Colorado

OVERALL RANK: 10
Change: ▼2

Strengths:
- Low prevalence of physical inactivity
- Low percentage of children in poverty
- Low prevalence of diabetes

Challenges:
- High prevalence of excessive drinking
- High prevalence of low birthweight
- Large difference in health status by high school education

Highlights:
- Since 2007, drug deaths increased 44% from 11.5 to 16.6 deaths per 100,000 population
- In the past year, frequent mental distress increased 12% from 33.7% to 37.6%
- Since 2007, drug deaths increased 44%
- School education

Senior Report Rank: 5
Health of Women and Children Report Rank: 10

State Health Department Website: colorado.gov/cdphe