Delaware

2016 RANK: 31  
+1 CHANGE FROM 2015

DETERMINANTS RANK: 28  
OUTCOMES RANK: 34

HEALTHIEST STATES

1. HAWAII  2. MASSACHUSETTS  3. CONNECTICUT  4. MINNESOTA  5. VERMONT

SMOKING

17.4%  
OR ABOUT 1 IN 6 ADULTS IN DELAWARE SMOKE COMPARED WITH 17.5% NATIONALLY.

OBESITY

29.7%  
OR ABOUT 3 IN 10 ADULTS IN DELAWARE ARE OBESE COMPARED WITH 29.8% NATIONALLY.

LACK OF HEALTH INSURANCE

6.9%  
OR ABOUT 1 IN 15 PEOPLE IN DELAWARE LACK HEALTH INSURANCE COMPARED WITH 10.6% NATIONALLY.

DRUG DEATHS

18.1  
DRUG DEATHS PER 100,000 POPULATION IN DELAWARE COMPARED WITH 14.0 PER 100,000 POPULATION NATIONALLY.

CARDIOVASCULAR DEATHS

247.5  
CARDIOVASCULAR DEATHS PER 100,000 POPULATION IN DELAWARE COMPARED WITH 251.7 PER 100,000 POPULATION NATIONALLY.

PREMATURE DEATH

7,372  
YEARS OF LIFE LOST BEFORE AGE 75 PER 100,000 POPULATION IN DELAWARE COMPARED WITH 7,054 PER 100,000 POPULATION NATIONALLY.

MODEL OF HEALTH

Behaviors  +  Community & Environment  +  Policy  +  Clinical Care  =  Health Outcomes

www.americashealthrankings.org