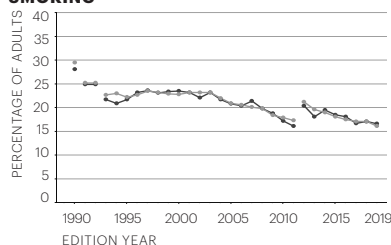


Iowa

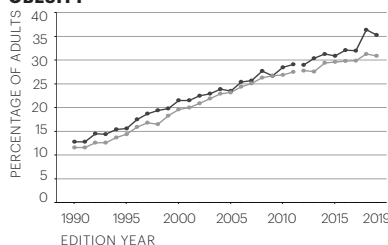
	Rating	2019 Value	2019 Rank	No. 1 State
Behaviors				
Drug Deaths (deaths per 100,000 population)	+++++	10.6	5	7.2
Excessive Drinking (% of adults)	+	23.7	49	11.3
High School Graduation (% of students)	+++++	91.0	1	91.0
Obesity (% of adults)	+	35.3	44	22.9
Physical Inactivity (% of adults)	+++	22.9	23	16.4
Smoking (% of adults)	+++	16.6	28	9.0
Behaviors Total*	+++	-0.011	25	0.288
Community & Environment				
Air Pollution (micrograms of fine particles per cubic meter)	++++	7.1	19	4.4
Children in Poverty (% of children)	++++	13.5	12	9.5
Infectious Disease (mean z score of chlamydia, pertussis and <i>Salmonella</i>)*	++	0.073	34	-1.230
Chlamydia (cases per 100,000 population)	++++	441.6	16	228.0
Pertussis (cases per 100,000 population)	++++	5.1	19	0.7
<i>Salmonella</i> (cases per 100,000 population)	+	23.5	44	6.5
Occupational Fatalities (deaths per 100,000 workers)	++	5.1	32	2.7
Violent Crime (offenses per 100,000 population)	++++	250	15	112
Community & Environment Total*	++++	0.122	17	0.307
Policy				
Immunizations—Adolescents (mean z score of HPV, meningococcal and Tdap)*	+++++	0.743	10	1.863
HPV Females (% ages 13–17)	+++++	61.9	10	76.1
HPV Males (% ages 13–17)	+++	48.6	27	80.0
Meningococcal (% ages 13–17)	++++	89.2	16	98.7
Tdap (% ages 13–17)	+++++	94.0	6	97.5
Immunizations—Children (% ages 19–35 months)	++++	72.8	16	82.1
Public Health Funding (dollars per person)	+++	\$91	24	\$281
Uninsured (% of population)	+++++	4.7	6	2.8
Policy Total*	+++++	0.103	9	0.206
Clinical Care				
Dentists (number per 100,000 population)	+++	54.1	27	82.7
Low Birthweight (% of live births)	+++++	6.6	2	6.2
Mental Health Providers (number per 100,000 population)	+	155.7	44	626.6
Preventable Hospitalizations (discharges per 1,000 Medicare enrollees)	+++	48.9	25	23.3
Primary Care Physicians (number per 100,000 population)	+++	152.2	22	274.9
Clinical Care Total*	+++	-0.005	27	0.188
All Determinants*	+++	0.209	21	0.687
Outcomes				
Cancer Deaths (deaths per 100,000 population)	++	195.3	31	149.8
Cardiovascular Deaths (deaths per 100,000 population)	+++	252.2	27	193.8
Diabetes (% of adults)	++++	10.0	15	7.0
Disparity in Health Status (% difference by high school education)	++	30.5	40	14.5
Frequent Mental Distress (% of adults)	+++++	10.2	3	9.3
Frequent Physical Distress (% of adults)	+++++	9.6	1	9.6
Infant Mortality (deaths per 1,000 live births)	++++	5.7	19	3.8
Premature Death (years lost before age 75 per 100,000 population)	++++	6,733	16	5,665
All Outcomes*	++++	0.081	18	0.234
OVERALL*	++++	0.289	20	0.850

* Value indicates z score. Negative scores are below U.S. value; positive scores are above U.S. value. Years reflect edition year, not data source year. For measure definitions, including data sources and years, see Table 9.

SMOKING



OBESITY



State — Nation

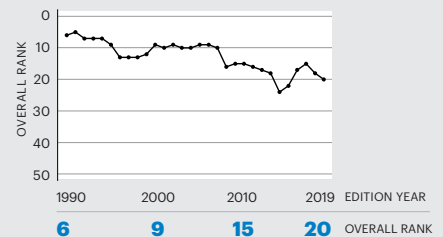
For source details and methodology visit www.AmericasHealthRankings.org.

OVERALL RANK:

20



Change: ▼ 2



Strengths:

- High percentage of high school graduation
- Low prevalence of low birthweight
- Low prevalence of frequent mental distress

Challenges:

- High prevalence of excessive drinking
- High prevalence of obesity
- Large difference in health status by high school education

Highlights:

- Since 2012, smoking decreased 19% from 20.4% to 16.6% of adults
- Since 2007, drug deaths increased 152% from 4.2 to 10.6 deaths per 100,000 population
- In the past five years, chlamydia increased 19% from 371.5 to 441.6 cases per 100,000 population
- In the past year, violent crime decreased 15% from 293 to 250 offenses per 100,000 population after increasing from 2012 to 2018
- In the past four years, infant mortality increased 21% from 4.7 to 5.7 deaths per 1,000 live births
- In the past two years, mental health providers increased 16% from 134.7 to 155.7 per 100,000 population

Senior Report Rank: 13
Health of Women and Children
Report Rank: 10

State Health Department Website:

idph.iowa.gov