | +      | 47         | 10.8%       | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 4          | 43.9%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +++    | 30         | 12.3%       | 12.0%      |
| Residential Segregation — Black/White         | ++     | 34         | 68          | —          |
| Voter Participation                           | ++++   | 9          | 67.0%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  |        |            |             |            |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++     | 31         | 7.7         | 8.3        |
| Drinking Water Violations                     | +      | 49         | 8.9%        | 0.8%       |
| Household Smoke                               | ++++   | 6          | 9.7%        | 13.8%      |
| Risk-screening Environmental Indicators Score | +++    | 23         | 2,734,029   | —          |
| Water Fluoridation                            | +      | 49         | 16.2%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++++   | 1          | 4           | —          |
| Transportation Energy Use†                    | ++++   | 10         | 6.5         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 6          | 71.5%       | 75.4%      |
| Housing With Lead Risk                        | +      | 42         | 24.2%       | 17.6%      |
| Severe Housing Problems                       | +      | 46         | 20.8%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 1          | 0.864       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++++   | 2          | 1.9%        | 8.4%       |
| Firearm Deaths†                         | —      | 1.6        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 12         | 12.3%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++     | 35         | 3.8         | 3.0        |
| High-speed Internet                     | ++++   | 18         | 93.8%       | 92.6%      |
| Students Experiencing Homelessness      | ++++   | 2          | 0.9%        | 2.5%       |
| WIC Coverage                            | ++++   | 17         | 55.4%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 1          | 67.8%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 2          | 41.9%       | 34.3%      |
| High School Graduation                  | ++++   | 4          | 90.6%       | 85.8%      |
| High School Graduation Racial Disparity | ++++   | 14         | 11.6        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 3          | 10.9%       | 14.0%      |
| Foster Care Instability                 | ++++   | 3          | 9.4%        | 14.9%      |
| Neighborhood Amenities                  | ++++   | 6          | 46.5%       | 35.5%      |
| Reading, Singing or Storytelling        | +++    | 27         | 57.5%       | 57.2%      |
| <b>PHYSICAL ENVIRONMENT*</b>            | +      | 50         | -0.491      | —          |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b>   | <b>22</b>  | <b>0.287</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | ++           | 40         | 72.5%        | 74.7%      |
| Avoided Care Due to Cost                | ++++         | 18         | 14.4%        | 17.5%      |
| Publicly-funded Women's Health Services | ++++         | 20         | 27%          | 29%        |
| Uninsured                               | +++          | 28         | 11.4%        | 12.9%      |
| Women's Health Providers                | +++          | 22         | 52.2         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | +++          | 27         | 77.1%        | 77.1%      |
| Dental Visit                            | ++++         | 14         | 69.6%        | 65.5%      |
| Flu Vaccination                         | +++          | 26         | 40.6%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | 84.9%        | 88.4%      |
| Well-woman Visit                        | ++++         | 18         | 74.2%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | 78.7%        | 83.9%      |
| Dedicated Health Care Provider          | ++++         | 14         | 76.6%        | 71.1%      |
| Low-risk Cesarean Delivery              | +++          | 29         | 25.9%        | 25.9%      |
| Maternity Practices Score               | ++++         | 18         | 82           | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++++</b> | <b>3</b>   | <b>0.651</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | +++          | 26         | 21.4%        | 21.5%      |
| Fruit and Vegetable Consumption         | ++++         | 15         | 11.4%        | 10.4%      |
| Physical Inactivity                     | +++++        | 8          | 18.3%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | ++++         | 11         | 1,227.4      | 1,552.8    |
| High-risk HIV Behaviors                 | ++++         | 15         | 8.8%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 23.5%        | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | ++++         | 18         | 31.9%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | 5.6%         | 7.6%       |
| Smoking                                 | +++++        | 3          | 7.9%         | 13.4%      |
| Smoking During Pregnancy                | +++++        | 5          | 2.5%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++++</b> | <b>2</b>   | <b>0.704</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | ++           | 32         | 27.7         | 22.4       |
| Excessive Drinking                      | +++          | 28         | 20.2%        | 19.4%      |
| Frequent Mental Distress                | ++++         | 11         | 18.1%        | 19.4%      |
| Illicit Drug Use                        | +++++        | 10         | 9.0%         | 10.8%      |
| Postpartum Depression†                  | —            | —          | 12.3%        | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 21.7         | 19.3       |
| Mortality Rate                          | ++++         | 11         | 97.6         | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | +++++        | 1          | 4.9%         | 7.5%       |
| High Blood Pressure                     | ++           | 31         | 11.2%        | 10.6%      |
| High Health Status†                     | +++++        | 1          | 66.7%        | 57.4%      |
| Multiple Chronic Conditions             | +++++        | 1          | 2.4%         | 4.1%       |
| Obesity                                 | +++++        | 4          | 23.9%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 80.7         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>9</b>   | <b>0.365</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value  | U.S. Value |
|----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++</b>   | <b>26</b>  | <b>0.155</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |              |            |
| ADD/ADHD Treatment                     | +            | 42         | 1.9%         | 2.8%       |
| Pediatricians                          | ++++         | 13         | 123.3        | 107.2      |
| Uninsured                              | ++++         | 19         | 4.3%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |              |            |
| Childhood Immunizations                | ++           | 37         | 68.7%        | 70.5%      |
| HPV Vaccination                        | +++          | 25         | 59.7%        | 58.6%      |
| Preventive Dental Care                 | +++          | 28         | 75.7%        | 75.1%      |
| Well-child Visit                       | +++++        | 5          | 83.6%        | 76.7%      |
| <b>Quality of Care</b>                 |              |            |              |            |
| Adequate Insurance                     | +++          | 23         | 69.1%        | 68.2%      |
| Developmental Screening                | ++           | 40         | 31.1%        | 34.8%      |
| Medical Home                           | +            | 42         | 44.9%        | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++++</b>  | <b>19</b>  | <b>0.327</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |              |            |
| Breastfed                              | ++           | 36         | 23.5%        | 24.9%      |
| Food Sufficiency                       | +++++        | 4          | 77.5%        | 71.9%      |
| Physical Activity                      | +            | 46         | 17.3%        | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 6.0%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |              |            |
| Dual Contraceptive Nonuse†             | —            | —          | 91.9%        | 90.9%      |
| Teen Births                            | +++++        | 6          | 9.2          | 15.4       |
| <b>Sleep Health</b>                    |              |            |              |            |
| Adequate Sleep                         | ++           | 31         | 65.7%        | 66.6%      |
| Sleep Position†                        | —            | —          | 73.7%        | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |              |            |
| Electronic Vapor Product Use†          | —            | —          | 27.6%        | 32.7%      |
| Tobacco Use                            | +++++        | 3          | 2.0%         | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++++</b> | <b>3</b>   | <b>0.551</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |              |            |
| Alcohol Use — Youth                    | ++           | 38         | 9.6%         | 8.8%       |
| Anxiety                                | +++++        | 10         | 8.3%         | 9.2%       |
| Depression                             | +++++        | 4          | 3.0%         | 4.2%       |
| Flourishing                            | +++++        | 7          | 68.5%        | 66.6%      |
| Illicit Drug Use — Youth               | ++           | 35         | 8.8%         | 7.7%       |
| Teen Suicide†                          | —            | —          | 5.3          | 10.8       |
| <b>Mortality</b>                       |              |            |              |            |
| Child Mortality                        | +++++        | 3          | 16.8         | 25.9       |
| Infant Mortality                       | +++++        | 2          | 4.0          | 5.6        |
| <b>Physical Health</b>                 |              |            |              |            |
| Asthma                                 | ++++         | 14         | 6.1%         | 6.9%       |
| High Health Status†                    | ++           | 33         | 90.3%        | 90.2%      |
| Low Birthweight                        | ++++         | 18         | 7.7%         | 8.2%       |
| Low Birthweight Racial Disparity       | ++           | 37         | 2.1          | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 5.8          | 6.1        |
| Overweight or Obesity — Youth          | ++++         | 11         | 29.0%        | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>6</b>   | <b>0.396</b> | <b>—</b>   |

|                                      |              |          |              |          |
|--------------------------------------|--------------|----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>4</b> | <b>0.469</b> | <b>—</b> |
|--------------------------------------|--------------|----------|--------------|----------|

# New Mexico

State Health Department Website: [nmhealth.org](https://nmhealth.org)

Overall Rank:

44

## Summary

### Strengths:

- Low prevalence of alcohol use among youth
- Low percentage of low-risk cesarean deliveries
- Low prevalence of insufficient sleep among women

### Challenges:

- High mortality rate among women ages 20-44
- High prevalence of adverse childhood experiences (ACEs)
- Low prevalence of food sufficiency among children

### Highlights:

#### DEPRESSION

▲107%

from 3.0% to 6.2%  
of children ages 3-17  
between 2017-2018  
and 2020-2021.

#### TEEN BIRTHS

▼49%

from 42.9 to 21.9 births  
per 1,000 females ages  
15-19 between 2013  
and 2020.

#### MORTALITY

▲33%

from 160.6 to 213.9  
deaths per 100,000  
women ages 20-44  
between 2019 and 2020.

#### FLU VACCINATION

▲20%

from 31.5% to 37.9%  
of women ages 18-44  
between 2017-2018  
and 2019-2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +      | 50         | -1.007      | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 10.2       | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 4.1%       | 2.5%        |            |
| Violent Crime                                 | +      | 49         | 832         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +      | 50         | 47.6%       | 26.1%      |
| Food Insecurity                               | +      | 44         | 13.4%       | 10.7%      |
| Gender Pay Gap*                               | ++     | 37         | 77.4%       | 81.0%      |
| Poverty                                       | +      | 47         | 22.6%       | 15.2%      |
| Unemployment                                  | ++     | 37         | 8.2%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +      | 49         | 25.9%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +++    | 29         | 12.2%       | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 6          | 54          | —          |
| Voter Participation                           | ++     | 40         | 57.0%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++    | 23         | 0.104       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 9          | 6.1         | 8.3        |
| Drinking Water Violations                     | +      | 45         | 2.9%        | 0.8%       |
| Household Smoke                               | +++    | 24         | 13.8%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 4          | 16,593      | —          |
| Water Fluoridation                            | +++    | 25         | 76.7%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use*                    | +      | 41         | 10.4        | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++    | 29         | 80.0%       | 75.4%      |
| Housing With Lead Risk                        | ++++   | 16         | 12.4%       | 17.6%      |
| Severe Housing Problems                       | ++     | 37         | 17.2%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +      | 49         | -1.018      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | +      | 43         | 14.9%       | 8.4%       |
| Firearm Deaths*                         | —      | 7.5        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +      | 48         | 24.9%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 13         | 3.1         | 3.0        |
| High-speed Internet                     | +      | 50         | 84.8%       | 92.6%      |
| Students Experiencing Homelessness      | ++     | 38         | 2.7%        | 2.5%       |
| WIC Coverage                            | +      | 46         | 41.2%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +++    | 25         | 46.1%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +      | 50         | 23.7%       | 34.3%      |
| High School Graduation                  | +      | 50         | 75.1%       | 85.8%      |
| High School Graduation Racial Disparity | ++++   | 15         | 12.0        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +      | 50         | 24.7%       | 14.0%      |
| Foster Care Instability                 | ++     | 31         | 15.8%       | 14.9%      |
| Neighborhood Amenities                  | +++    | 24         | 33.9%       | 35.5%      |
| Reading, Singing or Storytelling        | +++    | 30         | 56.9%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating     | State Rank | State Value   | U.S. Value |
|-----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++</b>  | <b>36</b>  | <b>-0.054</b> | <b>—</b>   |
| <b>Access to Care</b>                   |            |            |               |            |
| Adequate Prenatal Care                  | +          | 49         | 65.8%         | 74.7%      |
| Avoided Care Due to Cost                | +++        | 22         | 15.3%         | 17.5%      |
| Publicly-funded Women's Health Services | +++++      | 10         | 35%           | 29%        |
| Uninsured                               | ++         | 33         | 13.8%         | 12.9%      |
| Women's Health Providers                | +++++      | 6          | 69.7          | 49.5       |
| <b>Preventive Clinical Care</b>         |            |            |               |            |
| Cervical Cancer Screening               | +          | 44         | 72.6%         | 77.1%      |
| Dental Visit                            | +++        | 26         | 67.1%         | 65.5%      |
| Flu Vaccination                         | ++         | 34         | 37.9%         | 38.9%      |
| Postpartum Visit†                       | —          | —          | 86.2%         | 88.4%      |
| Well-woman Visit                        | +          | 48         | 65.6%         | 72.0%      |
| <b>Quality of Care</b>                  |            |            |               |            |
| Breastfeeding Initiation†               | —          | —          | 85.3%         | 83.9%      |
| Dedicated Health Care Provider          | +          | 47         | 64.2%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++++      | 7          | 21.0%         | 25.9%      |
| Maternity Practices Score               | ++++       | 18         | 82            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++</b> | <b>26</b>  | <b>-0.073</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |            |            |               |            |
| Exercise                                | ++++       | 19         | 22.2%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++         | 38         | 8.3%          | 10.4%      |
| Physical Inactivity                     | ++         | 33         | 22.8%         | 22.3%      |
| <b>Sexual Health</b>                    |            |            |               |            |
| Chlamydia                               | +          | 45         | 2,044.8       | 1,552.8    |
| High-risk HIV Behaviors                 | +++        | 22         | 9.5%          | 9.6%       |
| Unintended Pregnancy†                   | —          | —          | 31.5%         | 28.5%      |
| <b>Sleep Health</b>                     |            |            |               |            |
| Insufficient Sleep                      | +++++      | 5          | 28.3%         | 33.4%      |
| <b>Tobacco Use</b>                      |            |            |               |            |
| E-cigarette Use†                        | —          | —          | 5.8%          | 7.6%       |
| Smoking                                 | +++        | 24         | 15.3%         | 13.4%      |
| Smoking During Pregnancy                | ++++       | 17         | 5.0%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++</b> | <b>29</b>  | <b>-0.305</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |            |            |               |            |
| Drug Deaths†                            | ++         | 37         | 31.9          | 22.4       |
| Excessive Drinking                      | +++++      | 8          | 16.5%         | 19.4%      |
| Frequent Mental Distress                | ++++       | 17         | 19.4%         | 19.4%      |
| Illicit Drug Use                        | ++++       | 20         | 10.2%         | 10.8%      |
| Postpartum Depression†                  | —          | —          | 14.4%         | 13.6%      |
| <b>Mortality</b>                        |            |            |               |            |
| Maternal Mortality†                     | —          | —          | 18.9          | 19.3       |
| Mortality Rate                          | +          | 49         | 213.9         | 117.3      |
| <b>Physical Health</b>                  |            |            |               |            |
| Frequent Physical Distress              | ++         | 39         | 9.0%          | 7.5%       |
| High Blood Pressure                     | +++++      | 10         | 8.3%          | 10.6%      |
| High Health Status†                     | +          | 41         | 53.8%         | 57.4%      |
| Multiple Chronic Conditions             | +++        | 23         | 4.5%          | 4.1%       |
| Obesity                                 | +++        | 29         | 31.7%         | 30.4%      |
| Severe Maternal Morbidity†              | —          | —          | 80.0          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++</b>  | <b>36</b>  | <b>-0.284</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating    | State Rank | State Value   | U.S. Value |
|----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++</b> | <b>37</b>  | <b>-0.213</b> | <b>—</b>   |
| <b>Access to Care</b>                  |           |            |               |            |
| ADD/ADHD Treatment                     | +++       | 22         | 3.0%          | 2.8%       |
| Pediatricians                          | +++       | 26         | 98.2          | 107.2      |
| Uninsured                              | +++       | 30         | 5.7%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |           |            |               |            |
| Childhood Immunizations                | +         | 43         | 67.1%         | 70.5%      |
| HPV Vaccination                        | +++       | 26         | 59.2%         | 58.6%      |
| Preventive Dental Care                 | ++++      | 14         | 78.2%         | 75.1%      |
| Well-child Visit                       | +         | 48         | 70.6%         | 76.7%      |
| <b>Quality of Care</b>                 |           |            |               |            |
| Adequate Insurance                     | +++++     | 7          | 72.6%         | 68.2%      |
| Developmental Screening                | +++       | 25         | 36.8%         | 34.8%      |
| Medical Home                           | +         | 49         | 38.2%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++</b> | <b>38</b>  | <b>-0.413</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |           |            |               |            |
| Breastfed                              | ++++      | 14         | 29.0%         | 24.9%      |
| Food Sufficiency                       | +         | 48         | 64.8%         | 71.9%      |
| Physical Activity                      | ++        | 33         | 20.7%         | 20.5%      |
| Soda Consumption — Youth†              | —         | —          | 10.7%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |           |            |               |            |
| Dual Contraceptive Nonuse†             | —         | —          | 91.0%         | 90.9%      |
| Teen Births                            | +         | 41         | 21.9          | 15.4       |
| <b>Sleep Health</b>                    |           |            |               |            |
| Adequate Sleep                         | +         | 41         | 61.8%         | 66.6%      |
| Sleep Position†                        | —         | —          | 82.7%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |           |            |               |            |
| Electronic Vapor Product Use†          | —         | —          | 34.0%         | 32.7%      |
| Tobacco Use                            | ++++      | 15         | 2.9%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+</b>  | <b>47</b>  | <b>-0.512</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |           |            |               |            |
| Alcohol Use — Youth                    | +++++     | 6          | 7.9%          | 8.8%       |
| Anxiety                                | +++       | 29         | 10.6%         | 9.2%       |
| Depression                             | +         | 45         | 6.2%          | 4.2%       |
| Flourishing                            | +++       | 25         | 66.5%         | 66.6%      |
| Illicit Drug Use — Youth               | +++       | 30         | 7.7%          | 7.7%       |
| Teen Suicide†                          | —         | —          | 20.4          | 10.8       |
| <b>Mortality</b>                       |           |            |               |            |
| Child Mortality                        | +         | 43         | 35.3          | 25.9       |
| Infant Mortality                       | +++       | 23         | 5.7           | 5.6        |
| <b>Physical Health</b>                 |           |            |               |            |
| Asthma                                 | +         | 46         | 9.3%          | 6.9%       |
| High Health Status†                    | +         | 47         | 88.0%         | 90.2%      |
| Low Birthweight                        | ++        | 36         | 8.9%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++++      | 20         | 1.9           | 2.0        |
| Neonatal Abstinence Syndrome†          | —         | —          | 11.3          | 6.1        |
| Overweight or Obesity — Youth          | ++        | 40         | 36.5%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+</b>  | <b>47</b>  | <b>-0.522</b> | <b>—</b>   |

|                                      |          |           |               |          |
|--------------------------------------|----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+</b> | <b>44</b> | <b>-0.463</b> | <b>—</b> |
|--------------------------------------|----------|-----------|---------------|----------|

# New York

State Health Department Website: [health.ny.gov](https://health.ny.gov)

Overall Rank:

21

## Summary

### Strengths:

- Low child mortality rate
- Low prevalence of adverse childhood experiences (ACEs)
- High percentage of female college graduates

### Challenges:

- High prevalence of illicit drug use among youth
- High prevalence of students experiencing homelessness
- High percentage of households experiencing severe housing problems

### Highlights:

#### TEEN BIRTHS

▼44%

from 17.7 to 10.0 births per 1,000 females ages 15-19 between 2013 and 2020.

#### DRUG DEATHS

▲43%

from 12.0 to 17.2 deaths per 100,000 women ages 20-44 between 2014-2016 and 2018-2020.

#### MORTALITY

▲30%

from 69.9 to 90.9 deaths per 100,000 women ages 20-44 between 2019 and 2020.

#### HPV VACCINATION

▲19%

from 57.0% to 68.1% of adolescents ages 13-17 between 2019 and 2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++     | 38         | -0.236      | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 1.3        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 2.4%       | 2.5%        |            |
| Violent Crime                                 | +++    | 26         | 359         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++     | 38         | 28.6%       | 26.1%      |
| Food Insecurity                               | +++    | 26         | 10.5%       | 10.7%      |
| Gender Pay Gap*                               | +++++  | 6          | 85.5%       | 81.0%      |
| Poverty                                       | +++    | 21         | 14.9%       | 15.2%      |
| Unemployment                                  | +      | 44         | 9.7%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++++  | 10         | 41.7%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +      | 46         | 15.0%       | 12.0%      |
| Residential Segregation — Black/White         | +      | 47         | 78          | —          |
| Voter Participation                           | ++     | 36         | 58.8%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  |        |            |             |            |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 12         | 6.3         | 8.3        |
| Drinking Water Violations                     | ++++   | 14         | 0.1%        | 0.8%       |
| Household Smoke                               | +++++  | 5          | 9.5%        | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 20         | 2,164,819   | —          |
| Water Fluoridation                            | ++     | 31         | 71.5%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | +++++  | 1          | 4           | —          |
| Transportation Energy Use*                    | +++++  | 1          | 4.7         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++++  | 1          | 50.8%       | 75.4%      |
| Housing With Lead Risk                        | +      | 50         | 33.2%       | 17.6%      |
| Severe Housing Problems                       | +      | 48         | 23.3%       | 17.3%      |

## Children

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 26         | -0.011      | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Child Victimization*                          | +      | 42         | 14.8%       | 8.4%       |
| Firearm Deaths*                               | —      | 1.5        | 4.7         |            |
| <b>Economic Resources</b>                     |        |            |             |            |
| Children in Poverty                           | ++     | 35         | 18.1%       | 16.8%      |
| Children in Poverty Racial Disparity          | +++++  | 4          | 2.5         | 3.0        |
| High-speed Internet                           | ++     | 36         | 91.3%       | 92.6%      |
| Students Experiencing Homelessness            | +      | 50         | 5.3%        | 2.5%       |
| WIC Coverage                                  | ++++   | 13         | 56.7%       | 54.6%      |
| <b>Education</b>                              |        |            |             |            |
| Early Childhood Education                     | +++++  | 6          | 59.3%       | 48.9%      |
| Fourth Grade Reading Proficiency              | +++    | 29         | 34.3%       | 34.3%      |
| High School Graduation                        | ++     | 37         | 82.8%       | 85.8%      |
| High School Graduation Racial Disparity       | +      | 41         | 20.2        | 15.1       |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Adverse Childhood Experiences                 | +++++  | 1          | 9.8%        | 14.0%      |
| Foster Care Instability                       | +++    | 25         | 15.0%       | 14.9%      |
| Neighborhood Amenities                        | ++++   | 11         | 41.9%       | 35.5%      |
| Reading, Singing or Storytelling              | ++     | 32         | 56.5%       | 57.2%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++    | 22         | 0.105       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 12         | 6.3         | 8.3        |
| Drinking Water Violations                     | ++++   | 14         | 0.1%        | 0.8%       |
| Household Smoke                               | +++++  | 5          | 9.5%        | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 20         | 2,164,819   | —          |
| Water Fluoridation                            | ++     | 31         | 71.5%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | +++++  | 1          | 4           | —          |
| Transportation Energy Use*                    | +++++  | 1          | 4.7         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++++  | 1          | 50.8%       | 75.4%      |
| Housing With Lead Risk                        | +      | 50         | 33.2%       | 17.6%      |
| Severe Housing Problems                       | +      | 48         | 23.3%       | 17.3%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++++</b>  | <b>13</b>  | <b>0.470</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | ++           | 33         | 75.2%        | 74.7%      |
| Avoided Care Due to Cost                | +++++        | 10         | 13.3%        | 17.5%      |
| Publicly-funded Women's Health Services | +++++        | 8          | 37%          | 29%        |
| Uninsured                               | +++++        | 6          | 6.8%         | 12.9%      |
| Women's Health Providers                | ++++         | 11         | 61.4         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | ++           | 34         | 76.2%        | 77.1%      |
| Dental Visit                            | ++           | 31         | 65.8%        | 65.5%      |
| Flu Vaccination                         | +++          | 21         | 42.4%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | 86.1%        | 88.4%      |
| Well-woman Visit                        | +++++        | 3          | 78.3%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | 87.0%        | 83.9%      |
| Dedicated Health Care Provider          | +++          | 25         | 73.3%        | 71.1%      |
| Low-risk Cesarean Delivery              | +            | 44         | 28.7%        | 25.9%      |
| Maternity Practices Score               | ++++         | 13         | 83           | 81         |
| <b>BEHAVIORS*</b>                       | <b>++++</b>  | <b>20</b>  | <b>0.170</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | +++          | 25         | 21.7%        | 21.5%      |
| Fruit and Vegetable Consumption         | +++++        | 3          | 12.7%        | 10.4%      |
| Physical Inactivity                     | +            | 46         | 26.3%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | +++          | 21         | 1,458.5      | 1,552.8    |
| High-risk HIV Behaviors                 | ++++         | 12         | 8.7%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 22.2%        | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | +++          | 28         | 33.9%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | —            | 7.6%       |
| Smoking                                 | +++++        | 7          | 10.6%        | 13.4%      |
| Smoking During Pregnancy                | +++++        | 9          | 3.7%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++++</b> | <b>5</b>   | <b>0.467</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | ++++         | 18         | 17.2         | 22.4       |
| Excessive Drinking                      | +++          | 25         | 19.4%        | 19.4%      |
| Frequent Mental Distress                | +++++        | 8          | 16.9%        | 19.4%      |
| Illicit Drug Use                        | ++           | 33         | 11.9%        | 10.8%      |
| Postpartum Depression†                  | —            | —          | 10.1%        | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 17.7         | 19.3       |
| Mortality Rate                          | +++++        | 7          | 90.9         | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | +++++        | 8          | 6.5%         | 7.5%       |
| High Blood Pressure                     | ++++         | 12         | 8.5%         | 10.6%      |
| High Health Status†                     | ++++         | 13         | 60.7%        | 57.4%      |
| Multiple Chronic Conditions             | +++++        | 10         | 3.5%         | 4.1%       |
| Obesity                                 | +++++        | 8          | 25.7%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 92.2         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++++</b>  | <b>17</b>  | <b>0.180</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating      | State Rank | State Value  | U.S. Value |
|----------------------------------------|-------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++++</b> | <b>18</b>  | <b>0.441</b> | <b>—</b>   |
| <b>Access to Care</b>                  |             |            |              |            |
| ADD/ADHD Treatment                     | ++          | 39         | 2.1%         | 2.8%       |
| Pediatricians                          | +++++       | 4          | 157.1        | 107.2      |
| Uninsured                              | +++++       | 4          | 2.4%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |             |            |              |            |
| Childhood Immunizations                | +++         | 26         | 71.3%        | 70.5%      |
| HPV Vaccination                        | +++++       | 9          | 68.1%        | 58.6%      |
| Preventive Dental Care                 | +           | 45         | 72.3%        | 75.1%      |
| Well-child Visit                       | +++++       | 10         | 81.2%        | 76.7%      |
| <b>Quality of Care</b>                 |             |            |              |            |
| Adequate Insurance                     | ++++        | 14         | 71.5%        | 68.2%      |
| Developmental Screening                | +           | 41         | 28.7%        | 34.8%      |
| Medical Home                           | ++          | 38         | 46.2%        | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++</b>  | <b>27</b>  | <b>0.090</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |             |            |              |            |
| Breastfed                              | ++          | 37         | 23.4%        | 24.9%      |
| Food Sufficiency                       | ++++        | 17         | 73.9%        | 71.9%      |
| Physical Activity                      | ++          | 38         | 19.7%        | 20.5%      |
| Soda Consumption — Youth†              | —           | —          | 7.6%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |             |            |              |            |
| Dual Contraceptive Nonuse†             | —           | —          | 89.6%        | 90.9%      |
| Teen Births                            | +++++       | 8          | 10.0         | 15.4       |
| <b>Sleep Health</b>                    |             |            |              |            |
| Adequate Sleep                         | ++          | 35         | 63.9%        | 66.6%      |
| Sleep Position†                        | —           | —          | 75.8%        | 80.2%      |
| <b>Tobacco Use — Youth</b>             |             |            |              |            |
| Electronic Vapor Product Use†          | —           | —          | 22.4%        | 32.7%      |
| Tobacco Use                            | ++++        | 15         | 2.9%         | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++++</b> | <b>11</b>  | <b>0.112</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |             |            |              |            |
| Alcohol Use — Youth                    | ++          | 39         | 9.9%         | 8.8%       |
| Anxiety                                | ++++        | 17         | 9.1%         | 9.2%       |
| Depression                             | ++++        | 11         | 3.5%         | 4.2%       |
| Flourishing                            | +++         | 21         | 67.0%        | 66.6%      |
| Illicit Drug Use — Youth               | ++          | 39         | 9.4%         | 7.7%       |
| Teen Suicide†                          | —           | —          | 5.6          | 10.8       |
| <b>Mortality</b>                       |             |            |              |            |
| Child Mortality                        | +++++       | 5          | 17.9         | 25.9       |
| Infant Mortality                       | +++++       | 5          | 4.3          | 5.6        |
| <b>Physical Health</b>                 |             |            |              |            |
| Asthma                                 | +           | 41         | 8.0%         | 6.9%       |
| High Health Status†                    | +++         | 21         | 91.6%        | 90.2%      |
| Low Birthweight                        | +++         | 25         | 8.2%         | 8.2%       |
| Low Birthweight Racial Disparity       | ++          | 37         | 2.1          | 2.0        |
| Neonatal Abstinence Syndrome†          | —           | —          | 4.6          | 6.1        |
| Overweight or Obesity — Youth          | +++         | 24         | 32.3%        | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++</b>  | <b>21</b>  | <b>0.106</b> | <b>—</b>   |

|                                      |            |           |              |          |
|--------------------------------------|------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++</b> | <b>21</b> | <b>0.144</b> | <b>—</b> |
|--------------------------------------|------------|-----------|--------------|----------|



# North Carolina

State Health Department Website: [ncdhhs.gov](https://ncdhhs.gov)

Overall Rank:

# 30

## Summary

### Strengths:

- Low prevalence of illicit drug use among youth
- Low Black/white residential segregation
- High prevalence of cervical cancer screening

### Challenges:

- High infant mortality rate
- Low percentage of youth who are flourishing
- High prevalence of high-risk HIV behaviors among women

### Highlights:

#### FIREARM DEATHS

## ▲59%

from 3.4 to 5.4 deaths per 100,000 children ages 1-19 between 2012-2014 and 2018-2020.

