

2015 EDITION

# Connecticut

RANK: 6

Declined  
from  
2014

2014 Rank: 4  
Declined: 2

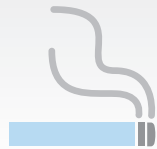
TOP FIVE HEALTHIEST STATES:

1. Hawaii
2. Vermont
3. Massachusetts
4. Minnesota
5. New Hampshire



## Smoking

15.4%



of people in **Connecticut** smoke  
compared with 18.1% nationally

Healthy People 2020 Goal: 12.0% of adults

## Drug Deaths

13.1



deaths per 100,000 people in **Connecticut**  
from drug overdose compared with 13.5 deaths  
per 100,000 nationally

Healthy People 2020 Goal: 11.3 deaths per 100,000

## Physical Inactivity

20.6% or about

1 in 5



adults in **Connecticut** are  
physically inactive compared  
with 22.6% nationally

## Infant Mortality

5.0



deaths per 1,000 live births in **Connecticut**  
compared with 6.0 deaths per 1,000 nationally

Healthy People 2020 Goal: 6.0 infant deaths per  
1,000 live births

## Obesity/Diabetes

26.3%

of adults in **Connecticut**  
are obese



9.2%

of adults in **Connecticut** have diabetes

Nationally, 29.6% of adults are obese,  
and 10.0% have diabetes.

## Immunizations—Children

73.0%



of children in **Connecticut** received  
vaccinations compared with 71.6% nationally

Healthy People 2020 Goal: 80.0% of children