District of Columbia



Strengths:

- High HPV immunization coverage among adolescents
- Low prevalence of tobacco use during pregnancy
- Low percentage of uninsured women

Challenges:

- Low percentage of high school graduation
- · High neonatal mortality rate
- High prevalence of excessive drinking among women

State Health Department Website: dchealth.dc.gov

Highlights:

- In the past year, the percentage of infants exclusively breastfed for six months increased 24% from 23.5% to 29.1%
- In the past year, HPV immunization among females ages 13-17 increased 22% from 65.1% to 79.4%
- In the past year, HPV immunization among males ages 13-17 increased 30% from 58.8% to 76.6%
- In the past three years, drug deaths increased 73% from 4.5 to 7.8 deaths per 100,000 females ages 15-44
- In the past three years, teen births decreased 26% from 28.4 to 21.0 births per 1,000 females ages 15-19
- In the past three years, obesity among women ages 18-44 increased 28% from 18.4% to 23.5%

WOMEN	2019 Value	No. 1 State
Behaviors		
Chlamydia (cases per 100,000 ages 15-44)	2,116.5	906.1
Excessive Drinking (% ages 18–44)	32.7	12.2
Obesity (% ages 18–44)	23.5	18.5
Physical Inactivity (% ages 18–44)	21.0	12.4
Smoking (% ages 18–44)	10.5	7.4
Community & Environment		
Concentrated Disadvantage (% of households)	41.7	2.5
Food Insecurity (% of households)	11.2	7.4
Intimate Partner Violence—Lifetime (% ages 18+)	NA	27.8
Intimate Partner Violence—Pregnancy (% with a recent live birth)	NA	0.8
Policy		
Postpartum Visit (% with a recent live birth)	NA	95.1
Publicly-Funded Women's Health Services (% of need met)	84	63
Uninsured (% ages 19–44)	3.5	3.3
Clinical Care		
Cervical Cancer Screening (% ages 21–44)	85.2	85.8
Dedicated Health Care Provider (% ages 18-44)	70.1	87.5
Dental Visit (% ages 18–44)	80.2	78.9
Flu Vaccination (% ages 18-44)	35.0	48.7
Well-Woman Visit (% ages 18-44)	77.4	78.5
Outcomes		
Diabetes (% ages 18–44)	2.5	1.7
Drug Deaths (deaths per 100,000 ages 15-44)	7.8	5.3
Maternal Mortality (deaths per 100,000 live births)	35.6	12.4
Postpartum Depression (% with a recent live birth)	NA	7.4
Unintended Pregnancy (% with a recent live birth)	NA	19.8

INFANTS	2019 Value	No. 1 State
Behaviors		
Breastfed (% of infants)	29.1	42.1
Drinking Before Pregnancy (% with a recent live birth)	NA	25.8
Sleep Position (% with a recent live birth)	NA	97.5
Tobacco Use During Pregnancy (% of live births)	2.7	1.4
Community & Environment		
Household Smoke (% ages 0-17)	14.3	7.1
Infant Child Care Cost (% of married couple's median income)	14.6	7.3
Policy		
Baby-Friendly Facility (% of live births)	49.0	88.1
mPINC (Maternity Practices in Infant and Nutrition Care survey score)	82	96
Clinical Care		
Low-Risk Cesarean Delivery (% of singleton, term, vertex, first births)	28.7	17.7
Prenatal Care Before Third Trimester (% of live births)	90.9	98.3
Well-Baby Check (% ages 0-2)	89.0	90.7
Outcomes		
Infant Mortality (deaths per 1,000 live births)	8.0	3.9
Low Birthweight (% of live births)	10.5	6.2
Neonatal Mortality (deaths per 1,000 live births)	5.5	2.6
Preterm Birth (% of live births)	10.6	7.5

CHILDREN	2019 Value	No. 1 State
Behaviors		
High School Graduation (% of students)	73.2	91.0
Overweight or Obesity (% ages 10–17)	34.7	21.9
Substance Use Disorder (% ages 12–17)	5.1	3.2
Tobacco Use (% ages 12–17)	3.7	3.4
Community & Environment		
Adverse Childhood Experiences (% ages 0-17)	21.3	14.8
Neighborhood Amenities (% ages 0-17)	74.7	59.2
Protective Family Routines and Habits (% ages 0–17)	18.5	21.9
Supportive Neighborhoods (% ages 0-17)	50.9	71.0
Policy		
Adequate Health Insurance (% of insured ages 0-17)	82.0	82.9
Children With Health Insurance (% ages 0-17)	95.2	98.4
Homeless Family Households (number per 10,000)	77.4	1.4
Water Fluoridation (% served)	100.0	99.9
Clinical Care		
Adolescent Well-Visit (% ages 12-17)	82.6	90.9
Developmental Screening (% ages 9 months-5 years)	31.6	60.0
Immunizations—Adolescents (mean z score)	NA	1.518
HPV Female (% ages 13-17)	79.4	76.8
HPV Male (% ages 13-17)	76.6	78.4
Meningococcal (% ages 13-17)	91.3	95.3
Tdap (% ages 13-17)	86.1	96.2
Immunizations—Children (% ages 19–35 months)	74.0	82.1
Medical Home for Child With Special Health Care Needs (% ages 0–17)	39.2	57.0
Outcomes		
Child Mortality (deaths per 100,000 ages 1–19)	27.6	16.3
Missed School Days (% ages 6-17)	2.5	1.8
Teen Births (births per 1,000 ages 15–19)	21.0	8.1
Teen Suicide (deaths per 100,000 ages 15–19)	NA	4.9

^{*} Measure not included in ranking calculation due to missing data in several states

NA = Data unavailable

To explore supplemental measures, visit www.AmericasHealthRankings.org