#### NEONATAL ABSTINENCE SYNDROME

## ▼13%

from 10.6 to 9.2 diagnoses per 1,000 birth hospitalizations between 2017 and 2019.

#### FREQUENT MENTAL DISTRESS

## ▲38%

from 14.1% to 19.4% of women ages 18-44 between 2013-2014 and 2019-2020.

#### FLU VACCINATION

## ▲21%

from 34.7% to 41.9% of women ages 18-44 between 2017-2018 and 2019-2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 27         | 0.014       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 5.9        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 2.5%       |             |            |
| Violent Crime                                 | +++    | 28         | 372         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++     | 35         | 28.2%       | 26.1%      |
| Food Insecurity                               | ++     | 40         | 12.1%       | 10.7%      |
| Gender Pay Gap*                               | +++++  | 9          | 83.1%       | 81.0%      |
| Poverty                                       | +      | 41         | 17.5%       | 15.2%      |
| Unemployment                                  | +++    | 28         | 7.5%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++    | 21         | 37.3%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +++    | 27         | 12.1%       | 12.0%      |
| Residential Segregation — Black/White         | +++++  | 6          | 54          | —          |
| Voter Participation                           | ++     | 33         | 59.4%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++++  | 8          | 0.289       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 14         | 6.6         | 8.3        |
| Drinking Water Violations                     | +++++  | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | +++    | 23         | 13.7%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +      | 42         | 9,202,136   | —          |
| Water Fluoridation                            | ++++   | 17         | 87.6%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use*                    | ++++   | 18         | 6.9         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++     | 33         | 80.9%       | 75.4%      |
| Housing With Lead Risk                        | +++++  | 8          | 10.6%       | 17.6%      |
| Severe Housing Problems                       | +++    | 28         | 14.9%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +++    | 27         | -0.067      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | +++    | 30         | 9.7%        | 8.4%       |
| Firearm Deaths*                         | —      | 5.4        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++     | 40         | 19.5%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 11         | 3.0         | 3.0        |
| High-speed Internet                     | ++     | 35         | 91.4%       | 92.6%      |
| Students Experiencing Homelessness      | ++++   | 16         | 1.7%        | 2.5%       |
| WIC Coverage                            | +++    | 22         | 54.1%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +++    | 30         | 45.0%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 18         | 36.0%       | 34.3%      |
| High School Graduation                  | +++    | 25         | 86.5%       | 85.8%      |
| High School Graduation Racial Disparity | +++++  | 7          | 8.6         | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 20         | 14.8%       | 14.0%      |
| Foster Care Instability                 | ++++   | 13         | 11.6%       | 14.9%      |
| Neighborhood Amenities                  | +      | 43         | 20.4%       | 35.5%      |
| Reading, Singing or Storytelling        | +++    | 29         | 57.2%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++</b> | <b>32</b>  | <b>0.104</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |           |            |               |            |
| Adequate Prenatal Care                  | +++       | 28         | 76.0%         | 74.7%      |
| Avoided Care Due to Cost                | +         | 41         | 21.3%         | 17.5%      |
| Publicly-funded Women's Health Services | +         | 46         | 16%           | 29%        |
| Uninsured                               | +         | 43         | 16.6%         | 12.9%      |
| Women's Health Providers                | +++       | 23         | 48.2          | 49.5       |
| <b>Preventive Clinical Care</b>         |           |            |               |            |
| Cervical Cancer Screening               | +++++     | 3          | 81.7%         | 77.1%      |
| Dental Visit                            | +++       | 25         | 67.2%         | 65.5%      |
| Flu Vaccination                         | +++       | 22         | 41.9%         | 38.9%      |
| Postpartum Visit†                       | —         | —          | —             | 88.4%      |
| Well-woman Visit                        | ++++      | 11         | 75.9%         | 72.0%      |
| <b>Quality of Care</b>                  |           |            |               |            |
| Breastfeeding Initiation†               | —         | —          | 81.5%         | 83.9%      |
| Dedicated Health Care Provider          | ++        | 37         | 70.8%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++++      | 17         | 23.6%         | 25.9%      |
| Maternity Practices Score               | +++++     | 10         | 84            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++</b> | <b>35</b>  | <b>-0.338</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |           |            |               |            |
| Exercise                                | +++       | 21         | 22.0%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++++      | 20         | 10.8%         | 10.4%      |
| Physical Inactivity                     | +++       | 23         | 21.4%         | 22.3%      |
| <b>Sexual Health</b>                    |           |            |               |            |
| Chlamydia                               | +         | 46         | 2,080.5       | 1,552.8    |
| High-risk HIV Behaviors                 | +         | 48         | 11.6%         | 9.6%       |
| Unintended Pregnancy†                   | —         | —          | —             | 28.5%      |
| <b>Sleep Health</b>                     |           |            |               |            |
| Insufficient Sleep                      | ++++      | 19         | 32.0%         | 33.4%      |
| <b>Tobacco Use</b>                      |           |            |               |            |
| E-cigarette Use†                        | —         | —          | 7.4%          | 7.6%       |
| Smoking                                 | +++       | 26         | 15.7%         | 13.4%      |
| Smoking During Pregnancy                | +++       | 24         | 6.8%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++</b> | <b>32</b>  | <b>-0.310</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |           |            |               |            |
| Drug Deaths†                            | +++       | 30         | 27.4          | 22.4       |
| Excessive Drinking                      | ++++      | 17         | 18.6%         | 19.4%      |
| Frequent Mental Distress                | ++++      | 17         | 19.4%         | 19.4%      |
| Illicit Drug Use                        | ++++      | 15         | 9.7%          | 10.8%      |
| Postpartum Depression†                  | —         | —          | —             | 13.6%      |
| <b>Mortality</b>                        |           |            |               |            |
| Maternal Mortality†                     | —         | —          | 20.7          | 19.3       |
| Mortality Rate                          | ++        | 34         | 132.1         | 117.3      |
| <b>Physical Health</b>                  |           |            |               |            |
| Frequent Physical Distress              | ++++      | 19         | 7.8%          | 7.5%       |
| High Blood Pressure                     | +         | 42         | 13.8%         | 10.6%      |
| High Health Status†                     | +++       | 30         | 57.5%         | 57.4%      |
| Multiple Chronic Conditions             | +++       | 30         | 4.9%          | 4.1%       |
| Obesity                                 | ++        | 40         | 35.5%         | 30.4%      |
| Severe Maternal Morbidity†              | —         | —          | 76.9          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++</b> | <b>31</b>  | <b>-0.063</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating      | State Rank | State Value   | U.S. Value |
|----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++++</b> | <b>17</b>  | <b>0.446</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |             |            |               |            |
| ADD/ADHD Treatment                     | ++++        | 14         | 3.7%          | 2.8%       |
| Pediatricians                          | +++         | 28         | 96.0          | 107.2      |
| Uninsured                              | ++          | 32         | 5.8%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |             |            |               |            |
| Childhood Immunizations                | +++++       | 9          | 75.9%         | 70.5%      |
| HPV Vaccination                        | +++         | 22         | 60.7%         | 58.6%      |
| Preventive Dental Care                 | +++         | 21         | 77.4%         | 75.1%      |
| Well-child Visit                       | ++++        | 14         | 80.1%         | 76.7%      |
| <b>Quality of Care</b>                 |             |            |               |            |
| Adequate Insurance                     | +++         | 24         | 68.8%         | 68.2%      |
| Developmental Screening                | +++         | 22         | 39.5%         | 34.8%      |
| Medical Home                           | +++         | 29         | 48.2%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++</b>   | <b>39</b>  | <b>-0.418</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |             |            |               |            |
| Breastfed                              | +           | 42         | 22.1%         | 24.9%      |
| Food Sufficiency                       | +++         | 29         | 70.3%         | 71.9%      |
| Physical Activity                      | ++          | 40         | 19.1%         | 20.5%      |
| Soda Consumption — Youth†              | —           | —          | 12.0%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |             |            |               |            |
| Dual Contraceptive Nonuse†             | —           | —          | 90.3%         | 90.9%      |
| Teen Births                            | ++          | 31         | 17.3          | 15.4       |
| <b>Sleep Health</b>                    |             |            |               |            |
| Adequate Sleep                         | ++          | 36         | 63.8%         | 66.6%      |
| Sleep Position†                        | —           | —          | —             | 80.2%      |
| <b>Tobacco Use — Youth</b>             |             |            |               |            |
| Electronic Vapor Product Use†          | —           | —          | 35.5%         | 32.7%      |
| Tobacco Use                            | +++         | 25         | 3.5%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++</b>  | <b>29</b>  | <b>-0.154</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |             |            |               |            |
| Alcohol Use — Youth                    | +++++       | 7          | 8.1%          | 8.8%       |
| Anxiety                                | ++++        | 15         | 9.0%          | 9.2%       |
| Depression                             | +++         | 21         | 4.2%          | 4.2%       |
| Flourishing                            | +           | 45         | 64.0%         | 66.6%      |
| Illicit Drug Use — Youth               | +++++       | 9          | 6.1%          | 7.7%       |
| Teen Suicide†                          | —           | —          | 9.4           | 10.8       |
| <b>Mortality</b>                       |             |            |               |            |
| Child Mortality                        | +++         | 26         | 27.3          | 25.9       |
| Infant Mortality                       | +           | 41         | 6.8           | 5.6        |
| <b>Physical Health</b>                 |             |            |               |            |
| Asthma                                 | ++++        | 12         | 5.7%          | 6.9%       |
| High Health Status†                    | +           | 43         | 89.0%         | 90.2%      |
| Low Birthweight                        | +           | 43         | 9.5%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++         | 26         | 2.0           | 2.0        |
| Neonatal Abstinence Syndrome†          | —           | —          | 9.2           | 6.1        |
| Overweight or Obesity — Youth          | +++         | 29         | 33.5%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++</b>  | <b>28</b>  | <b>-0.020</b> | <b>—</b>   |

|                                      |            |           |               |          |
|--------------------------------------|------------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++</b> | <b>30</b> | <b>-0.073</b> | <b>—</b> |
|--------------------------------------|------------|-----------|---------------|----------|

# North Dakota

State Health Department Website: [health.nd.gov](https://health.nd.gov)

Overall Rank:

15

## Summary

### Strengths:

- High percentage of youth who are flourishing
- High prevalence of physical activity among children
- High percentage of female college graduates

### Challenges:

- High infant mortality rate
- High racial disparity between Black and white children in poverty
- High prevalence of excessive drinking among women

### Highlights:

#### FREQUENT MENTAL DISTRESS

▲114%

from 9.4% to 20.1% of women ages 18-44 between 2013-2014 and 2019-2020.

#### TEEN BIRTHS

▼44%

from 24.4 to 13.7 births per 1,000 females ages 15-19 between 2013 and 2020.

#### HPV VACCINATION

▲33%

from 52.7% to 70.3% of adolescents ages 13-17 between 2016 and 2020.

#### LOW BIRTHWEIGHT

▲11%

from 6.2% to 6.9% of live births between 2014 and 2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++++  | 3          | 1.090       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 5.9        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 4.5%       | 2.5%        |            |
| Violent Crime                                 | ++++   | 16         | 285         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++++  | 3          | 5.9%        | 26.1%      |
| Food Insecurity                               | +++++  | 4          | 7.9%        | 10.7%      |
| Gender Pay Gap*                               | +      | 44         | 75.0%       | 81.0%      |
| Poverty                                       | +++    | 23         | 15.0%       | 15.2%      |
| Unemployment                                  | +++++  | 2          | 4.4%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++++  | 6          | 43.3%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +++++  | 6          | 9.1%        | 12.0%      |
| Residential Segregation — Black/White         | +++++  | 9          | 57          | —          |
| Voter Participation                           | +++++  | 10         | 66.8%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++++  | 2          | 0.451       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++++  | 4          | 4.8         | 8.3        |
| Drinking Water Violations                     | +++++  | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | ++     | 34         | 16.9%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 11         | 233,406     | —          |
| Water Fluoridation                            | +++++  | 4          | 96.5%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++     | 37         | 0           | —          |
| Transportation Energy Use*                    | +      | 48         | 16.8        | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++     | 38         | 81.4%       | 75.4%      |
| Housing With Lead Risk                        | +++    | 26         | 17.0%       | 17.6%      |
| Severe Housing Problems                       | +++++  | 2          | 11.6%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++     | 31         | -0.136      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | +++    | 27         | 8.9%        | 8.4%       |
| Firearm Deaths*                         | —      | 4.6        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++++  | 3          | 10.2%       | 16.8%      |
| Children in Poverty Racial Disparity    | +      | 49         | 6.5         | 3.0        |
| High-speed Internet                     | ++++   | 20         | 93.7%       | 92.6%      |
| Students Experiencing Homelessness      | ++     | 32         | 2.3%        | 2.5%       |
| WIC Coverage                            | +++++  | 10         | 59.2%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +      | 50         | 28.5%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++    | 29         | 34.3%       | 34.3%      |
| High School Graduation                  | ++++   | 14         | 88.3%       | 85.8%      |
| High School Graduation Racial Disparity | ++     | 40         | 19.8        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 16         | 13.8%       | 14.0%      |
| Foster Care Instability                 | +      | 47         | 25.0%       | 14.9%      |
| Neighborhood Amenities                  | +++    | 22         | 34.9%       | 35.5%      |
| Reading, Singing or Storytelling        | +++    | 27         | 57.5%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b>  | <b>23</b>  | <b>0.276</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |               |            |
| Adequate Prenatal Care                  | +++         | 21         | 77.8%         | 74.7%      |
| Avoided Care Due to Cost                | ++++        | 19         | 14.7%         | 17.5%      |
| Publicly-funded Women's Health Services | +++         | 30         | 23%           | 29%        |
| Uninsured                               | ++++        | 12         | 8.1%          | 12.9%      |
| Women's Health Providers                | ++          | 37         | 42.3          | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |               |            |
| Cervical Cancer Screening               | ++          | 37         | 75.1%         | 77.1%      |
| Dental Visit                            | +++         | 23         | 67.9%         | 65.5%      |
| Flu Vaccination                         | +++++       | 4          | 49.9%         | 38.9%      |
| Postpartum Visit†                       | —           | —          | 89.3%         | 88.4%      |
| Well-woman Visit                        | ++          | 39         | 69.6%         | 72.0%      |
| <b>Quality of Care</b>                  |             |            |               |            |
| Breastfeeding Initiation†               | —           | —          | 83.5%         | 83.9%      |
| Dedicated Health Care Provider          | +           | 42         | 67.4%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++++       | 6          | 20.3%         | 25.9%      |
| Maternity Practices Score               | ++          | 36         | 77            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++</b>  | <b>29</b>  | <b>-0.192</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |               |            |
| Exercise                                | ++++        | 13         | 22.8%         | 21.5%      |
| Fruit and Vegetable Consumption         | +           | 48         | 6.7%          | 10.4%      |
| Physical Inactivity                     | ++          | 34         | 22.9%         | 22.3%      |
| <b>Sexual Health</b>                    |             |            |               |            |
| Chlamydia                               | +++         | 26         | 1,563.2       | 1,552.8    |
| High-risk HIV Behaviors                 | +++++       | 4          | 7.9%          | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 20.4%         | 28.5%      |
| <b>Sleep Health</b>                     |             |            |               |            |
| Insufficient Sleep                      | +++         | 22         | 32.9%         | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |               |            |
| E-cigarette Use†                        | —           | —          | 6.7%          | 7.6%       |
| Smoking                                 | ++          | 32         | 17.8%         | 13.4%      |
| Smoking During Pregnancy                | ++          | 36         | 9.7%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++</b>  | <b>22</b>  | <b>-0.075</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |               |            |
| Drug Deaths†                            | ++++        | 13         | 15.2          | 22.4       |
| Excessive Drinking                      | +           | 46         | 24.5%         | 19.4%      |
| Frequent Mental Distress                | +++         | 26         | 20.1%         | 19.4%      |
| Illicit Drug Use                        | +++++       | 6          | 8.3%          | 10.8%      |
| Postpartum Depression†                  | —           | —          | 14.5%         | 13.6%      |
| <b>Mortality</b>                        |             |            |               |            |
| Maternal Mortality†                     | —           | —          | 20.6          | 19.3       |
| Mortality Rate                          | ++++        | 17         | 104.0         | 117.3      |
| <b>Physical Health</b>                  |             |            |               |            |
| Frequent Physical Distress              | ++          | 33         | 8.7%          | 7.5%       |
| High Blood Pressure                     | ++++        | 12         | 8.5%          | 10.6%      |
| High Health Status†                     | ++++        | 19         | 59.0%         | 57.4%      |
| Multiple Chronic Conditions             | ++++        | 17         | 4.0%          | 4.1%       |
| Obesity                                 | ++          | 32         | 32.1%         | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | 57.1          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++++</b> | <b>12</b>  | <b>0.308</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++</b>    | <b>32</b>  | <b>-0.048</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | +++          | 22         | 3.0%          | 2.8%       |
| Pediatricians                          | +            | 43         | 70.1          | 107.2      |
| Uninsured                              | +            | 42         | 7.8%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | ++++         | 13         | 74.1%         | 70.5%      |
| HPV Vaccination                        | +++++        | 6          | 70.3%         | 58.6%      |
| Preventive Dental Care                 | ++           | 36         | 74.2%         | 75.1%      |
| Well-child Visit                       | ++           | 40         | 73.6%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | +            | 49         | 60.3%         | 68.2%      |
| Developmental Screening                | ++++         | 15         | 41.2%         | 34.8%      |
| Medical Home                           | ++++         | 12         | 51.7%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++++</b>  | <b>15</b>  | <b>0.480</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | ++++         | 19         | 27.4%         | 24.9%      |
| Food Sufficiency                       | ++++         | 16         | 74.0%         | 71.9%      |
| Physical Activity                      | +++++        | 1          | 29.8%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 9.0%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 85.5%         | 90.9%      |
| Teen Births                            | +++          | 24         | 13.7          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | +++++        | 10         | 72.5%         | 66.6%      |
| Sleep Position†                        | —            | —          | 82.5%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 33.1%         | 32.7%      |
| Tobacco Use                            | +            | 43         | 4.7%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++++</b> | <b>8</b>   | <b>0.381</b>  | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +++          | 29         | 9.1%          | 8.8%       |
| Anxiety                                | +++          | 27         | 10.4%         | 9.2%       |
| Depression                             | ++           | 31         | 4.8%          | 4.2%       |
| Flourishing                            | +++++        | 7          | 68.5%         | 66.6%      |
| Illicit Drug Use — Youth               | +++++        | 7          | 6.0%          | 7.7%       |
| Teen Suicide†                          | —            | —          | 16.8          | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | +++          | 21         | 25.9          | 25.9       |
| Infant Mortality                       | ++           | 38         | 6.5           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | +++++        | 9          | 5.6%          | 6.9%       |
| High Health Status†                    | ++++         | 16         | 92.3%         | 90.2%      |
| Low Birthweight                        | +++++        | 6          | 6.9%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++++        | 5          | 1.5           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 6.2           | 6.1        |
| Overweight or Obesity — Youth          | ++++         | 11         | 29.0%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++++</b>  | <b>17</b>  | <b>0.190</b>  | <b>—</b>   |

|                                      |             |           |              |          |
|--------------------------------------|-------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++++</b> | <b>15</b> | <b>0.224</b> | <b>—</b> |
|--------------------------------------|-------------|-----------|--------------|----------|

# Ohio

State Health Department Website: [odh.ohio.gov](https://odh.ohio.gov)

Overall Rank:

# 38

## Summary

### Strengths:

- High supply of pediatricians
- High prevalence of physical activity among children
- High state maternity practices score

### Challenges:

- High infant mortality rate
- High prevalence of multiple chronic conditions among women
- High prevalence of cigarette smoking among women

### Highlights:

#### ANXIETY

## ▲50%

from 7.2% to 10.8%  
of children ages 3-17  
between 2017-2018 and  
2020-2021.

#### FREQUENT MENTAL DISTRESS

## ▲21%

from 20.2% to 24.4%  
of women ages 18-44  
between 2017-2018  
and 2019-2020.

#### NEONATAL ABSTINENCE SYNDROME

## ▼21%

from 12.0 to 9.5  
diagnoses per 1,000  
birth hospitalizations  
between 2016 and 2019.

#### WELL-WOMAN VISITS

## ▲11%

from 66.2% to 73.4%  
of women ages 18-44  
between 2014-2015 and  
2019-2020.

## Women

| Measures                                      | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|-----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>++</b> | <b>34</b>  | <b>-0.124</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |           |            |               |            |
| Firearm Deaths†                               | —         | 61         | 5.1           |            |
| Intimate Partner Violence Before Pregnancy†   | —         | —          | 2.5%          |            |
| Violent Crime                                 | ++++      | 18         | 293           | 379        |
| <b>Economic Resources</b>                     |           |            |               |            |
| Concentrated Disadvantage                     | ++        | 32         | 25.0%         | 26.1%      |
| Food Insecurity                               | ++        | 35         | 11.6%         | 10.7%      |
| Gender Pay Gap†                               | +++       | 30         | 79.1%         | 81.0%      |
| Poverty                                       | ++        | 39         | 17.1%         | 15.2%      |
| Unemployment                                  | ++        | 32         | 7.9%          | 8.3%       |
| <b>Education</b>                              |           |            |               |            |
| College Graduate                              | ++        | 33         | 32.6%         | 35.6%      |
| <b>Social Support and Engagement</b>          |           |            |               |            |
| Infant Child Care Cost†                       | ++++      | 11         | 10.3%         | 12.0%      |
| Residential Segregation — Black/White         | ++        | 38         | 70            | —          |
| Voter Participation                           | ++++      | 18         | 63.5%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>+</b>  | <b>47</b>  | <b>-0.371</b> | <b>—</b>   |
| <b>Air and Water Quality</b>                  |           |            |               |            |
| Air Pollution                                 | +         | 41         | 8.5           | 8.3        |
| Drinking Water Violations                     | ++++      | 14         | 0.1%          | 0.8%       |
| Household Smoke                               | +         | 46         | 20.6%         | 13.8%      |
| Risk-screening Environmental Indicators Score | +         | 49         | 17,331,932    | —          |
| Water Fluoridation                            | +++++     | 9          | 92.5%         | 73.0%      |
| <b>Climate Change</b>                         |           |            |               |            |
| Climate Change Policies†                      | +++       | 28         | 1             | —          |
| Transportation Energy Use†                    | ++++      | 20         | 7.0           | 7.4        |
| <b>Housing and Transportation</b>             |           |            |               |            |
| Drive Alone to Work                           | +         | 44         | 82.2%         | 75.4%      |
| Housing With Lead Risk                        | +         | 43         | 24.8%         | 17.6%      |
| Severe Housing Problems                       | ++++      | 11         | 13.4%         | 17.3%      |

