

New Hampshire

State Health Department Website: dhhs.nh.gov



Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Summary

Strengths:

- Low prevalence of concentrated disadvantage
- Low levels of air pollution
- Low teen birth rate

Challenges:

- High prevalence of frequent mental distress among women
- Low WIC coverage among children ages 1-4
- Low percentage of fluoridated water

Highlights:

CHILDREN IN POVERTY

▲34%

in the past two years from 7.9% to 10.6% of children ages 0-17

WELL-WOMAN VISIT

▲12%

in the past four years from 65.1% to 72.9% of women ages 18-44

HPV VACCINATION

▲32%

in the past two years from 51.2% to 67.4% of adolescents ages 13-17

INFANT MORTALITY

▼20%

in the past four years from 4.9 to 3.9 deaths per 1,000 live births

Women

Measures	Rating	2020 Value	2020 Rank	No. 1 State
SOCIAL & ECONOMIC FACTORS	+++++	1.173	4	1.216
Community and Family Safety				
Intimate Partner Violence Before Pregnancy*		—		1.8%
Violent Crime	+++++	173	3	112
Economic Resources				
Concentrated Disadvantage	+++++	5.0%	4	2.1%
Food Insecurity — Household	+++++	7.8%	1	7.8%
Gender Pay Gap*	+	74.1%	44	87.8%
Poverty	+++++	10.9%	2	10.4%
Unemployment	+++++	2.6%	7	2.2%
Education				
College Graduate	++++	37.8%	16	50.3%
Social Support and Engagement				
Residential Segregation	++++	54	19	42
Voter Participation — Midterm	++++	57.1%	15	67.7%
PHYSICAL ENVIRONMENT	++	0.268	25	0.751
Air and Water Quality				
Air Pollution	+++++	4.4	1	4.4
Drinking Water Violations	++++	0.3%	17	0.0%
Household Smoke	+++	15.7%	28	6.1%
Risk-screening Environmental Indicators Risk Score	+++++	24,207	5	317
Water Fluoridation	+	46.5%	44	99.9%
Climate Change*				
Climate Change Policies*	+++++	4	1	4
Transportation Energy Use*	+++++	7.5	10	5.8
Housing and Transportation				
Drive Alone to Work — Women	+++	80.9%	29	50.9%
Housing With Lead Risk	++	20.9%	34	5.2%
Severe Housing Problems	+++	15.1%	25	11.2%

Children

Measures	Rating	2020 Value	2020 Rank	No. 1 State
SOCIAL & ECONOMIC FACTORS	+++++	0.648	5	1.027
Community and Family Safety				
Child Victimization*	++++	5.2	12	1.8
Economic Resources				
Children in Poverty	+++++	10.6%	3	9.5%
Children in Poverty Racial Gap	++++	13.5	12	0.0
High-speed Internet	+++++	97.1%	1	97.1%
Students Experiencing Homelessness	+++	2.2%	25	0.8%
WIC Coverage	+	38.6%	47	61.4%
Education				
Early Childhood Education	+++++	57.2%	6	67.0%
Fourth Grade Reading Proficiency	+++++	38.2%	9	45.4%
High School Graduation	++++	88.8%	11	91.4%
High School Graduation Racial Gap	++++	13.5	20	3.9
Social Support and Engagement				
Adverse Childhood Experiences	+++++	13.1%	8	8.9%
Foster Care Instability	+++	16.7%	30	9.4%
Neighborhood Amenities	++++	38.4%	20	55.9%
Reading, Singing or Storytelling	+++++	64.6%	7	69.4%

