## Arizona

**2016 Rank:** 29  
**Change from 2015:** +1

**Determinants Rank:** 30  
**Outcomes Rank:** 24

### Healthiest States

1. Hawaii  
2. Massachusetts  
3. Connecticut  
4. Minnesota  
5. Vermont

### Health Profiles

#### SMOKING

- **14.0%**  
  - OR ABOUT 1 IN 7 ADULTS IN ARIZONA **Smoke** compared with 17.5% nationally.

#### OBESITY

- **28.4%**  
  - OR ABOUT 2 IN 7 ADULTS IN ARIZONA are **Obese** compared with 29.8% nationally.

#### LACK OF HEALTH INSURANCE

- **12.2%**  
  - OR ABOUT 1 IN 8 PEOPLE IN ARIZONA **Lack Health Insurance** compared with 10.6% nationally.

#### DRUG DEATHS

- **18.6**  
  - **Drug Deaths** per 100,000 population in Arizona compared with 14.0 per 100,000 population nationally.

#### CARDIOVASCULAR DEATHS

- **213.7**  
  - **Cardiovascular Deaths** per 100,000 population in Arizona compared with 251.7 per 100,000 population nationally.

#### PREMATURE DEATH

- **7,148**  
  - **Years of Life Lost** before age 75 per 100,000 population in Arizona compared with 7,054 per 100,000 population nationally.

### Model of Health

The model of health includes Behaviors, Community & Environment, Policy, Clinical Care, and Health Outcomes.