## Children

| Measures                                | Rating     | State Rank | State Value   | U.S. Value |
|-----------------------------------------|------------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>+++</b> | <b>28</b>  | <b>-0.092</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |            |            |               |            |
| Child Victimization†                    | +++        | 28         | 9.2%          | 8.4%       |
| Firearm Deaths†                         | —          | —          | 5.6           | 4.7        |
| <b>Economic Resources</b>               |            |            |               |            |
| Children in Poverty                     | ++         | 36         | 18.4%         | 16.8%      |
| Children in Poverty Racial Disparity    | ++++       | 13         | 3.1           | 3.0        |
| High-speed Internet                     | +++        | 24         | 93.2%         | 92.6%      |
| Students Experiencing Homelessness      | ++++       | 19         | 1.8%          | 2.5%       |
| WIC Coverage                            | ++         | 33         | 49.4%         | 54.6%      |
| <b>Education</b>                        |            |            |               |            |
| Early Childhood Education               | +++        | 21         | 47.7%         | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++       | 17         | 36.1%         | 34.3%      |
| High School Graduation                  | ++         | 39         | 82.0%         | 85.8%      |
| High School Graduation Racial Disparity | ++         | 32         | 15.9          | 15.1       |
| <b>Social Support and Engagement</b>    |            |            |               |            |
| Adverse Childhood Experiences           | +++        | 29         | 15.9%         | 14.0%      |
| Foster Care Instability                 | ++++       | 12         | 11.3%         | 14.9%      |
| Neighborhood Amenities                  | +++++      | 15         | 37.0%         | 35.5%      |
| Reading, Singing or Storytelling        | +++        | 25         | 58.1%         | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating     | State Rank | State Value   | U.S. Value |
|-----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b> | <b>24</b>  | <b>0.269</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |            |            |               |            |
| Adequate Prenatal Care                  | ++++       | 20         | 77.9%         | 74.7%      |
| Avoided Care Due to Cost                | ++++       | 20         | 15.0%         | 17.5%      |
| Publicly-funded Women's Health Services | ++         | 40         | 20%           | 29%        |
| Uninsured                               | ++++       | 16         | 8.9%          | 12.9%      |
| Women's Health Providers                | +++        | 26         | 47.6          | 49.5       |
| <b>Preventive Clinical Care</b>         |            |            |               |            |
| Cervical Cancer Screening               | +++        | 23         | 77.5%         | 77.1%      |
| Dental Visit                            | +++        | 22         | 68.1%         | 65.5%      |
| Flu Vaccination                         | ++         | 32         | 38.0%         | 38.9%      |
| Postpartum Visit†                       | —          | —          | 89.9%         | 88.4%      |
| Well-woman Visit                        | +++        | 24         | 73.4%         | 72.0%      |
| <b>Quality of Care</b>                  |            |            |               |            |
| Breastfeeding Initiation†               | —          | —          | 76.3%         | 83.9%      |
| Dedicated Health Care Provider          | +++        | 21         | 74.2%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++         | 31         | 26.3%         | 25.9%      |
| Maternity Practices Score               | +++++      | 10         | 84            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+</b>   | <b>43</b>  | <b>-0.822</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |            |            |               |            |
| Exercise                                | ++         | 39         | 19.0%         | 21.5%      |
| Fruit and Vegetable Consumption         | +          | 46         | 7.3%          | 10.4%      |
| Physical Inactivity                     | ++         | 34         | 22.9%         | 22.3%      |
| <b>Sexual Health</b>                    |            |            |               |            |
| Chlamydia                               | ++         | 38         | 1,764.7       | 1,552.8    |
| High-risk HIV Behaviors                 | ++++       | 19         | 9.0%          | 9.6%       |
| Unintended Pregnancy†                   | —          | —          | —             | 28.5%      |
| <b>Sleep Health</b>                     |            |            |               |            |
| Insufficient Sleep                      | ++         | 39         | 37.7%         | 33.4%      |
| <b>Tobacco Use</b>                      |            |            |               |            |
| E-cigarette Use†                        | —          | —          | 8.3%          | 7.6%       |
| Smoking                                 | +          | 48         | 22.0%         | 13.4%      |
| Smoking During Pregnancy                | +          | 42         | 11.5%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+</b>   | <b>42</b>  | <b>-0.874</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |            |            |               |            |
| Drug Deaths†                            | +          | 48         | 46.9          | 22.4       |
| Excessive Drinking                      | ++         | 33         | 21.2%         | 19.4%      |
| Frequent Mental Distress                | +          | 44         | 24.4%         | 19.4%      |
| Illicit Drug Use                        | ++         | 33         | 11.9%         | 10.8%      |
| Postpartum Depression†                  | —          | —          | 9.7%          | 13.6%      |
| <b>Mortality</b>                        |            |            |               |            |
| Maternal Mortality†                     | —          | —          | 20.6          | 19.3       |
| Mortality Rate                          | ++         | 40         | 150.3         | 117.3      |
| <b>Physical Health</b>                  |            |            |               |            |
| Frequent Physical Distress              | ++         | 31         | 8.6%          | 7.5%       |
| High Blood Pressure                     | ++         | 33         | 11.5%         | 10.6%      |
| High Health Status†                     | +++        | 30         | 57.5%         | 57.4%      |
| Multiple Chronic Conditions             | +          | 43         | 6.1%          | 4.1%       |
| Obesity                                 | ++         | 39         | 34.8%         | 30.4%      |
| Severe Maternal Morbidity†              | —          | —          | 78.4          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+</b>   | <b>42</b>  | <b>-0.422</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating     | State Rank | State Value   | U.S. Value |
|----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++</b> | <b>30</b>  | <b>0.065</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |            |            |               |            |
| ADD/ADHD Treatment                     | ++++       | 11         | 3.9%          | 2.8%       |
| Pediatricians                          | +++++      | 10         | 135.1         | 107.2      |
| Uninsured                              | +++        | 23         | 4.8%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |            |            |               |            |
| Childhood Immunizations                | ++         | 40         | 68.1%         | 70.5%      |
| HPV Vaccination                        | ++         | 38         | 53.2%         | 58.6%      |
| Preventive Dental Care                 | +          | 49         | 69.6%         | 75.1%      |
| Well-child Visit                       | +++        | 22         | 78.5%         | 76.7%      |
| <b>Quality of Care</b>                 |            |            |               |            |
| Adequate Insurance                     | +++        | 24         | 68.8%         | 68.2%      |
| Developmental Screening                | +++        | 24         | 37.0%         | 34.8%      |
| Medical Home                           | +++        | 21         | 49.5%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++</b>  | <b>32</b>  | <b>-0.198</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |            |            |               |            |
| Breastfed                              | ++         | 35         | 23.7%         | 24.9%      |
| Food Sufficiency                       | ++         | 33         | 68.9%         | 71.9%      |
| Physical Activity                      | +++++      | 8          | 25.5%         | 20.5%      |
| Soda Consumption — Youth†              | —          | —          | 10.5%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |            |            |               |            |
| Dual Contraceptive Nonuse†             | —          | —          | 90.9%         | 90.9%      |
| Teen Births                            | ++         | 32         | 17.6          | 15.4       |
| <b>Sleep Health</b>                    |            |            |               |            |
| Adequate Sleep                         | ++         | 34         | 64.6%         | 66.6%      |
| Sleep Position†                        | —          | —          | 89.1%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |            |            |               |            |
| Electronic Vapor Product Use†          | —          | —          | 29.8%         | 32.7%      |
| Tobacco Use                            | ++         | 37         | 4.1%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++</b>  | <b>40</b>  | <b>-0.307</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |            |            |               |            |
| Alcohol Use — Youth                    | ++         | 35         | 9.3%          | 8.8%       |
| Anxiety                                | ++         | 32         | 10.8%         | 9.2%       |
| Depression                             | +++        | 28         | 4.5%          | 4.2%       |
| Flourishing                            | +++        | 27         | 66.1%         | 66.6%      |
| Illicit Drug Use — Youth               | ++++       | 20         | 6.8%          | 7.7%       |
| Teen Suicide†                          | —          | —          | 11.3          | 10.8       |
| <b>Mortality</b>                       |            |            |               |            |
| Child Mortality                        | +++        | 28         | 27.6          | 25.9       |
| Infant Mortality                       | +          | 42         | 6.9           | 5.6        |
| <b>Physical Health</b>                 |            |            |               |            |
| Asthma                                 | ++         | 33         | 7.1%          | 6.9%       |
| High Health Status†                    | ++++       | 12         | 92.4%         | 90.2%      |
| Low Birthweight                        | ++         | 31         | 8.5%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++        | 26         | 2.0           | 2.0        |
| Neonatal Abstinence Syndrome†          | —          | —          | 9.5           | 6.1        |
| Overweight or Obesity — Youth          | ++         | 34         | 34.0%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++</b>  | <b>36</b>  | <b>-0.188</b> | <b>—</b>   |

|                                      |           |           |               |          |
|--------------------------------------|-----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++</b> | <b>38</b> | <b>-0.289</b> | <b>—</b> |
|--------------------------------------|-----------|-----------|---------------|----------|

# Oklahoma

State Health Department Website: [oklahoma.gov/health](https://oklahoma.gov/health)

Overall Rank:

47

## Summary

### Strengths:

- Low prevalence of excessive drinking among women
- Low prevalence of illicit drug use among youth
- Low Black/white residential segregation

### Challenges:

- High prevalence of adverse childhood experiences (ACEs)
- High percentage of household food insecurity
- High prevalence of physical inactivity among women

### Highlights:

#### TEEN BIRTHS

▼42%

from 42.9 to 25.0 births  
per 1,000 females ages  
15-19 between 2013  
and 2020.

#### OBESITY

▲22%

from 30.8% to 37.6%  
of women ages 18-44  
between 2013-2014  
and 2019-2020.

#### CERVICAL CANCER SCREENING

▼10%

from 81.9% to 73.6%  
of women ages 21-44  
between 2016 and  
2020.

#### INFANT MORTALITY

▼8%

from 7.6 to 7.0 deaths  
per 1,000 live births  
between 2016-2017  
and 2018-2019.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +      | 45         | -0.589      | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 7.5        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 2.5%       |             |            |
| Violent Crime                                 | ++     | 37         | 432         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++     | 33         | 27.6%       | 26.1%      |
| Food Insecurity                               | +      | 47         | 14.6%       | 10.7%      |
| Gender Pay Gap†                               | +      | 47         | 73.3%       | 81.0%      |
| Poverty                                       | +      | 43         | 19.4%       | 15.2%      |
| Unemployment                                  | ++++   | 17         | 6.8%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +      | 48         | 26.4%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | ++++   | 14         | 11.0%       | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 14         | 59          | —          |
| Voter Participation                           | +      | 42         | 56.9%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +      | 42         | -0.205      | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++     | 40         | 8.4         | 8.3        |
| Drinking Water Violations                     | +      | 44         | 2.4%        | 0.8%       |
| Household Smoke                               | ++     | 38         | 17.6%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 19         | 2,083,675   | —          |
| Water Fluoridation                            | ++     | 32         | 67.5%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++     | 37         | 0           | —          |
| Transportation Energy Use†                    | +      | 43         | 10.7        | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +      | 44         | 82.2%       | 75.4%      |
| Housing With Lead Risk                        | +++    | 21         | 14.7%       | 17.6%      |
| Severe Housing Problems                       | ++++   | 16         | 13.9%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +      | 46         | -0.623      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | +      | 44         | 15.4%       | 8.4%       |
| Firearm Deaths†                         | —      | 6.5        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +      | 43         | 19.9%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 6          | 2.6         | 3.0        |
| High-speed Internet                     | ++     | 36         | 91.3%       | 92.6%      |
| Students Experiencing Homelessness      | +      | 44         | 3.6%        | 2.5%       |
| WIC Coverage                            | +++    | 21         | 54.2%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++     | 37         | 43.7%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +      | 46         | 28.5%       | 34.3%      |
| High School Graduation                  | +++    | 30         | 84.9%       | 85.8%      |
| High School Graduation Racial Disparity | ++++   | 3          | 6.2         | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +      | 41         | 18.3%       | 14.0%      |
| Foster Care Instability                 | ++     | 39         | 19.6%       | 14.9%      |
| Neighborhood Amenities                  | +      | 48         | 16.5%       | 35.5%      |
| Reading, Singing or Storytelling        | +      | 46         | 51.9%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+</b>  | <b>46</b>  | <b>-0.590</b> | <b>—</b>   |
| <b>Access to Care</b>                   |           |            |               |            |
| Adequate Prenatal Care                  | +++       | 30         | 75.9%         | 74.7%      |
| Avoided Care Due to Cost                | +         | 47         | 24.1%         | 17.5%      |
| Publicly-funded Women's Health Services | ++++      | 16         | 30%           | 29%        |
| Uninsured                               | +         | 49         | 21.6%         | 12.9%      |
| Women's Health Providers                | +         | 47         | 36.9          | 49.5       |
| <b>Preventive Clinical Care</b>         |           |            |               |            |
| Cervical Cancer Screening               | +         | 42         | 73.6%         | 77.1%      |
| Dental Visit                            | +         | 48         | 60.0%         | 65.5%      |
| Flu Vaccination                         | +++       | 27         | 40.2%         | 38.9%      |
| Postpartum Visit†                       | —         | —          | —             | 88.4%      |
| Well-woman Visit                        | ++        | 34         | 70.7%         | 72.0%      |
| <b>Quality of Care</b>                  |           |            |               |            |
| Breastfeeding Initiation†               | —         | —          | 82.1%         | 83.9%      |
| Dedicated Health Care Provider          | ++        | 38         | 69.6%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++++      | 18         | 23.8%         | 25.9%      |
| Maternity Practices Score               | ++        | 31         | 79            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+</b>  | <b>44</b>  | <b>-0.868</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |           |            |               |            |
| Exercise                                | +         | 50         | 13.8%         | 21.5%      |
| Fruit and Vegetable Consumption         | +         | 50         | 5.7%          | 10.4%      |
| Physical Inactivity                     | +         | 48         | 27.2%         | 22.3%      |
| <b>Sexual Health</b>                    |           |            |               |            |
| Chlamydia                               | +         | 41         | 1,838.8       | 1,552.8    |
| High-risk HIV Behaviors                 | ++++      | 12         | 8.7%          | 9.6%       |
| Unintended Pregnancy†                   | —         | —          | —             | 28.5%      |
| <b>Sleep Health</b>                     |           |            |               |            |
| Insufficient Sleep                      | +++       | 26         | 33.7%         | 33.4%      |
| <b>Tobacco Use</b>                      |           |            |               |            |
| E-cigarette Use†                        | —         | —          | —             | 7.6%       |
| Smoking                                 | ++        | 33         | 17.9%         | 13.4%      |
| Smoking During Pregnancy                | ++        | 35         | 9.3%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++</b> | <b>38</b>  | <b>-0.625</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |           |            |               |            |
| Drug Deaths†                            | ++++      | 19         | 17.5          | 22.4       |
| Excessive Drinking                      | +++++     | 3          | 13.6%         | 19.4%      |
| Frequent Mental Distress                | ++        | 39         | 23.0%         | 19.4%      |
| Illicit Drug Use                        | +++       | 23         | 10.8%         | 10.8%      |
| Postpartum Depression†                  | —         | —          | —             | 13.6%      |
| <b>Mortality</b>                        |           |            |               |            |
| Maternal Mortality†                     | —         | —          | 23.7          | 19.3       |
| Mortality Rate                          | ++        | 38         | 145.2         | 117.3      |
| <b>Physical Health</b>                  |           |            |               |            |
| Frequent Physical Distress              | +         | 45         | 9.7%          | 7.5%       |
| High Blood Pressure                     | ++        | 37         | 12.5%         | 10.6%      |
| High Health Status†                     | +         | 46         | 52.5%         | 57.4%      |
| Multiple Chronic Conditions             | +         | 41         | 5.8%          | 4.1%       |
| Obesity                                 | +         | 44         | 37.6%         | 30.4%      |
| Severe Maternal Morbidity†              | —         | —          | 68.8          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+</b>  | <b>45</b>  | <b>-0.583</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating    | State Rank | State Value   | U.S. Value |
|----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+</b>  | <b>44</b>  | <b>-0.574</b> | <b>—</b>   |
| <b>Access to Care</b>                  |           |            |               |            |
| ADD/ADHD Treatment                     | +++       | 27         | 2.7%          | 2.8%       |
| Pediatricians                          | +         | 44         | 67.6          | 107.2      |
| Uninsured                              | +         | 46         | 8.6%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |           |            |               |            |
| Childhood Immunizations                | +         | 45         | 66.3%         | 70.5%      |
| HPV Vaccination                        | +         | 46         | 45.8%         | 58.6%      |
| Preventive Dental Care                 | +         | 43         | 73.0%         | 75.1%      |
| Well-child Visit                       | +         | 43         | 73.0%         | 76.7%      |
| <b>Quality of Care</b>                 |           |            |               |            |
| Adequate Insurance                     | ++++      | 16         | 71.1%         | 68.2%      |
| Developmental Screening                | +++       | 28         | 35.1%         | 34.8%      |
| Medical Home                           | ++        | 32         | 47.6%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++</b> | <b>40</b>  | <b>-0.600</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |           |            |               |            |
| Breastfed                              | ++        | 38         | 23.2%         | 24.9%      |
| Food Sufficiency                       | +         | 46         | 65.2%         | 71.9%      |
| Physical Activity                      | ++        | 31         | 21.6%         | 20.5%      |
| Soda Consumption — Youth†              | —         | —          | 14.2%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |           |            |               |            |
| Dual Contraceptive Nonuse†             | —         | —          | 87.2%         | 90.9%      |
| Teen Births                            | +         | 47         | 25.0          | 15.4       |
| <b>Sleep Health</b>                    |           |            |               |            |
| Adequate Sleep                         | +++       | 30         | 65.8%         | 66.6%      |
| Sleep Position†                        | —         | —          | —             | 80.2%      |
| <b>Tobacco Use — Youth</b>             |           |            |               |            |
| Electronic Vapor Product Use†          | —         | —          | 27.8%         | 32.7%      |
| Tobacco Use                            | +++       | 21         | 3.4%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+</b>  | <b>41</b>  | <b>-0.318</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |           |            |               |            |
| Alcohol Use — Youth                    | ++++      | 11         | 8.2%          | 8.8%       |
| Anxiety                                | +++       | 23         | 10.0%         | 9.2%       |
| Depression                             | ++++      | 13         | 3.7%          | 4.2%       |
| Flourishing                            | +++       | 25         | 66.5%         | 66.6%      |
| Illicit Drug Use — Youth               | ++++      | 11         | 6.2%          | 7.7%       |
| Teen Suicide†                          | —         | —          | 17.8          | 10.8       |
| <b>Mortality</b>                       |           |            |               |            |
| Child Mortality                        | ++        | 39         | 33.0          | 25.9       |
| Infant Mortality                       | +         | 44         | 7.0           | 5.6        |
| <b>Physical Health</b>                 |           |            |               |            |
| Asthma                                 | +         | 44         | 9.0%          | 6.9%       |
| High Health Status†                    | +++       | 30         | 90.5%         | 90.2%      |
| Low Birthweight                        | +++       | 30         | 8.4%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++       | 26         | 2.0           | 2.0        |
| Neonatal Abstinence Syndrome†          | —         | —          | 6.3           | 6.1        |
| Overweight or Obesity — Youth          | ++        | 36         | 34.3%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+</b>  | <b>46</b>  | <b>-0.469</b> | <b>—</b>   |

|                                      |          |           |               |          |
|--------------------------------------|----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+</b> | <b>47</b> | <b>-0.553</b> | <b>—</b> |
|--------------------------------------|----------|-----------|---------------|----------|



# Oregon

State Health Department Website: [oregon.gov/oha/ph](https://oregon.gov/oha/ph)

Overall Rank:

19

## Summary

### Strengths:

- Low percentage of low birthweight infants
- High WIC coverage among eligible children ages 0-4
- Low prevalence of physical inactivity among women

### Challenges:

- Low percentage of youth who are flourishing
- High prevalence of illicit drug use among youth
- High prevalence of high-risk HIV behaviors among women

### Highlights:

#### FLU VACCINATION

▲51%

from 25.8% to 39.0%  
of women ages 18-44  
between 2017-2018 and  
2019-2020.

#### POSTPARTUM DEPRESSION

▲48%

from 10.6% to 15.7% of  
women with a recent  
live birth between  
2012-2013 and 2020.

#### MORTALITY

▲21%

from 75.4 to 91.2 deaths  
per 100,000 women  
ages 20-44 between  
2019 and 2020.

#### FOOD SUFFICIENCY

▲10%

from 67.9% to 74.8%  
of children ages 0-17  
between 2018-2019 and  
2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 14         | 0.492       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 4.5        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 3.9%       | 2.5%        |            |
| Violent Crime                                 | ++++   | 15         | 284         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 18         | 16.4%       | 26.1%      |
| Food Insecurity                               | ++++   | 13         | 9.2%        | 10.7%      |
| Gender Pay Gap*                               | +++    | 24         | 79.9%       | 81.0%      |
| Poverty                                       | ++++   | 18         | 14.4%       | 15.2%      |
| Unemployment                                  | ++     | 37         | 8.2%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 19         | 37.4%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | ++++   | 17         | 11.4%       | 12.0%      |
| Residential Segregation — Black/White         | +++    | 27         | 66          | —          |
| Voter Participation                           | +++++  | 6          | 69.2%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  |        |            |             |            |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +      | 47         | 9.2         | 8.3        |
| Drinking Water Violations                     | +++    | 30         | 0.3%        | 0.8%       |
| Household Smoke                               | +++++  | 9          | 11.1%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++    | 21         | 2,250,750   | —          |
| Water Fluoridation                            | +      | 48         | 26.3%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use*                    | ++++   | 15         | 6.6         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++++  | 6          | 71.5%       | 75.4%      |
| Housing With Lead Risk                        | +++    | 24         | 16.1%       | 17.6%      |
| Severe Housing Problems                       | +      | 44         | 18.8%       | 17.3%      |

## Children

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 22         | 0.046       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Child Victimization*                          | ++     | 38         | 13.3%       | 8.4%       |
| Firearm Deaths*                               | —      | 3.8        | 4.7         |            |
| <b>Economic Resources</b>                     |        |            |             |            |
| Children in Poverty                           | ++++   | 16         | 13.1%       | 16.8%      |
| Children in Poverty Racial Disparity          | ++++   | 16         | 3.2         | 3.0        |
| High-speed Internet                           | ++++   | 11         | 94.9%       | 92.6%      |
| Students Experiencing Homelessness            | +      | 46         | 3.7%        | 2.5%       |
| WIC Coverage                                  | +++++  | 2          | 66.8%       | 54.6%      |
| <b>Education</b>                              |        |            |             |            |
| Early Childhood Education                     | ++     | 35         | 43.9%       | 48.9%      |
| Fourth Grade Reading Proficiency              | ++     | 32         | 33.8%       | 34.3%      |
| High School Graduation                        | +      | 48         | 80.0%       | 85.8%      |
| High School Graduation Racial Disparity       | ++++   | 19         | 13.3        | 15.1       |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Adverse Childhood Experiences                 | +++    | 23         | 15.4%       | 14.0%      |
| Foster Care Instability                       | ++     | 33         | 16.7%       | 14.9%      |
| Neighborhood Amenities                        | +++    | 21         | 35.2%       | 35.5%      |
| Reading, Singing or Storytelling              | +++++  | 8          | 64.2%       | 57.2%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++     | 38         | -0.145      | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +      | 47         | 9.2         | 8.3        |
| Drinking Water Violations                     | +++    | 30         | 0.3%        | 0.8%       |
| Household Smoke                               | +++++  | 9          | 11.1%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++    | 21         | 2,250,750   | —          |
| Water Fluoridation                            | +      | 48         | 26.3%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use*                    | ++++   | 15         | 6.6         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++++  | 6          | 71.5%       | 75.4%      |
| Housing With Lead Risk                        | +++    | 24         | 16.1%       | 17.6%      |
| Severe Housing Problems                       | +      | 44         | 18.8%       | 17.3%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value   | U.S. Value |
|-----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++++</b> | <b>10</b>  | <b>0.641</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |               |            |
| Adequate Prenatal Care                  | +++          | 25         | 76.7%         | 74.7%      |
| Avoided Care Due to Cost                | +++          | 28         | 16.9%         | 17.5%      |
| Publicly-funded Women's Health Services | +++++        | 6          | 40%           | 29%        |
| Uninsured                               | ++++         | 18         | 9.3%          | 12.9%      |
| Women's Health Providers                | +++++        | 4          | 71.5          | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |               |            |
| Cervical Cancer Screening               | ++++         | 16         | 78.6%         | 77.1%      |
| Dental Visit                            | +++++        | 11         | 70.3%         | 65.5%      |
| Flu Vaccination                         | +++          | 29         | 39.0%         | 38.9%      |
| Postpartum Visit†                       | —            | —          | 91.9%         | 88.4%      |
| Well-woman Visit                        | +++          | 29         | 72.5%         | 72.0%      |
| <b>Quality of Care</b>                  |              |            |               |            |
| Breastfeeding Initiation†               | —            | —          | 95.2%         | 83.9%      |
| Dedicated Health Care Provider          | +++          | 29         | 72.8%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++          | 27         | 25.0%         | 25.9%      |
| Maternity Practices Score               | +++++        | 2          | 87            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++++</b>  | <b>16</b>  | <b>0.215</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |               |            |
| Exercise                                | +++          | 27         | 21.3%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++++         | 13         | 11.5%         | 10.4%      |
| Physical Inactivity                     | +++++        | 7          | 17.8%         | 22.3%      |
| <b>Sexual Health</b>                    |              |            |               |            |
| Chlamydia                               | +++++        | 9          | 1,208.2       | 1,552.8    |
| High-risk HIV Behaviors                 | +            | 49         | 11.9%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 25.0%         | 28.5%      |
| <b>Sleep Health</b>                     |              |            |               |            |
| Insufficient Sleep                      | +++++        | 6          | 28.5%         | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |               |            |
| E-cigarette Use†                        | —            | —          | 6.7%          | 7.6%       |
| Smoking                                 | ++++         | 18         | 13.3%         | 13.4%      |
| Smoking During Pregnancy                | +++          | 24         | 6.8%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++</b>   | <b>28</b>  | <b>-0.215</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |               |            |
| Drug Deaths†                            | +++++        | 8          | 12.8          | 22.4       |
| Excessive Drinking                      | ++           | 37         | 21.8%         | 19.4%      |
| Frequent Mental Distress                | +++          | 29         | 21.5%         | 19.4%      |
| Illicit Drug Use                        | +            | 44         | 13.5%         | 10.8%      |
| Postpartum Depression†                  | —            | —          | 15.7%         | 13.6%      |
| <b>Mortality</b>                        |              |            |               |            |
| Maternal Mortality†                     | —            | —          | 15.0          | 19.3       |
| Mortality Rate                          | +++++        | 8          | 91.2          | 117.3      |
| <b>Physical Health</b>                  |              |            |               |            |
| Frequent Physical Distress              | +++          | 26         | 8.1%          | 7.5%       |
| High Blood Pressure                     | +++          | 25         | 10.4%         | 10.6%      |
| High Health Status†                     | +++          | 28         | 57.9%         | 57.4%      |
| Multiple Chronic Conditions             | +++          | 29         | 4.8%          | 4.1%       |
| Obesity                                 | ++++         | 15         | 27.2%         | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 72.2          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>17</b>  | <b>0.180</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++++</b>  | <b>14</b>  | <b>0.512</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | ++           | 40         | 2.0%          | 2.8%       |
| Pediatricians                          | +++          | 22         | 102.7         | 107.2      |
| Uninsured                              | ++++         | 18         | 4.1%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | +++          | 28         | 71.1%         | 70.5%      |
| HPV Vaccination                        | ++++         | 19         | 61.6%         | 58.6%      |
| Preventive Dental Care                 | ++++         | 18         | 77.6%         | 75.1%      |
| Well-child Visit                       | +++          | 29         | 76.5%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | ++++         | 15         | 71.4%         | 68.2%      |
| Developmental Screening                | +++++        | 1          | 50.6%         | 34.8%      |
| Medical Home                           | ++++         | 15         | 51.3%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++++</b> | <b>8</b>   | <b>0.707</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | +++++        | 4          | 34.2%         | 24.9%      |
| Food Sufficiency                       | ++++         | 12         | 74.8%         | 71.9%      |
| Physical Activity                      | ++           | 32         | 21.0%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | —             | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | —             | 90.9%      |
| Teen Births                            | +++++        | 9          | 10.1          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | +++++        | 9          | 72.6%         | 66.6%      |
| Sleep Position†                        | —            | —          | 84.0%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | —             | 32.7%      |
| Tobacco Use                            | +++          | 28         | 3.6%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++</b>    | <b>33</b>  | <b>-0.191</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +            | 45         | 10.5%         | 8.8%       |
| Anxiety                                | +            | 42         | 12.5%         | 9.2%       |
| Depression                             | ++           | 35         | 5.2%          | 4.2%       |
| Flourishing                            | +            | 50         | 62.8%         | 66.6%      |
| Illicit Drug Use — Youth               | +            | 48         | 11.4%         | 7.7%       |
| Teen Suicide†                          | —            | —          | 16.0          | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | +++++        | 10         | 22.4          | 25.9       |
| Infant Mortality                       | +++++        | 7          | 4.5           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | ++++         | 17         | 6.2%          | 6.9%       |
| High Health Status†                    | +++          | 27         | 91.0%         | 90.2%      |
| Low Birthweight                        | +++++        | 1          | 6.5%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++++         | 11         | 1.8           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 5.3           | 6.1        |
| Overweight or Obesity — Youth          | +++          | 21         | 31.5%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++++</b>  | <b>20</b>  | <b>0.110</b>  | <b>—</b>   |

|                                      |             |           |              |          |
|--------------------------------------|-------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++++</b> | <b>19</b> | <b>0.171</b> | <b>—</b> |
|--------------------------------------|-------------|-----------|--------------|----------|

# Pennsylvania

State Health Department Website: [health.pa.gov](https://health.pa.gov)

Overall Rank:

25

## Summary

### Strengths:

- High prevalence of reading, singing or storytelling
- High prevalence of physical activity among children
- Low prevalence of avoiding care due to cost among women

### Challenges:

- High prevalence of asthma among children
- High racial disparity between Hawaiian/Pacific Islander and white children in poverty
- High prevalence of insufficient sleep among women

### Highlights:

#### HPV VACCINATION

▲24%

from 54.1% to 67.1% of adolescents ages 13-17 between 2018 and 2020.

#### OBESITY

▲23%

from 25.5% to 31.3% of women ages 18-44 between 2014-2015 and 2019-2020.

#### AVERAGE VOTER PARTICIPATION

▲22%

from 52.0% to 63.4% of female U.S. citizens ages 18 and older between the 2012/2014 and 2018/2020 elections.