Women

Measures	Rating	2020 Value	2020 Rank	No. 1 State
CLINICAL CARE	+++++	0.789	7	1.382
Access to Care				
Adequate Prenatal Care	+++++	84.7%	4	90.9%
Avoided Care Due to Cost	++++	16.1%	19	9.2%
Publicly-funded Women's Health Services	++++	29%	18	66%
Uninsured	+++++	7.5%	9	3.5%
Women's Health Providers	+++++	63.9	6	98.0
Preventive Clinical Care				
Cervical Cancer Screening	+++++	83.3%	10	86.9%
Dental Visit	++	65.9%	32	78.1%
Flu Vaccination	++	30.1%	33	41.3%
Postpartum Visit*		—		95.5%
Well-woman Visit	++++	72.9%	13	79.4%
Quality of Care				
Dedicated Health Care Provider	+++++	84.2%	4	86.7%
Low-risk Cesarean Delivery	++	27.0%	34	16.7%
mPINC	+++++	90	2	96
BEHAVIORS	++++	0.158	19	1.341
Nutrition and Physical Activity				
Exercise	+++	20.6%	29	291%
Fruit and Vegetable Consumption	+++++	14.2%	8	21.1%
Physical Inactivity	++++	20.5%	20	14.8%
Sexual Health				
Chlamydia	+++++	1,009.3	5	724.3
High-risk HIV Behaviors	+++++	8.0%	9	6.2%
Unintended Pregnancy*		—		21.7%
Sleep Health				
Insufficient Sleep	++	38.4%	35	27.3%
Tobacco Use				
E-cigarette Use*	+	6.7%	41	3.0%
Smoking	++	20.7%	39	7.0%
Smoking During Pregnancy	++	10.1%	31	1.3%
HEALTH OUTCOMES	++	-0.718	40	0.891
Behavioral Health				
Excessive Drinking	++	20.8%	32	11.7%
Frequent Mental Distress	+	23.1%	49	11.1%
Illicit Drug Use	++	8.2%	36	5.2%
Postpartum Depression*		—		9.7%
Mortality				
Drug Deaths*	+	42.3	47	6.9
Maternal Mortality*		—		11.7
Mortality Rate	+++	98.2	21	66.9
Physical Health				
Frequent Physical Distress	++	9.9%	38	6.6%
High Health Status*	++++	9.0%	16	6.6%
High Blood Pressure	+++++	60.5%	7	62.0%
Multiple Chronic Conditions	+	8.4%	47	2.2%
Obesity	++++	26.4%	18	21.3%
OVERALL — WOMEN	++++	0.349	13	0.828

* Measure not included in overall score.

—Indicates data missing or suppressed.

Notes: Model category and overall values are presented as a weighted z-score of the included measures. Negative scores are below U.S. value, positive scores are above U.S. value. Years reflect edition year, not data source year. For measure definitions, including data sources and years, visit www.AmericasHealthRankings.org.

Children

Measures	Rating	2020 Value	2020 Rank	No. 1 State
CLINICAL CARE	+++++	1.058	5	1.607
Access to Care				
ADD/ADHD Treatment	++++	4.0%	15	5.8%
Pediatricians	++++	112.9	14	201.5
Uninsured	+++++	2.6%	5	1.2%
Preventive Clinical Care				
Childhood Immunizations	+++++	79.8%	10	85.9%
HPV Vaccination	+++++	67.4%	3	78.1%
Preventive Dental Care	+++++	84.9%	6	88.4%
Well-child Visit	+++++	89.7%	4	90.7%
Quality of Care				
Adequate Insurance	+++	67.8%	25	81.3%
Developmental Screening	+++	32.8%	27	62.6%
Medical Home	+++++	59.2%	1	59.2%
BEHAVIORS	+++++	0.663	3	0.949
Nutrition and Physical Activity				
Breastfed	++++	30.2%	11	42.1%
Food Sufficiency	+++++	73.8%	4	78.3%
Physical Activity	++	22.5%	31	32.4%
Soda Consumption — Youth*		7.2%		5.5%
Sexual Health — Youth				
Dual Contraceptive Nonuse*		82.8%		79.2%
Teen Births	+++++	8.0	2	7.2
Sleep Health				
Adequate Sleep	++++	69.9%	14	74.9%
Sleep Position*		—		89.0%
Tobacco Use — Youth				
Electronic Vapor Product Use*		33.8%		9.7%
Tobacco Use	+++	5.3%	27	2.3%
HEALTH OUTCOMES	++++	0.151	15	0.911
Behavioral Health				
Alcohol Use — Youth	+++	9.7%	28	3.3%
Anxiety	+	14.1%	49	4.4%
Depression	+++	4.4%	28	1.5%
Flourishing	+++++	72.4%	20	77.8%
Illicit Drug Use — Youth	+	11.1%	43	5.1%
Mortality				
Child Mortality	+++++	21.6	9	16.0
Infant Mortality	+++++	3.9	2	3.8
Teen Suicide*	++	14.0	31	5.0
Physical Health				
Asthma	+++	7.5%	25	4.3%
High Health Status*	++++	92.2%	14	94.7%
Low Birthweight	+++++	6.8%	6	5.9%
Low Birthweight Racial Gap	++	6.8	36	2.4
Overweight or Obesity — Youth	++++	27.5%	11	22.4%
OVERALL — CHILDREN	+++++	0.550	4	0.664

OVERALL — WOMEN AND CHILDREN	+++++	0.449	—	0.651
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