Hawaii

2016 RANK: 1
NO CHANGE FROM 2015

HEALTHIEST STATES

1. HAWAII
2. MASSACHUSETTS
3. CONNECTICUT
4. MINNESOTA
5. VERMONT

SMOKING

14.1%
OR ABOUT 1 IN 7 ADULTS IN HAWAII SMOKING COMPARED WITH 17.5% NATIONALLY.

OBESITY

22.7%
OR ABOUT 2 IN 9 ADULTS IN HAWAII ARE OBESER COMPARED WITH 29.8% NATIONALLY.

LACK OF HEALTH INSURANCE

4.7%
OR ABOUT 1 IN 20 PEOPLE IN HAWAII LACK HEALTH INSURANCE COMPARED WITH 10.6% NATIONALLY.

DRUG DEATHS

11.2
DRUG DEATHS PER 100,000 POPULATION IN HAWAII COMPARED WITH 14.0 PER 100,000 POPULATION NATIONALLY.

CARDIOVASCULAR DEATHS

206.6
CARDIOVASCULAR DEATHS PER 100,000 POPULATION IN HAWAII COMPARED WITH 251.7 PER 100,000 POPULATION NATIONALLY.

PREMATURE DEATH

5,898
YEARS OF LIFE LOST BEFORE AGE 75 PER 100,000 POPULATION IN HAWAII COMPARED WITH 7,054 PER 100,000 POPULATION NATIONALLY.

MODEL OF HEALTH

Behaviors + Community & Environment + Policy + Clinical Care = Health Outcomes