#### SEVERE MATERNAL MORBIDITY

▲14%

from 77.0 to 87.8 complications per 10,000 delivery hospitalizations between 2018 and 2019.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 29         | 0.011       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 4.5        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 2.2%       | 2.5%        |            |
| Violent Crime                                 | +++    | 22         | 306         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++    | 26         | 21.4%       | 26.1%      |
| Food Insecurity                               | ++++   | 19         | 9.9%        | 10.7%      |
| Gender Pay Gap†                               | +++    | 27         | 79.4%       | 81.0%      |
| Poverty                                       | +++    | 26         | 15.2%       | 15.2%      |
| Unemployment                                  | +      | 41         | 9.3%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++    | 22         | 36.9%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +++    | 21         | 11.6%       | 12.0%      |
| Residential Segregation — Black/White         | +      | 43         | 73          | —          |
| Voter Participation                           | ++++   | 20         | 63.4%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  |        |            |             |            |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +      | 41         | 8.5         | 8.3        |
| Drinking Water Violations                     | ++     | 34         | 0.5%        | 0.8%       |
| Household Smoke                               | ++     | 32         | 15.9%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +      | 45         | 15,195,382  | —          |
| Water Fluoridation                            | +      | 41         | 55.7%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use†                    | ++++   | 6          | 6.1         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 11         | 74.1%       | 75.4%      |
| Housing With Lead Risk                        | +      | 47         | 28.9%       | 17.6%      |
| Severe Housing Problems                       | +++    | 25         | 14.5%       | 17.3%      |

## Children

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 18         | 0.190       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Child Victimization†                          | ++++   | 1          | 1.7%        | 8.4%       |
| Firearm Deaths†                               | —      | 4.5        | 4.7         |            |
| <b>Economic Resources</b>                     |        |            |             |            |
| Children in Poverty                           | +++    | 30         | 16.9%       | 16.8%      |
| Children in Poverty Racial Disparity          | +      | 42         | 4.2         | 3.0        |
| High-speed Internet                           | +++    | 24         | 93.2%       | 92.6%      |
| Students Experiencing Homelessness            | ++++   | 19         | 1.8%        | 2.5%       |
| WIC Coverage                                  | +++    | 25         | 52.8%       | 54.6%      |
| <b>Education</b>                              |        |            |             |            |
| Early Childhood Education                     | +++    | 29         | 45.3%       | 48.9%      |
| Fourth Grade Reading Proficiency              | ++++   | 6          | 39.7%       | 34.3%      |
| High School Graduation                        | +++    | 25         | 86.5%       | 85.8%      |
| High School Graduation Racial Disparity       | +++    | 30         | 15.6        | 15.1       |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Adverse Childhood Experiences                 | ++++   | 10         | 12.4%       | 14.0%      |
| Foster Care Instability                       | ++++   | 9          | 10.8%       | 14.9%      |
| Neighborhood Amenities                        | +++    | 27         | 33.2%       | 35.5%      |
| Reading, Singing or Storytelling              | ++++   | 9          | 63.7%       | 57.2%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +      | 46         | -0.369      | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +      | 41         | 8.5         | 8.3        |
| Drinking Water Violations                     | ++     | 34         | 0.5%        | 0.8%       |
| Household Smoke                               | ++     | 32         | 15.9%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +      | 45         | 15,195,382  | —          |
| Water Fluoridation                            | +      | 41         | 55.7%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use†                    | ++++   | 6          | 6.1         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 11         | 74.1%       | 75.4%      |
| Housing With Lead Risk                        | +      | 47         | 28.9%       | 17.6%      |
| Severe Housing Problems                       | +++    | 25         | 14.5%       | 17.3%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value   | U.S. Value |
|-----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++++</b> | <b>9</b>   | <b>0.690</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |               |            |
| Adequate Prenatal Care                  | ++           | 36         | 74.3%         | 74.7%      |
| Avoided Care Due to Cost                | +++++        | 7          | 12.0%         | 17.5%      |
| Publicly-funded Women's Health Services | ++++         | 13         | 32%           | 29%        |
| Uninsured                               | +++++        | 8          | 7.6%          | 12.9%      |
| Women's Health Providers                | ++++         | 18         | 55.0          | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |               |            |
| Cervical Cancer Screening               | +++++        | 6          | 80.1%         | 77.1%      |
| Dental Visit                            | ++++         | 12         | 70.0%         | 65.5%      |
| Flu Vaccination                         | ++++         | 12         | 45.3%         | 38.9%      |
| Postpartum Visit†                       | —            | —          | 87.2%         | 88.4%      |
| Well-woman Visit                        | ++++         | 15         | 74.8%         | 72.0%      |
| <b>Quality of Care</b>                  |              |            |               |            |
| Breastfeeding Initiation†               | —            | —          | 81.8%         | 83.9%      |
| Dedicated Health Care Provider          | +++++        | 10         | 80.9%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++          | 28         | 25.4%         | 25.9%      |
| Maternity Practices Score               | +++          | 28         | 80            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++</b>    | <b>31</b>  | <b>-0.252</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |               |            |
| Exercise                                | ++++         | 12         | 23.3%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++++         | 13         | 11.5%         | 10.4%      |
| Physical Inactivity                     | +++          | 22         | 21.3%         | 22.3%      |
| <b>Sexual Health</b>                    |              |            |               |            |
| Chlamydia                               | ++++         | 18         | 1,375.1       | 1,552.8    |
| High-risk HIV Behaviors                 | ++           | 34         | 10.4%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 25.9%         | 28.5%      |
| <b>Sleep Health</b>                     |              |            |               |            |
| Insufficient Sleep                      | +            | 45         | 38.5%         | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |               |            |
| E-cigarette Use†                        | —            | —          | 7.5%          | 7.6%       |
| Smoking                                 | ++           | 31         | 17.2%         | 13.4%      |
| Smoking During Pregnancy                | ++           | 33         | 8.7%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++</b>    | <b>31</b>  | <b>-0.308</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |               |            |
| Drug Deaths†                            | +            | 46         | 40.4          | 22.4       |
| Excessive Drinking                      | +            | 41         | 22.2%         | 19.4%      |
| Frequent Mental Distress                | ++           | 32         | 21.9%         | 19.4%      |
| Illicit Drug Use                        | ++++         | 13         | 9.4%          | 10.8%      |
| Postpartum Depression†                  | —            | —          | 12.9%         | 13.6%      |
| <b>Mortality</b>                        |              |            |               |            |
| Maternal Mortality†                     | —            | —          | 14.6          | 19.3       |
| Mortality Rate                          | +++          | 26         | 120.4         | 117.3      |
| <b>Physical Health</b>                  |              |            |               |            |
| Frequent Physical Distress              | +            | 41         | 9.3%          | 7.5%       |
| High Blood Pressure                     | ++++         | 20         | 9.8%          | 10.6%      |
| High Health Status†                     | +++          | 30         | 57.5%         | 57.4%      |
| Multiple Chronic Conditions             | +++          | 23         | 4.5%          | 4.1%       |
| Obesity                                 | +++          | 26         | 31.3%         | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 87.8          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++</b>    | <b>32</b>  | <b>-0.081</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating      | State Rank | State Value   | U.S. Value |
|----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++++</b> | <b>12</b>  | <b>0.634</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |             |            |               |            |
| ADD/ADHD Treatment                     | ++++        | 20         | 3.2%          | 2.8%       |
| Pediatricians                          | +++++       | 8          | 142.1         | 107.2      |
| Uninsured                              | +++         | 22         | 4.6%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |             |            |               |            |
| Childhood Immunizations                | +++++       | 6          | 77.4%         | 70.5%      |
| HPV Vaccination                        | +++++       | 10         | 67.1%         | 58.6%      |
| Preventive Dental Care                 | +++         | 23         | 77.2%         | 75.1%      |
| Well-child Visit                       | ++++        | 11         | 80.9%         | 76.7%      |
| <b>Quality of Care</b>                 |             |            |               |            |
| Adequate Insurance                     | +++         | 22         | 69.2%         | 68.2%      |
| Developmental Screening                | ++          | 39         | 31.4%         | 34.8%      |
| Medical Home                           | ++          | 35         | 47.4%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++</b>  | <b>24</b>  | <b>0.197</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |             |            |               |            |
| Breastfed                              | +++         | 30         | 24.6%         | 24.9%      |
| Food Sufficiency                       | +++         | 23         | 72.8%         | 71.9%      |
| Physical Activity                      | ++++        | 11         | 25.0%         | 20.5%      |
| Soda Consumption — Youth†              | —           | —          | 9.1%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |             |            |               |            |
| Dual Contraceptive Nonuse†             | —           | —          | 88.3%         | 90.9%      |
| Teen Births                            | ++++        | 16         | 12.6          | 15.4       |
| <b>Sleep Health</b>                    |             |            |               |            |
| Adequate Sleep                         | +++         | 25         | 67.4%         | 66.6%      |
| Sleep Position†                        | —           | —          | 81.8%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |             |            |               |            |
| Electronic Vapor Product Use†          | —           | —          | 24.4%         | 32.7%      |
| Tobacco Use                            | ++          | 36         | 4.0%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++</b>   | <b>32</b>  | <b>-0.185</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |             |            |               |            |
| Alcohol Use — Youth                    | +++         | 21         | 8.6%          | 8.8%       |
| Anxiety                                | ++          | 38         | 11.4%         | 9.2%       |
| Depression                             | ++          | 36         | 5.3%          | 4.2%       |
| Flourishing                            | ++++        | 19         | 67.1%         | 66.6%      |
| Illicit Drug Use — Youth               | +++         | 22         | 6.9%          | 7.7%       |
| Teen Suicide†                          | —           | —          | 8.2           | 10.8       |
| <b>Mortality</b>                       |             |            |               |            |
| Child Mortality                        | ++++        | 17         | 24.2          | 25.9       |
| Infant Mortality                       | +++         | 25         | 5.9           | 5.6        |
| <b>Physical Health</b>                 |             |            |               |            |
| Asthma                                 | +           | 44         | 9.0%          | 6.9%       |
| High Health Status†                    | ++          | 34         | 90.2%         | 90.2%      |
| Low Birthweight                        | +++         | 27         | 8.3%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++          | 37         | 2.1           | 2.0        |
| Neonatal Abstinence Syndrome†          | —           | —          | 12.9          | 6.1        |
| Overweight or Obesity — Youth          | ++++        | 15         | 30.1%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++</b>  | <b>23</b>  | <b>0.058</b>  | <b>—</b>   |

|                                      |            |           |              |          |
|--------------------------------------|------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++</b> | <b>25</b> | <b>0.030</b> | <b>—</b> |
|--------------------------------------|------------|-----------|--------------|----------|

# Rhode Island

State Health Department Website: [health.ri.gov](https://health.ri.gov)

Overall Rank:

**13**

## Summary

### Strengths:

- Low child mortality rate
- High WIC coverage among eligible children ages 0-4
- Low percentage of household food insecurity

### Challenges:

- High prevalence of alcohol use among youth
- High racial disparity between children who identified as other race and white children in poverty
- High prevalence of illicit drug use among women

### Highlights:

#### CIGARETTE SMOKING

▼**40%**

from 18.1% to 10.9%  
of women ages 18-44  
between 2013-2014 and  
2019-2020.

#### WOMEN WHO AVOIDED CARE DUE TO COST

▼**32%**

from 14.9% to 10.2%  
of women ages 18-44  
between 2016-2017  
and 2019-2020.

#### WELL-CHILD VISITS

▼**10%**

from 88.8% to 79.7%  
of children ages 0-17  
between 2016-2017  
and 2020-2021.

#### PREVENTIVE DENTAL CARE

▼**8%**

from 84.2% to 77.7%  
of children ages 1-17  
between 2018-2019 and  
2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 22         | 0.180       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | —          | —           | 5.1        |
| Intimate Partner Violence Before Pregnancy†   | —      | —          | —           | 2.5%       |
| Violent Crime                                 | +++++  | 9          | 221         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++    | 30         | 24.2%       | 26.1%      |
| Food Insecurity                               | +++++  | 5          | 8.2%        | 10.7%      |
| Gender Pay Gap†                               | +++++  | 7          | 85.2%       | 81.0%      |
| Poverty                                       | ++++   | 14         | 13.7%       | 15.2%      |
| Unemployment                                  | +      | 42         | 9.6%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++    | 28         | 34.4%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | ++     | 34         | 12.6%       | 12.0%      |
| Residential Segregation — Black/White         | +++    | 27         | 66          | —          |
| Voter Participation                           | ++     | 31         | 60.2%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  |        |            |             |            |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 19         | 7.0         | 8.3        |
| Drinking Water Violations                     | +++++  | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | ++++   | 18         | 12.8%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++++  | 5          | 25,836      | —          |
| Water Fluoridation                            | +++    | 21         | 83.2%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | +++++  | 1          | 4           | —          |
| Transportation Energy Use†                    | +++++  | 2          | 4.8         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++    | 21         | 78.2%       | 75.4%      |
| Housing With Lead Risk                        | +      | 49         | 31.4%       | 17.6%      |
| Severe Housing Problems                       | ++     | 39         | 17.4%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +++++  | 6          | 0.490       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++     | 39         | 13.6%       | 8.4%       |
| Firearm Deaths†                         | —      | —          | —           | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++    | 21         | 14.0%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++     | 36         | 3.9         | 3.0        |
| High-speed Internet                     | +++++  | 2          | 96.4%       | 92.6%      |
| Students Experiencing Homelessness      | +++++  | 4          | 1.1%        | 2.5%       |
| WIC Coverage                            | ++++   | 4          | 65.9%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 17         | 49.4%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++    | 22         | 35.4%       | 34.3%      |
| High School Graduation                  | ++     | 35         | 83.9%       | 85.8%      |
| High School Graduation Racial Disparity | ++     | 36         | 18.2        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +++++  | 4          | 11.6%       | 14.0%      |
| Foster Care Instability                 | +++++  | 1          | 9.1%        | 14.9%      |
| Neighborhood Amenities                  | +++++  | 9          | 43.3%       | 35.5%      |
| Reading, Singing or Storytelling        | +++    | 24         | 58.3%       | 57.2%      |
| <b>PHYSICAL ENVIRONMENT*</b>            | ++     | 33         | -0.049      | —          |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value   | U.S. Value |
|-----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++++</b> | <b>1</b>   | <b>1.344</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |               |            |
| Adequate Prenatal Care                  | +++++        | 1          | 88.6%         | 74.7%      |
| Avoided Care Due to Cost                | +++++        | 2          | 10.2%         | 17.5%      |
| Publicly-funded Women's Health Services | +++++        | 5          | 41%           | 29%        |
| Uninsured                               | +++++        | 3          | 6.1%          | 12.9%      |
| Women's Health Providers                | +++++        | 3          | 72.2          | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |               |            |
| Cervical Cancer Screening               | +++          | 27         | 77.1%         | 77.1%      |
| Dental Visit                            | +++++        | 1          | 74.6%         | 65.5%      |
| Flu Vaccination                         | +++++        | 4          | 49.9%         | 38.9%      |
| Postpartum Visit†                       | —            | —          | —             | 88.4%      |
| Well-woman Visit                        | +++++        | 1          | 82.0%         | 72.0%      |
| <b>Quality of Care</b>                  |              |            |               |            |
| Breastfeeding Initiation†               | —            | —          | 75.5%         | 83.9%      |
| Dedicated Health Care Provider          | +++++        | 7          | 82.8%         | 71.1%      |
| Low-risk Cesarean Delivery              | +            | 48         | 29.3%         | 25.9%      |
| Maternity Practices Score               | —            | —          | —             | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++</b>   | <b>23</b>  | <b>0.022</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |               |            |
| Exercise                                | +++          | 29         | 21.2%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++++        | 5          | 12.4%         | 10.4%      |
| Physical Inactivity                     | +            | 41         | 24.9%         | 22.3%      |
| <b>Sexual Health</b>                    |              |            |               |            |
| Chlamydia                               | ++++         | 19         | 1,377.2       | 1,552.8    |
| High-risk HIV Behaviors                 | ++           | 40         | 10.9%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | —             | 28.5%      |
| <b>Sleep Health</b>                     |              |            |               |            |
| Insufficient Sleep                      | +++          | 24         | 33.1%         | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |               |            |
| E-cigarette Use†                        | —            | —          | 6.8%          | 7.6%       |
| Smoking                                 | +++++        | 8          | 10.9%         | 13.4%      |
| Smoking During Pregnancy                | ++++         | 12         | 4.2%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++</b>   | <b>24</b>  | <b>-0.151</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |               |            |
| Drug Deaths†                            | +++          | 30         | 27.4          | 22.4       |
| Excessive Drinking                      | +++          | 27         | 19.9%         | 19.4%      |
| Frequent Mental Distress                | ++++         | 19         | 19.6%         | 19.4%      |
| Illicit Drug Use                        | +            | 48         | 16.8%         | 10.8%      |
| Postpartum Depression†                  | —            | —          | —             | 13.6%      |
| <b>Mortality</b>                        |              |            |               |            |
| Maternal Mortality†                     | —            | —          | —             | 19.3       |
| Mortality Rate                          | +++++        | 5          | 89.2          | 117.3      |
| <b>Physical Health</b>                  |              |            |               |            |
| Frequent Physical Distress              | +++          | 30         | 8.5%          | 7.5%       |
| High Blood Pressure                     | +++          | 22         | 10.1%         | 10.6%      |
| High Health Status†                     | +++          | 27         | 58.0%         | 57.4%      |
| Multiple Chronic Conditions             | ++++         | 17         | 4.0%          | 4.1%       |
| Obesity                                 | ++++         | 19         | 29.4%         | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 111.3         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>15</b>  | <b>0.215</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++++</b> | <b>3</b>   | <b>1.334</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | +++          | 24         | 2.9%          | 2.8%       |
| Pediatricians                          | +++++        | 2          | 191.9         | 107.2      |
| Uninsured                              | +++++        | 2          | 1.9%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | +++++        | 7          | 77.2%         | 70.5%      |
| HPV Vaccination                        | +++++        | 1          | 83.0%         | 58.6%      |
| Preventive Dental Care                 | +++          | 17         | 77.7%         | 75.1%      |
| Well-child Visit                       | ++++         | 16         | 79.7%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | +++++        | 4          | 74.0%         | 68.2%      |
| Developmental Screening                | +++++        | 6          | 45.7%         | 34.8%      |
| Medical Home                           | +++++        | 8          | 52.3%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++</b>   | <b>26</b>  | <b>0.123</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | ++           | 39         | 22.9%         | 24.9%      |
| Food Sufficiency                       | ++++         | 11         | 75.0%         | 71.9%      |
| Physical Activity                      | +            | 41         | 18.5%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | —             | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 87.6%         | 90.9%      |
| Teen Births                            | +++++        | 7          | 9.4           | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | +++          | 23         | 67.9%         | 66.6%      |
| Sleep Position†                        | —            | —          | —             | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 30.1%         | 32.7%      |
| Tobacco Use                            | +++          | 21         | 3.4%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++</b>   | <b>23</b>  | <b>-0.073</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +            | 47         | 11.4%         | 8.8%       |
| Anxiety                                | ++           | 36         | 11.3%         | 9.2%       |
| Depression                             | +++          | 22         | 4.3%          | 4.2%       |
| Flourishing                            | ++           | 32         | 65.9%         | 66.6%      |
| Illicit Drug Use — Youth               | +            | 43         | 9.9%          | 7.7%       |
| Teen Suicide†                          | —            | —          | —             | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | +++++        | 2          | 16.7          | 25.9       |
| Infant Mortality                       | ++++         | 15         | 5.4           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | ++           | 35         | 7.4%          | 6.9%       |
| High Health Status†                    | +++++        | 9          | 92.6%         | 90.2%      |
| Low Birthweight                        | ++++         | 18         | 7.7%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++++        | 7          | 1.7           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 8.8           | 6.1        |
| Overweight or Obesity — Youth          | +++          | 24         | 32.3%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>12</b>  | <b>0.307</b>  | <b>—</b>   |

|                                      |              |           |              |          |
|--------------------------------------|--------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>13</b> | <b>0.296</b> | <b>—</b> |
|--------------------------------------|--------------|-----------|--------------|----------|

# South Carolina

State Health Department Website: [scdhec.gov](https://scdhec.gov)

Overall Rank:

43

## Summary

### Strengths:

- Low prevalence of illicit drug use among youth
- Low Black/white residential segregation
- High prevalence of cervical cancer screening

### Challenges:

- High prevalence of multiple chronic conditions among women
- Low prevalence of neighborhood amenities
- Low WIC coverage among eligible children ages 0-4

### Highlights:

#### TEEN SUICIDE

▲55%

from 8.7 to 13.5 deaths  
per 100,000 adolescents  
ages 15-19 between 2012-  
2014 and 2018-2020.

#### MORTALITY

▲29%

from 126.9 to 163.9  
deaths per 100,000  
women ages 20-44  
between 2019 and 2020.

#### DENTAL VISITS

▲21%

from 59.1% to 71.8%  
of women ages  
18-44 between 2014  
and 2020.

#### CIGARETTE SMOKING

▼20%

from 22.5% to 17.9%  
of women ages 18-44  
between 2013-2014 and  
2019-2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++     | 33         | -0.097      | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 8.4        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | —          | 2.5%        |            |
| Violent Crime                                 | +      | 44         | 511         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +      | 41         | 30.8%       | 26.1%      |
| Food Insecurity                               | +++    | 30         | 11.2%       | 10.7%      |
| Gender Pay Gap†                               | ++     | 40         | 76.5%       | 81.0%      |
| Poverty                                       | ++     | 40         | 17.4%       | 15.2%      |
| Unemployment                                  | +++    | 22         | 7.0%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | +++    | 29         | 33.8%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | ++     | 34         | 12.6%       | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 2          | 49          | —          |
| Voter Participation                           | +      | 43         | 56.8%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++++   | 14         | 0.188       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++    | 21         | 71          | 8.3        |
| Drinking Water Violations                     | ++++   | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | ++     | 39         | 17.7%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++     | 33         | 5,446,652   | —          |
| Water Fluoridation                            | ++++   | 11         | 91.9%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | +++    | 28         | 1           | —          |
| Transportation Energy Use†                    | +++    | 30         | 8.3         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +      | 48         | 83.1%       | 75.4%      |
| Housing With Lead Risk                        | ++++   | 6          | 9.5%        | 17.6%      |
| Severe Housing Problems                       | +++    | 22         | 14.3%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +      | 48         | -0.788      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++     | 35         | 12.8%       | 8.4%       |
| Firearm Deaths†                         | —      | 8.8        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +      | 41         | 19.7%       | 16.8%      |
| Children in Poverty Racial Disparity    | +++    | 23         | 3.3         | 3.0        |
| High-speed Internet                     | +      | 46         | 88.8%       | 92.6%      |
| Students Experiencing Homelessness      | ++++   | 10         | 1.5%        | 2.5%       |
| WIC Coverage                            | +      | 47         | 40.0%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++     | 36         | 43.8%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++     | 38         | 31.8%       | 34.3%      |
| High School Graduation                  | +      | 42         | 81.1%       | 85.8%      |
| High School Graduation Racial Disparity | ++++   | 18         | 13.2        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++     | 32         | 16.8%       | 14.0%      |
| Foster Care Instability                 | +      | 48         | 25.1%       | 14.9%      |
| Neighborhood Amenities                  | +      | 45         | 19.1%       | 35.5%      |
| Reading, Singing or Storytelling        | +      | 45         | 52.0%       | 57.2%      |



| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++</b> | <b>37</b>  | <b>-0.059</b> | <b>—</b>   |
| <b>Access to Care</b>                   |           |            |               |            |
| Adequate Prenatal Care                  | ++++      | 13         | 78.4%         | 74.7%      |
| Avoided Care Due to Cost                | +         | 42         | 21.8%         | 17.5%      |
| Publicly-funded Women's Health Services | +++       | 22         | 26%           | 29%        |
| Uninsured                               | ++        | 40         | 15.8%         | 12.9%      |
| Women's Health Providers                | ++        | 33         | 43.4          | 49.5       |
| <b>Preventive Clinical Care</b>         |           |            |               |            |
| Cervical Cancer Screening               | +++++     | 10         | 79.5%         | 77.1%      |
| Dental Visit                            | +++++     | 6          | 71.8%         | 65.5%      |
| Flu Vaccination                         | +         | 43         | 35.0%         | 38.9%      |
| Postpartum Visit†                       | —         | —          | —             | 88.4%      |
| Well-woman Visit                        | +++       | 23         | 73.6%         | 72.0%      |
| <b>Quality of Care</b>                  |           |            |               |            |
| Breastfeeding Initiation†               | —         | —          | 78.8%         | 83.9%      |
| Dedicated Health Care Provider          | +         | 41         | 68.8%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++        | 38         | 27.4%         | 25.9%      |
| Maternity Practices Score               | ++++      | 18         | 82            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+</b>  | <b>42</b>  | <b>-0.784</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |           |            |               |            |
| Exercise                                | ++        | 35         | 19.8%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++        | 38         | 8.3%          | 10.4%      |
| Physical Inactivity                     | +         | 43         | 25.4%         | 22.3%      |
| <b>Sexual Health</b>                    |           |            |               |            |
| Chlamydia                               | +         | 47         | 2,215.6       | 1,552.8    |
| High-risk HIV Behaviors                 | +++       | 21         | 9.3%          | 9.6%       |
| Unintended Pregnancy†                   | —         | —          | —             | 28.5%      |
| <b>Sleep Health</b>                     |           |            |               |            |
| Insufficient Sleep                      | +         | 47         | 39.3%         | 33.4%      |
| <b>Tobacco Use</b>                      |           |            |               |            |
| E-cigarette Use†                        | —         | —          | —             | 7.6%       |
| Smoking                                 | ++        | 33         | 17.9%         | 13.4%      |
| Smoking During Pregnancy                | +++       | 21         | 6.5%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+</b>  | <b>44</b>  | <b>-0.915</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |           |            |               |            |
| Drug Deaths†                            | +++       | 29         | 26.5          | 22.4       |
| Excessive Drinking                      | ++        | 34         | 21.3%         | 19.4%      |
| Frequent Mental Distress                | ++        | 31         | 21.8%         | 19.4%      |
| Illicit Drug Use                        | ++++      | 12         | 9.2%          | 10.8%      |
| Postpartum Depression†                  | —         | —          | —             | 13.6%      |
| <b>Mortality</b>                        |           |            |               |            |
| Maternal Mortality†                     | —         | —          | 27.8          | 19.3       |
| Mortality Rate                          | +         | 41         | 163.9         | 117.3      |
| <b>Physical Health</b>                  |           |            |               |            |
| Frequent Physical Distress              | +         | 42         | 9.4%          | 7.5%       |
| High Blood Pressure                     | ++        | 40         | 13.5%         | 10.6%      |
| High Health Status†                     | ++        | 36         | 56.8%         | 57.4%      |
| Multiple Chronic Conditions             | +         | 45         | 6.2%          | 4.1%       |
| Obesity                                 | +         | 46         | 37.8%         | 30.4%      |
| Severe Maternal Morbidity†              | —         | —          | 72.5          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++</b> | <b>39</b>  | <b>-0.359</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating     | State Rank | State Value   | U.S. Value |
|----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++</b> | <b>25</b>  | <b>0.196</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |            |            |               |            |
| ADD/ADHD Treatment                     | +++++      | 4          | 4.8%          | 2.8%       |
| Pediatricians                          | +++        | 27         | 97.9          | 107.2      |
| Uninsured                              | ++         | 32         | 5.8%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |            |            |               |            |
| Childhood Immunizations                | ++         | 39         | 68.3%         | 70.5%      |
| HPV Vaccination                        | +          | 45         | 47.0%         | 58.6%      |
| Preventive Dental Care                 | ++++       | 19         | 77.5%         | 75.1%      |
| Well-child Visit                       | ++++       | 19         | 79.0%         | 76.7%      |
| <b>Quality of Care</b>                 |            |            |               |            |
| Adequate Insurance                     | ++++       | 18         | 70.5%         | 68.2%      |
| Developmental Screening                | ++++       | 17         | 40.8%         | 34.8%      |
| Medical Home                           | +++        | 21         | 49.5%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+</b>   | <b>42</b>  | <b>-0.673</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |            |            |               |            |
| Breastfed                              | +          | 46         | 19.3%         | 24.9%      |
| Food Sufficiency                       | ++         | 32         | 69.0%         | 71.9%      |
| Physical Activity                      | ++         | 35         | 20.4%         | 20.5%      |
| Soda Consumption — Youth†              | —          | —          | 12.5%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |            |            |               |            |
| Dual Contraceptive Nonuse†             | —          | —          | 85.8%         | 90.9%      |
| Teen Births                            | ++         | 40         | 19.3          | 15.4       |
| <b>Sleep Health</b>                    |            |            |               |            |
| Adequate Sleep                         | +          | 47         | 60.0%         | 66.6%      |
| Sleep Position†                        | —          | —          | —             | 80.2%      |
| <b>Tobacco Use — Youth</b>             |            |            |               |            |
| Electronic Vapor Product Use†          | —          | —          | 21.1%         | 32.7%      |
| Tobacco Use                            | +++        | 25         | 3.5%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+</b>   | <b>44</b>  | <b>-0.445</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |            |            |               |            |
| Alcohol Use — Youth                    | +++++      | 7          | 8.1%          | 8.8%       |
| Anxiety                                | ++++       | 15         | 9.0%          | 9.2%       |
| Depression                             | +++++      | 8          | 3.4%          | 4.2%       |
| Flourishing                            | +++        | 30         | 66.0%         | 66.6%      |
| Illicit Drug Use — Youth               | +++++      | 4          | 5.7%          | 7.7%       |
| Teen Suicide†                          | —          | —          | 13.5          | 10.8       |
| <b>Mortality</b>                       |            |            |               |            |
| Child Mortality                        | +          | 42         | 34.1          | 25.9       |
| Infant Mortality                       | +          | 44         | 7.0           | 5.6        |
| <b>Physical Health</b>                 |            |            |               |            |
| Asthma                                 | ++         | 39         | 7.9%          | 6.9%       |
| High Health Status†                    | ++         | 31         | 90.4%         | 90.2%      |
| Low Birthweight                        | +          | 46         | 9.8%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++         | 37         | 2.1           | 2.0        |
| Neonatal Abstinence Syndrome†          | —          | —          | 51            | 61         |
| Overweight or Obesity — Youth          | +          | 47         | 39.9%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+</b>   | <b>45</b>  | <b>-0.408</b> | <b>—</b>   |

|                                      |          |           |               |          |
|--------------------------------------|----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+</b> | <b>43</b> | <b>-0.442</b> | <b>—</b> |
|--------------------------------------|----------|-----------|---------------|----------|



# South Dakota

State Health Department Website: [doh.sd.gov](https://doh.sd.gov)

Overall Rank:

28

## Summary

### Strengths:

- Low prevalence of high blood pressure among women
- High flu vaccination coverage among women
- High percentage of youth who are flourishing

### Challenges:

- High child mortality rate
- High racial disparity between American Indian/Alaska Native and white children in poverty
- High prevalence of cigarette smoking among women

### Highlights:

#### HPV VACCINATION

▲ 85%

from 38.6% to 71.5% of adolescents ages 13-17 between 2016 and 2020.

