

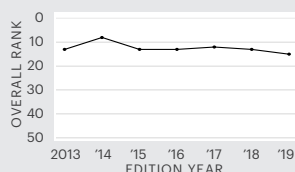
Delaware

**OVERALL
RANK:
15**

Change: ▼ 2

Determinants Rank: **16**

Outcomes Rank: **21**



Strengths:

- High percentage of able-bodied seniors
- High percentage of hospice care use
- High percentage of four- and five-star nursing home beds

Challenges:

- High prevalence of obesity
- High percentage of ICU use
- High prevalence of physical inactivity

Highlights:

- In the past year, obesity increased 12% from 30.4% to 33.9% of adults aged 65+
- In the past two years, poverty increased 37% from 6.2% to 8.5% of adults aged 65+
- In the past six years, low-care nursing home residents decreased 19% from 14.5% to 11.8% of residents
- In the past six years, home health care workers increased 117% from 46.8 to 101.4 aides per 1,000 adults aged 75+
- In the past four years, early deaths increased 10% from 1,639 to 1,800 deaths per 100,000 adults aged 65-74
- In the past three years, depression decreased 10% from 14.4% to 12.9% of adults aged 65+

Ranking:

Delaware is 15th this year; it was 13th in 2018. The state ranks 31st for general population health and 20th for the health of women and children.

State Health Department Website:

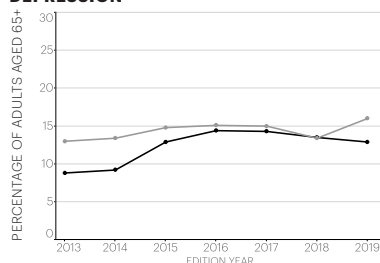
dhss.delaware.gov

	Rating	2019 Value	2019 Rank	No. 1 State
Behaviors				
Arthritis Management (% of adults aged 65+ with arthritis)	++++	55.2	17	60.0
Dental Visit (% of adults aged 65+)	++++	70.1	19	77.9
Excessive Drinking (% of adults aged 65+)	+++	7.2	26	3.4
Obesity (% of adults aged 65+)	+	33.9	48	19.8
Physical Inactivity (% of adults aged 65+ in fair or better health)	++	33.2	37	20.0
Smoking (% of adults aged 65+)	+++++	7.7	9	5.1
Behaviors Total*	+++	-0.018	27	0.274
Community & Environment				
Nursing Home Quality (% of four- & five-star beds)	+++++	62.8	4	67.9
Poverty (% of adults aged 65+)	+++	8.5	23	5.8
Volunteerism (% of adults aged 65+)	+++	32.0	23	44.6
Community & Environment—Macro Total*	++++	0.093	13	0.166
Community Support (dollars per adult aged 60+ in poverty)	++++	\$610	16	\$3,048
Food Insecurity (% of adults aged 60+)	++++	11.2	14	5.8
Home-delivered Meals (% of adults aged 60+ with independent living difficulty)	++++	15.2	13	37.5
Community & Environment—Micro Total*	++++	0.050	13	0.156
Community & Environment Total*	++++	0.142	14	0.246
Policy				
Geriatrician Shortfall (% of geriatricians needed)	+++	70.3	27	22.7
Health Care Associated Infection (HAI) Policies (% of policies in place)	+++++	83.3	1	83.3
Low-care Nursing Home Residents (% of residents)	+++	11.8	28	3.8
Prescription Drug Coverage (% of Medicare enrollees aged 65+)	+++	85	25	89
SNAP Reach (participants per 100 adults aged 60+ in poverty)	++	67.8	31	100.0
Policy Total*	++++	-0.005	20	0.191
Clinical Care				
Dedicated Health Care Provider (% of adults aged 65+)	++++	95.1	14	97.2
Diabetes Management (% of Medicare enrollees aged 65 to 75)	+++++	82.8	5	84.8
Flu Vaccine (% of adults aged 65+)	+++++	65.2	8	68.5
Health Screenings (% of seniors with recommended screenings)	+++++	77.8	7	80.0
Home Health Care Workers (number of workers per 1,000 adults aged 75+)	+++	101.4	25	263.9
Hospice Care (% of Medicare decedents aged 65+)	+++++	64.4	3	67.1
Hospital Deaths (% of Medicare decedents aged 65+)	+++++	16.5	4	14.1
Hospital Readmissions (% of hospitalized Medicare enrollees aged 65+)	+++	14.5	24	12.2
Preventable Hospitalizations (discharges per 1,000 Medicare enrollees)	+++	47.2	23	23.3
Clinical Care Total*	+++++	0.095	1	0.095
All Determinants*	++++	0.213	16	0.512
Outcomes				
Able-bodied (% of adults aged 65+)	+++++	71.2	1	71.2
Early Death (deaths per 100,000 adults aged 65 to 74)	+++	1,800	30	1,415
Falls (% of adults aged 65+)	+++++	25.5	3	24.8
Frequent Mental Distress (% of adults aged 65+)	+++	7.5	25	4.8
High Health Status (% of adults aged 65+)	++	38.3	37	51.9
Hip Fractures (hospitalizations per 1,000 Medicare enrollees)	+++	5.4	24	3.2
ICU Use (% of Medicare decedents aged 65+)	++	15.3	39	4.6
Teeth Extractions (% of adults aged 65+)	++	16.9	35	5.6
All Outcomes*	+++	0.071	21	0.288
OVERALL*	++++	0.284	15	0.778

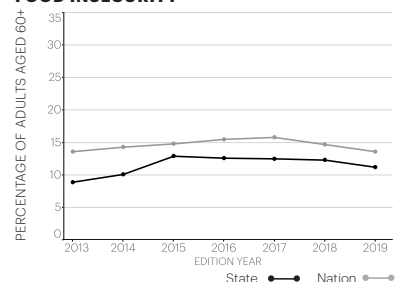
RATING	
Symbol	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

* Value indicates z score. Negative scores are below U.S. value; positive scores are above U.S. value.

DEPRESSION



FOOD INSECURITY



Supplemental measure, see website for data