Connecticut

2016 Rank: 3
+3 change from 2015

Determinants Rank: 3
Outcomes Rank: 10

Healthiest States
1. Hawaii
2. Massachusetts
3. Connecticut
4. Minnesota
5. Vermont

Smoking
13.5%
Or about 1 in 7 adults in Connecticut smoke compared with 17.5% nationally.

Obesity
25.3%
Or about 1 in 4 adults in Connecticut are obese compared with 29.8% nationally.

Lack of Health Insurance
6.5%
Or about 1 in 15 people in Connecticut lack health insurance compared with 10.6% nationally.

Drug Deaths
15.1
Drug deaths per 100,000 population in Connecticut compared with 14.0 per 100,000 population nationally.

Cardiovascular Deaths
217.2
Cardiovascular deaths per 100,000 population in Connecticut compared with 251.7 per 100,000 population nationally.

Premature Death
5,451
Years of life lost before age 75 per 100,000 population in Connecticut compared with 7,054 per 100,000 population nationally.

Model of Health

Behaviors +
Community & Environment +
Policy +
Clinical Care =
Health Outcomes

www.americashealthrankings.org