#### PHYSICAL INACTIVITY

▲ 55%

from 12.4% to 19.2% of women ages 18-44 between 2016-2017 and 2019-2020

#### TEEN BIRTHS

▼ 37%

from 29.6 to 18.7 births per 1,000 females ages 15-19 between 2013 and 2020.

#### POSTPARTUM VISITS

▼ 4%

from 91.2% to 87.4% of women with a recent live birth between 2017 and 2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 21         | 0.263       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | —          | 5.4         | 5.1        |
| Intimate Partner Violence Before Pregnancy*   | —      | —          | 3.7%        | 2.5%       |
| Violent Crime                                 | ++     | 31         | 399         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 17         | 15.0%       | 26.1%      |
| Food Insecurity                               | ++++   | 12         | 9.1%        | 10.7%      |
| Gender Pay Gap*                               | +      | 43         | 75.2%       | 81.0%      |
| Poverty                                       | ++     | 31         | 16.0%       | 15.2%      |
| Unemployment                                  | +++++  | 4          | 5.0%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 11         | 41.6%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +++++  | 2          | 8.0%        | 12.0%      |
| Residential Segregation — Black/White         | ++     | 38         | 70          | —          |
| Voter Participation                           | +      | 46         | 56.4%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++++  | 4          | 0.425       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++++  | 7          | 5.1         | 8.3        |
| Drinking Water Violations                     | ++++   | 14         | 0.1%        | 0.8%       |
| Household Smoke                               | ++     | 35         | 17.1%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 12         | 286,931     | —          |
| Water Fluoridation                            | +++++  | 7          | 93.7%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++     | 37         | 0           | —          |
| Transportation Energy Use*                    | +      | 45         | 10.9        | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++    | 26         | 78.9%       | 75.4%      |
| Housing With Lead Risk                        | ++     | 31         | 19.5%       | 17.6%      |
| Severe Housing Problems                       | +++++  | 3          | 11.8%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +      | 42         | -0.448      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | +++    | 22         | 7.2%        | 8.4%       |
| Firearm Deaths*                         | —      | —          | 5.1         | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++    | 25         | 15.0%       | 16.8%      |
| Children in Poverty Racial Disparity    | +      | 50         | 7.1         | 3.0        |
| High-speed Internet                     | ++     | 38         | 91.0%       | 92.6%      |
| Students Experiencing Homelessness      | +++++  | 9          | 1.4%        | 2.5%       |
| WIC Coverage                            | ++++   | 18         | 54.9%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++     | 40         | 43.0%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 18         | 36.0%       | 34.3%      |
| High School Graduation                  | ++     | 33         | 84.1%       | 85.8%      |
| High School Graduation Racial Disparity | +      | 49         | 35.7        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++     | 37         | 17.6%       | 14.0%      |
| Foster Care Instability                 | ++     | 34         | 17.2%       | 14.9%      |
| Neighborhood Amenities                  | ++++   | 17         | 36.6%       | 35.5%      |
| Reading, Singing or Storytelling        | +      | 43         | 52.8%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b>  | <b>20</b>  | <b>0.350</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |               |            |
| Adequate Prenatal Care                  | ++          | 37         | 73.8%         | 74.7%      |
| Avoided Care Due to Cost                | +++++       | 8          | 12.5%         | 17.5%      |
| Publicly-funded Women's Health Services | ++          | 35         | 21%           | 29%        |
| Uninsured                               | ++          | 39         | 15.4%         | 12.9%      |
| Women's Health Providers                | +           | 41         | 42.0          | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |               |            |
| Cervical Cancer Screening               | ++++        | 11         | 79.2%         | 77.1%      |
| Dental Visit                            | ++++        | 19         | 68.7%         | 65.5%      |
| Flu Vaccination                         | +++++       | 1          | 53.3%         | 38.9%      |
| Postpartum Visit†                       | —           | —          | 87.4%         | 88.4%      |
| Well-woman Visit                        | +++         | 22         | 73.7%         | 72.0%      |
| <b>Quality of Care</b>                  |             |            |               |            |
| Breastfeeding Initiation†               | —           | —          | 82.1%         | 83.9%      |
| Dedicated Health Care Provider          | +++         | 21         | 74.2%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++++       | 5          | 19.7%         | 25.9%      |
| Maternity Practices Score               | ++          | 36         | 77            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++</b>   | <b>33</b>  | <b>-0.288</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |               |            |
| Exercise                                | ++          | 37         | 19.1%         | 21.5%      |
| Fruit and Vegetable Consumption         | +           | 44         | 7.7%          | 10.4%      |
| Physical Inactivity                     | +++++       | 10         | 19.2%         | 22.3%      |
| <b>Sexual Health</b>                    |             |            |               |            |
| Chlamydia                               | ++          | 31         | 1,684.3       | 1,552.8    |
| High-risk HIV Behaviors                 | +++++       | 9          | 8.3%          | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 30.5%         | 28.5%      |
| <b>Sleep Health</b>                     |             |            |               |            |
| Insufficient Sleep                      | ++++        | 15         | 31.4%         | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |               |            |
| E-cigarette Use†                        | —           | —          | 6.1%          | 7.6%       |
| Smoking                                 | +           | 44         | 20.4%         | 13.4%      |
| Smoking During Pregnancy                | ++          | 38         | 10.2%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++++</b> | <b>19</b>  | <b>-0.038</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |               |            |
| Drug Deaths†                            | +++++       | 4          | 11.1          | 22.4       |
| Excessive Drinking                      | ++          | 40         | 22.1%         | 19.4%      |
| Frequent Mental Distress                | +++++       | 9          | 17.1%         | 19.4%      |
| Illicit Drug Use                        | +++++       | 4          | 8.2%          | 10.8%      |
| Postpartum Depression†                  | —           | —          | 12.6%         | 13.6%      |
| <b>Mortality</b>                        |             |            |               |            |
| Maternal Mortality†                     | —           | —          | 18.7          | 19.3       |
| Mortality Rate                          | ++          | 35         | 133.3         | 117.3      |
| <b>Physical Health</b>                  |             |            |               |            |
| Frequent Physical Distress              | ++          | 31         | 8.6%          | 7.5%       |
| High Blood Pressure                     | +++++       | 1          | 5.4%          | 10.6%      |
| High Health Status†                     | +++++       | 4          | 64.7%         | 57.4%      |
| Multiple Chronic Conditions             | ++          | 36         | 5.4%          | 4.1%       |
| Obesity                                 | +++         | 23         | 30.8%         | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | 52.5          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++</b>  | <b>23</b>  | <b>0.124</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating      | State Rank | State Value   | U.S. Value |
|----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++</b>   | <b>34</b>  | <b>-0.095</b> | <b>—</b>   |
| <b>Access to Care</b>                  |             |            |               |            |
| ADD/ADHD Treatment                     | ++          | 38         | 2.3%          | 2.8%       |
| Pediatricians                          | +           | 42         | 73.2          | 107.2      |
| Uninsured                              | +           | 42         | 7.8%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |             |            |               |            |
| Childhood Immunizations                | ++++        | 16         | 73.4%         | 70.5%      |
| HPV Vaccination                        | +++++       | 4          | 71.5%         | 58.6%      |
| Preventive Dental Care                 | +++         | 24         | 76.9%         | 75.1%      |
| Well-child Visit                       | +           | 41         | 73.3%         | 76.7%      |
| <b>Quality of Care</b>                 |             |            |               |            |
| Adequate Insurance                     | +           | 47         | 62.2%         | 68.2%      |
| Developmental Screening                | ++          | 35         | 32.9%         | 34.8%      |
| Medical Home                           | ++++        | 16         | 50.8%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++</b>   | <b>34</b>  | <b>-0.223</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |             |            |               |            |
| Breastfed                              | ++++        | 13         | 29.1%         | 24.9%      |
| Food Sufficiency                       | +           | 41         | 67.3%         | 71.9%      |
| Physical Activity                      | ++++        | 17         | 24.3%         | 20.5%      |
| Soda Consumption — Youth†              | —           | —          | 8.4%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |             |            |               |            |
| Dual Contraceptive Nonuse†             | —           | —          | 86.0%         | 90.9%      |
| Teen Births                            | ++          | 37         | 18.7          | 15.4       |
| <b>Sleep Health</b>                    |             |            |               |            |
| Adequate Sleep                         | ++++        | 18         | 68.4%         | 66.6%      |
| Sleep Position†                        | —           | —          | 87.8%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |             |            |               |            |
| Electronic Vapor Product Use†          | —           | —          | 23.9%         | 32.7%      |
| Tobacco Use                            | +           | 45         | 5.4%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++++</b> | <b>20</b>  | <b>-0.015</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |             |            |               |            |
| Alcohol Use — Youth                    | +++++       | 7          | 8.1%          | 8.8%       |
| Anxiety                                | +++         | 29         | 10.6%         | 9.2%       |
| Depression                             | +           | 41         | 5.9%          | 4.2%       |
| Flourishing                            | +++++       | 5          | 68.9%         | 66.6%      |
| Illicit Drug Use — Youth               | +++         | 23         | 7.0%          | 7.7%       |
| Teen Suicide†                          | —           | —          | 34.4          | 10.8       |
| <b>Mortality</b>                       |             |            |               |            |
| Child Mortality                        | +           | 44         | 35.9          | 25.9       |
| Infant Mortality                       | ++          | 37         | 6.4           | 5.6        |
| <b>Physical Health</b>                 |             |            |               |            |
| Asthma                                 | +++++       | 4          | 5.3%          | 6.9%       |
| High Health Status†                    | +++++       | 6          | 93.1%         | 90.2%      |
| Low Birthweight                        | +++++       | 6          | 6.9%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++++       | 7          | 1.7           | 2.0        |
| Neonatal Abstinence Syndrome†          | —           | —          | 1.6           | 6.1        |
| Overweight or Obesity — Youth          | +           | 42         | 36.9%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++</b>   | <b>31</b>  | <b>-0.121</b> | <b>—</b>   |

|                                      |            |           |               |          |
|--------------------------------------|------------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++</b> | <b>28</b> | <b>-0.051</b> | <b>—</b> |
|--------------------------------------|------------|-----------|---------------|----------|

# Tennessee

State Health Department Website: [tn.gov/health](https://tn.gov/health)

Overall Rank:

40

## Summary

### Strengths:

- Low prevalence of asthma among children
- High prevalence of developmental screenings
- High prevalence of cervical cancer screening

### Challenges:

- High prevalence of multiple chronic conditions among women
- High prevalence of adverse childhood experiences (ACEs)
- High prevalence of household smoke

### Highlights:

#### NEONATAL ABSTINENCE SYNDROME

▼39%

from 18.0 to 10.9  
diagnoses per 1,000  
birth hospitalizations  
between 2016 and 2019.

#### DRUG DEATHS

▲35%

from 27.5 to 37.1 deaths  
per 100,000 women ages  
20-44 between 2015-2017  
and 2018-2020.

#### FREQUENT MENTAL DISTRESS

▲34%

from 16.9% to 22.6%  
of women ages 18-44  
between 2015-2016 and  
2019-2020.

#### AVERAGE VOTER PARTICIPATION

▲26%

from 46.8% to 58.9% of female  
U.S. citizens ages 18 and older  
between the 2014/2016 and  
2018/2020 elections.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +      | 43         | -0.526      | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | —          | 8.4         | 5.1        |
| Intimate Partner Violence Before Pregnancy†   | —      | —          | 2.4%        | 2.5%       |
| Violent Crime                                 | +      | 48         | 595         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++     | 34         | 27.8%       | 26.1%      |
| Food Insecurity                               | +      | 41         | 12.5%       | 10.7%      |
| Gender Pay Gap†                               | ++++   | 18         | 80.6%       | 81.0%      |
| Poverty                                       | ++     | 37         | 16.9%       | 15.2%      |
| Unemployment                                  | +++    | 26         | 7.4%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++     | 35         | 31.8%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | ++     | 33         | 12.5%       | 12.0%      |
| Residential Segregation — Black/White         | ++     | 34         | 68          | —          |
| Voter Participation                           | ++     | 35         | 58.9%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++    | 28         | 0.053       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++    | 23         | 7.2         | 8.3        |
| Drinking Water Violations                     | ++     | 34         | 0.5%        | 0.8%       |
| Household Smoke                               | +      | 47         | 20.8%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++    | 30         | 3,811,598   | —          |
| Water Fluoridation                            | ++++   | 16         | 88.8%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++     | 37         | 0           | —          |
| Transportation Energy Use†                    | ++     | 34         | 8.9         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +      | 41         | 81.7%       | 75.4%      |
| Housing With Lead Risk                        | ++++   | 15         | 12.3%       | 17.6%      |
| Severe Housing Problems                       | ++++   | 16         | 13.9%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++     | 39         | -0.413      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++++   | 16         | 5.7%        | 8.4%       |
| Firearm Deaths†                         | —      | —          | 7.5         | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +      | 41         | 19.7%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 6          | 2.6         | 3.0        |
| High-speed Internet                     | ++     | 39         | 90.8%       | 92.6%      |
| Students Experiencing Homelessness      | ++++   | 19         | 1.8%        | 2.5%       |
| WIC Coverage                            | +      | 48         | 39.8%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +      | 41         | 40.9%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++    | 27         | 34.6%       | 34.3%      |
| High School Graduation                  | ++++   | 6          | 90.5%       | 85.8%      |
| High School Graduation Racial Disparity | ++++   | 9          | 9.0         | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +      | 44         | 18.8%       | 14.0%      |
| Foster Care Instability                 | +      | 49         | 33.7%       | 14.9%      |
| Neighborhood Amenities                  | +      | 41         | 22.6%       | 35.5%      |
| Reading, Singing or Storytelling        | +++    | 23         | 58.6%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+</b>  | <b>43</b>  | <b>-0.488</b> | <b>—</b>   |
| <b>Access to Care</b>                   |           |            |               |            |
| Adequate Prenatal Care                  | ++        | 38         | 73.0%         | 74.7%      |
| Avoided Care Due to Cost                | ++        | 33         | 17.4%         | 17.5%      |
| Publicly-funded Women's Health Services | ++        | 34         | 22%           | 29%        |
| Uninsured                               | ++        | 33         | 13.8%         | 12.9%      |
| Women's Health Providers                | ++        | 38         | 42.2          | 49.5       |
| <b>Preventive Clinical Care</b>         |           |            |               |            |
| Cervical Cancer Screening               | ++++      | 14         | 78.9%         | 77.1%      |
| Dental Visit                            | +         | 50         | 57.1%         | 65.5%      |
| Flu Vaccination                         | +         | 44         | 34.3%         | 38.9%      |
| Postpartum Visit†                       | —         | —          | 88.7%         | 88.4%      |
| Well-woman Visit                        | ++        | 32         | 72.2%         | 72.0%      |
| <b>Quality of Care</b>                  |           |            |               |            |
| Breastfeeding Initiation†               | —         | —          | 81.7%         | 83.9%      |
| Dedicated Health Care Provider          | ++        | 33         | 71.3%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++       | 29         | 25.9%         | 25.9%      |
| Maternity Practices Score               | +         | 49         | 70            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++</b> | <b>39</b>  | <b>-0.519</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |           |            |               |            |
| Exercise                                | ++++      | 13         | 22.8%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++       | 29         | 9.7%          | 10.4%      |
| Physical Inactivity                     | ++        | 32         | 22.7%         | 22.3%      |
| <b>Sexual Health</b>                    |           |            |               |            |
| Chlamydia                               | ++        | 40         | 1,831.5       | 1,552.8    |
| High-risk HIV Behaviors                 | +++       | 27         | 9.8%          | 9.6%       |
| Unintended Pregnancy†                   | —         | —          | 41.0%         | 28.5%      |
| <b>Sleep Health</b>                     |           |            |               |            |
| Insufficient Sleep                      | ++        | 34         | 36.2%         | 33.4%      |
| <b>Tobacco Use</b>                      |           |            |               |            |
| E-cigarette Use†                        | —         | —          | 10.7%         | 7.6%       |
| Smoking                                 | ++        | 37         | 19.0%         | 13.4%      |
| Smoking During Pregnancy                | ++        | 40         | 10.9%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+</b>  | <b>43</b>  | <b>-0.881</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |           |            |               |            |
| Drug Deaths†                            | +         | 44         | 37.1          | 22.4       |
| Excessive Drinking                      | ++++      | 15         | 18.1%         | 19.4%      |
| Frequent Mental Distress                | ++        | 37         | 22.6%         | 19.4%      |
| Illicit Drug Use                        | ++++      | 14         | 9.5%          | 10.8%      |
| Postpartum Depression†                  | —         | —          | 15.3%         | 13.6%      |
| <b>Mortality</b>                        |           |            |               |            |
| Maternal Mortality†                     | —         | —          | 31.6          | 19.3       |
| Mortality Rate                          | +         | 44         | 174.6         | 117.3      |
| <b>Physical Health</b>                  |           |            |               |            |
| Frequent Physical Distress              | +++       | 29         | 8.3%          | 7.5%       |
| High Blood Pressure                     | +         | 44         | 16.2%         | 10.6%      |
| High Health Status†                     | ++++      | 14         | 60.5%         | 57.4%      |
| Multiple Chronic Conditions             | +         | 48         | 6.5%          | 4.1%       |
| Obesity                                 | ++        | 40         | 35.5%         | 30.4%      |
| Severe Maternal Morbidity†              | —         | —          | 73.1          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+</b>  | <b>43</b>  | <b>-0.479</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating     | State Rank | State Value   | U.S. Value |
|----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++</b> | <b>23</b>  | <b>0.266</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |            |            |               |            |
| ADD/ADHD Treatment                     | ++++       | 14         | 3.7%          | 2.8%       |
| Pediatricians                          | +++        | 24         | 101.3         | 107.2      |
| Uninsured                              | +++        | 26         | 5.0%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |            |            |               |            |
| Childhood Immunizations                | ++         | 33         | 69.3%         | 70.5%      |
| HPV Vaccination                        | ++         | 39         | 52.9%         | 58.6%      |
| Preventive Dental Care                 | ++         | 38         | 73.8%         | 75.1%      |
| Well-child Visit                       | ++++       | 12         | 80.3%         | 76.7%      |
| <b>Quality of Care</b>                 |            |            |               |            |
| Adequate Insurance                     | ++++       | 18         | 70.5%         | 68.2%      |
| Developmental Screening                | ++++       | 11         | 44.1%         | 34.8%      |
| Medical Home                           | ++++       | 17         | 50.0%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+</b>   | <b>44</b>  | <b>-0.733</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |            |            |               |            |
| Breastfed                              | +++        | 29         | 24.9%         | 24.9%      |
| Food Sufficiency                       | +          | 44         | 66.9%         | 71.9%      |
| Physical Activity                      | ++         | 33         | 20.7%         | 20.5%      |
| Soda Consumption — Youth†              | —          | —          | 16.6%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |            |            |               |            |
| Dual Contraceptive Nonuse†             | —          | —          | —             | 90.9%      |
| Teen Births                            | +          | 44         | 23.3          | 15.4       |
| <b>Sleep Health</b>                    |            |            |               |            |
| Adequate Sleep                         | +          | 42         | 61.7%         | 66.6%      |
| Sleep Position†                        | —          | —          | 78.4%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |            |            |               |            |
| Electronic Vapor Product Use†          | —          | —          | 22.1%         | 32.7%      |
| Tobacco Use                            | ++         | 39         | 4.3%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++</b>  | <b>35</b>  | <b>-0.220</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |            |            |               |            |
| Alcohol Use — Youth                    | ++++       | 16         | 8.4%          | 8.8%       |
| Anxiety                                | ++++       | 14         | 8.5%          | 9.2%       |
| Depression                             | ++++       | 13         | 3.7%          | 4.2%       |
| Flourishing                            | +          | 42         | 64.3%         | 66.6%      |
| Illicit Drug Use — Youth               | ++++       | 11         | 6.2%          | 7.7%       |
| Teen Suicide†                          | —          | —          | 10.5          | 10.8       |
| <b>Mortality</b>                       |            |            |               |            |
| Child Mortality                        | +          | 41         | 33.7          | 25.9       |
| Infant Mortality                       | +          | 42         | 6.9           | 5.6        |
| <b>Physical Health</b>                 |            |            |               |            |
| Asthma                                 | +++++      | 9          | 5.6%          | 6.9%       |
| High Health Status†                    | +          | 41         | 89.6%         | 90.2%      |
| Low Birthweight                        | ++         | 36         | 8.9%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++++       | 20         | 1.9           | 2.0        |
| Neonatal Abstinence Syndrome†          | —          | —          | 10.9          | 6.1        |
| Overweight or Obesity — Youth          | +          | 41         | 36.8%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++</b>  | <b>37</b>  | <b>-0.255</b> | <b>—</b>   |

|                                      |           |           |               |          |
|--------------------------------------|-----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++</b> | <b>40</b> | <b>-0.400</b> | <b>—</b> |
|--------------------------------------|-----------|-----------|---------------|----------|

# Texas

State Health Department Website: [dshs.state.tx.us](https://dshs.state.tx.us)

Overall Rank:

# 34

## Summary

### Strengths:

- Low prevalence of multiple chronic conditions among women
- Low prevalence of illicit drug use among women
- Low prevalence of adverse childhood experiences (ACEs)

### Challenges:

- Low prevalence of reading, singing or storytelling
- Low prevalence of physical activity among children
- Low prevalence of women with a dedicated health care provider

### Highlights:

#### FIREARM DEATHS

## ▲86%

from 2.8 to 5.2 deaths per 100,000 children ages 1-19 between 2012-2014 and 2018-2020.

#### HPV VACCINATION

## ▲67%

from 32.9% to 54.9% of adolescents ages 13-17 between 2016 and 2020.

#### AVERAGE VOTER PARTICIPATION

## ▲24%

from 47.0% to 58.4% of female U.S. citizens ages 18 and older between the 2014/2016 and 2018/2020 elections.

#### MORTALITY

## ▲21%

from 85.3 to 103.4 deaths per 100,000 women ages 20-44 between 2019 and 2020.

