### District of Columbia

**HEALTHIEST STATES**

1. Hawaii
2. Massachusetts
3. Connecticut
4. Minnesota
5. Vermont

### SMOKING

- **16.0%**
  - OR ABOUT 1 IN 6 ADULTS IN THE DISTRICT OF COLUMBIA SMOKE COMPARED WITH 17.5% NATIONALLY.

### OBESITY

- **22.1%**
  - OR ABOUT 2 IN 9 ADULTS IN THE DISTRICT OF COLUMBIA ARE OBESE COMPARED WITH 29.8% NATIONALLY.

### LACK OF HEALTH INSURANCE

- **4.6%**
  - OR ABOUT 1 IN 20 PEOPLE IN THE DISTRICT OF COLUMBIA LACK HEALTH INSURANCE COMPARED WITH 10.6% NATIONALLY.

### DRUG DEATHS

- **15.3**
  - DRUG DEATHS PER 100,000 POPULATION IN THE DISTRICT OF COLUMBIA COMPARED WITH 14.0 PER 100,000 POPULATION NATIONALLY.

### CARDIOVASCULAR DEATHS

- **299.4**
  - CARDIOVASCULAR DEATHS PER 100,000 POPULATION IN THE DISTRICT OF COLUMBIA COMPARED WITH 251.7 PER 100,000 POPULATION NATIONALLY.

### PREMATURE DEATH

- **8,415**
  - YEARS OF LIFE LOST BEFORE AGE 75 PER 100,000 POPULATION IN THE DISTRICT OF COLUMBIA COMPARED WITH 7,054 PER 100,000 POPULATION NATIONALLY.

### MODEL OF HEALTH

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**www.americashealthrankings.org**