

Arizona

RANK: 27

TOP FIVE HEALTHIEST STATES:

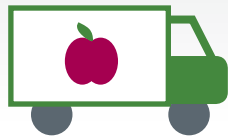
1. Massachusetts
2. Vermont
3. New Hampshire
4. Minnesota
5. Hawaii



Home-Delivered Meals

11.1% or about

1 in 9



seniors in **Arizona** living in poverty are served a home-delivered meal compared with 19.1% nationally.

Volunteerism

20.4% or about

1 in 5



seniors in **Arizona** volunteered through or for an organization in the past 12 months compared with 26.4% nationally.

Dental Visit

65.3% or about

2 in 3



seniors in **Arizona** visited the dentist or dental clinic within the past year compared with 65.7% nationally.

Dedicated Health Care Provider

93.0%

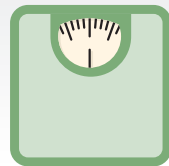
of seniors in **Arizona** have a dedicated health care provider compared with 94.3% nationally.



Obesity

24.7% or about

1 in 4



seniors in **Arizona** are obese compared with 27.5% nationally.

Frequent Mental Distress

7.4% or about

1 in 14



seniors in **Arizona** report their mental health was not good 14 or more days during the past 30 days compared with 7.4% nationally.