## Women

| Measures                                      | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|-----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>++</b> | <b>40</b>  | <b>-0.397</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |           |            |               |            |
| Firearm Deaths†                               | —         | —          | 5.7           | 5.1        |
| Intimate Partner Violence Before Pregnancy†   | —         | —          | —             | 2.5%       |
| Violent Crime                                 | ++        | 35         | 419           | 379        |
| <b>Economic Resources</b>                     |           |            |               |            |
| Concentrated Disadvantage                     | +         | 47         | 36.3%         | 26.1%      |
| Food Insecurity                               | +         | 43         | 13.3%         | 10.7%      |
| Gender Pay Gap†                               | +++       | 27         | 79.4%         | 81.0%      |
| Poverty                                       | ++        | 33         | 16.3%         | 15.2%      |
| Unemployment                                  | ++        | 32         | 7.9%          | 8.3%       |
| <b>Education</b>                              |           |            |               |            |
| College Graduate                              | +         | 41         | 30.3%         | 35.6%      |
| <b>Social Support and Engagement</b>          |           |            |               |            |
| Infant Child Care Cost†                       | +++       | 23         | 11.7%         | 12.0%      |
| Residential Segregation — Black/White         | ++++      | 14         | 59            | —          |
| Voter Participation                           | ++        | 38         | 58.4%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>+</b>  | <b>43</b>  | <b>-0.274</b> | <b>—</b>   |
| <b>Air and Water Quality</b>                  |           |            |               |            |
| Air Pollution                                 | +         | 41         | 8.5           | 8.3        |
| Drinking Water Violations                     | ++        | 38         | 0.8%          | 0.8%       |
| Household Smoke                               | +++       | 30         | 15.4%         | 13.8%      |
| Risk-screening Environmental Indicators Score | +         | 50         | 75,882,378    | —          |
| Water Fluoridation                            | +++       | 29         | 72.7%         | 73.0%      |
| <b>Climate Change</b>                         |           |            |               |            |
| Climate Change Policies†                      | +++       | 28         | 1             | —          |
| Transportation Energy Use†                    | ++        | 38         | 9.7           | 7.4        |
| <b>Housing and Transportation</b>             |           |            |               |            |
| Drive Alone to Work                           | +++       | 29         | 80.0%         | 75.4%      |
| Housing With Lead Risk                        | ++++      | 7          | 9.8%          | 17.6%      |
| Severe Housing Problems                       | ++        | 38         | 17.3%         | 17.3%      |

## Children

| Measures                                | Rating    | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>++</b> | <b>32</b>  | <b>-0.155</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |           |            |               |            |
| Child Victimization†                    | +++       | 25         | 8.8%          | 8.4%       |
| Firearm Deaths†                         | —         | —          | 5.2           | 4.7        |
| <b>Economic Resources</b>               |           |            |               |            |
| Children in Poverty                     | ++        | 39         | 19.2%         | 16.8%      |
| Children in Poverty Racial Disparity    | ++++      | 16         | 3.2           | 3.0        |
| High-speed Internet                     | ++        | 39         | 90.8%         | 92.6%      |
| Students Experiencing Homelessness      | +++       | 25         | 2.0%          | 2.5%       |
| WIC Coverage                            | +++       | 28         | 51.9%         | 54.6%      |
| <b>Education</b>                        |           |            |               |            |
| Early Childhood Education               | ++        | 33         | 44.0%         | 48.9%      |
| Fourth Grade Reading Proficiency        | +         | 44         | 30.3%         | 34.3%      |
| High School Graduation                  | ++++      | 8          | 90.0%         | 85.8%      |
| High School Graduation Racial Disparity | ++++      | 5          | 7.5           | 15.1       |
| <b>Social Support and Engagement</b>    |           |            |               |            |
| Adverse Childhood Experiences           | ++++      | 9          | 12.2%         | 14.0%      |
| Foster Care Instability                 | ++        | 31         | 15.8%         | 14.9%      |
| Neighborhood Amenities                  | ++        | 34         | 29.8%         | 35.5%      |
| Reading, Singing or Storytelling        | +         | 49         | 48.7%         | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value   | U.S. Value |
|-----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+</b>     | <b>50</b>  | <b>-1.126</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |               |            |
| Adequate Prenatal Care                  | +            | 44         | 70.2%         | 74.7%      |
| Avoided Care Due to Cost                | +            | 49         | 25.1%         | 17.5%      |
| Publicly-funded Women's Health Services | ++           | 35         | 21%           | 29%        |
| Uninsured                               | +            | 50         | 26.3%         | 12.9%      |
| Women's Health Providers                | +            | 43         | 41.1          | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |               |            |
| Cervical Cancer Screening               | +            | 41         | 74.0%         | 77.1%      |
| Dental Visit                            | +            | 49         | 59.4%         | 65.5%      |
| Flu Vaccination                         | +            | 41         | 35.6%         | 38.9%      |
| Postpartum Visit†                       | —            | —          | —             | 88.4%      |
| Well-woman Visit                        | +            | 45         | 67.1%         | 72.0%      |
| <b>Quality of Care</b>                  |              |            |               |            |
| Breastfeeding Initiation†               | —            | —          | 88.8%         | 83.9%      |
| Dedicated Health Care Provider          | +            | 49         | 57.8%         | 71.1%      |
| Low-risk Cesarean Delivery              | +            | 43         | 28.2%         | 25.9%      |
| Maternity Practices Score               | ++           | 31         | 79            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++++</b> | <b>9</b>   | <b>0.399</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |               |            |
| Exercise                                | +++          | 23         | 21.8%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++++        | 10         | 12.0%         | 10.4%      |
| Physical Inactivity                     | ++           | 36         | 23.3%         | 22.3%      |
| <b>Sexual Health</b>                    |              |            |               |            |
| Chlamydia                               | +++          | 22         | 1,465.8       | 1,552.8    |
| High-risk HIV Behaviors                 | ++++         | 16         | 8.9%          | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | —             | 28.5%      |
| <b>Sleep Health</b>                     |              |            |               |            |
| Insufficient Sleep                      | ++++         | 14         | 31.3%         | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |               |            |
| E-cigarette Use†                        | —            | —          | 5.3%          | 7.6%       |
| Smoking                                 | +++++        | 5          | 9.8%          | 13.4%      |
| Smoking During Pregnancy                | +++++        | 3          | 2.1%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++++</b> | <b>3</b>   | <b>0.675</b>  | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |               |            |
| Drug Deaths†                            | +++++        | 2          | 9.8           | 22.4       |
| Excessive Drinking                      | ++++         | 11         | 17.9%         | 19.4%      |
| Frequent Mental Distress                | +++++        | 5          | 16.3%         | 19.4%      |
| Illicit Drug Use                        | +++++        | 1          | 7.9%          | 10.8%      |
| Postpartum Depression†                  | —            | —          | —             | 13.6%      |
| <b>Mortality</b>                        |              |            |               |            |
| Maternal Mortality†                     | —            | —          | 22.7          | 19.3       |
| Mortality Rate                          | ++++         | 16         | 103.4         | 117.3      |
| <b>Physical Health</b>                  |              |            |               |            |
| Frequent Physical Distress              | +++++        | 2          | 5.9%          | 7.5%       |
| High Blood Pressure                     | +++++        | 9          | 8.0%          | 10.6%      |
| High Health Status†                     | +            | 42         | 53.7%         | 57.4%      |
| Multiple Chronic Conditions             | +++++        | 4          | 2.8%          | 4.1%       |
| Obesity                                 | ++           | 31         | 31.9%         | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 72.4          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++</b>    | <b>33</b>  | <b>-0.087</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+</b>     | <b>49</b>  | <b>-0.812</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | ++           | 33         | 2.5%          | 2.8%       |
| Pediatricians                          | ++           | 36         | 80.7          | 107.2      |
| Uninsured                              | +            | 50         | 12.7%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | +            | 46         | 65.9%         | 70.5%      |
| HPV Vaccination                        | +++          | 30         | 54.9%         | 58.6%      |
| Preventive Dental Care                 | +++          | 29         | 75.3%         | 75.1%      |
| Well-child Visit                       | +            | 44         | 72.9%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | +            | 48         | 61.3%         | 68.2%      |
| Developmental Screening                | ++++         | 13         | 42.1%         | 34.8%      |
| Medical Home                           | +            | 48         | 39.7%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+</b>     | <b>43</b>  | <b>-0.703</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | ++           | 33         | 24.0%         | 24.9%      |
| Food Sufficiency                       | ++           | 37         | 68.5%         | 71.9%      |
| Physical Activity                      | +            | 49         | 15.6%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 10.6%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 92.9%         | 90.9%      |
| Teen Births                            | +            | 42         | 22.4          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | +            | 44         | 61.2%         | 66.6%      |
| Sleep Position†                        | —            | —          | —             | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 18.7%         | 32.7%      |
| Tobacco Use                            | ++++         | 13         | 2.8%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++++</b> | <b>10</b>  | <b>0.167</b>  | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | ++++         | 14         | 8.3%          | 8.8%       |
| Anxiety                                | +++++        | 2          | 6.7%          | 9.2%       |
| Depression                             | +++++        | 6          | 3.3%          | 4.2%       |
| Flourishing                            | ++++         | 12         | 67.8%         | 66.6%      |
| Illicit Drug Use — Youth               | ++++         | 15         | 6.3%          | 7.7%       |
| Teen Suicide†                          | —            | —          | 12.3          | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | +++          | 25         | 26.9          | 25.9       |
| Infant Mortality                       | ++++         | 18         | 5.5           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | ++           | 33         | 7.1%          | 6.9%       |
| High Health Status†                    | +            | 48         | 87.8%         | 90.2%      |
| Low Birthweight                        | +++          | 25         | 8.2%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++          | 26         | 2.0           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 2.2           | 6.1        |
| Overweight or Obesity — Youth          | +            | 46         | 39.5%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++</b>    | <b>38</b>  | <b>-0.256</b> | <b>—</b>   |

|                                      |           |           |               |          |
|--------------------------------------|-----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++</b> | <b>34</b> | <b>-0.169</b> | <b>—</b> |
|--------------------------------------|-----------|-----------|---------------|----------|

# Utah

State Health Department Website: [health.utah.gov](https://health.utah.gov)

Overall Rank:

5

## Summary

### Strengths:

- Low prevalence of alcohol use among youth
- Low prevalence of physical inactivity among women
- Low prevalence of household smoke

### Challenges:

- High prevalence of anxiety among children
- High racial disparity between American Indian/Alaska Native and white children in poverty
- Low prevalence of well-woman visits

### Highlights:

#### FREQUENT MENTAL DISTRESS

▲60%

from 14.1% to 22.5%  
of women ages 18-44  
between 2013-2014  
and 2019-2020.

#### DRUG DEATHS

▼19%

from 23.9 to 19.4 deaths  
per 100,000 women ages  
20-44 between 2015-2017  
and 2018-2020.

#### ADEQUATE SLEEP

▲12%

from 67.7% to 76.1%  
of children ages 6-17  
between 2017-2018 and  
2020-2021.

#### CERVICAL CANCER SCREENING

▼11%

from 77.4% to 69.2%  
of women ages 21-44  
between 2014 and  
2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 11         | 0.528       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | —          | 5.4         | 5.1        |
| Intimate Partner Violence Before Pregnancy†   | —      | —          | 1.8%        | 2.5%       |
| Violent Crime                                 | ++++   | 11         | 236         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++++  | 7          | 11.0%       | 26.1%      |
| Food Insecurity                               | +++    | 21         | 10.0%       | 10.7%      |
| Gender Pay Gap†                               | +      | 49         | 69.8%       | 81.0%      |
| Poverty                                       | +++++  | 6          | 11.5%       | 15.2%      |
| Unemployment                                  | +++++  | 6          | 5.1%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++     | 31         | 32.8%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +++    | 27         | 12.1%       | 12.0%      |
| Residential Segregation — Black/White         | +      | 41         | 71          | —          |
| Voter Participation                           | ++++   | 17         | 63.6%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++++  | 3          | 0.439       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++     | 36         | 7.9         | 8.3        |
| Drinking Water Violations                     | +++++  | 1          | 0.0%        | 0.8%       |
| Household Smoke                               | +++++  | 1          | 4.6%        | 13.8%      |
| Risk-screening Environmental Indicators Score | ++     | 36         | 6,249,565   | —          |
| Water Fluoridation                            | +      | 42         | 52.2%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | +++    | 28         | 1           | —          |
| Transportation Energy Use†                    | +++    | 27         | 7.8         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 13         | 74.9%       | 75.4%      |
| Housing With Lead Risk                        | ++++   | 12         | 11.4%       | 17.6%      |
| Severe Housing Problems                       | ++++   | 12         | 13.5%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 12         | 0.310       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++     | 31         | 10.4%       | 8.4%       |
| Firearm Deaths†                         | —      | —          | 4.3         | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++++  | 2          | 9.9%        | 16.8%      |
| Children in Poverty Racial Disparity    | +      | 46         | 5.0         | 3.0        |
| High-speed Internet                     | +++++  | 8          | 95.9%       | 92.6%      |
| Students Experiencing Homelessness      | +++    | 23         | 1.9%        | 2.5%       |
| WIC Coverage                            | +      | 45         | 42.8%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++     | 31         | 44.8%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++++  | 5          | 40.0%       | 34.3%      |
| High School Graduation                  | +++    | 18         | 87.4%       | 85.8%      |
| High School Graduation Racial Disparity | +++    | 26         | 14.7        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +++++  | 5          | 11.9%       | 14.0%      |
| Foster Care Instability                 | ++     | 40         | 20.0%       | 14.9%      |
| Neighborhood Amenities                  | +++++  | 3          | 51.2%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 20         | 59.6%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b>   | <b>27</b>  | <b>0.222</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | +++++        | 7          | 82.6%        | 74.7%      |
| Avoided Care Due to Cost                | ++           | 33         | 17.4%        | 17.5%      |
| Publicly-funded Women's Health Services | +            | 42         | 18%          | 29%        |
| Uninsured                               | ++           | 31         | 12.4%        | 12.9%      |
| Women's Health Providers                | ++++         | 19         | 54.5         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | +            | 49         | 69.2%        | 77.1%      |
| Dental Visit                            | +++++        | 1          | 74.6%        | 65.5%      |
| Flu Vaccination                         | ++++         | 15         | 44.6%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | 88.9%        | 88.4%      |
| Well-woman Visit                        | +            | 44         | 67.2%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | 86.3%        | 83.9%      |
| Dedicated Health Care Provider          | +++          | 25         | 73.3%        | 71.1%      |
| Low-risk Cesarean Delivery              | +++++        | 4          | 19.4%        | 25.9%      |
| Maternity Practices Score               | ++           | 36         | 77           | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++++</b> | <b>1</b>   | <b>1.151</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | +++++        | 10         | 24.2%        | 21.5%      |
| Fruit and Vegetable Consumption         | +++          | 24         | 10.4%        | 10.4%      |
| Physical Inactivity                     | +++++        | 3          | 15.0%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | +++++        | 4          | 920.6        | 1,552.8    |
| High-risk HIV Behaviors                 | +++++        | 2          | 7.2%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 21.5%        | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | ++++         | 15         | 31.4%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | 10.0%        | 7.6%       |
| Smoking                                 | +++++        | 1          | 6.5%         | 13.4%      |
| Smoking During Pregnancy                | +++++        | 4          | 2.2%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+++++</b> | <b>9</b>   | <b>0.358</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | +++          | 22         | 19.4         | 22.4       |
| Excessive Drinking                      | +++++        | 1          | 12.0%        | 19.4%      |
| Frequent Mental Distress                | ++           | 35         | 22.5%        | 19.4%      |
| Illicit Drug Use                        | +++          | 28         | 11.1%        | 10.8%      |
| Postpartum Depression†                  | —            | —          | 15.1%        | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 11.7         | 19.3       |
| Mortality Rate                          | ++++         | 13         | 97.8         | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | +++          | 25         | 8.0%         | 7.5%       |
| High Blood Pressure                     | +++++        | 5          | 7.5%         | 10.6%      |
| High Health Status†                     | +++++        | 7          | 62.3%        | 57.4%      |
| Multiple Chronic Conditions             | ++++         | 14         | 3.8%         | 4.1%       |
| Obesity                                 | ++++         | 14         | 26.9%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 53.7         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>2</b>   | <b>0.563</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++</b>    | <b>33</b>  | <b>-0.062</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | +            | 50         | 1.2%          | 2.8%       |
| Pediatricians                          | ++           | 40         | 75.2          | 107.2      |
| Uninsured                              | +            | 45         | 8.3%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | +++++        | 10         | 75.8%         | 70.5%      |
| HPV Vaccination                        | +            | 47         | 45.0%         | 58.6%      |
| Preventive Dental Care                 | ++++         | 11         | 80.0%         | 75.1%      |
| Well-child Visit                       | ++           | 33         | 75.9%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | +            | 46         | 63.0%         | 68.2%      |
| Developmental Screening                | ++++         | 18         | 40.3%         | 34.8%      |
| Medical Home                           | +++++        | 5          | 54.1%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++++</b>  | <b>14</b>  | <b>0.508</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | ++++         | 20         | 27.3%         | 24.9%      |
| Food Sufficiency                       | ++++         | 18         | 73.8%         | 71.9%      |
| Physical Activity                      | +            | 43         | 17.8%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 6.9%          | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | —             | 90.9%      |
| Teen Births                            | ++++         | 11         | 10.8          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | +++++        | 3          | 76.1%         | 66.6%      |
| Sleep Position†                        | —            | —          | 87.5%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 9.7%          | 32.7%      |
| Tobacco Use                            | ++++         | 11         | 2.7%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++++</b> | <b>4</b>   | <b>0.539</b>  | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +++++        | 1          | 6.6%          | 8.8%       |
| Anxiety                                | +            | 41         | 12.0%         | 9.2%       |
| Depression                             | ++++         | 18         | 4.1%          | 4.2%       |
| Flourishing                            | ++++         | 16         | 67.3%         | 66.6%      |
| Illicit Drug Use — Youth               | +++          | 23         | 7.0%          | 7.7%       |
| Teen Suicide†                          | —            | —          | 22.0          | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | ++++         | 18         | 24.5          | 25.9       |
| Infant Mortality                       | ++++         | 15         | 5.4           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | ++++         | 13         | 5.9%          | 6.9%       |
| High Health Status†                    | +++++        | 3          | 93.4%         | 90.2%      |
| Low Birthweight                        | ++++         | 11         | 7.0%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++++         | 11         | 1.8           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 5.6           | 6.1        |
| Overweight or Obesity — Youth          | +++++        | 4          | 25.7%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>7</b>   | <b>0.373</b>  | <b>—</b>   |

|                                      |              |          |              |          |
|--------------------------------------|--------------|----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>5</b> | <b>0.463</b> | <b>—</b> |
|--------------------------------------|--------------|----------|--------------|----------|



# Vermont

State Health Department Website: [healthvermont.gov](https://healthvermont.gov)

Overall Rank:

3

## Summary

### Strengths:

- High WIC coverage among eligible children ages 0-4
- High percentage of infants exclusively breastfed for six months
- Low prevalence of physical inactivity among women

### Challenges:

- High prevalence of illicit drug use among youth
- High prevalence of adverse childhood experiences (ACEs)
- High prevalence of cigarette smoking during pregnancy

### Highlights:

#### DRUG DEATHS

▲95%

from 17.0 to 33.1 deaths per 100,000 women ages 20-44 between 2014-2016 and 2018-2020.

#### NEONATAL ABSTINENCE SYNDROME

▼31%

from 29.4 to 20.4 diagnoses per 1,000 birth hospitalizations between 2017 and 2019.

#### HPV VACCINATION

▲27%

from 55.7% to 70.5% of adolescents ages 13-17 between 2016 and 2020.

#### DENTAL VISITS

▼14%

from 78.1% to 66.9% of women ages 18-44 between 2018 and 2020.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 5          | 0.792       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | —          | —           | 5.1        |
| Intimate Partner Violence Before Pregnancy*   | —      | —          | 3.1%        | 2.5%       |
| Violent Crime                                 | ++++   | 4          | 202         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 1          | 2.9%        | 26.1%      |
| Food Insecurity                               | ++++   | 9          | 8.6%        | 10.7%      |
| Gender Pay Gap*                               | ++++   | 1          | 91.0%       | 81.0%      |
| Poverty                                       | ++     | 36         | 16.7%       | 15.2%      |
| Unemployment                                  | ++++   | 3          | 4.9%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 2          | 44.2%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +      | 41         | 13.9%       | 12.0%      |
| Residential Segregation — Black/White         | ++     | 32         | 67          | —          |
| Voter Participation                           | +++    | 22         | 63.0%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++    | 26         | 0.096       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 5          | 4.9         | 8.3        |
| Drinking Water Violations                     | +++    | 30         | 0.3%        | 0.8%       |
| Household Smoke                               | +++    | 28         | 14.8%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++++   | 1          | 301         | —          |
| Water Fluoridation                            | ++     | 40         | 56.2%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 1          | 4           | —          |
| Transportation Energy Use*                    | ++++   | 7          | 6.3         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 15         | 75.7%       | 75.4%      |
| Housing With Lead Risk                        | ++     | 40         | 23.4%       | 17.6%      |
| Severe Housing Problems                       | ++     | 35         | 16.8%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 4          | 0.509       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | ++++   | 11         | 4.7%        | 8.4%       |
| Firearm Deaths*                         | —      | —          | —           | 4.7        |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 3          | 10.2%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 3          | 2.4         | 3.0        |
| High-speed Internet                     | +++    | 28         | 93.0%       | 92.6%      |
| Students Experiencing Homelessness      | ++++   | 3          | 1.0%        | 2.5%       |
| WIC Coverage                            | ++++   | 1          | 70.2%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 2          | 66.0%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 13         | 37.1%       | 34.3%      |
| High School Graduation                  | ++     | 31         | 84.5%       | 85.8%      |
| High School Graduation Racial Disparity | +++    | 26         | 14.7        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +      | 47         | 19.9%       | 14.0%      |
| Foster Care Instability                 | +      | 45         | 24.0%       | 14.9%      |
| Neighborhood Amenities                  | ++     | 31         | 31.9%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 3          | 72.9%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value   | U.S. Value |
|-----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++++</b> | <b>3</b>   | <b>1.139</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |               |            |
| Adequate Prenatal Care                  | +++++        | 2          | 86.9%         | 74.7%      |
| Avoided Care Due to Cost                | +++++        | 4          | 11.5%         | 17.5%      |
| Publicly-funded Women's Health Services | +++++        | 3          | 55%           | 29%        |
| Uninsured                               | +++++        | 2          | 5.7%          | 12.9%      |
| Women's Health Providers                | +++++        | 2          | 72.4          | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |               |            |
| Cervical Cancer Screening               | ++           | 31         | 76.7%         | 77.1%      |
| Dental Visit                            | +++          | 29         | 66.9%         | 65.5%      |
| Flu Vaccination                         | +++++        | 10         | 45.4%         | 38.9%      |
| Postpartum Visit†                       | —            | —          | 90.1%         | 88.4%      |
| Well-woman Visit                        | +            | 42         | 68.0%         | 72.0%      |
| <b>Quality of Care</b>                  |              |            |               |            |
| Breastfeeding Initiation†               | —            | —          | 91.3%         | 83.9%      |
| Dedicated Health Care Provider          | +++++        | 4          | 83.6%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++++         | 11         | 22.7%         | 25.9%      |
| Maternity Practices Score               | +++++        | 6          | 85            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++++</b> | <b>4</b>   | <b>0.637</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |               |            |
| Exercise                                | +++++        | 1          | 31.8%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++++        | 1          | 20.4%         | 10.4%      |
| Physical Inactivity                     | +++++        | 1          | 13.3%         | 22.3%      |
| <b>Sexual Health</b>                    |              |            |               |            |
| Chlamydia                               | +++++        | 2          | 619.0         | 1,552.8    |
| High-risk HIV Behaviors                 | +            | 50         | 14.9%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 19.6%         | 28.5%      |
| <b>Sleep Health</b>                     |              |            |               |            |
| Insufficient Sleep                      | +++++        | 2          | 25.4%         | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |               |            |
| E-cigarette Use†                        | —            | —          | 4.8%          | 7.6%       |
| Smoking                                 | +++          | 25         | 15.4%         | 13.4%      |
| Smoking During Pregnancy                | +            | 48         | 13.1%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++</b>    | <b>34</b>  | <b>-0.373</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |               |            |
| Drug Deaths†                            | ++           | 40         | 33.1          | 22.4       |
| Excessive Drinking                      | +            | 48         | 25.3%         | 19.4%      |
| Frequent Mental Distress                | +            | 42         | 24.0%         | 19.4%      |
| Illicit Drug Use                        | +            | 42         | 13.0%         | 10.8%      |
| Postpartum Depression†                  | —            | —          | 11.9%         | 13.6%      |
| <b>Mortality</b>                        |              |            |               |            |
| Maternal Mortality†                     | —            | —          | —             | 19.3       |
| Mortality Rate                          | +++          | 25         | 119.9         | 117.3      |
| <b>Physical Health</b>                  |              |            |               |            |
| Frequent Physical Distress              | ++++         | 19         | 7.8%          | 7.5%       |
| High Blood Pressure                     | +++++        | 5          | 7.5%          | 10.6%      |
| High Health Status†                     | +++++        | 3          | 64.8%         | 57.4%      |
| Multiple Chronic Conditions             | ++           | 32         | 5.0%          | 4.1%       |
| Obesity                                 | +++++        | 5          | 24.0%         | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 76.6          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>6</b>   | <b>0.430</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++++</b> | <b>1</b>   | <b>1.578</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | ++++         | 11         | 3.9%          | 2.8%       |
| Pediatricians                          | +++++        | 7          | 145.1         | 107.2      |
| Uninsured                              | +++++        | 3          | 2.1%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | +++++        | 3          | 79.6%         | 70.5%      |
| HPV Vaccination                        | +++++        | 5          | 70.5%         | 58.6%      |
| Preventive Dental Care                 | +++++        | 3          | 82.7%         | 75.1%      |
| Well-child Visit                       | +++++        | 3          | 85.2%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | +++++        | 4          | 74.0%         | 68.2%      |
| Developmental Screening                | +++++        | 4          | 46.7%         | 34.8%      |
| Medical Home                           | +++++        | 2          | 54.4%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++++</b> | <b>5</b>   | <b>0.817</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | +++++        | 2          | 36.2%         | 24.9%      |
| Food Sufficiency                       | +++++        | 8          | 76.1%         | 71.9%      |
| Physical Activity                      | +++++        | 9          | 25.2%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | —             | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 79.2%         | 90.9%      |
| Teen Births                            | +++++        | 3          | 7.0           | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | +++++        | 5          | 73.4%         | 66.6%      |
| Sleep Position†                        | —            | —          | 89.2%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | +            | —          | 26.4%         | 32.7%      |
| Tobacco Use                            | +            | 48         | 5.7%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++</b>   | <b>28</b>  | <b>-0.129</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | +            | 48         | 11.5%         | 8.8%       |
| Anxiety                                | +            | 50         | 16.9%         | 9.2%       |
| Depression                             | +            | 47         | 7.0%          | 4.2%       |
| Flourishing                            | +++          | 24         | 66.8%         | 66.6%      |
| Illicit Drug Use — Youth               | +            | 50         | 12.4%         | 7.7%       |
| Teen Suicide†                          | —            | —          | —             | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | +++++        | 8          | 20.1          | 25.9       |
| Infant Mortality                       | +++++        | 9          | 4.6           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | ++           | 32         | 7.0%          | 6.9%       |
| High Health Status†                    | +++++        | 7          | 92.8%         | 90.2%      |
| Low Birthweight                        | ++++         | 11         | 7.0%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++++        | 1          | 1.3           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 20.4          | 6.1        |
| Overweight or Obesity — Youth          | ++++         | 13         | 29.1%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>4</b>   | <b>0.457</b>  | <b>—</b>   |

|                                      |              |          |              |          |
|--------------------------------------|--------------|----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>3</b> | <b>0.479</b> | <b>—</b> |
|--------------------------------------|--------------|----------|--------------|----------|

# Virginia

State Health Department Website: [vdh.virginia.gov](https://vdh.virginia.gov)

Overall Rank:

14

## Summary

### Strengths:

- High percentage of youth who are flourishing
- High prevalence of food sufficiency among children
- Low prevalence of excessive drinking among women

### Challenges:

- High prevalence of alcohol use among youth
- Low WIC coverage among eligible children ages 0-4
- High prevalence of insufficient sleep among women

### Highlights:

#### TEEN BIRTHS

▼35%

from 20.1 to 13.1 births  
per 1,000 females ages  
15-19 between 2013  
and 2020.

#### MORTALITY

▲21%

from 89.2 to 107.8  
deaths per 100,000  
women ages 20-44  
between 2019 and 2020.

#### FLU VACCINATION

▲15%

from 38.2% to 44.1%  
of women ages 18-44  
between 2017-2018 and  
2019-2020.

