

Illinois



Overall Rank: 36

Change: ▲ 1

Determinants Rank: 42

Outcomes Rank: 31

Strengths:

- High SNAP enrollment
- Low prevalence of frequent mental distress
- High percentage of seniors with dedicated provider

Challenges:

- High prevalence of obesity
- High ICU use in last 6 months of life
- High percentage of low-care nursing home residents

Highlights:

- In the past year, smoking increased 23% from 8.6% to 10.6% of adults aged 65+.
- In the past year, obesity increased 8% from 28.8% to 31.0% of adults aged 65+.
- In the past year, preventable hospitalizations decreased 9% from 65.2 to 59.4 discharges per 1,000 Medicare beneficiaries.
- In the past 3 years, low-care nursing home residents decreased 33% from 26.7% to 18.0% of residents.
- In the past 3 years, home health care increased 33% from 77.7 to 103.4 home health care workers per 1,000 adults aged 75+.

Ranking:

Illinois ranks 36th in *America's Health Rankings® Senior Report*; it was 37th last year. In the 2015 *America's Health Rankings®* (all ages), the state ranks 28th.

State Health Department Website:

www.dph.illinois.gov

	Value	2016 Rank	No 1 State
Behaviors			
Smoking (% of adults aged 65+)	10.6	41	4.5
Excessive Drinking (% of adults aged 65+)	6.5	27	2.9
Obesity (% of adults aged 65+)	31.0	47	14.1
Underweight (% of adults aged 65+ in fair or better health)	2.2	48	0.7
Physical Inactivity (% of adults aged 65+ in fair or better health)	31.3	30	22.7
Dental Visit (% of adults aged 65+)	62.2	36	78.1
Pain Management (% of adults aged 65+ with joint pain)	45.7	25	53.2
Behaviors Total	-0.144	46	
Community & Environment			
Poverty (% of adults aged 65+)	8.8	27	4.3
Volunteerism (% of adults aged 65+)	23.9	31	46.3
Nursing Home Quality (% of 4- & 5-star beds)	36.9	39	62.9
Community & Environment—Macro Total	-0.023	35	
Home-Delivered Meals (% of adults aged 65+ in poverty)	22.2	25	101.3
Food Insecurity (% of adults aged 60+)	13.6	19	8.3
Community Support (dollars per adult aged 65+ in poverty)	\$536	31	\$6,701
Community & Environment—Micro Total	0.013	25	
Community & Environment Total	-0.010	31	
Policy			
Low-Care Nursing Home Residents (% of residents)	18.0	46	4.1
SNAP Reach (% of adults aged 60+ in poverty)	82.5	12	124.4
Prescription Drug Coverage (% of adults aged 65+)	85.0	22	88.0
Geriatrician Shortfall (% of needed geriatricians)	59.1	13	25.8
Policy Total	-0.011	24	
Clinical Care			
Dedicated Health Care Provider (% of adults aged 65+)	95.3	12	96.9
Flu Vaccine (% of adults aged 65+)	56.9	39	70.7
Health Screenings (% of adults aged 65 to 74)	84.1	37	92.3
Recommended Hospital Care (% of hospitalized patients aged 65+)	97.4	29	98.7
Diabetes Management (% of Medicare beneficiaries aged 65 to 75)	81.8	20	86.2
Home Health Care (number of workers per 1,000 adults aged 75+)	103.4	23	278.8
Preventable Hospitalizations (discharges per 1,000 Medicare beneficiaries)	59.4	40	24.4
Hospital Readmissions (% of hospitalized patients aged 65+)	15.4	40	12.4
Hospice Care (% of decedents aged 65+)	51.2	25	65.5
Hospital Deaths (% of decedents aged 65+)	21.3	28	15.3
Clinical Care Total	-0.024	36	
All Determinants	-0.189	42	
Outcomes			
ICU Use (% of decedents aged 65+)	16.7	45	4.4
Falls (% of adults aged 65+)	27.4	14	20.6
Hip Fractures (hospitalizations per 1,000 Medicare beneficiaries)	5.7	20	3.1
Health Status, Excellent or Very Good (% of adults aged 65+)	40.3	31	50.7
Able-bodied (% of adults aged 65+)	64.9	24	69.6
Premature Death (deaths per 100,000 adults aged 65 to 74)	1,824	31	1,394
Teeth Extractions (% of adults aged 65+)	16.5	31	6.4
Frequent Mental Distress (% of adults aged 65+)	6.3	15	4.7
All Outcomes	0.018	31	
Overall	-0.172	36	
Supplemental Measures			
Education (% of adults aged 65+)	24.2	27	34.0
Overuse—Mammography (% women aged 75+)	24.2	20	18.6
Overuse—PSA Test (% men aged 75+)	19.6	33	11.5
Multiple Chronic Conditions (% of Medicare beneficiaries aged 65+)	37.1	28	22.0
Cognition (% of adults aged 65+)	8.1	15	6.3
Depression (% of adults aged 65+)	13.8	10	8.2
Suicide (deaths per 100,000 adults aged 65+)	12.2	9	7.6
Senior Population Growth			
Projected Increase 2016 to 2030		40.0	49.5