#### PREVENTIVE DENTAL CARE

▼11%

from 83.1% to 74.2%  
of children ages 1-17  
between 2016-2017  
and 2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 4          | 1.005       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 5.3        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 1.6%       | 2.5%        |            |
| Violent Crime                                 | ++++   | 6          | 208         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 14         | 14.1%       | 26.1%      |
| Food Insecurity                               | ++++   | 8          | 8.5%        | 10.7%      |
| Gender Pay Gap†                               | +++    | 26         | 79.6%       | 81.0%      |
| Poverty                                       | ++++   | 11         | 12.8%       | 15.2%      |
| Unemployment                                  | ++++   | 20         | 6.9%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 7          | 42.7%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +++    | 25         | 11.9%       | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 3          | 52          | —          |
| Voter Participation                           | ++++   | 13         | 65.2%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++++   | 6          | 0.388       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | ++++   | 13         | 6.5         | 8.3        |
| Drinking Water Violations                     | ++++   | 14         | 0.1%        | 0.8%       |
| Household Smoke                               | +++    | 22         | 13.6%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +      | 44         | 10,493,892  | —          |
| Water Fluoridation                            | ++++   | 5          | 96.3%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++++   | 1          | 4           | —          |
| Transportation Energy Use†                    | +++    | 29         | 8.1         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 17         | 76.5%       | 75.4%      |
| Housing With Lead Risk                        | ++++   | 19         | 13.5%       | 17.6%      |
| Severe Housing Problems                       | +++    | 24         | 14.4%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | ++++   | 14         | 0.238       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | ++++   | 4          | 3.0%        | 8.4%       |
| Firearm Deaths†                         | —      | 5.2        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 18         | 13.4%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 16         | 3.2         | 3.0        |
| High-speed Internet                     | +++    | 22         | 93.4%       | 92.6%      |
| Students Experiencing Homelessness      | ++++   | 7          | 1.3%        | 2.5%       |
| WIC Coverage                            | ++     | 38         | 46.6%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++++   | 14         | 50.9%       | 48.9%      |
| Fourth Grade Reading Proficiency        | ++++   | 8          | 38.3%       | 34.3%      |
| High School Graduation                  | ++++   | 17         | 87.5%       | 85.8%      |
| High School Graduation Racial Disparity | ++     | 39         | 19.2        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | ++++   | 17         | 13.9%       | 14.0%      |
| Foster Care Instability                 | ++++   | 19         | 13.1%       | 14.9%      |
| Neighborhood Amenities                  | ++++   | 14         | 37.2%       | 35.5%      |
| Reading, Singing or Storytelling        | +++    | 21         | 59.5%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b>  | <b>28</b>  | <b>0.205</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |               |            |
| Adequate Prenatal Care                  | ++++        | 15         | 78.1%         | 74.7%      |
| Avoided Care Due to Cost                | ++          | 35         | 17.8%         | 17.5%      |
| Publicly-funded Women's Health Services | +           | 46         | 16%           | 29%        |
| Uninsured                               | +++         | 24         | 10.6%         | 12.9%      |
| Women's Health Providers                | +++         | 28         | 47.1          | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |               |            |
| Cervical Cancer Screening               | ++++        | 20         | 77.6%         | 77.1%      |
| Dental Visit                            | ++++        | 17         | 69.3%         | 65.5%      |
| Flu Vaccination                         | ++++        | 17         | 44.1%         | 38.9%      |
| Postpartum Visit†                       | —           | —          | 87.1%         | 88.4%      |
| Well-woman Visit                        | ++++        | 17         | 74.5%         | 72.0%      |
| <b>Quality of Care</b>                  |             |            |               |            |
| Breastfeeding Initiation†               | —           | —          | 85.9%         | 83.9%      |
| Dedicated Health Care Provider          | +++         | 27         | 73.1%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++          | 34         | 26.8%         | 25.9%      |
| Maternity Practices Score               | ++++        | 18         | 82            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++</b>  | <b>25</b>  | <b>-0.002</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |               |            |
| Exercise                                | ++          | 39         | 19.0%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++         | 23         | 10.7%         | 10.4%      |
| Physical Inactivity                     | +++         | 21         | 21.1%         | 22.3%      |
| <b>Sexual Health</b>                    |             |            |               |            |
| Chlamydia                               | +++         | 25         | 1,557.5       | 1,552.8    |
| High-risk HIV Behaviors                 | +++++       | 7          | 8.2%          | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 29.1%         | 28.5%      |
| <b>Sleep Health</b>                     |             |            |               |            |
| Insufficient Sleep                      | ++          | 39         | 37.7%         | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |               |            |
| E-cigarette Use†                        | —           | —          | 7.2%          | 7.6%       |
| Smoking                                 | ++++        | 14         | 11.8%         | 13.4%      |
| Smoking During Pregnancy                | ++++        | 17         | 5.0%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++++</b> | <b>16</b>  | <b>0.087</b>  | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |               |            |
| Drug Deaths†                            | +++         | 25         | 21.5          | 22.4       |
| Excessive Drinking                      | +++++       | 10         | 17.5%         | 19.4%      |
| Frequent Mental Distress                | +++         | 24         | 19.8%         | 19.4%      |
| Illicit Drug Use                        | ++++        | 15         | 9.7%          | 10.8%      |
| Postpartum Depression†                  | —           | —          | 11.8%         | 13.6%      |
| <b>Mortality</b>                        |             |            |               |            |
| Maternal Mortality†                     | —           | —          | 21.6          | 19.3       |
| Mortality Rate                          | ++++        | 20         | 107.8         | 117.3      |
| <b>Physical Health</b>                  |             |            |               |            |
| Frequent Physical Distress              | ++++        | 13         | 7.0%          | 7.5%       |
| High Blood Pressure                     | ++          | 35         | 11.6%         | 10.6%      |
| High Health Status†                     | +++         | 24         | 58.3%         | 57.4%      |
| Multiple Chronic Conditions             | +++         | 23         | 4.5%          | 4.1%       |
| Obesity                                 | +++         | 27         | 31.4%         | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | 66.9          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>++++</b> | <b>11</b>  | <b>0.342</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value  | U.S. Value |
|----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++</b>   | <b>28</b>  | <b>0.137</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |              |            |
| ADD/ADHD Treatment                     | +++          | 30         | 2.6%         | 2.8%       |
| Pediatricians                          | +++          | 21         | 103.1        | 107.2      |
| Uninsured                              | +++          | 25         | 4.9%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |              |            |
| Childhood Immunizations                | +++          | 30         | 70.8%        | 70.5%      |
| HPV Vaccination                        | +++          | 28         | 56.4%        | 58.6%      |
| Preventive Dental Care                 | ++           | 36         | 74.2%        | 75.1%      |
| Well-child Visit                       | +++          | 29         | 76.5%        | 76.7%      |
| <b>Quality of Care</b>                 |              |            |              |            |
| Adequate Insurance                     | +++++        | 10         | 71.9%        | 68.2%      |
| Developmental Screening                | ++           | 31         | 34.4%        | 34.8%      |
| Medical Home                           | ++++         | 20         | 49.6%        | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>++++</b>  | <b>20</b>  | <b>0.317</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |              |            |
| Breastfed                              | +++          | 26         | 25.8%        | 24.9%      |
| Food Sufficiency                       | +++++        | 5          | 77.1%        | 71.9%      |
| Physical Activity                      | ++           | 36         | 20.0%        | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | 9.8%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |              |            |
| Dual Contraceptive Nonuse†             | —            | —          | 88.3%        | 90.9%      |
| Teen Births                            | ++++         | 18         | 13.1         | 15.4       |
| <b>Sleep Health</b>                    |              |            |              |            |
| Adequate Sleep                         | +++          | 25         | 67.4%        | 66.6%      |
| Sleep Position†                        | —            | —          | 83.1%        | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |              |            |
| Electronic Vapor Product Use†          | —            | —          | 19.9%        | 32.7%      |
| Tobacco Use                            | ++++         | 15         | 2.9%         | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++++</b> | <b>9</b>   | <b>0.181</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |              |            |
| Alcohol Use — Youth                    | +            | 42         | 10.1%        | 8.8%       |
| Anxiety                                | +++          | 22         | 9.9%         | 9.2%       |
| Depression                             | ++++         | 12         | 3.6%         | 4.2%       |
| Flourishing                            | +++++        | 5          | 68.9%        | 66.6%      |
| Illicit Drug Use — Youth               | ++++         | 16         | 6.5%         | 7.7%       |
| Teen Suicide†                          | —            | —          | 12.4         | 10.8       |
| <b>Mortality</b>                       |              |            |              |            |
| Child Mortality                        | ++++         | 15         | 23.8         | 25.9       |
| Infant Mortality                       | +++          | 23         | 5.7          | 5.6        |
| <b>Physical Health</b>                 |              |            |              |            |
| Asthma                                 | +++++        | 6          | 5.4%         | 6.9%       |
| High Health Status†                    | +++          | 28         | 90.8%        | 90.2%      |
| Low Birthweight                        | +++          | 27         | 8.3%         | 8.2%       |
| Low Birthweight Racial Disparity       | +++          | 26         | 2.0          | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 7.2          | 6.1        |
| Overweight or Obesity — Youth          | ++           | 31         | 33.7%        | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++++</b>  | <b>14</b>  | <b>0.249</b> | <b>—</b>   |

|                                      |             |           |              |          |
|--------------------------------------|-------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++++</b> | <b>14</b> | <b>0.282</b> | <b>—</b> |
|--------------------------------------|-------------|-----------|--------------|----------|

# Washington

State Health Department Website: [doh.wa.gov](https://doh.wa.gov)

Overall Rank:

10

## Summary

### Strengths:

- Low infant mortality rate
- High prevalence of adequate sleep among children
- Low prevalence of physical inactivity among women

### Challenges:

- Low percentage of youth who are flourishing
- High prevalence of students experiencing homelessness
- Low prevalence of cervical cancer screening

### Highlights:

#### FREQUENT MENTAL DISTRESS

▲40%

from 14.3% to 20.0%  
of women ages 18-44  
between 2014-2015 and  
2019-2020.

#### CIGARETTE SMOKING

▼30%

from 15.8% to 11.1% of  
women ages 18-44  
between 2013-2014  
and 2019-2020.

#### NEIGHBORHOOD AMENITIES FOR CHILDREN AGES 0-17

▼17%

from 42.9% to 35.5%  
between 2018-2019  
and 2020-2021.

#### NEONATAL ABSTINENCE SYNDROME

▼15%

from 9.7 to 8.2 diagnoses  
per 1,000 birth  
hospitalizations between  
2018 and 2019.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | ++++   | 6          | 0.693       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 41         | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 1.5%       | 2.5%        |            |
| Violent Crime                                 | ++++   | 20         | 294         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 16         | 14.9%       | 26.1%      |
| Food Insecurity                               | ++++   | 10         | 8.8%        | 10.7%      |
| Gender Pay Gap*                               | ++     | 36         | 77.7%       | 81.0%      |
| Poverty                                       | ++++   | 10         | 12.6%       | 15.2%      |
| Unemployment                                  | ++     | 34         | 8.0%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 15         | 38.5%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | +      | 48         | 16.1%       | 12.0%      |
| Residential Segregation — Black/White         | ++++   | 19         | 62          | —          |
| Voter Participation                           | ++++   | 5          | 69.3%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++++   | 11         | 0.266       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +      | 41         | 8.5         | 8.3        |
| Drinking Water Violations                     | ++     | 34         | 0.5%        | 0.8%       |
| Household Smoke                               | ++++   | 3          | 9.1%        | 13.8%      |
| Risk-screening Environmental Indicators Score | +++    | 26         | 3,147,090   | —          |
| Water Fluoridation                            | ++     | 34         | 63.9%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | ++++   | 13         | 3           | —          |
| Transportation Energy Use*                    | ++++   | 15         | 6.6         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++++   | 5          | 70.8%       | 75.4%      |
| Housing With Lead Risk                        | ++++   | 20         | 14.5%       | 17.6%      |
| Severe Housing Problems                       | ++     | 35         | 16.8%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +++    | 25         | -0.006      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | ++++   | 3          | 2.4%        | 8.4%       |
| Firearm Deaths*                         | —      | 3.7        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 10         | 12.0%       | 16.8%      |
| Children in Poverty Racial Disparity    | ++++   | 10         | 2.9         | 3.0        |
| High-speed Internet                     | ++++   | 3          | 96.2%       | 92.6%      |
| Students Experiencing Homelessness      | +      | 43         | 3.2%        | 2.5%       |
| WIC Coverage                            | +++    | 26         | 52.5%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +++    | 22         | 47.5%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++    | 23         | 35.1%       | 34.3%      |
| High School Graduation                  | +      | 42         | 81.1%       | 85.8%      |
| High School Graduation Racial Disparity | +      | 42         | 20.9        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +++    | 22         | 15.2%       | 14.0%      |
| Foster Care Instability                 | +++    | 26         | 15.1%       | 14.9%      |
| Neighborhood Amenities                  | ++++   | 19         | 35.5%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 15         | 60.6%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value  | U.S. Value |
|-----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++</b>   | <b>25</b>  | <b>0.250</b> | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |              |            |
| Adequate Prenatal Care                  | +            | 43         | 70.3%        | 74.7%      |
| Avoided Care Due to Cost                | ++++         | 17         | 14.2%        | 17.5%      |
| Publicly-funded Women's Health Services | ++++         | 15         | 31%          | 29%        |
| Uninsured                               | ++++         | 20         | 9.5%         | 12.9%      |
| Women's Health Providers                | ++++         | 15         | 56.7         | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |              |            |
| Cervical Cancer Screening               | +            | 48         | 72.2%        | 77.1%      |
| Dental Visit                            | ++++         | 18         | 69.2%        | 65.5%      |
| Flu Vaccination                         | ++++         | 14         | 44.8%        | 38.9%      |
| Postpartum Visit†                       | —            | —          | 90.7%        | 88.4%      |
| Well-woman Visit                        | +            | 43         | 67.9%        | 72.0%      |
| <b>Quality of Care</b>                  |              |            |              |            |
| Breastfeeding Initiation†               | —            | —          | 94.8%        | 83.9%      |
| Dedicated Health Care Provider          | ++           | 33         | 71.3%        | 71.1%      |
| Low-risk Cesarean Delivery              | ++++         | 19         | 24.0%        | 25.9%      |
| Maternity Practices Score               | +++++        | 6          | 85           | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++++</b> | <b>6</b>   | <b>0.595</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |              |            |
| Exercise                                | +++++        | 8          | 24.4%        | 21.5%      |
| Fruit and Vegetable Consumption         | +++          | 27         | 9.8%         | 10.4%      |
| Physical Inactivity                     | +++++        | 6          | 17.5%        | 22.3%      |
| <b>Sexual Health</b>                    |              |            |              |            |
| Chlamydia                               | ++++         | 12         | 1,247.5      | 1,552.8    |
| High-risk HIV Behaviors                 | ++++         | 16         | 8.9%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 20.5%        | 28.5%      |
| <b>Sleep Health</b>                     |              |            |              |            |
| Insufficient Sleep                      | ++++         | 12         | 31.0%        | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |              |            |
| E-cigarette Use†                        | —            | —          | 8.2%         | 7.6%       |
| Smoking                                 | +++++        | 10         | 11.1%        | 13.4%      |
| Smoking During Pregnancy                | ++++         | 16         | 4.9%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++++</b>  | <b>11</b>  | <b>0.328</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |              |            |
| Drug Deaths†                            | +++++        | 9          | 14.0         | 22.4       |
| Excessive Drinking                      | ++++         | 13         | 18.0%        | 19.4%      |
| Frequent Mental Distress                | +++          | 25         | 20.0%        | 19.4%      |
| Illicit Drug Use                        | +++++        | 10         | 9.0%         | 10.8%      |
| Postpartum Depression†                  | —            | —          | 12.2%        | 13.6%      |
| <b>Mortality</b>                        |              |            |              |            |
| Maternal Mortality†                     | —            | —          | 17.6         | 19.3       |
| Mortality Rate                          | +++++        | 2          | 85.2         | 117.3      |
| <b>Physical Health</b>                  |              |            |              |            |
| Frequent Physical Distress              | ++++         | 18         | 7.6%         | 7.5%       |
| High Blood Pressure                     | ++++         | 18         | 9.6%         | 10.6%      |
| High Health Status†                     | ++++         | 18         | 59.4%        | 57.4%      |
| Multiple Chronic Conditions             | +++          | 23         | 4.5%         | 4.1%       |
| Obesity                                 | ++++         | 12         | 26.2%        | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 68.2         | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>4</b>   | <b>0.440</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value  | U.S. Value |
|----------------------------------------|--------------|------------|--------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+++++</b> | <b>10</b>  | <b>0.664</b> | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |              |            |
| ADD/ADHD Treatment                     | ++           | 33         | 2.5%         | 2.8%       |
| Pediatricians                          | ++++         | 17         | 109.2        | 107.2      |
| Uninsured                              | +++++        | 7          | 3.1%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |              |            |
| Childhood Immunizations                | +++          | 21         | 72.9%        | 70.5%      |
| HPV Vaccination                        | +++          | 27         | 59.0%        | 58.6%      |
| Preventive Dental Care                 | +++++        | 6          | 81.3%        | 75.1%      |
| Well-child Visit                       | +++          | 21         | 78.7%        | 76.7%      |
| <b>Quality of Care</b>                 |              |            |              |            |
| Adequate Insurance                     | ++++         | 20         | 70.3%        | 68.2%      |
| Developmental Screening                | +++++        | 5          | 46.4%        | 34.8%      |
| Medical Home                           | +++          | 24         | 49.0%        | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++++</b> | <b>3</b>   | <b>0.903</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |              |            |
| Breastfed                              | +++++        | 10         | 29.5%        | 24.9%      |
| Food Sufficiency                       | +++++        | 6          | 76.4%        | 71.9%      |
| Physical Activity                      | +++          | 26         | 22.6%        | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | —            | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |              |            |
| Dual Contraceptive Nonuse†             | —            | —          | —            | 90.9%      |
| Teen Births                            | ++++         | 13         | 11.3         | 15.4       |
| <b>Sleep Health</b>                    |              |            |              |            |
| Adequate Sleep                         | +++++        | 2          | 76.3%        | 66.6%      |
| Sleep Position†                        | —            | —          | 86.0%        | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |              |            |
| Electronic Vapor Product Use†          | —            | —          | —            | 32.7%      |
| Tobacco Use                            | +++++        | 7          | 2.6%         | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++++</b>  | <b>12</b>  | <b>0.108</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |              |            |
| Alcohol Use — Youth                    | +++          | 25         | 8.9%         | 8.8%       |
| Anxiety                                | +            | 43         | 12.7%        | 9.2%       |
| Depression                             | ++           | 38         | 5.4%         | 4.2%       |
| Flourishing                            | +            | 47         | 63.7%        | 66.6%      |
| Illicit Drug Use — Youth               | ++           | 36         | 8.9%         | 7.7%       |
| Teen Suicide†                          | —            | —          | 13.9         | 10.8       |
| <b>Mortality</b>                       |              |            |              |            |
| Child Mortality                        | ++++         | 12         | 22.5         | 25.9       |
| Infant Mortality                       | +++++        | 7          | 4.5          | 5.6        |
| <b>Physical Health</b>                 |              |            |              |            |
| Asthma                                 | ++++         | 14         | 6.1%         | 6.9%       |
| High Health Status†                    | ++++         | 20         | 91.7%        | 90.2%      |
| Low Birthweight                        | +++++        | 3          | 6.7%         | 8.2%       |
| Low Birthweight Racial Disparity       | ++++         | 11         | 1.8          | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 8.2          | 6.1        |
| Overweight or Obesity — Youth          | +++++        | 9          | 28.4%        | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++++</b> | <b>13</b>  | <b>0.282</b> | <b>—</b>   |

|                                      |              |           |              |          |
|--------------------------------------|--------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++++</b> | <b>10</b> | <b>0.364</b> | <b>—</b> |
|--------------------------------------|--------------|-----------|--------------|----------|

# West Virginia

State Health Department Website: [dhr.wv.gov](https://dhr.wv.gov)

Overall Rank:

45

## Summary

### Strengths:

- Low prevalence of illicit drug use among youth
- High prevalence of physical activity among children
- Low prevalence of excessive drinking among women

### Challenges:

- High mortality rate among women ages 20-44
- High prevalence of frequent mental distress among women
- High prevalence of adverse childhood experiences (ACEs)

### Highlights:

#### E-CIGARETTE USE

▲77%

from 7.0% to 12.4% of women ages 18-44 between 2018 and 2020.

#### NEIGHBORHOOD AMENITIES FOR CHILDREN AGES 0-17

▼29%

from 23.3% to 16.5% between 2016-2017 and 2020-2021.

#### CIGARETTE SMOKING

▼20%

from 33.8% to 26.9% of women ages 18-44 between 2017-2018 and 2019-2020.

#### FOOD SUFFICIENCY

▲14%

from 59.4% to 67.7% of children ages 0-17 between 2018-2019 and 2020-2021.

## Women

| Measures                                      | Rating   | State Rank | State Value   | U.S. Value |
|-----------------------------------------------|----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | <b>+</b> | <b>47</b>  | <b>-0.791</b> | <b>—</b>   |
| <b>Community and Family Safety</b>            |          |            |               |            |
| Firearm Deaths*                               | —        | 8.4        | 5.1           |            |
| Intimate Partner Violence Before Pregnancy*   | —        | 2.3%       | 2.5%          |            |
| Violent Crime                                 | +++      | 23         | 317           | 379        |
| <b>Economic Resources</b>                     |          |            |               |            |
| Concentrated Disadvantage                     | ++       | 39         | 29.7%         | 26.1%      |
| Food Insecurity                               | +        | 49         | 15.1%         | 10.7%      |
| Gender Pay Gap*                               | +        | 41         | 76.2%         | 81.0%      |
| Poverty                                       | +        | 49         | 23.3%         | 15.2%      |
| Unemployment                                  | +++      | 28         | 7.5%          | 8.3%       |
| <b>Education</b>                              |          |            |               |            |
| College Graduate                              | +        | 42         | 29.3%         | 35.6%      |
| <b>Social Support and Engagement</b>          |          |            |               |            |
| Infant Child Care Cost*                       | +++++    | 9          | 10.2%         | 12.0%      |
| Residential Segregation — Black/White         | ++++     | 17         | 61            | —          |
| Voter Participation                           | +        | 49         | 50.3%         | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | <b>+</b> | <b>44</b>  | <b>-0.296</b> | <b>—</b>   |
| <b>Air and Water Quality</b>                  |          |            |               |            |
| Air Pollution                                 | +++      | 21         | 7.1           | 8.3        |
| Drinking Water Violations                     | +        | 50         | 10.2%         | 0.8%       |
| Household Smoke                               | +        | 50         | 25.1%         | 13.8%      |
| Risk-screening Environmental Indicators Score | +++      | 24         | 2,815,847     | —          |
| Water Fluoridation                            | ++++     | 12         | 90.7%         | 73.0%      |
| <b>Climate Change</b>                         |          |            |               |            |
| Climate Change Policies*                      | ++       | 37         | 0             | —          |
| Transportation Energy Use*                    | ++       | 37         | 9.5           | 7.4        |
| <b>Housing and Transportation</b>             |          |            |               |            |
| Drive Alone to Work                           | +        | 43         | 82.0%         | 75.4%      |
| Housing With Lead Risk                        | ++       | 36         | 21.8%         | 17.6%      |
| Severe Housing Problems                       | +++++    | 1          | 11.1%         | 17.3%      |

## Children

| Measures                                | Rating   | State Rank | State Value   | U.S. Value |
|-----------------------------------------|----------|------------|---------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | <b>+</b> | <b>44</b>  | <b>-0.543</b> | <b>—</b>   |
| <b>Community and Family Safety</b>      |          |            |               |            |
| Child Victimization*                    | +        | 48         | 17.2%         | 8.4%       |
| Firearm Deaths*                         | —        | 4.5        | 4.7           |            |
| <b>Economic Resources</b>               |          |            |               |            |
| Children in Poverty                     | +        | 44         | 20.1%         | 16.8%      |
| Children in Poverty Racial Disparity    | +++++    | 1          | 1.9           | 3.0        |
| High-speed Internet                     | +++      | 30         | 92.5%         | 92.6%      |
| Students Experiencing Homelessness      | +        | 48         | 3.9%          | 2.5%       |
| WIC Coverage                            | +++      | 28         | 51.9%         | 54.6%      |
| <b>Education</b>                        |          |            |               |            |
| Early Childhood Education               | +        | 49         | 31.3%         | 48.9%      |
| Fourth Grade Reading Proficiency        | +        | 44         | 30.3%         | 34.3%      |
| High School Graduation                  | +++++    | 3          | 91.3%         | 85.8%      |
| High School Graduation Racial Disparity | ++       | 34         | 16.5          | 15.1       |
| <b>Social Support and Engagement</b>    |          |            |               |            |
| Adverse Childhood Experiences           | +        | 45         | 18.9%         | 14.0%      |
| Foster Care Instability                 | +++++    | 6          | 10.1%         | 14.9%      |
| Neighborhood Amenities                  | +        | 48         | 16.5%         | 35.5%      |
| Reading, Singing or Storytelling        | ++       | 34         | 56.0%         | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>++++</b> | <b>14</b>  | <b>0.448</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |               |            |
| Adequate Prenatal Care                  | +++         | 28         | 76.0%         | 74.7%      |
| Avoided Care Due to Cost                | +++         | 23         | 15.9%         | 17.5%      |
| Publicly-funded Women's Health Services | +++++       | 1          | 66%           | 29%        |
| Uninsured                               | ++++        | 13         | 8.5%          | 12.9%      |
| Women's Health Providers                | ++          | 38         | 42.2          | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |               |            |
| Cervical Cancer Screening               | +++++       | 8          | 79.8%         | 77.1%      |
| Dental Visit                            | ++          | 38         | 64.1%         | 65.5%      |
| Flu Vaccination                         | +++         | 24         | 40.7%         | 38.9%      |
| Postpartum Visit†                       | —           | —          | 88.9%         | 88.4%      |
| Well-woman Visit                        | +++++       | 8          | 76.9%         | 72.0%      |
| <b>Quality of Care</b>                  |             |            |               |            |
| Breastfeeding Initiation†               | —           | —          | 67.1%         | 83.9%      |
| Dedicated Health Care Provider          | ++++        | 12         | 78.4%         | 71.1%      |
| Low-risk Cesarean Delivery              | ++          | 35         | 26.9%         | 25.9%      |
| Maternity Practices Score               | +++         | 28         | 80            | 81         |
| <b>BEHAVIORS*</b>                       | <b>++</b>   | <b>40</b>  | <b>-0.613</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |               |            |
| Exercise                                | ++++        | 20         | 22.1%         | 21.5%      |
| Fruit and Vegetable Consumption         | +           | 42         | 8.2%          | 10.4%      |
| Physical Inactivity                     | +++         | 25         | 21.5%         | 22.3%      |
| <b>Sexual Health</b>                    |             |            |               |            |
| Chlamydia                               | +++++       | 6          | 1,155.3       | 1,552.8    |
| High-risk HIV Behaviors                 | ++++        | 16         | 8.9%          | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 22.0%         | 28.5%      |
| <b>Sleep Health</b>                     |             |            |               |            |
| Insufficient Sleep                      | +           | 50         | 41.1%         | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |               |            |
| E-cigarette Use†                        | —           | —          | 12.4%         | 7.6%       |
| Smoking                                 | +           | 50         | 26.9%         | 13.4%      |
| Smoking During Pregnancy                | +           | 50         | 21.4%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>+</b>    | <b>50</b>  | <b>-1.468</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |               |            |
| Drug Deaths†                            | +           | 50         | 72.2          | 22.4       |
| Excessive Drinking                      | +++++       | 2          | 13.2%         | 19.4%      |
| Frequent Mental Distress                | +           | 49         | 26.4%         | 19.4%      |
| Illicit Drug Use                        | +           | 49         | 17.0%         | 10.8%      |
| Postpartum Depression†                  | —           | —          | 16.0%         | 13.6%      |
| <b>Mortality</b>                        |             |            |               |            |
| Maternal Mortality†                     | —           | —          | 17.5          | 19.3       |
| Mortality Rate                          | +           | 50         | 214.6         | 117.3      |
| <b>Physical Health</b>                  |             |            |               |            |
| Frequent Physical Distress              | +           | 48         | 10.1%         | 7.5%       |
| High Blood Pressure                     | +           | 46         | 18.6%         | 10.6%      |
| High Health Status†                     | +           | 50         | 50.4%         | 57.4%      |
| Multiple Chronic Conditions             | +           | 50         | 10.1%         | 4.1%       |
| Obesity                                 | +           | 47         | 38.2%         | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | 83.7          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+</b>    | <b>46</b>  | <b>-0.601</b> | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating      | State Rank | State Value   | U.S. Value |
|----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++++</b> | <b>19</b>  | <b>0.410</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |             |            |               |            |
| ADD/ADHD Treatment                     | ++++        | 18         | 3.4%          | 2.8%       |
| Pediatricians                          | ++          | 33         | 84.8          | 107.2      |
| Uninsured                              | ++++        | 11         | 3.5%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |             |            |               |            |
| Childhood Immunizations                | ++++        | 19         | 73.0%         | 70.5%      |
| HPV Vaccination                        | +           | 49         | 43.4%         | 58.6%      |
| Preventive Dental Care                 | ++++        | 15         | 78.1%         | 75.1%      |
| Well-child Visit                       | ++++        | 14         | 80.1%         | 76.7%      |
| <b>Quality of Care</b>                 |             |            |               |            |
| Adequate Insurance                     | +++++       | 8          | 72.4%         | 68.2%      |
| Developmental Screening                | +++++       | 9          | 44.6%         | 34.8%      |
| Medical Home                           | ++          | 32         | 47.6%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+</b>    | <b>47</b>  | <b>-0.862</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |             |            |               |            |
| Breastfed                              | +           | 50         | 13.8%         | 24.9%      |
| Food Sufficiency                       | ++          | 39         | 67.7%         | 71.9%      |
| Physical Activity                      | +++++       | 4          | 27.5%         | 20.5%      |
| Soda Consumption — Youth†              | —           | —          | 20.6%         | 9.3%       |
| <b>Sexual Health — Youth</b>           |             |            |               |            |
| Dual Contraceptive Nonuse†             | —           | —          | 85.5%         | 90.9%      |
| Teen Births                            | +           | 43         | 22.5          | 15.4       |
| <b>Sleep Health</b>                    |             |            |               |            |
| Adequate Sleep                         | +           | 43         | 61.4%         | 66.6%      |
| Sleep Position†                        | —           | —          | 89.2%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |             |            |               |            |
| Electronic Vapor Product Use†          | —           | —          | 35.7%         | 32.7%      |
| Tobacco Use                            | +           | 47         | 5.6%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+</b>    | <b>43</b>  | <b>-0.370</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |             |            |               |            |
| Alcohol Use — Youth                    | +++         | 22         | 8.7%          | 8.8%       |
| Anxiety                                | ++          | 39         | 11.7%         | 9.2%       |
| Depression                             | ++          | 40         | 5.6%          | 4.2%       |
| Flourishing                            | +++         | 27         | 66.1%         | 66.6%      |
| Illicit Drug Use — Youth               | +++++       | 9          | 6.1%          | 7.7%       |
| Teen Suicide†                          | —           | —          | 13.5          | 10.8       |
| <b>Mortality</b>                       |             |            |               |            |
| Child Mortality                        | ++          | 35         | 30.5          | 25.9       |
| Infant Mortality                       | ++          | 38         | 6.5           | 5.6        |
| <b>Physical Health</b>                 |             |            |               |            |
| Asthma                                 | ++++        | 14         | 6.1%          | 6.9%       |
| High Health Status†                    | +           | 46         | 88.4%         | 90.2%      |
| Low Birthweight                        | +           | 41         | 9.3%          | 8.2%       |
| Low Birthweight Racial Disparity       | +++++       | 7          | 1.7           | 2.0        |
| Neonatal Abstinence Syndrome†          | —           | —          | 43.6          | 6.1        |
| Overweight or Obesity — Youth          | +           | 49         | 41.0%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+</b>    | <b>44</b>  | <b>-0.395</b> | <b>—</b>   |

|                                      |          |           |               |          |
|--------------------------------------|----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+</b> | <b>45</b> | <b>-0.509</b> | <b>—</b> |
|--------------------------------------|----------|-----------|---------------|----------|



# Wisconsin

State Health Department Website: [dhs.wisconsin.gov](https://dhs.wisconsin.gov)

Overall Rank:

# 22

## Summary

### Strengths:

- Low prevalence of high blood pressure among women
- High prevalence of dental visits among women
- High percentage of infants exclusively breastfed for six months

### Challenges:

- High racial disparity between Black and white infants with low birthweight
- High Black/white residential segregation
- High prevalence of excessive drinking among women

### Highlights:

#### ANXIETY

## ▲57%

from 7.5% to 11.8% of children ages 3-17 between 2017-2018 and 2020-2021.

#### DRUG DEATHS

## ▲30%

from 19.2 to 24.9 deaths per 100,000 women ages 20-44 between 2014-2016 and 2018-2020.

#### FLU VACCINATION

## ▲29%

from 34.8% to 44.9% of women ages 18-44 between 2017-2018 and 2019-2020.

#### ADEQUATE HEALTH INSURANCE

## ▲13%

from 57.8% to 65.6% of children ages 0-17 between 2018-2019 and 2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 16         | 0.465       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths*                               | —      | 3.9        | 5.1         |            |
| Intimate Partner Violence Before Pregnancy*   | —      | 3.2%       | 2.5%        |            |
| Violent Crime                                 | ++++   | 18         | 293         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | ++++   | 12         | 13.5%       | 26.1%      |
| Food Insecurity                               | ++++   | 17         | 9.7%        | 10.7%      |
| Gender Pay Gap*                               | ++++   | 17         | 81.0%       | 81.0%      |
| Poverty                                       | +++    | 21         | 14.9%       | 15.2%      |
| Unemployment                                  | ++++   | 17         | 6.8%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++++   | 13         | 39.9%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost*                       | ++     | 36         | 12.7%       | 12.0%      |
| Residential Segregation — Black/White         | +      | 47         | 78          | —          |
| Voter Participation                           | +++++  | 2          | 71.1%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | ++     | 39         | -0.154      | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++    | 23         | 7.2         | 8.3        |
| Drinking Water Violations                     | +      | 46         | 4.4%        | 0.8%       |
| Household Smoke                               | +++    | 26         | 14.3%       | 13.8%      |
| Risk-screening Environmental Indicators Score | ++     | 39         | 7,288,794   | —          |
| Water Fluoridation                            | ++++   | 18         | 87.3%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies*                      | +++    | 24         | 2           | —          |
| Transportation Energy Use*                    | ++++   | 18         | 6.9         | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | ++     | 31         | 80.1%       | 75.4%      |
| Housing With Lead Risk                        | ++     | 37         | 22.3%       | 17.6%      |
| Severe Housing Problems                       | ++++   | 14         | 13.6%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +++    | 21         | 0.051       | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization*                    | +++++  | 6          | 3.3%        | 8.4%       |
| Firearm Deaths*                         | —      | 3.6        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | ++++   | 19         | 13.5%       | 16.8%      |
| Children in Poverty Racial Disparity    | +      | 44         | 4.7         | 3.0        |
| High-speed Internet                     | ++++   | 17         | 93.9%       | 92.6%      |
| Students Experiencing Homelessness      | +++    | 25         | 2.0%        | 2.5%       |
| WIC Coverage                            | ++++   | 17         | 55.4%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | ++     | 39         | 43.3%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++    | 21         | 35.5%       | 34.3%      |
| High School Graduation                  | +++++  | 7          | 90.1%       | 85.8%      |
| High School Graduation Racial Disparity | +      | 46         | 22.4        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +++    | 27         | 15.7%       | 14.0%      |
| Foster Care Instability                 | ++++   | 13         | 11.6%       | 14.9%      |
| Neighborhood Amenities                  | +++    | 24         | 33.9%       | 35.5%      |
| Reading, Singing or Storytelling        | ++++   | 12         | 62.8%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating       | State Rank | State Value   | U.S. Value |
|-----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+++++</b> | <b>7</b>   | <b>0.710</b>  | <b>—</b>   |
| <b>Access to Care</b>                   |              |            |               |            |
| Adequate Prenatal Care                  | +++++        | 9          | 81.1%         | 74.7%      |
| Avoided Care Due to Cost                | +++++        | 9          | 13.1%         | 17.5%      |
| Publicly-funded Women's Health Services | +++          | 27         | 24%           | 29%        |
| Uninsured                               | +++++        | 10         | 7.8%          | 12.9%      |
| Women's Health Providers                | +++          | 23         | 48.2          | 49.5       |
| <b>Preventive Clinical Care</b>         |              |            |               |            |
| Cervical Cancer Screening               | +++          | 30         | 76.9%         | 77.1%      |
| Dental Visit                            | +++++        | 5          | 72.6%         | 65.5%      |
| Flu Vaccination                         | ++++         | 13         | 44.9%         | 38.9%      |
| Postpartum Visit†                       | —            | —          | 88.6%         | 88.4%      |
| Well-woman Visit                        | +++          | 28         | 72.6%         | 72.0%      |
| <b>Quality of Care</b>                  |              |            |               |            |
| Breastfeeding Initiation†               | —            | —          | 80.0%         | 83.9%      |
| Dedicated Health Care Provider          | +++++        | 8          | 81.8%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++++        | 9          | 21.7%         | 25.9%      |
| Maternity Practices Score               | +++          | 28         | 80            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++</b>   | <b>24</b>  | <b>0.009</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |              |            |               |            |
| Exercise                                | +++          | 27         | 21.3%         | 21.5%      |
| Fruit and Vegetable Consumption         | +++++        | 4          | 12.6%         | 10.4%      |
| Physical Inactivity                     | ++++         | 14         | 19.7%         | 22.3%      |
| <b>Sexual Health</b>                    |              |            |               |            |
| Chlamydia                               | +++          | 29         | 1,618.3       | 1,552.8    |
| High-risk HIV Behaviors                 | +++          | 30         | 10.0%         | 9.6%       |
| Unintended Pregnancy†                   | —            | —          | 24.4%         | 28.5%      |
| <b>Sleep Health</b>                     |              |            |               |            |
| Insufficient Sleep                      | +++          | 22         | 32.9%         | 33.4%      |
| <b>Tobacco Use</b>                      |              |            |               |            |
| E-cigarette Use†                        | —            | —          | —             | 7.6%       |
| Smoking                                 | ++++         | 19         | 14.0%         | 13.4%      |
| Smoking During Pregnancy                | ++           | 32         | 8.3%          | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++++</b>  | <b>18</b>  | <b>-0.015</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |              |            |               |            |
| Drug Deaths†                            | +++          | 28         | 24.9          | 22.4       |
| Excessive Drinking                      | +            | 50         | 26.9%         | 19.4%      |
| Frequent Mental Distress                | ++++         | 13         | 18.5%         | 19.4%      |
| Illicit Drug Use                        | +++++        | 6          | 8.3%          | 10.8%      |
| Postpartum Depression†                  | —            | —          | 13.8%         | 13.6%      |
| <b>Mortality</b>                        |              |            |               |            |
| Maternal Mortality†                     | —            | —          | 9.7           | 19.3       |
| Mortality Rate                          | +++          | 21         | 107.9         | 117.3      |
| <b>Physical Health</b>                  |              |            |               |            |
| Frequent Physical Distress              | +++          | 22         | 7.9%          | 7.5%       |
| High Blood Pressure                     | +++++        | 3          | 7.4%          | 10.6%      |
| High Health Status†                     | +++          | 30         | 57.5%         | 57.4%      |
| Multiple Chronic Conditions             | ++++         | 17         | 4.0%          | 4.1%       |
| Obesity                                 | ++           | 33         | 33.1%         | 30.4%      |
| Severe Maternal Morbidity†              | —            | —          | 65.4          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++++</b> | <b>17</b>  | <b>0.180</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating       | State Rank | State Value   | U.S. Value |
|----------------------------------------|--------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>++++</b>  | <b>20</b>  | <b>0.303</b>  | <b>—</b>   |
| <b>Access to Care</b>                  |              |            |               |            |
| ADD/ADHD Treatment                     | +++          | 27         | 2.7%          | 2.8%       |
| Pediatricians                          | ++++         | 19         | 104.5         | 107.2      |
| Uninsured                              | ++++         | 16         | 3.8%          | 5.7%       |
| <b>Preventive Clinical Care</b>        |              |            |               |            |
| Childhood Immunizations                | ++           | 35         | 68.9%         | 70.5%      |
| HPV Vaccination                        | ++++         | 20         | 61.5%         | 58.6%      |
| Preventive Dental Care                 | +++          | 25         | 76.8%         | 75.1%      |
| Well-child Visit                       | ++           | 31         | 76.4%         | 76.7%      |
| <b>Quality of Care</b>                 |              |            |               |            |
| Adequate Insurance                     | ++           | 39         | 65.6%         | 68.2%      |
| Developmental Screening                | ++++         | 12         | 43.9%         | 34.8%      |
| Medical Home                           | +++++        | 7          | 52.6%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++++</b> | <b>10</b>  | <b>0.585</b>  | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |              |            |               |            |
| Breastfed                              | +++++        | 7          | 31.3%         | 24.9%      |
| Food Sufficiency                       | ++++         | 13         | 74.7%         | 71.9%      |
| Physical Activity                      | +++          | 22         | 23.4%         | 20.5%      |
| Soda Consumption — Youth†              | —            | —          | —             | 9.3%       |
| <b>Sexual Health — Youth</b>           |              |            |               |            |
| Dual Contraceptive Nonuse†             | —            | —          | 79.4%         | 90.9%      |
| Teen Births                            | ++++         | 14         | 11.5          | 15.4       |
| <b>Sleep Health</b>                    |              |            |               |            |
| Adequate Sleep                         | ++++         | 12         | 71.2%         | 66.6%      |
| Sleep Position†                        | —            | —          | 87.6%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |              |            |               |            |
| Electronic Vapor Product Use†          | —            | —          | 20.6%         | 32.7%      |
| Tobacco Use                            | ++           | 34         | 3.9%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>++</b>    | <b>36</b>  | <b>-0.276</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |              |            |               |            |
| Alcohol Use — Youth                    | ++           | 37         | 9.5%          | 8.8%       |
| Anxiety                                | ++           | 40         | 11.8%         | 9.2%       |
| Depression                             | ++           | 33         | 4.9%          | 4.2%       |
| Flourishing                            | ++           | 34         | 65.7%         | 66.6%      |
| Illicit Drug Use — Youth               | +++          | 25         | 7.2%          | 7.7%       |
| Teen Suicide†                          | —            | —          | 11.2          | 10.8       |
| <b>Mortality</b>                       |              |            |               |            |
| Child Mortality                        | ++++         | 16         | 23.9          | 25.9       |
| Infant Mortality                       | +++          | 29         | 6.0           | 5.6        |
| <b>Physical Health</b>                 |              |            |               |            |
| Asthma                                 | +++          | 23         | 6.6%          | 6.9%       |
| High Health Status†                    | +++          | 24         | 91.2%         | 90.2%      |
| Low Birthweight                        | ++++         | 18         | 7.7%          | 8.2%       |
| Low Birthweight Racial Disparity       | +            | 50         | 2.5           | 2.0        |
| Neonatal Abstinence Syndrome†          | —            | —          | 6.6           | 6.1        |
| Overweight or Obesity — Youth          | ++++         | 18         | 30.7%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>+++</b>   | <b>25</b>  | <b>0.047</b>  | <b>—</b>   |

|                                      |            |           |              |          |
|--------------------------------------|------------|-----------|--------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>+++</b> | <b>22</b> | <b>0.135</b> | <b>—</b> |
|--------------------------------------|------------|-----------|--------------|----------|

# Wyoming

State Health Department Website: [health.wyo.gov](https://health.wyo.gov)

Overall Rank:

32

## Summary

### Strengths:

- Low prevalence of illicit drug use among youth
- High prevalence of physical activity among children
- Low percentage of low-risk cesarean deliveries

### Challenges:

- High prevalence of depression among children
- High prevalence of adverse childhood experiences (ACEs)
- High prevalence of cigarette smoking during pregnancy

### Highlights:

#### HPV VACCINATION

▲ 68%

from 26.7% to 44.8%  
of adolescents ages  
13-17 between 2016  
and 2020.

#### DRUG DEATHS

▼ 49%

from 21.6 to 11.1 deaths  
per 100,000 women ages  
20-44 between 2014-2016  
and 2018-2020.

#### INFANT MORTALITY

▲ 31%

from 4.8 to 6.3 deaths  
per 1,000 live births  
between 2016-2017 and  
2018-2019.

#### WELL-CHILD VISITS

▼ 7%

from 80.1% to 74.1%  
of children ages 0-17  
between 2016-2017 and  
2020-2021.

## Women

| Measures                                      | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>         | +++    | 20         | 0.310       | —          |
| <b>Community and Family Safety</b>            |        |            |             |            |
| Firearm Deaths†                               | —      | 10.7       | 5.1         |            |
| Intimate Partner Violence Before Pregnancy†   | —      | 2.3%       | 2.5%        |            |
| Violent Crime                                 | +++++  | 7          | 217         | 379        |
| <b>Economic Resources</b>                     |        |            |             |            |
| Concentrated Disadvantage                     | +++++  | 4          | 8.4%        | 26.1%      |
| Food Insecurity                               | ++     | 33         | 11.5%       | 10.7%      |
| Gender Pay Gap†                               | +      | 50         | 63.4%       | 81.0%      |
| Poverty                                       | ++++   | 17         | 14.3%       | 15.2%      |
| Unemployment                                  | +++++  | 4          | 5.0%        | 8.3%       |
| <b>Education</b>                              |        |            |             |            |
| College Graduate                              | ++     | 36         | 31.6%       | 35.6%      |
| <b>Social Support and Engagement</b>          |        |            |             |            |
| Infant Child Care Cost†                       | +++++  | 9          | 10.2%       | 12.0%      |
| Residential Segregation — Black/White         | ++     | 37         | 69          | —          |
| Voter Participation                           | +++    | 29         | 61.0%       | 61.7%      |
| <b>PHYSICAL ENVIRONMENT*</b>                  | +++++  | 10         | 0.271       | —          |
| <b>Air and Water Quality</b>                  |        |            |             |            |
| Air Pollution                                 | +++++  | 1          | 4.2         | 8.3        |
| Drinking Water Violations                     | +++    | 24         | 0.2%        | 0.8%       |
| Household Smoke                               | ++     | 36         | 17.5%       | 13.8%      |
| Risk-screening Environmental Indicators Score | +++++  | 3          | 12,717      | —          |
| Water Fluoridation                            | ++     | 39         | 57.1%       | 73.0%      |
| <b>Climate Change</b>                         |        |            |             |            |
| Climate Change Policies†                      | ++     | 37         | 0           | —          |
| Transportation Energy Use†                    | +      | 49         | 18.4        | 7.4        |
| <b>Housing and Transportation</b>             |        |            |             |            |
| Drive Alone to Work                           | +++    | 21         | 78.2%       | 75.4%      |
| Housing With Lead Risk                        | +++    | 24         | 16.1%       | 17.6%      |
| Severe Housing Problems                       | +++++  | 5          | 12.2%       | 17.3%      |

## Children

| Measures                                | Rating | State Rank | State Value | U.S. Value |
|-----------------------------------------|--------|------------|-------------|------------|
| <b>SOCIAL &amp; ECONOMIC FACTORS*</b>   | +++    | 30         | -0.133      | —          |
| <b>Community and Family Safety</b>      |        |            |             |            |
| Child Victimization†                    | +++    | 24         | 7.5%        | 8.4%       |
| Firearm Deaths†                         | —      | 6.8        | 4.7         |            |
| <b>Economic Resources</b>               |        |            |             |            |
| Children in Poverty                     | +++++  | 8          | 11.6%       | 16.8%      |
| Children in Poverty Racial Disparity    | +++    | 30         | 3.5         | 3.0        |
| High-speed Internet                     | +++    | 26         | 93.1%       | 92.6%      |
| Students Experiencing Homelessness      | ++++   | 19         | 1.8%        | 2.5%       |
| WIC Coverage                            | +++    | 28         | 51.9%       | 54.6%      |
| <b>Education</b>                        |        |            |             |            |
| Early Childhood Education               | +      | 47         | 34.5%       | 48.9%      |
| Fourth Grade Reading Proficiency        | +++++  | 3          | 40.6%       | 34.3%      |
| High School Graduation                  | ++     | 38         | 82.1%       | 85.8%      |
| High School Graduation Racial Disparity | +      | 48         | 24.8        | 15.1       |
| <b>Social Support and Engagement</b>    |        |            |             |            |
| Adverse Childhood Experiences           | +      | 49         | 23.0%       | 14.0%      |
| Foster Care Instability                 | +++++  | 5          | 9.8%        | 14.9%      |
| Neighborhood Amenities                  | +++++  | 8          | 44.7%       | 35.5%      |
| Reading, Singing or Storytelling        | +++    | 22         | 59.4%       | 57.2%      |

| Rating | Rank  |
|--------|-------|
| +++++  | 1-10  |
| ++++   | 11-20 |
| +++    | 21-30 |
| ++     | 31-40 |
| +      | 41-50 |

## Women

| Measures                                | Rating      | State Rank | State Value   | U.S. Value |
|-----------------------------------------|-------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                   | <b>+</b>    | <b>41</b>  | <b>-0.333</b> | <b>—</b>   |
| <b>Access to Care</b>                   |             |            |               |            |
| Adequate Prenatal Care                  | ++          | 31         | 75.7%         | 74.7%      |
| Avoided Care Due to Cost                | ++          | 36         | 18.1%         | 17.5%      |
| Publicly-funded Women's Health Services | +++         | 22         | 26%           | 29%        |
| Uninsured                               | +           | 45         | 19.2%         | 12.9%      |
| Women's Health Providers                | ++          | 32         | 44.9          | 49.5       |
| <b>Preventive Clinical Care</b>         |             |            |               |            |
| Cervical Cancer Screening               | ++          | 39         | 74.5%         | 77.1%      |
| Dental Visit                            | ++++        | 19         | 68.7%         | 65.5%      |
| Flu Vaccination                         | ++          | 39         | 35.8%         | 38.9%      |
| Postpartum Visit†                       | —           | —          | 90.1%         | 88.4%      |
| Well-woman Visit                        | +           | 49         | 64.9%         | 72.0%      |
| <b>Quality of Care</b>                  |             |            |               |            |
| Breastfeeding Initiation†               | —           | —          | 84.8%         | 83.9%      |
| Dedicated Health Care Provider          | +           | 44         | 66.5%         | 71.1%      |
| Low-risk Cesarean Delivery              | +++++       | 2          | 18.1%         | 25.9%      |
| Maternity Practices Score               | +           | 41         | 75            | 81         |
| <b>BEHAVIORS*</b>                       | <b>+++</b>  | <b>30</b>  | <b>-0.213</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b>  |             |            |               |            |
| Exercise                                | +++         | 22         | 21.9%         | 21.5%      |
| Fruit and Vegetable Consumption         | ++++        | 20         | 10.8%         | 10.4%      |
| Physical Inactivity                     | ++++        | 11         | 19.3%         | 22.3%      |
| <b>Sexual Health</b>                    |             |            |               |            |
| Chlamydia                               | +++++       | 8          | 1,198.8       | 1,552.8    |
| High-risk HIV Behaviors                 | +++         | 27         | 9.8%          | 9.6%       |
| Unintended Pregnancy†                   | —           | —          | 29.8%         | 28.5%      |
| <b>Sleep Health</b>                     |             |            |               |            |
| Insufficient Sleep                      | +++         | 25         | 33.4%         | 33.4%      |
| <b>Tobacco Use</b>                      |             |            |               |            |
| E-cigarette Use†                        | —           | —          | 9.3%          | 7.6%       |
| Smoking                                 | +           | 46         | 20.8%         | 13.4%      |
| Smoking During Pregnancy                | +           | 47         | 12.5%         | 5.5%       |
| <b>HEALTH OUTCOMES*</b>                 | <b>++++</b> | <b>20</b>  | <b>-0.039</b> | <b>—</b>   |
| <b>Behavioral Health</b>                |             |            |               |            |
| Drug Deaths†                            | +++++       | 4          | 11.1          | 22.4       |
| Excessive Drinking                      | ++          | 38         | 22.0%         | 19.4%      |
| Frequent Mental Distress                | +++         | 27         | 20.5%         | 19.4%      |
| Illicit Drug Use                        | ++          | 32         | 11.5%         | 10.8%      |
| Postpartum Depression†                  | —           | —          | 14.8%         | 13.6%      |
| <b>Mortality</b>                        |             |            |               |            |
| Maternal Mortality†                     | —           | —          | —             | 19.3       |
| Mortality Rate                          | +++         | 27         | 123.4         | 117.3      |
| <b>Physical Health</b>                  |             |            |               |            |
| Frequent Physical Distress              | +++++       | 6          | 6.3%          | 7.5%       |
| High Blood Pressure                     | +++++       | 2          | 6.5%          | 10.6%      |
| High Health Status†                     | ++++        | 15         | 60.4%         | 57.4%      |
| Multiple Chronic Conditions             | ++          | 32         | 5.0%          | 4.1%       |
| Obesity                                 | ++++        | 18         | 28.7%         | 30.4%      |
| Severe Maternal Morbidity†              | —           | —          | 84.5          | 81.0       |
| <b>OVERALL — WOMEN*</b>                 | <b>+++</b>  | <b>26</b>  | <b>0.012</b>  | <b>—</b>   |

\* Value is a summation score. Higher scores are better.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

| Measures                               | Rating     | State Rank | State Value   | U.S. Value |
|----------------------------------------|------------|------------|---------------|------------|
| <b>CLINICAL CARE*</b>                  | <b>+</b>   | <b>47</b>  | <b>-0.691</b> | <b>—</b>   |
| <b>Access to Care</b>                  |            |            |               |            |
| ADD/ADHD Treatment                     | +++        | 30         | 2.6%          | 2.8%       |
| Pediatricians                          | +          | 50         | 44.8          | 107.2      |
| Uninsured                              | +          | 49         | 10.6%         | 5.7%       |
| <b>Preventive Clinical Care</b>        |            |            |               |            |
| Childhood Immunizations                | ++         | 35         | 68.9%         | 70.5%      |
| HPV Vaccination                        | +          | 48         | 44.8%         | 58.6%      |
| Preventive Dental Care                 | +++++      | 7          | 81.2%         | 75.1%      |
| Well-child Visit                       | ++         | 39         | 74.1%         | 76.7%      |
| <b>Quality of Care</b>                 |            |            |               |            |
| Adequate Insurance                     | +          | 50         | 56.3%         | 68.2%      |
| Developmental Screening                | +++        | 30         | 34.6%         | 34.8%      |
| Medical Home                           | ++         | 31         | 47.8%         | 46.0%      |
| <b>BEHAVIORS*</b>                      | <b>+++</b> | <b>30</b>  | <b>-0.068</b> | <b>—</b>   |
| <b>Nutrition and Physical Activity</b> |            |            |               |            |
| Breastfed                              | +++        | 22         | 27.2%         | 24.9%      |
| Food Sufficiency                       | ++         | 35         | 68.7%         | 71.9%      |
| Physical Activity                      | +++++      | 2          | 29.7%         | 20.5%      |
| Soda Consumption — Youth†              | —          | —          | —             | 9.3%       |
| <b>Sexual Health — Youth</b>           |            |            |               |            |
| Dual Contraceptive Nonuse†             | —          | —          | —             | 90.9%      |
| Teen Births                            | ++         | 34         | 18.1          | 15.4       |
| <b>Sleep Health</b>                    |            |            |               |            |
| Adequate Sleep                         | +++        | 22         | 68.2%         | 66.6%      |
| Sleep Position†                        | —          | —          | 86.2%         | 80.2%      |
| <b>Tobacco Use — Youth</b>             |            |            |               |            |
| Electronic Vapor Product Use†          | —          | —          | —             | 32.7%      |
| Tobacco Use                            | +          | 49         | 6.2%          | 3.1%       |
| <b>HEALTH OUTCOMES*</b>                | <b>+++</b> | <b>30</b>  | <b>-0.158</b> | <b>—</b>   |
| <b>Behavioral Health</b>               |            |            |               |            |
| Alcohol Use — Youth                    | ++         | 40         | 10.0%         | 8.8%       |
| Anxiety                                | ++         | 36         | 11.3%         | 9.2%       |
| Depression                             | +          | 42         | 6.0%          | 4.2%       |
| Flourishing                            | ++++       | 16         | 67.3%         | 66.6%      |
| Illicit Drug Use — Youth               | +++++      | 1          | 5.6%          | 7.7%       |
| Teen Suicide†                          | —          | —          | 23.7          | 10.8       |
| <b>Mortality</b>                       |            |            |               |            |
| Child Mortality                        | ++         | 34         | 30.1          | 25.9       |
| Infant Mortality                       | ++         | 35         | 6.3           | 5.6        |
| <b>Physical Health</b>                 |            |            |               |            |
| Asthma                                 | +++        | 27         | 6.7%          | 6.9%       |
| High Health Status†                    | +++        | 22         | 91.3%         | 90.2%      |
| Low Birthweight                        | +          | 45         | 9.7%          | 8.2%       |
| Low Birthweight Racial Disparity       | ++++       | 11         | 1.8           | 2.0        |
| Neonatal Abstinence Syndrome†          | —          | —          | 2.5           | 6.1        |
| Overweight or Obesity — Youth          | +++++      | 1          | 24.3%         | 33.5%      |
| <b>OVERALL — CHILDREN*</b>             | <b>++</b>  | <b>32</b>  | <b>-0.127</b> | <b>—</b>   |

|                                      |           |           |               |          |
|--------------------------------------|-----------|-----------|---------------|----------|
| <b>OVERALL — WOMEN AND CHILDREN*</b> | <b>++</b> | <b>32</b> | <b>-0.096</b> | <b>—</b> |
|--------------------------------------|-----------|-----------|---------------|----------|